USM Osher Lifelong Learning Institute Fall 2017 Sept. 11 through Nov. 3 OSHER LIFELONG LEARNING

General Information

If you are 50 or older, with a curious mind and an interest in learning just for the joy of it, you are invited to join 2,000 like-minded older learners who are members of the Osher Lifelong Learning Institute (OLLI) on the Portland campus of the University of Southern Maine. OLLI at USM is committed to providing its members with a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

As a member of OLLI at USM, you'll choose from an extensive array of peer-taught courses in the liberal arts and sciences. There are no entrance requirements, grades, or tests. Your experience and love of learning are what count. Some OLLI at USM classes involve homework — usually reading or honing skills taught in class. Homework is not mandatory, but it can enhance your learning experience; what you put in is what you'll get out of the course.

OLLI at USM is one of 17 Senior Colleges throughout Maine and participates in the Maine Senior College Network (www. maineseniorcollege.org). The National Resource Center for all Osher Lifelong Learning Institutes (www.osher.net) is located at Northwestern University in Chicago. Currently, there are 120 OLLIs throughout the country.

MEMBERSHIP

OLLI at USM is a self-sustaining, self-governing organization supported through an annual membership fee of \$25. The membership fee covers the fiscal year July 1 to June 30. Your annual membership allows you to participate in all OLLI at USM courses and Special Interest Groups at OLLI. You'll also get Internet access and notification when the *OLLI Newsletter* is available online.

SPECIAL ACCOMMODATIONS

OLLI at USM has purchased a portable assistive-listening device that can be used in any Wishcamper classroom. Students using the device will be able to hear the instructor. Any OLLI at USM student with hearing difficulties may request the use of this system. Contact the OLLI at USM office at 780-4406 as soon as you register for class.

If you need other special accommodations to participate in OLLI at USM because of disability, please call the USM Office of Support for Students with Disabilities at 780-4706 as soon as you register but at least two weeks before classes begin.

SCHOLARSHIPS

Full and partial scholarships are available through a simple, friendly, confidential process. Because of the overwhelming response, scholarships are limited to \$50 per person per term, applicable to one course, the SAGE program, or workshops. Scholarships do not apply to OLLI at USM membership, trips, or special events. Scholarship applications are available in the OLLI at USM office. These must be completed, signed, and turned in with each of your course registrations.

NOTE: It is not possible to register for courses online with a scholarship. Please mail or bring your registration form and scholarship to the OLLI office BEFORE registration day to ensure timely enrollment in your class.

Call 780-4406 for more information.

CLASS LOCATIONS

All classes, except where noted, are held in the Wishcamper Center at 44 Bedford Street on the USM Portland campus. See map on page 9.

OLLI STAFF

Susan Morrow, Assistant Director for Program 228-8181; smorrow@maine.edu

Rob Hyssong, OLLI Program Coordinator 228-8336; robert.hyssong@maine.edu

Linda Skinner, Administrative Specialist 1 228-8225; linda.skinner@maine.edu

Sue Schier: Administrative Specialist 2 228-8482; sue.schier@maine.edu

FOR MORE INFORMATION

Call: 780-4406 or 1-800-800-4876 E-mail: olliatusm@maine.edu Visit: www.usm.maine.edu/olli to register for OLLI courses online

OLLI ADVISORY BOARD 2016-17

Janet Stebbins, Chair

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Online Registration at OLLI at USM

Online registration allows you to sign up for classes in real time. To begin the process, visit the OLLI website at: www.usm.maine.edu/olli

There you will find a link to the registration website on the home page and step-by-step instructions under "Resources" on the left. Once you have perused the catalog and chosen which classes you wish to "purchase," you are ready to go "shopping" on the registration website. You'll be able to tell how many spaces are still available in your chosen class and can add your name to a wait list if a class is full.

Once you pay for your classes, you'll receive e-mail confirmation of your registration. It's fast, easy, and secure. **Please note:** Credit card is the **only** form

of payment you can use for online registration. If you must use another payment form (check, cash, scholarship, gift certificate), you'll need to mail or hand deliver your registration with payment attached.

If you've shopped online, you should find online OLLI registration a snap. But if you're not comfortable doing your own online registration at home, the OLLI staff is standing by to help you. We offer onsite instruction in the Wishcamper Computer Lab (see timetable) and have one computer in the OLLI office dedicated to online registration. Anyone may use this computer to register online, but **you must use a credit card for payment.**

Important FALL Term Dates

OLLI Fall REGISTRATION TIMELINE —

Aug. 8 Online registration for OLLI fall courses begins.

The registration system will automatically turn on at 12:01 a.m.

Students with scholarships or gift certificates should get registrations into the OLLI office before this deadline so staff can process them when registration opens. NOTE: Since your registration will be competing with online enrollments, we can't guarantee your first-choice class, but you will be our top priority the morning after registration goes "live."

- **Aug. 8** If you need help navigating the online process, onsite help setting up student accounts and registering for classes will be available in the Wishcamper Computer Lab (Room 128) starting at 8 a.m.
- Aug. 15 OLLI staff will start accepting mail-in, drop-off, and phone registrations.
- Sept. 4 OLLI closed for Labor Day.
- Sept. 11 OLLI fall classes begin.
- **Sept. 22** Deadline to receive refund on dropped classes.
 - Oct. 9 OLLI closed for Columbus Day.
 - Nov. 3 OLLI fall term ends.
- Nov. 6-10 OLLI fall term makeup week.
 - Nov. 10 OLLI closed for Veterans Day.
- Nov. 23-24 OLLI and USM closed for Thanksgiving Day.

WHERE'S MY CLASS??

All classes are in Wishcamper unless otherwise noted.

Individual classes and their locations are posted at all entrances and on the electronic bulletin board in the OLLI lobby.

CLASS CANCELLATIONS:

For weather closings, call the USM storm line at 780-4800. If USM is closed, OLLI will be closed.

Schedule-at-a-Glance Fall 2017

MONDAY **MORNING** 9:30-11:30

See pages 10-11

History of Britain: The Plantagenets Dick Budd

Putting Art into Your Digital Photography Tim Byrne

Domestic Policy Issues: Making Sense in Trump's Washington Bob Goettel

Le Français Élémentaire Roberta Muse

Four Short Books Betsy Wiley

> MONDAY AFTERNOON 12:45-2:45

> See pages 12-13

Le Français Intermédiaire Jacqueline Bucar

Ancestral Voices Prophesving War: Conflict and Revolution in 20th Century Irish Drama Derek Campbell

Current Economic Events David Chute

How to Think Like Leonardo da Vinci Mark Lawrence

Importance of Gratitude, Laughter, Altruism, and Resilience Jim Markan

What Is Religion?

Paul Doherty, Steven Piker

Art of Living Well: A Peace Education Program

Rita Rubin-Long, Terry Landry

International Auteur Cinema 17

Juris Ubans

TUESDAY MORNING 9:30-11:30

See page 14

SAGE Lecture Series

TUESDAY **AFTERNOON** 9:30-11:30

See pages 14-16

Trip Around the World in Eight Movies, Part 4 Steve Gleit

Adventuring Solo with Confidence Paul Kiley

Geology of Maine and New England Irwin Novak

America's Future???

Richard Barron Parker. Betsy Mayberry

Designing the Life You Want: Navigating Your Third Age

William Sadler

True Lies and Real Fiction Ruth Story

Ottoman Empire — 400 Years of the Islamic **Ummah: Precurser to Globalization?**

Kathleen Sutherland

Homer's *Odyssey* and Sophocles' Oedipus **Tyrannos: Great Works** for Our Time

Steve Urkowitz

WEDNESDAY MORNING 9:30-11:30

See pages 16-18

Fog of War: Its Human and National Consequences

James Bucar

Anti-semitism in America: What Is It and Why Is It Still Hanging Around?

Matt Goldfarb

Meet the 19th-century Portlanders Who Made Our City Great

Carol Jenkins, Mary Anne Wallace

"Nobody Knew Health Care Was This Complex": History of U.S. **Health Care** Joel Kallich

Africa Since Independence: Coup d'états, Corruption, **Challenges, and Courage** Mike Lvnch

Exploring the Myers Briggs Type Indicator® through the Second Half of Life

Waite Maclin. Scott Anchors

Four Late Mozart Operas on Film Carolyn Paulin

Reading Tocqueville's Democracy in America Martin Rogoff

> WEDNESDAY **AFTERNOON** 12:30-2:45

> > See page 18

Mozart: An Audio/Video **Exploration of His Extraordinary Life and Music** Carl Smith

> WEDNESDAY AFTERNOON 12:45-2:45

> See pages 19-20

Hardcore Zen: Buddhist Wisdom from a Punk **Rocker from Ohio** Tim Baehr

Art, Music, and Poetry: The Origins of **Creative Experience**

Singing the Blues Terry Foster

Elizabeth Chapman

Introductory Chinese Chunfang Guan

Reader's Theater (RT) Performance

Paula Johnson. Barbara Bardack

Classic Films Revisited Pat Davidson Reef

Why Is That Art? Michael Torlen

Explore Portland's Historic Neighborhoods On Foot

Bruce Wood

WRITERS' WORKSHOPS

See page 21

WEDNESDAY **AFTERNOONS** 12:45-3:00

Writers' Workshop: **The Shiny Day Poets**

Muriel Allen, Magdalene Came

12:45-2:45 Writers' Workshop: **Memoir**

Ruth Story

12:45-2:45 Writers' Workshop: **Fiction**

Nancy Bills, Joan Kotz

THURSDAY MORNING 9:30-11:30

See pages 22-23

Broadway Musicals of the 1950s: The Height of the Golden Age

Brian Allen

Hard Problem David Morton

Shakespeare's Henry IV, Part II: A Continuation with Falstaff and **Prince Hal**

Chris Queally

Creative Drawing Bonnie Spiegel

From the Old Country, **Part 1: Colonial Times to** the 1920s Immigration-**Restriction Laws**

John Sutherland

Dostoevsky: Crime and **Punishment** and Selected **Shorter Works** George Young

> THURSDAY AFTERNOON 12:30-2:45

> > See page 23

Film/Discussion Course: **Venture into the World** of Music

Joan Aldrich

THURSDAY AFTERNOON 12:45-2:45

See pages 23-25

Keeping Memory Alive: Family Memoir

Norm Abelson

Issues of Our Times, Part 2 Mike Berkowitz

Europe. War to War: 22 Years of Depression, Despair, Revenge, and Betraval

cultural Perspective Jack Lynch, Jennifer Frick What Is Film Noir?

David Stankowicz

Falstaff: Shakespeare's **Great Comic Character** John Sutton

History of Maine: Prehistory to Present Dav. Part 1

Rick Tomazin

FRIDAY **MORNING** 9:15-11:15

See page 25

TALBOT LECTURE HALL. **LUTHER BONNEY**

Crown Royal: The British Monarchy from Victoria to Elizabeth II

Draper Hunt

FRIDAY **MORNING** 9:30-11:30

See pages 25-26

Trump, Brexit, and the **Rise of Populism**

Andrea Stanley Hester

Universal Studios: The Monsters, a Legacy **Writing from Prompts** Helen Rousseau

Art Studio

Dona Sherburne

Great Decisions AM

Mike Wygant

FRIDAY **AFTERNOON** 12:45-2:45

See page 27

Empathy: What Is It and What Is It Good For?

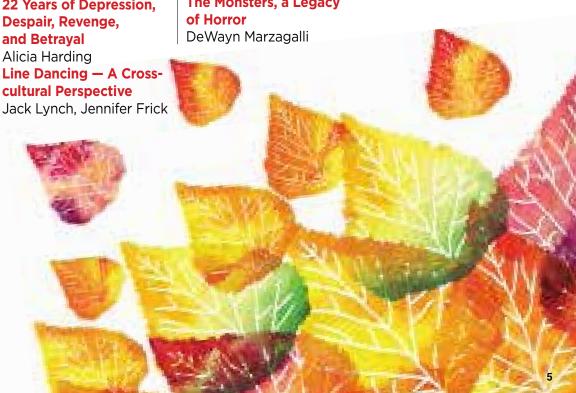
Carole Center

Exploring the Character of America: One Man's **Documentary View** Sherrie Chapman

Earth's Climate Jim Janak

Homer. The Iliad. Evy Newlyn

Great Decisions PM Mike Wygant



Saturday, Sept. 16 9:30-11:30 \$15

Managing Your Final Affair Chuck Lakin

Do I Need Long-Term-Care Insurance?

Gregory Rogovin

Annuities: What They
Are, How They Work —
and Is One Right for You?
Liz Winfeld

Saturday, Sept. 16 9:30-Noon \$15

Focus Group Fundamentals

Emily Johansen

Saturday, Sept. 16 9:30-3:30 \$25

FDR and Key Women in His Life

Jean Santora

Saturday, Sept. 23 9:30-11:30 \$15

Yoga: Aging with Grace and Fluidity

Jennifer Cooper

Saturday, Sept. 23 9:30-Noon \$15

Breathe Easy: Unclutter Your Home and End the Tyranny of Stuff

Dianne Sinclair

Open-heartedness Is the Teacher, Dancing with Joy Is the Lesson

David C. Weiss

Saturday, Sept. 23 9:30-12:30 \$15

The Music of the Cinema, Part 2: From the '60s to the '90s

DeWayn Marzagalli

Saturday, Sept. 23 9:30-3:30 \$25

Making Your Own PowerPoint Slideshow

Mike Berkowitz

Saturday, Sept. 30 9:30-11:30 \$15

Never a Dull Moment: Knife Sharpening Demo and Workshop

Tim Baehr

MATH: Magical...
Alluring...Thoughtprovoking...Humorous
Gene Humphrey

Access to Unaffordable Prescription Medicines Martha Morrison

Saturday, Sept. 30 9:30-3:30 \$25

International Auteur Cinema 18: The Complete Works of Jean Vigo Juris Ubans

Saturday, Sept. 16, 23 & 30 9:30-11:30 \$25

Introduction to Buddhism and Meditation

Heather Edgerly

Evolution, Biodiversity, and Extinction
Richard Fortier

Saturday, Oct. 28 or Nov 4 9:30-11:30 \$15

Exhibits for Cultural Heritage MuseumsJohn Johnson

Registration Form & Info for classes and workshops. See pages 32-33.

1997~2017 CELEBRATING



Sign up <u>soon</u> for OLLI's **20th Anniversary Gala!**

Thursday, Sept. 28, 5 pm Holiday Inn by the Bay

Online ticket sales start on July 26.

There are just 500 tickets available, nicely priced at \$20(!) per person for OLLI members.

Don't delay! Early registration will assure you a festive evening of celebration with friends from OLLI. It'll also give you a jump on creating an account in our new registration system; then you'll be all set to sign up for fall classes!

Help us kick off OLLI's 20th year with a memorable evening featuring fabulous dinner, good company, a cash bar, and music.

Instructor	Title	Day/Date	Time	Page
Abelson, Norman	Family Memoir	TH	PM	23
	Venture into the World of Music			
Allen, Muriel	Poetry Workshop	1st W	PM	21
	Broadway Musicals of the '50s			
	Exploring Myers Briggs®			
	Knife Sharpening			
Baehr, Tim	Hardcore Zen	W	PM	19
Bardack, Barbara	Reader's Theater (RT) Performance	W	PM	20
Berkowitz, Mike	Making Your Own PowerPoint Slideshow	9/23	ALL DA	Y30
Berkowitz, Mike	Issues of Our Times, Part 2	TH	PM	24
Bills, Nancy	Fiction Workshop	3rd W	PM	21
Bucar, Jacqueline	Français Intermédiaire	M	PM	12
Bucar, Jim	Fog of War	W	AM	16
Budd, Dick	History of Britain	M	AM	10
Byrne, Tim	Art in Digital Photography	M	AM	10
Came, Magdalene	Poetry Workshop	1st W	PM	21
Campbell, Derek	Ancestral Voices Prophesying War	M	PM	12
Center, Carole	Empathy: What Is It and What Is It Good For?	F	PM	27
Chapman, Elizabeth	Origins of Creative Experience	W	PM	19
Chapman, Sherrie	Exploring the Character of America	FF	PM	27
Chute, David	Current Economic Events	M	PM	12
Cooper, Jennifer	Yoga: Aging with Grace and Fluidity	9/23	AM	29
Doherty, Paul	What Is Religion?	M	PM	13
Edgerly, Heather	Introduction to Buddhism and Meditation	9/16, 9/23, 9/30	AM	31
Fortier, Richard	Evolution, Biodiversity, and Extinction	9/16, 9/23, 9/30	AM	31
	Singing the Blues			
	Line Dancing			
Gleit, Steve	Trip Around the World in Eight Movies	TU	PM	14
	Domestic Policy Issues			
Goldfarb, Matt	Anti-semitism in America	W	AM	16
	Introductory Chinese			
	Europe, War to War			
	Trump, Brexit, and Populism			
	MATH: MagicalAlluringThought-provokingHumorous			
	British Monarchy			
	Earth's Climate			
	Meet the 19th-century Portlanders			
	Focus Group Fundamentals			
	Exhibits for Cultural Heritage Museums			
	Reader's Theater (RT) Performance			
	History of US Health Care			
	Adventuring Solo with Confidence			
	Fiction Workshop			
	Managing Your Final Affair			
Landry, Terry	Art of Living Well	M	PM	13

Instructor	Title	Day/Date	Time	Page
	How To Think Like Leonardo da Vinci			
	Africa Since Independence			
	Line Dancing			
Maclin, Waite	Exploring Myers Briggs®	W	AM	17
Markan, Jim	Gratitude, Laughter, Altruism, and Resilience	M	PM	12
	Music of the Cinema, Part 2			
Marzagalli, DeWayn	Monsters, a Legacy of Horror	FF	AM	25
Mayberry, Betsy	America's Future??	T	PM	15
Morrison, Martha	Access to Unaffordable Prescription Medicines	9/30	AM	30
Morton, David	<i>Hard</i> Problem	TH	AM	22
Muse, Roberta	Le Français Élémentaire	M	AM	10
Newlyn, Evy	Homer. <i>The Iliad.</i>	FF	PM	27
Novak, Irwin	Geology of Maine and New England	TU	PM	14
Parker, Richard	America's Future???	TU	PM	15
Paulin, Carolyn	Four Late Mozart Operas on Film	W	AM	18
Piker, Steve	What Is Religion?	M	PM	13
	Henry IV, Part II			
	Classic Films Revisited			
	Tocqueville's Democracy in America			
	Long-Term Care Insurance			
	Writing from Prompts			
	Art of Living Well			
	Designing the Life You Want			
	FDR and Key Women in His Life			
	Art Studio			
Sinclair, Dianne	Unclutter Your Home	9/23	AM	29
	Mozart: Audio/Video Exploration			
	Creative Drawing			
	What is Film Noir?			
	True Lies and Real Fiction			15
<u>.</u>	Memoir Workshop			21
= '	Ottoman Empire			
	Colonial Times to the 1920s			
	Shakespeare's Falstaff			
	History of Maine, Part 1			
	Why Is That Art?			
	International Auteur Cinema 18: Jean Vigo			
	International Auteur Cinema 17			
	Odyssey and Oedipus Tyrannos			
	19th Century Portlanders			
	Open-heartedness, Dancing with Joy			
	Four Short Books			
	Annuities: Is One Right for You?			
	Exploring Portland's Historic Neighborhoods			
	Great Decisions AM			
	Great Decisions PM			
	Dostoevsky			
. 5,				•



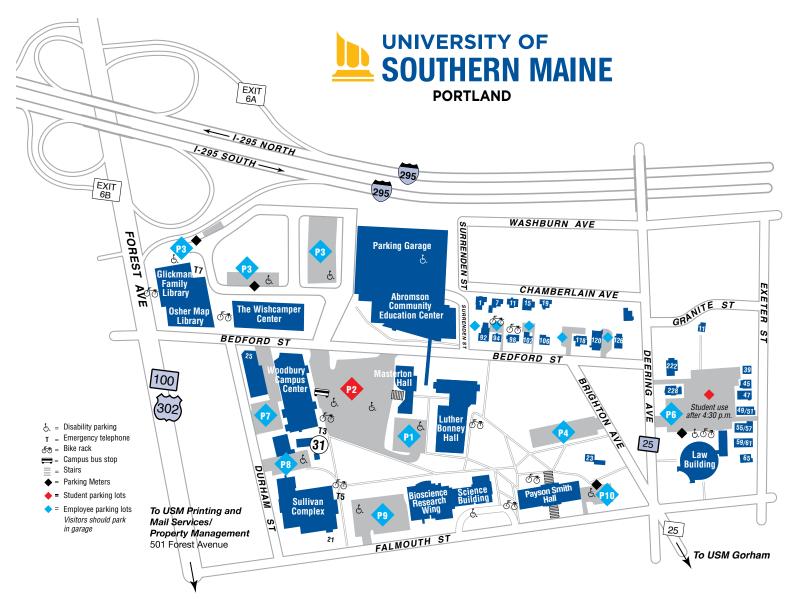
The Osher Lifelong Learning Institute at USM is based in the Wishcamper Center at 44 Bedford St. on the Portland Campus.

- OLLI classrooms are on the 1st and 2nd floors.
- The OLLI office is on the 2nd floor in Room 210.
- The elevator is off the lobby.

PARKING AT OLLI

Parking in surface lots on campus may earn you a parking ticket. OLLI pays for our students to park in the USM garage on Bedford St. Simply push the button at the entrance to gain access to the garage. The exit gates will open automatically as you leave.

To park in a handicapped space anywhere on campus, you must have a State of Maine handicapped placard or license plate. There are 20 handicapped spaces in the parking garage and eight in the parking lot directly behind the Wishcamper Center.



History of Britain: *The Plantagenets*

Dick Budd

This is a continuation of the History of Britain course offered in spring 2017. However, it stands alone, and the previous course is not a prerequisite. We will cover the period from Richard the Lionheart through the Wars of the Roses. The emphasis will be on the evolution of the British social system and the rise and fall of national power. The relation between events and the character of the monarchs will be explored. Suggested book: The Plantagenets, Dan Jones, ISBN 9780143124924. No class Oct. 9.

Dick Budd is a retired physicist who studied Physics at NYU and Harvard, leading to a doctorate. He spent most of his career developing special-purpose scientific computer systems. He teaches at OLLI on a wide variety of subjects, including bridge, development of the physical sciences, movies, science fiction, and history.

Putting Art into Your Digital Photography Tim Byrne

Let's explore the elements of design and composition, applying them to your photographs (and mine), discovering the different things that make a photograph "work." Plan to create images each week and bring them to class for "show and tell." Yes, there is homework, which you will enjoy and which will help boost creativity in your photography. Designed for students who are comfortable with the mechanics of their digital camera, **this repeat class** is also open to newcomers. To maximize your learning, you should be able to create a digital photograph and bring it to class on a CD or some form of memory card. **Required book:** The Photographer's Eye, Michael Freeman, ISBN 9780240809342, USM price \$29.95. **No class Oct. 9.**

Tim Byrne is an award-winning commercial photographer based in Scarborough. He exhibits his work frequently and has been published in numerous books and periodicals.

Domestic Policy Issues: Making Sense in Trump's Washington Bob Goettel

Despite one-party control, our national political environment seems both frozen and fluid, polarized in ways that make the most modest of issues impossible to address and, some would argue, dangerous. Are there any breakthroughs emerging to fix major challenges with policies concerning health care, economic growth and inequality, the environment, infrastructure, trade, and taxation? We will draw upon guests from the university and the broader community, as well as the knowledge and expertise of members of the class. Readings will be distributed electronically each week. Be prepared for stimulating discussions. A preliminary schedule, including guests, can be viewed at www.rigusmolli.com. **No class Oct. 9.**

Bob Goettel is a retired Muskie School faculty member and USM administrator who has coordinated a Domestic Policy class at OLLI each spring and fall since 2008. He has led university-based and for-profit policy-research organizations and directed numerous policy and evaluation studies for federal and state governments as well as private foundations.

Le Français Élémentaire Roberta Muse

Did you study French many long years ago, have French-speaking family members, or grow up in a New England mill town? Here is your chance to step back into *le bain de la langue*. This course offers a review of pronunciation, vocabulary, listening, and conversation basics designed to make you feel comfortable using your French again. This course is **not** for the complete beginner. **Class will run 7 weeks; no class Oct. 2 or 9.**

Bobbie Muse taught French for over 25 years, mostly at Fryeburg Academy. Since retirement, she has kept her beloved second language alive through travel, tutoring, and translation.

REFUND POLICY

- You will receive a 100 percent refund if you cancel by the END OF YOUR SECOND WEEK OF CLASS. No refund after that point. No refunds are given for OLLI at USM annual membership fees. To transfer
- from one course to another, or to drop a course, call the OLLI office at 780-4406.
- If OLLI cancels a class due to low enrollment, you will be notified and offered the option of a refund or an alternate course.

BOOKS AND CLASS MATERIALS

Four Short Books

Betsy Wiley

Have you wanted to explore 21st-century fiction, but aren't ready to tackle an 800-page book? Are you curious to see how much power can be packed into fewer than 250 pages? We'll read and discuss four of the best new novels and enjoy guest appearances by Sarah Franklin. **Required books:** The News of the World, Paulette Jiles, ISBN 9781432839970, USM price \$14.99; The Noise of Time, Julian Barnes, 9781101971185, USM price \$16; Nutshell, Ian McEwan, 9780525431947, USM price \$16; The Vegetarian, Han Kang, 978110190611.

Betsy Wiley loves OLLI, her students, and books. She has a PhD in American Studies from The George Washington University.



- Acquiring books and materials is the student's responsibility.
- Books and materials will be listed in each course description as *Required* (the class i.e., a literature course cannot function without the book) or *Suggested* (it would enhance the class but is not necessary).
 If no books or materials are listed in a course description, none are needed.
- Prices are listed only for required books and reflect USM Bookstore prices.
- For your convenience, all required books and a limited number of copies of suggested books will be carried in a special OLLI-designated section at the USM Bookstore on the USM Portland campus.
 However, students also are welcome to procure books from other sources, including online vendors, local libraries, and friends.



- Fall classes are held once a week from Monday through Friday, except for Tuesday mornings, and run for eight weeks, from Sept. 11 through Nov. 3.
- Morning classes run from 9:30 to 11:30; afternoon classes run from 12:45 to 2:45. Any exceptions to usual times are noted. There also are fall workshops on Saturdays (see pages 28-31).
- Tuition is \$50 per course for regular OLLI at USM classes. Workshops typically cost \$15 for single sessions and \$25 for two or three sessions or a full day. Exceptions to the usual pricing structure are clearly noted.
- You must be an OLLI at USM member to enroll in classes and workshops.
 Membership costs \$25 per fiscal year, July 1 to June 30.
- In addition to classes, OLLI offers several Special Interest Groups. (See page 34 for a list.) You must be a current OLLI member to participate in these.

For news and updates on OLLI activities, read your *OLLI at USM Newsletter*, go to the OLLI at USM website (www.usm.maine.edu/olli), and check the literature racks in the main lobby and at the top of the stairs.

CLASSES / TUITION

Le Français Intermédiaire

Jacqueline Bucar

A continuation of French-language study, with emphasis on expanding vocabulary and listening and speaking ability. This six-week course assumes a basic knowledge of French, as it is conducted largely in French to encourage participation in simple discussions. In addition to the text we will continue to read and discuss short stories in the *Petit Nicolas* series. Required book: Le Petit Nicolas, Sempé-Goscinny, ISBN 9782070364237, USM price \$22.95. Instructor will contact new students about the textbook. Class will start on Sept. 18. No class Oct. 9.

Jacqueline Bucar taught high school French in Connecticut for 16 years before pursuing a career in law. She graduated from the University of Connecticut with a BS; from Wesleyan University with a Master's of Liberal Studies, majoring in Literature and History; and from the University of Connecticut School of Law with a JD. She is a retired immigration attorney.

Ancestral Voices Prophesying War: Conflict and Revolution in 20th Century Irish Drama Derek Campbell

Through six plays, we'll examine the history of Ireland's troubled relationship with England, the 1916 Republican Uprising and subsequent civil war between Irish Free Staters and Diehards, and the bitter struggle between Nationalists and Unionists in Northern Ireland. Plays are studied for dramatic qualities as well as social and historical significance. Required books: Three Dublin Plays: The Shadow of a Gunman, Juno and the Paycock, & The Plough and the Stars, Sean O'Casey, ISBN 9780571195527, USM price \$16; The Hostage, Brendan Behan, ISBN 9781474225786, available from the publisher at www.bloomsbury.com; Selected Plays, Brian Friel, ISBN 9780813206271, USM price \$24.95; Observe the Sons of Ulster Marching Towards the Somme, Frank McGuiness, ISBN 9780571146116 (available on amazon.com). No class Oct. 9.

Derek Campbell was born in Belfast, Northern Ireland, and retired to Portland after a 40-year career as actor, director, and teacher. He has taught at Middlesex Polytechnic, London; PSU; SUNY Buffalo; MIT; Bennington College; and Niagara University.

Current Economic EventsDavid Chute

This repeat course will review major U.S. and world current economic events. Students can determine how each topic will affect them and their family. Topics will include lingering effects of recession and future world economic growth. How do we make effective reforms to the U.S. budget, taxes, medical care, Social Security, and education? There is no textbook assigned. Handouts for each class will be the basis for discussing each topic. Students will have input into which topics will be reviewed. No class Oct. 9.

David Chute retired from Chittenden Corporation, where he was Senior Vice President, Chief Investment Strategist. He has a BS in Math and Science from the University of Maine. David received Certified Financial Planner designation in 1988 and was elected to the University of Southern Maine Bailey Hall Wall of Achievement in 2006. He taught courses at Northern New England Center for Financial Training for over 30 years.

How to Think Like Leonardo da Vinci

Leonardo was a genius, not in one or two areas, but seven: 1. insatiable curiosity; 2. commitment to test knowledge; 3. refinement of senses; 4. embracing ambiguity, paradox and uncertainty; 5. balance between science and art; 6. cultivation of grace, ambidexterity, fitness, and poise; 7. systems thinking. We will explore one Da Vincian principal per week, select and practice an exercise that strengthens it, and share at the next class. Who knows? You may learn to juggle. **Required book:** How to Think Like Leonardo da Vinci, Seven Steps to Genius Every Day, Michael J. Gelb, ISBN 0440508274, USM price \$18. **No class Oct. 9.**

Mark Lawrence is a retired community college library director. He reads 50 to 70 non-fiction books per year. Like most OLLI students, he is an inveterate continuous learner, but he displays no obvious signs of genius.

Importance of Gratitude, Laughter, Altruism, and Resilience Jim Markan

This fun and highly interactive class will explore four characteristics associated with happy lives: gratitude, laughter, altruism, and resilience. The course provides insights into how to enrich your life. It incorporates numerous group activities and emphasizes the value of sharing life experiences. Previous participants describe the course as a wonderful way to learn more about yourself and enhance your life. **No class on Oct. 9.**

Jim Markan and his wife recently moved to the Portland area. Prior to retirement in 2012, Jim was VP of Human Resources for a global company. He has since been involved with several volunteer activities, including teaching life-enrichment courses for the Explorers Lifelong Learning Institute in Salem, Mass.

What Is Religion? Paul Doherty, Steven Piker

Religious people the world over have answers to this question compelling to them. So also do secular students of religion. This course juxtaposes the perspectives of a Roman Catholic priest and a secular anthropologist. We expect that the juxtaposition will highlight complementarity and mutual enrichment. And we hope that class members will contribute their own perspectives. Religious case materials will be featured. **Suggested book:** When God Talks Back, T.M. Luhrman, ISBN 9780307277275. **No class Oct. 9.**

Paul Doherty is retired after years in pastoral ministry. He enjoys engaging in theological study, involvement with OLLI, and work with the Southern Maine Agency on Aging.

Steve Piker is retired after teaching Anthropology at Swarthmore College. He enjoys volunteering at an elementary school and a Boys & Girls Club, and association with three senior colleges.

Register early online to ensure adequate enrollment in your favorite class!

- All OLLI at USM classes must have a minimum of 12 registered students to run.
- Enrollments are determined a few weeks prior to the first class or at the discretion of the OLLI staff. Under-enrolled classes will be cancelled. If classes are cancelled, all students will be notified of the cancellation. You will be given a full refund for the course or the opportunity to register for an alternate class.

ENROLLMENT

Art of Living Well: A Peace Education Program

Rita Rubin-Long, Terry Landry

Discover and explore your own inner resources for successful living. Each session in this **nine-week, repeat course** features insightful talks and meaningful interaction about inner resources such as peace, appreciation, inner strength, self-awareness, understanding, dignity, choice, hope, and contentment. We will have time for reflecting, writing, and discussion. This media-based peace education program was created by The Prem Rawat Foundation. **Materials fee: \$20,** due to Instructors at first class for workbook and articles. **No class Oct. 9.**

As a teacher, Rita Rubin-Long worked in partnership with parents to create the Many Rivers Program in the Portland Public Schools. Now retired, she consults with schools on creating caring learning communities.

Terry Landry recently retired from Colby College, where he incorporated his commitment to multicultural understanding into his role as manager of Foss Dining Hall. His listening skills and passion for cooking enabled him to develop a vegan-vegetarian menu widely appreciated by Colby students.

International Auteur Cinema 17 Juris Ubans

This course will examine the important works of recognized international film directors from an aesthetic point of view. We will try to cover them both geographically and chronologically, starting with silent film and coming close to the end of the 20th century. The primary focus will be on the films, with some lecture and discussion of related material. **An optional, extended time period, from 2:45 to 3:20 pm**, will be set aside for discussion for interested participants. **Suggested book:** A Short History of the Movies, Gerald Mast, ISBN 9780205755578 (a copy available in the OLLI library). **This course will run seven weeks, from Sept. 11 to Oct. 30. No class on Oct. 9.**

Professor Emeritus Juris Ubans is a recent retiree from the USM Art Department. He is a lifelong practitioner of Studio Art as disciplinary immersion and has also been an influential voice in elevating Film and Photography to the status of Fine Art.



Fall 2017 **Lecture Series**

Each fall and spring, SAGE provides eight Tuesdaymorning lectures. Topics include history, culture, the arts, geography, and science. Drawing on community resources, SAGE offers attendees the opportunity to hear interesting speakers and to learn more about a wide array of interesting subjects. OLLI is excited to offer such an outstanding lecture program at the price of \$50 for the entire series.

Further details on the SAGE lineup — along with a registration form — can be found in the SAGE brochure you'll receive in August. The brochure will also be available on the OLLI website.



Tuesday Afternoon 12:45-2:45

Trip Around the World in Eight Movies. Part 4 Steve Gleit

Embark on a visual trip around the world through the prism of eight international movies made by native filmmakers in their own language. This is not a repeat course! It features eight new movies. These contemporary movies all share a compelling story with outstanding cinematography. All movies have subtitles. Your magic carpet awaits. Mature content advisory: Some movies contain themes of a sexual nature and/or nudity (rated PG-13 or R).

Steve Gleit is a retired attorney now enjoying the good life in Portland with his wife, Dana, and Dash the Cat. His exposure to an immigrant clientele fueled a passion for foreign cultures. He finds movies a pleasing way to escape and explore the world from the comfort of the classroom.

Adventuring Solo with Confidence Paul Kiley

It may be a book, a poem, a photo, a film, a traveler's tale, or memory savored which sparks the desire of adventuring on your own. This repeat course can help you overcome the obstacles and prepare you for the new delights and fresh discoveries of traveling solo. Sights and sounds, food and drink, rich and rewarding peopled experiences await; why not just do it? Adventures to share in class are welcome. Suggested books: Wild: From Lost to Found on the Pacific Crest

Trail, Cheryl Strayed, ISBN 9780307476074; The Old Ways, Robert Macfarlane, ISBN 9780147509796; Blue Highways, William Least Heat Moon, ISBN 9780316353298; The Last Supper, Rachel Cusk, ISBN 9780312429652.

Paul Kiley, an Irish citizen, has enjoyed adventuring solo for 20 years in Malaysia, Indonesia, New Zealand, Ireland, Britain, Italy, France, Spain, Netherlands, Canada, and the USA. He has taught Communication Studies courses at area colleges in Los Angeles and Minneapolis.

Geology of Maine and New England Irwin Novak

This course explores the interaction of earth materials, processes, and time that shaped New England and Maine. It focuses on the specific types of minerals, rocks, and the physical and chemical means that molded the landscape and provided our geological resources. Special emphasis is given to the bedrock foundation and surficial constituents and the river, glacial, and wave actions that have been the prime movers in determining what we see today. No prior geology is required. Suggested books: Roadside Geology of Maine, Dabney W. Caldwell, ISBN 9780878423750; Glaciers & Granite: A Guide to Maine's Landscape & Geology, ISBN 9780945980407.

Irwin Novak is Professor Emeritus of Geology at USM, focused on Oceanography, Geomorphology, and Glacial Geology. He researched the geology of Maine and of Greece using satellite

imagery. He earned his PhD from Cornell University, MS from the University of Florida, and BA from Hunter College. He has taught USM courses on Lesvos Island, Greece.

America's Future??? Richard Barron Parker, Betsy Mayberry

What lies ahead for America? What is increasing and what is decreasing in American society? Are you optimistic or pessimistic about the future of our country? Why? The course will consist largely of presentations by volunteers from the class on topics of their choice, followed by animated but civil discussion. There will be no class during the week of October 9, 2017. **Suggested book:** The Constitution of the United States, ISBN 9780880801447, USM price \$1.50 (any edition will do).

Richard Barron Parker, Professor Emeritus from Hiroshima Shudo University, taught American Law and Politics in Japan for 21 years. He has a PhD in Philosophy from the University of Chicago and a JD from Harvard Law School.

Betsy Mayberry chairs the Camden Conference's Southern Maine Initiative Committee in Portland and works with eight Southern Maine libraries to develop events related to the Camden Conference theme and with colleges and high schools to encourage attendance at the livestream venue in Portland.

Designing the Life You Want: Navigating Your Third Age William Sadler

This repeat course provides a new view of the Third Age (from 50 to 80), based on 25 years of Sadler's research about people who are creatively redesigning their lives and redefining retirement. Students will explore principles for personal growth that can support a successful transition into a Third Age of fulfillment. Classes encourage participant interaction. In addition to reading and discussion, practical Third-Age life-planning exercises help students tap their creative potential to address the challenges and possibilities of this new stage in life. Required book: Changing Course: Navigating Life after 50, William Sadler and James Krefft, ISBN 9780979351051 (available in class from instructor for \$20).

William A. Sadler, PhD, Professor of Sociology and Business, Holy Names University, Oakland, Calif., is author of The Third Age: Six Principles of Growth and Renewal after 40; Changing Course: Navigating Life after 50 (with James Krefft); Why Retire? Career Strategies for Third Age Nurses (with Fay Bower).

True Lies and Real FictionRuth Story

Everyone has stories to tell. Our stories define us; they are our personal myths. All you have to do is write them. In this ongoing writer-supportive course, you will rekindle memories or past events, find your own voice, and develop storytelling skills that give life to your experiences. In the process you'll get to know yourself and other people in your life better than you ever imagined. Writers new to the program are cordially invited to join this stimulating group. Suggested books: Writing Your Life, William Zinsser, ISBN 9781569243794, USM price \$15.99; On Writing Well, William Zinsser, ISBN 9780060891541, USM price \$15.99; Discovering the Writer Within, Bruce Ballenger and Barry Lane, ISBN 9781931492164 purchase from amazon.

Ruth Story, editor, writer, and award-winning teacher, has written five books and scripted eight computer-assisted programs for teaching composition and literature. She edits and writes feature stories for two publications and educational materials for Scholastic Publishing.

Ottoman Empire — 400 Years of the Islamic Ummah: Precurser to Globalization?

Kathleen Sutherland

The Ottoman Empire was one of the largest and longest-living empires in modern history, going back to its founding around 1307 and lasting to 1919, with its apogee under Suleiman the Magnificent (1520 to 1566). We explore the factors of its success and ultimate downfall: the unifying factor of Islam, but also tolerance of diverse ethnic and religious groups. We will delve into the political, economic, social, and cultural life of the empire to provide an understanding of modern Middle East history. **Suggested book:** A History of the Ottoman Empire, Douglas A. Howard, ISBN 9780521727303.

Kathleen Sutherland is Associate Professor Emerita of Political Science and Women's Studies at BGSU In Ohio. Her PhD from Indiana University is in Middle East Studies and Political Science. She is President of the World Affairs Council of Maine. She was docent to OLLI trips to Turkey and Egypt.

more TUESDAY AFTERNOON courses on next page



Homer's Odyssey and Sophocles' Oedipus Tyrannos: Great Works for Our Time Steve Urkowitz

Homer's *Odyssey* is simply the "master narrative" of European literature, pulling adventure, wisdom, and beauty into a package designed to heal the fractures of family and society. Sophocles' *Oedipus Tyrannos* was written specifically in response to the social and psychological traumas of a nation at war for decades. Reading and in-class performing these works will make their issues come alive for our time. **Required**

books: The Odyssey, Homer, tr. Robert Fitzgerald, ISBN 9780374525743, USM price \$14; Three Theban Plays, Sophocles, tr. Robert Fagles, ISBN 9780140444254, USM price \$15. Class starts Sept. 20 and runs eight weeks.

Steve Urkowitz has been teaching since 1963. His approach has been called "stand-up," but his methods are based on both the oldest traditions and the most recent brain-science. He retired to Maine after decades teaching English and Theater in New York City. This summer he will direct Romeo and Juliet in Prague and coach singers at the USM Music Program.



Wednesday Morning 9:30-11:30

Fog of War: Its Human and National Consequences

James Bucar

The course's films explore and dramatize the universal activity of war, starting with Errol Morris' remarkable examination of America's strategies in WWII and Vietnam. Films will include *The Fog of War, Seven Beauties*, and five others, to be selected by students from a list of 12 the instructor has compiled: e.g., *Dr. Strangelove; Life, and Nothing But; Paths of Glory; Letters from Iwo Jima; Conspiracy; Henry V,* etc.

Jim Bucar earned BA and Master's degrees from Wesleyan University. For 44 years, mostly at The Hopkins School in New Haven, Conn., he taught electives like Russian Literature, Dangerous Books, and Literature and Moral Ideals. Believing that cinema offers a narrative form comparable to printed literature, he often used films in those courses.

Anti-semitism in America: What Is It and Why Is It Still Hanging Around? Matt Goldfarb

Where did anti-semitism come from? What are its roots? Is anti-semitism different in England? France? Germany? Russia? We will explore these questions by examining Christian teachings, history, literature, art, canards, and early American documents. Class discussion may include "Christ killers," supercession, crusades, blood libel, Chaucer's "Prioress's Tale," Shakespeare's "Merchant of Venice," ghettos, Martin Luther, Brothers Grimm, emancipation, chosenness, assimilation, populism, l'Affaire Dreyfus, New

Amsterdam, Protocols of Elders of Zion, fascism, defense organizations, Holocaust, Holocaust denial, Henry Ford, Father Coughlin eugenics, African-American attitudes, quotas, "Gentleman's Agreement," college campuses, boycott, divestment, sanctions, media, new anti-semitism. **Suggested book:** *Antisemitism in America,* Leonard Dinnerstein, ISBN 9780195101126.

Matt Goldfarb retired from a 50-year legal career and joined OLLI in 2012. He and his wife, Lynn, live in Cumberland Foreside and have six grandchildren. Matt enjoys a mediocre round of golf, reading history, and serving on SAGE.

Meet the 19th-century Portlanders Who Made Our City Great Carol Jenkins, Mary Anne Wallace

Evergreen Cemetery is a jewel in the heart of the city. Many prominent Portlanders have been interred there. Walking through with a knowledgeable docent is a walk through our history. We will meet at Evergreen in the Wilde Chapel weekly, and we will learn about a different aspect of our past, as we have a lecture and a guided tour with a different trained docent each week. Friends of Evergreen docents give guided tours every spring through fall and love to investigate, research, and share knowledge about the lives of those who rest there. This repeat class will run from Sept. 6 to Oct. 25.

Carol Jenkins, BS, MA, is a retired teacher and has been a docent at Evergreen Cemetery for five years.

Mary Anne Wallace, BA, MLS, MA, is a retired librarian and has been a docent at Evergreen Cemetery for eight years.

"Nobody Knew Health Care Was This Complex": History of U.S. Health Care Joel Kallich

Why is U.S. health care so complicated and expensive, and how did it get this way? We will use the history of medicine (e.g., discovery of DNA) and public health to organize the class as we work through the story of the U.S. health care system. Through lectures, reading, and class discussions of the Health Industrial Complex and its history, we shall shed a little light on why we have the most expensive health care, and some of best and worst health outcomes, in the developed world. **Required book:** Health Care in America, a History, John C. Burnam, ISBN 9781421416083, USM price \$34.95.

Joel Kallich (PhD, Medical Sociology, Boston University) has taught at UCLA, MCPHS, Northeastern and Boston Universities. He has worked at the RAND Corporation, Office of the Inspector General of DHHS, Massachusetts Department of Public Health, Amgen, and now is on the board of Maine's Community Health Options.

Africa Since Independence: Coup d'états, Corruption, Challenges, and Courage Mike Lynch

This repeat class (with updates) will view Sub-Saharan Africa since the first colony gained independence in 1957, focusing on Ghana, South Africa, and the DRC. We will analyze trends and discuss how the past 65 years impact the continent today. Despite this tumultuous and brutal period, we will learn about nation-building concepts, different cultures, and the strengths of human beings. Classes will include some reading, interspersed with video clips, lecture, and discussion. A weekly cultural exercise will help explain Western and African perspectives. No class on Oct. 18.

Mike Lynch spent his professional career working in hi-tech. He shares five product design patents and has a MBA from UNH. He first retired in May 2009 when he and his wife, Lynn, became Peace Corps Volunteers, working in Bulgaria with the Roma Gypsies for 28 months. He then spent three years as a Peace Corps Director managing Ghana PC operations. He has traveled extensively in Africa and "winters" in Cape Town South Africa.



Exploring the Myers Briggs Type Indicator® through the Second Half of Life

Waite Maclin, Scott Anchors

This exploration of the Myers Briggs Type Indicator® (MBTI®) is an opportunity for seniors to expand their limitless horizons by learning about themselves and how to relate to others in very creative ways. Whether you are familiar with this Personality Type Indicator or this is an introduction for you, the course will offer an exciting and enjoyable experience as we delve deeply into the nature of Personality Type, brilliantly discovered by Dr. Carl Jung. In his vision, by understanding our differences and similarities, the world is transformed and lives are expanded beyond measure.

Waite Maclin's consulting work focuses on teambuilding, conflict resolution, goal setting, and leadership training. He has used and taught the MBTI° since the early 1980s.

Scott Anchors worked at UMO in Student Affairs and the President's Office and taught management/leadership in the Business School. Early, he saw MBTI*'s effectiveness in matching roommates and helping students with majors and leadership skills. He now uses MBTI* to focus on teamwork.

more WEDNESDAY MORNING courses on next page

Membership in OLLI at USM entitles you to:

- Parking in the USM garage, courtesy of OLLI at USM
- Access to wireless Internet on the USM campus
- Participation in OLLI Special Interest Groups
- An OLLI-designated USM photo ID card (fill out a simple request form in the OLLI office)
- Access to the USM library
- Discounted memberships to Sullivan Gym
- Special USM discounts throughout Greater Portland (details at usm.maine.edu/olli/olliusm-student-privileges)

Four Late Mozart Operas on Film

View and discuss four of Wolfgang Amadeus Mozart's late operas: Cosi fan Tutte, Don Giovanni, Le nozze di Figaro (The Marriage of Figaro) - all with libretto by the composer's greatest collaborator, Lorenzo Da Ponte - and his final opera, Die Zauberflöte (The Magic Flute). The videos are filmed live in great opera houses with great conductors and include performances from La Scala in Milan, The Royal Opera House Covent Garden, the Salzburg Festival, and Britain's Glyndebourne Festival. Each opera is about three hours long and will be viewed over two class sessions. Written material will be provided. Discussion topics will include staging, Mozart's style, and more.

Carolyn Paulin earned her DMA in Choral Music from the University of Illinois at Urbana-Champaign. She had a 35-year career as a choral conductor and singer, as well as a 13-year career as a classical music radio producer for Chicago's WFMT Radio and Network. Both professions continue in retirement.

Reading Tocqueville's Democracy in America Martin Rogoff

We will read and discuss Tocqueville's classic work Democracy in America. Written in the 1830s by the young French aristocrat Alexis de Tocqueville after a visit to the United States, Democracy in America has become a timeless classic, now regarded as perhaps the most perceptive and astute description and analysis of American society, politics, and law. It is particularly relevant today as American society is undergoing fundamental changes and American political life is unsettled and contentious. Required book: Democracy in America, Alexis de Tocqueville,

Martin Rogoff is a retired Professor of Law. He has taught and published extensively in the areas of Legal History, Constitutional Law, International Law, Comparative Law, and French Law. He holds a Law degree from Yale University and an Honorary Doctorate in Law from a French University.

(tr., Arthur Goldhammer), ISBN 9781931082549, USM

Wednesday Afternoon 12:30-2:45

price \$37.50.

Mozart: An Audio/ Video Exploration of His Extraordinary Life and Music

Of the 15 most-performed operas in the world today, Mozart wrote four, more than any other composer, including Verdi and Puccini. Had he written only operas, he would be one of the greatest figures in music history. But he also wrote 41 symphonies, 27 piano concertos, and a vast array of other symphonic, chamber, solo, and sacred works - over 626 works in all - before he died at the age of 35! In this course we will explore Mozart's extraordinary life and music through an excellent filmed documentary (not Amadeus) and highly acclaimed audio and video recordings of many of his greatest works.

Carl Smith has taught many music appreciation courses at OLLI in classical music, opera and jazz. He combines his love of music with a passion for high quality audio and video reproduction to come as close as possible to a live music experience in the classroom.



Hardcore Zen: Buddhist Wisdom from a Punk Rocker from Ohio

How can Zen Buddhism help us understand our perceptions, time, space, the nature of reality – and ourselves? How does sitting meditation figure into this understanding? **This repeat course** examines the basics of Soto Zen, based on the instructor's book and on Brad Warner's *Hardcore Zen*. Warner is a former punk rocker who became an ordained Zen master. His quirky approach is by turns entertaining and informative and sometimes laced with strong language. Each class will include a short meditation. **Required books:** *Practical Zen*, Tim Baehr; available from the instructor at the first class (under \$9); *Hardcore Zen*, Brad Warner, ISBN 9781614293163, USM price \$16.95. **This seven-week class will start Sept. 20.**

Tim Baehr has studied and practiced Soto Zen for a decade.

Art, Music, and Poetry: The Origins of Creative Experience Elizabeth Chapman

How can a painting or a poem give rise to a tactile sensation? How can music summon spatial imagery? Human experience is a creative act. In this slide/lecture/discussion course, we'll read from philosophers, neuroscientists, musicians, and poets and look at paintings from Lascaux to Expressionism as we attempt to answer these questions. There will be simple, optional homework. **Required book:** A Brief Tour of Human Consciousness, V.S. Ramachandran, ISBN 9780131872783, USM price \$16. Additional short readings provided in class. **This is a repeat course.**

Elizabeth Chapman has a MArch from MIT and BArch from Cornell. She has taught courses on Perception, Creativity, and Neuroscience at OLLI and Lafayette College. She is a practicing architect and paints in a Portland studio.



Singing the Blues Terry Foster

This repeat course traces the history of "blues" through female singers, primarily African-American, who for the most part started in the 1920s taking the blues tradition away from men who had sung them since the Civil War. You will meet "Ma" Rainey, Alberta Hunter, Bessie Smith, Billie Holiday, Janis Joplin, and E. G. Kight, to name a few. "Torch singers" will include Lena Horne, Julie London, and Sarah Vaughn. You will also meet obscure singers whom time has for the most part forgotten. Each session will feature videos, CDs, live piano music, and singing. Suggested book: Black Pearls: Blues Queens of the 1920s, Daphne Duval Harrison, ISBN 9780813512808 (available used online).

Having studied piano since age 5 and played in dance and rock bands, Terry Foster brings a wealth of musical knowledge. He has accompanied blues singers and loves this genre of pop music. An experienced teacher, he has a doctorate in education and is co-founder of Senior College, OLLI's predecessor.

Introductory Chinese Chunfang Guan

This repeat course aims at providing a basic foundation in the combined skills of listening, speaking, and writing Chinese characters as well as cultural aspects related to communication. Learners will learn the Mandarin phonetic system (Pinyin), pronunciation, stroke order, and basic Chinese characters. Basic grammar and sentence structures will also be included. Students will be able to conduct conversations based on daily topics in a manner that aligns with Chinese cultural norms and social etiquette.

Chunfang Guan is from Dalian, China. She has a Master's degree in Chinese Language and has been teaching Chinese for more than 10 years. She has been teaching here in Maine for the past year and very much enjoys living in Portland.

more WEDNESDAY AFTERNOON courses on next page



Reader's Theater (RT) Performance

Paula Johnson, Barbara Bardack

Willingness to use your imagination to immerse yourself in a role is a prerequisite for **this ongoing class.** It's an opportunity to learn and practice basic acting techniques using voice and facial expressions. Class includes pantomime and improvisation skills. While sharing constructive critiques, students will be cast in various roles and will rehearse multiple short plays. No memorization required. **Time commitment is eight weeks plus a performance after the term ends.**

Paula Johnson holds a Master's in Business Management from Husson, and her professional life spans 40 years. She has pursued theater in all aspects, touring with Portland Children's Theater in New England, acting in local theater groups, and working in many behind-the-scenes capacities.

Barbara Bardack, a retired public-school teacher, taught Reader's Theater as an aid to reading instruction and appeared in school productions and Community Theater in New York, Ohio, and Freeport, Maine. Behind-the-scenes work includes a stint in Public Broadcasting and as props master with the Freeport Community Players.

Classic Films Revisited Pat Davidson Reef

Classics stand the test of time. Great classics have universal themes, believable characters, compelling scripts, and memorable quotes; they also appeal to more than one generation. Film classics to be explored in this course include *Gone with the Wind* with Clark Gable, Vivian Leigh, and Olivia de Haviland; *Double Indemnity*, Barbara Stanwyck, Fred MacMurray, and Edward G. Robinson; *Gilda*, Rita Hayworth and Glenn Ford; *Suspicion*, Joan Fontaine and Cary Grant; and *The Little Foxes*, Bette Davis and Herbert Marshall. These great films reflect the Golden Age of Hollywood, when screenplays entertained and educated, and stars were made.

Pat Davidson Reef has a Master's in Education and taught English and Humanities for many years at Catherine McAuley High school. She writes reviews on the arts for the Sun Journal of Lewiston and recently wrote an art book titled Dahlov Ipcar, Artist. She has taught films at OLLI for 16 years.

Why Is That Art?

Michael Torlen

Have you wondered about the nature of art in the 20th/21st century? This lecture/discussion offers answers to the question. Using Nigel Warburton's *The Art Question* as a guide, the course reviews the pros and cons of four 20th century aesthetic positions: "Significant Form," "Emotional Expression," "Family Resemblance," and "Institutional Theory." One or two class sessions will be held in the PMA, where admission is free for course enrollees. **Required book:** *The Art Question*, Nigel Warburton, ISBN 9780415174909, USM price \$26.95.

Michael Torlen, painter, printmaker, writer, and Professor Emeritus, Purchase College, State University of New York, earned his BFA at Cranbrook Academy of Art and his MFA at The Ohio State University. He maintains a studio and lives in Westbrook, Maine. For more information see www.michaeltorlen.com

Explore Portland's Historic Neighborhoods on Foot

Starting Sept. 20, enjoy six weekly, narrated walks through Portland's historic neighborhoods exploring the city's history, architecture, and people since Europeans arrived. In this repeat class, you'll view historic structures, learn about Local architects and their works, and discuss immigrant populations. The longest walk is 2 miles in two hours. The greatest elevation change is from the Longfellow House to the waterfront and back. All walks are on pavement, with side trips into two grassy cemeteries. Rain or Shine. Suggested book: Portland, A Short History by Allan Levinsky, ISBN 9781933212432, USM price \$14.95. Instructor will contact students about the meeting place prior to each class.

Bruce Wood moved to Portland after retiring as a computer programmer for Amtrak. He fell in love with the city's history and architecture and now serves on Portland's Historic Preservation Board. He leads tours of the Old Port for the Maine Historical Society, the Victoria Mansion, and the Observatory.



WRITERS' WORKSHOPS Wednesday Afternoons

12:45-3:00

Writers' Workshop: The Shiny Day Poets

Muriel Allen, Magdalene Came

This ongoing poetry-writing workshop is limited to 12 members. Participants may be asked to prepare a short poetic presentation, referred to as a "Golden Nugget," and to design a prompt for a poem for the next session. Everyone brings 12 hard copies of their drafts for the others, which are taken home, read, and returned with detailed suggestions given for the poet's use. We participate in outside readings, go to lectures, and sometimes enter contests. In May, we'll join the OLLI Writers Showcase. This workshop meets the first Wednesday of the month from October 2017 through May 2018.

Muriel Allen has worked in bookselling for over 30 years, the last 15 years at Nonesuch Books. She has been in the Poetry Workshop for three years and has been a poetry appreciator – reader, memorizer, writer – since childhood.

Magdalene Came has been a member of the Shiny Day Poets for seven years. Her work has been published in OLLI's Reflections magazine and the group's Chap Book Pieces of Eight. She is a lifelong lover of reading and writing poetry.



12:45-2:45

Writers' Workshop: Memoir
Ruth Story

This ongoing workshop is not a class but a supportive group of memoir writers who share and respond constructively to each other's work. New members are welcome, to a limit of 12. The workshop meets on the second Wednesday of each month from October 2017 through June 2018.

Ruth Townsend Story, editor, writer, and award-winning teacher, has written five books and scripted eight computer-assisted programs for teaching composition and literature. Currently she edits and writes feature stories for two publications and educational materials for Scholastic Publishing. She also is a frequent presenter at professional conferences.

12:45-3:00

Writers' Workshop: Fiction

Nancy Bills, Joan Kotz

This ongoing workshop is a supportive peer group of 10 fiction writers working to improve their shortstory writing skills. Each month, members send their work to one another in advance of the meeting. Each is responsible for constructive feedback of the work to be shared and discussed at the next session. The workshop will evolve in response to the interests of its members. New members are welcome. This workshop meets on the third Wednesday of each month from September 2017 through April 2018.

Nancy Freund Bills, MS, MSW, loves words; she loves reading and writing them. Her stories have been published in Reflections, the LLI Review, the Goose River Anthology, The Maine Review, and in the 2014/83rd Annual Writers' Digest Competition Collection.

Joan Kotz has taken numerous writing courses at OLLI and is a member of two writing workshops. Her work has appeared in Reflections, The Maine Review, and the Goose River Anthology.

Thursday Morning 9:30-11:30

Broadway Musicals of the 1950s: The Height of the Golden Age **Brian Allen**

In this course, we will discuss, watch, and listen to excerpts of musicals from the 1950s. This was Broadway at its best - the height of the Golden Age of Broadway, with Rodgers & Hammerstein, Cole Porter, Lerner & Loewe, Frank Loesser, and so many others working at the top of their game. The instructor will share his unique perspective and draw from his collection of music to discuss, tell stories, and share his love of musicals. A mixture of lecture and watching/ listening to songs from that era will make this an upbeat, fun, and informative class.

Brian Allen is the co-founder and Executive and Artistic Director of Good Theater in Portland. He has directed 84 productions at Good Theater since its inception. He has also directed for the Portland Symphony Orchestra and many other theaters in and around Maine. Brian is a Maine native.

Hard Problem David Morton

This is a story about the "hard problem" of human consciousness. But, as H.L. Mencken said, "For every complex problem there is an answer that is clear, simple...and wrong." This story threads the archives of mythology, psychology, and physics. Its chroniclers were renowned scientists: quantum physicist Max Planck, mathematician Roger Penrose, psychologist Carl Jung, astronaut Edgar Mitchell, physicist David Bohm. Not well-known, it's a tale long buried in files of the CIA and the FBI, entombed in centuries of mass misconceptions about miracles, wonders, and magic. It may yet hold a key to our human future.

David Morton is a graduate of Penn's Wharton School and former Presbyterian clergyman. No longer an orthodox religionist, he retains a passion for philosophy and theology, myth, comparative religion, and the perennial philosophy.



Shakespeare's Henry IV, Part II: **A Continuation with Falstaff** and Prince Hal **Chris Queally**

Shakespeare is at the top of his dramatic game in this, the seventh of eight History plays that tell the story of medieval English kings between the death of Richard II in 1399 and the death of Richard III in 1485. Here, we will follow the fortunes of Falstaff and the progress of Hal from Prince to King Henry V—"the mirror of all Christian kings." Although a continuation of a series of classes on the histories, no prior knowledge of history or Shakespeare is necessary. Required book: Henry IV, Part II, William Shakespeare, ISBN 9780451528537, USM price \$5.95 (Signet edition recommended; any text will do).

Chris Queally has been teaching a longish series of classes in Shakespeare's history plays. Retired English Chair and Theater Director from Thornton Academy in Saco, Maine, Chris has a graduate degree from The Shakespeare Institute in Stratford upon Avon, England, and is currently on the Board of MaineStage Shakespreare.

Creative Drawing

Bonnie Spiegel

In this class you'll not only learn how to draw, you'll also learn how to see as an artist sees. Using simple tools, this eight-week, step-by-step course will teach you how to speak a new visual language, unleashing your inner creativity as you learn how to draw the world you see before you. No special talent or experience needed. Required materials: 2B, 3B, and 4B pencils; pink eraser; pencil sharpener; drafting tape; newsprint drawing pad, 18 x 24; Red Wallet paper portfolio; sketch board, 23½ x 26.

Bonnie Spiegel, a professional artist, has shared her love and knowledge of art, teaching, and leading workshops for 40 years. An exhibiting artist, her work is in collections in the United States and Europe. You can see examples of her work on her website: www.BonnieSpiegel.com

From the Old Country, Part 1: **Colonial Times to the 1920s Immigration-Restriction Laws** John Sutherland

We will examine the major waves of immigration, why peoples left their homelands ("Push Factors"), why they came to America ("Pull Factors"), how they adapted to life in America, and how America adapted to them. This is a two-semester course, taught by John Sutherland in the fall and by Kathleen Sutherland in the spring. Kathleen will bring the subject up to the present. Suggested book: Coming to America, Roger Daniels, ISBN 9780060505776.

John Sutherland is a University of Maine graduate who received a PhD from Temple University. He is Emeritus Professor of History at Manchester (Conn.) Community College and also taught at the University of Connecticut and Eastern and Central Connecticut Universities. He co-authored the book From the Old Country: An Oral History of European Migration to America.

Dostoevsky: Crime and Punishment and Selected Shorter Works **George Young**

Reading and discussion of earlier shorter works, including White Nights, Notes From Underground, and The Gambler, all point toward our main focus, Crime and Punishment, one of Dostoevsky's greatest novels. **Required books:** Great Short Works of Fyodor Dostoevsky, ISBN 9780060726461, USM price \$16.99; Crime and Punishment, Fyodor Dostoevsky, tr. Pevear and Volokhonsky, ASIN BOO8QLVMTI (this is the Kindle edition: the paperback is out of print but can be found on amazon.com). Other translations and editions of these books may be used, but the preceding will be referenced in class.

George Young has previously taught OLLI courses on Tolstoy, Chekhov, and Early Nineteenth Century Russian Literature. He has a BA in English from Duke and a PhD in Slavic Languages and Literatures from Yale. Before OLLI he taught Russian Literature and General Humanities at Grinnell, Dartmouth, and the University of New England.



Thursday Afternoon 12:30-2:45

Film/Discussion Course: Venture into the World of Music Joan Aldrich

This series will be easygoing, laid-back, and enjoyable! Six of eight films will provide lots of "grist for the mill" for us to discuss character development and the sources of inspiration, setbacks, and limitations that uniquely relate to musicians. The remaining two are documentary films; hence not as conducive to in-depth analysis. Of primary importance: We're going to "sit back and enjoy the music" from a variety of genres: Buena Vista Social Club (Afro-Cuban, jazzy salsa);

Immortal Beloved (explores the unresolved mystery of Beethoven's secret love and his descent into deafness); Songcatcher (Appalachian Folk); Electric Church (Hendrix, Atlanta Pop Festival, 10 weeks before his death); The Doors (Jim Morrison); Cadillac Records (Willie Dixon, Chuck Berry, Etta James, Muddy Waters); Whiplash (jazz; three Academy Awards, 2015); and Walk the Line (Johnny Cash; one Academy Award, 2006).

Joan Aldrich provides reviews/commentaries/follow-up and will facilitate brief discussions about each musician and genre.



Thursday Afternoon 12:45-2:45

Keeping Memory Alive: Family Memoir **Norm Abelson**

Over the past quarter century, hundreds of students have taken this course, originated at Brandeis University and taught at OLLI for some eight years. Many have published books; all have written life stories. Included will be informational lectures, writing and editing tips, and "how-to's"; oral and written classroom

exercises; and home writing assignments. Required book: Right Place, Right Time, Norman Abelson; available from instructor for \$16.95.

Norm Abelson is a former Associated Press reporter, U.S. Senate press secretary, op-ed writer, and Public Radio commentator. He is at work on his third book of memoir and second volume of poetry.

more THURSDAY AFTERNOON courses on next page

Issues of Our Times, Part 2

Let's tackle today's controversies. Each week we will explore two issues grouped under that week's topic (race, education, health care, media, money, politics, and justice). The specific issues we will address include inequality, special education, partisanship, censorship, Affirmative Action, traditional justice, restorative justice, social media, and eight more. Mini-lectures on psychology concepts, medical models, economics topics, and philosophical perspectives will give us frameworks for open discussions of modern dilemmas. Come solve the world's problems!

Mike Berkowitz received a BA from Brown and a MA from the University of Massachusetts. He taught in daycare centers, elementary schools, and colleges before finding his niche at OLLI. He sees psychology as a fertile arena for examining human interactions, exploring personal growth, and critiquing society.

Europe, War to War: 22 Years of Depression, Despair, Revenge, and Betrayal Alicia Harding

From Russia 1917 to Poland 1939, this class will be an inquiry into the years between WWI and WWII that included the Russian Revolution, the Holocaust, the Great Depression, the rise of dictatorships, and many other exciting and horrific events. We will try to understand how these events could happen in a modern and sophisticated world.

Alicia Harding is an instructor in World History and Historical Archaeology at Southern Maine Community College. She retired from Deering High School in 2000 and has since enjoyed teaching at the college level and at OLLI. Alicia has a Master's degree in European Intellectual History, has attended workshops at the Metropolitan Museum of Art, and was a recipient of a National Endowment of the Arts grant to study in England.

Line Dancing — A Cross-cultural Perspective

Jack Lynch, Jennifer Frick

This ongoing, participatory dance class draws from the dances of many cultures – traditional American Country/Western using contemporary C/W and pop music, Greek circle dances, Brazilian samba, tango, rhumba, Spanish cha-cha, and the Shim Sham jazz line dance from Harlem. Not all of these are taught every semester. Prior dance experience is not necessary, but

ability to comfortably walk two miles at a decent pace is strongly recommended. This class includes a mix of new dances as well as dances taught in previous sessions.

Jack Lynch has danced socially for 30 years. He taught swing dance once a week for six years at a bar in Massachusetts.

Jennifer Frick has danced informally her whole life and has been a student and a co-teacher in the line dance class for four sessions.

What Is Film Noir?

David Stankowicz

Is Film Noir a genre, a style, or a mood? Through the screening and discussion of classic American Noir, Neo Noir, and European Noir, students will develop a deeper understanding of and appreciation for this popular category of filmmaking. Each class will begin with a short introduction, followed by the screening of a film and a 30-minute discussion. **Mature content advisory:** Expect limited nudity, violence, and some sexual themes (R or PG-13 rated).

David Stankowicz is a retired teacher and school administrator. He lives on Peaks Island with his wife and two dogs and is writing the second draft of his first novel.

Falstaff: Shakespeare's Great Comic Character

Sir John Falstaff is described in one text as "a decadent aristocrat whose appetite for wine, women, and song is matched only by his wit and intelligence." Another critic calls him "a liar, a thief, a sponge, and a coward." However he is portrayed, he is unforgettable. We will read, discuss, and see videos of the three plays in which Falstaff appears. **Required books** by William Shakespeare: Henry IV, Part I, ISBN 9780451527110, USM price \$5.95; Henry IV, Part II, ISBN 9780451528537, USM price \$5.95; The Merry Wives of Windsor, ISBN 9780451529961, USM price \$6.95. **Suggested book:** Falstaff: Give Me Life, Harold Bloom, ISBN 9781501164132. **This six-week course will begin on Sept. 28. Please read Acts 1 and 2 of Henry IV, Part I, before the first class.**

John Sutton, Yale alumnus, taught English in the Darien, Conn., public schools and, after retirement, has taught literature courses in Lifelong Learning Institutes in Connecticut and Maine.

History of Maine: Prehistory to Present Day, Part 1

This two-semester course will cover Maine from prehistoric times to the recent past. Each semester is independent but will complement the other. Presenters are a collaboration of noted scholars of Maine history.

Though this is a repeat of Part 1 from fall 2016, there will be some new topics and lecturers. Maine has played a significant role in the growth of this country,

and we will see how that impacted the state. From Katahdin to the seashore, Kittery to Fort Kent, we will investigate the story of our beautiful state. **Suggested book:** *Maine: The Pine Tree State from Prehistory to the Present,* Richard W. Judd, Edwin A. Churchill, and Joel Eastman, ISBN 9780891010821.

Rick Tomazin has been an OLLI student since 2006. A native of Washington, Pa., and a Mainer since June 1972, he is a graduate of Washington & Jefferson College, Washington, Pa., and a History major.



TALBOT LECTURE HALL, LUTHER BONNEY

Crown Royal: The British Monarchy from Victoria to Elizabeth II Draper Hunt

This course will examine the lives of British monarchs from Queen Victoria to Queen Elizabeth II (1837-2006), their follies and foibles, their achievements and triumphs, and their impact upon the institution of the

British monarchy. **Suggested books:** We Two: Victoria and Albert: Rulers, Partners, Rivals, Gillian Gill, ISBN 9780345520012; Elizabeth, a Biography of Britain's Queen, Sarah Bradford, ISBN 9781573226004 (out of print, available at amazon.com).

Draper Hunt holds a BA from Harvard College and a MA and PhD from Columbia University. Draper is a USM professor emeritus, having taught history at USM for 32 years from 1965-1997. Previously, he taught at Hunter College in the Bronx.



Trump, Brexit, and the Rise of Populism Andrea Stanley Hester

Populism is on the rise, as evidenced by the surprise passage of Brexit and the election of President Donald Trump. And even though the National Front lost the hotly contested presidential election in France, it is an increasingly influential movement, along with others in Germany, the Netherlands, Greece, and Spain. Come join the discussion as we look at both left- and right-wing populist movements in the U.S. and Europe and try to figure out where they came from and where they are going. Readings will come from news reports, magazine articles, academic journals, book excerpts, and think-tank reports.

Andrea Stanley Hester is a Vice President of the World Affairs Council of Maine and a board member of the Harvard Club in Maine. She has an undergraduate degree in Modern European History from Tufts University and a Master's degree in government from the Harvard University Extension School.

Universal Studios: The Monsters, a Legacy of Horror DeWayn Marzagalli

From 1923 to 1956, Universal Studios created some of the most iconic literary monsters of the silver screen. They were oft copied, but rarely with the same indelible impact on the motion picture industry. We will revisit Gaston Leroux's Phantom of the Opera (Lon Chaney), Mary Shelley's Frankenstein (Boris Karloff), Bram Stoker's Dracula (Bela Lugosi), Curt Siodmak's The Wolf Man (Lon Chaney Jr.), H. G. Wells' The Invisible Man (Claude Raines), Putnam's The Mummy (Karloff), and Zimm's The Creature from the Black Lagoon. We will also include excerpts from Abbott and Costello and Mel Brooks' comedic versions of these movie masterpieces. **Suggested book:** Universal Studios Monsters, a Legacy of Horror, Michael Mallory, ISBN 9780789318961.

Born in New York City, DeWayn and his wife have lived in Maine since 1975. Since retiring from Federal Law Enforcement, DeWayn spends much of his time doing volunteer work for his church and enjoying the opportunity to teach and take courses at OLLI.

more FRIDAY MORNING courses on next page

Writing from Prompts Helen Rousseau

Discover the amazing power of prompts to lead you to a level of writing you didn't think possible. Leader reads the prompt, which can be a poem, a saying, a question, etc., and everyone writes for 15 minutes. Writings are then shared with the group, but anyone can pass at any time. Feedback is only about the writing, e.g.: what's strong about the writing, what phrase leaps out, etc. Positive feedback frees the writer to delve deeper, try styles of writing they didn't think they could do. It is truly a transformative experience.

Helen Rousseau is trained in the Amherst Writers Method, founded by Pat Schneider. She has been leading writing workshops for years and enjoys seeing the tangible results of writing from prompts. Helen is the author of Coming to the Edge; Fifty Poems for Writing and Healing, available at the USM bookstore and amazon.com.

Art StudioDona Sherburne

Escape from "busy" and give yourself a two-hour block of time to work on your art, at your own pace, in a relaxed environment. Fellow artists share ideas, encouragement, and support. Pack your materials and come paint! **NOTE:** if you are using oils, please plan to use water-based paints only.

Dona Sherburne has taught art, cooking, and theater classes over the years. Her artwork has been exhibited and sold in many venues.

Great Decisions AMMike Wygant

Great Decisions is a flagship program of the World Affairs Council of Maine, facilitated by members of the Council. This session repeats the eight topics of discussion covered in spring 2017: The Future of Europe, Trade and Politics, Conflict in the South China Sea, Saudi Arabia in Transition, U.S. Foreign Policy and Petroleum, Latin America's Political Pendulum, Prospects for Afghanistan, and Nuclear Security.

Students will be e-mailed a class outline in advance and will be asked to read the relevant chapter in the Great Decisions booklet before each class to facilitate active discussion. Required book: Great Decisions 2017 Edition, ISBN 9780871242501, USM price \$25. This class is repeated in the afternoon.

Michael Wygant, course coordinator, is a retired U.S. Foreign Service officer with extensive overseas experience. He is ably complemented by well-experienced volunteers from the World Affairs Council of Maine, who will serve as discussion leaders for the various topics under review.



Empathy: What Is It and What Is It Good For? Carole Center

In this discussion-based course, we will explore past and current understandings of what empathy is and what it can accomplish. Together we will examine evidence from neuroscience and social science that suggests that greater empathy improves personal relationships and promotes human rights, because humans treat each other better when we feel what others feel. We will look at studies that explore how storytelling can increase empathy and read, view, and listen to some of those stories ourselves. And we will look at the limitations of empathy, a topic hotly debated in our own cultural moment. Reading materials will be provided.

Carole Center is an English Professor who lives in Portland. She teaches first-year writing courses that invite students to explore how humans treat other humans.

Exploring the Character of America: One Man's Documentary ViewSherrie Chapman

This video-based course features seven short (60 to 90 minutes) documentaries by Ken Burns that reflect various aspects of American character. Class discussions will focus on Burns' selection of topics, his film techniques, and the impact of his work on the interpretation of American history.

Sherrie has a BA and a MA in American History from the University of New Hampshire and three years of post-graduate studies in American History at the University of Delaware.

Earth's Climate Jim Janak

Is climate change really a hoax? How can you tell? What can happen if climate truly is changing? In this repeat course, first we'll look at the measurements that show that the world actually is warming and try to understand what causes it and why it isn't uniform. Then we'll look at what the consequences of continued warming might be, both for us and for the planet. Finally we'll talk about what might be done to slow or stop the process and about how humanity might begin to cope with the changes otherwise.

James F. Janak has a BS, MS, and ScD in Electrical Engineering from MIT. He was a Research Staff Member at IBM and an Adjunct Professor of Physics at Pace University.

Homer. The Iliad. Evy Newlyn

If you missed reading the Iliad when you were in school or college, or would like to renew your acquaintance, here's your opportunity. We will read and discuss Homer's story about the wrath of Achilles and its terrible consequences in the Trojan War, caused by Helen (so some say). We'll also briefly consider the *Iliad's* place in the Epic Cycle, reading some bits from a few extant passages, and will view wonderful art from the period as well. No prior knowledge is needed. **Required book:** The Iliad of Homer, trans., Richmond Lattimore, ISBN 9780226470498, USM price \$15.

Evy Newlyn is Professor Emerita of English from the State University of New York. After earning her PhD in English from Syracuse University, she taught at universities in Virginia, Maine, and New York. Her special interests are Classical literature, medieval literature, and cats.

Great Decisions PMMike Wygant

Great Decisions is a flagship program of the World Affairs Council of Maine, facilitated by members of the Council. This session repeats the eight topics covered in spring 2017: The Future of Europe, Trade and Politics, Conflict in the South China Sea, Saudi Arabia in Transition, U.S. Foreign Policy and Petroleum, Latin America's Political Pendulum, Prospects for Afghanistan, and Nuclear Security. Students will be e-mailed a class outline in advance and will be asked to purchase the Great Decisions booklet. Students are requested to read the relevant chapter before each class to facilitate active discussion. Required book: Great Decisions 2017 Edition, ISBN 9780871242501, USM price \$25. This is a repeat of the morning session.

Michael Wygant, course coordinator, is a retired U.S. Foreign Service officer with extensive overseas experience. He is ably complemented by well-experienced volunteers from the World Affairs Council of Maine, who will serve as discussion leaders for the various topics under review.

GOHER LIFELONG LIFELONG LEARNING INSTITUTE FALL WORKSHOPS

Saturday, Sept. 16, 9:30-11:30 \$15

Managing Your Final Affair

Chuck Lakin

Do you find this topic scary? **This repeat workshop** isn't; it's informative, even funny at times. At the end of the session you'll have learned about all the options you have in funeral arrangements for burial, cremation, or body donation. Half the class time is devoted to answering your questions. Do your survivors a favor and sign up for this class. Take a look at www.lastthings.net to see what you'll learn.

Chuck Lakin is a woodworker and home-funeral educator. His goal is to give everyone the information they need to make good decisions about how they want to be treated after their death, no matter what that choice may be, and to allow families a more meaningful way to be involved in the funeral process if that is their choice.

Saturday, Sept. 16, 9:30-11:30 \$15

Do I Need Long-Term-Care Insurance? Gregory Rogovin

Long-Term-Care planning is one of the most important, and too often overlooked, parts of one's retirement and estate plans. **This repeat workshop** will present the topic of long-term-care planning in a clear, compassionate, and comprehensive manner. We will discuss the various options that can help us manage our long-term-care risks and will compare and contrast these different solutions. Those who attend will leave with a clear understanding of the risks associated with long-term care and will be fluent with the terms and concepts they will need in order to confidently begin researching this subject on their own.

Gregory Rogovin is a Certified Long-Term-Care Advisor and has been helping people plan their long-term care for the last eight years. He currently helps members of over 700 alumni and professional associations who look to him for counsel when they decide to examine ways to manage their long-term-care risks.



Saturday, Sept. 16, 9:30-11:30 \$15

Annuities: What They Are, How They Work — and Is One Right for You?

Liz Winfeld

An annuity can be a wonderful tool, or it can be a big mistake. It is vital that a person/couple understand how these contracts work – what the pros and cons are, what they cost and why, and whether a variable-rate policy is best. There are many types of annuities that all have different purposes, options, and riders. Their complexity is what keeps many people from looking into them, which is a shame, because under the right circumstances, the right contract can be quite a help. This program is for education purposes only; **NO SALES** and no emphasis on any company in particular.

Liz Winfeld is an independent, registered, and licensed Financial Adviser and Accredited Asset Management Specialist with INVEST Financial. She helps people manage their financial planning, investment, long-term-care, and insurance needs. Liz lives and works in Portland, ME.

Saturday, Sept. 16, 9:30-Noon \$15

Focus Group Fundamentals

Emily Johansen

Ever been in a Focus Group? Never been in one? Wonder about the process and what goes on behind the scenes? How respondents are selected? What the moderator's role is – before, during, and after the group? In this workshop you will learn about the Focus Group process, the principles that guide this qualitative research tool, and the appropriate uses of the insights gathered. Then you will become respondents and will participate in a Focus Group. This workshop will include lecture, followed by active participation; the topic for our focus group will be food related.

Emily Johansen has 40 years in marketing research: learning fundamentals at research suppliers and in corporate positions at General Electric, General Foods, Richardson-Vicks, gaining experience in consumer durables, food/beverage, health/beauty aids, and OTC/Rx pharmaceuticals. In 1982, Emily co-founded Johansen-Hale & Associates, a custom research consultancy providing services to corporations, product developers, advertising agencies, and marketing consultants.

Saturday, Sept. 16, 9:30-3:30 \$25

FDR and Key Women in His Life

Jean Santora

At a time in our political history when women are either praised or denigrated, **this repeat workshop** will examine the impact of five key women on President Franklin Delano Roosevelt. Throughout his life, FDR was greatly influenced by his Mother, Sara; wife, Eleanor; cousin, Daisy Suckley; soulmate, Lucy Rutherford; and Secretary of Labor Frances Perkins. FDR's New Deal broke new ground and impacted the lives of women in unimaginable ways by employing women in the WPA and in the upper echelons of his administration. Stories of these women, including FDR's influence on them and American women in general, will be highlighted.

Born in the Hudson River Valley, Jean Santora's avocation has been reading and learning about FDR for 40-plus years. Having made countless trips to FDR's estate, Springwood, to Eleanor's cottage, Val-Kill, and to their summer cottage, Campobello, Jean is delighted to share the impact of these women on FDR's life.

Saturday, Sept. 23, 9:30-11:30 \$15

Yoga: Aging with Grace and Fluidity

Jennifer Cooper

Sometime, as we age, we lose some range of movement, either from injuries or just habit. We get stiff. Gentle yoga stretching helps us to extend that range and provides new ways of integrating our bodies to facilitate more graceful and fluid movements. Come loosen up and discover a new moving self-image. Note: this workshop will be held at The Yoga Center, 449 Forest Ave. Plaza, Portland. All props provided; just wear comfortable clothing.

Jennifer Cooper has been teaching yoga for over 40 years and is well educated in adapting traditional yoga poses for special needs. Her classes focus on health, well-being, and stress reduction. She is codirector of The Yoga Center.

Saturday, Sept. 23, 9:30-Noon \$15

Breathe Easy: Unclutter Your Home and End the Tyranny of Stuff

Dianne Sinclair

Whether you are planning a move to a smaller place or just want to clean out years of accumulation, there are techniques that can help. We'll share ways to reduce clutter – including successes you've had – talk about stumbling blocks, and explore what kind of support

might help. You'll leave **this repeat workshop** with a long list of suggestions and some ideas about how to get started.

Dianne Sinclair has led this workshop at OLLI in North Conway, N.H., and at the library in Hiram, Maine. She and her husband own an eight-room farmhouse with ell and barn, which she is committed to keeping (relatively) clutter-free. She loves yard sales, regifting and Goodwill.

Saturday, Sept. 23, 9:30-Noon \$15

Open-heartedness Is the Teacher, Dancing with Joy Is the Lesson

David C. Weiss

Joy is a spontaneous, liberating, spirit-upwelling sensation of being alive. The breadth of our capacity to experience joy is directly related to the depth of our open-heartedness. Since childhood we have slowly formed a mantle of armor around our hearts that shields us from the vulnerable, innocent, playful source of our joyfulness. Through the use of poetry, guidedimagery, music, movement, writing, and sharing, this workshop will explore our joyful experiences and what inhibits us from living open-heartedly. This is an experiential workshop. **Required supplies:** Writing materials (and your childhood dancing shoes).

David C. Weiss is a published poet, (A Heart on Fire, Poems from the Flames) and has given presentations and workshops on the poetry of Eastern and Western mystics. He is a student of the Shakuhachi, a Japanese bamboo flute, and performs combining music with poetry readings.

Saturday, Sept. 23, 9:30-12:30 \$15

Music of the Cinema, Part 2: From the '60s to the '90s

DeWayn Marzagalli

We will reexamine the importance of music in enhancing the cinematic experience. We will highlight a few more great movie composers whose work has stood the test of time and is frequently heard in symphony halls. From Bernard Hermann (*Taxi Driver, Cape Fear*), Elmer Bernstein (*Ghostbusters*), Jerry Goldsmith (*Hoosiers, Patton*, and *Alien*), Maurice Jarre (*Witness*), and Nino Rota (*The Godfather*), to John Williams (*Star Wars, Jaws, Superman, ET, Jurassic Park,* and *Shindler's List*).

Born in New York City, DeWayn and his wife have lived in Maine since 1975. Since retiring from Federal Law Enforcement, DeWayn spends much of his time doing volunteer work for his church and enjoying the opportunity to teach and take courses at OLLI.

more WORKSHOPS courses on next page

Saturday, Sept. 23, 9:30-3:30 \$25

Making Your Own PowerPoint Slideshow

Mike Berkowitz

Have you ever wanted to make a slideshow? You can give a presentation, display vacation photos, make a family album, use it in an OLLI course, send it as an email, upload it to the Internet ... While this is a **beginner's workshop**, some familiarity with computers is needed (typing, editing, saving). You'll need a laptop with Microsoft's PowerPoint program. Be sure to save on your laptop images you'd like to use. After each 10-minute demonstration, you will have 20 minutes to continue developing your slideshow. Bring your ideas, have fun creating, and leave **this repeat course** with your own slideshow.

Mike Berkowitz received a BA from Brown and a MA from the University of Massachusetts. He taught in daycare centers, elementary schools, and colleges before finding his niche at OLLI. He enjoys challenging folks with new ideas and teaching them new skills.

Saturday, Sept. 30, 9:30-11:30 \$15

Never a Dull Moment: Knife Sharpening Demo and Workshop

Tim Baehr

A dull knife is a dangerous knife. Let's learn how to sharpen kitchen knives and be ready for fall and winter holidays. We'll learn about knife-making, materials, knife safety, knife care, sharpeners, and sharpening technique. Bring two knives (well-wrapped) for the instructor to sharpen. **This is a repeat workshop.**

Tim Baehr learned knife sharpening 59 years ago in Boy Scouts. On the way to camp. On a moving train.

Saturday, Sept. 30, 9:30-11:30 \$15

MATH: <u>Magical...A</u>lluring... Thought-provoking...<u>H</u>umorous

Gene Humphrey

This course will introduce you to the lighter side of math. Think of the young children in your life and take away with you some interesting and fun tricks and reasons why things work that you may share with them. We'll explore puzzles and math tricks and create some of our own. We'll talk a little history, too, as time

permits. Math is funny and fascinating. Let's come together and see what we can do with this wonderful, beautiful subject. Don't be afraid. We'll have fun! **Required:** Basic calculator.

Gene Humphrey taught Mathematics at South Portland High School, USM, and Bowdoin. She helped pioneer the use of computers in Maine high schools. She holds a BA (UMO) and MA (Bowdoin College) in Mathematics and received a Distinguished Teaching Award from Bowdoin College in 1999.

Saturday, Sept. 30, 9:30-11:30 \$15

Access to Unaffordable Prescription Medicines

Martha Morrison

This workshop will review various sources of free or low-cost medicines. These include state and federal programs, co-pay foundations, and brand-name and generic patient-assistance programs. It will discuss Maine's hospital-based prescription-assistance programs, which obtain millions of dollars' worth of free medicines yearly by managing the confusing and time-consuming medication-access process for both doctors and patients. Finally, the workshop will review an initiative being developed to rescue still-usable medicines that are routinely destroyed by nursing homes and other institutions and make them available to needy Mainers.

Martha Morrison is founder of MedHelp Maine, a nonprofit dedicated to enhancing Mainers' access to unaffordable medicines. She personally guided the start-up of seven of Maine's hospital-managed prescription-assistance programs. She has a graduate degree in Hospital Management and has completed subsequent USM certificates in Gerontology and Public Health.

Saturday, Sept. 30, 9:30-3:30 \$25

International Auteur Cinema 18: The Complete Works of Jean Vigo

Juris Ubans

Jean Vigo (1905-1934 / France) made only four films — A Propos De Nice (1930), Taris (1931), Zero De Conduite (1933), and L'atalante (1934), yet his reputation as one of the rarest of film poets has been confirmed by a number of the great international directors and critics. This is a rare opportunity to see the complete works of an artist in one day, and maybe learn something beyond the content of the work.

Professor Emeritus Juris Ubans is a recent retiree from the USM

Art Department. He is a lifelong practitioner of Studio Art as disciplinary immersion and has also been an influential voice in elevating film and photography to the status of Fine Art.

> Saturday, Sept. 16, 23 & 30 9:30-11:30 \$25

Introduction to Buddhism and Meditation

Heather Edgerly

This repeat workshop will be an introduction to the family of religions we call Buddhism. We will begin by discussing the development of Buddhism in India, focusing on the life and teachings of its founder, and will then briefly follow its spread across time and space through Asia and the West. Along the way, we will focus on enduring Buddhist ideas and practices. We will end the course by exploring the theory and practice of meditation. In each class, we will engage in a brief guided-meditation practice. Suggested book: Buddhism: A Very Short Introduction, Damien Keown, ISBN 9780199663835.

Heather Edgerly began studying Eastern Religions 15 years ago and has subsequently received degrees in Religion from the University of Hawaii and Harvard University. She has taught Buddhism and Eastern Religions at the University of North Carolina and currently leads classes in the theory and practice of meditation.

> Saturday, Sept. 16, 23 & 30 9:30-11:30 \$25

Evolution, Biodiversity, and Extinction

Richard Fortier

"Darwin's theory that all of life was the product of evolution, and that the evolutionary process was driven largely by natural selection, has been called the greatest idea that anyone has ever had."* Explore the scientific evidence with fellow students as we weave a compelling narrative from geology and the fossil record, comparative anatomy, biogeography, genetics, DNA studies, and plant/animal domestication. Marvel at the diversity of life shaped by environmental changes over deep time, and discover how so many species and whole ecosystems are endangered in the Age of Man. Suggested books: *Why Evolution Is True, Jerry A. Coyne, ISBN 9780143116646; The Sixth Extinction, an Unnatural History, Elizabeth Kolbert, ISBN 9781250062185.

Richard Fortier, MD, received a BS in Biology at Yale College,

concentrating on Zoology, Paleontology and Evolution. He also took courses in Philosophy and Religious Studies. Following medical school at the University of Rochester, he pursued a 40year career in psychiatry in Maine until retirement in 2014.

> Saturday, Oct. 28 9:30-11:30 \$15

Exhibits for Cultural Heritage Museums

John Johnson

Want to learn what is involved in planning exhibits for cultural heritage museums? This workshop will focus on an exhibit about the Maine Charitable Mechanic Association: "Creative Maine: Trade Banners and the Crafts that built Maine." The instructor was involved in research, design, fabrication, installation, and interpretation of this exhibit. Participants will meet in the bookstore of the Maine Historical Society Museum, 489 Congress St., Portland. The session will start with a selfguided tour of the exhibit, followed by Instructor-guided discussions of Exhibit Content (evaluating comprehension of content, text, labels, artifacts, etc.) and Practice (effectiveness of design, presentation, layout, etc.). A \$7 museum fee will be due at the door. This workshop will be repeated for a second group on Nov. 4.

John Johnson is an Independent Museum Professional with a 45-year career in Cultural Resource Management; working in historical museums, industrial archeology, and historic preservation.

> Saturday, Nov.4 9:30-11:30 \$15

Exhibits for Cultural Heritage Museums

John Johnson

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This is a repeat of the Oct. 28 workshop.

OFFICE ONLY: MEMBERSHIP: Current	New	Renewing	Date Received	



NOTE: OLLI courses cost \$50, unless otherwise noted. Workshops are individually priced. You can now pay for OLLI courses and workshops together.

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Register online at www.usm.maine.edu/olli starting August 8. Registration will open at 12:01 a.m.

Class availability is first come, first served.

OLLI accepts mail-in and walk-in registrations, but the immediacy of online registration clearly gives the advantage to students who sign up for classes on our website. Please consider giving online registration a try to ensure that you get into your chosen classes.

(Need computer assistance? See p. 3 for an onsite-help schedule.)

INSTRUCTIONS FOR MAIL-IN REGISTRATION

- Please use **ONE FORM** for each registrant.
- Fill out the top section of the registration form completely. Leaving sections blank can slow registration.
- Write the course names for your top selections for classes in the "1st Course," "2nd Course," "3rd Course," and "4th Course" sections on the registration form.
 Note the price of each course in the "Cost" column.
- If you are concerned that your top choices will be filled, you may want to add alternate choices. Please write course names for your alternate choices in the "Alternate 1st Course," "Alternate 2nd Course,"

- "Alternate 3rd Course," and "Alternate 4th Course" sections on the form.
- You may sign up for OLLI workshops on the same form.
 Write the name of your chosen workshop(s) in the space provided, along with the price of the workshop.
- Add up the fees for your courses and workshops (and membership, if applicable) and note that amount in the space marked "Total Cost for All."
- As soon as your payment is processed and you are enrolled in your class and/or workshop, you will receive an e-mail confirmation. If you do not have an e-mail account, we will mail you a confirmation.

EXPENSES

Unless otherwise noted, OLLI at USM courses cost \$50. Workshops are priced based on the length of each session.

You must be an OLLI member to take courses or workshops. Annual OLLI membership costs \$25.

If you have any questions about registration or membership, call OLLI at 780-4406.

REFUNDS

Full refund for classes dropped by Sept. 22. NO REFUNDS AFTER THAT POINT.

You will be refunded for any classes OLLI cancels.

Contact Information OLLI at USM Office

• Phone: 780-4406

Location:

44 Bedford St. 210 Wishcamper Center USM Portland Campus Mailing Address:

Osher Lifelong Learning Institute USM P.O. Box 9300 Portland, ME 04104

Special Interest Groups at OLLI

From September through June, OLLI at USM offers many diverse activities beyond the classroom. To participate in any Special Interest Group, you must be a current OLLI member. NOTE: Special Interest Groups are not intended as instructional events.

- Arts and Crafts: Try your hand at a new skill on the first Thursday of each month at 3:15 p.m. A member of the group will demonstrate and lead an activity (fabric and paper crafts, jewelry making, book arts, knitting, crocheting, mixed-media collage, etc.). Contact Sue Jennings at jensusa10@gmail.com for more information.
- American Foreign Policy: This group meets on the fourth Wednesday of every month from 3:15 to 4:45 p.m. to discuss issues selected by members. Discussions will be led on a rotational basis. All OLLI members with an interest in American foreign policy are invited to join, discuss, and learn. Contact Betsy Mayberry at betsy.c.mayberry@gmail.com for more information.
- **Bicycle and Nosh:** If you like to bike, how about joining a group of OLLI members for a ride every couple of weeks, with a delicious treat along the way? Contact Shoshana Hoose at shoshanahoose@gmail.com for more information.
- Book Club: Members meet the third Thursday of each month from 3:15 to 5:15 p.m. to discuss readings from a variety of genres, including contemporary novels, classics, biographies, memoirs, short stories, etc. Contact Elsa van Bergen at evanbergen@maine.rr.com for more information.
- **Bridge Club:** Those who enjoy playing bridge for fun are welcome to join this group every Wednesday from 3:15 to 5:15 p.m. Contact Barbara Freeman at bhfreewoman@gmail.com for more information.
- Elders for Future Generations: This is an ongoing, peer-facilitated exploration of the advocacy role seniors can play in shaping policy to promote the well-being of future generations. Contact Fred Brancato at opus3@twc.com for more information.
- **History Book Club:** Members read and discuss one work of history on the second Wednesday of each month from 3:15 to 5:15 p.m. Works include social, political, economic and foreign-policy history as well as biography, autobiography, memoir, and historical fiction. Contact Sue Gesing at susangesing@gmail.com or Dawn Leland at lelanddm@gmail.com for more information.
- Mah Jongg: Join players every Friday from 3:15 to 6 p.m. in Room 103 at Wishcamper. National Mah Jongg rules and cards are used. Contact Terry Garrett at terrya@maine.rr.com for more information.
- OLLI Night Out: Come enjoy good food and good company with fellow OLLI gourmands who meet periodically at local restaurants. Watch the OLLI Newsletter for upcoming dates and locations.

- OLLI Singers: This group, co-directed by experienced leaders and supported by a skilled accompanist, meets every Thursday at 3:15 p.m. to have fun with vocal music and prepare for several performances each year. All are welcome. Contact Chuck Hornberger at ckhornberger@gmail.com for more information.
- OLLI Ukes! meets on the second and fourth Monday from 3:15 to 5:15 p.m. to share and have fun playing a wide variety of ukulele music. All levels welcome. Contact Cheryl Eling at cfeling@gmail.com for more information.
- Outdoor/Walking Club: Outdoor enthusiasts gather twice a month for invigorating walks in interesting places. They meet at the Back Cove parking lot and carpool. Walking schedules for the year can be found in the OLLI office and in literature racks in Wishcamper. Contact Rae Garcelon at raegarcelon@gmail.com for more information.
- Photography Club: Shutterbugs at OLLI at USM meet and learn from each other while sharing their love of photography. Contact Sharon Roberts at sharonlh@gwi.net for more information.
- Recorder Ensemble: In addition to having fun making music together, the Recorder Ensemble also may perform at OLLI at USM events and venues. Contact Karen Luse at luse.karen@gmail.com for more information.
- Science Reading Club: Each month this group reads and discusses articles from the latest issue of Scientific American. See the website at https://olliusmsciencediscussion.wordpress.com or contact Elizabeth Housewright at ehousewright@gmail.com for more information.
- Senior Players: Thespians perform staged readings twice a year at USM and off campus on several occasions. Senior Players is open to all OLLI at USM members. Contact Allan Mills at aljeevbr@gmail.com for more information.
- **Ski Club:** A seasonal outlet for downhill skiing enthusiasts, the club welcomes new and returning members. Check the *OLLI Newsletter* in season for schedules. Contact Lois Winter at lwinter@maine.rr.com for more information.
- Wine-Tasting Club: An OLLI wine enthusiast helps educate your palate during featured wine-and-appetizer pairings at a local restaurant. The group meets at 5:30 p.m. every month or so. Novices and wine enthusiasts welcome. Contact Jack Lynch at JLynch001@maine.rr.com if you'd like to join an e-mail list for advance notice of date, price and venue.



Mission

OLLI at USM is committed to providing, for its members, a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

Vision

OLLI will be driven by the creative and innovative spirit of its founding mission, will maintain its strong sense of community and inclusiveness, expand its abundant opportunities for members to exchange ideas and experiences, and maintain a standard of excellence.

Core Organizational Values

These are the fundamental beliefs of OLLI at USM that guide our planning and decision-making. These core values support our vision, shape our culture, and reflect what we value.

Joy of Learning — We believe that continuing to grow and learn new things is a deeply fulfilling lifelong priority.

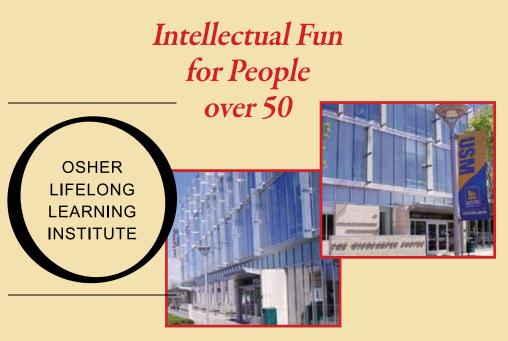
Community — We recognize the importance of interaction with other members to share knowledge and experiences, to expand our perspectives, and to make new friends in an atmosphere of inclusiveness, respect, and openness.

Accessibility — We strive to make classes, lectures, workshops, seminars, and activities affordable and accessible for all members.

Excellence — We strive for excellence by committing our intelligence, creativity, and energy to achieving quality in our curriculum, faculty, facilities, operations, and relationships within our community.

Volunteerism — We recognize the crucial importance of volunteers to the success of our programs.

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