

Winter 2019

January 8 – February 14

CLASS SCHEDULE





General Information

If you are 50 or older, with a curious mind and an interest in learning just for the joy of it, you are invited to join 2,000-plus like-minded older learners who are members of the Osher Lifelong Learning Institute (OLLI) on the Portland campus of the University of Southern Maine. OLLI at USM is committed to providing its members with a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

As a member of OLLI at USM, you'll choose from an extensive array of peer-taught courses in the liberal arts and sciences. There are no entrance requirements, grades, or tests. Your experience and love of learning are what count. Some OLLI at USM classes involve homework — usually reading or honing skills taught in class. Homework is not mandatory, but it can enhance your learning experience; what you put in is what you'll get out of the course.

OLLI at USM is one of 17 Senior Colleges throughout Maine and participates in the Maine Senior College Network (www.maineseniorcollege.org). The National Resource Center for all Osher Lifelong Learning Institutes (www.osher.net) is located at Northwestern University in Chicago. Currently, there are 120 OLLIs throughout the country.

MEMBERSHIP

OLLI at USM is a self-sustaining, self-governing organization supported through an annual membership fee of \$25. The membership fee covers the fiscal year July 1 to June 30. Your annual membership allows you to participate in all OLLI at USM courses and Special Interest Groups at OLLI. You'll also get Internet access and notification when the OLLI Newsletter is available online.

SPECIAL ACCOMMODATIONS

OLLI at USM has purchased a portable assistive-listening device that can be used in any Wishcamper classroom. Students using the device will be able to hear the instructor. Any OLLI at USM student with hearing difficulties may request the use of this system. Contact the OLLI at USM office at 780-4406 as soon as you register for class.

If you need other special accommodations to participate in OLLI at USM because of disability, please call the USM Office of Support for Students with Disabilities at 780-4706 as soon as you register but at least two weeks before classes begin.

SCHOLARSHIPS

Full and partial scholarships are available through a simple, friendly, confidential process. Because of the overwhelming response, scholarships are limited to \$50 per person per term, applicable to one course, the SAGE program, or workshops. Scholarships do not apply to OLLI at USM membership, trips, or special events. Scholarship applications are available in the OLLI at USM office. **These must be completed, signed, and turned in with each of your course registrations.**

NOTE: It is not possible to register for courses online with a scholarship. Please mail or bring your registration form and scholarship to the OLLI office BEFORE registration day to ensure timely enrollment in your class.

Call 780-4406 for more information.

CLASS LOCATIONS

All classes, except where noted, are held in the Wishcamper Center at 44 Bedford Street on the USM Portland campus. See map on page 6.

OLLI STAFF

Susan Morrow, Assistant Director for Program
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FOR MORE INFORMATION

Call: 780-4406 or 1-800-800-4876

E-mail: olliatusm@maine.edu

Visit: www.usm.maine.edu/olli to register for OLLI courses online

OLLI ADVISORY BOARD 2018-19

Janet Stebbins, Chair

Steve Schiffman, Vice Chair

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John Dyhrberg

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Steve Piker



Online Registration at OLLI at USM

Online registration allows you to sign up for classes in real time. To begin the process, visit the OLLI website at: www.usm.maine.edu/olli

There you will find a link to the registration website on the home page and step-by-step instructions under “Resources” on the left. Once you have perused the catalog and chosen which classes you wish to “purchase,” you are ready to go “shopping” on the registration website. You’ll be able to tell how many spaces are still available in your chosen class and can add your name to a wait list if a class is full.

After you pay for your classes, you’ll receive e-mail confirmation of your registration. It’s fast, easy, and secure. **Please note:** Credit card is the **only** form of

payment you can use for online registration. **If you must use another payment form (check, cash, scholarship, gift certificate), you’ll need to mail or hand deliver your registration with payment attached.**

If you’ve shopped online, you should find online OLLI registration a snap. But if you’re not comfortable doing your own online registration at home, the OLLI staff is standing by to help you. We offer onsite instruction in the Wishcamper Computer Lab (see timeline) and have one computer in the OLLI office dedicated to online registration. Anyone may use this computer to register online, but **you must use a credit card for payment.**

Important Winter Term Dates

OLLI Winter REGISTRATION TIMELINE

Nov. 27 Online registration for OLLI winter courses begins.

The registration system will automatically turn on at 12:01 a.m.

Students with scholarships, gift certificates, free memberships, or other waivers must get registrations in to the OLLI office before this deadline for staff to process promptly. NOTE: Since your registration will be competing with online enrollments, we can’t guarantee your first-choice class, but you will be our top priority the morning after registration goes “live.”

Nov. 27 **If you need help navigating the online process**, onsite help setting up student accounts and registering for classes will be available in the Wishcamper Computer Lab (Room 128) starting at 8 a.m.

Dec. 4 OLLI staff will start accepting mail-in, drop-off, and phone registrations.

Dec. 25 OLLI and USM closed for Christmas Day.

Jan. 1 OLLI and USM closed for New Year’s Day.

Jan. 8 OLLI winter term classes start.

Jan. 17 Deadline to receive refund on dropped classes.

Jan. 21 OLLI and USM closed for Martin Luther King Jr. Day.

Feb. 14 OLLI winter term ends.

Feb. 18 OLLI and USM closed for Presidents Day.

Feb. 19-21 OLLI winter term makeup week.

WHERE’S MY CLASS??

All classes are in Wishcamper unless otherwise noted.

Individual classes and their locations are posted at all entrances and on the electronic bulletin board in the OLLI lobby.

CLASS CANCELLATIONS:

For weather closings, call the USM storm line at 780-4800. *If USM is closed, OLLI will be closed.*

Courses Schedule-at-a-Glance

WINTER 2019

TUESDAY AFTERNOON
12:45-2:45
See pages 7-8

Ukulele 101: Finding Joy with Four Strings on a Shoestring
Rick and Lynne Gammon

Geologic Hazards: Earthquakes, Volcanoes, and Floods
Irwin Novak

Retirement Recap: Keep, Give, Enjoy, and Protect Your Money
Kerry Peabody

America the Beautiful?
Steve Piker, Paul Doherty

Two Broadway Revolutions: "Cockeyed Optimist" v. "Every Day a Little Death"
Richard Pollack

WEDNESDAY MORNING
9:30-11:30
See pages 8-9

The Gene and The Double Helix
Walter Allan

Black History of Maine
Bob Greene

Baseball: The Great Current Players
Richard Budd

A Guide to Less Stress and More Personal Freedom
C. Waite Maclin, Clay Atkinson

Art Studio
Paula Steffen

WEDNESDAY MORNING
9:30-Noon
See page 9

OLLI Goes To the Movies: Six Films from My Library
John Serrage

WEDNESDAY AFTERNOON
12:30-2:45
See page 9

Francis Ford Coppola Film Retrospective
Pat Davidson Reef

WEDNESDAY AFTERNOON
12:45-2:45
See page 10

19th-Century America: From Reconstruction to Entry into WWI
Alicia Harding

Learn More about Our Fascinating World
Jim Markan

Jazz Does Broadway
John Spritz

International Auteur Cinema 21: French Film Noir
Juris Ubans

THURSDAY MORNING
9:30-11:30
See page 11

What's Next?
Michael Berkowitz

Aging, Ancient Wisdom, and Meditative Movement
Fred Brancato

Orchestration of War: Ellsberg, Movies, and the Unspoken Nuclear Threat
Ed Solano

Mediaeval Figurative Art: Divinity, Didacticism, and Delight
Breda White

THURSDAY AFTERNOON
Noon-3:15 p.m.
See page 12

Considering the Banality of Evil in a Short Series of Film Discussions
Joan Aldrich

THURSDAY AFTERNOON
12:45-2:45
See pages 12-13

Inventing Vacationland
Scott Andrews

Mandalas of the World
Linda Carleton

Art, Mathematics, and Imagination
Nathaniel Larrabee, Stephen Schiffman

Is This China's Century?
Betsy Mayberry, Karen Massey

TUESDAY and THURSDAY AFTERNOONS
JAN. 8-31, 12:45-2:15
FEB. 5-14, 12:45-1:45
See page 13

Tai Chi for Health and Wellness
Donna Gordon

REGISTERING WITH A WAIVER?

Students with scholarships, gift certificates, free memberships, or other waivers must get registrations into the OLLI office before Nov. 27 for timely processing.

Workshops Schedule-at-a-Glance

JAN. 25
9:30-11:30 A.M.
See page 14

Six Feet Under...or Not: Your End-of-Life Choices
Chuck Lakin

Do I Need Long-Term-Care Insurance?
Gregory Rogovin, Quang Nguyen

Being Mortal: Medicine and What Matters in the End
Jaye van Dussen

JAN. 25
9:30 A.M.-3:30 P.M.
See page 14

International Auteur Cinema 22, Art 1: Mark Sandrich
Juris Ubans

JAN. 25, FEB. 1 & 8
9:30-11:30 A.M.
See page 15

Going Beyond the Beyond
Espahbad Dodd

FEB. 8
9:30 A.M.-3:30 P.M.
See page 15

Older and Wiser(?)
Janet Gunn



REGISTRATION FORM & INFORMATION FOR CLASSES & WORKSHOPS: SEE PAGES 16-17



Course/Workshop List by Instructor

Instructor	Title	Day/Date	Time	Page
Aldrich, Joan	Considering the Banality of Evil in a Short Series of Film Discussions	TH	PM	12
Allan, Walter	<i>The Gene and The Double Helix</i>	W	AM	8
Andrews, Scott	Inventing Vacationland	TH	PM	12
Atkinson, Clay	A Guide to Less Stress and More Personal Freedom	W	AM	8
Berkowitz, Michael	What's Next?	TH	AM	11
Brancato, Fred	Aging, Ancient Wisdom, and Meditative Movement	TH	AM	11
Budd, Richard	Baseball: The Great Current Players	W	AM	8
Carleton, Linda	Mandalas of the World	TH	PM	12
Dodd, Espahbad	Going Beyond the Beyond	1/25, 2/1, 2/8	AM	15
Doherty, Paul	America the Beautiful?	TU	PM	7
Gammon, Rick & Lynne	Ukulele 101: Finding Joy with Four Strings	TU	PM	7
Gordon, Donna	Tai Chi for Health and Wellness	TU/TH	PM	13
Greene, Bob	Black History of Maine	W	AM	8
Gunn, Janet	Older and Wiser (?)	2/8	ALL DAY	15
Harding, Alicia	19th-Century America: From Reconstruction to Entry into WWII	W	PM	10
Lakin, Chuck	Six Feet Under...or Not: Your End-of-Life Choices	1/25	AM	14
Larrabee, Nathaniel	Art, Mathematics, and Imagination	TH	PM	12
Maclin, C. Waite	A Guide to Less Stress and More Personal Freedom	W	AM	8
Markan, Jim	Learn More About Our Fascinating World	W	PM	10
Massey, Karen	Is This China's Century?	TH	PM	13
Mayberry, Betsy	Is This China's Century?	TH	PM	13
Nguyen, Quang	Do I Need Long-Term-Care Insurance?	1/25	AM	14
Novak, Irwin	Geologic Hazard: Eathquakes, Volcanoes, and Floods	TU	PM	7
Peabody, Kerry	Retirement Recap: Keep, Give, Enjoy, and Protect Your Money	TU	PM	7
Piker, Steve	America the Beautiful?	TU	PM	7
Pollak, Richard	Two Broadway Revolutions	TU	PM	8
Reef, Pat Davidson	Francis Ford Coppola Film Retrospective	W	PM	9
Rogovin, Gregory	Do I Need Long-Term-Care Insurance?	1/25	AM	14
Schiffman, Steve	Art, Mathematics, and Imagination	TH	PM	12
Serrage, John	OLLI Goes to the Movies	W	AM	9
Solano, Ed	Orchestration of War	TH	AM	11
Spritz, John	Jazz Does Broadway	W	PM	10
Steffen, Paula	Art Studio	W	AM	9
Ubans, Juris	International Auteur Cinema 21: French Film Noir	W	PM	10
Ubans, Juris	International Auteur Cinema 22, Art 1: Mark Sandrich	1/25	ALL DAY	14
Van Dussen, Jaye	Being Mortal: Medicine and What Matters in the End	1/25	AM	14
White, Breda	Mediaeval Figurative Art	TH	AM	11



Campus Map and Parking

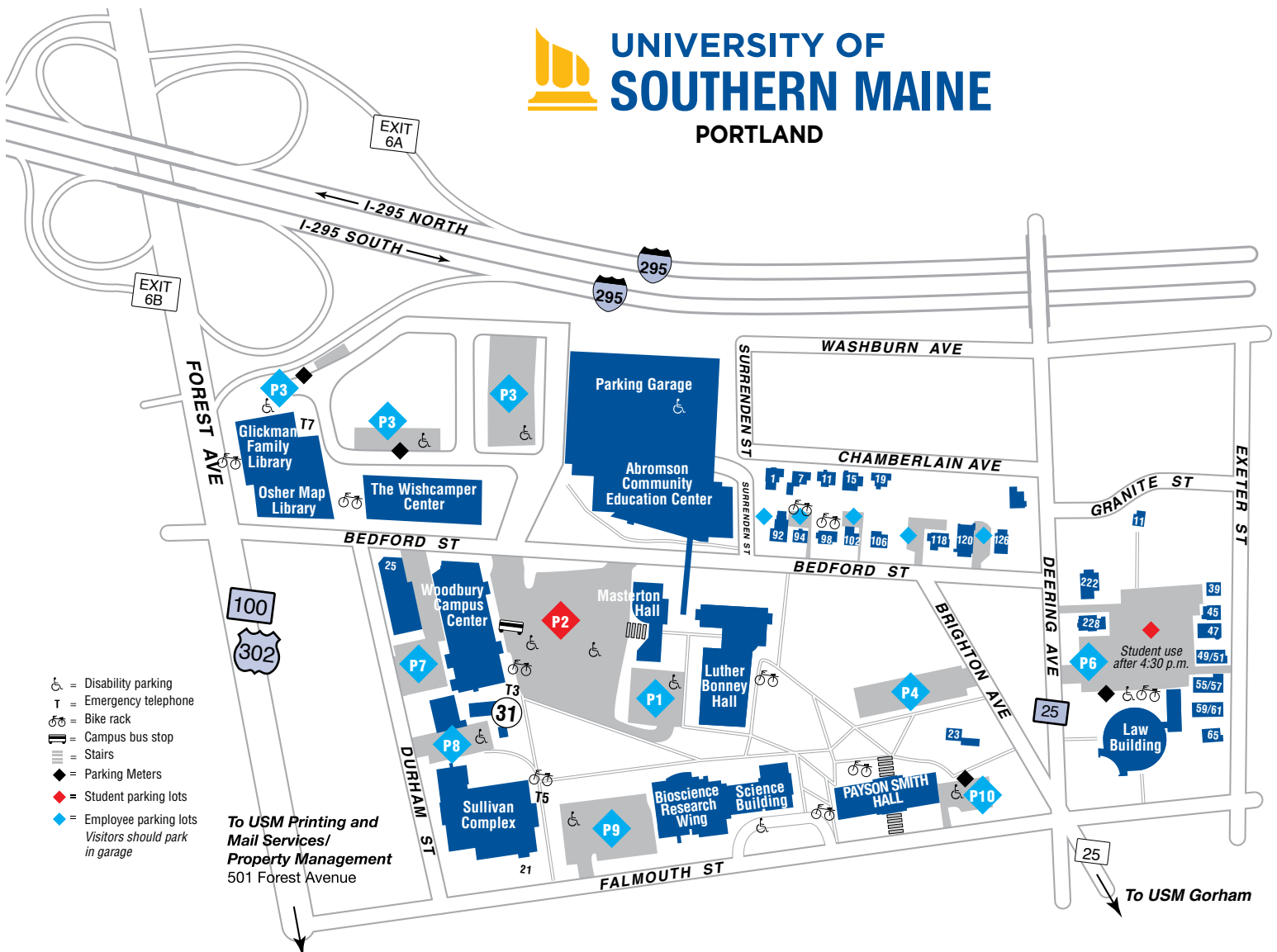
The Osher Lifelong Learning Institute at USM is based in the Wishcamper Center at 44 Bedford St. on the Portland Campus.

- OLLI classrooms are on the 1st and 2nd floors.
- The OLLI office is on the 2nd floor in Room 210.
- The elevator is off the lobby.

PARKING AT OLLI

Parking in surface lots on campus may earn you a parking ticket. USM is looking into updating its parking systems, but for now, OLLI pays for our students to park in the USM garage on Bedford St. **Until further notice**, simply push the button at the entrance to gain access to the garage. The exit gates will open automatically as you leave.

To park in a handicapped space anywhere on campus, you must have a handicapped placard issued by the Maine Bureau of Motor Vehicles or a handicapped license plate. There are 20 handicapped spaces in the parking garage and eight in the parking lot directly behind the Wishcamper Center.





Tuesday Afternoon 12:45-2:45

Ukulele 101: Finding Joy with Four Strings on a Shoestring Rick and Lynne Gammon

Learn to play one of the easiest and happiest of instruments. In just a few short weeks, you will learn the chords and strumming techniques needed to play hundreds of songs; no need to read music. We will start with the basics and add new chords each week. We'll practice these new skills by playing and singing old and new favorites. **Required equipment:** A soprano, concert, or tenor ukulele (no baritones); a tuner or tuner app on smart phone; enthusiasm! **Since this repeat course builds from week to week, please enroll only if you plan to attend all sessions.**

Rick and Lynne Gammon have been happily strumming the ukulele for a few years. They can't believe the joy they've found singing and playing with friends.

Geologic Hazards: Earthquakes, Volcanoes, and Floods Irwin Novak

Shake'em, bake'em, and drown'em! This course considers natural geologic hazards and their relationship to extreme processes and rapidity of occurrence. It focuses on the causes and impacts of headline-making earthquakes, volcanoes, floods, extreme tides, and tsunamis. Special emphasis is given to the bedrock, surficial materials, and earth movement, and to river, glacial and wave actions that have contributed to the occurrence of these intense events. No previous geology is required.

Irwin Novak is Professor Emeritus of Geology at the University of Southern Maine. His teaching focused on Oceanography, Geomorphology, and Glacial Geology. He was Associate Dean of the College of Arts and Sciences and a member of the Russell Scholars Faculty. He earned his PhD from Cornell University, MS from the University of Florida, BA from Hunter College of the City University of New York. He taught summer courses for many years at Cornell's Shoals Marine Laboratory on Appledore Island, Maine.

Retirement Recap: Keep, Give, Enjoy, and Protect Your Money Kerry Peabody

In this repeat class, we cover everything retirement related! Guest speakers include a financial planner, an estate-planning attorney, home-care and retirement-living providers, an experienced travel agent, and an insurance professional. We'll talk about life insurance, annuities, wills and trusts, investing, choosing the

right care provider, great travel tips, and long-term-care planning — everything you need to know in one comprehensive class. You're guaranteed to come away with knowledge you can use!

Kerry Peabody, CLU, CLTC, is an insurance professional with more than 20 years' experience helping families and individuals prepare for a secure retirement. He has a broad network of industry professionals in all facets of retirement planning. He lives in Scarborough with his wife, Carrie, and his son, Brim.

America the Beautiful? Steve Piker, Paul Doherty

Dishonesty, divisiveness, disrespect, and immorality suffuse American politics and beyond these days. At the same time, nationally – particularly at the local level – wholesomeness and hopefulness abound. In this course we will take a close look at this inspiring phenomenon through three bodies of case studies: an excellent study of 100 American communities where wholesomeness abides; Steve and Paul's first-hand experiences of wholesomeness in a number of settings; and class members' shared experiences of the same. During this time of negativity, are we ready for some positive vibes? **Suggested book:** *Our Towns: A 100,000-Mile Journey into the Heart of America*, James Fallows and Deborah Fallows, ISBN 9781101871843.

Steve Piker is a retired Professor of Anthropology at Swarthmore College, and Paul Doherty is a retired priest and educator. Both have been spending much of their retirement teaching at OLLI and engaged in other volunteer work.

more TUESDAY AFTERNOON courses on next page

STUDENT PRIVILEGES

Membership in OLLI at USM entitles you to:

- Parking in the USM garage, courtesy of OLLI at USM
- Access to the USM libraries, computer labs, bookstore, and fitness center
- Discounted membership to Sullivan Gym
- Guest access to USM's on-campus wireless Internet
- Preferential mailing of OLLI course catalogs and SAGE brochures
- Free participation in any OLLI Special Interest Group
- A free OLLI-designated USM student photo ID good for some local discounts and special offers (details at <https://usm.maine.edu/usmcard/offcampus>). Visit the OLLI office to complete an ID request.

Two Broadway Revolutions: “Cockeyed Optimist” v. “Every Day a Little Death”

Richard Pollack

Oscar Hammerstein II was the teenage Stephen Sondheim’s idol and mentor, yet the two men wrought revolutions (Hammerstein with the composer Richard Rodgers) that changed the American musical dramatically, and in dramatically different ways. The course will explore that divergence through videos and discussion that, first, touch on R&H’s 1943 breakout

musical, *Oklahoma!*, and their also upbeat *Carousel*, *South Pacific*, *The King and I*, and *The Sound of Music*; then, on to Sondheim’s *Company*, his 1970 unsentimental look at married life, which presaged the often dark tone of works to come, among them *Passion, Into the Woods*, *Assassins*, and *Sweeney Todd*.

Richard Pollack is the author of several books, most recently the memoir After the Barn. He has served as a literary editor and executive editor at The Nation, as an associate editor at Newsweek, and taught at Yale and NYU. More at www.richardpollak.com.



Wednesday Morning 9:30-11:30

The Gene and The Double Helix

Walter Allan

In six weeks we’ll read *The Gene*, a large but approachable book detailing the history of genetics from Aristotle to today’s CRISPR/Cas9 gene manipulation. Key discoveries and the sometimes-complicated science will be explained through video and class discussions. The structure of the DNA molecule, an especially exciting chapter in molecular biology, will be highlighted by *The Double Helix*.

Required books: *The Gene*, Siddhartha Mukherjee, ISBN 9781476733524, USM price \$20; *The Double Helix*, James D. Watson, ISBN 9780743216302, USM price \$16.99. Please read for the first class to page 139 in *The Gene*. We will read *The Double Helix* for class two and then continue reading sections in *The Gene*.

Walter Allan, MD, has had an interest in teaching throughout his career at Maine Medical Center as a neurologist, researcher and director of outreach education for the Foundation for Blood Research. He has taught three OLLI courses with medical and scientific themes.

Black History of Maine

Bob Greene

Despite the belief that Maine is one of the whitest states in the nation, the area has had a Black presence since before the Pilgrims arrived at Plymouth Rock, and that presence continues. **Suggested book:** *Maine’s Visible Black History*, H.H. Price and Gerald E. Talbot, ISBN 978088482758. **This is a repeat course.**

A native of Portland, Bob Greene is the eighth generation of his family to be born in Cumberland County. He is a retired journalist, a genealogist, and historian.

Baseball: The Great Current Players

Richard Budd

We will review the careers and accomplishments of players still playing baseball and a few retired ones who are likely candidates for the Hall of Fame but not yet eligible. We will include players with mature careers whose records can be summarized and some of the young stars who are just showing signs of greatness. We will compare them with those players selected as the greatest of all time at their positions by a recent class.

Richard Budd is a retired physicist who studied Physics at NYU and Harvard, leading to a doctorate. He spent most of his career developing special-purpose scientific computer systems. He teaches at OLLI on a wide variety of subjects, including bridge, development of the physical sciences, movies, science fiction, and history.

A Guide to Less Stress and More Personal Freedom

C. Waite Maclin, Clay Atkinson

This course will use *The Four Agreements* and *The Fifth Agreement* by Don Miguel Ruiz to develop a personal contract designed to reduce stress and increase personal freedom. This contract will focus on being more impeccable with your words, taking things

ENROLLMENT

- **Register early online to ensure adequate enrollment in your favorite class!** All OLLI at USM classes must have a **minimum of 12 registered students** to run.
- Enrollments are determined a few weeks prior to the first class or at the discretion of the OLLI staff. Under-enrolled classes will be cancelled. If classes are cancelled, all students will be notified of the cancellation. You will be given a full refund for the course or the opportunity to register for an alternate class.

less personally, avoiding making assumptions, and helping you do your best. **Required books:** *The Four Agreements*, Don Miguel Ruiz, ISBN 9781878424310, USM price \$12.95; *The Fifth Agreement*, Don Miguel Ruiz and Don Jose Ruiz, ISBN 9781878424617, USM price \$14.

Waite Maclin, a psychotherapist and organizational consultant, was the training officer for the Peace Corps in the Philippines. His consulting focuses on teambuilding, conflict resolution, goal setting, and leadership training. He is certified to administer the Emotional Intelligence Instrument.

Clay Atkinson, a senior corporate manager and long-time consultant, has provided streetwise strategies to over 150 profit and non-profit clients in 30 industries. Experience includes: MBA adjunct professor, board member, mentor, co-founder of elders' and men's groups. He has a passion for the topic of emotional intelligence.

Art Studio Paula Steffen

Escape from “busy” and give yourself a two-hour block of time to work on your art, at your own pace, in a relaxed environment. Fellow artists share ideas, encouragement, and support in this ongoing studio class. Pack your materials and come paint! **NOTE: if you are using oils, please plan to use water-based paints only.**

Paula Steffen has engaged in artwork most of her life, from bead weaving to watercolor and oil painting. She received a MA in Fine Arts from the University of California, Berkeley.



Wednesday Morning 9:30-Noon

OLLI Goes To the Movies: Six Films from My Library John Serrage

This course will feature films to produce discussion on important issues, such as the Treaty of Versailles, the history of the English in Ireland, the colonizing of

the tropical jungles of the Southern Hemisphere, and Germany after WWII. Choices will be available so that the class can pick among the ones they never saw, didn't like, or least remember.

John Serrage is founder of the Neonatal Intensive Care Program in Portland. His hobbies include archaeology, music, and tourism.



Wednesday Afternoon 12:30-2:45

Francis Ford Coppola Film Retrospective Pat Davidson Reef

Films depict the tone of our nation historically. They give an overview of the emotions of the times. Francis Ford Coppola is a dynamic director and sensitive writer whose works depict the problems of four decades of American culture. The films directed or written by Coppola in this course include *The Godfather I* with Marlon Brando and Al Pacino (1972), *The Great Gatsby* with Mia Farrow and Robert Redford (1974),

The Outsiders with Matt Dillon and Rob Lowe (1983), and *The Rainmaker* with Matt Damon and Danny DeVito (1997). Coppola explores American values like a surgeon studies an x-ray.

Pat Davidson Reef is a writer on the arts, has a Master's degree in Education, and has taught at OLLI for 18 years. She has written two children's books on Maine artists: Dahlov Ipcar, Artist, and Bernard Langlais, Sculptor. She has five grandchildren and two great grandchildren. Her greatest passions are teaching, writing, and films.

more WEDNESDAY AFTERNOON courses on next page

OLLI STUDENT HANDBOOK

Whether you're a new member or a returning “regular,” there's lots to learn about OLLI. In the OLLI Student Handbook, you can find information about the OLLI organization, membership, classes and other educational offerings, parking, registration, the arts at OLLI, tips on staying informed, and much more. You can find the Student Handbook under the “Resources” heading on the OLLI website: <https://usm.maine.edu/olli>.

REFUND POLICY

- You will receive a **100 percent refund if you cancel by the END OF YOUR SECOND WEEK OF CLASS**. No refund after that point. No refunds are given for OLLI at USM annual membership fees. To transfer from one course to another, or to drop a course, call the OLLI office at 780-4406.
- If OLLI cancels a class due to low enrollment, you will be notified and offered the option of a refund or an alternate course.



Wednesday Afternoon 12:45-2:45

19th-Century America: From Reconstruction to Entry into WWI Alicia Harding

We will journey through 19th-century America, beginning with reconstruction and continuing to the Industrial Revolution, women's suffrage, the rise of unions, American imperialism, and much more. **Required book:** *Sister Carrie*, Theodore Dreiser, ISBN 9780451531148, USM price \$5.95.

Alicia Harding is an instructor in World History, American Government, and Historical Archaeology at Southern Maine Community College. She retired from Deering High School in 2000 and has since enjoyed teaching at the college level and most especially teaching at OLLI. Alicia has a Master's degree in European Intellectual History, has attended workshops at the Metropolitan Museum of Art, and received a National Endowment of the Arts grant to study in England and New York.

Learn More About Our Fascinating World Jim Markan

This course is designed to keep your mind from focusing on the winter chill. It involves a series of team games that will help expand your knowledge of the world in a most enjoyable way. Learn about world geography, history, current events, and much more. Once you have completed this fun-filled course, you should be prepared to wow your family and friends with your new world knowledge. Since we alternate teams each week, this course is also a great way to meet new folks.

Jim Markan is a Michigan native who has lived in several areas of the country. Prior to retirement he worked in Human Resources for a global company. During retirement he tries to live a peaceful and compassionate life. This will be the 14th Lifelong Learning Institute course he has taught.

Jazz Does Broadway John Spritz

An idiosyncratic review of songs by Kern, Berlin, Gershwin, Porter, Rodgers, Arlen, and others as performed by great jazz singers. This course is all about listening: sitting back and letting the sounds wash over you. Plenty of songs featuring Ella and Billie and Sarah and Mel, of course, but plenty also from the likes of Jeri (Southern), Blossom (Dearie), Johnny (Hartman), and a cavalcade of forgotten-but-worthy singers from the Forties and Fifties. Listening to jazz songs on a winter afternoon should be lots of fun!

John Spritz has taught two classes at OLLI, one on jazz singers and one on musical theatre. He works at Burgess Advertising and Marketing and previously worked in radio (WPKM and MPBN), marketing, economic development, and other nooks and crannies. He lives in Portland, roots for the Phillies, and has far too many CDs at home.

International Auteur Cinema 21: French Film Noir Juris Ubans

This course will examine the important works of French cinema that preceded the establishment of what became known as Film Noir in the USA. We always look at the films, ranging in this course from the 1930s to the 1960s, from an aesthetic point of view. The primary focus will be on the films, with some lecture and discussion of related material. **An optional, extended time period, from 2:45 to 3:20 pm., will be set aside** for discussion for interested participants. **Suggested book:** *A Short History of the Movies* by Gerald Mast, ISBN 9780205755578 (a copy available in the OLLI library).

Professor Emeritus Juris Ubans is a not-so-recent retiree (2009) from the USM Art Department. He is a lifelong practitioner of Studio Art as disciplinary immersion and has also been an influential voice in elevating Film and Photography to the status of Fine Art.

CLASSES / TUITION

- Winter classes are held once a week, from Tuesday afternoon through Thursday, and run for six weeks, from Jan. 8 through Feb. 14.
- Morning classes run from 9:30 to 11:30; afternoon classes run from 12:45 to 2:45. Any exceptions to usual times are noted. There also are winter workshops on Fridays (see pages 14-15).
- **Tuition is \$50 per course for regular OLLI at USM classes.** Workshops typically cost \$15 for single sessions and \$25 for two or three sessions or a full day. Exceptions to the usual pricing structure are clearly noted.
- **You must be an OLLI at USM member to enroll in classes and workshops. Membership costs \$25 per fiscal year, July 1 to June 30.**
- In addition to classes, OLLI offers several Special Interest Groups. (See page 18 for a list.) **You must be a current OLLI member to participate in these.** For news and updates on OLLI activities, read your *OLLI at USM Newsletter*, go to the OLLI at USM website (www.usm.maine.edu/olli), and check the literature racks in the main lobby and at the top of the stairs.

What's Next? Michael Berkowitz

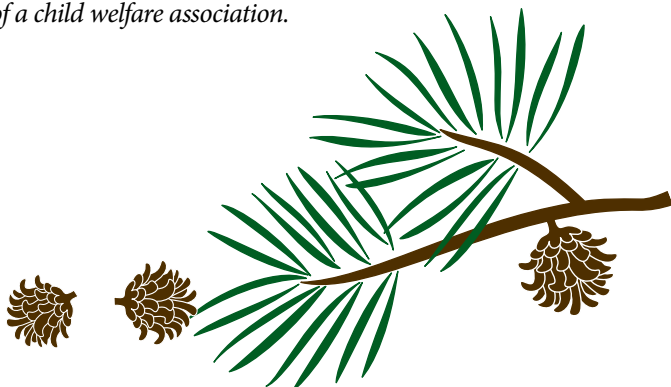
Inequality... The Environment... American Identity... Politics...Relations... The Media... In each there are difficult challenges before us. We'll look at each arena from three perspectives: 1) What? Mini-lectures will help us better understand each issue; 2) So what? Open discussion will let us exchange our views; and 3) Now what? We'll brainstorm possible solutions: What could the country do about these challenges? What could we do? What could you do? What's next?

Mike Berkowitz taught in day care centers, elementary schools, and colleges before finding his niche at OLLI. He sees Psychology as a fertile arena for examining human interactions, exploring personal growth, and critiquing society. He loves to present new perspectives to challenge people's thinking.

Aging, Ancient Wisdom, and Meditative Movement Fred Brancato

This course will have two dimensions: Discussion about aging and the relevance of mystical traditions for the process, and soft, meditative movements called Qigong ("the cultivation of energy"). In each class we will discuss a chapter in the required text, which focuses on opportunities for spiritual growth presented by the aging experience. We will examine change, loss, and identity, and ways of living fully as suggested by mystics and sages. **Required book:** *Ancient Wisdom and the Measure of Our Days: The Spiritual Dimension of Retirement, Aging, and Loss*, Fred Brancato, ISBN 9781606937020, USM price \$12.95. **Suggested book:** *The Measure of Our Days*, Florida Scott Maxwell, ISBN 9780140051643.

Fred Brancato, PhD, has studied the world's diverse spiritual traditions for 60 years, has practiced Tai Chi and Qigong for 30 years, and is a Reiki master. He's been a professional baseball player, social worker, teacher, foundation executive, and executive director of a child welfare association.



Orchestration of War: Ellsberg, Movies, and the Unspoken Nuclear Threat Ed Solano

Daniel Ellsberg's new book, *The Doomsday Machine*, rouses far more than Dr. Strangelove's toothy grin picturing a male paradise surviving nuclear desolation. Ellsberg has warned American leaders since the '50s about the devastating consequences of accidental confrontations and bad assumptions. **In this repeat class**, we'll discuss his alarming observations, while viewing what history, TV news, and movies reveal about how wars really start, become inevitable, and manipulate the roles played by government, media, citizens, politics, and international relations. Scenes are selected from *Wag the Dog*, *Fog of War*, *Failsafe*, *War Made Easy*, *7 Days in May*, *An Unreasonable Man*, *All Quiet on the Western Front*, and *Dr. Strangelove*. **Suggested book:** *The Doomsday Machine: Confessions of a Nuclear War Planner*, Daniel Ellsberg, ISBN 9781608196708.

Ed Solano is a former reporter, managing editor, marketing manager, teacher of History, Government, Economics, Psychology, and English, plus college copywriting. He has a Master's plus 90 grad credits.

Mediaeval Figurative Art: Divinity, Didacticism, and Delight Breda White

Nadeije Laneyrie-Dagen, an eminent art historian, cautions against trapping our expectations and understanding of art "inside a network of meanings that are alien to the culture that produced it." Northern European Mediaeval art is particularly susceptible, often considered rigidly formulaic. This course explores the rich and surprisingly imaginative work of 11th- to 15th-century English, French, and Flemish craftsmen and the rise of the "artist." Through paintings, sculpture, manuscripts, metal work, and ivory carvings, we will explore the mediaeval devotion to renditions of the sacred and the profane. **Suggested book:** *Medieval Art*, Veronica Sekules, ISBN 9780192842411. **Also suggested:** laptop/iPad for visuals, journal/notebook for reflections on topics discussed.

Breda White, an Irish native, spent 25 years as a high school teacher, advisor, and college counselor at Waynflete School. She developed and taught electives in Spanish language and literature, and Art History, ranging from Hispano-Islamic, French Gothic, and Japanese temple architecture, through Netherlandish and Renaissance painting, Neoclassicism, Impressionism, to Modernism.



Thursday Afternoon Noon-3:15

Considering the Banality of Evil in a Short Series of Film Discussions

Joan Aldrich

This four-week course, starting Jan. 24, was inspired by *Operation Finale*, a film about the capturing of Adolf Eichmann in 1960 Argentina by Israeli's Mossad and Shin Bet. The film presents numerous subtleties and intriguing avenues for discussion about critical, timely topics. It addresses the dynamic struggle between forces of evil and complacency versus counterbalancing qualities of greater humanity. The

film portrays how these opposing forces exist, not only within larger society, but also within each individual. Slated for release on DVD on Jan. 1, 2019, it will serve as the foundation film for this course. We will also view three additional films: *Hannah Arendt* (2012), *Remember* (2015), and *The Shop on Main Street* (Criterion Collection, 1966).

Joan Aldrich, MDiv, provides background information and facilitates discussion based on shared inquiry and respect. No one is pressured to speak, and quieter participants are equally included.



Thursday Afternoon 12:45-2:45

Inventing Vacationland

Scott Andrews

Maine has officially advertised itself as “Vacationland” since 1927. Before then it was touted as “The Nation’s Playground” and “Sportsmen’s Paradise.” Today the business of tourism and recreation plays host to more than 33 million visitors who spend more than \$6 billion each year. How did Maine become a vacation mecca? What were the milestones? Who were the key actors? What did they do and where did they do it? The course will focus on outdoor recreation, arts, and preserving parklands.

Scott Andrews earned a BA in History from the University of Chicago, a MBA from the Chicago Booth School of Business, and a MSc from the London School of Economics. He has been involved in the Maine tourism industry since his teenage years, when he worked at his family’s campground in Oxford County. A longtime journalist, Andrews has written hundreds of articles on the industry and history of tourism for local and national publications.

Mandalas of the World

Linda Carleton

The mandala is an art form and spiritual symbol in cultures around the world. This class will explore such diverse mandalas as the dot paintings of Australia, the Aztec calendar, Native American dream catchers and sand paintings, Tibetan mandalas, the Hindu Sri Yantra, the Taoist yin/yang, the Flower of Life and Tree of Life, Christian rose windows, and contemporary mandala art. A half-hour of each class will be devoted to making

a representative mandala ornament. Materials fee \$10, payable to instructor.

Linda Carleton is a retired minister and teacher of history and comparative religions. She is an artist who offers mandala workshops in and around Portland. You can visit Linda at her website: lindacarleton.com.

Art, Mathematics, and Imagination

Nathaniel Larrabee, Stephen Schiffman

Fine Arts investigates the nature of reality interpreting the visible world. Mathematics is the language of science, which describes the quantifiable workings of reality. Seen this way, both art and math investigate the nature of reality and how we interpret it. We will explore how artistic progress has intuited visionary insights — sometimes foreshadowing, sometimes following — mathematical and scientific discovery. We will cover artists from primitive times to the contemporary world, linking Chinese Terra Cotta Warriors of 210 BCE to Da Vinci, Cezanne, and Ai Wei Wei, relating them to mathematics from ancient geometry to modern fractals.

Nathaniel Larrabee is retired professor from CCAD with a BFA/MFA (Boston University) and BA (Trinity College). His art is widely exhibited at all levels.

Stephen Schiffman received a PhD in Mathematics from Dartmouth College in 1974. Although his career wandered into other areas of business and higher education, he always maintained a love for the beauty of math.

Is This China's Century? Betsy Mayberry, Karen Massey

This course is another OLLI offering of the Camden Conference, a Maine organization founded to promote understanding of world events and other nations and cultures. The theme this year is China. Classes will include two books (to be announced), observation and discussion of two films, and two presentations by experts in the area. Join us to read, observe, discuss, and enjoy.

Betsy Mayberry serves on the board of the Camden Conference and chairs its Southern Maine Initiatives Committee, which works with libraries, universities, high schools, and other organizations and individuals to develop events related to the conference theme.

Karen Massey is a former lawyer and a retired social studies teacher from Freeport High School, where she taught global studies, contemporary global issues, and topics in the social sciences. She coached the WorldQuest, Model United Nations and Mock Trial teams. She serves on the Southern Maine Initiatives Committee.



Tuesday and Thursday Afternoons

Jan. 8-31, 12:45-2:15

Feb. 5-14, 12:45-1:45

Tai Chi for Health and Wellness Donna Gordon

This class is designed to be taught in eight one-and-a-half-hour and four one-hour sessions over six weeks. Developed by Dr. Paul Lam at the Tai Chi for Health Institute, this Tai Chi "Sun Style" uses slow, smooth, continuous movements designed to "improve your physical fitness while being non-strenuous and gentle on the joints. This program has been shown to improve balance, flexibility, and muscular strength." All

movements can be done from a seated or standing position to benefit all levels of ability.

Donna Gordon is a certified Instructor with the Tai Chi for Health Institute, <http://taichiforhealthinstitute.org>, in four areas: Tai Chi for Arthritis, Tai Chi for Arthritis 2, Tai Chi for Falls Prevention, and Tai Chi for Rehabilitation. As a volunteer, she was introduced to Dr. Paul Lam's Tai Chi for Arthritis at Southern Maine Agency on Aging and since expanded her training with the Dr. Paul Lam Tai Chi for Health Institute's Master Instructors.



BOOKS AND CLASS MATERIALS

- **Acquiring books and materials is the student's responsibility.**
- Books and materials will be listed in each course description as **Required** (the class — i.e., a literature course — cannot function without the book) or **Suggested** (it would enhance the class but is not necessary). If no books or materials are listed in a course description, none are needed.
- Prices are listed only for required books and reflect USM Bookstore prices.
- For your convenience, all required books and a limited number of copies of suggested books will be carried in a special OLLI-designated section at the USM Bookstore on the USM Portland campus. **However, students also are welcome to procure books from other sources, including online vendors, local libraries, and friends.**



WINTER WORKSHOPS

Jan. 25

9:30-11:30 a.m.

\$15

Six Feet Under...or Not: Your End-of-Life Choices

Chuck Lakin

Do you know about “alkaline hydrolysis”? What are the rules about scattering ashes? Can you be buried on your own land? Which is greener, burial or cremation? We can talk about funeral options, home funerals, green cemeteries, family burying grounds, scattering ashes, the paperwork – whatever you want to know. Do your survivors a favor and sign up for **this repeat class**. Take a look at www.lastthings.net to see what you’ll learn.

Chuck Lakin is a woodworker and home-funeral educator whose interest in this topic came from his experience at his father’s death. He wanted to be part of what happened after the death but didn’t know what to do, and missed out. His goal now is to give everyone the information they need to make good decisions about how they want to be treated after their death and to show families a more meaningful way to be involved.

Do I Need Long-Term-Care Insurance?

Gregory Rogovin, Quang Nguyen

Long-term-care planning is an essential piece of one’s retirement and estate plan. **This repeat workshop** presents the topic in a clear and comprehensive manner. We will discuss, compare, and contrast different ways to relieve the burden on loved ones, age in place, and protect our assets as we get older. Participants will leave understanding the risks associated with long-term care and be confident in their ability to create a plan to mitigate some of the consequences that would affect the lives of their loved ones should a long- term care event occur.

Gregory Rogovin is a Certified Long-Term-Care Advisor and has helped people plan for their long-term care for 10 years. He currently helps members of over 500 alumni and professional associations manage their long- term-care needs.

Quang Nguyen is originally from Vietnam. After 10 years here, he has learned English, established a successful Financial Advising Practice, and opened three businesses in Greater Portland.

Being Mortal: Medicine and What Matters in the End

Jaye van Dussen

In this repeat workshop, we will view the film based on the NYT best-seller *Being Mortal* by Dr. Atul Gwande and watch as he struggles with what to offer and say to his terminally ill patients. Many physicians offer treatments/procedures to patients that may actually prolong suffering because they don’t know how to talk about death and often see it as a failure. Dr. Gwande seeks ways to have these crucial conversations with patients. Learn along with him as he speaks to other doctors and his patients about what really matters most in the end. We will discuss palliative and hospice care as well as how to talk to your family and doctors about what matters most to you.

Jaye van Dussen is a liaison with Hospice of Southern Maine and enjoys speaking to groups about end-of-life conversations, decisions, and what hospice care really is. She lives in Portland with her husband and their very-overweight orange cat, Cochise.

Jan. 25

9:30 a.m.-3:30 p.m.

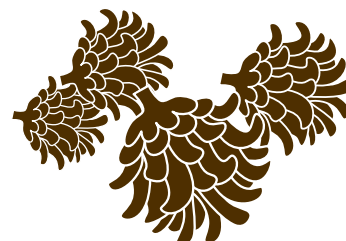
\$25

International Auteur Cinema 22, Art 1: Mark Sandrich

Juris Ubans

This series of films will start a cycle of courses that deal with three films on the ARTS, intended to cover visual, musical, and movement arts. This first course will examine three films directed in the 1930s by Mark Sandrich, starring the incomparable dance team of Ginger Rogers and Fred Astaire. The primary focus will be on the films, with some lecture and discussion of related material.

Professor Emeritus Juris Ubans is a not-so-recent retiree (2009) from the USM Art Department. He is a lifelong practitioner of Studio Art as a disciplinary immersion and has also been cited as an influential voice in elevating Film and Photography to the status of Fine Art.



Jan. 25, Feb. 1 & 8 9:30-11:30 a.m. \$25

Going Beyond the Beyond
Espahbad Dodd

There are no hard or fast rules, but there may be ways of accelerating the process of awakening. To awaken is to find the Oneness of all things and carry the limitless, all-understanding, all-loving energy of the Creator within. Consider setting a stage on which active imagination takes you to the brink of enlightenment. The stage is set with NeuroLinguistic Programming, hypnotic dream work, and storytelling. "Can hypnosis serve as a means of catalyzing a quest for enlightenment?" That's the question we seek to answer through our shared inquiry. **Suggested book:** *How to Change Your Mind*, Michael Pollan, ISBN 9781594204227.

Espahbad Dodd is certified as both a Clinical and an Alchemical Hypnotherapist. He has a Masters in Psychology and has been in private hypnosis practice since 1991. His certifications and trainings include 5-PATH (Five Phase Advanced Transformational Hypnosis), NLP, and many others. Espahbad is also a spiritual adept and seeker of higher consciousness.

Feb. 8 9:30a.m.-3:30 p.m. \$25

Older and Wiser(?)
Janet Gunn

We will meet around a library table to confer with one another about aging. No cartwheels, no push-ups, just thoughtful conversation that stays clear of (or gets under and behind) endless media blasts about hiding wrinkles. We will read aloud selected passages of Tolstoy's classic novella *The Death of Ivan Illych*, remarking the divide between Ivan's illusionary world and that of his caregiving servant. The novella acts out how death-denial impairs our living. **Required book:** *The Death of Ivan Illych*, Leo Tolstoy, ISBN 9780553210354, USM price \$6.95.

Janet Gunn, newly moved into senior housing in the Sisters of Mercy Motherhouse, is ready and eager to think about growing old with a small circle of fellow realists, media representations notwithstanding.





Course Registration — Winter 2019

If mailing, send to: OLLI at USM, P.O. Box 9300, Portland, ME 04104

NOTE: OLLI courses cost \$50, unless otherwise noted. Workshops are individually priced.

Name (one person per form) _____

I need an OLLI name tag — Nickname for name tag _____

Mailing address _____

City _____ State _____ Zip _____

Telephone _____ E-mail address _____

Date of Birth _____ (dd/mm/yyyy) Are any of these new? Address Phone E-mail

	Course/Workshop Name		Course/Workshop Name	Cost
1st Course		Alternate 1st Course		
2nd Course		Alternate 2nd Course		
3rd Course		Alternate 3rd Course		
4th Course		Alternate 4th Course		
Workshop 1				
Workshop 2				
Workshop 3				
			TOTAL COST FOR ALL	

OFFICE USE ONLY

Check #: _____

CC (last 4 #s): _____

Cash: _____

Misc: _____

ENROLE (Init.): _____

Date Processed: _____

_____ Total course and workshop fees

_____ Annual membership (**FREE if you're 90 or older! Check**)

_____ Your **Tax Deductible Contribution to OLLI** is welcome

_____ Total amount (Please make check payable to OLLI)

Payment Method: Cash Check Credit Card: Visa MasterCard Discover

Credit Card No. _____ Expiration Date _____

3-digit code on back of card _____ Name on credit card _____



OLLI Registration Information

Register online at www.usm.maine.edu/olli starting Nov. 27.

Registration will open at 12:01 a.m.

Class availability is first come, first served.

OLLI accepts mail-in and walk-in registrations, but the immediacy of online registration clearly gives the advantage to students who sign up for classes on our website.

Please consider giving online registration a try to ensure that you get into your chosen classes.

(Need computer assistance? See p. 3 for an onsite-help schedule.)

INSTRUCTIONS FOR MAIL-IN REGISTRATION

- Please use **ONE FORM** for each registrant.
- Fill out the top section of the registration form **completely**. Leaving sections blank can slow registration.
- Write the course names for your **top selections** for classes in the “1st Course,” “2nd Course,” “3rd Course,” and “4th Course” sections on the registration form. Note the price of each course in the “Cost” column.
- If you are concerned that your top choices will be filled, you may want to add alternate choices. Please write course names for your **alternate choices** in the “Alternate 1st Course,” “Alternate 2nd Course,” “Alternate 3rd Course,” and “Alternate 4th Course” sections on the form.
- Sign up for OLLI workshops on the same form. Write the name of your chosen workshop(s) in the space provided, along with the price of the workshop.
- Add up the fees for your courses and workshops (and membership, if applicable) and note that amount in the space marked “Total Cost for All.”
- As soon as your payment is processed and you are enrolled in your class and/or workshop, you will receive an e-mail confirmation. If you do not have an e-mail account, we will mail you a confirmation.

EXPENSES

Unless otherwise noted, **OLLI at USM courses cost \$50**. Workshops are priced based on the length of each session.

You must be an OLLI member to take courses or workshops. Annual **OLLI membership costs \$25**.

Questions about registration or membership? Call OLLI at 780-4406.

REFUNDS

Full refund for classes dropped by **Jan. 17. NO REFUNDS AFTER THAT POINT.**

You will be refunded for any classes OLLI cancels.



Contact Information for OLLI at USM Office

- **Phone:** 780-4406
- **Location:**
44 Bedford St.
210 Wishcamper Center
USM Portland Campus

- **Mailing Address:**
Osher Lifelong Learning Institute
USM
P.O. Box 9300
Portland, ME 04104



Special Interest Groups at OLLI

From September through June, OLLI at USM offers many diverse activities beyond the classroom. To participate in any Special Interest Group, you must be a current OLLI member. **NOTE: Special Interest Groups are not intended as instructional events.**

● **Arts and Crafts:** Try your hand at a new skill on the first Thursday of each month at 3:15 p.m. A member of the group will demonstrate and lead an activity (fabric and paper crafts, jewelry making, book arts, knitting, crocheting, mixed-media collage, etc.). Contact Sue Jennings at jensusa10@gmail.com for more information.

● **Bicycle and Nosh:** If you like to bike, how about joining a group of OLLI members for a ride every couple of weeks, with a delicious treat along the way? Contact Deidre St. Louis at deedee.st57@yahoo.com for more information.

● **Book Club:** Members meet the third Thursday of each month from 3:15 to 5:15 p.m. to discuss readings from a variety of genres, including contemporary novels, classics, biographies, memoirs, short stories, etc. Contact Karen Day at kday0718@gmail.com or Karen Wilcock at wilcockke@gmail.com for more information.

● **Bridge Club:** Those who enjoy playing bridge for fun are welcome to join this group every Wednesday from 3:15 to 5:15 p.m. Contact Barbara Freeman at bhfreewoman@gmail.com for more information.

● **Downhill Ski Club:** A seasonal outlet for downhill skiing enthusiasts, the club welcomes new and returning members. Skiers plan trips to area mountains when snow conditions are good and driving conditions permit. Contact Lois Winter at loiswinter54@gmail.com for more information and to join our email list for notice of upcoming ski trips.

● **Elders for Future Generations:** This is an ongoing, peer-facilitated exploration of the advocacy role seniors can play in shaping policy to promote the well-being of future generations. Contact Fred Brancato at opus3@twc.com for more information.

● **History Book Club:** Members read and discuss one work of history on the second Wednesday of each month from 3:15 to 5:15 p.m. Works include social, political, economic and foreign-policy history as well as biography, autobiography, memoir, and historical fiction. Contact Sue Gesing at susangesing@gmail.com or Dawn Leland at lelanddm@gmail.com for more information.

● **OLLI Night Out:** Come enjoy good food and good company with fellow OLLI gourmants who meet periodically at local restaurants. Watch the [OLLI Newsletter](#) for upcoming dates and locations.

● **OLLI Singers:** This group, directed by an experienced leader and supported by a skilled accompanist, meets every Thursday at 3:15 p.m. to have fun with vocal music and prepare for several performances each year. All are welcome. Contact Chuck Hornberger at ckhornberger@gmail.com for more information.

● **OLLI Ukes!** meets on the second and fourth Monday from 3:15 to 5:15 p.m. to share and have fun playing a wide variety of ukulele music. All levels welcome. Contact Cheryl Eling at cfeling@gmail.com for more information.

● **Outdoor/Walking Club:** Outdoor enthusiasts gather twice a month for invigorating walks in interesting places. They meet at the Back Cove parking lot and carpool. Walking schedules for the year can be found in the OLLI office and in literature racks in Wishcamper. Contact Rae Garcelon at raegarcelon@gmail.com for more information.

● **Photography Club:** Shutterbugs at OLLI at USM meet and learn from each other while sharing their love of photography. Contact Sharon Roberts at sharonlh@gwi.net for more information.

● **Recorder Ensemble:** In addition to having fun making music together, the Recorder Ensemble also may perform at OLLI at USM events and venues. Contact Karen Luse at luse.karen@gmail.com for more information.

● **Science Reading Club:** Each month this group reads and discusses articles from the latest issue of *Scientific American*. See the website at <https://olliusmsciencediscussion.wordpress.com> or contact Elizabeth Housewright at ehousewright@gmail.com for more information.

● **Senior Players:** Thespians perform staged readings twice a year at USM and off campus on several occasions. Senior Players is open to all OLLI at USM members. Contact Allan Mills at aljeevbr@gmail.com for more information.

● **Wine-Tasting Club:** An OLLI wine enthusiast helps educate your palate during featured wine-and-appetizer pairings at a local restaurant. The group meets at 5:30 p.m. every month or so. Novices and wine enthusiasts welcome. Contact Jack Lynch at JLynch001@maine.rr.com, if you'd like to join an e-mail list for advance notice of date, price, and venue.



OLLI at USM

Mission

OLLI at USM is committed to providing, for its members, a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

Vision

OLLI will be driven by the creative and innovative spirit of its founding mission, will maintain its strong sense of community and inclusiveness, expand its abundant opportunities for members to exchange ideas and experiences, and maintain a standard of excellence.

Core Organizational Values

These are the fundamental beliefs of OLLI at USM that guide our planning and decision-making. These core values support our vision, shape our culture, and reflect what we value.

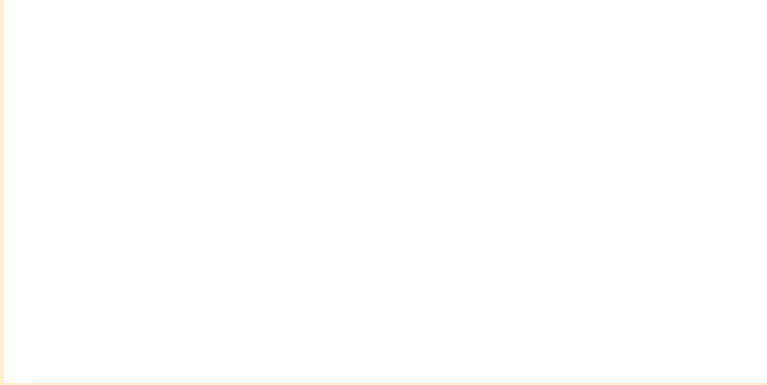
Joy of Learning — We believe that continuing to grow and learn new things is a deeply fulfilling lifelong priority.

Community — We recognize the importance of interaction with other members to share knowledge and experiences, to expand our perspectives, and to make new friends, in an atmosphere of inclusiveness, respect, and openness.

Accessibility — We strive to make classes, lectures, workshops, seminars, and activities affordable and accessible for all members.

Excellence — We strive for excellence by committing our intelligence, creativity, and energy to achieving quality in our curriculum, faculty, facilities, operations, and relationships within our community.

Volunteerism — We recognize the crucial importance of volunteers to the success of our programs.



*Intellectual Fun
for People
over 50*

OSHER
LIFELONG
LEARNING
INSTITUTE



www.usm.maine.edu/olli
