

Winter 2018

Jan. 9 through Feb. 15

CLASS SCHEDULE





General Information

If you are 50 or older, with a curious mind and an interest in learning just for the joy of it, you are invited to join 2,000 like-minded older learners who are members of the Osher Lifelong Learning Institute (OLLI) on the Portland campus of the University of Southern Maine. OLLI at USM is committed to providing its members with a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

As a member of OLLI at USM, you'll choose from an extensive array of peer-taught courses in the liberal arts and sciences. There are no entrance requirements, grades, or tests. Your experience and love of learning are what count. Some OLLI at USM classes involve homework — usually reading or honing skills taught in class. Homework is not mandatory, but it can enhance your learning experience; what you put in is what you'll get out of the course.

OLLI at USM is one of 17 Senior Colleges throughout Maine and participates in the Maine Senior College Network (www.maineseniorcollege.org). The National Resource Center for all Osher Lifelong Learning Institutes (www.osher.net) is located at Northwestern University in Chicago. Currently, there are 120 OLLIs throughout the country.

MEMBERSHIP

OLLI at USM is a self-sustaining, self-governing organization supported through an annual membership fee of \$25. The membership fee covers the fiscal year July 1 to June 30. Your annual membership allows you to participate in all OLLI at USM courses and Special Interest Groups at OLLI. You'll also get Internet access and notification when the OLLI Newsletter is available online.

SPECIAL ACCOMMODATIONS

OLLI at USM has purchased a portable assistive-listening device that can be used in any Wishcamper classroom. Students using the device will be able to hear the instructor. Any OLLI at USM student with hearing difficulties may request the use of this system. Contact the OLLI at USM office at 780-4406 as soon as you register for class.

If you need other special accommodations to participate in OLLI at USM because of disability, please call the USM Office of Support for Students with Disabilities at 780-4706 as soon as you register but at least two weeks before classes begin.

SCHOLARSHIPS

Full and partial scholarships are available through a simple, friendly, confidential process. Because of the overwhelming response, scholarships are limited to \$50 per person per term, applicable to one course, the SAGE program, or workshops. Scholarships do not apply to OLLI at USM membership, trips, or special events. Scholarship applications are available in the OLLI at USM office. **These must be completed, signed, and turned in with each of your course registrations.**

NOTE: It is not possible to register for courses online with a scholarship. Please mail or bring your registration form and scholarship to the OLLI office BEFORE registration day to ensure timely enrollment in your class.

Call 780-4406 for more information.

CLASS LOCATIONS

All classes, except where noted, are held in the Wishcamper Center at 44 Bedford Street on the USM Portland campus. See map on page 6.

OLLI STAFF

Susan Morrow, Assistant Director for Program
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FOR MORE INFORMATION

Call: 780-4406 or 1-800-800-4876
E-mail: olliatusm@maine.edu
Visit: www.usm.maine.edu/olli to register for OLLI courses online

OLLI ADVISORY BOARD 2017-18

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Online Registration at OLLI at USM

Online registration allows you to sign up for classes in real time. To begin the process, visit the OLLI website at: www.usm.maine.edu/olli

There you will find a link to the registration website on the home page and step-by-step instructions under “Resources” on the left. Once you have perused the catalog and chosen which classes you wish to “purchase,” you are ready to go “shopping” on the registration website. You’ll be able to tell how many spaces are still available in your chosen class and can add your name to a wait list if a class is full.

Once you pay for your classes, you’ll receive e-mail confirmation of your registration. It’s fast, easy, and secure. **Please note:** Credit card is the **only** form of

payment you can use for online registration. **If you must use another payment form (check, cash, scholarship, gift certificate), you’ll need to mail or hand deliver your registration with payment attached.**

If you’ve shopped online, you should find online OLLI registration a snap. But if you’re not comfortable doing your own online registration at home, the OLLI staff is standing by to help you. We offer onsite instruction in the Wishcamper Computer Lab (see timeline) and have one computer in the OLLI office dedicated to online registration. Anyone may use this computer to register online, but **you must use a credit card for payment.**

Important WINTER Term Dates

OLLI Winter REGISTRATION TIMELINE

Nov. 28 Online registration for OLLI winter courses begins.

The registration system will automatically turn on at 12:01 a.m.

Students with scholarships, gift certificates, free memberships, or other waivers must get registrations into the OLLI office before this deadline for staff to process promptly.

NOTE: Since your registration will be competing with online enrollments, we can’t guarantee your first-choice class, but you will be our top priority the morning after registration goes “live.”

Nov. 28 **If you need help navigating the online process,** onsite help setting up student accounts and registering for classes will be available in the Wishcamper Computer Lab (Room 128) starting at 8 a.m.

Dec. 5 OLLI staff will start accepting mail-in, drop-off, and phone registrations.

Dec. 25 OLLI and USM closed for Christmas Day.

Jan. 1 OLLI and USM closed for New Year’s Day.

Jan. 9 OLLI winter classes start.

Jan. 15 OLLI and USM closed for Martin Luther King Jr. Day.

Jan. 25 Deadline to receive refund on dropped classes.

Feb. 15 OLLI winter term ends.

Feb. 19 OLLI and USM closed for Presidents Day.

Feb. 20-22 OLLI winter term make-up week.

WHERE’S MY CLASS??

All classes are in Wishcamper unless otherwise noted.

Individual classes and their locations are posted at all entrances and on the electronic bulletin board in the OLLI lobby.

CLASS CANCELLATIONS:

For weather closings, call the USM storm line at 780-4800. *If USM is closed, OLLI will be closed.*



Schedule-at-a-Glance

Winter 2018

TUESDAY AFTERNOON 12:45-2:45

See pages 7-8

To Become or Not To Become
Mike Berkowitz

The Historical Jesus Before Christianity
Tom McGovern

Love in *Wuthering Heights* and *Pride and Prejudice*
James Prevet

Fabric and Fiber Jewelry Making
Barbara Rich

Let the Poem Drive: Breaking Your Mold in Poetry
Mary Tracy, Craig Sipe

WEDNESDAY MORNING 9:30-11:30

See pages 8-9

Anthony Doerr: Stories, Medicine, Science
Walter Allan, Betsy Wiley

Manet, Degas and Cezanne: Three Who Made a Revolution in Modern Art
Nathaniel Larrabee

Re-Minding Us: Lao Tzu, Atisha, Sosan, and, Not Least, Kabir
John McLaughlin

The Requiem in Music: Brahms, Verdi, and Britten
Carolyn Paulin

OLLI Goes to the Movies of South America
John Serrage

A Taste of Hebrew, Continued
Ariela Zucker

WEDNESDAY AFTERNOON 12:45-2:45

See pages 9-10

Maine Mystery Writers: Craft and Conversation
Richard Cass

The Machine that Changed the World
David Chute

Ukulele 101: Finding Joy with Four Strings on a Shoestring
Lynne and Rick Gammon

New World Disorder and America's Future
Betsy Mayberry, Karen Massey

The Big Three: Helen Mirren, Meryl Streep, Judi Dench
Pat Davidson Reef

International Auteur Cinema 19
Juris Ubans

THURSDAY MORNING 9:30-11:30

See page 11

Baseball: The Greatest Players
Richard Budd

Black History of Maine
Bob Greene

Learning to Love Writers in New Ways
Paul Kiley

Expand Your Intuition and Become an Elder Woman of Wisdom
Lucille Ann Meltz

So You Think You Hate Chemistry?
Gale Rhodes

THURSDAY AFTERNOON 12:30-3:00

See page 12

Unexpected Outcomes: A Film/Discussion Course about Destiny, Relationships, and Road Trips
Joan Aldrich

THURSDAY AFTERNOON 12:45-2:45

See pages 12-13

Memoir Story Circle
Norman Abelson

Myth and Reality in American History
Cliff Meneken

Beyond "Moon-June": Evolution on Broadway
Richard Pollak

Mathematical Discoveries: Calculus and Chaos
Stephen Schiffman

More Pulitzer Prize Winners for Fiction
Ruth Story

Registration Form & Information for classes and workshops.
See pages 16-17.

Workshops

See pages 14-15

Friday, Jan. 19
9:30-11:30 a.m. \$15

Feral Newfoundland: Planning Your Adventure
Deborah Gordon

Friday, Jan. 19
9:30-11:30 a.m. \$15

Do I Need Long-Term-Care Insurance?
Gregory Rogovin, Quang Nguyen, Jill Tank

Friday, Jan. 19
9:30 a.m.-3:30 p.m. \$25

Hand-making Books: A Sampler
Dianne Sinclair

Friday, Jan. 19, 26 & Feb. 2
9:30-11:30 a.m. \$25

Altered States and Alternate Realities
Espahbad Dodd

Friday, Jan. 26
9:30-11:30 a.m. \$15

Obtaining Unaffordable Prescription Medicines
Martha Morrison

Friday, Jan. 26
9:30 a.m.-3:30 p.m. \$25

Chess for Beginners
Mike Berkowitz

Friday, Feb. 2
9:30-11:30 a.m. \$15

The Big Problem: Our Brains and the Survival of Human Civilization
Jack Lynch

Friday, Feb. 2
9:30-11:30 a.m. \$15

Light Your Torch
Christine MacDonald

Friday, Feb. 2
9:30-11:30 a.m. \$15

What Do Your Hands Say About You?
Lucille Ann Meltz



Course/Workshop List by Instructor

Instructor	Title	Day/Date	Time	Page
Abelson, Norman	Memoir Story Circle	TH	PM	12
Aldrich, Joan	Unexpected Outcomes: Film/Discussion	TH	PM	12
Allan, Walter	Anthony Doerr: Stories, Medicine, Science	W	AM	8
Berkowitz, Mike	To Become or Not To Become	TU	PM	7
Berkowitz, Mike	Chess for Beginners	1/26	ALL DAY	15
Budd, Richard	Baseball: The Greatest Players	TH	AM	11
Cass, Richard	Maine Mystery Writers: Craft and Conversation	W	PM	9
Chute, David	The Machine that Changed the World	W	PM	9
Dodd, Espahbad	Altered States and Alternate Realities	1/19, 1/26, 2/2	AM	14
Gammon, Lynne and Rick	Ukulele 101: Finding Joy with Four Strings on a Shoestring	W	PM	10
Gordon, Deborah	Feral Newfoundland: Planning Your Adventure	1/19	AM	14
Greene, Bob	Black History of Maine	TH	AM	11
Kiley, Paul	Learning to Love Writers in New Ways	TH	AM	11
Larrabee, Nathaniel	Manet, Degas and Cezanne: Three Who Made a Revolution in Modern Art	W	AM	8
Lynch, Jack	The Big Problem: Our Brains and the Survival of Human Civilization	2/2	AM	15
MacDonald, Christine	Light Your Torch	2/2	AM	15
Massey, Karen	New World Disorder and America's Future	W	PM	10
Mayberry, Betsy	New World Disorder and America's Future	W	PM	10
McGovern, Tom	The Historical Jesus Before Christianity	TU	PM	7
McLaughlin, John	Re-Minding Us: Lao Tzu, Atisha, Sosan, and, Not Least, Kabir	W	AM	8
Meltz, Lucille	Expand Your Intuition and Become An Elder Woman of Wisdom	TH	AM	11
Meltz, Lucille	What Do Your Hands Say About You?	2/2	AM	15
Meneken, Cliff	Myth and Reality in American History	TH	PM	12
Morrison, Martha	Obtaining Unaffordable Prescription Medicines	1/26	AM	15
Nguyen, Quang	Do I Need Long-Term-Care Insurance?	1/19	AM	14
Paulin, Carolyn	The Requiem in Music	W	AM	8
Pollak, Richard	Beyond "Moon-June": Evolution on Broadway	TH	PM	12
Prevet, James	Love in <i>Wuthering Heights</i> and <i>Pride and Prejudice</i>	TU	PM	7
Reef, Pat	The Big Three: Helen Mirren, Meryl Streep, Judi Dench	W	PM	10
Rhodes, Gale	So You Think You Hate Chemistry?	TH	AM	11
Rich, Barbara	Fabric and Fiber Jewelry Making	TU	PM	7
Rogovin, Gregory	Do I Need Long-Term-Care Insurance?	1/19	AM	14
Schiffman, Stephen	Mathematical Discoveries: Calculus and Chaos	TH	PM	13
Serrage, John	OLLI Goes to the Movies of South America	W	AM	9
Sinclair, Dianne	Hand-making Books: A Sampler	1/19	ALL DAY	14
Sipe, Craig	Let the Poem Drive: Breaking Your Mold in Poetry	TU	PM	8
Story, Ruth	More Pulitzer Prize Winners for Fiction	TH	PM	13
Tank, Jill	Do I Need Long-Term-Care Insurance?	1/19	AM	14
Tracy, Mary	Let the Poem Drive: Breaking Your Mold in Poetry	TU	PM	8
Ubans, Juris	International Auteur Cinema 19	W	PM	10
Wiley, Betsy	Anthony Doerr: Stories, Medicine, Science	W	AM	8
Zucker, Ariela	A Taste of Hebrew, Continued	W	AM	9





Campus Map and Parking

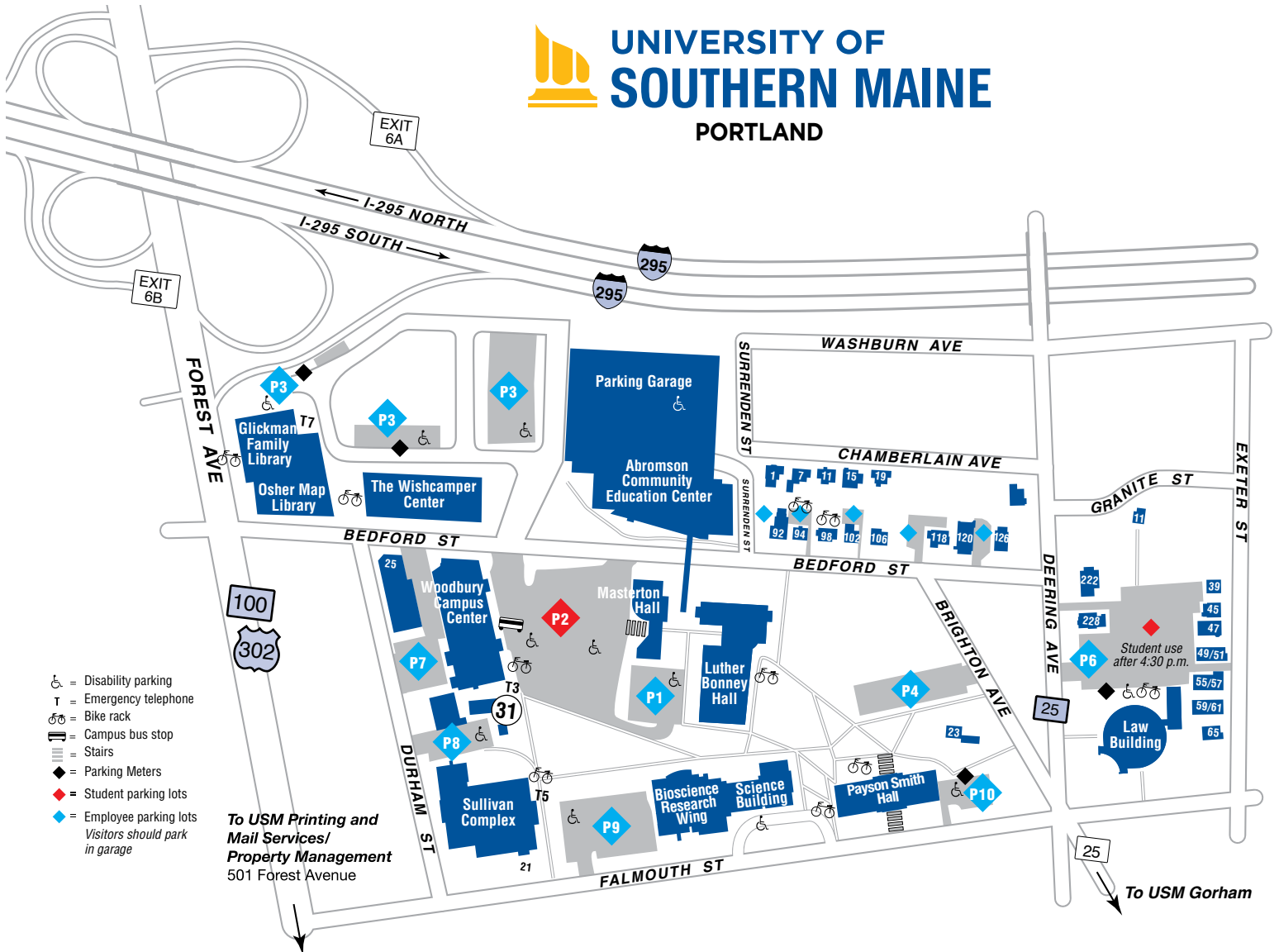
The Osher Lifelong Learning Institute at USM is based in the Wishcamper Center at 44 Bedford St. on the Portland Campus.

- OLLI classrooms are on the 1st and 2nd floors.
- The OLLI office is on the 2nd floor in Room 210.
- The elevator is off the lobby.

PARKING AT OLLI

Parking in surface lots on campus may earn you a parking ticket. OLLI pays for our students to park in the USM garage on Bedford St. Simply push the button at the entrance to gain access to the garage. The exit gates will open automatically as you leave.

To park in a handicapped space anywhere on campus, you must have a handicapped placard issued by the Maine Bureau of Motor Vehicles or a handicapped license plate. There are 20 handicapped spaces in the parking garage and eight in the parking lot directly behind the Wishcamper Center.





Tuesday Afternoon 12:45-2:45

To Become or Not To Become Mike Berkowitz

Are we progressing, digressing, regressing, or transgressing? We will address that question in two different arenas each week: manufacturing and capitalism; communications and news; technology and weaponry; energy and health care; individualism and democracy; religion and justice. We will look at the cycle that each of the 12 areas has moved through, from revolution, to evolution, to devolution, and on to volution (a spiraling motion). Mini-lectures and short video clips will prompt discussions critiquing our society. What have we become? What can we become?

Mike Berkowitz received a BA from Brown and a MA from the University of Massachusetts. He taught in daycare centers, elementary schools, and colleges before finding his niche at OLLI. He sees psychology as a fertile arena for examining human interactions, exploring personal growth, and critiquing society.

The Historical Jesus Before Christianity Tom McGovern

With interdisciplinary scholarship (archaeology, history, Jewish Studies, religious studies, literary studies), we explore a historical Jesus from the first millennium. We consider oral-tradition stories about his healing powers, how disciples celebrated his memory in ritual gatherings, and how Paul spread his message of justice and love throughout the Roman Empire. Mark composed a first gospel in 70, and Matthew, John, Luke, Thomas, and Mary composed their narratives decades later. Via historian Bart Ehrman, we will evaluate how Jesus was remembered before orthodox Christianity theologized his life and meanings beginning in the 2nd century. **Required book:** *Jesus: Apocalyptic Prophet of the New Millennium*, Bart D. Ehrman, ISBN 9780195124743, USM price \$19.99.

Based on course preparation and OLLI members' discussions in his courses on Augustine's Confessions, Historical Jesus of the Gospels, Mystical Gospel of John, Jesus's Parables, and Re-Thinking Paul's Epistles, Tom published Jesus and Well Being: A Spiritual and Psychological Good News Story in 2017.

Love in Wuthering Heights and Pride and Prejudice James Prevet

Wuthering - "atmospheric tumult, blowing with a dull roar." Into this setting Emily Bronte conjures up (by incantation?) characters that perfectly fit their setting: wild, inhabited by demonic passions. Jane Austen, however, fashions her world, as she says, "on...the little bit (two inches wide) of ivory on which I work with so fine a brush..." Her voice is witty, ironic, exhibiting brilliant literary technique. We will immerse ourselves in both worlds, focusing on their differing conceptions of romantic love, examining their strengths and limitations, asking, for instance, if Elizabeth Bennet could ever fall in love with Heathcliff. **Required books:** *Wuthering Heights*, Emily Bronte, ISBN 9780141439556, USM price \$9; *Pride and Prejudice*, Jane Austen, ISBN 9780141439518, USM price \$9.

James Prevet received an AB in Philosophy from Assumption College, a MA in Philosophy from St. John's University, an MA in English from the University of South Florida. He has taught in Philosophy and English departments at several colleges and universities.

Fabric and Fiber Jewelry Making Barbara Rich

We will begin this course by viewing samples of fabric and fiber necklaces, earrings, and bracelets, bags and no-knit scarves. Then, as a group, we will vote on the ones that we will make during this course using fabric, yarn, leather, driftwood, beads, hardware, shells, embroidery thread, buttons, old costume jewelry, and found objects. Our choices will determine the cost of supplies. Some comfort with crafting, jewelry making, or sewing will be useful. **This repeat class will start on Jan. 16 and end on Feb. 20.**

Barbara Rich was a tenured faculty member in the School of Social Work at USM for 40 years and is currently a Faculty Emerita. She is an avid crafter, has taught a course on fabric jewelry making, owns two shops on [Etsy.com](http://etsy.com), and is a Red Cross Volunteer.

more TUESDAY AFTERNOON courses on next page

REFUND POLICY

- You will receive a **100 percent refund if you cancel by the END OF YOUR SECOND WEEK OF CLASS.** No refund after that point. No refunds are given for OLLI at USM annual membership fees. To

transfer from one course to another, or to drop a course, call the OLLI office at 780-4406.

- If OLLI cancels a class due to low enrollment, you will be notified and offered the option of a refund or an alternate course.

Let the Poem Drive: Breaking Your Mold in Poetry

Mary Tracy, Craig Sipe

How do you get out of the same old ways of attempting a poem? By plunging your hand into a bucket of snow, dropping watercolor on wet paper, turning clichés on their heads. We'll read poems that take unexpected turns or leaps, write from active, sensory prompts, and workshop our poems.

Mary Tracy is a retired teacher who relishes getting up and moving around, physically and mentally. She has been part of the OLLI Poetry Workshop for three years and has had her work published in OLLI's Reflections magazine.

Craig Sipe worked in the defense industry for over 35 years. He is a lifelong lover of poetry, both reading and writing. He has taken Masters Workshops with the MWPA and has had work published in several anthologies, including the Taproot Literary Review (Pennsylvania) and the Goose River Anthology (Maine).



Wednesday Morning 9:30-11:30

Anthony Doerr: Stories, Medicine, Science Walter Allan, Betsy Wiley

Anthony Doerr, prize-winning and best-selling author, has a deep interest and understanding of memory, epilepsy, blindness, and electromagnetic radiation. These topics enhance his stories. As a neurologist and fan of physics, the instructor found Doerr's stories very affecting and authentic. In this course we will read three short stories from his collection *Memory Wall* and his novel *All the Light We Cannot See*. Half of each class will consist of book discussion and half of neurology and a little physics. **Required books** by Anthony Doerr: *Memory Wall*, ISBN 9781439182840, USM price \$16; *All the Light We Cannot See*, ISBN 9781501173219, USM price \$17.

Walter Allan is a retired neurologist who practiced his entire 25-year career in Portland. He has taught prior OLLI courses about evidence-based medicine and multiple courses in the course of his career.

Betsy Wiley loves OLLI, her students, and books. She has a PhD in American Studies from The George Washington University.

Manet, Degas and Cezanne: Three Who Made a Revolution in Modern Art Nathaniel Larrabee

Nineteenth-century France was the perfect laboratory to foment a political, social, and cultural revolution. By mid-century, Edouard Manet, Edgar Degas, and Paul Cezanne were three artists who bridged the early Realists of the century to the mid-century Impressionists and the Modernist Revolt at century's end. This course will explore the underlying politics, social history, and scientific and technological developments which shaped this revolution, including

conflicts surrounding the national art exhibitions called the Paris Salons and the Salon des Refuses for rejected artists. **Suggested book:** *The Judgment of Paris: The Revolutionary Decade That Gave the World Impressionism*, Ross King, ISBN 9780802715166.

Nathaniel Larrabee retired as a Professor of Fine Arts at the Columbus College of Art and Design. He has also taught at Wellesley College, Boston University, and Northeastern University. Exhibited at regional, national and international levels, he is represented in diverse public and private collections.

Re-Minding Us: Lao Tzu, Atisha, Sosan, and, Not Least, Kabir John McLaughlin

Join us in a time of Mindfulness and another look at some of the great spiritual writings of the last 25 centuries and how they can directly inform our lives. Class includes a good dose of practical mysticism and the laughter that arises only when we can drop seriousness about ourselves and become a delighted and curious witness to all we go through. Suggestions for reading will be made during the class, and much will be sent through email.

Educated at Oberlin College, Harvard, and the University of Amsterdam, John McLaughlin has long been on a path of spiritual awareness. A member of the Findhorn Foundation in the late '70s and mid '90s, he has also made repeated trips to India. He taught Practical Mysticism at USM in the '80s and at the College of Marin, 1999-2002.

The Requiem in Music: Brahms, Verdi, and Britten Carolyn Paulin

We will listen to, view, and discuss three very different approaches to the Requiem (Mass) by three great composers: *A German Requiem* by Johannes Brahms (using Biblical texts rather than the traditional Latin

Requiem Mass), Giuseppe Verdi's *Requiem* (an almost operatic setting of the Latin Requiem) and the *War Requiem* by Benjamin Britten (combining Latin text with English poetry written during World War I by Wilfred Owen). These works have been used in previous courses, but there will be more discussion and exploration of the works and texts.

Carolyn Paulin earned her DMA in Choral Music from the University of Illinois at Urbana-Champaign. She has been a choral conductor for over 40 years, now leading "Sister in Song" at Portland Conservatory of Music. A classical music producer and program host at WFMT Radio in Chicago for 13 years, she now is a free-lance producer for Maine Public and President of the LARK Society for Chamber Music.

OLLI Goes to the Movies of South America

John Serrage

Though South America is a huge part of our hemisphere and often in the news, we really know little about this area. This class will feature the works of six South American directors from six South American countries: Colombia, Venezuela, Brazil, Uruguay, Argentina, and Chile. The directors are some of the finest, with international reputations. There will be a

short discussion of each country's history, but the films will be shown in their entirety and with subtitles.

John Serrage, a retired pediatrician, neonatologist, Public Health physician, and archaeologist, is a film buff and Portland tour guide.

A Taste of Hebrew, Continued

Ariela Zucker

This is part 2 for those who participated in the beginner course last winter and want to continue and get a better grip on the language. The class will start with a quick overview of the structure of Hebrew and instruction in everyday vocabulary and useful phrases. Reading and writing of short texts will be practiced to offer a wider aspect of the language, but the verbal component will be emphasized. **Basic knowledge of the Hebrew alphabet and basic vocabulary are needed.** No grammar will be taught. And no, you will not be able to read the bible in its original Hebrew version, sorry.

Ariela Zucker grew up in Jerusalem. After completing her MA in Counseling at the University of Pittsburgh, she returned to Israel and worked with learning-disabled students. She and her husband left Israel in September 2001. Followed by three daughters, they decided to stay in Maine and now live in Ellsworth, in the motel they own and operate.



Wednesday Afternoon 12:45-2:45

Maine Mystery Writers: Craft and Conversation

Richard Cass

Maine has an extraordinary number of mystery and crime fiction writers, many with national reputations. Is it something in the air? The water? The winter? In six meetings, each one anchored by a Q&A between the instructor and a published Maine crime writer, we will dissect the plot, setting, character, and structure of several mystery genres, including police procedural, noir, amateur sleuth, thriller, and cozy. Each meeting will focus in depth on the technique and thinking that a writer brings to his or her book or books to create suspenseful and engaging mysteries. **Suggested reading** list provided at first meeting.

Richard Cass is the award-winning author of two mysteries, Solo Act and In Solo Time. Solo Act, a jazz mystery, was a finalist for a 2017 Maine Literary Award. Dick serves on the board of Mystery Writers of America's New England chapter and lives in Cape Elizabeth.

The Machine that Changed the World

David Chute

This repeat course, based on the video series produced by WGBH Television in Boston, in cooperation with the BBC, follows the history of computer development from the 1830s to 1989. It details the major players and how they overcame the critical roadblocks that confronted them along the way. Several "twists of fate" had profound effects on the path of computer development. There is no textbook, but handouts will be provided to highlight major points for each class. Additional material will bring in the development of the Internet.

David Chute retired from Chittenden Corp., where he was Senior Vice President, Chief Investment Strategist. He has a BS in Math and Science from the University of Maine. David received Certified Financial Planner designation in 1988 and was elected to the University of Southern Maine Bailey Hall Wall of Achievement in 2006. He taught courses at Northern New England Center for Financial Training for over 30 years.

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Ukulele 101: Finding Joy with Four Strings on a Shoestring

Lynne and Rick Gammon

This repeat course is your opportunity to learn to play one of the easiest and happiest of instruments. In just a few weeks, you will learn the chords and strumming techniques needed to play hundreds of songs; no need to read music. We will start with the basics and add new chords each week. Since this course builds from week to week, **please enroll only if you are able to attend all sessions. Required equipment:** A soprano, concert, or tenor ukulele (**no baritones, please**); a ukulele tuner or tuner app on a smart phone or other device; enthusiasm!

Lynne and Rick Gammon have been happily strumming the ukulele for a few years. They can't believe the joy they've found singing and playing with friends.

New World Disorder and America's Future

Betsy Mayberry, Karen Massey

This course is another offering at OLLI by the Camden Conference, a Maine organization founded to promote understanding of world events and other nations and cultures. The theme this year is New World Disorder and America's Future. Classes will include discussion of two books, observation and discussion of two award-winning films, and two presentations by experts in the area. Come, read, observe, discuss, and enjoy.

Betsy Mayberry serves on the Board of the Camden Conference and chairs its Southern Maine Initiatives Committee in Portland. The committee works with libraries, universities and other organizations and individuals to develop events related to the theme of each year's conference.

Karen Massey is a former lawyer and a retired Social Studies teacher from Freeport High School, where she taught Global Studies, Contemporary Global Issues, and Topics in the Social Sciences. She coached the WorldQuest, Model United Nations, and Mock Trial teams. She serves on the Southern Maine Initiatives Committee for the Camden Conference.

The Big Three: Helen Mirren, Meryl Streep, Judi Dench Pat Davidson Reef

This course will explore the acting styles of three gifted performers with a fantastic range of acting skills. While remaining distinct as individuals, they enter completely into the characters they portray. We will see two Helen Mirren films, *Woman in Gold* and *Queen Elizabeth*; two Meryl Streep films, *Out of Africa* and *Kramer vs Kramer*; and *Mrs. Henderson Presents* and *The Best Exotic Marigold Hotel* with Judi Dench. We will compare each entertainer's range of acting skills and evaluate their accomplishments.

Pat Davidson Reef has taught at OLLI for 17 years. She has a

Master's Degree in Education, and teaching is her great love. She writes for the Sun Journal of Lewiston on the Arts. She has just finished a children's book on a famous Maine artist, titled Dahlov Ipcar.

International Auteur Cinema 19

Juris Ubans

We will examine from an aesthetic point of view the late works of world-renowned Japanese director Yasujiro OZU, featuring the extraordinary actress Setsuko Hara. Stylistically, the films are the antidote to American action films, proceeding quietly, respectfully, and intimately to examine intricate family relationships from a Zen-like position. They are emotionally moving and exceptionally beautiful. Primary focus will be on the films, with some lecture and discussion of related material. **An optional extended time period, from 2:45 to 3:30 p.m.**, will be set aside for discussion for interested participants. **Suggested book:** *A Short History of the Movies*, Gerald Mast, ISBN 9780205755578 (a copy is available in the OLLI Library).

Professor Emeritus Juris Ubans is a not so recent (2009) retiree from the USM Art Department. He is a life-long practitioner of Studio Art as disciplinary immersion and has also been an influential voice in elevating film and photography to the status of Fine Art.

CLASSES / TUITION

- Winter classes are held once a week from Tuesday through Thursday and run for six weeks, from Jan. 9 through Feb. 15.
- Morning classes run from 9:30 to 11:30; afternoon classes run from 12:45 to 2:45. Any exceptions to usual times are noted. There also are winter workshops on Fridays (see pages 14-15).
- **Tuition is \$50 per course for regular OLLI at USM classes.** Workshops typically cost \$15 for single sessions and \$25 for two or three sessions or a full day. Exceptions to the usual pricing structure are clearly noted.
- **You must be an OLLI at USM member to enroll in classes and workshops. Membership costs \$25 per fiscal year, July 1 to June 30.**
- In addition to classes, OLLI offers several Special Interest Groups. (See page 18 for a list.) **You must be a current OLLI member to participate in these.**

For news and updates on OLLI activities, read your *OLLI at USM Newsletter*, go to the OLLI at USM website (www.usm.maine.edu/olli), and check the literature racks in the main lobby and at the top of the stairs.



Thursday Morning 9:30-11:30

Baseball: The Greatest Players Richard Budd

One of the perpetual arguments of baseball fans is who is the best player ever at a particular position. We will settle that matter. For each position, I will present five likely candidates and summarize their careers and accomplishments. We will, after class discussion, vote to determine the winner.

Dick Budd is a retired physicist who studied Physics at NYU and Harvard, leading to a doctorate. He spent most of his career developing special-purpose scientific computer systems. He teaches at OLLI on a wide variety of subjects, including bridge, development of the physical sciences, movies, science fiction, and history.

Black History of Maine Bob Greene

Despite the belief that Maine is one of the whitest states in the nation, the area has had a Black presence since before the Pilgrims arrived at Plymouth Rock, and that presence continues. **This repeat course** explores Maine's Black history through lecture, discussion, and film.

Suggested book: *Maine's Visible Black History*, H.H. Price and Gerald E. Talbot, ISBN 9780884482758.

A native of Portland, Bob Greene is the eighth generation of his family to be born in Cumberland County. He is a retired journalist, a genealogist, and historian.

Learning to Love Writers in New Ways Paul Kiley

This course will help you learn the processes by which words are pulled from the page and given new dimensions in your voice and body. The class offers the opportunity to unlock the meanings intended by any author and to inevitably transform/refresh the meaning as the words filter through your voice, body, experiences, and culture. While you honor the integrity of a text, you embrace the creative and artistic ways they affect how texts are understood, adapted, embodied, and delivered. You can get to feel the familiar and unfamiliar writer's craft and creativity in new ways.

Paul Kiley was a public-relations consultant with Sacramento's B-Street Theatre and Ballet Art-MN. He has sung with the Sacramento Bach Festival Chorale and championed the work of individual visual artists and writers. Paul has directed or appeared in some 24 theatrical productions. He has taught college-level oral communication for 15 years.

Expand Your Intuition and Become an Elder Woman of Wisdom Lucille Ann Meltz

Are you an elder woman intrigued by your inner voice, but aware that the aging process affects decisions, attitudes, and choices? You have the creative potential for greater daily wisdom and clearer direction through the powerfully subtle gift of Intuition. In this reflective, highly interactive class, you will learn how the Intuitive process works in your life, how to develop and recognize its validity, and how use it to address the myriad unique issues facing elder women. Cultivate the environment for INTUITIVE growth and align yourself with its possibilities. Become a more intuitive woman of wisdom in the later stages of life. **This five-week course will start On Jan. 18.**

Lucille Ann Meltz (MSED,MA, www.ltl-light.com), is an experienced professional workshop leader, owner of "Touch the Soul" coaching, a public speaker, hand analyst, and published writer on spiritual themes. For over 20 years Lucille has taught courses and led groups on Intuition, using Intuition consistently to guide her own life and work.

So You Think You Hate Chemistry? Gale Rhodes

You mean to say that you hate *elements*, which reveal the age of the earth and secrets of the stars? You hate *compounds*, which give foods flavor, odor, and nutrition, and can even cure diseases, with amazing precision? Want to see atoms cleverly counted, one by one, without fancy equipment? Want to understand kitchen chemistry? Spend six classes with someone who loves chemistry and shows how it can make your world more interesting. This is definitely not that course that still haunts your worst nightmares. Hating chemistry not a prerequisite, but it won't hurt. All reading materials available online: <http://oneculture-olli.blogspot.com>

Gale Rhodes loves chemistry. He has taught basic college chemistry, along with biochemistry, structural biology, interdisciplinary courses, and several OLLI classes. Publications include biochemical research, interdisciplinary education, natural history, and a book on how to figure out molecular structures. His website — One Culture — connects science with other knowledge.





Thursday Afternoon 12:30-3:00

Unexpected Outcomes: A Film/ Discussion Course about Destiny, Relationships, and Road Trips Joan Aldrich

This seven-week course shines a spotlight on relationships and travel (including a trip to the underworld in 1959's *Black Orpheus*, featuring lyricism, magic, love, and death). We'll perhaps get a bit too current with *Bound for Glory* (the story of Woody Guthrie's 1936 journey during the Great Depression, a period of increasing joblessness, homelessness, and

desperation nationwide). *Forrest Gump*, *Good Morning Vietnam*, and *A Walk on the Moon* will lead to discussion about the turbulent 1960s. *Brooklyn* and *Match Point* will round out our series as we consider how seemingly random life circumstances can sometimes inspire true and lasting transformation or wreak utter havoc. How much of a role does apparent "happenstance" play in the unrolling of our fate? What gives us courage to turn against family and tradition? What inspires loyalty and sacrifice?

Joan Aldrich, MDiv, provides film reviews/commentaries/follow-up, and facilitates comprehensive discussion of each film.



Thursday Afternoon 12:45-2:45

Memoir Story Circle Norman Abelson

This new course, related to earlier ones, combines oral storytelling with memoir writing. Weekly, each student will select a story related to an age period in her/his life. They will then note story points to guide them in telling their tale to a group story circle. Fellow students will relate to, comment upon, and gently critique each other. Armed with this information, students will go on to write their stories at home. They will be read, lightly edited, and commented upon by the instructor. **Required book:** *Right Place, Right Time*, Norm Abelson (instructor will supply).

Norman Abelson has been telling and writing about his family and his life stories for most of his 86 years. He believes everyone has significant stories to keep alive and pass down. He is at work on his fourth book of memoir and second book of poetry.

Myth and Reality in American History Cliff Meneken

This will be an exploration of certain assumptions regarding our history which Americans have been led to believe but which may not be warranted by the historical record. We will discuss various topics, including First Peoples; Founding Fathers; civil and uncivil wars; "The Good Neighbor"/foreign relations; political parties, their origins and development; and environmental and economic myths. We will approach the subject matter via short videos, maps, lectures, and discussion.

Cliff Meneken graduated from UC Berkeley and then spent two years in the Peace Corps (Korea). He has a JD from USF Law School and a MA in History from Rutgers. He has practiced labor and environmental law and, most recently, taught for three years in the CSU-Chico OLLI Program.

Beyond "Moon-June": Evolution on Broadway Richard Pollak

Over the last half century, the Broadway musical has undergone sweeping change, driven primarily by Stephen Sondheim. After writing the lyrics for *West Side Story*, he repeatedly broke the mold to become one of the world's most original creative artists, winner of eight Tonys, eight Grammys, an Oscar, and the Pulitzer Prize. With videos and recordings, the course will examine how Sondheim (*Company*, *Into the Woods*, *Sweeney Todd*) and the likes of John Kander and Fred Ebb (*Cabaret*, *Chicago*), and now Lin-Manuel Miranda (*Hamilton*) have invigorated the American musical theater with intellectual depth, without sacrificing its unique gift for entertainment.

Richard Pollak is the author of several books and has served as literary editor and executive editor at The Nation, as associate editor at Newsweek, and taught at Yale and New York universities. More at www.richardpollak.com.

Register early online to ensure adequate enrollment in your favorite class!

ENROLLMENT

- All OLLI at USM classes must have a **minimum of 12 registered students** to run.
- Enrollments are determined a few weeks prior to the first class or at the discretion of the OLLI staff. Under-enrolled classes will be cancelled. If classes are cancelled, all students will be notified of the cancellation. You will be given a full refund for the course or the opportunity to register for an alternate class.

Mathematical Discoveries: Calculus and Chaos

Stephen Schiffman

More Pulitzer Prize Winners for Fiction

Ruth Story

Are you (secretly?) fascinated by or interested in math, but never studied it, or were turned off by required math courses? Come join us as we take an adult, discussion-based approach to explore some of the most important concepts and intellectual discoveries that humans have ever made. This term we will look at discoveries spanning the ancient, classical and modern worlds. We will see how — through the lens of mathematical thought — humans' view of the world as orderly and sane widened to a world of chaos and fractals. In class we will use video clips, pictures, and other aids to help propel our discussion and understanding. No mathematical prerequisite; come as you are!

Stephen Schiffman received a PhD in mathematics from Dartmouth College in 1974. Although his career wandered into other areas of business and higher education, he always maintained a love for the beauty of math.

We will review and discuss four Pulitzer Prize winners whose work reflects the era in which the books were written. We will ask: Why did each book earn the \$10,000 Pulitzer Prize over so many other fine novels? What criteria informed the decisions? In the process we'll determine the literary merit of each book, its insight into human nature, and the culture of its time. **Required books** (in order of discussion): *The Age of Innocence*, Edith Wharton, ISBN 9780199540013, USM price \$9.95; *A Bell For Adano*, John Hersey, ISBN 9788087888735, USM price \$9.95; *A Thousand Acres*, Jane Smiley, ISBN 9781400033836, USM price \$16; *The Underground Railroad*, Colson Whitehead, ISBN 9780385542364, USM price \$26.95.

Ruth Townsend Story, editor, writer, and award-winning teacher, has written five books and scripted eight computer-assisted programs for teaching composition and literature. She edits and writes feature stories for two publications as well as educational materials for Scholastic Publishing and other publishers.

BOOKS AND CLASS MATERIALS

- **Acquiring books and materials is the student's responsibility.**
- Books and materials will be listed in each course description as **Required** (the class — i.e., a literature course — cannot function without the book) or **Suggested** (it would enhance the class but is not necessary). If no books or materials are listed in a course description, none are needed.
- Prices are listed only for required books and reflect USM Bookstore prices.
- For your convenience, all required books and a limited number of copies of suggested books will be carried in a special OLLI-designated section at the USM Bookstore on the USM Portland campus. **However, students also are welcome to procure books from other sources, including online vendors, local libraries, and friends.**

Membership in OLLI at USM entitles you to:

PRIVILEGES

- Parking in the USM garage, courtesy of OLLI at USM
- Access to wireless Internet on the USM campus
- Participation in OLLI Special Interest Groups
- An OLLI-designated USM photo ID card (fill out a simple request form in the OLLI office)
- Access to the USM library
- Discounted memberships to Sullivan Gym
- Special USM discounts throughout Greater Portland (details at usm.maine.edu/olli/olliusm-student-privileges)





WINTER WORKSHOPS

Friday, Jan. 19 9:30-11:30 a.m. \$15

Feral Newfoundland: Planning Your Adventure

Deborah Gordon

Join in a conversation about the secrets and hidden natural wonders of Newfoundland and Labrador, Canada's easternmost yet surprisingly accessible province. Discover the less-frequented outposts, national and provincial parks, World Heritage Sites, and the infectious humor and uplifting spirit that comprise its culture and people. We'll explore the necessary preparations for travel and accommodation options, highlighting seasonal activities, literature, and history resources. We'll also view a captivating slide show of the wildlife, landscape, architecture, and mysteries of this dauntingly exquisite, unpretentious place. **This is a repeat workshop.**

An artist and musician by profession, Deborah Gordon lives on the northernmost tip of the Northern Peninsula, immersing herself in the color, light, and space that are quintessentially Newfoundland. Winters are spent in Cape Porpoise, nearer to her family, as she continues to make art, teach voice, and sing Balkan music.

Friday, Jan. 19 9:30-11:30 a.m. \$15

Do I Need Long-Term-Care Insurance?

Gregory Rogovin, Quang Nguyen, Jill Tank

Long-term-care planning is an essential piece of one's retirement and estate plan. **This repeat workshop** will present the topic of long-term-care planning in a clear and comprehensive manner. We will discuss, compare and contrast different ways to relieve the burden on our loved ones, age in place, and protect our assets, as we get older. Those who attend will leave understanding the risks associated with long-term care; and be confident in their ability to create a plan to mitigate some of the consequences that would affect the lives of their loved ones should a long-term care event ever occur.

Gregory Rogovin is a Certified Long-Term-Care Advisor and has been helping people plan for their long-term care for 10 years. He currently helps members of over 700 alumni and professional associations who look to him for counsel when they decide to examine ways to manage their long-term-care risks.

Friday, Jan. 19 9:30 a.m.-3:30 p.m. \$25

Hand-making Books: A Sampler

Dianne Sinclair

In the morning we will make an assortment of accordion books: basic, interlocking, in a slipcase, and with pockets. Later, using these models at home, you can create books of different sizes, with different papers and your own content. In the afternoon we will make tunnel books using a theme of your choosing. **Required materials:** scissors, a metal ruler, a craft knife, glue or paste, glue brush, pencil, eraser, a bone folder. Teacher will have these as well so there's no need to buy anything. If you can fold, cut, and paste, you are qualified for this class!

Dianne Sinclair has taught other hands-on art classes at OLLI: Transforming Paper, Painting from the Inside Out, and Color 101. She is an untrained artist who loves inspiring and being inspired by participants in her classes, both beginners and experienced artists.

Friday, Jan. 19, 26 & Feb. 2 9:30-11:30 a.m. \$25

Altered States and Alternate Realities

Espahbad Dodd

Altered states are notable shifts in awareness that occur as the mind focuses more on what's happening inside than outside. As everyday phenomena, hypnotic altered states occur when one loses track of time while driving or becomes so focused on a book or TV program that nothing else is noted. "Can I be hypnotized?" Of course! You already have been! Hypnotic suggestions can help to change old habits, strengthen motivation, and manifest new things in your life - all while reducing stress. This mini-course will dispel common misconceptions and demonstrate the applicability of hypnosis to a broad spectrum of issues. Topics include stage hypnosis, self-hypnosis, regression, past lives, and future progressions.

Espahbad Dodd, MA, is certified as both a Clinical and an Alchemical Hypnotherapist. He has a Master's in Psychology and has been in private hypnosis practice since 1991. Certifications and trainings include 5-PATH (Five-Phase Advanced Transformational Hypnosis), NLP and many others.



Friday, Jan. 26 9:30-11:30 a.m. \$15

Obtaining Unaffordable Prescription Medicines

Martha Morrison

Unaffordable co-pays. Burdensome prior authorizations. Denied drug coverage. Unemployment. Incomes too low for Medicaid. Hospital free care that doesn't cover medicines. All reasons why 40 percent of patients either do not fill their prescriptions at all or split tablets or skip doses. This workshop will discuss sources of free or low-cost medicines and how Maine prescription-assistance programs are helping thousands of patients obtain millions of dollars' worth of drugs yearly. It will also discuss an initiative to rescue still-usable medicines routinely destroyed by nursing homes and other institutions and to then make them available to needy Mainers.

Martha Morrison is founder of MedHelp Maine, a non-profit dedicated to increasing Mainers' access to unaffordable medicines. She guided the start-up of seven of Maine's existing hospital-managed prescription-assistance programs. With a Master's degree in Hospital Management, she has additional training in gerontology, social work, and public health.

Friday, Jan. 26 9:30 a.m.-3:30 p.m. \$25

Chess for Beginners

Mike Berkowitz

Have you always wanted to learn to play chess? Would you like to pick up the game now? Here is your chance — chess in one day! The morning will begin with instruction and then alternate between demonstration and your playing. After lunch, a brief review and a few quick occasional pointers will help you develop your game. Come lean and play.

Mike Berkowitz has always enjoyed posing new ideas and teaching new skills to students. He taught preschoolers, fifth graders, and undergraduates before finding his niche at OLLI.

Friday, Feb. 2 9:30-11:30 a.m. \$15

The Big Problem: Our Brains and the Survival of Human Civilization

Jack Lynch

We humans face major predicaments such as political instability, nuclear destruction, poverty, hunger, climate change, and violence. Resolving these dilemmas is hampered by one huge problem: our ancient brains. Human brains evolved to deal with the basic interaction of small groups, but our modern world has experienced explosive growth in population, institutions, and technologies that challenge our

thought processes. Together, we will consider how human culture is struggling to adapt to change and will explore creative approaches that could facilitate the ongoing survival of human civilization. This workshop starts with a TED-like presentation, followed by Q&A and discussion.

Jack Lynch is an electrical engineer with a BS from MIT and a PhD from Stanford University. Since retiring from MIT Lincoln Laboratory, he has independently studied cognitive science and self-published three books on the subject. Jack is keenly interested in natural language, mind, and cognitive science.

Friday, Feb. 2 9:30-11:30 a.m. \$15

Light Your Torch

Christine MacDonald

This workshop will show you how creating a thoughtful, meaningful Vision Statement containing heartfelt, emotional-rich goals every 12 to 18 months can change your life. This session is perfect for any individual going through any type of life transition. Registered Life Planner Christine MacDonald will guide you through the first phase of how to Light Your Torch with a life plan that sustains you.

Christine MacDonald, RLP, has six years of financial-industry experience and left the transaction-based financial world to work with folks in a holistic, more meaningful way at Pension Professionals, leading her to pursue the art of life-planning and obtaining her Registered Life Planner® certification. Her experience as a sales recruiter, trainer, and fitness instructor allows her to inspire people to be their very best. Christine lives in Southern Maine with her husband and two children and enjoys cross-country skiing, alpine skiing, snowshoeing, gardening, camping, and hiking.

Friday, Feb. 2 9:30-11:30 a.m. \$15

What Do Your Hands Say About You?

Lucille Ann Meltz

Are you emotional or logical? Do you like to control events, or go with the flow? What is the nature of your personal will? Which of the four elements influences your behavior? In this introduction to the ancient, esoteric art of hand reading, you will learn what your hands can reveal about who you are, aspects of your inner life, your personality, and your talents. You'll gain a fun and fascinating basic understanding of hand and finger shapes and palm lines!

Lucille Ann Meltz, MSED, MA, www.ltl-light.com, founder/owner of Touch the Soul life coaching and professional hand reading, was trained by a master teacher from the International Institute of Hand Analyses. Lucille has done hundreds of readings, providing in-depth and often life-changing insight into an individual's talents, personality, and Soul's Agenda.



Course Registration — WINTER 2018

If mailing, send to: OLLI at USM, P.O. Box 9300, Portland, ME 04104

NOTE: OLLI courses cost \$50, unless otherwise noted. Workshops are individually priced.

Name (one person per form) _____

I need an OLLI name tag — Nickname for name tag _____

Mailing address _____

City _____ State _____ Zip _____

Telephone _____ E-mail address _____

Date of Birth _____ Are any of these new? Address Phone E-mail

	Course/Workshop Name		Course/Workshop Name	Cost
1st Course		Alternate 1st Course		
2nd Course		Alternate 2nd Course		
3rd Course		Alternate 3rd Course		
4th Course		Alternate 4th Course		
Workshop 1				
Workshop 2				
Workshop 3				
			TOTAL COST FOR ALL	

OFFICE USE ONLY

Check #: _____

CC (last 4 #s): _____

Cash: _____

Misc: _____

ENROLE (Init.): _____

Date Processed: _____

_____ Total course and workshop fees

_____ Annual membership (**FREE if you're 90 or older! Check**)

_____ Your **Tax Deductible Contribution to OLLI** is welcomed

_____ Total amount (Please make check payable to OLLI)

Payment Method: Cash Check Credit Card: Visa MasterCard Discover

.....

Credit Card No. _____ Expiration Date _____

3-digit code on back of card _____ Name on credit card _____



OLLI Registration Information

Register online at www.usm.maine.edu/olli starting November 28.

Registration will open at 12:01 a.m.

Class availability is first come, first served.

OLLI accepts mail-in and walk-in registrations, but the immediacy of online registration clearly gives the advantage to students who sign up for classes on our website. Please consider giving online registration a try to ensure that you get into your chosen classes.

(Need computer assistance? See p. 3 for an onsite-help schedule.)

INSTRUCTIONS FOR MAIL-IN REGISTRATION

- Please use **ONE FORM** for each registrant.
- Fill out the top section of the registration form **completely**. Leaving sections blank can slow registration.
- Write the course names for your **top selections** for classes in the “1st Course,” “2nd Course,” “3rd Course,” and “4th Course” sections on the registration form. Note the price of each course in the “Cost” column.
- If you are concerned that your top choices will be filled, you may want to add alternate choices. Please write course names for your **alternate choices** in the “Alternate 1st Course,” “Alternate 2nd Course,” “Alternate 3rd Course,” and “Alternate 4th Course” sections on the form.
- Sign up for OLLI workshops on the same form. Write the name of your chosen workshop(s) in the space provided, along with the price of the workshop.
- Add up the fees for your courses and workshops (and membership, if applicable) and note that amount in the space marked “Total Cost for All.”
- As soon as your payment is processed and you are enrolled in your class and/or workshop, you will receive an e-mail confirmation. If you do not have an e-mail account, we will mail you a confirmation.

EXPENSES

Unless otherwise noted, **OLLI at USM courses cost \$50**. Workshops are priced based on the length of each session.

You must be an OLLI member to take courses or workshops. Annual **OLLI membership costs \$25**.

If you have any questions about registration or membership, call OLLI at 780-4406.

REFUNDS

Full refund for classes dropped by **Jan. 25. NO REFUNDS AFTER THAT POINT.**

You will be refunded for any classes OLLI cancels.



Contact Information OLLI at USM Office

● **Phone:** 780-4406

● **Location:**
44 Bedford St.
210 Wishcamper Center
USM Portland Campus

● **Mailing Address:**

Osher Lifelong Learning Institute
USM
P.O. Box 9300
Portland, ME 04104



Special Interest Groups at OLLI

From September through June, OLLI at USM offers many diverse activities beyond the classroom. To participate in any Special Interest Group, you must be a current OLLI member. **NOTE: Special Interest Groups are not intended as instructional events.**

● **Arts and Crafts:** Try your hand at a new skill on the first Thursday of each month at 3:15 p.m. A member of the group will demonstrate and lead an activity (fabric and paper crafts, jewelry making, book arts, knitting, crocheting, mixed-media collage, etc.). Contact Sue Jennings at jensusa10@gmail.com for more information.

● **Bicycle and Nosh:** If you like to bike, how about joining a group of OLLI members for a ride every couple of weeks, with a delicious treat along the way? Contact Shoshana Hoose at shoshanahoose@gmail.com for more information.

● **Book Club:** Members meet the third Thursday of each month from 3:15 to 5:15 p.m. to discuss readings from a variety of genres, including contemporary novels, classics, biographies, memoirs, short stories, etc. Contact Elsa van Bergen at ejvanbergen2@gmail.com for more information.

● **Bridge Club:** Those who enjoy playing bridge for fun are welcome to join this group every Wednesday from 3:15 to 5:15 p.m. Contact Barbara Freeman at bhfreewoman@gmail.com for more information.

● **Downhill Ski Club:** A seasonal outlet for downhill skiing enthusiasts, the club welcomes new and returning members. Skiers plan trips to area mountains when snow conditions are good and driving conditions permit. Contact Lois Winter at loiswinter54@gmail.com for more information and to join our email list for notice of upcoming ski trips.

● **Elders for Future Generations:** This is an ongoing, peer-facilitated exploration of the advocacy role seniors can play in shaping policy to promote the well-being of future generations. Contact Fred Brancato at opus3@twc.com for more information.

● **History Book Club:** Members read and discuss one work of history on the second Wednesday of each month from 3:15 to 5:15 p.m. Works include social, political, economic and foreign-policy history as well as biography, autobiography, memoir, and historical fiction. Contact Sue Gesing at susangesing@gmail.com or Dawn Leland at lelanddm@gmail.com for more information.

● **Mah Jongg:** Join players every Friday from 3:15 to 6 p.m. in Room 103 at Wishcamper. National Mah Jongg rules and cards are used. Contact Karen Chippiaro at kchia@comcast.net for more information.

● **OLLI Night Out:** Come enjoy good food and good company with fellow OLLI gourmands who meet periodically at local restaurants. Watch the *OLLI Newsletter* for upcoming dates and locations.

● **OLLI Singers:** OLLI Singers: This group, directed by an experienced leader and supported by a skilled accompanist, meets every Thursday at 3:15 p.m. to have fun with vocal music and prepare for several performances each year. All are welcome. Contact Chuck Hornberger at ckhornberger@gmail.com for more information.

● **OLLI Ukuleles!** meets on the second and fourth Monday from 3:15 to 5:15 p.m. to share and have fun playing a wide variety of ukulele music. All levels welcome. Contact Cheryl Eling at cfeling@gmail.com for more information.

● **Outdoor/Walking Club:** Outdoor enthusiasts gather twice a month for invigorating walks in interesting places. They meet at the Back Cove parking lot and carpool. Walking schedules for the year can be found in the OLLI office and in literature racks in Wishcamper. Contact Rae Garcelon at raegarcelon@gmail.com for more information.

● **Photography Club:** Shutterbugs at OLLI at USM meet and learn from each other while sharing their love of photography. Contact Sharon Roberts at sharonlh@gwi.net for more information.

● **Recorder Ensemble:** In addition to having fun making music together, the Recorder Ensemble also may perform at OLLI at USM events and venues. Contact Karen Luse at luse.karen@gmail.com for more information.

● **Science Reading Club:** Each month this group reads and discusses articles from the latest issue of *Scientific American*. See the website at <https://olliusmsciencediscussion.wordpress.com> or contact Elizabeth Housewright at ehousewright@gmail.com for more information.

● **Senior Players:** Thespians perform staged readings twice a year at USM and off campus on several occasions. Senior Players is open to all OLLI at USM members. Contact Allan Mills at aljeevbr@gmail.com for more information.

● **Wine-Tasting Club:** An OLLI wine enthusiast helps educate your palate during featured wine-and-appetizer pairings at a local restaurant. The group meets at 5:30 p.m. every month or so. Novices and wine enthusiasts welcome. Contact Jack Lynch at JLynch001@maine.rr.com if you'd like to join an e-mail list for advance notice of date, price and venue.



Mission

OLLI at USM is committed to providing, for its members, a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

Vision

OLLI will be driven by the creative and innovative spirit of its founding mission, will maintain its strong sense of community and inclusiveness, expand its abundant opportunities for members to exchange ideas and experiences, and maintain a standard of excellence.

Core Organizational Values

These are the fundamental beliefs of OLLI at USM that guide our planning and decision-making. These core values support our vision, shape our culture, and reflect what we value.

Joy of Learning — We believe that continuing to grow and learn new things is a deeply fulfilling lifelong priority.

Community — We recognize the importance of interaction with other members to share knowledge and experiences, to expand our perspectives, and to make new friends in an atmosphere of inclusiveness, respect, and openness.

Accessibility — We strive to make classes, lectures, workshops, seminars, and activities affordable and accessible for all members.

Excellence — We strive for excellence by committing our intelligence, creativity, and energy to achieving quality in our curriculum, faculty, facilities, operations, and relationships within our community.

Volunteerism — We recognize the crucial importance of volunteers to the success of our programs.



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*Intellectual Fun
for People
over 50*



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www.usm.maine.edu/olli