

ALEXANDER KATOPIS

CURRICULUM VITAE Professional Overview and History

SKILLS & ABILITIES

- Ability to complete, oversee, support, and lead efficient workflow in multiple clinical, academic, and business environments
 - Ability to understand, analyze and improve comprehensive financial, clinical, and business components and systems
 - Excellent communication and collaboration skills in both oral and written forms
 - Effective leadership, training, teaching, marketing, and management skills
 - Broad knowledge of mental health science and industry with diverse clinical skills and experience
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EXPERIENCE

UNIVERSITY OF SOUTHERN MAINE, SEHD, COUNSELOR EDUCATION PROGRAM, GORHAM

September 1st, 2018 – Current

Lecturer & Field Placement Coordinator

- Provide overall leadership, management, supervision, and field placement coordination of all Counselor Education Program clinical mental health, rehabilitation, and school counseling students
- Responsible for maintaining the relationships with field placement sites across the state of Maine
- Academic advising and professional development of approximately 50 clinical mental health
- Teaching 1 course per semester (fall and spring) for the Counselor Education Program per semester in various subjects
- Participating member of Counselor Education and School of Education committees

R&K WELLNESS AND MENTAL HEALTH (R&K LLC), WATERVILLE

July 1st, 2018 – Current

Co-Owner & Clinical Director

- Provide overall leadership for and coordination of 8 professional mental health programs
- Provide clinical supervision and oversight of agency and clinical staff and managers
- Chair of R&K advisory board
- Develops annual agency financial budget and projections
- Creates and integrates programs that align with the company's mission
- Involved with company expansion and branding advancement
- Develops and augments policies and procedures that meet all governing bodies' requirements and regulations
- Collaborates with co-owners and directors about ongoing daily, monthly, and annual agency matters

WISDOM JOURNEYS LLC, LOVELL

January 1st, 2019 – Current

Co-Owner

- Listening attentively to customer requests and keeping records of these requests
- Collaborating with business partners on developing training curricula and materials
- Managing and budgeting customer finances
- Selecting an appropriate venue suitable for the type of event
- Having good knowledge of geographic locations and their main attractions
- Organizing audiovisual equipment in advance
- Coordinating hotels, transportation, and food
- Attending and monitoring activities to ensure client satisfaction
- Reviewing bills and approving payments

SEQUELCARE OF MAINE, YARMOUTH

April 4th, 2016 – June 22nd, 2018

Regional Clinical Director

- Provide overall leadership, management, and coordination of 10 mental health programs in Southern Maine that work with a diverse client population
- Responsible for the administrative supervision of all program staff, including hiring, marketing, orientating, training, supervising, and evaluating staff. Staff may include licensed counselors, interns, trainees, rehabilitation specialists, and support staff.
- Overseeing and improving the client and staff referral systems and processes
- Analyzing and understanding the MaineCare rules, regulations and billing requirements and planning on the impacts on clients, staff, and business function
- Managing and directing internship program. Work with various academic institutions and supervise clinical interns - from Associates through master's level
- Overseeing and monitoring agency documentation processes, expectations, implementations
- Working with the Executive Director and HR Director to develop new services and to expand services
- Represented agency throughout state for various employee and client related affairs, including public and private agencies, schools, DHHS and academic institutions
- Oversaw and directed the delivery of clinical training and psychoeducational seminars for all the agency employees
- Ensure that programs deliver culturally competent services
- Conduct psychotherapy (individual and family) to a wide range of clients (always keeping between 2 and 5 cases)

MERRYMEETING BEHAVIORAL HEALTH ASSOCIATES, BRUNSWICK

January 1st, 2010 – April 1st, 2016

Clinical Director & Director of Operations (held Program Manager & Case Manager position with agency from 2007 – 2010)

- Provide overall leadership for and coordination of all 6 professional mental health programs
- Responsible for the administrative supervision of all program staff, including hiring, orientating, training, supervising, and evaluating staff. Staff may include licensed therapists, interns, trainees, rehabilitation specialists, and support staff.

- Developing a system for coordinating referrals and assigning cases to appropriate staff, while also having a comprehensive understanding of MaineCare rules, regulations, and billing requirements/expectations
- Overseeing all QA (quality assurance) activities for agency and ensuring that all clinical documentation is delegated and completed
- Developed, established, and oversaw agency internship program. Established partnerships with various academic institutions throughout the state of Maine and developed learning plans/curriculums for graduate and undergraduate internship experiences
- Understanding documentation processes, expectations, implementations, and requirements for all 6 agency programs
- Working with the Executive Director and HR Director to develop new services and to expand services
- Created and developed 3 new programs for the agency, all meeting state, licensing and MaineCare regulations/requirements (Adult Outpatient Counseling, Child Outpatient Counseling and Adult Case Management)
- Represent the program in the community, including with other public and private agencies, especially Mental Health, DHHS, Social Services, and school districts
- Delivered clinical trainings and supervisions for clinicians and clinical interns to advance their professional growth and development skills and abilities
- Ensure that program staff deliver culturally competent services
- In collaboration with the CFO, develop and monitor program budgets
- Work closely with HR Director to ensure employee/staff policies and procures follow all legal parameters
- Conduct psychotherapy (individual and family) to a wide range of clients (always keeping between 2 and 5 cases)

EDUCATION

UNIVERSITY OF WEST GEORGIA, CARROLLTON, GA – 2025 PROJECTED GRADUATION

Student – Doctor of Education in Professional Counseling and Supervision

UNIVERSITY OF SOUTHERN MAINE, GORHAM, ME - 2010

Master of Science in Clinical Mental Health Counseling

- Summa Cum Laude
- CSI Honors Society

UNIVERSITY OF SOUTHERN MAINE, LEWISTON, ME - 2007

Bachelor of Science in Social & Behavioral Sciences

- Cum Laude

ENDICOTT COLLEGE, BEVERLY, MA - 2002

Associates in Business Management & Finance

ACCOMPLISHMENTS & LICENSURES

- Licensed Clinical Professional Counselor - Maine - (LCPC) #CC4120
- Certified Drug and Alcohol Counselor in the State of Maine (CADC) #CAC5053
- 2021 Recipient of the Maine Counselors Association John Parkman Award – Service to the Profession of Counseling
- Member of AMHCA (American Mental Health Counselors Association), ACA (American Counseling Association), ASGW (Association for Specialists in Group Work), MeMHCA (Maine Mental Health Counselors Association), MeCA (Maine Counseling Association), ACES (Association for Counselor Education and Supervision), and NARACES (North Atlantic Region Association for Counselor Education and Supervision)

- Board Member (President) of MEMHCA (Maine Mental Health Counselors Association)
- School of Education and Human Development – Libra Committee member
- Member of the NBCC (National Board of Certified Counselors)
- National Certified Counselor (NCC) - #268418
- Mental Health Rehabilitation Technician - Community (MHRT/C) - #16152
- LOCUS (Level of Care Utilization System) certified and trained, Rater ID #02079
- Certified Clinical Telemental Health Provider (CTMH) - #530827

PUBLICATIONS & WORKS

- 2022 Wisdom Journeys Conference titled “Myth of the Labyrinth and its Clinical Applications: A Wisdom Journey to Ancient Crete, Greece – May 22nd, 2022 - May 26th, 2022 – co-facilitated with my colleagues and business partners Lois LeBlanc, LCPC, and Bodhi Simpson, LCPC
- 2022 USM (University of Southern Maine) Workshop titled “Introduction to telemental health ethical practices, considerations, and clinical approaches” – February 20th, 2022 – co-facilitated with my colleague Charlie Bernacchio, Ed.D.
- 2021 Manuscript titled: “The Impact of Supervisory Working Alliance and Perceived Supervision Quality on Counselor Self-Reported Burnout” submitted for publication on November 28th, 2021, to The Professional Counselor (TPC), the associated journal of the National Board of Certified Counselors (manuscript number: 211128). This manuscript was co-authored with three of my doctoral program peers (Cori Hart, Lavette Oldham, and Devante Washington).
- 2021 USM (University of Southern Maine) Workshop titled “Introduction to telemental health ethical practices, considerations, and clinical approaches” – August 31st, 2021 – co-facilitated with my colleague Charlie Bernacchio, Ed.D.
- 2021 USM (University of Southern Maine) Workshop titled “Introduction to telemental health ethical practices, considerations, and clinical approaches” – January 28th, 2021 – co-facilitated with my colleague Charlie Bernacchio, Ed.D.
- 2020 MEMHCA (Maine Mental Health Counselors Association) Annual Membership Meeting. Workshop titled “Ethics: Professional Considerations and Case Discussion” – October 16th, 2020
- 2020 USM (University of Southern Maine) Workshop titled “Introduction to telemental health ethical practices, considerations, and clinical approaches” – September 22nd, 2020 – co-facilitated with my colleagues Charlie Bernacchio, Ed.D. and Bette Katsekas, Ed.D.
- 2019 MEMHCA (Maine Mental Health Counselors Association) Annual Conference. “Celebrate Experience. Workshop titled “Ethical Implications in Clinical Practice” – October 18th, 2019
- 2019 Wisdom Journeys LLC – Workshop titled “Honoring the Hero(ine) Within: The clinical significance of the hero archetype for ego strengthening and self love – March 29th, 2019 – co-facilitated with my colleague and business partner Lois LeBlanc, LCPC
- 2019 Wisdom Journeys LLC – Workshop titled “Our Journey Home to the Sacred Feminine: A Remembering of Who We Are” – November 8th, 2019 – co-facilitated with my colleagues and business partners Lois LeBlanc, LCPC and Bodhi Simpson, LCPC
- 2018 MEMHCA (Maine Mental Health Counselors Association) Annual Conference. “Love and Attachment”. Workshop titled “Exploring transference and counter-transference within clinical practice” – October 19th, 2018

- 2017 MEMHCA (Maine Mental Health Counselors Association) Annual Conference. “Diving Deep and Resurfacing: Clinical Applications of Depth Psychology”. Workshop titled “Ethics: Personal and Professional Overview.” – October 27th, 2017