

## 2009 USM Summer Sports Camps

SWISH Shooting Camp	06/19	-	06/21
Boys' SWISH Camp	06/21	-	06/25
Soccer Day Camp	06/22	-	06/26
Girls' SWISH Team Camp	06/26	-	06/28
Girls' SWISH Camp	07/12	-	07/16
Boys' Swish Day Camp	07/20	-	07/24
Baseball Camp	07/26	-	07/30
Baseball Day Camp	07/27	-	07/31
Girls' SWISH Day Camp	07/27	-	07/31
STIX Field Hockey Camp	08/02	-	08/06
Advanced STIX Camp	08/07	-	08/09

DEPARTMENT OF ATHLETICS  
UNIVERSITY OF SOUTHERN MAINE  
COSTELLO SPORTS COMPLEX  
GORHAM, MAINE 04038

Nonprofit  
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Portland, ME

[www.usm.maine.edu/athl/Camps/](http://www.usm.maine.edu/athl/Camps/)



UNIVERSITY OF  
SOUTHERN MAINE

# USM SPORTS CAMPS

## SUMMER 2009

DEPARTMENT OF ATHLETICS

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## WEEK-LONG CAMPS

THESE CAMP PROGRAMS BEGIN SUNDAY AFTERNOON  
AND END THURSDAY AT 5:00 PM  
OVERNIGHT CAMP \$420 / COMMUTING CAMP \$360



### BASEBALL CAMP

CAMP DIRECTOR: ED FLAHERTY  
AGE 13 - ENTERING 12TH GRADE, JULY 26 - 30

Join Coach Flaherty and his staff of qualified high school and college coaches and you'll learn more about the fundamentals of baseball than you ever thought possible. Intense individual, team and group training in pitching, catching, infield, base running and hitting offers you the opportunity to advance your skills. Winter training tips and conditioning techniques prepare you for next season. Invest in your future performance through proper training from dedicated professionals who know how to motivate and bring out the best in you.

Players on American Legion or Babe Ruth teams who are competing in regional or state championships can be accommodated.



### GIRLS' SWISH BASKETBALL CAMP

CAMP DIRECTOR: MICHAEL McDEVITT  
ENTERING GRADES 6 - 12, JULY 12 - 16

Join Coach McDevitt and his staff of outstanding high school coaches, college coaches and players chosen for their ability to teach all aspects of the game. Player skills are developed through a curriculum of drill stations, lectures, team concepts and competition. This program is for every player, beginner, intermediate and advanced, who wants to become a better basketball player. The objective of Girls' SWISH is to provide the best possible instruction in all aspects of the game while allowing the more advanced players to refine their skills at a specific position.



### BOYS' SWISH BASKETBALL CAMP

CAMP DIRECTOR: KARL HENRIKSON  
ENTERING GRADES 6 - 12, JUNE 21 - 25

The objective of the Boys' SWISH Basketball Camp is to provide the best possible instruction in all phases of the game. Each camper will receive individual, team and group instruction. Player skills are developed through a curriculum of drill stations, lectures, team concepts and competition.

Join Coach Henrikson and the SWISH staff as they gear up their training to help you become a complete ball player! Whether you're a beginner or a standout player looking to refine your game, the individual attention and skill building drills are sure to advance your current level of skill to the next stage of play.



### STIX FIELD HOCKEY CAMP

CAMP DIRECTOR: BONNY BROWN-DENICO  
GIRLS ENTERING GRADES 6 - 12, AUGUST 2 - 6

Get a jump on the upcoming season! Prepare for the season now and receive individualized and team instruction on all phases of field hockey. Learn new drills and skills to take back to your school while making new friends from all over New England.

Join Coach Brown-Denico and her staff of outstanding high school and college coaches. Learn team concepts and strategies for special situations. The positive approach of STIX Camp to learning the sport of field hockey, along with the highest quality instruction, ensures the best in learning and fun.

**FOR MORE INFORMATION**  
**207-780-5514**

In complying with the letter and spirit of applicable laws and in pursuing its own goals of pluralism, the Univ. of Southern Maine shall not discriminate on the grounds of race, color, religion, sex, sexual orientation, national origin or citizen status, age, disability or veteran's status in employment, education, and all other areas of the University. The University provides reasonable accommodations to qualified individuals with disabilities upon request. Questions and complaints about discrimination in any area of the University should be directed to the campus compliance officer, 7 College Ave., Gorham, Maine, (207)780-5094; TTY, (207)780-5646. If you need special services, assistance, or accommodations to participate fully in this program, contact the Ath Dept at (207)780-5514 or TTY (207)780-5646.

## WEEKEND SPECIALTY CAMPS

CAMP PROGRAMS BEGIN FRIDAY AFTERNOON AND END SUNDAY AT NOON  
OVERNIGHT CAMP \$298 / COMMUTING CAMP \$258



### SWISH SHOOTING CAMP

CAMP DIRECTOR: KARL HENRIKSON  
BOYS & GIRLS ENTERING GRADES 9 - 12  
JUNE 19 - 21

Join Coach Henrikson and his staff of outstanding high school coaches, college coaches and players at this camp for the player with a solid basketball foundation, who aspires to take those skills to the next level. Instruction will center on shooting off the pass, shooting off the dribble, shooting from the Triple Threat position, shooting from the high and low post areas, end of the fastbreak scoring moves, scoring from the wings and zone spots shooting. Learn how to improve your footwork, create space and become a better player using techniques used by top collegiate and pro players.



### ADVANCED STIX FIELD HOCKEY CAMP

CAMP DIRECTOR: BONNY BROWN-DENICO  
ENTERING GRADES 10 - 12, AUGUST 7 - 9

Join Coach Brown-Denico and her staff of collegiate coaches and players at this intense instructional camp that will combine skill and special situation play along with 7v7 games. This camp is for the player with a solid field hockey foundation, who aspires to take those skills to the next level. Instruction will center on penalty corners, penalty strokes, 1v1 situations, ball control skills, shooting, as well as offensive and defensive footwork and stick work. Goalkeepers will have a lot of action in the various drill stations. We will have a low player coach ratio, and our goal is to prepare players for the collegiate level.

## WEEKEND TEAM CAMP

HIGH SCHOOL TEAMS - FOR MORE INFORMATION OR TO REQUEST A TEAM  
REGISTRATION FORM CALL MICHAEL McDEVITT AT 207-780-5179



### GIRLS' SWISH TEAM CAMP

CAMP DIRECTOR: MICHAEL McDEVITT  
HIGH SCHOOL TEAMS, JUNE 26 - 28

This camp is structured to provide an opportunity for high school teams an opportunity to compete against teams that they would not normally see in the regular season. Each team will play a minimum of five games, receive a lecture for the players, coaches chalk talk and several other competitions and awards for the champions. Have your coach contact Coach McDevitt (207) 780 - 5179 for more information or to request a Girls' Swish Team Camp registration form.



[www.usm.maine.edu/athl/Camps/](http://www.usm.maine.edu/athl/Camps/)

## DAY CAMPS

DAY CAMP PROGRAM HOURS ARE MONDAY - THURSDAY FROM 9 A.M. TO 4 P.M. AND FRIDAY FROM 9 A.M. TO 12 P.M. - DAY CAMP \$185



### BOYS' SWISH BASKETBALL DAY CAMP

CAMP DIRECTOR: KARL HENRIKSON

BOYS ENTERING GRADES 3 - 8, JULY 20 - 24

At SWISH Day Camp, participants will have fun while learning the fundamentals of basketball. Players will be grouped according to age and ability and taught on an individual and team basis. Our staff is geared to give the beginning player the skills necessary to compete, while challenging even the most advanced youngster.



### BASEBALL DAY CAMP

CAMP DIRECTOR: ED FLAHERTY

BOYS AGES 8-12, JULY 27 -31

Under the direction of USM Coach Ed Flaherty, Assistant Coach Bob Prince, visiting coaches and college players this will be an outstanding week of baseball.

This camp is intended to teach the players the fundamentals of baseball. Players will receive both individual and team instruction. The staff will give the beginning player the necessary skills to compete and will challenge even the most advanced youngster. Emphasis in instruction will be centered on hitting, throwing, fielding, pitching and baserunning.



### SOCCER DAY CAMP

CAMP DIRECTORS: MIKE KELLER & LISA PETRUCELLI

BOYS & GIRLS ENTERING GRADES 3 - 8, JUNE 22 - 26

If fun and fundamentals are important, then Soccer Day Camp is the place for you. Beginning, intermediate and advanced players will practice the basic techniques and tactics they need to progress to the next level of skill. Players will be grouped according to age and ability. They will receive both individual and team instruction on the fundamentals of soccer.



### GIRLS' SWISH BASKETBALL DAY CAMP

CAMP DIRECTOR: COACH MICHAEL McDEVITT

GIRLS ENTERING GRADES 3 - 8, JULY 27 -31

At SWISH Day Camp, participants will have fun while learning the fundamentals of basketball. Players will be grouped according to age and ability and taught on an individual and team basis. Our staff is geared to give the beginning player the skills necessary to compete, while challenging even the most advanced youngster.

## CAMP DIRECTORS

**BONNY BROWN-DENICO, USM FIELD HOCKEY COACH**, is entering her 13th year as head coach at USM. Coach Brown-Denico is a former two time All-American for the Huskies and was a member of the 1987 Final Four Team. She was inducted into the USM Athletic Hall of Fame in 1996. Coach Brown has coached five Regional All Americans and one National All American. In 2003, her team won the Little East Conference and qualified for the NCAA National Tournament. Under her direction, STIX Field Hockey Camp has earned a reputation as one of the finest field hockey camps in the East!

**ED FLAHERTY, USM BASEBALL COACH**, is a master at every aspect of the game and is recognized as one of the finest teaching coaches at any level. During his 23 seasons as the Huskies' head coach, he has compiled an impressive mark of 689-303. The veteran mentor has led the Huskies to postseason play 17 seasons, including six appearances in the NCAA Division III College World Series, capturing national championship honors in both 1991 and 1997. A standout player at the University of Maine, Flaherty received NCAA Division I All-America honors and helped guide his University of Maine team to the College World Series in Omaha, Nebraska. Flaherty was inducted into the American Baseball Coaches Hall of Fame in January 2005.

**KARL HENRIKSON, USM MEN'S BASKETBALL COACH**, is entering his 6th season. Coach Henrikson is a veteran clinician and master teacher who brings an abundance of basketball experience and knowledge of the game. Henrikson has been named coach of the year four times. His teams at UM Presque Isle and Maine Central Institute won 58% & 78% of their respective contests. Henrikson is a sought after lecturer and clinician speaking at camps and clinics throughout the United States and Europe.

**LISA PETRUCELLI, USM WOMEN'S SOCCER COACH**, returned home to Maine in 2006 to become the Huskies' Head Coach. She has been coaching at the collegiate level for 17 years, in both Divisions I and III. She was voted Coach of the Year in the Wisconsin Intercollegiate Athletic Conference in 1998. Lisa was an All-state player in high school and played four years at Smith College. She has a Bachelors degree in biology, a Masters degree in kinesiology and sport management and a National Diploma from the NSCAA. She is a certified strength and conditioning specialist by the NSCA. She has over 20 years of experience at soccer camps as counselor, coach, administrator or director.

**MIKE KELLER, USM MEN'S SOCCER COACH**, is entering his 6th year as the USM men's soccer coach. Keller has coached at the NAIA, NCAA Division I and Division III levels. He has been named Coach of the Year three times and has led his team to post-season play nine of the past fourteen years. In his years in the collegiate ranks he has coached five All-Americans, numerous All-New England, All-State and All-Conference Players. Keller was the Maine ODP coaching director and head coach for four years. A youth soccer coach and head coach in the state ODP Keller has a strong background in youth athletics. He has been certified to teach the State, Regional, and Advanced Regional Coaching courses for the NSCAA. He holds a National "D" License from the United States Soccer Federation and Goal keeping and Professional Development Certifications from the NSCAA.

**MICHAEL McDEVITT, USM WOMEN'S BASKETBALL COACH**, begins his first season at the reigns of the University of Southern Maine Women's Basketball Program. No stranger to the highly successful women's basketball team at USM, McDevitt has been a regular on the bench for the Huskies since the 2003-2004 season. During that time, McDevitt helped the Huskies run up a remarkable 144-14 record, make four trips to the NCAA "Sweet Sixteen" and two appearances in the NCAA Division III Final Four (2005, 2006). Prior to coming to USM, McDevitt spent nearly two decades as the head coach of the St. Joseph's College Monks women's basketball team. During his 16 seasons (1987-2003) as head coach at St. Joseph's, McDevitt compiled a remarkable 326-117 record (.736 W-L pct) and guided the Monks to seven conference titles. His teams won 20 or more games 12 times and made seven appearances in the NAIA national tournament. Recognized by his peers for his accomplishments, McDevitt was named Maine Athletic Conference Coach of the Year five times (1988, 1990, 1991, 1994, 1999). McDevitt was the Director of the Alford Center for five years (1999-2004) and was an assistant athletic director at St. Joseph's for nine years (1990-1999) and co-director of the Gold Star Basketball Camps held at Southern Maine Community College for 15 years.

