

# CLASS SCHEDULE

# Spring 2017

March 20 through May 12





# General Information

If you are 50 or older, with a curious mind and an interest in learning just for the joy of it, you are invited to join more than 1,700 like-minded older learners who are members of the Osher Lifelong Learning Institute (OLLI) on the Portland campus of the University of Southern Maine. OLLI at USM is committed to providing its members with a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

As a member of OLLI at USM, you'll choose from an extensive array of peer-taught courses in the liberal arts and sciences. There are no entrance requirements, grades, or tests. Your experience and love of learning are what count. Some OLLI at USM classes involve homework — usually reading or honing skills taught in class. Homework is not mandatory, but it can enhance your learning experience; what you put in is what you'll get out of the course.

OLLI at USM is one of 17 Senior Colleges throughout Maine and participates in the Maine Senior College Network ([www.maineseniorcollege.org](http://www.maineseniorcollege.org)). The National Resource Center for all Osher Lifelong Learning Institutes ([www.osher.net](http://www.osher.net)) is located at Northwestern University in Chicago. Currently, there are 119 OLLIs throughout the country.

## MEMBERSHIP

OLLI at USM is a self-sustaining, self-governing organization supported through an annual membership fee of \$25. The membership fee covers the fiscal year July 1 to June 30. Your annual membership allows you to participate in all OLLI at USM courses and Special Interest Groups at OLLI. You'll also get Internet access and notification when the *OLLI Newsletter* is available online.

## SPECIAL ACCOMMODATIONS

OLLI at USM has purchased a portable assistive-listening device that can be used in any Wishcamper classroom. Students using the device will be able to hear the instructor. Any OLLI at USM student with hearing difficulties may request the use of this system. Contact the OLLI at USM office at 780-4406 as soon as you register for class.

If you need other special accommodations to participate in OLLI at USM because of disability, please call the USM Office of Support for Students with Disabilities at 780-4706 as soon as you register but at least two weeks before classes begin.

## SCHOLARSHIPS

Full and partial scholarships are available through a simple, friendly, confidential process. Because of the overwhelming response, scholarships are limited to \$50 per person per term, applicable to one course, the SAGE program, or workshops. Scholarships do not apply to OLLI at USM membership, trips, or special events. Scholarship applications are available in the OLLI at USM office. **These must be completed, signed, and turned in with each of your course registrations.**

**NOTE: It is not possible to register for courses online with a scholarship. Please mail or bring your registration form and scholarship to the OLLI office BEFORE registration day to ensure timely enrollment in your class.**

Call 780-4406 for more information.

## CLASS LOCATIONS

All classes, except where noted, are held in the Wishcamper Center at 44 Bedford Street on the USM Portland campus. See map on page 7.

## OLLI STAFF

Susan Morrow, Assistant Director for Program:  
228-8181; [smorrow@maine.edu](mailto:smorrow@maine.edu)

Rob Hyssong, OLLI Program Coordinator:  
228-8336; [robert.hyssong@maine.edu](mailto:robert.hyssong@maine.edu)

Sue Schier: Administrative Specialist 2  
228-8482; [sue.schier@maine.edu](mailto:sue.schier@maine.edu)

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228-8225; [linda.skinner@maine.edu](mailto:linda.skinner@maine.edu)

## FOR MORE INFORMATION

Call: 780-4406 or 1-800-800-4876

E-mail: [olliatusm@maine.edu](mailto:olliatusm@maine.edu)

Visit: [www.usm.maine.edu/olli](http://www.usm.maine.edu/olli) to register for OLLI courses online

## OLLI ADVISORY BOARD 2016-17

- Janet Stebbins, Chair
- Jack Lynch, Vice Chair
- Lois Winter, Secretary
- Sue Gesing, Immediate Past Chair
- Matt Goldfarb, SAGE Chair
- Paula Johnson, Community Chair
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- Dick Sturgeon, Nominating Chair
- John Sutherland, Education Chair
- Elsa van Bergen, Communications Chair
- Bob Bahm
- Susan Jennings
- Joy Larrabee
- Tom McGovern
- Gael McKibben
- Steve Schiffman





# Online Registration at OLLI at USM

Online registration allows you to sign up for classes in real time. To begin the process, visit the OLLI website at [www.usm.maine.edu/olli](http://www.usm.maine.edu/olli).

There you will find a link to the registration website on the home page, and step-by-step instructions under “Resources” on the left. Once you have perused the catalog and chosen which classes you wish to “purchase,” you are ready to go “shopping” on the registration website. You’ll be able to tell how many spaces are still available in your chosen class and can add your name to a wait list if a class is full. Once you pay for your classes, you’ll receive multiple e-mail confirmations of your registration within minutes. It’s fast, easy, and secure.

**Please note:** Credit card is the **only** form of payment you can use for online registration. **If you must use another payment form (check, cash, scholarship, gift certificate), you’ll need to mail or hand deliver your registration with payment attached.**

If you’ve shopped online, you should find online OLLI registration a snap. But if you’re not comfortable doing your own online registration at home, the OLLI staff is standing by to help you. We’re offering onsite instruction in the Wishcamper Computer Lab (see timetable below) and will have one computer in the OLLI office dedicated to online registration. Anyone may use this computer to register online, but **you must use a credit card for payment.**

## IMPORTANT OLLI AT USM SPRING TERM DATES

### Spring REGISTRATION TIMELINE

**Feb. 7** Online registration for OLLI spring courses begins.  
*The registration system will automatically turn on at 12:01 a.m.*

**Students with scholarships or gift certificates should get registrations into the OLLI office before this deadline in order for staff to process.**

**Feb. 7** **If you need help navigating the online process**, onsite help setting up student accounts and registering for classes will be available in the Wishcamper Computer Lab (Room 128) starting at 9 a.m.

**Feb. 13** OLLI staff will start accepting mail-in, drop-off, and phone registrations.

**Feb. 20** OLLI and USM closed for Presidents’ Day.

**Feb. 20-24** Winter break for USM students; no food available on campus.

**March 20** OLLI spring term classes start.

**March 27-31** Spring recess for USM students; no food available on campus; OLLI classes held as usual.

**March 31** Deadline to receive refund on dropped classes.

**April 17** OLLI and USM OPEN for Patriots’ Day.

**May 12** OLLI spring term ends.

**May 15-19** OLLI spring term makeup week.

### CLASS CANCELLATIONS:

For weather closings, call the USM storm line at 780-4800. If USM is closed, OLLI will be closed.



### Monday Morning 9:30 – 11:30

*See page 8*

#### **Putting Art into Your Digital Photography**

Tim Byrne  
BYRNE\_ARTPHOTO

#### **Reading Contemporary American Essays by Female Writers**

Carole Center  
CENTER\_AMESSAYS

#### **The Bull, the Bear, and You**

David Chute  
CHUTE\_BULL&BEAR

#### **Domestic Policy Initiatives of the Trump Administration: What Will They Mean?**

Bob Goettel  
GOETTEL\_TRUMPPOL

#### **War and Peace for Troubled Times**

Mark Lawrence  
LAWRENCE\_TOLSTOY

### Monday Afternoon 12:45 – 2:45

*See pages 9-10*

#### **Le Français Intermédiaire**

Jacqueline Bucar  
BUCAR\_INTFRENCH

#### **Mainers in American History: The Lure of the West**

Jan Eakins  
EAKINS\_MAINEWEST

#### **Broadway's Musical Revolution: From Sentimental Tunes to The Demon Barber of Fleet Street and Hamilton**

Richard Pollak  
POLLAK\_BWAYREV

#### **Christianity and Islam: Their Intellectual and Cultural Histories in Historical Perspective**

James Roberts  
ROBERTS\_CULTHIST

#### **The Art of Living Well: A Peace Education Program**

Rita Rubin-Long, Terry Landry  
RUBIN\_LIVEWELL

### Tuesday Morning 9:30 – 11:30

*See page 10*

#### **SAGE Lecture Series**

### Tuesday Afternoon 12:45 – 2:45

*See pages 10-11*

#### **Issues of Our Times**

Mike Berkowitz  
BERK\_ISSUES

#### **History of Britain: Beginnings to the Early Plantagenets**

Dick Budd  
BUDD\_BRITAIN

#### **Proust Redux: Swann's Way**

Janet Gunn  
GUNN\_PROUST1

#### **Psychological Well-Being and Spirituality**

Tom McGovern  
MCGOV\_WELLBEING

#### **Honing the Art and Craft of Writing, Continued**

Ruth Story  
STORY\_HONE&WRITE

#### **Beyond Timbuktu: An Introduction to Human Geography**

David Sutor  
SUTOR\_HUMAN-GEO

#### **Islam in the U.S.: Nationally and Locally**

Kathleen Sutherland  
SUTHER\_ISLAMUS

### Wednesday Morning 9:30 – 11:30

*See pages 12-13*

#### **Wishes, Lies, and Dreams: Making Stuff Up in 1000 Words or Less**

Tim Baehr  
BAEHR\_1000WORDS

#### **Tragedy and the Absurd**

Jim Bucar  
BUCAR\_TRAGEDY

#### **Shakespeare Alive!**

Derek Campbell  
CAMP\_SHAKESPEARE

#### **The Art and World of Pieter Bruegel**

Nathaniel Larrabee  
LARRABEE\_BRUEGEL

#### **The Logic and Literature of the Peak Experience**

David Morton  
MORTON\_PEAK

#### **The Creation of Modern Italy**

Fiorello Ventresco  
VENTRESCO\_ITALY

### Wednesday Afternoon 12:45 – 2:45

*See pages 13-15*

#### **Disquieting Times' Survival Guide: Roundtable Talks about Keeping Our Integrity**

Joan Aldrich, Paul Doherty, Alan Mills  
ALDRICH\_RNDTABLE

#### **Sit Down and Shut Up: Zen, Punk Rock, and Mindfulness**

Tim Baehr  
BAEHR\_PUNKZEN

#### **Art, Music, and Poetry: The Origins of Creative Experience**

Elizabeth Chapman  
CHAPMAN\_CREATIVE

#### **The Popular Music of the 1940s**

Terry Foster  
FOSTER\_40SMUSIC

#### **Reader's Theater (RT) Performance**

Paula Johnson, Barbara Bardack  
JOHNSON\_RT

#### **Henri Matisse: His Vision, His Art, and His Philosophy**

Nathaniel Larrabee  
LARRABEE\_MATISSE

#### **John Grisham Films Revisited**

Pat Davidson Reef  
REEF\_GRISHAM

#### **Explore Portland's Historic Neighborhoods – On Foot**

Bruce Wood  
WOOD\_PTLD\_ONFOOT

### Thursday Morning 9:30 – 11:30

*See pages 15-16*

#### **Peaceful Motion in Troubling Times**

Fred Brancato  
BRANCATO\_TAICHI

#### **Modern Standard Arabic**

Nabil Loka  
LOKA\_ARABIC

#### **Cosmos Updated, Part Two (Part One not a prerequisite)**

Gale Rhodes  
RHODES\_COSMOS2

#### **The Peoples of America: Topics in American History II, 1865-Present**

John Sutherland  
SUTHER\_AMHIST2

**The Middle East in the World Through Film, 5**

Kathleen Sutherland  
SUTHERLAND\_FILM5

**21st-century Novelists Consider the 20th Century**

Betsy Wiley, Sarah Franklin  
WILEY\_21stCENTURY

**Thursday Afternoon  
Special time 12:30 – 3**  
(Aldrich class only)

*See page 16*

**Resisting Fascism, Fomenting Revolution, and Surviving Hard Times: A Film/Discussion Course**

Joan Aldrich  
ALDRICH\_FACISM

**Thursday Afternoon  
12:45 – 2:45**

*See pages 17-18*

**Keeping Memory Alive: Family Memoir**

Norman Abelson  
ABELSON\_MEMFAM

**Line Dancing: A Cross-cultural Perspective**

Jack Lynch, Jennifer Frick  
LYNCH\_LINEDANCE

**Life and Music of Johann Sebastian Bach**

Carolyn Paulin  
PAULIN\_JSBACH

**How to Sell on Etsy.com for Fun and Profit**

Barbara Rich  
RICH\_ETSY

**Maine Poets**

John Sutton  
SUTTON\_MEPOETS

**History of Maine: Prehistory to Present Day, Part 2**

Rick Tomazin  
TOMAZIN\_MAINEHIS2

**Friday Morning  
Special time 9:15 – 11:15**  
Talbot Lecture Hall  
(Hunt class only)

*See page 18*

**The Great Antagonists: The Lives and Times of Thomas Jefferson and Alexander Hamilton**

Draper Hunt  
HUNT\_ANTAGONISTS

**Friday Morning  
9:30 – 11:30**

*See pages 18-19*

**The Life and Legacy of Frances Perkins**

Chris Cash, Facilitator  
CASH\_PERKINS

**Enjoying Poetry**

Robert Libby  
LIBBY\_POETRY

**The Healing Power of Writing**

Helen Rousseau  
ROUSSEAU\_WRITING

**Art Studio**

Dona Sherburne  
SHERBURNE\_STUDIO

**Great Decisions AM**

Mike Wygant  
WYG\_DECISIONS17\_1



**Friday Afternoon  
12:45 – 2:45**

*See pages 19-20*

**Road Trip: A Cultural History of American Roads and Highways**

Sherrie Chapman  
CHAPMAN\_ROADS

**The Physical Universe**

Jim Janak  
JANAK\_UNIVERSE

**Women in Early Literature**

Evy Newlyn  
NEWLYN\_WOMENLIT

**Great Decisions PM**

Mike Wygant  
WYG\_DECISIONS17\_2

**Friday Afternoon  
Special time 1:30 – 3:30**  
(Song class only)

*See page 20*

**Conversational Chinese**

Fangfang Song  
FANG\_CHINESE

# Spring Workshops

**Saturday, March 25  
9:30 – 11:30 a.m.**

*See page 21*

**Aging in Place: The Village Movement**

Len Freeman  
FREEMAN\_VILLAGE

**Mother Goose: Why Was She Shown Sometimes as a Witch?**

Jeri Studebaker  
STUDEBAKE\_MGOOSE

**Love, Fate, Responsibility, and Planning**

Timothy Vogel  
VOGEL\_PLANNING

**Saturday, April 1  
9:30 – 11:30 a.m.**

*See pages 21-22*

**Geology and Our National Parks**

Mike Berkowitz  
BERK\_GEOLOGY

**Meaningful Money: An Introduction to Financial Life Planning**

Christine MacDonald  
MACDONALD\_MONEY

**Reveries and Mysteries: Thoreau's Stories of the Gods of Maine and Concord**

Edward Mooney  
MOONEY\_THOREAU

**Saturday, April 8  
9:30 – 11:30 a.m.**

*See pages 22-23*

**Restorative Yoga**

Jennifer Cooper  
COOPER\_RESTYOGA

**Thinking Outside the Coffin**

Chuck Lakin  
LAKIN\_LASTTHINGS

**Astronomy: Exploring the Majestic Wonders of the Sky**

Scott Negley  
NEGLEY\_ASTRONOMY

**Hidden Ireland: A Native's Perspective**

Ann Quinlan  
QUINLAN\_IRELAND

**Saturday, April 8  
9:30 a.m. – 12:30 p.m.**

*See page 23*

**Ending / Significantly Modifying the Electoral College**

Orlando Delogu  
DELOGU\_ECOLLEGE

**Saturday,  
March 25, April 1 & April 8  
9:30 – 11:30 a.m.**

*See page 23*

**Introduction to Buddhist Meditative Theory and Guided Meditation**

Heather Edgerly  
EDGERLY\_MEDITATE

Registration Form & Information for classes and workshops. *See pages 24-25*



# Course/Workshop List by Instructor

Instructor	Title	Day	Time	Page
Abelson, Norman	Keeping Memory Alive: Family Memoir	TH	PM	17
Aldrich, Joan	Disquieting Times' Survival Guide: Roundtable Talks About Keeping Our Integrity	W	PM	13
Aldrich, Joan	Resisting Fascism, Fomenting Revolution, and Surviving Hard Times: A Film/Discussion Course	TH	PM	16
Baehr, Tim	Wishes, Lies, and Dreams: Making Stuff Up in 1000 Words or Less	W	AM	12
Baehr, Tim	Sit Down and Shut Up: Zen, Punk Rock, and Mindfulness	W	PM	13
Bardack, Barbara	Reader's Theater (RT) Performance	W	PM	14
Berkowitz, Mike	Issues of Our Times	TU	PM	10
Berkowitz, Mike	Geology and Our National Parks	4/1/17	9:30-11:30	21
Brancato, Fred	Peaceful Motion in Troubling Times	TH	AM	15
Bucar, Jacqueline	Le Francais Intermédiaire	M	PM	9
Bucar, Jim	Tragedy and the Absurd	W	AM	12
Budd, Dick	History of Britain: Beginnings to the Early Plantagenets	TU	PM	10
Byrne, Tim	Putting Art into Your Digital Photography	M	AM	8
Campbell, Derek	Shakespeare Alive!	W	AM	12
Cash, Chris	The Life and Legacy of Frances Perkins	F	AM	18
Center, Carole	Reading Contemporary American Essays by Female Writers	M	AM	8
Chapman, Elizabeth	Art, Music, and Poetry: The Origins of Creative Experience	W	PM	14
Chapman, Sherrie	Road Trip: A Cultural History of American Roads and Highways	F	PM	19
Chute, David	The Bull, the Bear, and You	M	AM	8
Cooper, Jennifer	Restorative Yoga	4/8/17	9:30-11:30	22
Delogu, Orlando	Ending / Significantly Modifying the Electoral College	4/8/17	9:30-12:30	23
Doherty, Paul	Disquieting Times' Survival Guide: Roundtable Talks About Keeping Our Integrity	W	PM	13
Eakins, Jan	Mainers in American History	M	PM	9
Ederly, Heather	Introduction to Buddhist Meditative Theory and Guided Meditation	3/25, 4/1, 4/8	9:30-11:30	23
Foster, Terry	The Popular Music of the 1940s	W	PM	14
Franklin, Sarah	21st-century Novelists Consider the 20th Century	TH	AM	16
Freeman, Len	Aging in Place: The Village Movement	3/25/17	9:30-11:30	21
Frick, Jennifer	Line Dancing: A Cross-cultural Perspective	TH	PM	17
Goettel, Bob	Domestic Policy Initiatives of the Trump Administration: What Will They Mean?	M	AM	8
Gunn, Janet	Proust Redux: <i>Swann's Way</i>	TU	PM	11
Hunt, Draper	The Great Antagonists: The Lives and Times of Thomas Jefferson and Alexander Hamilton	F	AM	18
Janak, Jim	The Physical Universe	F	PM	19
Johnson, Paula	Reader's Theater (RT) Performance	W	PM	14
Lakin, Chuck	Thinking Outside the Coffin	4/8/17	9:30-11:30	22
Landry, Terry	The Art of Living Well: A Peace Education Program	M	PM	10
Larrabee, Nathaniel	The Art and World of Pieter Bruegel	W	AM	12
Larrabee, Nathaniel	Henri Matisse: His Vision, His Art, and his Philosophy	W	PM	14
Lawrence, Mark	War and Peace for Troubled Times	M	AM	8
Libby, Robert	Enjoying Poetry	F	AM	18
Loka, Nabil	Modern Standard Arabic	TH	AM	15
Lynch, Jack	Line Dancing: A Cross-cultural Perspective	TH	PM	17
MacDonald, Christine	Meaningful Money: An Introduction to Financial Life Planning	4/1/17	9:30-11:30	22
McGovern, Tom	Psychological Well-Being and Spirituality	TU	PM	11
Mills, Alan	Disquieting Times' Survival Guide: Roundtable Talks About Keeping Our Integrity	W	PM	13
Mooney, Edward	Reveries and Mysteries: Thoreau's Stories of the Gods of Maine and Concord	4/1/17	9:30-11:30	22
Morton, David	The Logic and Literature of the <i>Peak Experience</i>	W	AM	13
Negley, Scott	Astronomy: Exploring the Majestic Wonders of the Sky	4/8/17	9:30-11:30	23
Newlyn, Evy	Women in Early Literature	F	PM	20
Paulin, Carolyn	Life and Music of Johann Sebastian Bach	TH	PM	17
Pollak, Richard	Broadway's Musical Revolution: From Sentimental Tunes to The Demon Barber of Fleet Street and Hamilton	M	PM	9
Quinlan, Ann	Hidden Ireland: A Native's Perspective	4/8/17	9:30-11:30	23
Reef, Pat Davidson	John Grisham Films Revisited	W	PM	15
Rhodes, Gale	Cosmos Updated, Part Two	TH	AM	15
Rich, Barbara	How to Sell on Etsy.com for Fun and Profit	TH	PM	17
Roberts, James	Christianity and Islam: Their Intellectual and Cultural Histories in Historical Perspective	M	PM	9
Rousseau, Helen	The Healing Power of Writing	F	AM	19
Rubin-Long, Rita	The Art of Living Well: A Peace Education Program	M	PM	10
Sherburne, Dona	Art Studio	F	AM	19
Song, Fangfang	Conversational Chinese	F	PM	20
Story, Ruth	Honing the Art and Craft of Writing, Continued	TU	PM	11
Studebaker, Jeri	Mother Goose: Why Was She Shown Sometimes as a Witch?	3/25/17	9:30-11:30	21
Suitor, David	Beyond Timbuktu: An Introduction to Human Geography	TU	PM	11
Sutherland, John	The Peoples of America: Topics in American History II, 1865-Present	TH	AM	16
Sutherland, Kathleen	Islam in the U.S.: Nationally and Locally	TU	PM	11
Sutherland, Kathleen	The Middle East in the World Through Film, 5	TH	AM	16
Sutton, John	Maine Poets	TH	PM	17
Tomazin, Rick	History of Maine: Prehistory to Present Day, Part 2	TH	PM	18
Ventresco, Fiorello	The Creation of Modern Italy	W	AM	13
Vogel, Tim	Love, Fate, Responsibility, and Planning	3/25/17	9:30-11:30	21
Wiley, Betsy	21st-century Novelists Consider the 20th Century	TH	AM	16
Wood, Bruce	Explore Portland's Historic Neighborhoods - On Foot	W	PM	15
Wygant, Mike	Great Decisions 2017 A	F	AM	19
Wygant, Mike	Great Decisions 2017 B	F	PM	20



# Campus Map and Parking

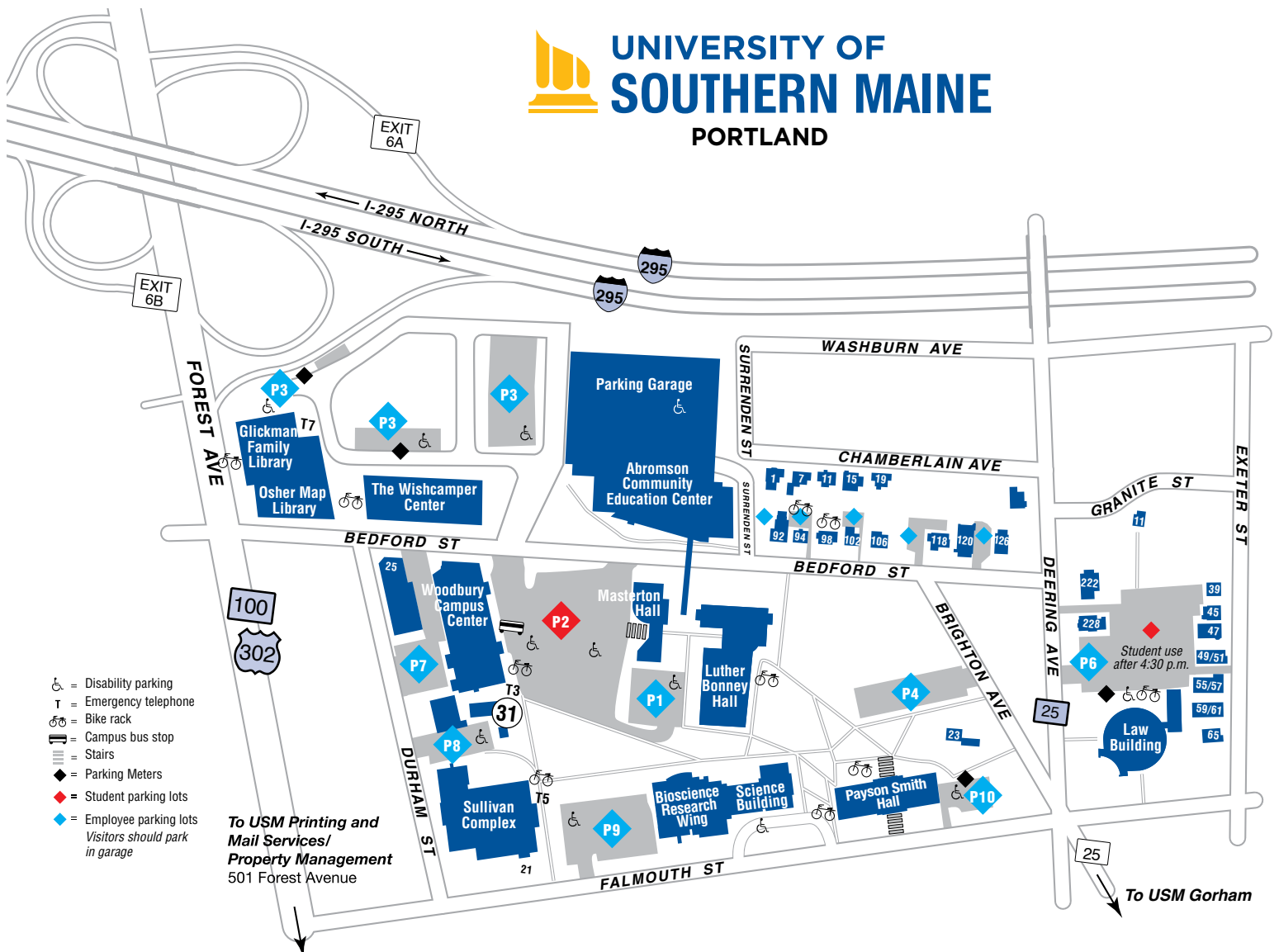
The Osher Lifelong Learning Institute at USM is based in the Wishcamper Center at 44 Bedford St. on the Portland Campus.

- OLLI classrooms are on the 1st and 2nd floors.
- The OLLI office is on the 2nd floor in Room 210.
- The elevator is off the lobby.

## PARKING AT OLLI

**Parking in surface lots on campus may earn you a parking ticket.** OLLI pays for our students to park in the USM garage on Bedford St. Simply push the button at the entrance to gain access to the garage. The exit gates will open automatically as you leave.

**To park in a handicapped space anywhere on campus, you must have a State of Maine handicapped placard or license plate. There are 20 handicapped spaces in the parking garage and eight in the parking lot directly behind the Wishcamper Center.**





# Monday Morning 9:30-11:30

## Putting Art into Your Digital Photography

Tim Byrne  
BYRNE\_ARTPHOTO

Let's explore the elements of design and composition, applying them to your photographs (and mine), discovering the different things that make a photograph "work." Plan to create images each week and bring them to class for "show and tell." Yes, there is homework, which you will enjoy and which will help boost creativity in your photography. Designed for students who are comfortable with the mechanics of their digital camera, **this repeat class** is also open to newcomers. To maximize your learning, you should be able to create a digital photograph and bring it to class on a CD or some form of memory card. **Required book:** *The Photographer's Eye*, Michael Freeman, ISBN 9780240809342, USM price \$29.95.

*Tim Byrne is an award-winning commercial photographer based in Scarborough. He exhibits his work frequently and has been published in numerous books and periodicals.*

## Reading Contemporary American Essays by Female Writers

Carole Center  
CENTER\_AMESSAYS

One form of creative nonfiction, the memoir, is enjoying an extended period of popularity. But other forms of creative nonfiction, particularly the personal essay, are equally worth our attention. These essays provide a personal take on a subject or issue rather than on a person's life. Laila Lalami, Leslie Jamison, and Roxane Gay are prominent, young American essay writers. In studying their essays, we will examine the perspectives they bring to subjects such as female empowerment and vulnerability, the ways we understand and misunderstand other people, and what we inherit from our ancestors. **Internet access required.**

*Carole Center is an English professor who teaches writing to first-year college students along with creative nonfiction as literature. She has a PhD from the University of Rhode Island and currently teaches at the University of New England.*

## The Bull, the Bear, and You

David Chute  
CHUTE\_BULL&BEAR

**This repeat course** will review stock, bond, mutual fund, and ETF selection for individual investment portfolios. Whether you purchase your own securities or hire an investment manager, ultimately you must review the security selections that are made to assure that they meet your asset-allocation and risk needs. Several different methods will be reviewed so that you can effectively

evaluate portfolios' suitability for your needs and goals. Each week the instructor will provide handouts on the subject being discussed for use in class work and for reference.

*David Chute retired from Chittenden Corp. as Senior Vice President, Chief Investment Strategist. He received Certified Financial Planner designation in 1988 and taught at Northern New England Center for Financial Training for over 30 years. He was elected to the USM Bailey Hall Wall of Achievement in 2006.*

## Domestic Policy Initiatives of the Trump Administration: What Will They Mean?

Bob Goettel  
GOETTEL\_TRUMPPOL

When classes begin in March, President Trump's priority issues, strategies and proposed legislation will be clear. These surely will have important implications for health care, the environment, infrastructure, trade, taxation, and perhaps others in ways that may surprise all of us, including the president himself. We will examine each of these issues with the assistance of guests from the university and the broader political community, as well as the knowledge and expertise of members of the class. Relevant readings will be distributed electronically each week. Be prepared for stimulating discussions. A preliminary schedule, including guests, can be viewed at [www.rjgusmolli.com](http://www.rjgusmolli.com).

*Bob Goettel is a retired Muskie School faculty member and USM administrator who has coordinated a Domestic Policy class at OLLI each spring and fall since 2008. He has led university-based and for-profit policy-research organizations and directed numerous policy and evaluation studies for federal and state governments and private foundations.*

## War and Peace for Troubled Times

Mark Lawrence  
LAWRENCE\_TOLSTOY

Many people are intimidated by Tolstoy's *War and Peace*. Don't be afraid! Once you know the characters, *War and Peace* is easy and a joy. It is also filled with wisdom for troubled times. Each class session will consist of a lecture and group discussion with occasional film clips. One way of learning the characters is to watch the first episode of BBC's 1972 *War and Peace* video series, free on YouTube. **Required book:** *War and Peace*, Leo Tolstoy, translated by Pevear and Volokhonsky, ISBN 9781400079988, USM price \$20. Please read the first 150 pages for week one.

*Mark Lawrence was a librarian and library director for many years. He has read War and Peace four times, three on the Boston subways. He has been in love with Tolstoy's characters for 40 years and hopes you will come to love them, too.*





# Monday Afternoon 12:45-2:45

## Le Français Intermédiaire

Jacqueline Bucar  
BUCAR\_INTFRENCH

**A continuation of French-language study**, with emphasis on expanding vocabulary and listening and speaking ability, this course assumes only a basic knowledge of French but is conducted largely in French to encourage participation in simple discussions. In addition to the text we will continue to read and discuss short stories in the Petit Nicolas series.

**Required books:** *Le Petit Nicolas*, Sempé-Gosciny, ISBN 9782070364237, USM price \$22.95. **This class runs six weeks starting March 20.**

*Jacqueline Bucar taught high school French in Connecticut for 16 years before pursuing a career in law. She graduated from the University of Connecticut with a BS, from Wesleyan University with a Master's of Liberal Studies, majoring in Literature and History, and from the University of Connecticut School of Law with a JD. She is a retired immigration attorney.*

## Mainers in American History: The Lure of the West

Jan Eakins  
EAKINS\_MAINEWEST

Missionary zeal, business opportunity, and California gold lured thousands of Mainers to the Pacific Coast by mid-19th century. We draw on hundreds of letters, diaries, and other sources to explore stories of men and women who headed west from the 1830s onwards and families left behind. We trace the pain of separation and how families coped. We consider who departed, who returned, and who prospered in the gold rush. We compare life in Maine and in the burgeoning west. We learn to discover historical clues and weave them into compelling stories. Lecture, discussion, some reading. **Not a repeat course.**

*Jan Eakins has researched 19th-century Mainers for the past two decades. She is writing a book on Maine in the California gold rush and has lectured on the subject across the state. She recently taught Media History and Journalism at SUNY Plattsburgh and is a trustee of Maine Historical Society.*

## Broadway's Musical Revolution: From Sentimental Tunes to The Demon Barber of Fleet Street and Hamilton

Richard Pollak  
POLLAK\_BWAYREV

Over the last half-century, the American musical theater has undergone sweeping change, driven primarily by Stephen Sondheim. After writing the lyrics for *West Side Story*, he repeatedly broke the mold to become one of

the world's most original creative artists, winner of eight Tonys, eight Grammys, an Oscar, and the Pulitzer Prize. With videos and recordings, the course will examine how Sondheim (*Company*, *Into the Woods*, *Sweeney Todd*) and the likes of John Kander and Fred Ebb (*Cabaret*, *Chicago*), and now Lin-Manuel Miranda (*Hamilton*) have invigorated the Broadway musical with intellectual depth, without sacrificing its unique gift for entertainment.

*Richard Pollak is the author of several books and has served as literary editor and executive editor at The Nation, as associate editor at Newsweek, and taught at Yale and New York universities. More at [www.richardpollak.com](http://www.richardpollak.com).*

## Christianity and Islam: Their Intellectual and Cultural Histories in Historical Perspective

James Roberts  
ROBERTS\_CULHIST

Topics covered in course will include the sources of our knowledge of the early periods of each religion; differences in the development of their sacred writings; different strategies for the accumulation and transmission of knowledge; competing tendencies in Islamic thought: Traditionalists, Mu'tazalites, and Asharites. We'll also explore the relationship of secular power and the sacred realm, compare intellectual developments in the mature period of each culture, and examine the impact of these histories on the relationship between the two cultures today.

*James Roberts holds a PhD in Political Science and was an Associate Professor in USM's Political Science department from 1967 to 2003.*

more MONDAY AFTERNOON courses on next page

### ENROLLMENT

**Register early online to ensure adequate enrollment in your favorite class!**

- All OLLI at USM classes must have a **minimum of 12 registered students** to run.
- Enrollments are determined two weeks prior to the first class or at the discretion of the OLLI staff. Under-enrolled classes will be cancelled. If classes are cancelled, all students will be notified of the cancellation. You will be given a full refund for the course or the opportunity to register for an alternate class.

## The Art of Living Well: A Peace Education Program

Rita Rubin-Long and Terry Landry  
RUBIN\_LIVEWELL

Discover and explore your own inner resources for successful living. Each session in this **nine-week, repeat course** features insightful talks and meaningful interaction about inner resources such as peace, appreciation, inner strength, self-awareness, understanding, dignity, choice, hope, and contentment. We will have time for reflecting, writing, and discussion. This media-based peace education program was created by The Prem Rawat Foundation.

**Materials fee: \$20**, due to Instructors at first class for workbook and articles.

*As a teacher, Rita Rubin-Long worked in partnership with parents to create the Many Rivers Program in the Portland Public Schools. Now retired, she consults with schools on creating caring learning communities.*

*Terry Landry recently retired from Colby College, where he incorporated his commitment to multicultural understanding into his role as manager of Foss Dining Hall. His listening skills and passion for cooking enabled him to develop a vegan-vegetarian menu widely appreciated by Colby students.*



## Tuesday Morning 9:30-11:30

### Spring 2017 **SAGE** Lecture Series

Each fall and spring, SAGE provides eight Tuesday-morning lectures. Topics include history, culture, the arts, geography,

and science. Drawing on community resources, SAGE offers attendees the opportunity to hear interesting speakers and to learn more about a wide array of interesting subjects. OLLI is excited to offer such an outstanding lecture program at the price of \$50 for the entire series.

Further details on the SAGE lineup — along with a registration form — can be found in the SAGE brochure you'll receive in February. The brochure will also be available on the OLLI website.



## Tuesday Afternoon 12:45-2:45

### Issues of Our Times

Mike Berkowitz  
BERK\_ISSUES

Let's tackle today's controversies. Each week we will explore three issues grouped under that week's topic (race, education, choice, health care, media, money, politics, and death). The specific issues we will address include abortion, inequality, taxes, Citizens United, guilty-by-reason-of-insanity, doctor-assisted suicide, the Affordable Care Act, school vouchers, Affirmative Action, and 15 more. Mini-lectures on psychology concepts, medical models, economics topics, and philosophical perspectives will give us frameworks for open discussions of modern dilemmas. Come solve the world's problems!

*Mike Berkowitz received a BA from Brown and a MA from the University of Massachusetts. He taught preschoolers, fifth-graders, and undergraduates before finding his niche at OLLI. He loves to use psychology to examine human interactions, to explore personal growth, and to critique society.*

### History of Britain: Beginnings to the Early Plantagenets

Dick Budd  
BUDD\_BRITAIN

This is the first in a projected multi-semester History of Britain. The major subjects of the course include: the first human settlement of the islands; the arrival of the Celts and their culture; Roman occupation and life in Roman Britain; the departure of Rome and Saxon invasions; the Saxon kingdoms and the unification of England; the Norman conquest and life in Norman Britain; and England under the first Plantagenet kings. We will examine both the lives of the people and the events and rulers that governed them.

*Dick Budd is a retired physicist who studied Physics at NYU and Harvard, leading to a doctorate. He spent most of his career developing special-purpose scientific computer systems. He teaches at OLLI on a wide variety of subjects, including bridge, development of the physical sciences, movies, science fiction, and history.*

## Proust Redux: Swann's Way

Janet Gunn  
GUNN\_PROUST1

In memory of OLLI student Sandy Hale, who took a chance that one thing might lead to another, Janet Gunn is launching another round of Proust. We will begin (and possibly end) with *Volume I, Swann's Way*. Sandy made it almost to the end of Volume 7 when she died in the effort to make one last connection — that time between planes.

**Required book:** *Remembrance of Things Past, Volume One: Swann's Way/Within a Budding Grove*, Marcel Proust, ISBN 9780394711829, USM price \$23.

*Janet Gunn's first book, Autobiography: Toward a Poetics of Experience, grew out of her doctoral work on Remembrance of Things Past at Duke University. She's been teaching, writing, and living out of it ever since. Published in 1984, the book will be brought back into print by the University of Pennsylvania Press in 2017.*

## Psychological Well-Being and Spirituality

Tom McGovern  
MCGOV\_WELLBEING

We begin with a pre-course, online assessment of your well-being virtues and character strengths, priorities for enhancing positive emotions, relationships, pursuit of meaning, engagement, and sense of accomplishment. These positive psychology concepts will be explored and discussed in light of the authentic stories and sayings by Jesus, the gospel narratives, and Paul's epistles. **Required:** Instructor will provide a book manuscript-in-preparation to participants for the approximated copying cost of \$15. Class members must have Internet access. Take the free, 120-item VIA Survey at <http://www.viacharacter.org>. Print out a copy of the results prior to the first class; this will be used throughout the course.

*Tom McGovern, an award-winning teacher and author, received his AB in Theology from Fordham University and his PhD in Counseling Psychology. He has taught six different OLLI courses at USM and two at Arizona State University.*

## Honing the Art and Craft of Writing, Continued

Ruth Story  
STORY\_HONE&WRITE

William Zinsser says that writing is "...mostly matters of craft: selection, organization, unity, voice, and tone. But also matters of attitude: enjoyment, curiosity, integrity, courage, and grace." This ongoing, writer-friendly, interactive course is designed for writers with some experience who want to hone their skills to become better writers. In the process we will explore ways to set a tone, engage the reader, create

believable characters, master the convention of language, eliminate clutter--and other essential skills of the writing craft. New comers to the group welcome.

*Ruth Townsend Story, editor, writer, and award-winning teacher, has written five books and scripted eight computer-assisted programs for teaching composition and literature. She edits and writes feature stories for two publications as well as educational materials for Scholastic Publishing. She is also a frequent presenter at professional conferences.*

## Beyond Timbuktu: An Introduction to Human Geography

David Suitor  
SUITOR\_HUMAN-GEO

This fast-paced, exciting, and interactive course will explore eight themes of human geography. Each unit will feature visual and oral presentations using a geographic approach to historical and current issues studying the following topics: introduction to human geography, population, migration, politics, culture, development and globalization, agriculture and industry, resources. The class will use maps, photos, videos, charts, readings, and current events and will provide ample discussion material to analyze the geographical principle of the "why of where." Internet access and a curiosity about today's world is a must. **Class will start March 28 and run for 8 weeks.**

*David Suitor had a 30-year career teaching AP History and AP Geography at St. Mark's School outside Boston. He attended Deerfield Academy, earned a BA in history at UVM, where he also did his graduate work in geography.*

## Islam in the U.S.: Nationally and Locally

Kathleen Sutherland  
SUTHER\_ISLAMUS

This course explores the growth of Islam in the U.S., its adoption by members of the African-American community, the history of Muslim immigration, the genesis of Muslim organizations in the U.S., and the challenge of preserving Muslim identity while adapting to American society. The role of Muslim women will also be addressed. Members of Greater Portland's Muslim community will meet with the class. This will be a combined lecture/discussion format; no previous background required. **Suggested books:** *Islam In America*, Jonathan Curiel, ISBN 9781848855991; *Muslims' Place In The American Public Square*, Zahid H. Bukhari, Sulayman S. Nyang, Mumtaz Ahmad, John L. Esposito, ISBN 0-7591-0613-4.

*Kathleen Sutherland is Associate Professor Emerita of Political Science and Women's Studies at BGSU in Ohio. Her PhD from Indiana University is in Middle East Studies and Political Science. Kathleen is president of the World Affairs Council of Maine. She has published works on Middle East women's roles.*



# Wednesday Morning 9:30-11:30

## Wishes, Lies, and Dreams: Making Stuff Up in 1000 Words or Less

Tim Baehr  
BAEHR\_1000WORDS

How do we tell the truth - about the world, about the human experience, about ourselves? While nonfiction seems a logical starting place, fiction offers a much wider range for getting at, and trying to solve, life's mysteries - great and small. Let's explore the basics of short fiction and share the results in in-class workshops. New writers are especially welcome.

*Tim Baehr's short fiction has appeared in several print and on-line journals, and in OLLI's Reflections.*

## Tragedy and the Absurd

Jim Bucar  
BUCAR\_TRAGEDY

Starting their explorations of fundamental questions about the nature of Man and the conditions of human existence from radically different assumptions, two schools of

CLASSES / TUITION

- Spring classes are held once a week from Monday through Friday, except for Tuesday mornings, and run for eight weeks, from March 20 through May 12.
- Morning classes run from 9:30 to 11:30; afternoon classes run from 12:45 to 2:45. Any exceptions to usual times are noted. There also are spring workshops on Saturdays (see page 21).
- **Tuition is \$50 per course for regular OLLI at USM classes.** Workshops typically cost \$15 for single sessions and \$25 for two or three sessions or a full day. Exceptions to the usual pricing structure are clearly noted.
- You must be an OLLI at USM member to enroll in classes and workshops. Membership costs \$25 per fiscal year, July 1 to June 30.
- In addition to classes, OLLI offers several Special Interest Groups. (See page 26 for a list.) **You must be a current OLLI member to participate in these.** For news and updates on OLLI activities, read your *OLLI at USM Newsletter*, go to the OLLI at USM website ([www.usm.maine.edu/olli](http://www.usm.maine.edu/olli)), and check the literature racks in the main lobby and at the top of the stairs.

literature arrive at radically different conclusions. Or do they? We will explore that apparent dichotomy in three theatrical masterpieces that argue about the possibility of finding moral clarity, whether it is necessary - or even possible - to commit to action and find or create meaning.

**Required books:** *Waiting for Godot*, Samuel Becket, ISBN 9780802144423, USM price \$14; *Hamlet*, William Shakespeare, ISBN 978046272788, USM price \$3.50; and *Rosencrantz and Guildenstern Are Dead*, Tom Stoppard, ISBN 9780802132758, USM price \$15.

*Jim Bucar earned BA and Master's degrees from Wesleyan University in Connecticut. For 40 years, mostly at The Hopkins School in New Haven, he taught Russian Literature, Comparative Literature, Dangerous Books, and Literature and Moral Ideals. Recently, he was a docent for Shakespeare's First Folio exhibit in Portland.*

## Shakespeare Alive!

Derek Campbell  
CAMP\_SHAKESPEARE

While many factors contribute to Shakespeare's universal appeal, here we focus on his unique, magical use of language. We will examine selected sonnets and monologues, consider his underlying musical score, and look at ways to decipher the rhythm and image codes in the verse. We trace the various steps an actor follows in analyzing and preparing sonnets and monologues, and we'll share these findings. Participants will be expected to read aloud, but there is no end-product performance.

**This class will start a week late on March 29, and run for 7 weeks. Suggested book:** *The Complete Works of Shakespeare*, ISBN 9781540672223.

*Derek Campbell retired to Portland after a 40-year career as an actor, director, and teacher in Ireland, England, and the United States. He was born in Belfast, Northern Ireland. In 1976, a prize-winning production of A Midsummer Night's Dream brought him to the U.S. and earned him a directing scholarship at Penn State. He has held academic positions at Middlesex Polytechnic, London; SUNY Buffalo; MIT; Bennington College; and Niagara University.*

## The Art and World of Pieter Bruegel

Nathaniel Larrabee  
LARRABEE\_BRUEGEL

**This is a repeat of the winter term course.** Pieter Bruegel's art represents both the end of the Middle Ages and rise of the Northern Renaissance in Europe. Beginning with Jan van Eyck, this course will survey the art, history, and cultural changes from 14th century Netherlands through the Dutch Golden Age and how this relates to our times. Seminal figures include Hugo van der Goes, Roger van der Weyden, Bosch, and later artists, including Rembrandt and Vermeer. We will focus on Bruegel's vision of the

common man and how that set the stage for Modern Art. This “shared Inquiry” class has both lecture and discussion. There are no pre-requisites and all are welcome. **Suggested book:** *Bruegel* (Basic Art 2.0), Rose-Marie Hagen and Rainer Hagen, ISBN 9783836553063. **This is a six-week course, beginning March 22, with the option to run a seventh session.**

*Nathaniel Larrabee is a retired Professor of Fine Arts at the Columbus College of Art and Design. He has also taught at Wellesley College, Boston University, and Northeastern University. Exhibited at the regional, national and international levels, he is represented in diverse public and private collections.*

## The Logic and Literature of the Peak Experience

David Morton  
MORTON\_PEAK

This course will be a serious exploration of Abraham Maslow’s “moments of highest happiness and fulfillment,” as seen through the eyes of British popular philosopher Colin Wilson, referencing Toynbee, Nietzsche, Eileen Garrett, Arthur Koestler, Sartre, Camus, Henri Bergson, Graham Greene, Dostoevsky, and many others. Selected reading will be available online and from instructor.

*David Morton is a graduate of Penn’s Wharton School and former Presbyterian clergyman. No longer an orthodox religionist, he retains a passion for philosophy and theology, myth, comparative religion, and the perennial philosophy.*

## The Creation of Modern Italy

Fiorello Ventresco  
VENTRESCO\_ITALY

Many tourists who visit Italy are surprised to learn that the modern Italian state did not exist before 1871. This course will focus on the unification process and why even the astute Austrian minister Metternich was wrong in 1815 when he referred to Italy as “...a geographical expression.” We shall consider literature, art, and music of the era in the developing sentiment for Italian unification (Il Risorgimento). The political process was complex and involved conflicting leadership and ideas. The final product was a somewhat fragile unity with lingering problems, as Italy entered the 20th century. **This is a repeat course from spring 2011. Required book:** *The Leopard*, Giuseppe di Lampedusa Giuseppe, ISBN 9780375714795, USM price \$16; **Suggested book:** *Garibaldi: Hero of Italian Unification*, Christopher Hibbert, ISBN 9780230606067.

*Fiorello Ventresco retired from the USM History Department, where he specialized in modern European history and introduced courses on Italian history and Fascism.*



# Wednesday Afternoon 12:45-2:45

## Disquieting Times’ Survival Guide: Roundtable Talks about Keeping Our Integrity

Joan Aldrich, Paul Doherty, and Alan Mills  
ALDRICH\_RNDTABLE

This survey course will consider critics of injustice and oppression: Gandhi, Bonhoeffer, Pope Francis, Joan of Arc, and others. Extensive outside reading is recommended, but not required. In-class readings will provide a foundation for discussions characterized by respectful listening to one another as we each seek a deeper understanding of our personal resources that foster resiliency. What might you do if a Muslim Citizen Registry were to be enacted? Bonhoeffer said: “First they came for the Communists, but I was not a Communist so I did not speak out. Then they came for the Socialists and the Trade Unionists, but I was neither, so I did not speak out. Then they came for the Jews, but I was not a Jew so I did not speak out. And when they came for me, there was no one left to speak out for me.”

*Joan Aldrich (MDiv), Paul Doherty (MDiv), and Alan Mills (MEd), share an appreciation of diversity and concern for others and will facilitate thoughtful, engaged discussions in these rapidly changing times.*

## Sit Down and Shut Up: Zen, Punk Rock, and Mindfulness

Tim Baehr  
BAEHR\_PUNKZEN

After a brief introduction to Zen Buddhism, we will read about and discuss *Shobogenzo*, or *Treasury of the Right Dharma Eye*, by Dogen, a 13th-century Japanese monk and founder of the Soto Zen school. Brad Warner, in his book *Sit Down and Shut Up*, lays out the underlying principles of the Soto school. Warner explains the basics of *Shobogenzo* as they relate to meditation and everyday life. An ordained Zen priest and former punk rocker, Warner pulls no punches. Each class will include a short period of meditation. **Required books:** *Practical Zen*, Tim Baehr (available from the author at the first class, \$8.95); *Sit Down and Shut Up: Punk Rock Commentaries on Buddha, God, Truth, Sex, Death, and Dogen’s Treasury of the Right Dharma Eye*, Brad Warner, ISBN 9781577315599, USM price \$17.95. **This repeat class will run for six weeks starting March 22.**

*Tim Baehr has taught Zen Buddhism at OLLI for several years.*

more WEDNESDAY AFTERNOON courses on next page

## Art, Music, and Poetry: The Origins of Creative Experience

Elizabeth Chapman  
CHAPMAN\_CREATIVE

How can a painting or a poem give rise to a tactile sensation? How can music summon spatial imagery? Human experience is a creative act. In this slide/lecture/discussion course, we'll read from philosophers, neuroscientists, musicians, and poets and look at paintings from Lascaux to Expressionism as we attempt to answer these questions. There will be simple, optional homework.

**Required reading** (on e-reserve in the library): A Brief Tour of Human Consciousness, V.S. Ramachandran, Chapter 4 — "Purple Numbers and Sharp Cheese"; The Body Has a Mind of Its Own, Sandra Blakeslee, Chapter 1 — "The Body Mandala"; Music and Gesture, Anthony Gritten and Elaine King, Chapter 3 — "Hearing, Feeling, Grasping, Gestures."

**This is a repeat course.**

*Elizabeth Chapman has a MArch from MIT and BArch from Cornell. She has taught courses on Perception, Creativity, and Neuroscience at OLLI and Lafayette College. She is a practicing architect and paints in a Portland studio.*

## The Popular Music of the 1940s

Terry Foster  
FOSTER\_40SMUSIC

This course explores the music of the 1940s, particularly songs that became "standards." Through lecture, discussion, videos, live music, and singing, we will recall what was popular. We'll discuss major events when Roosevelt and Truman were in the White House, but our main focus will be on music. You'll hear Crosby, Clooney, Fitzgerald, "Satchmo," and others, as well as country and western singers, plus Latin music from Cugat, etc. We'll discuss popular foods, toys, movies, radio, etc. We'll have fun and end with a party! **Suggested book:** *American*

*Culture In the 1940s*, by Jacqueline Foertsch, Edinburgh University Press, 2008, ISBN 0748624139.

*Terry Foster began playing piano in the mid-'40s. He has played in dance bands, folk groups, and musical theater and has accompanied singers. He is a church musician and plays in a New Orleans jazz band. A retired USM administrator with a doctorate in higher education, he co-founded Senior College, OLLI's forerunner.*

## Reader's Theater (RT) Performance

Paula Johnson and Barbara Bardack  
JOHNSON\_RT

Willingness to use your imagination to immerse yourself in a role is a prerequisite for **this ongoing class**. It's an opportunity to learn and practice basic acting techniques using voice and facial expressions. Class includes pantomime and improvisation skills. While sharing constructive critiques, students will be cast in various roles and will rehearse multiple short plays during the term, followed by a performance the week after the term ends. No memorization required.

*Paula Johnson holds a Master's in Business Management from Husson, and her professional life spans 40 years. She has pursued theater in all aspects, touring with Portland Children's Theater in New England, acting in local theater groups, and working in many behind-the-scenes capacities.*

*Barbara Bardack, a retired public-school teacher, taught Reader's Theater as an aid to reading instruction and appeared in school productions and Community Theater in New York, Ohio, and Freeport, Maine. Behind-the-scenes work includes a stint in Public Broadcasting and as props master with the Freeport Community Players.*

## Henri Matisse: His Vision, His Art, and His Philosophy

Nathaniel Larrabee  
LARRABEE\_MATISSE

This course has been retitled and revised in response to the recent Portland Museum Exhibition, "The Art Books of Henri Matisse," and the upcoming (April 9-July 9, 2017) Boston MFA exhibition "Matisse in the Studio." Matisse is French painting *par excellence*. Matisse and Pablo Picasso are also the twin pillars of 20th Century Modernism. This course will explore Matisse and his art, education, and philosophy in relation to the School of Paris as well as his profound effect on the post-war New York School of Abstract Expressionism. This is a "shared Inquiry" class with both lecture and discussion; all levels of experience are welcome. **This is a six-week course, beginning March 22, with the option to run a seventh session.**

*Nathaniel Larrabee retired as a Professor of Fine Arts at the Columbus College of Art and Design in Columbus, Ohio. He has also taught at Wellesley College, Boston University and Northeastern University. He has exhibited at the regional, national and international levels and is represented in diverse public and private collections.*

### Membership in OLLI at USM entitles you to:

- Parking in the USM garage, courtesy of OLLI at USM
- Access to wireless Internet on the USM campus
- Participation in OLLI Special Interest Groups
- An OLLI-designated USM photo ID card (fill out a simple request form in the OLLI office)
- Access to the USM library
- Special USM discounts throughout Greater Portland (details at [usm.maine.edu/olli/olliusm-student-privileges](http://usm.maine.edu/olli/olliusm-student-privileges))

PRIVILEGES

## John Grisham Films Revisited

Pat Davidson Reef  
REEF\_GRISHAM

This course will explore John Grisham's style of exciting mysteries reproduced in films. As a retired attorney, many of his themes deal with the law on a fictional level. However, his background as a lawyer enhances the credibility of his fast-paced stories. Many of the films can be considered social-justice films. All are fictional but have strong touches of reality. Films that will be shown and discussed in the course include *The Firm*, *The Pelican Brief*, *The Runaway Jury*, and *Time to Kill*.

*Pat Davison Reef, a retired Humanities and English teacher, has a Master's Degree in Education and writes reviews on museum exhibits for the Lewiston Sun Journal. Pat's children's biography, Dahlov Ipcar, Artist, was recently reissued from an earlier work she authored. Pat has had a passion for art and films all her life, and at 78, is beginning all over.*



# Thursday Morning 9:30-11:30

## Peaceful Motion in Troubling Times

Fred Brancato  
BRANCATO\_TAICHI

Each class in this course will be divided into two parts. First, we will reflect upon how traditional Native American ways and world views hold the key to fostering peace in a violent, fractured, and troubled society. As we do this, similarities between Native American, Taoist, and Sufi mystical traditions will be noted. Our reflections will then be integrated into the peaceful, meditative, and flowing movements of Tai Chi Qigong. There will be a balanced mix of selected readings, mini lectures, discussion, and meditative movement. Loose, comfortable clothing is recommended.

*Fred Brancato has studied the world's diverse spiritual traditions for close to 60 years and holds a PhD from the Department of Culture and Communication at New York University. He's been practicing Tai Chi for 28 years and teaching it for 14.*

## Modern Standard Arabic

Nabil Loka  
LOKA\_ARABIC

Arabic is one of the leading languages in the United Nations. This course is intended to offer instruction in the basic conversation of modern standard Arabic throughout the Arab world. Students will also learn about Arabic culture and how to prepare Arabic foods from Iraq. **Required book:** *Arabic for Beginners*, Sued Ali, Hippocrene Language Studies, ISBN 0-7818-0841-3, available through Amazon.

## Explore Portland's Historic Neighborhoods – On Foot

Bruce Wood  
WOOD\_PTLD\_ONFOOT

Enjoy six weekly, narrated walks — **rain or shine** — through Portland's historic neighborhoods exploring the city's history, architecture, and people since Europeans arrived. View historic structures, learn about famous architects and their works, and discuss immigrant populations. The longest walk will be 2 miles in two hours. The greatest elevation change will be from the Longfellow House to the waterfront and back. All walks will be on pavement, with side trips into two grassy cemeteries. **Suggested book:** *Portland, A Short History* by Allan Levinsky, ISBN 9781933212432. **Instructor will contact students about the meeting place prior to each class. This six-week, repeat course starts March 29.**

*Bruce Wood moved to Portland after retiring as a computer programmer for Amtrak. He fell in love with the city's history and architecture and now serves on Portland's Historic Preservation Board. He leads tours of the Old Port for the Maine Historical Society, the Victoria Mansion, and the Observatory.*

*Nabil Lokia came to the U.S. from Iraq in 1970. He has taught similar courses in modern standard Arabic at Washington University in St Louis, Mo., and at USM.*

## Cosmos Updated, Part Two

(Part One not a prerequisite)

Gale Rhodes  
RHODES\_COSMOS2

**This is a continuation of the winter 2017 course, *Cosmos Updated, Part 1*; not a prerequisite.** From atoms to life to universe, watch and discuss Neil deGrasse Tyson's sweeping 2014 TV series *Cosmos*. Then learn about recent advances in series topics: gravity waves, Higgs particle, medical advances. We'll watch one episode of *Cosmos* in the first hour of each meeting. The second hour features demonstrations, topic updates, and discussion based on your questions and interests. Finally, we seek to connect science to society, the humanities, and the arts. This course covers episodes 7-13 of the TV series, with review of appropriate material from Winter-term episodes 1-6. Readings at <http://oneculture-olli.blogspot.com>

*Gale Rhodes (BS, Mathematics; PhD, Chemistry) has taught college chemistry, biochemistry, interdisciplinary courses, and several OLLI courses. Publications include biochemical research, science/interdisciplinary education, natural history, and a book about how scientists learn the structures of biomolecules. His website, One Culture, connects science with other forms of knowledge.*

more THURSDAY MORNING courses on next page

## The Peoples of America: Topics in American History II, 1865-Present

John Sutherland  
SUTHER\_AMHIST2

This is the second of a two-term refresher course for those whose school or college history has faded into yesteryear!

**The first course (fall 2016) is NOT a prerequisite for this course.** It will encompass social, political, economic, and foreign-policy history. Topics will include industrialization, urbanization, immigration, significant elections, race and gender in the 20th century, world war, and cold war.

**Suggested book:** *A Short History of the United States from the Arrival of Native Americans to the Obama Presidency*, Robert V. Remini, ISBN 978-0-06-083144-8.

*John Sutherland graduated from the University of Maine and received his PhD from Temple University. He is Emeritus Professor of History at Manchester (Conn.) Community College and also taught at the University of Connecticut and Eastern and Central State Universities.*

## The Middle East in the World Through Film, 5

Kathleen Sutherland  
SUTHERLAND\_FILM5

The Middle East has a richly developed film industry that delves into social and political issues from the early 20th century to the present. **In this ongoing class**, we will view documentary and commercially made films from Morocco to Iran and beyond (immigrant experience in Europe and the U.S.). Discussion will follow the showing of the films.

*Kathleen Howard Sutherland is Associate Professor Emerita of Political Science and Women's Studies at Bowling Green State*



# Thursday Afternoon Special time 12:30-3 (Aldrich class only)

## Resisting Fascism, Fomenting Revolution, and Surviving Hard Times: A Film/Discussion Course

Joan Aldrich  
ALDRICH\_FACISM

**This seven-week film series, beginning March 23**, provides a foundation from which to consider how economic injustice, political oppression and fascism have erupted, at different geographical locations and times, throughout history. Underlying each film/discussion will be two questions: how and when does power go awry? Can fascism arise here? We'll discuss a variety of reactions to oppression. What in our film protagonist's situations foster

*University in Ohio, specializing in Middle East Studies. She was born and brought up in Egypt and had a research fellowship in Morocco. Kathleen has taught courses at OLLI since 2005. She is president of the World Affairs Council of Maine.*

## 21st-century Novelists Consider the 20th Century

Betsy Wiley and Sarah Franklin  
WILEY\_21stCENTURY

How is the historical novel evolving? We're all familiar with books that purport to present an honest view of great figures of the distant past, but how do modern writers retell stories we know well, those we have lived through? How does the Post-modernist treat modern history? That will be the focus of our discussion as we read. **Required books:** *The Red Chairs*, Edna O'Brien, ISBN 9780316378246, USM price \$15.99; *High Dive*, Jonathan Lee, ISBN 9781101873329, USM price \$16; *Everyone Brave is Forgiven*, Chris Cleave, ISBN 9781501124374, USM price \$26.99 (paperback due out in March); *Quiet Dell*, Jane Anne Phillips, ISBN 9781439172544, USM price \$16. Please read the first half of *The Red Chairs* for the first class.

*Betsy Wiley has lived in Maine for most of her life and has a PhD in American Studies.*

*Sarah Franklin has taught this modern novels class with Betsy for the last five years and is delighted to continue our study of The New Historicism.*



the necessity, willingness and/or ability to stand up for their beliefs? What enables their resistance to authoritarianism? What qualities or circumstances enhance resiliency? Films may be subject to change but will likely include: *Iron-Jawed Angels* (women's voting rights); *Matewan* (1920s coal strike); *The Motorcycle Diaries* (formative years of Che Guevara); *Cry, the Beloved Country* (South African apartheid); *No!* (freeing Chile from Pinochet in 1988); *Even The Rain* (Bolivian water crisis/privatization of water in 2000); and *Timbuktu* (fighting the Taliban).

*Joan Aldrich facilitates discussions based on respectful listening and consideration of many viewpoints.*





# Thursday Afternoon 12:45-2:45

## Keeping Memory Alive: Family Memoir

**Norman Abelson**  
**ABELSON\_MEMFAM**

Open memory bank. Go back in time. Visualize, discuss, and write memoir. This class will include instruction, in-class reading and writing exercises, discussions, and critiques. Weekly related homework, writing and reading assignments, are included. **Required book:** *Right Time, Right Place*, Norman Abelson, provided by teacher for \$16.95. By course end, students will have a start on their memoirs; the rest is up to them.

*Norman Abelson has been leading this and related courses at OLLI for more than eight years. He originated it some 20 years ago at Brandeis University and has been offering it since at libraries and historic societies. He is the author of three books and is working on a fourth.*

## Line Dancing: A Cross-cultural Perspective

**Jack Lynch and Jennifer Frick**  
**LYNCH\_LINEDANCE**

This **ongoing, participatory dance class** draws from the dances of many cultures: traditional American Country/Western (using contemporary C/W and pop music), Greek circle dances, Brazilian samba, tango, rhumba, Spanish cha-cha, and the Shim Sham jazz line dance from Harlem. Not all of these are taught every semester. Prior dance experience is not necessary, but ability to comfortably walk two miles at a decent pace is strongly recommended. New dances will be taught and previously taught dances reviewed at each class.

*Jack Lynch has danced socially for 30 years. He taught swing dance once a week for six years at a bar in Massachusetts.*

*Jennifer Frick has danced informally her whole life and has been a student and a co-teacher in the line-dance class for three sessions.*

## Life and Music of Johann Sebastian Bach

**Carolyn Paulin**  
**PAULIN\_JSBACH**

This new course will present the music of J.S. Bach, including choral works; instrumental, keyboard, and vocal works; and his great music for the organ. The Bach family history will be discussed — both his musical predecessors and his famous musical sons — and we'll focus on Bach's 27 years as Cantor of Leipzig. There will be both video and audio recordings of Bach's famous works including the "Christmas Oratorio" and the "Brandenburg Concertos." Ray Cornils, Portland's Municipal Organist, will be our

special guest when we study and hear some of Bach's organ works.

*Carolyn Paulin earned her DMA in Choral Music from the University of Illinois at Urbana-Champaign. She has been a choral conductor for over 40 years, now leading "Sister in Song," the young women's vocal ensemble at Portland Conservatory of Music. A classical music producer and program host at WFMT Radio in Chicago for 13 years, she now is a free-lance producer for Maine Public.*

## How to Sell on Etsy.com for Fun and Profit

**Barbara Rich**  
**RICH\_ETSY**

Etsy.com is a website for selling handmade or vintage items and supplies for making things. Would you like to make some extra income? Do you want to downsize but aren't sure what to do with your vintage possessions? Have you run out of people to give your handmade pieces to? Do you have craft supplies or partially finished crafts that you are no longer interested in? If so, selling your things on Etsy may be your answer. This course covers everything you need to know to set up an Etsy shop. You will need basic email and computer skills.

*Barbara Rich is a retired tenured faculty member and Faculty Emerita in the School of Social Work at USM. In addition to teaching fiber jewelry making at OLLI and working for the Red Cross as the Community Outreach Disaster Preparation Specialist, she runs two online Etsy shops.*

## Maine Poets

**John Sutton**  
**SUTTON\_MEPOETS**

We will read aloud and discuss selected poems by Maine poets, from Longfellow to the present. To prepare for each class, participants will read a portion of the text and from that group of poems choose the ones they would like to read and talk about together. They will be encouraged to bring to class for consideration other Maine poems not in the text. **Required book:** *The Maine Poets*, Wesley McNair, editor, ISBN 9780892727087, USM price \$17.95. **This class will start March 23 and run six weeks.**

*Sutton is a poetry lover and Yale alumnus. He taught English in the Darien, Conn., public schools for 35 years and has taught courses on literary topics in Lifelong Learning Institutes in Connecticut and Maine since 1996.*

More THURSDAY AFTERNOON courses on next page

## History of Maine: Prehistory to Present Day, Part 2

Rick Tomazin  
TOMAZIN\_MAINEHIS2

This two-semester course covers Maine from pre-historic times to the recent past. Each semester is independent but will complement the other. Presenters are a collaboration of noted scholars of Maine history. **Though this is a repeat of Part 2 from spring 2016**, there will be some new topics and lecturers. Maine has played a significant role in the

growth of this country, and we will see how that impacted the state. From Katahdin to the seashore, Kittery to Fort Kent, we will investigate the story of our beautiful state. **Suggested book:** *Maine: The Pine Tree State from Prehistory to the Present*, Richard W. Judd, Edwin A. Churchill, and Joel Eastman, ISBN 9780891010821.

*Rick Tomazin has been an OLLI student since 2006. A native of Washington, Pa., and a Mainer since June 1972, he is a graduate of Washington & Jefferson College, Washington, Pa., and a History major.*



## Friday Morning 9:15-11:15, Talbot Lecture Hall (Hunt class only)

### The Great Antagonists: The Lives and Times of Thomas Jefferson and Alexander Hamilton

Draper Hunt  
HUNT\_ANTAGONISTS

This course will bring to life two of America's most iconic Founders. We will examine their widely disparate origins, childhoods, and young manhoods and the seminal role each played in founding the United States. Their widely divergent views on what the young Republic should become pitted them against each other like fighting cocks

in President George Washington's Cabinet. The stormy conflicts of the John Adams Administration and the 1800 election of Jefferson as third president follows. Hamilton's tragic death and Jefferson's presidency conclude the course. **Suggested book:** *Jefferson and Hamilton*, John Ferling, ISBN 9781608195435. **This class begins March 17 and runs for 8 weeks.**

*Draper Hunt holds a BA from Harvard College, MA and PhD from Columbia University. Draper is a USM professor emeritus, having taught history at the University for 32 years (1965-97). Previously, he taught at Hunter College in the Bronx.*



## Friday Morning 9:30-11:30

### The Life and Legacy of Frances Perkins Chris Cash, Facilitator CASH\_PERKINS

Frances Perkins, FDR's secretary of labor, was the first woman to serve in a presidential cabinet. Learn how this self-made woman, with roots in Maine, became America's leading advocate for industrial safety and worker's rights. This six-week course, presented by board and staff members of the Frances Perkins Center, will cover Frances Perkins and her life, Social Security and the New Deal, WPA and other New Deal programs, the Fair Labor Standards Act, and a visit to the Frances Perkins Homestead in Newcastle. **Required book:** *The Woman Behind the New Deal*, Kirstin Downey, ISBN 9781400078561, USM price \$18. **Suggested book:** *A Promise to All Generations, Stories and Essays about Social Security and Frances Perkins*, Christopher Breiseth, ISBN 9780615417226.

*Presenters: Michael Chaney, Executive Director, Frances Perkins Center; Hon. Leah Sprague, Board Treasurer, retired justice of the Massachusetts Trial Court and a graduate of Brown University and Boston University School of Law; Dr. Christopher Breiseth, Board Chair, past president and CEO of the Franklin and Eleanor Roosevelt*

*Institute in New York; Sarah Peskin, Board Secretary, former Chief of Planning and Legislation for the National Park Service North Atlantic region; Charles Wyzanski Jr., Harvard College and Columbia Law School, former Assistant Attorney General for Massachusetts; Tomlin Coggeshall, Frances Perkins' grandson, tour leader at the National Historic Landmark-designated Homestead.*

### Enjoying Poetry

Robert Libby  
LIBBY\_POETRY

This course will feature open discussion and sharing of all types of poetry. Instructor will provide poems for investigation and encourage participants to bring poems that they wish to investigate. Handouts will be supplied, including *The Circled Shore* and *New and Improved Poetry* by Robert Libby

*Robert Libby has been reading, writing, learning, and teaching poetry for more than 50 years. Objects May Appear and Love Notes, Etc. will be available in spring 2016.*

## The Healing Power of Writing

Helen Rousseau  
ROUSSEAU\_WRITING

This class is designed to encourage participants to use the transformative power of writing to heal from life's wounds and move on to healthy and mindful living. **Required book:** *Coming to the Edge: 50 Poems for Writing and Healing* (available from the instructor for \$15), Writers will respond to prompts provided in the text and then share their efforts in small groups. Group members will listen to readings and focus on the strengths of the writer's individual voice, creating a safe space. All levels of writing ability are welcome

*Helen Rousseau, a Catholic nun for 30 years, is now an ordained Interfaith Minister. Her journey from dogma to interior spiritual freedom is what her poems and writings are about. She contributes to the Saturday Reflections column in the Portland Press Herald. She's a graduate of the Amherst Writers and Artists Program.*

## Art Studio

Dona Sherburne  
SHERBURNE\_STUDIO

Escape from "busy" and give yourself a two-hour block of time to work on your art, at your own pace, in a relaxed environment. Fellow artists share ideas, encouragement, and support. Pack your materials and come paint! **NOTE:**

if you are using oils, please plan to use water-based paints only.

*Dona Sherburne has taught art, cooking, and theater classes over the years. Her artwork has been exhibited and sold in many venues.*

## Great Decisions AM

Mike Wygant  
WYG\_DECISIONS17\_1

Great Decisions is a flagship program of the World Affairs Council of Maine, facilitated by members of the Council. The eight topics of discussion for 2017: The Future of Europe, Trade and Politics, Conflict in the South China Sea, Saudi Arabia in Transition, U.S. Foreign Policy and Petroleum, Latin America's Political Pendulum, Prospects for Afghanistan, and Nuclear Security. Students will be mailed a class outline in advance and will be asked to purchase the Great Decisions booklet. Students are requested to read the relevant chapter before each class to facilitate active discussion. **Required book:** *Great Decisions 2017 Edition*, ISBN 9780871242501, USM price \$25. **This class is repeated in the afternoon.**

*Michael Wygant, course coordinator, is a retired U.S. Foreign Service officer with extensive overseas experience. He is ably complemented by well-experienced volunteers from the World Affairs Council of Maine, who will serve as discussion leaders for the various topics under review.*



# Friday Afternoon 12:45-2:45

## Road Trip: A Cultural History of American Roads and Highways

Sherrie Chapman  
CHAPMAN\_ROADS

**This seven-week class** will explore the history of American roads and highways, from Native American roads of prehistoric times through the American car culture of mid-century America to the environmental issues related to automobiles in the present day. Additional topics will include road technology and design, the social and economic impact of roads, road music, road literature, and road movies. **Required books:** *The King's Best Highway*, Eric Jaffe, ISBN 9781416586159, USM price \$20.99; *The Big Roads*, Earl Swift, ISBN 978054790724, USM price \$15.95. **No class the week of April 2.**

*Sherrie Chapman has a Bachelor's degree, Master's degree, and three years of post-graduate study in American history. Since a trans-continental road trip with her family at age 8, Sherrie has been an enthusiastic traveler of American roads.*

## The Physical Universe

Jim Janak  
JANAK\_UNIVERSE

Using photographs, many spectacular, from telescopes on earth and space and images from NASA spacecraft missions, as well as diagrams, charts, and animations, we look at our universe from the earth out. We start with the solar system: the earth, the moon, and each of the planets and their moons. We'll look at how the sun and other stars work, and how stars cluster into galaxies, galactic clusters, and superclusters. Finally we look at modern cosmology — the evolution of the universe starting from the big bang and those measurements that suggest dark matter and dark energy. **This is a repeat course.**

*James F. Janak has a BS, MS, and ScD in Electrical Engineering from MIT. He was a Research Staff Member at IBM and an Adjunct Professor of Physics at Pace University.*

More FRIDAY AFTERNOON courses on next page

## Women in Early Literature

Evy Newlyn  
NEWLYN\_WOMENLIT

We will consider the lives, roles, and thinking by and about women in the Archaic and Classical periods in Greece, as presented in myths, poetry by women and men, and in drama, studying works by writers such as Hesiod, Sappho, Semonides, Sophocles, and others of those times. We will learn from Herodotus the truth about Amazons, and will view relevant art as well. Assignments not in the purchased texts will be provided. **Required books:** *Greek Tragedies 1*, 3rd edition, ISBN 9780226035284, USM price \$12; *Greek Tragedies 3*, 3rd edition, ISBN 9780226035932, USM price \$12.

*Evy Newlyn is Professor Emerita of English from the State University of New York. After earning her PhD in English from Syracuse University, she taught at universities in Virginia, Maine, and New York. Her special interests are Classical literature, medieval literature, and cats.*



# Friday Afternoon Special time 1:30-3:30 (Song class only)

## Conversational Chinese

Fangfang Song  
FANG\_CHINESE

**This repeat course** aims at providing a basic foundation in the combined skills of listening, speaking, and writing Chinese characters as well as cultural aspects related to communication. Learners will learn the Mandarin phonetic system (Pinyin), pronunciation, stroke order, and basic Chinese characters. Basic grammar and sentence

## Great Decisions PM

Mike Wygant  
WYG\_DECISIONS17\_2

Great Decisions is a flagship program of the World Affairs Council of Maine, facilitated by members of the Council. The eight topics of discussion for 2017: The Future of Europe, Trade and Politics, Conflict in the South China Sea, Saudi Arabia in Transition, U.S. Foreign Policy and Petroleum, Latin America's Political Pendulum, Prospects for Afghanistan, and Nuclear Security. Students will be mailed a class outline in advance and will be asked to purchase the Great Decisions booklet. Students are requested to read the relevant chapter before each class to facilitate active discussion. **Required book:** *Great Decisions 2017 Edition*, ISBN 9780871242501, USM price \$25. **This class is a repeat of the morning session.**

Michael Wygant, course coordinator, is a retired U.S. Foreign Service officer with extensive overseas experience. He is ably complemented by well-experienced volunteers from the World Affairs Council of Maine, who will serve as discussion leaders for the various topics under review.

structures will also be included. Students will be able to conduct conversations based on daily topics, in a manner that aligns with Chinese cultural norms and social etiquette.

*Fangfang Song graduated from Qiqihar University in 2003. After graduation, she taught English at Daqing Vocational College. She now teaches Chinese at the Confucius Institute at the University of Southern Maine and also teaches Mandarin at Deering High School and Casco Bay High School.*

### SOME OLLI REMINDERS

#### ***A few things to keep in mind while attending classes and workshops:***

- Don't know where your class is being held? Room numbers for all classes are posted throughout the building as well as on the electronic bulletin board in the Wishcamper lobby.
- As a courtesy to your instructor and fellow students, please wear your nametag. If you don't have a nametag yet, stop by the OLLI office and request one.
- Please silence all electronic devices before your class starts.
- In consideration of classmates with allergies, please do not wear anything scented: cologne, shaving lotion, moisturizer, etc.

### BOOKS AND CLASS MATERIALS

- **Acquiring books and materials is the student's responsibility.**
- Books and materials will be listed in each course description as **Required** (the class – i.e., a literature course – cannot function without the book) or **Suggested** (it would enhance the class but is not necessary). If no books or materials are listed in a course description, none are needed.
- Book prices are listed only for required books and reflect USM Bookstore prices.
- For your convenience, all required books and a limited number of copies of suggested books will be carried in a special OLLI-designated section at the USM Bookstore on the USM Portland campus. **However, students also are welcome to procure books from other sources, including online vendors, local libraries, and friends.**



# SPRING WORKSHOPS

Saturday, March 25, 9:30 – 11:30 a.m. \$15

## Aging in Place: The Village Movement

Len Freeman  
FREEMAN\_VILLAGE

Do you ever say to yourself, “I wish I could just grow older here, at home?” A growing movement called “Villages” offers services that allow you, or a loved one, to remain safely and securely at home for as long as possible. The Village movement has come to Portland. It encompasses elders who wish to age in their own homes and volunteers capable of helping. Services can include transportation, meal delivery, home maintenance, even computer assistance. We will explore the concept of Villages and how it is taking hold in our own back yards. Learn how to be a part of Portland’s Village movement for aging in place.

*Len Freeman retired 20 years ago from the Department of the Navy’s Senior Executive Service and moved to Harpswell. After 16 years there he and his wife moved to Portland, prompted, by the realization that rural living might not be the best situation for them as they grow older.*

Saturday, March 25, 9:30 – 11:30 a.m. \$15

## Mother Goose: Why Was She Shown Sometimes as a Witch?

Jeri Studebaker  
STUDEBAKE\_MGOOSE

Mother Goose, that iconic old figure attached to fairy tales as well as nursery rhymes, was often depicted by 19th- and early-20th-century artists as a woman with witch-like characteristics. Although in these representations she was usually benevolent looking, some artists went so far as to depict her with malevolence in her eye. In this workshop we will explore the mystery of why one of the patron saints of young children would be depicted as a witch – and sometimes a frightening one. **This is a repeat of the Fall 2014 workshop.**

*Jeri Studebaker has master’s degrees in anthropology and education. She taught archaeology, physical anthropology and cultural anthropology at the university level. She is the author of Switching to Goddess and Breaking the Mother-Goose Code: How a Fairy Tale Character Fooled the World for 300 Years.*

Saturday, March 25, 9:30 – 11:30 a.m. \$15

## Love, Fate, Responsibility, and Planning

Timothy Vogel  
VOGEL\_PLANNING

“Love, Fate, Responsibility and Planning” discusses the challenges and opportunities that face individuals and their loved ones as they age and experience Love, Fate, Responsibility and Planning. The class will focus on a multi-generational approach that provides insight into aging issues and discusses the types of resources available to assist everyone as they face Love, Fate, Responsibility and Planning over the years. The presenters are members of the Maine Senior Resource Alliance ([www.maineseniors.org](http://www.maineseniors.org)).

**This is a repeat of the winter 2017 workshop.**

*Timothy M. Vogel, facilitator for the class, is a lawyer with 30 years experience in Elder Law. Presenters include John LeMieux, Financial Planning, Anton & LeMieux Financial Group; Ann Quinlan, Private Duty Case Management; Sue Durst, Portland’s Choice Realty; Deb Richard, The Personal Financial Assistant; Mark Hutchins, A.T. Hutchins Funeral & Cremation Services; and Dick Emerson, Boothby Square Property Management.*

Saturday, April 1, 9:30 – 11:30 a.m. \$15

## Geology and Our National Parks

Mike Berkowitz  
BERK\_GEOLOGY

What makes up the Earth’s surface and how does it change? Geology mini-lectures will be blended with images and video-clips from our national parks and other beautiful, intriguing locations. We will start with the three layers of the Earth and the three types of rocks. Looking at the plates will then help us understand hotspots, earthquakes, and volcanoes. Finally, studying mountain-building and erosion will illustrate how many of the Earth’s features have changed over time. Come and appreciate the science and the wonder of the planet we live on.

*Mike Berkowitz received a BA from Brown and a MA from the University of Massachusetts. He taught preschoolers, fifth-graders, and undergraduates before finding his niche at OLLI.*

More WORKSHOPS on next page

Saturday, April 1, 9:30 – 11:30 a.m. \$15

## Meaningful Money: An Introduction to Financial Life Planning

Christine MacDonald  
MACDONALD\_MONEY

Essentially, human beings aren't driven by money, they are driven by what money brings to them: peace, freedom, well-being and control. This course will introduce you to aligning purpose with your financial plan to create more fulfillment. We are often driven to make money before we have clarity. This course utilizes a process that allows you to go deeper than traditional financial planning. Discover how early money messages create your current money relationship and how to create a fulfilling financial plan.

*Christine MacDonald enjoys inspiring people to be and do their very best. She has a solid history of putting her clients and their goals first. As an Associate Client Service Director at Pension Professionals, Christine works directly with clients using her passion in coaching to help them create a holistic financial framework through which to fulfill their goals. Go to [www.valueofadvice.com](http://www.valueofadvice.com) for more information.*

Saturday, April 1, 9:30 – 11:30 a.m. \$15

## Reveries and Mysteries: Thoreau's Stories of the Gods of Maine and Concord

Edward Mooney  
MOONEY\_THOREAU

Thoreau calls on gods overseeing Walden Pond and residing atop Maine's "Ktaadn." He sees common laborers as gods. He sees nature animated by the sort of "intelligences" cited in the Vedas. We'll trace strands of Thoreau's religious sensibility, moving from passages in The Maine Woods to passages in Walden and in the great essay, "Walking." We'll note Thoreau's response to "the disenchantment of Nature" that occurs with Galileo. Many of you will own a book of Thoreau's. Rather than assign a single text, I'll have handouts that include crucial passages from across his writing.

*Edward Mooney is a re-patriated Mainer, having taught Thoreau (and other classics of world literature, philosophy, and religion) at Syracuse University, Tel Aviv University, and in California for 45 years. I've written books on Thoreau and on the first Existentialist, Kierkegaard. Thoreau's religious sensibility has been a surprise to discover and publicize.*

Saturday, April 8, 9:30 – 11:30 a.m. \$15

## Restorative Yoga

Jennifer Cooper  
COOPER\_RESTYOGA

Restorative Yoga utilizes props such as bolsters, blankets, and blocks to create the opening and gentle stretch of a pose. Because they are gentle and completely supported, the poses are held for longer periods of time, allowing a slow, deep release for the body and quieting for the mind. The props can be arranged to fit the person's physical structure, making it appropriate for all levels and physical abilities. This repeat workshop will be held at **The Yoga Center, 449 Forest Ave Plaza, in Portland**, due to the need for the props. The center will provide all necessary equipment; just wear comfortable clothing. **This is a repeat of the Fall 2016 workshop.**

*Jennifer Cooper began her journey with Yoga in 1970. She has studied with many national teachers and traveled to India for meditation. Jennifer has been co-director in Portland for 35 years. She specializes in tailoring the yoga to fit the needs of the student for enjoyment and optimum benefit.*

Saturday, April 8, 9:30 – 11:30 a.m. \$15

## Thinking Outside the Coffin

Chuck Lakin  
LAKIN\_LASTTHINGS

Do you find this topic scary? This class isn't; it's informative, even funny at times. The goal is to give everyone the information they need to make good decisions about how they want to be treated after their death, no matter what that choice may be, and to allow families a more meaningful way to be involved in the funeral process, if that is their choice. At the end of the class you'll have learned about all the options you have in funeral arrangements for burial, cremation, or body donation. Half the class time is devoted to answering your questions. Do your survivors a favor and sign up for this workshop. Take a look at [www.lastthings.net](http://www.lastthings.net) to see what you'll learn.

*Chuck Lakin is a woodworker and home funeral educator whose interest in this topic came from his experience at his father's death.*



Saturday, April 8, 9:30 – 11:30 a.m. \$15

## Astronomy: Exploring the Majestic Wonders of the Sky

Scott Negley  
NEGLEY\_ASTRONOMY

We will study the splendid appearance and causes of special astronomical events such as northern lights, solar halos and pillars, comets, meteor showers, and lunar and solar eclipses with particular emphasis on this summer's partial solar eclipse visible for observers in New England. We will also learn how to navigate through the starry firmament as we focus on the constellations of the spring sky.

*Scott Negley received Master's degrees in Astronomy and Mechanical Engineering from the University of Pennsylvania and has been teaching astronomy for more than 40 years in a variety of capacities: as university instructor, school district planetarium director, Elderhostel teacher, and currently as the owner/operator of a portable planetarium company.*

Saturday, April 8, 9:30 – 11:30 a.m. \$15

## Hidden Ireland: A Native's Perspective

Ann Quinlan  
QUINLAN\_IRELAND

Irish roots or not, people from all over are drawn to this small (size of Indiana), lush, green island called Ireland. A stalwart example of survival through countless invasions, hunger, and loss of land, the Irish people's interior way of life has sustained a deep cultural heritage and a deep connection to the land. Ireland's famous hospitality is not a myth. Ireland straddles a prehistoric past, recent financial challenges, and a prominent role within The European Community, and the Irish engage with neighbors or strangers while putting on the tea kettle at a moment's notice. **This is a repeat workshop.**

*Ann Quinlan was born and educated in Ireland. While raising her children she was frequently sought after for best ideas on traveling to her native land. Delighted to share the more hidden aspects of her homeland, in 1988 Ann founded Spiral Journeys Inc., an exclusive small company offering spring and autumn land journeys in Hidden Ireland.*

Saturday, April 8, 9:30 a.m. – 12:30 p.m. \$15

## Ending / Significantly Modifying the Electoral College

Orlando Delogu  
DELOGU\_ECOLLEGE

Our adherence to the Electoral College system is a historical anachronism born out of a mistrust of the voters to select a President, and at a time when many citizens were ineligible to vote; when travel and communication was difficult thus making a national election all but impossible; and when there were only thirteen states and the number of Electors (all of whom were unbound) was manageable. Adhering to this anachronism today when there are 50 states, 538 Electors, (bound by winner take all rules); when travel and communication is almost instant allowing a truly national campaign for President; and when the pool of eligible voters has been greatly expanded, compromises the legitimacy of our democracy.

*Orlando Delogu, BS, MS (Economics); JD (Wisconsin) has been on the faculty of the Maine School of Law for 50 years; he has taught courses on State/local government, Constitutional Law and public policy.*

Saturday, March 25, April 1 & April 8,  
9:30 – 11:30 a.m. \$25

## Introduction to Buddhist Meditative Theory and Guided Meditation

Heather Edgerly  
EDGERLY\_MEDITATE

This course will be an introduction to the theory and practice of meditation. We will begin by discussing the place of meditation in the Buddhist tradition and will explore the psychological, physiological, and sociological benefits of meditation practice. In each class, we will discuss a different aspect of meditation and will engage in a guided meditation practice.

*Heather Edgerly began studying Eastern Religions 15 years ago and has subsequently received degrees in Religion from the University of Hawaii and Harvard University. She has taught Buddhism and Eastern Religions at the University of North Carolina and currently leads classes in the theory and practice of meditation.*

### REFUND POLICY

- You will receive a **100 percent refund if you cancel by the END OF YOUR SECOND WEEK OF CLASS.** No refund after that point. No refunds are given for OLLI at USM annual membership fees. To transfer from

one course to another, or to drop a course, call the OLLI office at 780-4406.

- If OLLI cancels a class due to low enrollment, you will be notified and offered the option of a refund or an alternate course.



# Course Registration – SPRING 2017

**NOTE: OLLI courses cost \$50, unless otherwise noted. Workshops are individually priced. You can now pay for OLLI courses and workshops together.**

Name (one person per form) \_\_\_\_\_

I need an OLLI name tag – Nickname for name tag \_\_\_\_\_

Mailing address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone \_\_\_\_\_ E-mail address \_\_\_\_\_

Date of Birth \_\_\_\_\_ Are any of these new?  Address  Phone  E-mail

	Course/workshop Code		Course/workshop Code	Cost
1st Course		Alternate 1st Course		
2nd Course		Alternate 2nd Course		
3rd Course		Alternate 3rd Course		
4th Course		Alternate 4th Course		
Workshop 1				
Workshop 2				
Workshop 3				
			<b>TOTAL COST FOR ALL</b>	

**OFFICE USE ONLY**

Check #: \_\_\_\_\_

CC (last 4 #s): \_\_\_\_\_

Cash: \_\_\_\_\_

Misc: \_\_\_\_\_

H.R.: \_\_\_\_\_

Date Processed: \_\_\_\_\_

\_\_\_\_\_ Total course and workshop fees

\_\_\_\_\_ Annual membership (**FREE if you're 90 or older! Check** )  
\$25, good from July 1, 2016, to June 30, 2017

\_\_\_\_\_ Your **Tax Deductible Contribution to OLLI** is welcomed

\_\_\_\_\_ Total amount (Please make check payable to OLLI)

Payment Method:  Cash  Check Credit Card:  Visa  MasterCard  Discover

Credit Card No. \_\_\_\_\_ Expiration Date \_\_\_\_\_

3-digit code on back of card \_\_\_\_\_ Name on credit card \_\_\_\_\_





# OLLI Registration Information

Register online at [www.usm.maine.edu/olli](http://www.usm.maine.edu/olli) starting Feb. 7.  
The registration system will automatically turn on at 12:01 a.m.

Class availability is first come, first served.

OLLI accepts mail-in and walk-in registrations, but the immediacy of online registration clearly gives the advantage to students who sign up for classes on our website. Please consider giving online registration a try to ensure that you get into your chosen classes.

**(Need computer assistance? See p. 3 for our onsite-help schedule.)**

## INSTRUCTIONS FOR MAIL-IN REGISTRATION

- Please use **ONE FORM** for each registrant.
- Fill out the top section of the registration form **completely**. Leaving sections blank can slow registration.
- Write the offering codes for your **top selections** for classes in the “1st Course,” “2nd Course,” “3rd Course,” and “4th Course” sections on the registration form. Note the price of each course in the “Cost” column.
- If you are concerned that your top choices will be filled, you may want to add alternate choices. Please write offering codes for your **alternate choices** in the “Alternate 1st Course,” “Alternate 2nd Course,” “Alternate 3rd Course,” and “Alternate 4th Course” sections on the form.
- You may sign up for OLLI workshops on the same form. Write the code for your chosen workshop(s) in the space provided, along with the price of the workshop.
- Add up the fees for your courses and workshops (and membership, if applicable) and note that amount in the space marked “Total Cost for All.”
- As soon as your payment is processed and you are enrolled in your class and/or workshop, you will receive an e-mail confirmation. If you do not have an e-mail account, we will mail you a confirmation.

## EXPENSES

Unless otherwise noted, **OLLI at USM courses cost \$50**. Workshops are priced based on the length of each session.

**You must be an OLLI member to take courses or workshops. Annual OLLI membership costs \$25.**

If you have any questions about registration or membership, call OLLI at 780-4406.

## REFUNDS

Full refund for classes dropped by **March 31. NO REFUNDS AFTER THAT POINT.**

You will be refunded for any classes OLLI cancels.



# Contact Information OLLI at USM Office

● **Phone:** 780-4406

● **Location:**  
44 Bedford St.  
210 Wishcamper Center  
USM Portland Campus

● **Mailing Address:**

Osher Lifelong Learning Institute  
USM  
P.O. Box 9300  
Portland, ME 04104



# Special Interest Groups at OLLI

From September through June, OLLI at USM offers many diverse activities beyond the classroom. To participate in any Special Interest Group, you must be a current OLLI member. **NOTE: Special Interest Groups are not intended as instructional events.**

● **Arts and Crafts:** Try your hand at a new skill on the first Thursday of each month at 3:15 p.m. A member of the group will demonstrate and lead an activity (fabric and paper crafts, jewelry making, book arts, knitting, crocheting, mixed-media collage, etc.). Contact Sue Jennings at [jensusa10@gmail.com](mailto:jensusa10@gmail.com) for more information.

● **American Foreign Policy:** This group meets on the fourth Wednesday of every month from 3:15 to 4:45 p.m. to discuss issues selected by members. Discussions will be led on a rotational basis. All OLLI members with an interest in American foreign policy are invited to join, discuss, and learn. Contact Betsy Mayberry at [betsy.c.mayberry@gmail.com](mailto:betsy.c.mayberry@gmail.com) for more information.

● **Bicycle and Nosh:** If you like to bike, how about joining a group of OLLI members for a ride every couple of weeks, with a delicious treat along the way? Contact Shoshana Hoose at [shoshanahoose@gmail.com](mailto:shoshanahoose@gmail.com) for more information.

● **Book Club:** Members meet the third Thursday of each month from 3:15 to 5:15 p.m. to discuss readings from a variety of genres, including contemporary novels, classics, biographies, memoirs, short stories, etc. Contact Elsa van Bergen at [evanbergen@maine.rr.com](mailto:evanbergen@maine.rr.com) for more information.

● **Bridge Club:** Those who enjoy playing bridge for fun are welcome to join this group every Wednesday from 3:15 to 5:15 p.m. Contact Barbara Freeman at [bhfreewoman@gmail.com](mailto:bhfreewoman@gmail.com) for more information.

● **Elders for Future Generations:** This is an ongoing, peer-facilitated exploration of the advocacy role seniors can play in shaping policy to promote the well-being of future generations. Contact Fred Brancato at [opus3@twc.com](mailto:opus3@twc.com) for more information.

● **History Book Club:** Members read and discuss one work of history on the second Wednesday of each month from 3:15 to 5:15 p.m. Works include social, political, economic and foreign-policy history as well as biography, autobiography, memoir, and historical fiction. Contact Sue Gesing at [susangesing@gmail.com](mailto:susangesing@gmail.com) or Dawn Leland at [lelanddm@gmail.com](mailto:lelanddm@gmail.com) for more information.

● **Mah Jongg:** Join players every Friday from 3:15 to 6 p.m. in Room 103 at Wishcamper. National Mah Jongg rules and cards are used. Contact Terry Garrett at [terrya@maine.rr.com](mailto:terrya@maine.rr.com) for more information.

● **OLLI Night Out:** Come enjoy good food and good company with fellow OLLI gourmands who meet periodically at local restaurants. Watch the *OLLI Newsletter* for upcoming dates and locations.

● **OLLI Singers:** This group, co-directed by experienced leaders and supported by a skilled accompanist, meets every Thursday at 3:15 p.m. to have fun with vocal music and prepare for several performances each year. All are welcome. Contact Chuck Hornberger at [ckhornberger@gmail.com](mailto:ckhornberger@gmail.com) for more information.

● **OLLI Ukuleles!** meets on the second and fourth Monday from 3:15 to 5:15 p.m. to share and have fun playing a wide variety of ukulele music. All levels welcome. Contact Cheryl Eling at [cfeling@gmail.com](mailto:cfeling@gmail.com) for more information.

● **Outdoor/Walking Club:** Outdoor enthusiasts gather twice a month for invigorating walks in interesting places. They meet at the Back Cove parking lot and carpool. Walking schedules for the year can be found in the OLLI office and in literature racks in Wishcamper. Contact Rae Garcelon at [raegarcelon@gmail.com](mailto:raegarcelon@gmail.com) for more information.

● **Photography Club:** Shutterbugs at OLLI at USM meet and learn from each other while sharing their love of photography. Contact Sharon Roberts at [sharonlh@gwi.net](mailto:sharonlh@gwi.net) for more information.

● **Recorder Ensemble:** In addition to having fun making music together, the Recorder Ensemble also may perform at OLLI at USM events and venues. Contact Karen Luse at [luse.karen@gmail.com](mailto:luse.karen@gmail.com) for more information.

● **Science Reading Club:** Each month this group reads and discusses articles from the latest issue of Scientific American. See the website at <https://olliusmsciencediscussion.wordpress.com> or contact Elizabeth Housewright at [ehousewright@gmail.com](mailto:ehousewright@gmail.com) for more information.

● **Senior Players:** Thespians perform staged readings twice a year at USM and off campus on several occasions. Senior Players is open to all OLLI at USM members. Contact Allan Mills at [aljeevbr@gmail.com](mailto:aljeevbr@gmail.com) for more information.

● **Ski Club:** A seasonal outlet for downhill skiing enthusiasts, the club welcomes new and returning members. Check the *OLLI Newsletter* in season for schedules. Contact Lois Winter at [lwinter@maine.rr.com](mailto:lwinter@maine.rr.com) for more information.

● **Wine-Tasting Club:** An OLLI wine enthusiast helps educate your palate during featured wine-and-appetizer pairings at a local restaurant. The group meets at 5:30 p.m. every month or so. Novices and wine enthusiasts welcome. Contact Jack Lynch at [JLynch001@maine.rr.com](mailto:JLynch001@maine.rr.com) if you'd like to join an e-mail list for advance notice of date, price and venue.



# OLLI at USM

## Mission

**OLLI at USM is committed to providing, for its members, a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.**

## Vision

**OLLI will be driven by the creative and innovative spirit of its founding mission, will maintain its strong sense of community and inclusiveness, expand its abundant opportunities for members to exchange ideas and experiences, and maintain a standard of excellence.**

## Core Organizational Values

These are the fundamental beliefs of OLLI at USM that guide our planning and decision-making. These core values support our vision, shape our culture, and reflect what we value.

**Joy of Learning** – We believe that continuing to grow and learn new things is a deeply fulfilling lifelong priority.

**Community** – We recognize the importance of interaction with other members to share knowledge and experiences, to expand our perspectives, and to make new friends in an atmosphere of inclusiveness, respect, and openness.

**Accessibility** – We strive to make classes, lectures, workshops, seminars, and activities affordable and accessible for all members.

**Excellence** – We strive for excellence by committing our intelligence, creativity, and energy to achieving quality in our curriculum, faculty, facilities, operations, and relationships within our community.

**Volunteerism** – We recognize the crucial importance of volunteers to the success of our programs.





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