



SOCIAL AND BEHAVIORAL SCIENCE

Program Objectives

The Social and Behavioral Sciences (SBS) degree program integrates perspectives from psychology, sociology, and anthropology as it prepares students for careers in social services, mental health, law and public policy, early childhood care, and education.

Designed to enhance students' understanding of the psychosocial and cultural influences shaping individual lives and social institutions, the curriculum interweaves interdisciplinary courses in liberal arts (the LAC Common Core curriculum) with foundational SBS courses and a variety of courses providing more specific tools of the trade.

Students expand upon this knowledge through choices made from an extensive array of elective courses.

Many students focus their choice of electives thematically, pursuing a Concentration in Counseling (with or without an MHRT/C subtrack), a Concentration or Minor in Public Health, or a Concentration or Minor in Early Childhood Studies.

Degrees & Concentrations Offered

Graduation Planner: usm.maine.edu/advising/degreeplanning

Degree Offered: Bachelors of Arts

Major Offered: Social and Behavioral Science

Concentrations Offered: Counseling, Early Childhood Studies, Public Health

Minors Offered: Early Childhood Studies, Public Health

Social and Behavioral Science

Lewiston Auburn Campus
(207) 753-6500

Web Address: usm.maine.edu/sbs

Facebook: [Social & Behavioral Sciences – University of Southern Maine](https://www.facebook.com/Social&BehavioralSciences-UniversityofSouthernMaine)

Career Possibilities*

Academic/Career Counselor
Adolescent Counselor
Associate Director
Business Owner
Care Coordinator
Case Management/Team Leader
Case Manager
Child Protective Worker
Clinical Coordinator
Community Educator
Community Service and Service Learning
Consumer Services Associate
Court Advocate
Crisis Intervention Specialist
Developmental Therapist
Economic Developer
Education Coordinator
Family Support Specialist
Hospice Volunteer Coordinator
Human Services Caseworker
Licensed Social Worker
Occupational Therapist
Peer Counselor

* Additional education, training or experience may be required.

Acquired Transferable Skills

Active Listening
Critical Thinking
Effective Writing
Instructional Learning Strategies
Integrative/Systems Thinking
Presentation and Speaking Skills
Reading Comprehension
Social Perceptiveness
Team Skills

For more information on transferable skills go to:
usm.maine.edu/community-engagement-career-development/career-tools

What can I do with this major?*

AREA	EMPLOYERS	INFORMATION/STRATEGIES
Teacher	Head start programs Preschools Day Cares K-12 via ETEP	<ul style="list-style-type: none"> Graduates must submit an application, fee and official transcripts to The Maine Department of Education (DOE), which will complete an evaluation and send back a letter (checklist) indicating requirements met (e.g., courses already approved toward the certification) and any remaining requirements to be met. Many Early Childhood --Studies courses are Maine Early Childhood Teacher Birth-5 (081) pre-certified. This is an additional and different certification than the K-3 (029) or K-8 (020) Endorsement.
Counseling	Agencies Private owned Schools Hospitals Police Stations Government	<ul style="list-style-type: none"> At the Bachelor's level, many Maine employers require the MHRT/C to be hired. Independent practice requires a graduate (MA or Ph.D.) degree and a License. There are many routes you can go in counseling: behavioral therapists, mental health counselors, school counselors, substance abuse counselors, and rehab counselors to name a few.
Social Work	Employment specialist/ program development Head Start Hospice work Human services casework	<ul style="list-style-type: none"> To practice social work in Maine at the Bachelor's level, SBS graduates can receive a Conditional Licensed Social Worker (referred to as LSX)1 license with which they can then go on to earn their LS (Licensed Social Worker) license. To practice clinical social work as an independent practitioner in Maine, an MSW (Masters in Social Work) and a Licensed Clinical Social Worker (LC) license are required.
Law and legislative policy	Government Town Halls Nonprofits Councils Legislators	<ul style="list-style-type: none"> In addition to serving as a strong foundation for admission into a range of graduate school programs, the SBS degree has prepared students and aided in career advancement in a wide variety of professions in human services, mental health, education and business. SBS graduates occupy positions throughout public and private sectors in Maine

Enrichment Opportunities

<u>Internships</u>	For more information contact Dept. of Social and Behavioral Science usm.maine.edu/cecd
<u>Study Abroad</u>	For more information contact the USM Office of International Programs. usm.maine.edu/international/study-abroad
<u>Clubs & Organizations</u>	For a complete list of student organizations: webapp.usm.maine.edu/pathways/list
<u>USM Corporate Partners</u>	The USM Corporate Partners are over 350 business people, from nearly 100 companies. usm.maine.edu/corporatepartners

Helpful Career Links

USMCareerConnections:

USM's career network for job and internship searches.
usm.maine.edu/community-engagement-career-development/usmcareerconnections

O*NET OnLine:

Learn more about a career opportunity by researching it with O*NET. onetonline.org

Occupational Outlook Handbook:

Learn more about a career opportunity by researching it with OOH. bls.gov/oooh

PROFESSIONAL ASSOCIATIONS To name a few...

[American Public Health Association](#)
[National Association for the Education of Young Children](#)
[Professional Association for Childhood Education](#)
[Association for Childhood Education International](#)
[American Counseling Association](#)
[American Mental Health Counseling Association](#)
[American Psychological Association \(APA\)](#)
[ASCA or American School Counselor Association](#)



Office of Community Engagement and Career Development • usm.maine.edu/cecd

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