

**University of Southern Maine
Athletic Training Services Available to Visiting Team**

1. Athletic Training Personnel:

Matt Gerken, MS, ATC
Head Athletic Trainer
207-780-5140
mgerken@usm.maine.edu

Nick Van Vught, MS, ATC
Asst Athletic Trainer
207-780-5943
nvanvught@usm.maine.edu

Leah Foley, BS, ATC
Asst Athletic Trainer
207-780-5765
lfoley@usm.maine.edu

Vic Liberi, MS, ATC
Athletic Training Rehabilitation Coordinator
207-228-8206
vliberi@usm.maine.edu

2. Team Physician:

William W. Dexter, MD
Maine Medical Center
Sports Medicine Program Director
dextew@mmc.org

3. Hospitals:

Brighton FirstCare
335 Brighton Ave
Portland, ME 04103
207-879-8111

Mercy Hospital
144 State Street
Portland, ME 04101
207-879-3000

Maine Medical Center
22 Bramhall St.
Portland, ME 04102
207-871-0111

4. USM Health and Counseling Center
207-780-5411

5. USM Police Department/Ambulance (from on campus only)
911
Via cell phone or land line 207-780-5211

6. Facilities available to visiting teams at the Gorham Campus:

- a. Athletic Training Facility, Costello Sports Complex
- b. Ice Arena Athletic Training Facility, USM Ice Arena

7. Equipment and Supplies:

- a. Iced Drinking Water (coolers on all team benches) [please supply your own bottles/cups]
- b. Ice and bags (located on all team benches)
- c. Vacuum splints, crutches and bodily fluids clean-up kits available on-site at all sporting venues

At least one certified athletic trainer will provide coverage at all home intercollegiate contests except for golf and sailing.

Athletic Training Students are also available to assist visiting teams with athletic training services under the direction of the supervising certified athletic trainer. If taping or wrapping services are necessary the visiting team must provide all supplies.

*Therapeutic modalities are available for use by the visiting team's certified athletic trainer or by a USM ATC with written prescription from a medical doctor or note from the visiting team's ATC.