Join Us to Explore a Creative Approach to Retirement

OLLI at UNC Asheville
Grow through life

Promoting creative retirement since 1988
Let us show you how to create a meaningful retirement that matches your values and priorities at the Paths to Creative Retirement (Paths) workshop. We invite you to consider questions such as:

**When should I retire?**

**How will I spend my time after I stop or reduce my work?**

**How will I find purpose and meaning after I retire?**

**How will my identity change in retirement?**

**How will retirement affect my relationships with family and friends?**

**How do I investigate work and volunteer opportunities?**

This highly interactive three-day workshop helps you achieve your desired personal goals in retirement. With guidance and support from facilitators and other participants, you will discover your values, identity, and long-deferred dreams. In the process, you will gain valuable insights and inspiration to create tangible next steps.

Paths focuses on the non-financial aspects of life's second half; decision-making exercises and thought-provoking discussions reveal stimulating opportunities. Transform anxieties about your next chapter of life into a reassuring learning process—Paths is truly a unique retirement workshop.
2014 Dates & Rates

2014 Dates
April 11-13, 2014
August 29-31, 2014

Cost & Registration

Friday-Sunday, $850 per person

Fee includes materials and all meals but not lodging.

You may register over the phone with a Visa or MasterCard by contacting OLLI at 828.251.6140. Or you may print a registration form to mail with your check, payable to OLLI.

Refund Policy: Your registration fee is refundable (minus a $50 administrative fee) until three weeks prior to the program. After this date, your fee is refundable minus a $75 administrative fee. You may defer participation for one year.

Registrants will receive a complete agenda, program details and directions a month before their program.

www.PathsToCreativeRetirement.com

Paths - Sample Agenda

**Friday**

8:30-9:00 am  Continental Breakfast
9:00-9:15 am  Welcome and Orientation
9:15-10:00 am Changes and Choices that Define Us
10:00-10:30 am Retirement: Fact and Fiction
10:30-10:45 am Break
10:45-11:40 am Retirement Fears and Fantasies
11:40 am-12:15 pm Retirement Fears and Fantasies: Reports
12:15-1:00 pm  Lunch at Reuter Center
1:00-1:15 pm  Mansions of the Soul
1:15-2:15 pm  Mansions of the Soul: Small Group Discussions
2:15-2:30 pm  Break
2:30-3:30 pm  Reality Reinvention
3:30-4:45 pm  Rejuvenation and Renewal: Re-Locate, Re-Vocate, Re-Energize
4:45-6:30 pm  Free Time
6:30-9:00 pm  Social and Dinner at the Reuter Center

**Saturday**

8:30-9:00 am  Continental Breakfast
9:00-9:10 am  Welcome
9:10-10:10am  Money Insights You Won’t Get from Financial Advisors
10:10-10:25 am Break
10:25-11:15 am A Retirement Case Study
11:15-11:30 am Break
11:30 am-12:30 pm Multidimensional Self or Relationships
12:30-1:20 pm  Lunch at Reuter Center
1:20-1:35 pm  Introduction of Afternoon Sessions
1:35-2:50 pm  Identity or Making a Dream List Come True
2:50-3:00 pm  Break
3:00-4:00 pm  Preparing for Sunday Morning Presentations
4:00-6:30 pm  Free Time
6:30-9:00 pm  Social and Dinner at Asheville Country Club

**Sunday**

8:30-9:00 am  Continental Breakfast
9:00-11:45 am  Reflecting on Transition
11:45 am-12:00 pm Closing and Evaluation
12:00-1:00 pm  Lunch and Adjournment
CREW is an educational workshop that will give you an understanding of retirement lifestyle choices. You will gain increased confidence in whether, where, and how to relocate, no matter where you are thinking about moving. For those interested in the Asheville area, we offer an optional Sunday program that includes information sessions and small group tours.

We will help you explore the personal and social aspects of this transition: How will a move affect your relationships and identity? Should you start over in a new location? How can you remain productive and lead a meaningful life in your new community? At CREW, you will gain the confidence to make concrete plans to enter and embrace an exciting retirement, wherever you move.

Discover the challenges and opportunities of choosing where and how to relocate in retirement at the Creative Retirement Exploration Weekend (CREW). This practical, action-planning workshop will help you consider:

**What retirement lifestyle suits me?**

**Am I ready to relocate?**

**Which community is the best fit for me?**

**What type of housing will meet my needs now and for years to come?**

**How will I find community in my new hometown?**

**What do I do with all my stuff?**
# 2014 Dates & Rates

## 2014 Dates
May 23-25, 2014

## Cost & Registration

Register before May 1, 2014
- Friday and Saturday, $400* per person.
- Sunday (optional), $50 per person.

Register on or after May 1, 2014
- Friday and Saturday, $450* per person.
- Sunday (optional), $75 per person.

*Fees include materials and most meals but not lodging.

You may register over the phone with a Visa or MasterCard by contacting OLLI at 828.251.6140. Or you may print a registration form to send in with your check, payable to OLLI.

Refund Policy: Your registration fee is refundable (minus a $50 administrative fee) until May 3, 2014. After May 3, your fee is refundable minus a $75 administrative fee. You may defer participation for one year.

Registrants will receive a complete agenda, program details and directions one month before their program.

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## CREW - Sample Agenda

**Friday**
- 8:30 am: Registration and Refreshments
- 9:30 am: Welcome
- 9:45 am: Retirement Relocation Awareness Quiz
- 10:15 am: A Different Life
- 11:20 am: Break
- 11:35 am: Panel: Retirement Lifestyle Choices
- 12:30 pm: Lunch
- 1:30 pm: How Ready are You?
- 2:45 pm: Break
- 3:00 pm: Breakout Sessions: Partner or Single Exercises
- 4:00 pm: Break
- 4:15 pm: Room for My Priorities Breakout Sessions
- 5:15 pm: Evening Social
- 6:00 pm: Dinner

**Saturday**
- 9:00 am: Morning Refreshments
- 9:30 am: Welcome and Announcements
- 9:45 am: What Does Money Have to Do with Retiring?
- 10:45 am: Break
- 11:00 am: What Does Money Have to Do with Retiring? (continued)
- 12:00 pm: Lunch
- 1:00 pm: Where To?
- 2:00 pm: Break
- 2:15 pm: Housing Choices
- 3:15 pm: Break
- 3:30 pm: Traveling Light—Moving What Matters
- 4:30 pm: Weekend Wisdom
- 4:45 pm: Free Time
- 6:00 pm: Dine Around at Local Restaurants (optional)

**Sunday**
- 9:30 am: Morning Refreshments
- 10:00 am: Welcome and Announcements
- 10:15 am: About Asheville: Living in Asheville
- 11:00 am: Break
- 11:15 am: About Asheville: WNC Communities
- 12:00 pm: Lunch
- 12:45 pm: About Asheville: Asheville Area Real Estate Overview
- 1:30 pm: Break and Assemble for Tours
- 1:45 pm: Asheville Real Estate Tours
- 4:30 pm: Return to Reuter Center
“I will forever be eternally grateful for the thought, wisdom and structure that went into the Paths program when I attended and for all the facilitators who helped me see myself differently and craft my roadmap for the future.”

“I view ‘Paths’ as a program that got me going on a path. Taking steps and knowing that you have more flexibility to learn, experiment and change course as you start the transition...The support from all the participants and the facilitators was great. It allowed me to sort through my issues and...take this next step ‘lightly’ and ‘joyfully’. I guess fear was holding me back and I was dreading not working (what was I thinking... it has been great not to be scheduled from dawn to dusk!)

“I came into the course dreading retirement and loss of my identity, and left with the realization that there was a life after work. 3 1/2 retirement books later, long planning discussions with my wife, and bucket lists have me asking my boss to let me retire before my contract expires later in the year.”

“I now have a retirement plan. I will not just be retiring some day. I will be retiring TO a life I am creating.”
“The CREW weekend helped us to crystallize all of our concerns, anxieties and enthusiasm for retirement. At the end of the weekend, we knew what issues were important to both of us and which issues we needed to discuss further. CREW gave us the tools to have meaningful and heartfelt discussions about retirement.”

“Great program. Reinforced things I had already thought of and brought up many I had not considered.”

“This weekend has helped us know how we need to plan and has given us practical tools and knowledge to do so”

“The sessions were great, but the CREW staff’s interaction was the best. We got a lot of questions answered.”

“Getting to hear actual stories/experiences is very beneficial in putting retirement into perspective.”
OLLI’S LIFE TRANSITIONS PROGRAMS include *Paths to Creative Retirement* and *Creative Retirement Exploration Weekend*, filled with thought-provoking activities and workshops designed to challenge and inspire you to make the retirement phase of your career as fulfilling as you had always hoped.

**HOST**
The Osher Lifelong Learning Institute at UNC Asheville (formerly NC Center for Creative Retirement), established in 1988, is nationally recognized for its insightful programs that help men and women make decisions about the next phase of life. Our Paths and CREW programs take place on campus at the Reuter Center, home of OLLI at UNC Asheville.

[www.olliasheville.com](http://www.olliasheville.com)
What is the Difference Between Paths & CREW?

Both workshops address mid- and later-life transition issues. Paths focuses on personal transitions to a meaningful retirement, including timing, identity, relationships and, for some, relocation. CREW focuses on the challenges and opportunities of relocating, specifically, and all other retirement issues are seen through that lens.

Another difference is size: Paths limits enrollment to 35 people to accommodate an intensive and highly-interactive format of facilitated small group discussions. Paths participants receive personal attention as they consider next steps toward a meaningful retirement. CREW brings about 75 attendees together in a large group format incorporating interaction with peers in some discussion groups. Participants can expect to leave CREW with the ability to make more informed decisions about relocating.

Who attends CREW and what are they seeking?
Typically, participants come from all over the country. Both singles and couples, they are usually in their fifties and sixties. Many are still working though they may be 2-3 years from retirement. Most are interested in relocating and want help determining where and when to make their move. Some, but not all, are interested in learning more about Western North Carolina.

Who attends the Paths workshop and what motivates them?
Typically, the 25-35 participants are professional couples and singles in their fifties and sixties who are still pursuing a career. A small number have already retired or scaled back their work life but they want to reassess their options. At least one fourth of participants tell us they need a way to "jump start" their planning process and that, for them, getting away to focus specifically on planning their transition is essential.

How do I/we know that Paths is the right workshop for me/us?
The Paths workshop is an important investment of time and money. Participants have made it abundantly clear that they are seeking solid information, an exciting and inviting group of peers with whom to share insights, a well-organized and well-run program, and a helpful workshop framework that will ensure they are asking the right questions. Participants generally welcome a creative, highly interactive environment that is unpretentious. They appreciate the fact that the workshop is conducted by a university-based program, with no products for sale, and diverse people from around the country. Participants tell us that the workshop either helps them confirm and refine a plan already partly formed, or it motivates them to feel less anxious about the changes ahead. Again, the Paths workshop is mainly about lifestyle issues; financial issues are explored in terms of values, attitudes and self-awareness.
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