

Therapeutic Recreation Pathway

This pathway is designed for students interested in pursuing a degree in [Recreation and Leisure Studies](#) with a concentration in Therapeutic Recreation.

Suggested core courses: Choose 2

- REC 110 - Foundations of Recreation and Leisure Studies Credits: 3
- REC 121 - Introduction to Therapeutic Recreation Services Credits: 3
- BIO 111/112 - Human Anatomy and Physiology I Credits: 4.5
- HRD 200 - Human Growth and Development Credits: 3

Elective possibilities: (or classes towards a minor of your choice)

- HIH 201 Fundamentals of Homeopathy Credits: 3
- HIH 202 - Fundamentals of Homeopathy II Credits: 3
- HIH 203 - Mind Body Stress Reduction Credits: 3
- ENG 100 - College Writing Credits: 3
- PSY 100 - Intro to Psychology Credits: 3

Career options:

Upon program completion, you could seek employment as a recreation therapist, recreation staff in a variety of municipal or nonprofit environments, activity coordinator, or recreation generalist.

[Video summary of career options](#)

For further information and earning potential visit the U.S. Bureau of Labor Statistics

[Recreational Therapists : Occupational Outlook Handbook](#)