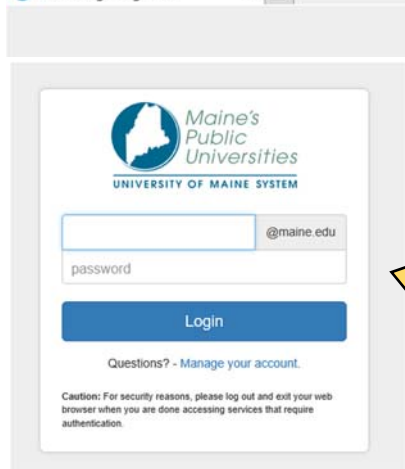




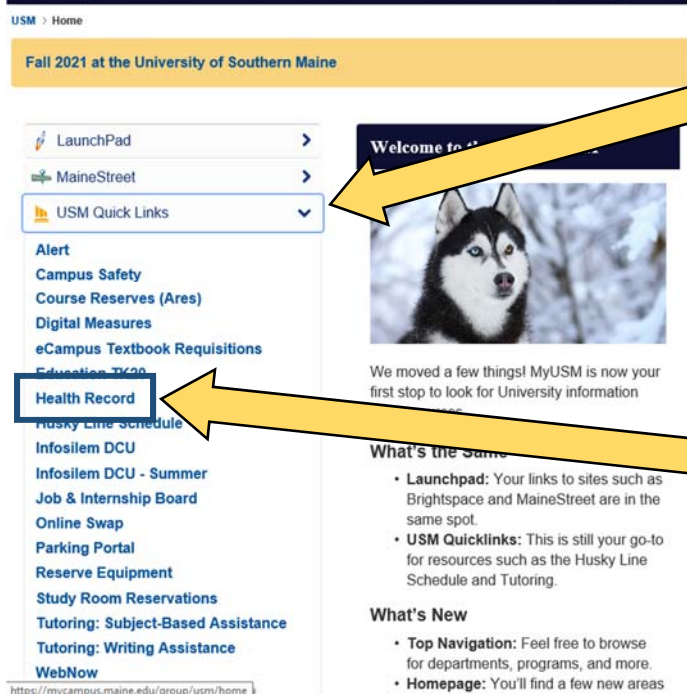
Open an internet browser:
Enter the URL: mycampus.maine.edu



Login using your MaineStreet credentials. (This is typically your first name dot last name)



Now that you are logged in, you will need to click the USM Quick Links drop-down menu.



In the menu, select the link labeled: "Health Record"
This will take you to the USM Patient Portal

Success! You are now in the Patient Portal!

Once logged in to the Health Record, scroll down to the bottom of the page.

You may have some forms to complete. Please see the forms section for details.



Upcoming Appointments

You do not have any upcoming appointments.



Forms

You may have forms that need to be completed.



Uploads



Immunizations

Upload Sick Cell Lab results here.
Upload Insurance Card Here
Follow the prompts on the next page.

Upload your Immunizations by clicking the Immunizations button and following the prompts on the next page.

Click on the **Forms** button

Scroll down to the **Athletic Preparticipation Forms** section.

Fill out all of the forms in this section.

****If you are under 18, you MUST have a parent sign along with your signature.**