

Spring 2020

March 16 – May 8

CLASS SCHEDULE





General Information

If you are 50 or older, with a curious mind and an interest in learning just for the joy of it, you are invited to join 2,200-plus like-minded older learners who are members of the Osher Lifelong Learning Institute (OLLI) on the Portland campus of the University of Southern Maine. OLLI at USM is committed to providing its members with a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

As a member of OLLI at USM, you'll choose from an extensive array of peer-taught courses in the liberal arts and sciences. There are no entrance requirements, grades, or tests. Your experience and love of learning are what count. Some OLLI at USM classes involve homework — usually reading or honing skills taught in class. Homework is not mandatory, but it can enhance your learning experience; what you put in is what you'll get out of the course.

OLLI at USM is one of 17 Senior Colleges throughout Maine and participates in the Maine Senior College Network (www.maineseniorcollege.org). The National Resource Center for all Osher Lifelong Learning Institutes (www.osher.net) is located at Northwestern University in Chicago. Currently, there are 123 OLLIs throughout the country.

MEMBERSHIP

OLLI at USM is a self-sustaining, self-governing organization supported through an annual membership fee of \$25. The membership fee covers the fiscal year July 1 to June 30. Your annual membership allows you to participate in all OLLI at USM courses and Special Interest Groups at OLLI. You'll also get Internet access and notification when the OLLI Newsletter is available online.

SPECIAL ACCOMMODATIONS

OLLI at USM has purchased a portable assistive-listening device that can be used in any Wishcamper classroom. Students using the device will be able to hear the instructor. Any OLLI at USM student with hearing difficulties may request the use of this system. Contact the OLLI at USM office at 780-4406 as soon as you register for class.

If you need other special accommodations to participate in OLLI at USM because of disability, please call the USM Office of Support for Students with Disabilities at 780-4706 as soon as you register but at least two weeks before classes begin.

SCHOLARSHIPS

Full and partial scholarships are available through a simple, friendly, confidential process. Because of the overwhelming response, scholarships are limited to \$50 per person per term, applicable to one course, the SAGE program, or workshops. Scholarships do not apply to OLLI at USM membership, trips, or special events. Scholarship applications are available in the OLLI at USM office. **These must be completed, signed, and turned in with each of your course registration forms.**

NOTE: It is not possible to register for courses online with a scholarship. Please mail or bring your registration form and scholarship to the OLLI office BEFORE registration day to ensure timely enrollment in your class.

Call 780-4406 for more information.

CLASS LOCATIONS

All classes, except where noted, are held in the Wishcamper Center at 44 Bedford Street on the USM Portland campus. See map on page 8.

OLLI STAFF

Donna Anderson, Director
228-8181, donna.anderson@maine.edu

Rob Hyssong, OLLI Program Coordinator
228-8336; robert.hyssong@maine.edu

Sue Schier, Administrative Specialist 2
228-8482; sue.schier@maine.edu

FOR MORE INFORMATION

Call: 780-4406 or 1-800-800-4876
E-mail: olliatusm@maine.edu
Visit: www.usm.maine.edu/olli to register for OLLI courses online

OLLI ADVISORY BOARD 2019-20

- Susan Jennings, Chair
- Steve Schiffman, Vice Chair
- Peter Curry, Secretary
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- Walter Allan and Betsy Wiley, Education Co-Chairs
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- Matt Goldfarb
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- Star Pelsue





Online Registration at OLLI at USM

Online registration allows you to sign up for classes in real time. To begin the process, visit the OLLI website at: www.usm.maine.edu/olli

There you will find a link to the registration website on the home page and step-by-step instructions under “Resources” on the left. Once you have perused the catalog and chosen which classes you wish to “purchase,” you are ready to go “shopping” on the registration website. You’ll be able to tell how many spaces are still available in your chosen class and can add your name to a wait list if a class is full.

After you pay for your classes, you’ll receive e-mail confirmation of your registration. It’s fast, easy, and secure. **Please note:** Credit card is the **only** form of

payment you can use for online registration. **If you must use another payment form (check, cash, scholarship, gift certificate), you’ll need to mail or hand deliver your registration with payment attached to the OLLI office.**

If you’ve shopped online, you should find online OLLI registration a snap. But if you’re not comfortable doing your own online registration at home, the OLLI staff is standing by to help you. On the first day of registration, we offer onsite assistance in the Wishcamper Computer Lab (see timeline) and have one computer in the OLLI office dedicated to online registration. Anyone may use this computer to register online, but **you must use a credit card for payment.**

Important SPRING Term Dates

OLLI Spring Registration Timeline

Feb. 4 Online registration for OLLI spring courses begins.
The registration system will automatically turn on between 12:01 and 12:15 a.m.

NOTE: Students with scholarships, gift certificates, free memberships, or other waivers must get registrations to the OLLI office before this deadline so staff can process them promptly. Since your registration will be competing with online enrollments, we can’t guarantee your first-choice class, but you will be our top priority the morning after registration goes “live.”

Feb. 4 **If you need help navigating the online process,** onsite help setting up student accounts and registering for classes will be available in the Wishcamper Computer Lab (Room 128) starting at 8 a.m.

Feb. 11 OLLI staff will start processing mail-in, drop-off, and phone registrations.

Feb. 17 OLLI and USM closed for Presidents Day.

March 16 OLLI spring term classes start.

March 27 Deadline to receive refund on dropped classes.

April 20 OLLI and USM OPEN on Patriots Day.

May 8 OLLI spring term ends.

May 11-15 OLLI spring term makeup week.

WHERE’S MY CLASS??

All classes are in Wishcamper unless otherwise noted.

Individual classes and their locations are posted at all entrances and on the electronic bulletin board in the OLLI lobby.

For Class Cancellations and Delays:

Call the USM storm line at 780-4800. See details on page 9.

Courses Schedule-at-a-Glance

MONDAY MORNING

9:30-11:30
See pages 9-10

**What the World Is Made Of:
The Components of Matter**
Richard Budd

**Putting Art into Your
Digital Photography**
Tim Byrne

**American Democracy:
Working or Failing?**
Bob Goettel

Dante's *Inferno*
Janet Gunn

Le Français Élémentaire
Roberta Muse

1619: Slavery and America
Steven Piker

Myth and Metaphor
Betsy Wiley

MONDAY AFTERNOON

12:45-2:45
See pages 10-11

Le Français Intermédiaire
Jacqueline Bucar

**The Life and Legacy of
Frances Perkins**
Michael Chaney, Sarah Peskin,
Facilitators

**Perception and Creativity
through the Lens of Sensory
Neuroscience**
Elizabeth Chapman

**Cakes for the Queen
of Heaven**
Mary Gelfand

**End-of-Life Choices and
Decision Making**
Bill Jose

**The Art of Living Well:
Peace Education Program**
Rita Rubin-Long, Terry Landry

TUESDAY MORNING

**SAGE 2020
Spring Lecture Series**
See page 12

TUESDAY AFTERNOON

12:30-3:00
See page 12

**Films that Fell
through the Cracks**
David Stankowicz

TUESDAY AFTERNOON

12:45-2:45
See pages 13-14

Astronomy/Cosmology
Robert Ashton

**Guilty Pleasures:
How Salt, Sugar, Spices,
Chocolate, Tea, and Coffee
Changed History**
Sherrie Chapman

Stephen Sondheim at 90
Richard Pollak

**Understanding Finance
and Investing**
Laongdao "Tak"
Suppasettawat

**India: Gender, Nationalism,
and Democracy**
Kathleen Sutherland

FUN: It Does a Body Good
Doni Tamblyn

WEDNESDAY MORNING

9:30-11:30
See pages 15-16

**Discussion of Essays in the
Book *Learning to Fall***
Margo Dennis

**What Can We Learn
from Europe?**
Marianne Hill

**Jordan and the United
States: An Overlooked Yet
Indispensable Partnership**
Allison Hodgkins

**Eight Baroque Artists Who
Created the Foundation For
Modern Art**
Nathaniel Larrabee

**A Guide to Less Stress
and More Personal Freedom**
C. Waite Maclin,
Clay Atkinson

**Four Generations of The
Adams Family (1735-1927)**
John Sutherland

WEDNESDAY MORNING

9:30-11:45
See page 16

**Africa Since Independence:
Coup d'états, Corruption,
Challenges, and Courage**
Mike Lynch

WEDNESDAY AFTERNOON

12:30-3:00
See page 17

**Ingrid Bergman
Retrospective**
Patricia Davidson Reef

WEDNESDAY AFTERNOON

12:45-2:45
See pages 17-18

**Popular Music and Culture in
a Tumultuous Time:
The 1960s**
Terry Foster

**From Christ to Creed:
A Historical Look at
Early Christianity**
Mark Gallup

**Exploring the Mysteries
of Tarot**
Mary Gelfand

**Reader's Theatre (RT)
Performance**
Paula Johnson,
Barbara Bardack

**Exploring Great
Performances of
Classical Music**
Carl Smith

**Chinese Language
and Culture**
Yan Wang

**Explore Portland's Historic
Neighborhoods on Foot**
Bruce Wood

THURSDAY MORNING

9:30-11:30
See pages 19-20

**Mandala and the
Circle of Life**
Linda Carleton

**Will Success Spoil Mark
Twain and 'Ole Huck Finn?**
Matthew Goldfarb

The Power of Propaganda
Andrea Stanley Hester

**Gold: Its History, Impact,
Economics — and More**
Mike Lynch

**Great Choral Music
in Great Spaces**
Carolyn Paulin

Julius Caesar
Chris Queally

THURSDAY MORNING

9:45-11:15
See page 20

**World Dance Sampler:
Travel the World
Through Dance**
Kathleen Carroll



**THURSDAY
AFTERNOON**

12:30-3:00
See page 20

**The Quest for Spiritual/
Religious Meaning as
Portrayed in Film**
Joan Aldrich

**THURSDAY
AFTERNOON**

12:45-2:45
See pages 21-22

Improvitational Fiction
Tim Baehr

Two Sides To Every Issue
Mike Berkowitz

It's Never Too Late
Joan Chadbourne

**Line Dancing: A Cross-
cultural Perspective**
Jack Lynch

**One Culture: Creativity in
Science and the Arts**
Gale Rhodes

**History of Maine: Prehistory
to Present Day, Part 2**
Rick Tomazin

**FRIDAY
MORNING**

9:30-11:30
See page 22-23

Great Decisions 2020 AM
Clifford Gilpin

**The Lion's Roar:
The Life and Turbulent
Times of Winston
L.S. Churchill**
H. Draper Hunt

**Advocating for the
Environment: A Citizen's
Guide to Change**
Susan Inches

Art Studio AM
Dona Sherburne

**Shakespeare, John Smith,
and the New-World
Republic**
Richard Welsh

Chekhov: Stories and Plays
George Young

**FRIDAY
AFTERNOON**

12:45-2:45
See pages 23-24

Great Decisions 2020 PM
Clifford Gilpin

**Does the "New Atheism"
Falsify Claims of the
Afterlife?**
Stephen Kercel

**Classical Literature,
Mostly Drama**
Evy Newlyn

Art Studio PM
Dona Sherburne

**REGISTERING WITH
A WAIVER?**

Students with scholarships, gift certificates, free memberships, or other waivers must get registrations into the OLLI office before Feb. 4 for timely processing. Waivers will be accepted after that deadline but will be processed at the same time online registration is underway, which lowers your chances of getting the class you want.

**OLLI
SPECIAL EVENT**
Friday, March 13 • 1-3 p.m.
"Bees in the Garden"
Mirabai Starr
See page 14



Workshops Schedule-at-a-Glance

**SATURDAY
MARCH 21**

9:30-11:30 A.M.
See page 25

**Intro to Astrology I: Your
Rising, Sun, and Moon Signs**
Peggy Schick

**Voice-Overs:
Now Is Your Time**
Daniel Levine

**SATURDAY
MARCH 21**

9:30-NOON
See page 25

**Preserving and Protecting
Maine's Wild and
Scenic Places**
Scott Andrews

**SATURDAY
MARCH 21**

9:30-3:30
See pages 25

Guided Autobiography
Katie Murphy

**SATURDAY
MARCH 28**

9:30-11:30
See page 26

11 Days in Iran: May 2019
Kathleen Carroll

Yoga for Graceful Aging
Jennifer Cooper

The Science of Happiness
Heather Ederly

**Intro to Astrology II:
Your Mercury, Mars, and
Venus Signs**
Peggy Schick

**SATURDAY
APRIL 4**

9:30-11:30
See pages 26-27

Earth Day at 50
Susan Gilpin

**Astronomy: Exploring
the Celestial Wonders
of the Sky**
Scott Negley

**SATURDAY
APRIL 4**

9:30-3:30
See page 27

Chess for Beginners
Mike Berkowitz

**Hastening Death:
Three Options**
Bill Jose

**REGISTRATION
FORM &
INFORMATION
FOR CLASSES &
WORKSHOPS:
SEE PAGES 28-29**



Course/Workshop List by Instructor

Instructor	Title	Day/Date	Time	Page
Aldrich, Joan	The Quest for Spiritual/Religious Meaning as Portrayed in Film	Thurs	PM	20
Andrews, Scott	Preserving and Protecting Maine's Wild and Scenic Places	3/21	AM	25
Ashton, Robert	Astronomy/Cosmology	Tues	PM	13
Atkinson, Clay	A Guide to Less Stress and More Personal Freedom	Wed	AM	16
Baehr, Tim	Improvitational Fiction	Thurs	PM	21
Bardack, Barbara	Reader's Theatre (RT) Performance	Wed	PM	18
Berkowitz, Mike	Two Sides To Every Issue	Thurs	PM	21
Berkowitz, Mike	Chess for Beginners	4/4	AM-PM	27
Bucar, Jacqueline	Le Français Intermédiaire	Mon	PM	10
Budd, Richard	What the World Is Made Of: The Components of Matter	Mon	AM	9
Byrne, Tim	Putting Art into Your Digital Photography	Mon	AM	9
Carleton, Linda	Mandala and the Circle of Life	Thurs	AM	19
Carroll, Kathleen	11 Days in Iran: May 2019	3/28	AM	26
Carroll, Kathleen	World Dance Sampler: Travel the World through Dance	Thurs	AM	20
Chadbourne, Joan	It's Never Too Late	Thurs	PM	21
Chaney, Michael	The Life and Legacy of Frances Perkins	Mon	PM	10
Chapman, Elizabeth	Perception and Creativity through the Lens of Sensory Neuroscience	Mon	PM	11
Chapman, Sherrie	Guilty Pleasures: How Salt, Sugar, Spices, Chocolate, Tea, Coffee Changed History	Tues	PM	13
Cooper, Jennifer	Yoga for Graceful Aging	3/28	AM	26
Donnis, Margo	Discussion of Essays in the Book <i>Learning to Fall</i>	Wed	AM	15
Edgerly, Heather	The Science of Happiness	3/28	AM	26
Foster, Terry	Popular Music and Culture in a Tumultuous Time: The 1960s	Wed	PM	17
Gallup, Mark	From Christ to Creed: A Historical Look at Early Christianity	Wed	PM	17
Gelfand, Mary	<i>Cakes for the Queen of Heaven</i>	Mon	PM	11
Gelfand, Mary	Exploring the Mysteries of Tarot	Wed	PM	17
Gilpin, Clifford	Great Decisions 2020 AM	Fri	AM	22
Gilpin, Clifford	Great Decisions 2020 PM	Fri	PM	23
Gilpin, Susan	Earth Day at 50	4/4	AM	26
Goettel, Bob	American Democracy: Working or Failing?	Mon	AM	9
Goldfarb, Matthew	Will Success Spoil Mark Twain and 'Ole Huck Finn?	Thurs	AM	19
Gunn, Janet	Dante's <i>Inferno</i>	Mon	AM	9
Hester, Andrea Stanley	The Power of Propaganda	Thurs	AM	19
Hill, Marianne	What Can We Learn from Europe?	Wed	AM	15
Hodgkins, Allison	Jordan and the United States: An Overlooked Yet Indispensable Partnership	Wed	AM	15
Hunt, H. Draper	The Lion's Roar: The Life and Turbulent Times of Winston L.S. Churchill	Fri	AM	22
Inches, Susan	Advocating for the Environment: A Citizen's Guide to Change	Fri	AM	22
Johnson, Paula	Reader's Theatre (RT) Performance	Wed	PM	18
Jose, Bill	End-of-Life Choices and Decision Making	Mon	PM	11

Instructor	Title	Day/Date	Time	Page
Jose, Bill	Hastening Death: Three Options	4/4	AM-PM	27
Kercel, Stephen	Does the "New Atheism" Falsify Claims of the Afterlife?	Fri	PM	23
Landry, Terry	The Art of Living Well: Peace Education Program	Mon	PM	11
Larrabee, Nathaniel	Eight Baroque Artists Who Created the Foundation For Modern Art	Wed	AM	15
Levine, Daniel	Voice-Overs: Now Is Your Time	3/21	AM	25
Lynch, Jack	Line Dancing: A Cross-cultural Perspective	Thurs	PM	21
Lynch, Mike	Africa Since Independence: Coup d'etats, Corruption, Challenges, and Courage	Wed	AM	16
Lynch, Mike	Gold: Its History, Impact, Economics — and More	Thurs	AM	19
Maclin, C. Waite	A Guide to Less Stress and More Personal Freedom	Wed	AM	16
Murphy, Katie	Guided Autobiography	3/21	AM-PM	25
Muse, Roberta	Le Français Élémentaire	Mon	AM	10
Negley, Scott	Astronomy: Exploring the Celestial Wonders of the Sky	4/4	AM	26
Newlyn, Evy	Classical Literature, Mostly Drama	Fri	PM	24
Paulin, Carolyn	Great Choral Music in Great Spaces	Thurs	AM	19
Peskin, Sarah	The Life and Legacy of Frances Perkins	Mon	PM	10
Piker, Steven	1619: Slavery and America	Mon	AM	10
Pollack, Richard	Stephen Sondheim at 90	Tues	PM	13
Queally, Chris	Julius Caesar	Thurs	AM	20
Reef, Patricia Davidson	Ingrid Bergman Retrospective	Wed	PM	17
Rhodes, Gale	One Culture: Creativity in Science and the Arts	Thurs	PM	21
Rubin-Long, Rita	The Art of Living Well: Peace Education Program	Mon	PM	11
Schick, Peggy	Intro to Astrology I: Your Rising, Sun, and Moon Signs	3/21	AM	25
Schick, Peggy	Intro to Astrology II: Your Mercury, Mars, and Venus Signs	3/28	AM	26
Sherburn, Dona	Art Studio AM	Fri	AM	22
Sherburn, Dona	Art Studio PM	Fri	PM	24
Smith, Carl	Exploring Great Performances of Classical Music	Wed	PM	18
Stankowicz, David	Films that Fell through the Cracks	Tues	PM	12
Suppasetawat, Laongdao "Tak"	Understanding Finance and Investing	Tues	PM	13
Sutherland, John	Four Generations of The Adams Family (1735-1927)	Wed	AM	16
Sutherland, Kathleen	India: Gender, Nationalism, and Democracy	Tues	PM	13
Tamblyn, Doni	FUN: It Does a Body Good	Tues	PM	14
Tomazin, Rick	History of Maine: Prehistory to Present Day, Part 2	Thurs	PM	
Wang, Yan	Chinese Language and Culture	Wed	PM	18
Welsh, Richard	Shakespeare, John Smith, and the New-World Republic	Fri	AM	23
Wiley, Betsy	Myth and Metaphor	Mon	AM	10
Wood, Bruce	Explore Portland's Historic Neighborhoods on Foot	Wed	PM	18
Young, George	Chekhov: Stories and Plays	Fri	AM	23



Campus Map and Parking

The Osher Lifelong Learning Institute at USM is based in the Wishcamper Center at 44 Bedford St. on the Portland Campus.

- OLLI classrooms are on the 1st and 2nd floors.
- The OLLI office is on the 2nd floor in Room 210.
- The elevator is off the lobby.

PARKING AT OLLI

USM charges for parking in the Bedford Street garage.

You have two payment options:

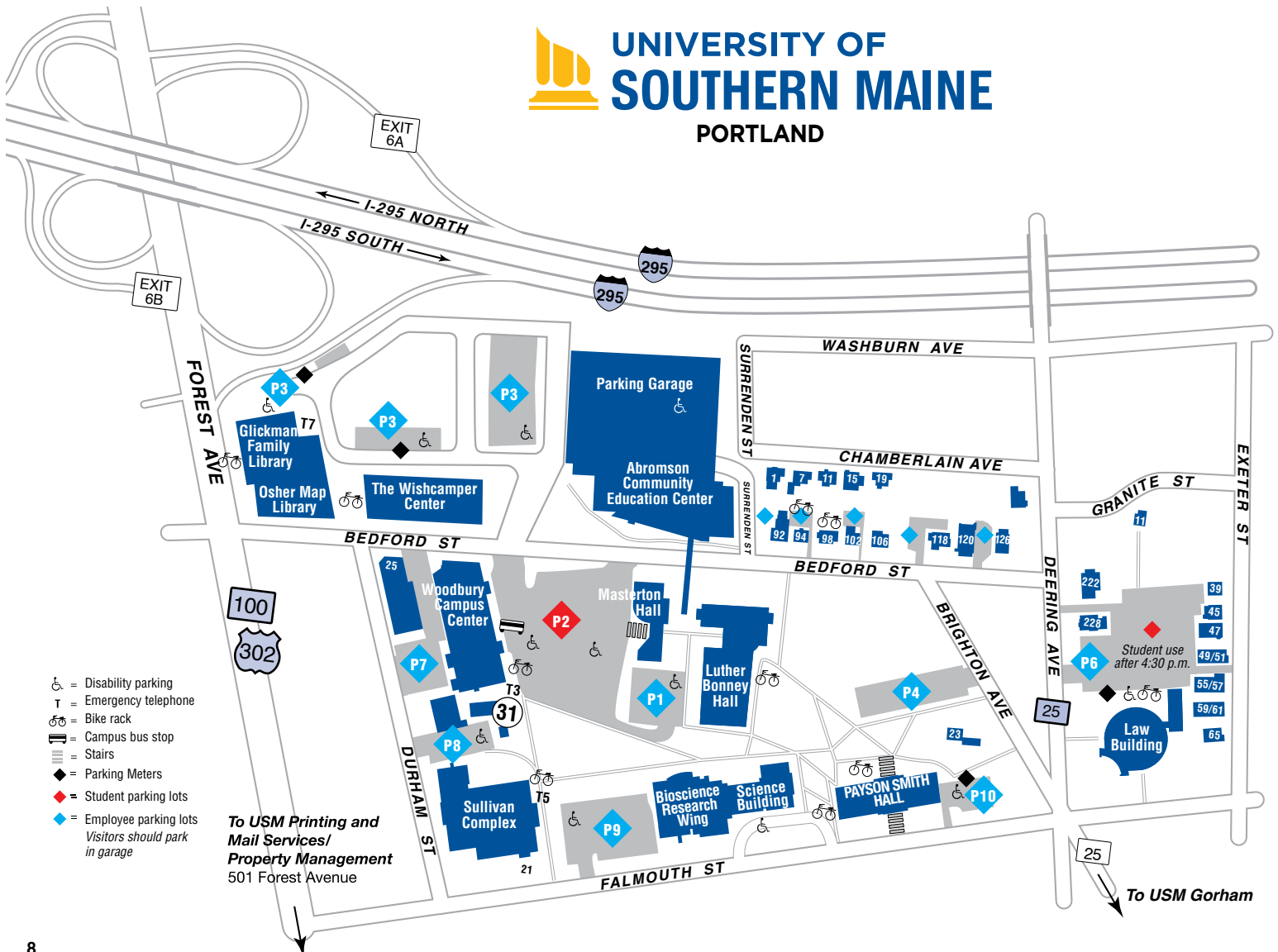
- Pay \$2 per hour at the parking garage.
- Purchase a hangtag, good until August 31, for \$25. **This deal is available only to OLLI members!**

Please contact the OLLI office at 207-780-4406 for details.

Even with a hangtag, parking in surface lots on campus may earn you a parking ticket.

OLLI students must park in the USM garage on Bedford St.

To park in a handicapped space anywhere on campus, you must have a handicapped placard issued by the Maine Bureau of Motor Vehicles or a handicapped license plate. There are 20 handicapped spaces in the parking garage and eight in the parking lot directly behind the Wishcamper Center.





Monday Morning 9:30-11:30

What the World Is Made Of: The Components of Matter

Richard Budd

We will discuss the evolution of humanity’s ideas about the composition of the stuff that makes up the world and the reasons for the changes over time. Emphasis will be placed on the development of counterintuitive but evidence-based ideas in the 20th century. We will also describe some of the recent theories that attempt to explain the few remaining gaps in our knowledge. No previous knowledge of physics or mathematics is required, nor is it an obstacle.

Richard Budd is a retired Physicist who studied Physics at NYU and Harvard, leading to a doctorate. He designed automation systems in fields as diverse as electronics production, chemical analysis, pharmaceutical manufacture, communications satellites, and oceanography. He teaches a wide variety of subjects at OLLI.

Putting Art into Your Digital Photography

Tim Byrne

Let’s explore the elements of design and composition, applying them to your photographs (and mine), discovering the different things that make a photograph “work.” Plan to create images each week and bring them to class for “show and tell.” Yes, there is homework, which you will enjoy and which will help boost creativity in your photography. Designed for students who are comfortable with the mechanics of their digital camera, **this repeat class** is also open to newcomers. To maximize your learning, you should be able to create a digital photograph and bring it to class on a CD or some form of memory card. **Suggested book:** *The Photographer’s Eye*, Michael Freeman, ISBN 9780240809342.

Tim Byrne is an award-winning commercial photographer based in Scarborough. He exhibits his work frequently and has been published in numerous books and periodicals.

OLLI STUDENT HANDBOOK

Whether you’re a new member or a returning “regular,” there’s lots to learn about OLLI. In the OLLI Student Handbook, you can find information about the OLLI organization, membership, classes and other educational offerings, parking, registration, the arts at OLLI, tips on staying informed, and much more. You can find the Student Handbook under the “Resources” heading on the OLLI website: <https://usm.maine.edu/olli>.

American Democracy: Working or Failing?

Bob Goettel

By late February 2020, it’s likely that our nation will be even more polarized, political discourse will be driven more by tribalism than policy, and the state of the presidential campaign could look quite different from last November. Even more important, concerns about our American democracy could be greater than anything we’ve previously experienced in our lifetimes. Therefore, please check rigusmolli.com for an update on plans for this class and the guests from USM and Maine’s political community who will join us for many class sessions. Contemporary articles, reports, and commentary will continue to inform our lively class discussions.

Bob Goettel is a retired Muskie School faculty member and USM administrator who has coordinated this class at OLLI each spring and fall since 2008. He has led numerous national and state-level policy and evaluation studies and managed for-profit and nonprofit policy research organizations.

Dante’s Inferno

Janet Gunn

Especially helpful these days, Dante’s *Inferno* lays out almost architecturally our current situation in the world – our world, not only his 14th-century one. The course will make use of reading aloud and our responses to the experience. **Required book:** *The Inferno (Signet Classic)*, Dante Alighieri, ISBN 9780451531391, USM price \$5.99.

In the course of her academic life, Janet Gunn has had infernal experiences around the world. She has spent time and has taught courses in Palestine and South Africa during historically challenging times.

more MONDAY MORNING courses on next page

WEATHER CLOSURES AND DELAYS

Class Cancellations: If USM at Portland is closed, OLLI will be closed.

Delayed Openings: If the USM Portland campus opens late or closes early, so does OLLI.

That means if USM opens after OLLI’s normal start time (i.e., USM delays opening till 10 a.m.), all OLLI classes starting earlier than that are canceled. If USM announces an early closure (e.g., campus will be closing at 2 p.m.), OLLI afternoon classes are automatically cancelled. Canceled classes are typically made up the week after classes end.

**FOR WEATHER CLOSINGS AND DELAYS,
CALL THE USM STORM LINE AT 780-4800**

Le Français Élémentaire Roberta Muse

Did you study French many long years ago or grow up in a Franco community? Do you have French-speaking friends or family members? Here is your chance to step back into *le bain de la langue*. This course offers a review of pronunciation, vocabulary, listening, and conversation basics designed to make you feel comfortable using your French again—whether for work, travel, or personal satisfaction. Each semester has a different theme, so veterans are welcome! However, **this course is NOT for the complete beginner.**

Bobbie Muse taught French for over 25 years, mostly at Fryeburg Academy. Now retired, she is keeping her beloved second language alive through travel, tutoring, translation, and teaching at OLLI.

1619: Slavery and America Steven Piker

The Aug. 18, 2019, *NYT Sunday Magazine* piece entitled “1619” will be our main text. August 1619 is the date of arrival on these shores of the first enslaved black Africans. Our main purpose will be to grasp and evaluate the central thesis of “1619,” viz., “...that slavery

is the country’s very origin...” and to this day pervasively and decisively influences what this country is — a major recasting of widely received American historical narratives. Some lecture, more discussion, suggestions, and guidance from class members will be welcome.

Steve Piker is an anthropologist who did field work in Thailand and with religious conversion in the U.S. He spent 44 years at Swarthmore College. Cultural diversity and social history have long been major interests. He has offered several courses at three senior colleges.

Myth and Metaphor Betsy Wiley

This course will examine four 21st-century novels based on ancient myths to see what value these stories have for modern culture. **Required books:** *Anansi Boys*, Neil Gaiman ISBN 9780061342394, USM price \$15.99; *The Mere Wife*, Maria Dahvana Headley, ISBN 9781250214942, USM price \$18; *The Buried Giant*, Kazuo Ishiguro, ISBN 9780307455796, USM price \$16.95; *Circe*, Madeline Miller, ISBN 9780316556347, USM price \$27. **Read the first half of *Anansi Boys* for the first class.**

Betsy Wiley taught English at Cape Elizabeth High School until leaving to get her PhD in American Studies.



Monday Afternoon 12:45-2:45

Le Français Intermédiaire Jacqueline Bucar

This is a continuation of the French intermediate course with emphasis on expanding vocabulary, grammar, and listening and speaking ability. **The course is conducted entirely in French** and is geared for those who have a sound basis in the language. **Required book:** *Latitudes 2*, Régine Merieux, Emmanuel Lainé, Yves Loiseau, ISBN 9782278062508, available most affordably through http://www.schoenhofs.com/Le-Français-intermédiaire-with-Professor-Bucar_c_7199.html

Jacqueline Bucar taught high school French in Connecticut for 16 years before pursuing a career in law. She graduated from the University of Connecticut with a BS; from Wesleyan University with a Master’s of Liberal Studies, majoring in Literature and History; and from the University of Connecticut School of Law with a JD. She is a retired immigration attorney.

The Life and Legacy of Frances Perkins Michael Chaney and Sarah Peskin, Facilitators

Frances Perkins was FDR’s Secretary of Labor and the first woman ever to serve in a presidential cabinet. She

is the woman behind the New Deal, Social Security, the Fair Labor Standards Act, and the modern middle class. Learn how this self-made woman, with roots in her ancestors’ 1750s Maine farm, became America’s leading advocate for industrial safety and worker’s rights. **This six-week, repeat course, starting March 16**, ends with a visit to the Frances Perkins Homestead in Newcastle. **Required book:** *The Woman Behind the New Deal*, Kirstin Downey, ISBN 9781400078561, USM price \$18. **Suggested book:** *A Promise to All Generations: Stories and Essays about Social Security and Frances Perkins*, Frances Perkins Center Board Members, ISBN 9780615417226.

Michael Chaney is Executive Director of the Frances Perkins Center in Newcastle; Sarah Peskin is FPC Board Chair, Former Chief of Planning and Legislation for the National Park Service North Atlantic region; Dr. Christopher Breiseth, FPC Board Treasurer, is past President and CEO of the Franklin and Eleanor Roosevelt Institute in Hyde Park, N.Y.; Charles Wyzanski, graduate of Harvard College and Columbia Law School, spent 14 years as an Assistant Attorney General for Massachusetts; Tomlin Coggeshall, Perkins’ grandson, leads the Homestead tour.

Perception and Creativity through the Lens of Sensory Neuroscience

Elizabeth Chapman

Great artists evoke a spectrum of experience. They seem to have discovered the visual antecedents of multiple perceptions. The work of J.S. Sargent seems sensual. Ellsworth Kelly's work seems intellectual. Grant Wood creates a meticulous sense of depth, while Marc Rothko evokes ethereal, universal space. Rembrandt's portraits stir our compassion. Jackson Pollock can trigger a physical sensation. How does art cause us to have these experiences? **This repeat course** combines lectures, slides, readings, and discussions about the role of sensory neuroscience in perception and creativity. Hands-on exercises will help us explore our own unique perceptual pathways and preferences. **Required book:** *A Brief Tour of Human Consciousness*, V.S. Ramachandran, ISBN 9780131872783, USM price \$17. Additional readings provided in class.

Elizabeth Chapman has a MArch from MIT and a BArch from Cornell. She is a practicing architect and painter and has taught at OLLI for 11 years.

Cakes for the Queen of Heaven

Mary Gelfand

An introduction to the Great Goddess and feminist theology, *Cakes for the Queen of Heaven* invites us to explore the religious myths and symbols of the ancient world, where female images and experiences were central. We will examine the psychological and social importance of reclaiming our female religious heritage. *Cakes* mines both ancient and Biblical imaging of women to begin shifting our individual relationship with the Divine. This deeply personal experience involves ritual, sharing, story-telling, art, mythology, and music. Join the thousands of women whose lives have been changed by *Cakes*. Participants should bring a journal and an open heart. **There is a \$5 supplies fee, payable to the instructor.**

*Mary Gelfand is a Unitarian Universalist, an interfaith minister, and a gifted teacher. She has read extensively in the area of feminist theology and loves sharing that learning with other women. Mary has facilitated *Cakes* many times and deeply enjoys empowering other women through this program.*

End-of-Life Choices and Decision Making

Bill Jose

This repeat course is about coming to terms with death — your death. A good death. We'll push buttons and comfort zones as we discuss the end of life and how each of us might want to approach it. Class discussion will be stimulated by readings and videos. We'll strive to imagine what a "good death" might

mean and discuss what we can do to increase the likelihood of experiencing a good death. **Required book:** *Hard Choices for Loving People*, Hank Dunn, ISBN 9780997261202; students can order online or by special order at the University Store, USM price \$10.

Bill earned his PhD in Social Psychology from Stanford University and a post-retirement BFA from Massachusetts College of Art. He has a Certificate in Clinical Ethics, is a Certified Advance Care Planner, a trained hospice volunteer, and has volunteered at Maine Medical Center.

The Art of Living Well: Peace Education Program

Rita Rubin-Long, Terry Landry

Have you ever wondered how to live at peace with the uncertainties and pressures of an ever-changing world? "Like water, peace is fundamental to human beings." Discover your inner resources, such as peace, appreciation, inner strength, self-awareness, choice, hope and contentment. **This nine-week repeat course, starting March 16**, features a media-based peace education program created by the Prem Rawat Foundation. The facilitators involve participants with insightful talks, activities, and meaningful interactions that explore the themes of The Art of Living Well. **Materials fee:** \$20, due at the first class for participant workbook.

Rita Rubin-Long has a lifelong passion for peace. She served as an educator for over 40 years in public schools. Rita also worked with USM as an educational consultant. She sings with Women in Harmony.

Terry Landry's career is distinguished by a commitment to multicultural understanding. He recently retired from Colby College, where he created a much-lauded vegan-vegetarian program in his role as Manager of Foss Dining Hall.

OLLI/USM STUDENT PRIVILEGES

OLLI membership offers many benefits:

- Discounted parking in the USM garage (see details on page 8)
- Shopping at the University store in its new location at 212 Abromson Center
- Guest access to USM's on-campus wireless Internet
- Preferential mailing of OLLI course catalogs and SAGE brochures
- Free participation in any OLLI Special Interest Group
- **In addition, membership in OLLI at USM entitles you to a free OLLI-designated USM student photo ID**, good for some local discounts and special offers (details at <https://usm.maine.edu/usmcard/offcampus>). This ID also allows you access to USM libraries, computer labs, and the Sullivan Gym. Visit the OLLI office to complete an ID request.



Tuesday Morning 9:30-11:30

SAGE 2020 Spring Lecture Series

Each fall and spring, SAGE provides eight Tuesday-morning lectures. Topics include history, culture, the arts, geography, and science. Drawing on community resources, SAGE offers attendees the opportunity to hear interesting speakers and to learn more about a wide array of interesting subjects. OLLI is excited to offer such an outstanding lecture program at the price of \$50 for the entire series.

SAGE SCHEDULE/SPEAKERS

March 17: Donna Anderson, Executive Director, Osher Lifelong Learning Institute at USM
Steps on the Journey of Lifelong Learning: From Academia to Museums and Back Again

March 24: Luke Holden, Founder and CEO; Jeff Holden, Partner, Luke's Lobster
Entrepreneurial Passion and Seafood Shacks: The Luke's Lobster Tale

March 31: Sarah Hansen, Executive Director; Julie Larry, Director of Advocacy, Portland Landmarks
Preserving and Revitalizing Greater Portland's Remarkable Legacy of Historic Buildings, Neighborhoods, and Landscapes

April 7: Firooza Pavri, Director of Muskie School for Public Service, Professor of Geography, USM
Shifting Landscapes in the Arctic: Observations about

Climate Change from Greenland and Iceland

April 14: Kevin Concannon, former U.S. Under Secretary of Agriculture and Director of State Health and Human Services Departments in Maine, Iowa, Oregon
From Coast to Coast: Four Decades of Public Service in State and Federal Government

April 21: Judith Shaw, Maine Security Commission; Michael Derosiers, U.S. Postal Inspector (retired), AARP
Points for the Good Guys: Catching and Prosecuting Maine Fraudsters

April 28: Matt Golec, award-winning amateur board-game designer and professional enthusiast
Why Everyone is Playing Board Games You've Never Heard Of

May 5: Dr. Jean Murachanian, Executive Director, Portland Conservatory of Music
The Benefits of Music Education

Further details on the SAGE lineup — along with a registration form — can be found in the SAGE brochure you'll receive in January. The brochure will also be available on the OLLI website.



Tuesday Afternoon 12:30-3:00

Films that Fell through the Cracks David Stankowicz

This seven-week course, starting March 17, will view and discuss six films released within the last 30 years that might not have received the distribution or critical attention that they deserve. They contain significant cinematic and narrative value worth viewing and discussing. Each film contains quality acting, provocative dialogue, deep emotional content, and asks complex aesthetic, psychological, intellectual, and spiritual questions. Experiencing these challenging films will hopefully deepen our understanding of what

it means to be human. The intent of this course is to enhance our appreciation of the power of cinema to make us think and feel. **Note:** these films may contain nudity, profanity, violence, and may challenge our assumptions and beliefs.

David Stankowicz is a retired teacher and school administrator. As D.J. Zachariah, he hosts Palm Wine Radio, a weekly African music show on WMPG. His blog, "Boho Dreams of Space and Time," features his photographs and poetry. He lives on Peaks Island with his wife, Debbie Jordan, and their dog, Jade.



Tuesday Afternoon 12:45-2:45

Astronomy/Cosmology

Robert Ashton

This repeat class is based on the PBS online course by Dr. Philip Plait, author, educator, and researcher. It consists of forty-six 10- and 15-minute “sessions.” We do five or six each week for the eight weeks, covering the basics, including moon phases, tides, the Milky Way, black holes, the Big Bang, gravity waves, etc. It’s a lot! No background is necessary, but some homework will be essential in understanding the overall concepts, reviewing the sessions assigned beforehand, and bringing questions and concerns to class. These YouTube video segments can be slowed and replayed to improve understanding. Please preview introduction to astronomy “crash course astronomy” at <https://www.youtube.com/watch?v=OrHUDWjR5gg&index=1&list=PL8dPuuaLjXtPAJr1ysd5yGlyiSFuh0mL>

Bob Ashton is a graduate of Cornell University in Mechanical Engineering. He was a docent at the American Museum of Natural History in New York City for 12 years in the area of Earth and Space. Has conducted similar courses at a senior study group in New York City.

Guilty Pleasures: How Salt, Sugar, Spices, Chocolate, Tea, and Coffee Changed History

Sherrie Chapman

This repeat course will focus on the guilty pleasures we eat and drink. Illustrated lectures will outline how the historical acquisition of these guilty pleasures that we use and sometimes abuse changed the political and cultural history of the world. Assigned readings will cover the general history of food. **Required book:** *Food in History*, Reay Tannahill, ISBN 9780517884041, USM price \$18.

Sherrie Chapman has a BA, MA, MPA, and three years of post-graduate study in History. She also enjoys a number of food-related guilty pleasures.

Stephen Sondheim at 90

Richard Pollak

Whether Stephen Sondheim is on your cultural radar or not, come explore his 65-year career, during which he revolutionized the American musical theater with such groundbreaking works as *Company*, *Sweeney Todd*, *Into the Woods*, and *Sunday in the Park with George*. The latter won the Pulitzer Prize, recognition that attests to his genius, as do his eight Tonys, eight Grammys, an Oscar, Kennedy Center honors, the Presidential Medal of Freedom, and, now, the Stephen

Sondheim Theater on Broadway. Still not curious? This link will change your mind <https://www.youtube.com/watch?v=RH2SCDoDX6U&t=493s>

Richard Pollak is the author of several books, most recently the memoir After the Barn. He has served as a literary editor and executive editor at The Nation, as an associate editor at Newsweek, and taught at Yale and NYU. More at www.richardpollak.com.

Understanding Finance and Investing

Laongdao “Tak” Suppasettawat

This repeat course is suitable for individuals who want to learn basic personal finance and investing in a neutral environment, for those who want to manage their own finances or want to work with the right financial advisor. Through case study, media, and presentations, students will learn how to create a personal financial plan, the benefits of financial planning, fundamentals of investing, investment instruments, investment costs and fees, how to read statements and performance reports, and what questions to ask current or future advisors. Basic estate planning and tax-efficient investing will also be covered.

Tak Suppasettawat is President and founder of TAK Advisory LLC. She provides fiduciary-based financial-planning and investment-management services to individuals, trusts, estates, and private foundations. A licensed Registered Investment Advisor, a Certified Financial Planner™ and a Certified Public Accountant, Tak has 30 years of experience working in the financial-services industry.

India: Gender, Nationalism, and Democracy

Kathleen Sutherland

India today is a South Asian world power, rising from over 200 years of British colonial subjugation to an independent, democratic, nuclear nation. But recent aggressive nationalism has challenged the democratic tradition developed since its 1947 independence from Great Britain. What role has the juxtaposition of the image of India as a beautiful woman with the Citizen Warrior played in this nationalism? We will explore this interplay of gender, nationalism, and democracy in this emergent world power, rich in history, population, and diversity. **Suggested book:** *Making India Hindu: Religion, Community, and the Politics of Democracy in India*, David Ludden, ISBN 0195682750.

Kathleen Sutherland is Associate Professor Emerita of Political Science and Women’s Studies at BGSU in Ohio. She received her PhD from Indiana University in Political Science/ Middle East Studies and was President of The World Affairs Council of Maine 2016-19.

more TUESDAY AFTERNOON courses on next page

FUN: It Does a Body Good Doni Tamblyn

This highly interactive, repeat class will prove that you're a born expert at humor, creativity, and play. Through theater improv games, you'll develop your natural (not "comedy club") humorous style; practice the five rules for confident, spontaneous creativity; discover the one simple rule for avoiding inappropriate humor without fail; and learn the Professional Comedian's Secret Weapon for taking all the fear out of "bombing." You'll learn to tap back into your natural playfulness, and start using it successfully, appropriately, and — best of all — without fear.

Doni Tamblyn is a comic actor and the former owner of HumorRULES, a company that delivered creativity training to organizations like Chevron, the US Navy, and the Federal Reserve Board. She is the author of two books, Laugh and Learn (HarperCollins) and The Big Book of Humorous Training Games (McGraw-Hill), which have been translated into five languages.



OLLI SPECIAL EVENT

\$15

Friday, March 13 | 1-3 p.m. | Room 102

“Bees in the Garden”

Mirabai Starr

Like bees in the garden of spirit, we are designed to gather the nectar from all the world's spiritual traditions and allow it to become rich honey with which to sustain ourselves and feed the hungry world. We are also endowed with the wisdom to recognize the nourishment and decline the poison. In this gathering, we will follow the sweet streams of mystical longing and social justice through mystical poetry, sacred texts, silence, chant, and dialogue. Discover the unifying teachings and experience the heart-opening practices that carry us beyond an intellectual understanding of humanity's many Wisdom Ways to the place we are transformed by the love at their common core.

Mirabai Starr writes creative non-fiction and contemporary translations of sacred literature. She taught Philosophy and World Religions at the University of New Mexico-Taos for 20 years and now teaches and speaks internationally on contemplative practice and inter-spiritual dialog. A certified bereavement counselor, Mirabai helps mourners harness the transformational power of loss. She has received critical acclaim for her revolutionary new translations of the mystics, John

of the Cross, Teresa of Avila, and Julian of Norwich. She is the award-winning author of God Of Love: A Guide to the Heart of Judaism, Christianity and Islam, Caravan Of No Despair: A Memoir of Loss and Transformation, and Mother of God Similar to Fire, a collaboration with iconographer, William Hart McNichols. Her latest book is Wild Mercy: Living the Fierce & Tender Wisdom of the Women Mystics. She lives with her extended family in the mountains of northern New Mexico.



Note: The USM Center for Compassion will be hosting a Mirabai Starr Conversation and Book Signing on March 13.

For more information, go to <https://usm.maine.edu/bertha-crosley-ball-center-compassion/mirabai-starr-conversation-and-book-signing>



Wednesday Morning 9:30-11:30

Discussion of Essays in the Book *Learning to Fall* Margo Donnis

Phillip Simmons was a 35-year-old English professor when he was diagnosed with ALS (Lou Gehrig's disease). *Learning to Fall* is the collection of 12 poetic essays he wrote as his health declined. His topics include the exhilaration of New Hampshire winter sliding during his childhood, reflections on the writings of the Buddha and Jesus, and a visit to the town transfer station with his son to watch a turtle lay eggs in the sand. We will discuss one or two essays in each session. **Required book:** *Learning to Fall: The Blessings of an Imperfect Life*, Philip Simmons, ISBN 9780553381580, USM price \$16.

Margo Donnis, MSEd, recently retired from a career in corporate America as an IT Systems Analyst. She was also an Instructor at USM, teaching a College Skills class. She appreciates all points of view and feels OLLI members bring a wealth of knowledge to every class.

What Can We Learn from Europe? Marianne Hill

We know a bit about Europe's social benefits: low-cost childcare and health care, mandatory paid vacations, tuition-free college — but there are also surprising developments in clean energy and liveable cities. What made this progress possible? What lessons are there for Maine? Have you lived abroad? There's a lot to talk about **in this repeat class**. I am inviting as guests persons from Sweden, the UK, and other countries. We will watch Michael Moore's film *What Can We Invade Next?* **Suggested books:** *Lessons from Europe? What Can Americans Learn from European Public Policies*, R. Daniel Kelemen, Ed., ISBN 9781483343754, available by special order at the University Store; *Viking Economics: How the Scandinavians Got It Right and How We Can, Too*, George Lakey, ISBN 9781612196213.

Marianne Hill has travelled extensively and lived abroad. A radical feminist economist and activist, she has studied in depth the problems involved in creating a better economic system. She holds a PhD in Economics from Yale and is author of Taming the Corporate Beast (2016).



Jordan and the United States: An Overlooked Yet Indispensable Partnership Allison Hodgkins

Since relations were established in 1949, Jordan has been an important partner for the United States. During the Cold War, it was considered a bulwark against Communism, and since 9/11 has been a vital ally in the global war on terror. Jordan has also been a consistent supporter of U.S. efforts to forge Middle East peace. This course will explore the strategic underpinnings of this relationship, how they relate to U.S. strategic interests in the region, and the dilemmas it creates for the Kingdom. **Suggested books:** *The Lion of Jordan*, Avi Shlaim, ISBN 9781400078288; *Our Last Best Chance for Peace*, King Abdallah II, ISBN 9780143120308.

Allison Hodgkins, a graduate of the Fletcher School of Law and Diplomacy, was Assistant Professor of International Security and Conflict Management at the American University of Cairo. She lived in the Middle East for more than 13 years and is an expert on the Israeli-Palestinian conflict, the Arab-Israeli conflict, and the Oslo process.

Eight Baroque Artists Who Created the Foundation For Modern Art Nathaniel Larrabee

A Baroque Period follows any Classical Period in the Fine Arts and can last for centuries. The end of Classicism is defined by codified academic schools looking to the past. The High Baroque brings the disintegration of academic theory, rules, and order accompanied by a return to reality and search for a truthful new vision. Titian, Caravaggio, Gentileschi, Bernini, Velasquez, Rembrandt, Rubens, and Brueghel were revolutionary Baroque artists who envisioned modern concepts centuries before twentieth century Modernism. We will explore the character and work of these innovative geniuses perceived through our contemporary lens. All are welcome in this "shared inquiry course." **This is a repeat of the interrupted fall course.**

Nathaniel Larrabee is a retired Professor of Fine Arts at the Columbus College of Art and Design. He has also taught at Wellesley College, Boston University, and Northeastern University. He has exhibited at the regional, national, and international levels and is represented in diverse public and private collections.

more WEDNESDAY MORNING courses on next page

A Guide to Less Stress and More Personal Freedom **C. Waite Maclin and Clay Atkinson**

In this repeat course, you will develop a personal contract designed to reduce stress and increase personal freedom. This contract will focus on your becoming more impeccable with your words, taking less personally, avoiding making assumptions, and helping you do your best. You will also learn to challenge fear-based beliefs, reduce negative thinking, remove drama from relationships, and release anger and resentment. **Suggested books:** *The Four Agreements*, Don Miguel Ruiz, ISBN 9781878424310; *The Fifth Agreement*, Don Miguel Ruiz and Don Jose Ruiz, ISBN 9781878424617.

Waite Maclin, a psychotherapist and organizational consultant, was training officer for the Peace Corps in the Philippines. His consulting focuses on teambuilding, conflict resolution, goal setting, and leadership training. He is certified to administer the Emotional Intelligence Instrument.

Clay Atkinson, a senior corporate manager and long-time consultant, has provided streetwise strategies to over 150 profit

and non-profit clients in 30 industries. Experience includes: MBA adjunct professor, board member, mentor, co-founder of elders' and men's groups. He has a passion for the topic of emotional intelligence.

Four Generations of The Adams Family (1735-1927) **John Sutherland**

No, not *that* "Addams" family! For nearly 200 years, this family made incredibly diverse contributions to American life: two Presidents and their remarkable First Ladies, a Secretary of State, a congressman, a very significant Ambassador to England, a pioneer female photographer, two historians (including perhaps the 19th century's greatest), and a novelist. **In this repeat course**, we will examine in detail seven lives from this remarkable clan. **Suggested book:** *Descent from Glory: Four Generations of the John Adams Family*, Paul C. Nagel, ISBN 9780195034455.

John Sutherland graduated from the University of Maine and received his PhD from Temple University. He is Emeritus Professor of History at Manchester (Conn.) Community College, and he also taught at the University of Connecticut and Eastern and Central Connecticut Universities.

Wednesday Morning

9:30-11:45

Africa Since Independence: Coup d'etats, Corruption, Challenges, and Courage **Mike Lynch**

This repeat class (with updates) will view Sub-Saharan Africa since the first colony gained independence in 1957, focusing on Ghana, South Africa, and the DRC. We will analyze trends and discuss how the past 70 years impacted the continent. Although this was a tumultuous and brutal period, we will learn about nation-building concepts and the strength of human beings and gain an understanding of different cultures. Readings will be interspersed with video clips, lecture, and discussion. Each class will include a cultural exercise to help explain Western and African perspectives.

Mike Lynch has a MBA from UNH and had a career in hi-tech developing and managing multi-million-dollar businesses. In 2009, he became a Peace Corps volunteer, working in Bulgaria with the Roma Gypsies. He then spent three years as a Peace Corps Director, managing Ghana PC operations. He has traveled extensively in Africa and "winters" in Cape Town South Africa.

CLASSES AND COSTS

- Spring classes are held once a week, Monday through Friday. The term runs for eight weeks, from March 16 through May 8.
- Morning classes run from 9:30 to 11:30; afternoon classes run from 12:45 to 2:45. Any exceptions to usual times are noted. There also are spring workshops on Saturdays (see page 25).
- **Tuition is \$50 per course for regular OLLI at USM classes.** Workshops typically cost \$15 for single sessions and \$25 for two or three sessions or a full day. Exceptions to the usual pricing structure are clearly noted.
- **You must be an OLLI at USM member to enroll in classes and workshops. Membership costs \$25 per fiscal year and runs from July 1 to June 30.**
- **There is a charge for parking in the USM garage. Parking costs \$2 per hour, but OLLI members can purchase a \$25 hangtag, good until August 31. SEE DETAILS ON PAGE 6.**
- In addition to classes, OLLI offers several Special Interest Groups. (See page 30 for a list.) **You must be a current OLLI member to participate in these.** For news and updates on OLLI activities, read your *OLLI at USM Newsletter*, go to the OLLI at USM website (www.usm.maine.edu/olli), and check the literature racks in the main lobby and at the top of the stairs.



Wednesday Afternoon 12:30-3:00

Ingrid Bergman Retrospective Patricia Davidson Reef

Ingrid Bergman, born in Sweden in 1915, was a favorite film star in America and Europe in the 1940s and worked until her death in 1982 of breast cancer. A controversial figure in real life, she had a number of affairs, but her image in films saved her from puritanical judgment in America, while all of Europe loved her. Featured films include *Casablanca* (1942), *Gaslight* (1944), *Stromboli* (1950), *Spellbound* (1945), *Anastasia* (1956), *Murder on the Orient Express* (1974),

and *Autumn Sonata* (1978). **This seven-week course starts March 18.**

Pat Davidson Reef has taught at OLLI for 18 years. She has a Master's degree in Education and taught English and Humanities at McAuley High School in Portland for many years. She has written two books about Maine artists for young readers: Dahlov Ipcar, Artist (2016), and Bernard Langlais Revisited, (2019). She is writing a new book about a nationally known African-American artist who summers in Maine: David Driskell, Artist, Educator, and Author.



Wednesday Afternoon 12:45-2:45

Popular Music and Culture in a Tumultuous Time: The 1960s Terry Foster

This repeat course explores the popular music and culture of the 1960s via lecture, discussion, videos, singing, and live music. If you really want to know what the course covers, think Elvis, Beatles, Beach Boys, doo-wop, blues, soul, and, especially, folk music like that from Peter, Paul and Mary; Bob Dylan; Joan Baez; etc. Current events of the decade will be discussed: civil rights, injustice, Vietnam War, hippies, etc. There is no text but handouts will be given for reading. So put on your tie-dyed shirt and come enjoy the fun, music, and learning.

Terry Foster is co-founder of OLLI's predecessor, Senior College. He brings to his teaching two Master's degrees, a doctorate in Higher Education, and 27 years' work experience in continuing education and college and post-graduate level instruction. He's been teaching at OLLI since its inception. He loves to play 60s music.

From Christ to Creed: A Historical Look at Early Christianity Mark Gallup

How did the man Jesus become for Christians the Son of God? **This repeat course** will examine the history of early Christianity from the 1st to the 5th century. Using historical documents, we will follow the evolution of Christian thought in this early period, including non-orthodox forms of Christianity. We will examine the development of key doctrines such as the Trinity, the nature of Christ, and original sin. Finally, time will be

provided to investigate in more detail some topics suggested by students. **Suggested book:** *How Jesus Became God: The Exaltation of a Jewish Preacher from Galilee*, Bart Ehrman, ISBN 9780061778193.

Mark Gallup is an interfaith minister with a varied religious background. He has always been deeply interested in Christian history and the evolution of Christian ideas and doctrines.

Exploring the Mysteries of Tarot Mary Gelfand

Tarot is a divination technique which uses brightly colored cards rich with images to tap into intuitive knowledge. The 78 cards in a Tarot deck create a complex structure that assists the reader in accessing personal and universal mystery. Tarot makes use of multi-cultural symbols, numerology, archetypes, and the Elements. **This repeat class** provides an introduction to the process of divination, history of Tarot, basic card meanings, spreads, and a variety of different ways to use the cards in your own life. **Required book:** *Rider Tarot Deck*, Sir Arthur Waite and Pamela Coleman Smith, ISBN 9780913866139, USM price \$21.95.

Mary Gelfand loves the mystery and depth of this evolving divination technique. She studied Tarot for two years at Diana's Grove Mystery School in Missouri. She is an Interfaith Minister who uses Tarot with Spiritual Direction clients and as an intuitive tool to guide her own life. She teaches classes on Tarot and gives private readings.

more WEDNESDAY AFTERNOON courses on next page

Reader's Theatre (RT) Performance

Paula Johnson, Barbara Bardack

Your willingness to use your imagination to escape into a script and immerse yourself in a role is a prerequisite **for this ongoing class**, where you'll learn and practice basic acting techniques using voice and facial expressions. Sessions will include pantomime and improvisation applicable to RT. You will rehearse during the term, sharing critiques, followed by a performance at the end of the semester. No memorization is required. Instructors will supply scripts.

Paula Johnson holds a Master's in Business Management from Husson. She has pursued theater in all its aspects, touring New England with Portland Children's Theater, acting in local theater groups, and working behind the scenes in many capacities.

Barbara Bardack, a retired teacher, used "Reader's Theater" as an aid to reading instruction. She has appeared in school productions and community theater in New York, Ohio, and Freeport, Maine. Behind-the-scenes work includes stints in Public Broadcasting and with Freeport Community Players.

Exploring Great Performances of Classical Music

Carl Smith

Classical music is written out by the composer in great detail, but the musicians' ability to interpret and convey to the listener the emotional and spiritual content of the music is crucial to a full appreciation of the composer's artistic creation. That is not to say that

there is only one right way to interpret a musical work, but a truly great performance can be a transformative experience for the listener. This course will consist of audio and video performances that have been widely recognized as being of outstanding artistic quality. We will experience these performances and, through class discussion, explore what makes them great.

Carl Smith has taught Music Appreciation courses at OLLI for 12 years. He combines a lifelong love of both music and music reproduction to create an experience in the classroom that approaches attending a live concert performance.

Chinese Language and Culture

Yan Wang

This repeat course aims at providing a basic foundation in the combined skills of listening, speaking, and writing Chinese characters as well as a general picture of Chinese culture. Learners will start with the Mandarin phonetic system (Pinyin), pronunciation, stroke order, and basic Chinese characters. Students will be able to conduct conversations based on daily topics. As for Chinese culture, the instructor will provide some information about China's history and geography; Chinese legend; Chinese philosophy, traditions, and customs; Chinese tea; Chinese medicine; Chinese Kungfu; and other relevant topics.

Yan Wang is the Co-Director of the USM Confucius Institute. His home university is Dongbei University of Finance and Economics in Dalian, China.

Explore Portland's Historic Neighborhoods on Foot

Bruce Wood

Starting March 25, enjoy six narrated walks — **rain or shine** — through Portland's historic neighborhoods, exploring the city's history, architecture, and immigrant populations since Europeans arrived. Discuss historic structures and locally and regionally famous architects and view their works. The longest walk will be two miles in two hours. The greatest elevation change will be from the Congress Street to the waterfront and back. All walks will be on pavement, with side trips into two grassy cemeteries. **Suggested book:** *Portland, A Short History*, Allan Levinsky, ISBN 9781933212432, USM price \$14.95. **Instructor will contact students about the meeting place prior to each class. This repeat class is limited to 12 students.**

Bruce Wood moved to Portland after retiring as a computer programmer for Amtrak. He fell in love with the city's history and architecture and served on Portland's Historic Preservation Board. He leads tours for the Maine Historical Society at the Observatory and at Victoria Mansion.

IMPORTANT NOTE: Books may be purchased at the University Store, now housed in 212 Abromson Center.

- **Acquiring books and materials is the student's responsibility.**
- Books and materials will be listed in each course description as **Required** (the class — i.e., a literature course — cannot function without the book) or **Suggested** (it would enhance the class but is not necessary). If no books or materials are listed in a course description, none are needed.
- Prices are listed only for required books and reflect USM Bookstore prices.
- For your convenience, all required books and a limited number of copies of suggested books will be carried in a special OLLI-designated section at the USM Bookstore on the USM Portland campus. **However, students also are welcome to procure books from other sources, including online vendors, local libraries, and friends.**



Thursday Morning 9:30-11:30

Mandala and the Circle of Life

Linda Carleton

This repeat course will provide an introduction to the use of mandala journaling as a tool for exploring our inner lives. It will examine the ways mandalas have been used across myriad cultures, introduce the mandala Great Round, and use a variety of mandala-making techniques to explore its 12 life stages. **A \$15 materials fee, payable to instructor**, will cover a mandala journal and all art supplies used in the class.

Linda Carleton is a retired minister and teacher of History and Comparative Religions. She is an artist who offers mandala workshops in and around Portland. You can visit Linda at her website: lindacarleton.com.

Will Success Spoil Mark Twain and 'Ole Huck Finn?

Matthew Goldfarb

Is *The Adventures of Huckleberry Finn* a racist novel? Why was it considered to be a revolutionary book? Why have there been efforts to ban the book – twice? What's the big deal about a ride on a raft on the Mississippi River, and what's all the fuss about dialects? Why was Twain lionized in his own day? The answers to these questions will be revealed, dear reader, if you join Huck and Jim on their raft. **Required book:** *The Adventures of Huckleberry Finn*, Mark Twain, 9780393966404, USM price \$19.50 (any edition of *Huckleberry Finn* is OK; Norton Critical Edition, 3rd ed., recommended).

Matt Goldfarb has been engaged in OLLI for seven years as student, teacher, SAGE committee member, and Advisory Board member. He is a retired attorney (50 years), who enjoys reading, golf, and dreaming over a second cup of coffee as he savors the leisure of retirement.

The Power of Propaganda

Andrea Stanley Hester

“The oblique paradox of propaganda is that the lie in the throat becomes, by repetition, the truth in the heart,” said filmmaker John Grierson. In this class we will discuss basic techniques of political, military, and cultural propaganda, using examples from WWI and WWII, the Cold War, North Korea, and ISIS, as well as contemporary political campaigns. In addition, we will talk about how the advent of the Internet and social media has taken propaganda in a whole new direction

that we are still struggling to comprehend.

Andrea Stanley Hester is Vice President of the World Affairs Council of Maine as well as the Harvard Club in Maine. She has a BA in History from Tufts University and an ALM in Government from Harvard University.

Gold: Its History, Impact, Economics — and More

Mike Lynch

Gold has motivated societies, torn economies to shreds, determined the fate of kings, inspired beautiful works of art, provoked horrible acts against peoples, and driven men to endure intense hardship in the hope of finding instant wealth. How was gold formed? Where can you find it? What was the initial allure of gold, and how did it evolve into the critical commodity it is today? How has the quest for gold changed history — repeatedly? Why did it impact world economies for centuries, and how is it continuing to impact us? **This class is an expanded version from Summer 2019** and will be a combination of lecture, video clips, and discussion.

Mike Lynch lived in Ghana (formally called the Gold Coast), and “winters” in South Africa, which has one of the world’s richest gold deposits. In his travels he has visited ghost towns and old mining operations around the world. He became fascinated with gold’s impact on mankind and history.

Great Choral Music in Great Spaces

Carolyn Paulin

In this repeat course we will view great choral music performed by wonderful orchestras, choirs, and soloists with remarkable conductors, in some of the world's most beautiful churches and concert halls. Repertoire includes Bach's *Mass in B Minor* and *St. John Passion*, Mozart's *C Minor Mass*, Beethoven's *Missa Solemnis*, Brahms's *German Requiem*, and Verdi's *Requiem*. These are all performances beautifully filmed and edited, with excellent sound quality. There will be ample time for class discussion and a great deal of information handed out.

Carolyn Paulin earned the DMA in choral music at the University of Illinois at Urbana-Champaign. She has been a choral conductor for over 40 years and spent the last 13 years of her career as a classical radio producer/program host at WFMT Radio in Chicago. She is President of the Portland Spring Quartet Society, occasionally teaches music history at USM, and is a free-lance radio producer.

more THURSDAY MORNING courses on next page

Julius Caesar
Chris Queally

Written in 1599, *Julius Caesar* may have been the first play performed at the new Globe theater on Bankside. This drama of conspiracy and political assassination and its aftermath gathers its intensity from the dual paths of Brutus, with his skillful use of political rhetoric, and Marc Antony, who, as Caesar has reminded us, loves plays, and wields his understanding of the power of performance to turn the people of

Rome against the conspirators. Mayhem, murder and suicide abound. Shakespeare closely follows his main historical source: North's translation of Plutarch's Lives. **Required book:** *Julius Caesar*, William Shakespeare, ISBN 9780486268767, USM price \$3 (any text of *Julius Caesar* is OK).

Chris Queally studied at the Shakespeare Institute and has directed numerous student productions. He has taught more than a dozen Shakespeare plays at OLLI.



Thursday Morning 9:45-11:15

**World Dance Sampler:
Travel the World through Dance**
Kathleen Carroll

Come learn traditional community dances from many different countries! Dances range from calming to energetic. Formations include: circles, snaking lines, pairs, opposing lines, etc. World Dances are for both men and women, and don't require a partner or dance experience. Each week you'll learn new dances, step by step, and review ones previously learned. Dress comfortably (you'll sweat). Bring a water bottle and non-street, smooth-soled shoes. **NOTE: This class**

meets at Portland New Church (302 Stevens Avenue, Portland) to access their joint-forgiving wooden floor. An additional \$20 floor rental fee will be paid to the instructor. Class runs 1-1/2 hours.

In the 80s Kathleen Carroll performed World Dance (also called International Folk Dance) with "Borovcani." She has taught world dance in a variety of venues. This past summer marked her 20th season attending Mainewoods Dance Camp, where she loves assisting with cultural events. Kathleen has traveled to Bulgaria, Romania, Georgia, Turkey and Armenia to experience their dances and cultures.



Thursday Afternoon 12:30-3:00

**The Quest for Spiritual/Religious Meaning
as Portrayed in Film**
Joan Aldrich

This nonpolemical, film/discussion course explores elements common among spiritual seekers from many different religious traditions/backgrounds. We'll experience some of the historical clashes that have arisen between cultures/religions, as Buddhist, Hindu, Pagan, Jewish, and Christian protagonists struggle with their fates and circumstances, as portrayed in film narratives. Our series opens with the film *Agora*, featuring Hypatia, an influential female mathematician/philosopher in 4th-century Roman-

dominated Egypt. Destruction of the Great Library in Alexandria resulted from conflicts between pagan worshipers and Christians at this time. *Silence* is set in 17th-century Japan and depicts the response to Portuguese Jesuit missionaries; *Black Robe*, also set in the 17th century, examines clashes between European and indigenous cultures. Other films consider personal spiritual quests: *Life of Pi*, *Little Buddha*, *A Serious Man*, and *O Brother Where Art Thou?* **This seven-week class starts March 19.**

Joan Aldrich, MDiv, MA (Religious Studies), believes that "all religions are rivers running to the same ocean."

OLLIR REMINDERS

A few things to keep in mind while attending classes and workshops:

- Don't know where your class is being held? Room numbers for all classes are posted throughout the building as well as on the electronic bulletin board in the Wishcamper lobby.
- As a courtesy to your instructor and fellow students, please wear your nametag. If you don't have a nametag yet, stop by the OLLI office and request one.
- Please silence all electronic devices before your class starts.
- In consideration of classmates with allergies, please do not wear anything scented: cologne, shaving lotion, moisturizer, etc.



Thursday Afternoon 12:45-2:45

Improvisational Fiction

Tim Baehr

How do we get the creative juices flowing for short fiction? In this course we will use various methods to kick-start and share (sometimes wild) ideas for creating vivid characters and scenes and (sometimes dark and twisty) plots. We'll use some improv techniques for generating ideas, and we may even write stories based on each others' ideas. And more — this is improvisational, and the class's ideas will be welcomed. There will be time to workshop our results.

Tim Baehr has been teaching flash fiction writing at OLLI for several years. In his courses he seeks an atmosphere that is non-authoritarian and non-judgmental. His fiction has appeared online, in Reflections, and in some tiny obscure journals.

Two Sides To Every Issue

Mike Berkowitz

Abortion, Citizens United, welfare, health care, free speech, freedom of religion, vouchers, Affirmative Action, gun control, taxes, censorship, the news, inequality, taxes, prisons, and justice... The Left argues one way; the Right, another. Who's right, who's wrong? Or is there a better solution? We tend to view things only from our perspective. Can we better understand the other perspectives? We'll consider the two sides of each issue, and then we'll try to decide what's best. Mini-lectures and movie clips will give frameworks for discussion. Come consider the contradictions in contemporary conundrums.

Mike taught in daycare centers, fifth grade, special education, and two colleges before finding his niche at OLLI. He enjoys using Psychology and videos to help stimulate discussion about the world we live in.

It's Never Too Late

Joan Chadbourne

The losses we confront as we age (former identity, friends, loved ones, place, physical ability, etc.) provide us the choice to reimagine our now lives or stay stuck in culture's limited paradigms of aging. If we don't want to end life with unfulfilled dreams, we must risk change. Rasmussen writes of "second firsts," a sort of do now that which is calling from your depths. Be prepared to listen deeply, experience and share (as comfortable), and be curious about what's possible. **Suggested book:** *Second Firsts: A Step-by-Step Guide to Life*

After Loss, Christina Rasmussen, ISBN 9781401957063.
This eight-week class starts March 26.

*Joan Chadbourne loves teaching, learning, and creating learning groups where creative curiosity and participation are key. She is a holistic counselor and author of *Healing Conversations Now: Enhance Relationships with Elders and Dying Loved Ones*. She's been a professor (UCONN) and organization consultant.*

Line Dancing: A Cross-cultural Perspective

Jack Lynch

This ongoing, participatory dance class draws from the dances of many cultures: traditional American Country/Western (using contemporary c/w and pop music), Greek circle dances, Brazilian Samba, Tango, Rhumba, Spanish cha-cha, and the Shim Sham jazz line dance from Harlem. Not all of these are taught every semester. Prior dance experience is not necessary, but the ability to comfortably walk two miles at a decent pace is strongly recommended. New dances will be taught and previously taught dances reviewed at each class. Experienced dancers from previous classes will assist the instructor.

Jack Lynch has danced socially for 40 years. He has extensive experience in various forms of swing dance, ballroom dance, English Country dancing, contra dancing, clogging, Cajun, Zydeco, solo jazz, and ethnic line dancing. He taught swing dance once a week for six years at a bar in Massachusetts.

One Culture: Creativity in Science and the Arts

Gale Rhodes

Creativity in the humanities raises this question: Is science also creative in any sense that parallels the arts, or is science mere discovery? For answers, we ask how scientists work; for example, how they investigate the invisible — detecting particles like quarks and the Higgs boson; "seeing" molecules; studying magnetic and gravitational fields; imaging black holes; exploring unrepeatable processes like evolution. In each case, we begin with a work of poetry, music, literature, or art — connecting it to a scientific idea. Can I convince you that scientists are creative, too? Let me try. All readings at <http://oneculture-olli.blogspot.com>.

*At his website, *One Culture: Science and the Humanities* (<http://oneculture-olli.blogspot.com>), Gale Rhodes promotes Science, scientific thinking, and the search for connections between Science and other paths to knowledge.*

more THURSDAY AFTERNOON courses on next page

History of Maine: Prehistory to Present Day, Part 2

Rick Tomazin

This two-semester course covers Maine from pre-historic times to the recent past. Each semester is independent but will complement the other. Presenters are a collaboration of noted scholars of Maine history. **Though this is a repeat course, there will be some new topics and lecturers.** Maine has played a significant role in the growth of this country, and we will see how that impacted the state. From Katahdin to

the seashore, Kittery to Fort Kent, we will investigate the story of our beautiful state. There will also be topics covering Maine's bicentennial. **Suggested book:** *Maine: The Pine Tree State from Prehistory to the Present*, Richard W. Judd, Edwin A. Churchill, and Joel Eastman, ISBN 9780891010821.

Rick Tomazin has been an OLLI student since 2006 and a facilitator of this course for several years. A native of Washington, Pa., and a Mainer since June 1972, he is a graduate of Washington & Jefferson College, Washington, Pa., and a History major.



Friday Morning 9:30-11:30

Great Decisions 2020 AM

Clifford Gilpin

Great Decisions is a flagship program of the World Affairs Council of Maine, facilitated by members of the Council. The eight topics of discussion for 2020: Climate Change and the Global Order; India and Pakistan; Red Sea Security; Modern Slavery and Human Trafficking; U.S. Relations with the Northern Triangle; China's Road into Latin America; The Philippines and the U.S.; and Artificial Intelligence and Data. Students will be e-mailed a class outline and are requested to read the relevant chapter in the text before each class. **Required book:** *Great Decisions 2020 Edition*, ISBN 9780871242679 USM price \$32. **This session is repeated in the afternoon.**

Clifford Gilpin graduated from the London School of Oriental and African Studies. He taught in Nigeria and Kenya before enrolling in a doctoral program at Columbia University. He joined the World Bank as education specialist in 1974 and for 22 years advised African and Asian governments on education policy. He served as president of the World Affairs Council of Maine for four years.

The Lion's Roar: The Life and Turbulent Times of Winston L.S. Churchill

H. Draper Hunt

This repeat course will recreate the life of England's greatest 20th century statesman. After a troubled childhood, Winston eagerly followed dual careers as a soldier and a journalist. Inordinately ambitious politically, he served in Parliament for 60 years, holding Cabinet posts from Home Secretary to First Lord of the Admiralty to Prime Minister. Special attention will be given to his role as Britain's tireless and eloquent war leader, beginning in 1940, and the Allied victory over Germany and Japan in 1945. We will study Churchill the prolific historian and writer, the family man, and overall the brilliant, often loveable, and at

times outrageous figure who bestrode the British political scene like a colossus. **Required book:** *Winston Churchill, The Unexpected Hero*, Paulo Addison, ISBN 9780199297436, USM price \$21.95.

Longtime OLLI instructor H. Draper Hunt is Professor Emeritus of History at USM. He holds a BA from Harvard College and MA and PhD degrees from Columbia University.

Advocating for the Environment: A Citizen's Guide to Change

Susan Inches

Are you concerned about climate change or the environment, but don't know what you can do to make a difference? This course will cover advocacy basics, including direct action, coalition building, lobbying, and writing letters to the editor. You'll learn about what's going on with environmental policy in Maine at the local, regional, and state level. You'll also get an understanding of how we must create a "conceptual revolution" that shifts our thinking about the earth and our relationship with it to creating lasting change. **Required book:** *Don't Think of an Elephant*, George Lakoff, ISBN 9781603585941, USM price \$15.

A graduate of College of the Atlantic and the University of New Hampshire, Susan Inches worked in public policy for over 25 years, as Deputy Director of the State Planning Office and as a Director at the Department of Marine Resources. She now works as a consultant, teacher and advocate with a focus on the environment and climate change.

Art Studio AM

Dona Sherburne

Escape from "busy" and give yourself a two-hour block of time to work on your art, at your own pace, in a relaxed environment. Fellow artists share ideas, encouragement, and support. **This studio opportunity will also be offered on Friday afternoon.** Pack your

materials and come paint! **NOTE: if you are using oils, please plan to use water-based paints only. Class is limited to 10 students.**

Dona Sherburne has taught art, cooking, and theater classes over the years. Her artwork has been exhibited and sold in many venues.

Shakespeare, John Smith, and the New-World Republic

Richard Welsh

Converging ideas among the elusive playwright, the mythologized soldier, and a network of “Puritan” preachers crystallized in Shakespeare’s late plays, in Capt. John Smith’s plan for New England, and in John Winthrop’s Massachusetts. The convergence: a challenge to aristocracy in religion and state; grounding of a commonwealth in care for the other; respect for the dignity of labor; joy in science and discovery; and America as the place to attempt it all. **Required books:** William Shakespeare’s *The Tempest*, ISBN 9780486406589, USM price \$3, and *The Winter’s Tale*, ISBN 9780451527141, USM price \$5.99. **Suggested book:** *As a City on a Hill: The Story of America’s Most Famous Lay Sermon*, Daniel T. Rodgers, ISBN 9780691181592. **Please read *The Tempest* before class.**

With BA and MA spanning Zoology, Psychology, and Anthropology,

Richard Welsh taught one course at Cornell before entering the political/nonprofit domain. There he engaged in feature journalism in science history, children’s science pedagogy, and culture transformations ranging from prehistoric to modern times.

Chekhov: Stories and Plays

George Young

Chekhov insisted that in real life people are not at every moment shooting at each other or making declarations of love. They can simply be having dinner, and as they sit at the table, their happiness can be made or their lives destroyed. Let literature, he says, reflect real life, not at the highest and lowest moments, but what goes in between, when real life is happening. We’ll read and discuss 20 or more of Chekhov’s best stories and two of his plays, supplemented when possible, by Russian or English films of the works. **Required book:** *The Portable Chekhov*, Edited by Avrahm Yarmolinsky, ISBN 9780140150353 USM price \$20. **This six-week, repeat class will start March 20.**

George Young has a BA in English from Duke, a PhD in Slavic Languages and Literature from Yale, and has taught courses in Russian literature at Grinnell, Dartmouth, UNE, and, more recently, at OLLI and Midcoast Senior College.



Friday Afternoon 12:45-2:45

Great Decisions 2020 PM

Clifford Gilpin

Great Decisions is a flagship program of the World Affairs Council of Maine, facilitated by members of the Council. The eight topics of discussion for 2020: Climate Change and the Global Order; India and Pakistan; Red Sea Security; Modern Slavery and Human Trafficking; U.S. Relations with the Northern Triangle; China’s Road into Latin America; The Philippines and the U.S.; and Artificial Intelligence and Data. Students will be e-mailed a class outline and are requested to read the relevant chapter in the text before each class. **Required book:** *Great Decisions 2020 Edition*, ISBN 9780871242679 USM price \$32. **This session also runs Friday morning.**

Clifford Gilpin graduated from the London School of Oriental and African Studies. He taught in Nigeria and Kenya before enrolling in a doctoral program at Columbia University. He joined the World Bank as education specialist in 1974 and for 22 years advised African and Asian governments on education policy. He served as president of the World Affairs Council of Maine for four years.

Does the “New Atheism” Falsify Claims of the Afterlife?

Stephen Kercel

“New Atheism” refers to an aggressive movement to debunk religion, embodied in the works of Dennett, Dawkins, Harris, and Hitchens. The published works of these self-styled Four Horsemen of Atheism are not validation of atheism. They are criticisms of the Abrahamic religions and presume that atheism will fill the void they have created. They suppose that they have proved that “death is final” and that reports of “afterlife” experiences must violate the laws of physics. This course will examine both the logical rigor of their works and the veracity of “life after life” reports. **Required book:** *Mortality*, Christopher Hitchens, ISBN 9781455502769, USM price \$15.99.

Stephen Kercel, PhD Electrical Engineering, University of Tennessee, is a Research Fellow with UNE’s New England Institute of Cognitive Science and Evolutionary Psychology. He co-founded the Endogenous Systems Research Group NEI; was Senior Development Engineer, Image Science and Machine Vision Group, Oak Ridge National Laboratory; and Rapid Communications Editor, Journal of Integrative Neuroscience.

more FRIDAY AFTERNOON courses on next page

Classical Literature, Mostly Drama

Evy Newlyn

Do you know who brought fire to newly created men (yes, only men existed then) in a fennel stalk? Did you know the Greeks couldn't conquer Troy without the warrior they had abandoned on a deserted island? Do you know who killed his father unknowingly? You can learn about these and equally interesting matters treated by Aeschylus, Sophocles, and Euripides. We'll also consider some recently discovered poems by Sappho. Classical art will enhance our studies.

Required books: *Greek Tragedies Vol. 1*, David Grene and Richmond Lattimore, ISBN 9780226035284, USM price \$12; *Greek Tragedies Vol. 2*, David Greene and Richmond Lattimore, ISBN 9780226035598, USM price \$12.

Evy Newlyn is Professor Emerita of English from the State University of New York. After earning her PhD in English from Syracuse University, she taught at universities in Virginia, Maine, and New York. Her special interests are Classical literature, medieval literature, and cats.

Art Studio PM

Dona Sherburne

Escape from "busy" and give yourself a two-hour block of time to work on your art, at your own pace, in a relaxed environment. Fellow artists share ideas, encouragement, and support. **This studio opportunity is also offered on Friday morning.** Pack your materials and come paint! **NOTE: if you are using oils, please plan to use water-based paints only. Class is limited to 10 students.**

Dona Sherburne has taught art, cooking, and theater classes over the years. Her artwork has been exhibited and sold in many venues.



REFUND POLICY

- You will receive a **100 percent refund for classes dropped by March 27, the end of the second week of spring classes. NO REFUNDS AFTER THAT POINT.** No refunds are given for OLLI at USM annual membership fees. To transfer from one course to another, or to drop a course, call the OLLI office at 780-4406.
- If OLLI cancels a class due to low enrollment, you will be notified and offered the option of a refund or an alternate course.



Register early online to ensure adequate enrollment in your favorite class!

ENROLLMENT

- All OLLI at USM classes must have a **minimum of 12 registered students** to run.
- Enrollments are determined a few weeks prior to the first class or at the discretion of the OLLI staff. Under-enrolled classes will be cancelled. If classes are cancelled, all students will be notified of the cancellation. You will be given a full refund for the course or the opportunity to register for an alternate class.



SPRING WORKSHOPS

Saturday, March 21, 9:30-11:30 \$15

Intro to Astrology I: Your Rising, Sun, and Moon Signs Peggy Schick

Your birth chart (zodiac) is a 360-degree “map” of the sky at the time you were born. Each celestial body represents a part of your psyche and tells its own story. **This repeat workshop** introduces astrology as a framework for understanding core parts of your personality by coming to understand your Sun, Moon, and Rising signs, which tell the story of you in the day-to-day, how you process emotion, and your external persona. In advance of class, registrants must provide city/state of birth, exact time, and date of birth to instructor (peggyschick@gmail.com) and will receive a copy of their birth chart in class. **This is a prerequisite to Astrology II on March 28.**

Peggy Schick is a professional astrologer, astrology teacher, and Reiki practitioner. She serves as co-chair of the board of the Maine Jung Center in Brunswick, where she also teaches classes. For more background, visit www.peggyschick.com.

Voice-Overs: Now Is Your Time Daniel Levine

In what could be the most enlightening two hours you’ve ever spent, **this repeat workshop** will show you how you can use your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside-the-box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! Whether you choose to pursue voice-overs part-time or full-time, this could be the game changer you’ve been looking for.

Dan Levine has won many awards for his commercial productions, including a national Clio Award and several local advertising ADDY Awards. For 17 years, he produced commercials for hundreds of clients around the country. Dan’s unique marketing technique has opened doors for talented individuals who might never have made it using conventional marketing methods.

Saturday, March 21, 9:30-Noon \$15

Preserving and Protecting Maine’s Wild and Scenic Places Scott Andrews

Maine’s top tourist attraction is Acadia National Park. The state’s topmost point is in Baxter State Park. Canoeing the Allagash Wilderness Waterway and kayaking the Maine Island Trail are signature outdoor-adventure experiences. Maine boasts the second-longest mileage on the Appalachian Trail and hut-to-hut travel by cross-country skiers — all on land preserved for public use by a complex combination of public and private initiatives. This workshop traces this story, from the aspirational visions of Henry David Thoreau to today’s Katahdin Woods and Waters National Monument. A multi-media presentation of the proposed 3.2-million-acre Maine Woods National Park by Thomas and Lee Ann Szelog, an award-winning team of fine art/wildlife photographers, will conclude the workshop.

Scott Andrews earned a BA in history from the University of Chicago, MBA from the Chicago Booth School of Business and MSc from the London School of Economics. A longtime journalist, Andrews has written many articles on outdoor adventures and recreation for local and national publications.

Saturday, March 21, 9:30-3:30 \$25

Guided Autobiography Katie Murphy

Guided Autobiography (GAB) is fun, fascinating, and surprising. **In this repeat workshop**, life themes are introduced; priming questions are asked. Memories of events emerge, and we write in response. You’ll get some writing tips, but it’s not a creative writing class — it’s about revisiting and responding to episodes in your life. You’ll go home with several of your own stories — and with a new passion for “getting it down”! **Required materials:** Please bring a notebook and pen/pencil, tablet, or laptop.

Katie Murphy of Univoice History has been a personal historian for almost 20 years, helping clients record and preserve their family stories and histories. She is an editor, designer, and author (International Adoption: Sensitive Advice for Prospective Parents). She trained as an instructor with the Birren Center for Autobiographical Studies.

Saturday, March 28, 9:30-11:30 \$15

11 Days in Iran: May 2019

Kathleen Carroll

Iran has been in the news a lot in the last couple of years. What is Iran like from a tourist's perspective? That's what this instructor will share. She was the only American in a group of 12 on a cultural tour of Iran. Was she with a tour guide at all times? No. Her slideshow will consist mostly of photos and a few videos. She'll provide commentary and time to answer questions.

At the age of 19, Kathleen Carroll backpacked abroad in Western Europe. This wonderful experience left her yearning to travel again, but life got in the way until 2010. She then resumed a lifelong dream to visit and explore other cultures, this time mostly in Eastern Europe. In fall 2018 she learned of an opportunity to visit Iran the following May, so she jumped at the chance.

Yoga for Graceful Aging

Jennifer Cooper

Yoga can help with many issues of aging, including balance, strength, and flexibility. In this workshop, all levels of physicality will be able to participate, from chair yoga to challenges for those who want them. Come see what yoga has to offer you. Let's all age gracefully together! **Class will be held offsite at The Yoga Center, 449 Forest Ave. in Portland.**

Jennifer Cooper is Co-director of The Yoga Center and has been teaching Yoga for 45 years. She has learned many modifications of poses and is able to assist with all levels of abilities.

The Science of Happiness

Heather Edgerly

In this repeat workshop, we will explore the science behind happiness and will discuss and engage in practices that have been proven to increase an individual's well-being, including mindfulness, gratitude, and kindness.

Heather Edgerly began studying Eastern Religions in 2002 and has subsequently received degrees in Religion from the University of Hawaii and Harvard University. She has taught Buddhism and Eastern Religions at the University of North Carolina and currently leads classes in the theory and practice of meditation.



Intro to Astrology II: Your Mercury, Mars, and Venus Signs

Peggy Schick

Expanding on the "Intro to Astrology I: Your Rising Sun, and Moon Workshop," this successive workshop focuses on understanding your Mercury, Venus, and Mars signs, which tell the story of how you think, how you love, and how you assert yourself. **Intro to Astrology I is a prerequisite to this workshop;** it is being offered on **March 21 this term** and was offered last summer and fall. In advance of class, registrants must provide city/state of birth, exact time, and date of birth to instructor (peggyschick@gmail.com) to receive a copy of their birth chart in class.

Peggy Schick is a professional astrologer, astrology teacher, and Reiki practitioner. She serves as co-chair of the board of the Maine Jung Center in Brunswick, where she also teaches classes. For more background, please visit www.peggyschick.com.

Saturday, April 4, 9:30-11:30 \$15

Earth Day at 50

Susan Gilpin

Earth Day turns 50 on April 22, 2020. We will examine the state of Sebago Lake, the Presumpscot River, and Casco Bay in 1970 and again in 2020. We will look at the federal and state policies that contributed to change, as well as social, political, and economic forces. Contributions of Native Americans, biologist Rachel Carson, and Senators Cohen, Mitchell, and Muskie will be highlighted. PowerPoint with photos and videos. Discussion of participants' memories of Earth Day. Bring your memorabilia.

Susan Gilpin is a Maine Master Naturalist and a member of the Falmouth Conservation Commission. She missed the first Earth Day and has been making up for it ever since. She is a bird-watcher and was a water tester for Friends of Casco Bay for seven years. She has taught several OLLI courses on sustainable living.

Astronomy: Exploring the Celestial Wonders of the Sky

Scott Negley

We will explore the constellations of the spring and summer skies and some of the deep-sky objects they contain. Learn the causes and appearance of events viewed with the unaided eye, including auroras, sundogs and halos, comets, meteors showers, and the lunar cycle of phases that causes lunar and solar eclipses. We will review what has been learned from

the NASA probes that have explored the members of our solar system and how telescopes have brought us the wonders of the cosmos. **This is a repeat workshop.**

Scott Negley received Master's degrees in Astronomy and Mechanical Engineering from the University of Pennsylvania and has been teaching Astronomy for more than 40 years in a variety of capacities: as university instructor, school district planetarium director, elder hostel teacher, and currently as the owner/operator of a portable planetarium company.

Saturday, April 4, 9:30-3:30 \$25

Chess for Beginners
Mike Berkowitz

Have you always wanted to learn to play chess? Would you like to pick up the game now? **This repeat workshop** gives you that chance — chess in one day! The morning will begin with instruction and then alternate between demonstration and your playing. After a lunch break, a brief review and a few quick occasional pointers will help you develop your game. Come learn and play.

Mike Berkowitz has always enjoyed posing new ideas and teaching new skills to students. He taught preschoolers, fifth graders, and undergraduates before finding his niche at OLLI.

Hastening Death: Three Options
Bill Jose

This workshop will help participants explore the concept of hastening one's own death. Several options for doing so will be explored, including Maine's new Death with Dignity Act; Voluntarily Stopping Eating and Drinking; and an Allow-Natural-Death order. We will discuss the value of making such a decision responsibly, as part of an open family-based discussion, including completion of an Advance Directive. Your questions, feelings, and ideas will be the stimulus for lively classroom discussion.

Bill Jose has taught many OLLI courses, including "End-of-Life Choices and Decision Making." He holds a Certificate in Clinical Ethics, is a Certified Advance Care Planner and a trained Hospice Volunteer, and earned a PhD in Social Psychology from Stanford University.





Course Registration — SPRING 2020

If mailing, send to: OLLI at USM, P.O. Box 9300, Portland, ME 04104

NOTE: OLLI courses cost \$50, unless otherwise noted. Workshops are individually priced.

Name (one person per form) _____

I need an OLLI name tag — Nickname for name tag _____

Mailing address _____

City _____ State _____ Zip _____

Telephone _____ E-mail address _____

Date of Birth _____ (mm/dd/yyyy) Are any of these new? Address Phone E-mail

	Course/Workshop Name		Course/Workshop Name	Cost
1st Course		Alternate 1st Course		
2nd Course		Alternate 2nd Course		
3rd Course		Alternate 3rd Course		
4th Course		Alternate 4th Course		
Workshop 1		Alternate 1st Workshop		
Workshop 2		Alternate 2nd Workshop		
Workshop 3		Alternate 3rd Workshop		
			TOTAL COST FOR ALL	

OFFICE USE ONLY

Check #: _____

CC (last 4 #s): _____

Cash: _____

Misc: _____

ENROLL (Init.): _____

Date Processed: _____

_____ Total course and workshop fees

_____ Annual membership (*FREE if you're 90 or older!* Check)

_____ USM parking hangtag (\$25, good Sept. 1-Aug. 31)

_____ Your **Tax Deductible Contribution to OLLI** is welcome

_____ Total amount

Payment Method: Cash Check (*payable to OLLI*) Credit Card: Visa MasterCard Discover

.....

Credit Card No. _____ Expiration Date _____

3-digit code on back of card _____ Name on credit card _____



OLLI Registration Information

Register online at www.usm.maine.edu/olli starting Feb. 4.

Registration will open between 12:01 and 12:15 a.m.

Class availability is first come, first served.

OLLI accepts mail-in and walk-in registrations, but the immediacy of online registration clearly gives the advantage to students who sign up for classes on our website. Please consider giving online registration a try to ensure that you get into your chosen classes.

(Need computer assistance? See p. 3 for an onsite-help schedule.)

INSTRUCTIONS FOR MAIL-IN REGISTRATION

- Please use **ONE FORM** for each registrant.
- Fill out the top section of the registration form **completely**. Leaving sections blank can slow registration.
- Write the course names for your **top selections** for classes in the “1st Course,” “2nd Course,” “3rd Course,” and “4th Course” sections on the registration form. Note the price of each course in the “Cost” column.
- If you are concerned that your top choices will be filled, you may want to add alternate choices. Please write course names for your **alternate choices** in the “Alternate 1st Course,” “Alternate 2nd Course,” “Alternate 3rd Course,” and “Alternate 4th Course” sections on the form.
- Sign up for OLLI workshops on the same form. Write the name of your chosen workshop(s) in the space provided, along with the price of the workshop.
- Add up the fees for your courses and workshops (and membership, if applicable) and note that amount in the space marked “Total Cost for All.”
- As soon as your payment is processed and you are enrolled in your class and/or workshop, you will receive an e-mail confirmation. If you do not have an e-mail account, we will mail you a confirmation.

EXPENSES

Unless otherwise noted, **OLLI at USM courses cost \$50**. Workshops are priced based on the length of each session.

You must be an OLLI member to take courses or workshops. Annual **OLLI membership costs \$25**, and **parking hangtags are \$25 a year**. OLLI scholarships are available; see details on p. 2.

Questions? Call OLLI at 780-4406.

REFUNDS

Full refund for classes dropped by **March 27. NO REFUNDS AFTER THAT POINT.**

You will be refunded for any classes OLLI cancels.



Contact Information OLLI at USM Office

- **Phone:** 780-4406
- **Location:**
44 Bedford St.
210 Wishcamper Center
USM Portland Campus
- **Email:** olliatusm@maine.edu
- **Mailing Address:**
Osher Lifelong Learning Institute / USM
P.O. Box 9300
Portland, ME 04104



Special Interest Groups at OLLI

Except for July and August, OLLI at USM offers many diverse activities beyond the classroom. To participate in any Special Interest Group, you must be a current OLLI member. **NOTE: Special Interest Groups are not intended as instructional events.**

● **Arts and Crafts:** Try your hand at a new skill. Each month, a member of the group will demonstrate and lead an activity (fabric and paper crafts, jewelry making, book arts, knitting, crocheting, mixed-media collage, etc.). Contact Marcia Taylor at mtaylor1@maine.rr.com for more information.

● **Bicycle and Nosh:** If you like to bike, how about joining a group of OLLI members for a ride every couple of weeks, with a delicious treat along the way? Contact Deidre St. Louis at deedee.st57@yahoo.com for more information.

● **Book Club:** Members meet monthly to discuss readings from a variety of genres, including contemporary novels, classics, biographies, memoirs, short stories, etc. Contact Karen Day at kday0718@gmail.com or Karen Wilcock at wilcockke@gmail.com for more information.

● **Bridge Club:** Those who enjoy playing bridge for fun are welcome to join this group, which meets weekly. Contact Barbara Freeman at bhfreewoman@gmail.com for more information.

● **Downhill Ski Club:** A seasonal outlet for downhill skiing enthusiasts, the club welcomes new and returning members. Skiers plan trips to area mountains when snow conditions are good and driving conditions permit. Contact Lois Winter at loiswinter54@gmail.com for more information and to join our email list for notice of upcoming ski trips.

● **Elders for Future Generations:** This is an ongoing, peer-facilitated exploration of the advocacy role seniors can play in shaping policy to promote the well-being of future generations. Contact Fred Brancato at opus3@twc.com for more information.

● **History Book Club:** Members read and discuss one work of history each month. Works include social, political, economic and foreign-policy history as well as biography, autobiography, memoir, and historical fiction. Contact Sue Gesing at susangesing@gmail.com or Dawn Leland at lelanddm@gmail.com for more information.

● **OLLI Night Out:** Come enjoy good food and good company with fellow OLLI gourmants who meet periodically at local restaurants. Watch the *OLLI Newsletter* for upcoming dates and locations.

● **OLLI Singers:** This group, directed by an experienced leader and supported by a skilled accompanist, meets

weekly to have fun with vocal music and prepare for several performances each year. All are welcome. Contact Chuck Hornberger at ckhornberger@gmail.com for more information.

● **OLLI Ukuleles!** meets twice a month to share and have fun playing a wide variety of ukulele music. All levels welcome. Contact Cheryl Eling at cfeling@gmail.com for more information.

● **Outdoor/Walking Club:** Outdoor enthusiasts gather twice a month for invigorating walks in interesting places. They meet at the Back Cove parking lot in Portland to carpool for walks in Portland and south and meet at Exit 17 in Yarmouth for walks north of Portland. Walking schedules for the year can be found in the OLLI office and in literature racks in Wishcamper. Contact Rae Garcelon at raegarcelon@gmail.com for more information.

● **Photography Club:** Shutterbugs at OLLI at USM meet and learn from each other while sharing their love of photography. Contact Sharon Roberts at sharonlh@gwi.net for more information.

● **Recorder Ensemble:** In addition to having fun making music together, the Recorder Ensemble also may perform at OLLI at USM events and venues. Contact Karen Luse at luse.karen@gmail.com for more information.

● **Science Reading Club:** Each month this group reads and discusses articles from the latest issue of *Scientific American*. See the website at <https://olliusmsciencediscussion.wordpress.com> or contact Elizabeth Housewright at ehousewright@gmail.com for more information.

● **Senior Players:** Thespians perform staged readings twice a year at USM and off campus on several occasions. Senior Players is open to all OLLI at USM members. Contact Allan Mills at aljeevbr@gmail.com for more information.

● **Wine-Tasting Club:** An OLLI wine enthusiast helps educate your palate during featured wine-and-appetizer pairings at a local restaurant. The group meets at 5:30 p.m. every month or so. Novices and wine enthusiasts welcome. Contact Jack Lynch at JLynch001@maine.rr.com if you'd like to join an e-mail list for advance notice of date, price, and venue.



OLLI at USM

Mission

OLLI at USM is committed to providing, for its members, a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

Vision

OLLI will be driven by the creative and innovative spirit of its founding mission, will maintain its strong sense of community and inclusiveness, expand its abundant opportunities for members to exchange ideas and experiences, and maintain a standard of excellence.

Core Organizational Values

These are the fundamental beliefs of OLLI at USM that guide our planning and decision-making. These core values support our vision, shape our culture, and reflect what we value.

Joy of Learning — We believe that continuing to grow and learn new things is a deeply fulfilling lifelong priority.

Community — We recognize the importance of interaction with other members to share knowledge and experiences, to expand our perspectives, and to make new friends, in an atmosphere of inclusiveness, respect, and openness.

Accessibility — We strive to make classes, lectures, workshops, seminars, and activities affordable and accessible for all members.

Excellence — We strive for excellence by committing our intelligence, creativity and energy to achieving quality in our curriculum, faculty, facilities, operations, and relationships within our community.

Volunteerism — We recognize the crucial importance of volunteers to the success of our programs.





*Intellectual Fun
for People
over 50*

OSHER
LIFELONG
LEARNING
INSTITUTE



www.usm.maine.edu/olli