



# Osher Lifelong Learning Institute

*An exciting opportunity for seniors  
aged 50 and better!  
Classes begin January 10, 2005*



## **Mondays**

Introduction to Tap Dance in Entertainment  
Cross Cultural Travel Tips  
Vibrational and Traditional Chinese Medicine  
Learn to Play the Mountain Dulcimer

## **Tuesdays**

Native American Flutes: Playing, Building  
and History  
Shakespeare and Tragedy  
World War I: A Balanced View  
Enjoying Opera  
UD Athletics: Behind the Scenes  
Glimpses of the Civil War  
Workshop in Colored Pencil

## **Wednesdays**

Prayer: Biblical Perspectives  
The Fifties: A Decade to Remember  
Caring for the Caregiver  
Mozart's Music and His World  
Beginning Origami  
Financial Planning and Investments

## **Thursdays**

Creation and Creativity, Divine and Human  
Poker: An Introduction  
Coping with Life's Changes  
Heal My Stress! - Heal Myself

## **Fridays**

Intermediate Genealogy  
Self Defense for Seniors  
Weaving  
Beginning Yoga



*As the holidays approach, consider giving someone an opportunity to participate in this lifelong learning opportunity. Call and ask for information about our gift certificates. For more information please call Special Programs and Continuing Education, 229-2347. [www.as.udayton.edu/](http://www.as.udayton.edu/)*



**Institute for Learning  
in Retirement**  
Fall Program  
September 9  
- November 19, 2002