

L. Susan Yetter, PhD, APRN, PMH-NP
Clinical Associate Professor
University of Southern Maine School of Nursing
Psychiatric Nurse Practitioner
Mid Coast Senior Mental Health Services
Mid Coast Hospital
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Education

PhD	Duquesne University, Pittsburgh, PA; dissertation entitled, <i>The Experience of Older Men Living Alone: A Phenomenological Perspective</i> , 2008
Post-graduate certificate	University of Southern Maine, Psychiatric Nurse Practitioner (across the lifespan), 2021
Post-graduate certificate	St. Louis University, Gerontological Nurse Practitioner, 2005
Post-graduate certificate	University of Southern Maine, Adult Psychiatric Nurse Practitioner, 2001
Post-graduate certificate	University of Southern Maine, Adult Psychiatric Clinical Nurse Specialist, 1998
MSN	University of Pennsylvania, Nursing Administration, 1991
BSN	University of Pennsylvania, 1987

Certifications

2022 -- present	Certified Nurse Educator
2021 -- present	American Nurses Association, Psychiatric Nurse Practitioner (across the lifespan)
2001 – 2021	American Nurses Association, Adult Psychiatric Nurse Practitioner
2007– 2012	American Nurses Association, Gerontological Nurse Practitioner
1998– 2013	American Nurses Association, Psychiatric Clinical Nurse Specialist

RN Licensure:

Maine, Pennsylvania

Employment History

2019 – present	Clinical Associate Professor, University of Southern Maine School of Nursing, Portland, ME
2001 – present	Psychiatric Nurse Practitioner, Mid Coast Senior Mental Health Services, Mid Coast Hospital, Brunswick, ME
2012-2019 & 1993-2007	Part-time Instructor, Psychiatric/Mental Health Nursing, University of Southern Maine, School of Nursing, Portland, ME
2007 – 2012	Assistant Professor, Psychiatric/Mental Health Nursing graduate program, University of Southern Maine, School of Nursing, Portland, ME

2000 – 2001	Nurse Manager, ICU/Adult Psychiatry, Spring Harbor Hospital, South Portland, ME
1998 – 2000	Clinical Nurse Specialist, Shoreline Community Mental Health Services (now Sweetser, Inc.), Brunswick, ME
1996 – 1998	Nurse Consultant, Gero-psychiatric team, Spring Harbor Hospital (formerly Jackson Brook Institute), South Portland, ME
1995 – 1996	Charge Nurse, Adult Psychiatry, Spring Harbor Hospital (formerly Jackson Brook Institute), South Portland, ME
1994 – 1995	Staff Nurse, Outpatient psychiatry, Maine Medical Center, Portland, ME
1987 – 1992	Staff nurse/Charge Nurse, Adult Psychiatry, Hospital of the University of Pennsylvania, Philadelphia, PA

Teaching Experience and Clinical Experience/Expertise

A. Clinical Expertise

1. Advanced Practice Adult Psychiatric Nursing: Psychotherapy and Medication Management
2. Advanced Practice Gero-Psychiatric Nursing: Psychotherapy and Medication Management

B. Teaching

1. MS Program at USM: Psychiatric Nurse Practitioner Program: NUR 672: Biological and Behavioral Components of Mental Illness; NUR 671: Foundations of Advanced Practice Mental Health Nursing; NUR 685/686: Advanced Mental Health Nursing III; NUR 687/688: Advanced Mental Health Nursing III; NUR 680: Advanced Psychopharmacology
2. BSN Program at USM: NUR 330/331: Psychiatric Mental Health Nursing, lecture and clinical
3. Preceptor for several graduate nursing students at USM for medication management clinical rotations

C. Other teaching activities/Inservices (2003- present)

1. Case Presentation: Resident with Schizophrenia, Mid Coast Senior Health Center, September, 2022
2. Case Presentation: Resident with Borderline Personality Disorder, Mid Coast Senior Health Center, November, 2018
3. Different Types of Dementia, Maine Veterans' Home, Scarborough, ME, June, 2016
4. Different Types of Dementia, Maine Veterans' Home, Scarborough, ME, June, 2016

5. Legislative Update for Nurse Practitioners: The Consensus Model, Maine Nurse Practitioner Association Annual Conference, April, 2011
6. Managing Borderline Personality Disorders, Gorham House Nursing Facility, Gorham, ME, May, 2010.
7. Managing Anxiety Disorders in Primary Care, Maine Nurse Practitioner Association Annual Conference, April, 2010
8. Managing Difficult Behaviors in Dementia, Winship Green Nursing Facility, Bath, ME, June, 2009.
9. Borderline Personality Disorder, Hawthorne House Nursing Facility, April, 2009
10. Medications Used in Dementia, Dementia Support Group, Mid Coast Senior Health Center, Brunswick, ME, October, 2007
11. Communicating with Challenging Populations, CNA Appreciation Dinner, Brunswick, ME, August, 2007
12. Depression in Older Adults, Freeport Place Assisted Living, Freeport, ME, March, 2007
13. Depression in Older Adults, Plant Home Assisted Living, Bath, ME, November, 2009
14. Implementing Verbal De-escalation Skills, Hawthorne House Nursing Facility, Freeport, ME, October, 2005
15. Managing Difficult Behaviors, Freeport Place Assisted Living, Freeport, ME, May, 2005
16. Mental Wellness Psychoeducation Group, 55+ Senior Center, Brunswick, ME, June, 2005
17. The Myths of Mental Illness, The Highlands Retirement Community, Topsham, ME, February, 2005
18. Depression and Older Adults, 55+ Senior Center, Brunswick, ME October, 2004
19. Mental Illness among the Elderly, Hodgdon Green Assisted Living, Damariscotta, ME March, 2004
20. Behavior Management of Residents with Dementia, St. Andrew's Nursing Facility, Boothbay Harbor, November, 2003
21. Behavior Management of Borderline Personality Disorder, Freeport Nursing Home, Freeport, ME, July, 2003

D. Public Presentations

1. Healthy Aging Presentation, Mid Coast Senior Health Center, public presentation, September, 2016
2. Finding Balance: Caring for Yourself and Others, Mid Coast Senior Health Center, Dementia Support Group, June, 2016
3. Medication Use in Older Adults, Mid Coast Senior Health Center, Ounce of Prevention Series, February, 2015
4. Depression and Older Adults, The Family Tree, a local free-access cable television show, February, 2013
5. Depression and Parkinson's Disease, Mid Coast Hospital, Parkinson's Support Group, February, 2006

6. Maintaining Mental Wellness as We Age, Mid Coast Senior Health Center, March, 2005
7. Depression, Stress, and Elders, Local Access Television, Harpswell, ME July, 2003
8. Surviving the Holidays, Local Access Television, Brunswick, ME November, 2002

Scholarly Activity

Yetter, L.S. (2009). *The Experience of Older Men Living Alone*. [Conference Presentation]. Eastern Nursing Research Society Annual Conference, Boston, MA.

Yetter, L.S. (2005, November). *Mental Health Parity in the U.S.: Less than Meets the Eye*. [Poster presentation]. Duquesne University School of Nursing, Pittsburgh, PA.

Yetter, L. S. (2004, May). *The Experience of Older Depressed Women*. [Research Proposal Presentation]. Duquesne University School of Nursing, Pittsburgh, PA.

Publications

Yetter, L.S. (2010). The experience of older men living alone. *Geriatric Nursing*, 31 (6), 412-418.

Yetter, L. S. (2009). Communication across the lifespan. In V. Hart, *Patient-provider communications: Caring to Listen* (pp.168-175). Jones & Bartlett.

Research Awards & Scholarships

Sigma Theta Tau, Kappa Zeta Chapter-at-Large Scholarship Award, 2006
 Laura Martin Scholarship Award, Duquesne University, 2006

Professional Organizations

International Society of Psychiatric Nurses
 Maine Nurse Practitioners Association
 Past-President, 2011-2012
 President, 2010- 2011
 President-Elect, 2009 -- 2010
 Secretary, 2008 – 2009
 Co-chair, Professional Development Committee, 2006 – 2008
 Sigma Theta Tau International Honor Society of Nursing
 1991 – present, Xi Chapter, University of Pennsylvania
 1999 – present, Kappa Zeta, University of Southern Maine

Academic Service

School of Nursing

2019- present: Member, Graduate Curriculum and Admissions Committee

2020-present: Member, Peer Review Committee

University of Southern Maine

2020-present: Member, Faculty Senate

Community Service

2019-2020 Curtis Library volunteer

2017-2018 Mid Coast Hunger Prevention Saturday lunch volunteer

2006-2008 Volunteer, Oasis Free Health Clinic