

# Mackenzie Ess, PhD

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## EDUCATION

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<b>PhD</b> 2023	Syracuse University, Social Psychology <i>Advisor:</i> Sara E. Burke, PhD <i>Dissertation:</i> The stereotype content of intersecting race, class, and gender groups
<b>MS</b> 2020	Syracuse University, Psychology <i>Thesis:</i> Class attitudes and endorsement of the Protestant work ethic
<b>BS</b> 2018	Purdue University, Psychological Sciences (with Distinction) <i>Honors Thesis:</i> Teaching inclusivity: Can a diversity intervention impact social media behavior?

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## PROFESSIONAL EXPERIENCE

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<b>Assistant Professor, Department of Psychology</b> University of Southern Maine	Fall 2023 – Present
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## PEER REVIEWED ARTICLES & CHAPTERS

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- Ess, M.,** Burke, S. E., & LaFrance, M. (2023). Gendered anti-bisexual bias: Heterosexual, bisexual, and gay/lesbian people's willingness to date sexual orientation ingroup and outgroup members. *Journal of Homosexuality*, 70(8) 1461–1478.
- Ess, M. &** Burke, S. E. (2022). Class attitudes and the American work ethic: Praise for the hardworking poor and derogation of the lazy rich. *Journal of Experimental and Social Psychology*, 100, 104301.
- Houck, S. C., Huber, K. J., **Ess, M.,** & Proulx, M. L. (2020). Cognitive complexity in political contexts. In *Oxford Research Encyclopedia of Politics*.

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## MANUSCRIPTS UNDER REVIEW

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*\*Denotes undergraduate mentee*

- Ess, M.,** Burke, S. E., & Lott, M. S.\* Manipulating attributions for socioeconomic status: Judgments of low-SES individuals and groups in interpersonal and professional contexts. Under review.

Burke, S. E., Jaurique, A., Valen, B. M., Wittlin, N. M., **Ess, M.**, & LaFrance, M.  
Forms of psychological bias against transgender women and men and people  
with nonbinary gender identities. Under review.

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## CONFERENCE PRESENTATIONS

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*\*Denotes undergraduate mentee*

### Symposium Presentations

**Ess, M.**, & Burke, S. E. (2021, February). *Investigating class attitudes: Derogation of the lazy rich and praise for the hardworking poor*. Paper presented at the Annual Convention of the Society for Personality and Social Psychology (conference held virtually).

**Ess, M.**, & Burke, S. E. (2019, May). *A rose by any other name? Labels versus descriptions yield inconsistent evaluations of some sexual minority groups*. Paper presented at the Annual Convention of the Social Psychologists Around Western New York, Syracuse, NY.

### Poster Presentations

**Ess, M.** & Burke, S. E. (2023, February). *Student names, racial disparities, and classroom belonging*. Poster presented at the Annual Convention of the Society for Personality and Social Psychology, Atlanta, GA.

Lott, M. S.\*, **Ess, M.**, Burke, S. E., & Valen, B. (2023, February). *Labeling effects for economically disadvantaged groups*. Poster presented at the Annual Convention of the Society for Personality and Social Psychology, Atlanta, GA.

**Ess, M.**, & Burke, S. E. (2022, February). *Gendered prejudice and stability perceptions of bisexual and pansexual targets*. Poster presented at the Annual Convention of the Society for Personality and Social Psychology, San Francisco, CA.

Lott, M. S.\*, **Ess, M.**, & Burke, S. E. (2022, February). *The “lazy poor” or the “unlucky poor”? Manipulating class-based attributions at the group level and in a hiring context*. Poster presented at the Annual Convention of the Society for Personality and Social Psychology, San Francisco, CA.

- *Note:* Undergraduate mentee, Mason Lott, awarded the SPSP Undergraduate Poster Award

- Ramdass, J. V., Jaurique, A., Marsden, A. D., **Ess, M.**, & Burke, S. E. (2022, February). *Morality, uncertainty, and group identification influence candidate support, voting behavior, and reactions to the 2020 US elections*. Poster presented at the Annual Convention of the Society for Personality and Social Psychology, San Francisco, CA.
- Quinn, E. A., **Ess, M.**, & Burke, S. E. (2021, August). *Contextual passing and the stigmatization of bisexual individuals*. Poster presented at the Annual Convention of the American Psychological Association (conference held virtually).
- Lott, M. S.\*, **Ess, M.**, & Burke, S. E. (2021, February). *Lazy or unlucky? Investigating class attitudes and attribution theory*. Poster presented at the Annual Convention of the Society for Personality and Social Psychology (conference held virtually).
- Ess, M.**, & Burke, S. E. (2020, June). *Class attitudes and endorsement of the Protestant work ethic*. Poster accepted for presentation at the Annual Convention of the Society for the Psychological Study of Social Issues, Denver, CO. (Convention canceled).
- Ess, M.**, & Burke, S. E. (2020, February). *A rose by any other name? Labels versus descriptions yield inconsistent evaluations of some sexual minority groups*. Poster presented at the Annual Convention of the Society for Personality and Social Psychology, New Orleans, LA.
- Ess, M.**, & Monteith, M. J. (2018, March). *Teaching inclusivity: Can a diversity intervention impact social media behavior?* Poster presented at the Annual Convention of the Society for Personality and Social Psychology, Atlanta, GA.
- Ess, M.**, & Monteith, M. J. (2018, April). *Teaching inclusivity: Can a diversity intervention impact social media behavior?* Poster presented at the Annual Convention of the Midwestern Psychological Association, Chicago, IL.
- Ess, M.**, & Monteith, M. J. (2018, April). *Teaching inclusivity: Can a diversity intervention impact social media behavior?* Poster presented at the Annual Purdue Psychology Undergraduate Research Conference, West Lafayette, IN.

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## MENTORSHIP

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### Undergraduate Student Mentorship

Mentor, Undergraduate Research

Lott, Mason S. *The “lazy poor” or the “unlucky poor”?* Manipulating class-based attributions at the group level and in a hiring context.  
Spring 2020–Present

Kennedy, Frankie. *The lineup of love: Negative judgments of dating profiles that disclose a history of incarceration.*  
Fall 2018

Mentor to Undergraduate Research Assistants – *Intergroup Bias Lab*  
Fall 2018–Summer 2023

### **Graduate Student Mentorship**

Teaching Mentor – *Syracuse University Teaching Assistant Orientation Program*  
Summer 2021

Mentor to introductory psychology teaching assistants – *Syracuse University*  
Spring 2021

First-Year Graduate Student Mentor – *Syracuse University*  
2020–2023

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### **GRANTS**

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Diversity Graduate Travel Award, \$500 <i>Society for Personality and Social Psychology</i>	2021
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Graduate Travel Award, \$300 <i>Graduate Student Organization – Syracuse University</i>	2019
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Undergraduate Research Grant, \$500 <i>Purdue University</i>	2017
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Office of Undergraduate Research Travel Grant, \$500 <i>Purdue University</i>	2017
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### **TEACHING EXPERIENCE**

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#### **Instructor of Record**

Social Psychology (PSY 274) – *Syracuse University*  
Summer 2020, 23 students

### **Recitation Instructor (Syracuse University)**

Foundations of Human Behavior (PSY 205), *Spring 2021, 48 students*

First Year Experience Course (SEM 100), *Fall 2020, 19 students*

Foundations of Human Behavior (PSY 205), *Fall 2020, 98 students*

Foundations of Human Behavior (PSY 205), *Spring 2020, 68 students*

Foundations of Human Behavior (PSY 205), *Fall 2019, 71 students*

Foundations of Human Behavior (PSY 205), *Spring 2019, 66 students*

Foundations of Human Behavior (PSY 205), *Fall 2018, 95 students*

### **Teaching Assistant (Syracuse University)**

Abnormal Psychology (PSY 395), *Fall 2022, 239 students*

Forensic Psychology (PSY 474), *Fall 2022, 120 students*

Social Psychology (PSY 274), *Fall 2022, 120 students*

### **Other Teaching Positions**

Teaching Assistant Coordinator, Foundations of Human Behavior (PSY 205)  
*Syracuse University, Spring 2021, number of teaching assistants = 15*

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## **GUEST LECTURES**

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Purdue University

**Psychology of Gender (PSY 392)**  
*August 2022 (online)*

Syracuse University

**Foundations of Human Behavior (PSY 205)**  
*April 2021 (online)*

**Personality Psychology (PSY 393)**  
*March 2019*

**Personality Psychology (PSY 393)**  
*February 2019*

**Personality Psychology (PSY 393)**

*November 2018*

**Foundations of Human Behavior (PSY 205)**

*June 2019*

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### HONORS & AWARDS

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Research Excellence Doctoral Funding Fellowship – *Syracuse University*  
2021–2022

Certificate in University Teaching – *Syracuse University*  
May 2020

Outstanding Teaching Assistant Award – *Syracuse University*  
April 2020

Hadley Outstanding Senior in Psychological Sciences – *Purdue University*  
2018

Departmental Honors (Psychology) – *Purdue University*  
2018

Summer Stay Scholar Recipient – *Purdue University*  
Summer 2017

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### PROFESSIONAL DEVELOPMENT

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R Training and Statistics Workshops – *Syracuse University* 2018–Present

Scientific Writing Workshop – *Syracuse University* 2020, 2021

Managing Bias Training – *Syracuse University* 2020

Women in Science and Engineering (WISE) Program – *Syracuse University* 2019–2021

Future Professoriate Program – *Syracuse University* 2018–2020

Safer People, Safer Spaces Training – *Syracuse University* 2018

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### MEMBERSHIPS

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American Psychological Association

Midwestern Psychological Association

Society for Personality and Social Psychology

Society for the Psychological Study of Social Issues