



UNIVERSITY OF
SOUTHERN MAINE
Senior College at
Lewiston-Auburn

News from Senior College



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- ❖ Classes
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www.usm.maine.edu/lac/seniorcollege

2nd Friday Food for Thought

- **March 11, 2005** - Spring Semester Presenters will give a short synopsis of his/her course. This is a great opportunity to meet them and hear a little about their class. Registrations will be held and a tour of the building will be available.
- **April 8, 2005** - Leonard Brooks will present *Shakers of Life Today*.
- **May 13, 2005** - Web Harrison will present *Discovering Daffodils*.
- **June 10, 2005** - Diane Russell Kidder will present *An American in Beirut*.

Time: Noon to 1:00 p.m. (doors open at 11:45)

Place: Function Room of Lewiston-Auburn College room 170

Fee includes lunch:

\$5.00 with advance reservations (by noon of the previous day)

\$7.00 at the door

Registrations can be made by calling 753-6510 or on line at www.usm.maine.edu/lac/seniorcollege.

Spring Brochures will be mailed soon!

Classes begin on Monday, April 4 and end Friday, May 27.



Classical Mythology - This course will introduce classical myths, a society's traditional stories, and help students understand and appreciate the meanings of myth. **Monday 9:30 – 11:30**



Writing Your Own Life – Learn how to write your memoirs and beyond. Leave a legacy to your children and grandchildren with generations to come. Join with new and old friends, relive your childhood memories. Class meets every other week. **Monday 1:00 – 3:00**



Maine is Changing – *This course will trace the interaction between societal trends and public policy to highlight the many ways Maine has changed from what we knew as young adults. Discussion will include changes in Maine’s economy, employment, population, political leadership, transportation, education, suburban sprawl, retail centers, environmental protection, housing, tourism and opportunities for women.* **Tuesday 9:30 – 11:30**



Topics in Spirituality for Seniors – *This course will look at spirituality as expressed through the souls of seniors. Because spirituality is often defined as whatever gives meaning to our lives, participants will be offered the opportunity to examine and discuss meaning through stories, touch, wisdom, life work, and spirit. This course is 6 weeks.* **Tuesday 1:00 – 3:00**



Wednesday Matinee with Oscar – *This course will screen a special group of American films nominated as the year’s Best Picture by the Motion Picture Academy. Films selected are: “Casablanca”, “All the King’s Men”, “All About Eve”, “From Here to Eternity”, “On the Waterfront”, “The Sting”, “Chinatown”, and “Annie Hall”.* **Wednesday 1:00 – 3:30**



Special Destinations – *Back by popular demand. Learn about local history with friends, the way you always wanted school to be – every class a field trip. This course will focus on the history of the following sites: Perry-McMillan Artic Museum, Falmouth Audubon Society, Poland Spring Bottling Plant, The Pineland Center, and The McLaughlin Foundation Garden & Horticultural Center among others. Participants in the last session enjoyed a group lunch after each tour. It is not mandatory, but a nice time was enjoyed by all.* **Thursday 9:30 -11:30**



Stage Right – *Want to learn the fundamentals of drama and actually use them to perform on stage? Here is a chance for everyone to have fun performing on stage in a variety of activities. The group will use excerpts from well-known plays, and presentations from student-written plays or monologues. Memorization of lines will not be necessary for these activities.* **Thursday 1:00 – 3:00**



The History of Opera – *The 400 year history of opera will be covered over the eight weeks in approximately 50 year periods. An opera will be presented at each session, including the life of the composer, the story of the opera, the particulars of the video production, and viewing a ½ hour segment of the opera. This class begins April 15.* **Friday 9:15 -11:30**



Basic Data Creation – *This advanced computer course will concentrate on database creation using Microsoft Access. The principles learned will be applicable to other database programs. If there is time, use of the database to create mailing labels in Microsoft Word will be covered. Students should be familiar with Windows and other Microsoft programs.* **Friday 1:00 – 3:00**



Check out the Senior College tote-bags available at the campus Bookstore!