

Celebrating  
**25+ YEARS**  
of Learning



1997-2023



# Course Catalog

SUMMER SESSION 2025

JUNE 23 – AUGUST 1



UNIVERSITY OF  
SOUTHERN MAINE



He who  
LAUGHS  
most,  
LEARNS  
best.

JOHN CLEESE



## CONTACT US

207-780-4406  
[olliatusm@maine.edu](mailto:olliatusm@maine.edu)

Portland Campus  
Wishcamper Center, Room 210  
44 Bedford Street  
Portland, Maine 04101

*We are thankful for our many talented board members, volunteers, and staff who make OLLI programming possible.*

## STAFF

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## ADVISORY BOARD (2024-25)

Anne Cass, *Chair*  
Paula Johnson, *Vice-Chair*  
Tom Lafavore, *Secretary*

**Community Committee**  
Pamela Delphenich, *Co-Chair*  
Helen White, *Co-Chair*

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Mike Lynch, *Co-Chair*  
Susan Ransom, *Co-Chair*

**Board Members**  
Faye Gmeiner  
Roberta (Bobbie) Muse  
Steve Piker

## DIRECTOR'S MESSAGE



# Enjoy every part of the summer season

*"Smell the sea, and feel the sky. Let your soul and spirit fly"*

– VAN MORRISON

This summer OLLI is offering some old favorites and new ways to learn and enjoy! As always, you can choose to join us in-person in the Wishcamper Center or remotely from the comfort of your own home or vacation spot.

**Remember you will need to renew your membership to take summer offerings. The good news is that your membership will extend until June of 2026, so you will not need to think about it again before next summer.** Consider these options (we have many film courses!):

Gail Worster has curated "In Celebration of Black Filmmakers" ([page 18](#)), Ed Solano is offering "Mostly Credible Spy Movies" ([page 19](#)), and Alan Robitaille considers "Universal Studio's Horrors 1931-33" ([page 18](#)).

Start thinking about our Fall 2026 trip to literary England by taking DeWayn Marzagalli's workshops on Sherlock Holmes ([page 18](#)).

Spend a day exploring the Stroudwater Burial Ground with Alessa Wylie ([page 19](#)).

Bill Nathan takes us on a poetic journey with "From Surviving to Thriving: Poems that Will Thrill You" ([page 20](#)).

And prepare for September's trip to the American Southwest through Irwin Novak's workshop "Geology of the Four Corners region of the U.S. and Selected National Parks" ([page 23](#)).

And there are many other choices for you to join us for a day or for the whole six week session.

Be well,

Donna Anderson  
Director

Celebrating  
**25+ YEARS**  
of Learning



1997-2023

## IN THIS ISSUE

**4 About us**

**6 General information**

**9 Important dates**

**11 Schedule-at-a-glance**

**14 Instructor index**

**16 Courses & workshops**

**28 Special Interest Groups**

**30 Registration**



## Learning for the love of it!

If you are 50 or older, with a curious mind and an interest in learning just for the joy of it, we invite you to join 1,600-plus like-minded learners who are members of the Osher Lifelong Learning Institute (OLLI).

OLLI is located on the Portland campus of the University of Southern Maine (USM) and is committed to providing its members with a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

As an OLLI at USM member, you'll choose from an extensive array of peer-taught courses in a variety of subjects. There are no entrance requirements, grades, or tests. Your experience and love of learning are what count. Some OLLI at USM classes involve homework — usually reading or honing skills taught in class. Assignments are not mandatory but can enhance your learning experience.

OLLI at USM is one of 17 active Senior Colleges throughout Maine and participates in the Maine Senior College Network ([maineseniorcollege.org](http://maineseniorcollege.org)). The National Resource Center for all Osher Lifelong Learning Institutes ([osher.net](http://osher.net)) is located at Northwestern University in Chicago. Currently, there are 124 OLLIs throughout the country.

### OLLI: BY THE NUMBERS

<b>124</b>	<b>1,600+</b>	<b>17</b>	<b>190</b>
OLLI BRANCHES IN THE US	OLLI ACTIVE STUDENTS (2023-24)	ACTIVE MAINE SENIOR COLLEGES	OLLI VOLUNTEERS (2023-24)

### MISSION

OLLI at USM is committed to providing, for its members, a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

### VISION

OLLI will be driven by the creative and innovative spirit of its founding mission, will maintain its strong sense of community and inclusiveness, expand its abundant opportunities for members to exchange ideas and experiences, and maintain a standard of excellence.

### CORE ORGANIZATIONAL VALUES

These are the fundamental beliefs of OLLI at USM that guide our planning and decision-making. These core values support our vision, shape our culture, and reflect what we value.

**Joy of Learning.** We believe that continuing to grow and learn new things is a deeply fulfilling lifelong priority.

**Community.** We recognize the importance of interaction with other members to share knowledge and experiences, to expand our perspectives, and to make new friends, in an atmosphere of inclusiveness, respect, and openness.

**Accessibility.** We strive to make classes, lectures, workshops, seminars, and activities affordable and accessible for all members.

**Excellence.** We strive for excellence by committing our intelligence, creativity, and energy to achieving quality in our curriculum, faculty, facilities, operations, and relationships within our community.

**Volunteerism.** We recognize the crucial importance of volunteers to the success of our programs.





# Join us

There are several ways to join the OLLI community of lifelong learners.

## Become a member

OLLI at USM is an autonomous, self-governing organization supported through an annual membership fee of \$35. The membership fee covers the fiscal year from **July 1 – June 30**. The fee is *not* pro-rated. Our monthly online newsletter and Facebook page outline upcoming programs and events open to you.

### Member benefits include:

- Access to sign up for OLLI courses and workshops online.
- Access to OLLI Special Interest Groups (SIGs) at no additional cost. See [page 28](#) for the list of current SIGs.
- Access to courses at the 17 active Maine senior colleges throughout the state. Visit [MaineSeniorCollege.org](http://MaineSeniorCollege.org) for more information.

## Free membership for those over the age of 90!

Call the OLLI office at 207-780-4406 in order to process your free membership if you are over the age of 90!

## Apply for a scholarship

Full and partial scholarships are available through a simple, friendly, confidential process. Scholarships are limited to \$60 per person per session, applicable to one course, the SAGE program, or workshops. Scholarships do not apply to OLLI at USM membership, trips, or special events.

Scholarship applications can be completed online or downloaded from the OLLI website: [usm.maine.edu/osher-lifelong-learning-institute/olli-scholarships/](http://usm.maine.edu/osher-lifelong-learning-institute/olli-scholarships/). **The form must be completed, signed (if downloaded), and submitted with each of your course registration forms.**

*Please note: **It is not possible to register for courses online with a scholarship.** Please email your registration form and scholarship request to OLLI at our general email address: [olliatusm@maine.edu](mailto:olliatusm@maine.edu) **before registration day** to ensure timely enrollment in your class. Scholarships, gift certificates, free memberships, or other waivers will be accepted after online registration opens. However, classes and workshops may be filled, so please turn them in as soon as possible. If you have any questions, please email [olliatusm@maine.edu](mailto:olliatusm@maine.edu), and we will contact you as soon as we can.*



# What to expect

We cannot describe all you will experience at OLLI in just a few paragraphs. Still, this page contains important information for OLLI students from registration to student conduct. So make sure to read carefully!

## TUITION

Tuition is \$60 per course for regular OLLI at USM courses. Workshops cost \$20 for single sessions and \$30 for two or three sessions or a full day. Exceptions to the usual pricing structure are clearly noted.

**You must be an OLLI 2025–2026 member to enroll in summer courses and workshops.** Membership costs \$35 per fiscal year and runs from July 1 – June 30.

**As of Spring 2025, OLLI is no longer accepting cash or checks as a form of payment.**

We can process only the following credit cards: Visa, Discover, and Mastercard.

## REFUND POLICY

You will receive a 100% refund for classes dropped by the end of the second week of classes. **No refunds will be made after that point.** You cannot receive a refund for OLLI at USM annual membership fees. To transfer to a different class or drop a class, email [olliatusm@maine.edu](mailto:olliatusm@maine.edu) or call 207-780-4406.

## BOOKS & MATERIALS

Acquiring books and materials is the student's responsibility. Books and materials will be listed as:

- **Required:** the class (i.e., a literature course) cannot function without the book.
- **Suggested:** it would enhance the class but is not necessary.
- If no books or materials are listed in a course description, none are needed.

Students can purchase books through USM's online bookstore by going to [usm.ecampus.com](http://usm.ecampus.com) and selecting OLLI as the term. Visit [usm.maine.edu/osher-lifelong-learning-institute/resources](http://usm.maine.edu/osher-lifelong-learning-institute/resources) for instructions and more information.

Students also are welcome to procure books from other sources, including online vendors, local libraries, and friends.

## SESSION SCHEDULE

Summer classes are held once a week, **remotely** on Zoom and **in-person**, Monday – Thursday. The term runs for six weeks, from June 23 through August 1, unless otherwise noted in the course description.

Morning classes run from 9:30 – 11:30 a.m.; afternoon classes run from 12:45 – 2:45 p.m. Any exceptions to usual times are noted.

Most workshops will take place on Fridays, **remotely** on Zoom and **in-person** (see [page 12](#)).

## LOCATIONS

OLLI Summer 2025 courses and workshops will be held both remotely and in-person:

### Remote

Classes will be taught online via distance learning, using Zoom, unless otherwise noted.

### In-person

Courses and workshops take place in Wishcamper Center. We will notify you in advance of the class about the exact location.

### Hybrid

Hybrid classes meet online and in-person at the same time. The sessions may be recorded at the instructor's discretion.

## PARKING

Parking in the USM garage attached to the Abromson Center will require a virtual permit. See [page 8](#) for more details.

## WAIVERS

Students with scholarships, gift certificates, free memberships, or other waivers must email registrations to the OLLI office at [olliatusm@maine.edu](mailto:olliatusm@maine.edu) before registration begins for timely processing. Waivers will be accepted after that deadline, but we cannot guarantee your selected classes will be available.

## WEATHER CLOSURES & DELAYS

### Campus Closures

If USM at Portland is closed, the OLLI office and in-person events will be canceled. Remote classes and events will be held at the discretion of the instructor or organizers.

### Delayed Openings & Early Closures

If the USM Portland campus opens late or closes early, the OLLI office and in-person events will be canceled accordingly.

For example, if USM opens after OLLI's regular start time (e.g., USM delays opening until 10 a.m.), all OLLI classes starting earlier than 10 a.m. will be canceled. If USM announces an early closure (e.g., campus closes at 2:00 p.m.), OLLI events beginning after 2:00 p.m. will be automatically canceled.

### To confirm USM Campus weather closures or delays

Call the USM Storm Line at 207-780-4800 or look for a yellow notice at the top of the USM Homepage ([usm.maine.edu](https://usm.maine.edu)).

**As of Spring 2025, OLLI is no longer accepting cash or checks as a form of payment.**

We can process only the following credit cards: Visa, Discover, and Mastercard.

## ACCESSIBILITY & SPECIAL ACCOMMODATIONS

OLLI at USM is committed to making our classes, lectures, workshops, seminars, and activities accessible for all members. Please notify OLLI staff as soon as you register at 207-780-4406 to discuss your options.

### Hearing Assistance

- **In-Person:** Portable assisted-listening devices are available for use in any Wishcamper classroom. Come into the OLLI office, Wishcamper 210, to sign out an assisted listening device.
- **Remote:** Zoom allows members to have complete control over the volume of your classroom. Additional auto-captioning services can be set up upon request.

### Accessible Parking

The USM Parking Garage is open to OLLI members with a virtual parking pass. Handicapped parking and elevator access are available on all levels of the parking garage.

## NEWS & UPDATES

For news and updates on OLLI activities, read your OLLI Newsletter, go to the OLLI at USM website ([usm.maine.edu/olli](https://usm.maine.edu/olli)), or follow us on Facebook (@OsherLifelongLearningInstituteAtUSM).

## CONTACT INFORMATION

Please call or email if you need to get in touch with us at 207-780-4406 or at [olliatusm@maine.edu](mailto:olliatusm@maine.edu).

## COVID-19 PRECAUTIONS

**Face coverings:** Face masks are optional in all indoor and outdoor spaces with three exceptions.

Face mask may be required:

1. At the discretion of instructors.
2. At the discretion of a primary office occupant or meeting host.
3. When required by the CDC.

### Vaccination requirements:

Effective with the May 2023 term and going forward, the University of Maine System has lifted the COVID-19 vaccination requirement but strongly encourages all students, employees, and visitors to obtain a COVID-19 vaccination and booster shots when eligible. COVID-19 vaccinations and boosters are recommended as a way to prevent severe cases of COVID-19.





## GENERAL INFORMATION

### THE USM CAMPUS

The Osher Lifelong Learning Institute (OLLI) is located on the University of Southern Maine (USM) Portland Campus in Wishcamper Center (44 Bedford Street, Portland, Maine).

Classrooms are located on the 1st and 2nd floors. The OLLI office is located on the 2nd floor in Room 210.

**Wishcamper Center has an elevator located in the lobby on the west side of the building.**

### ON-CAMPUS PARKING

OLLI Students must park in the USM garage attached to the Abromson Community Education Center, located on Bedford Street.

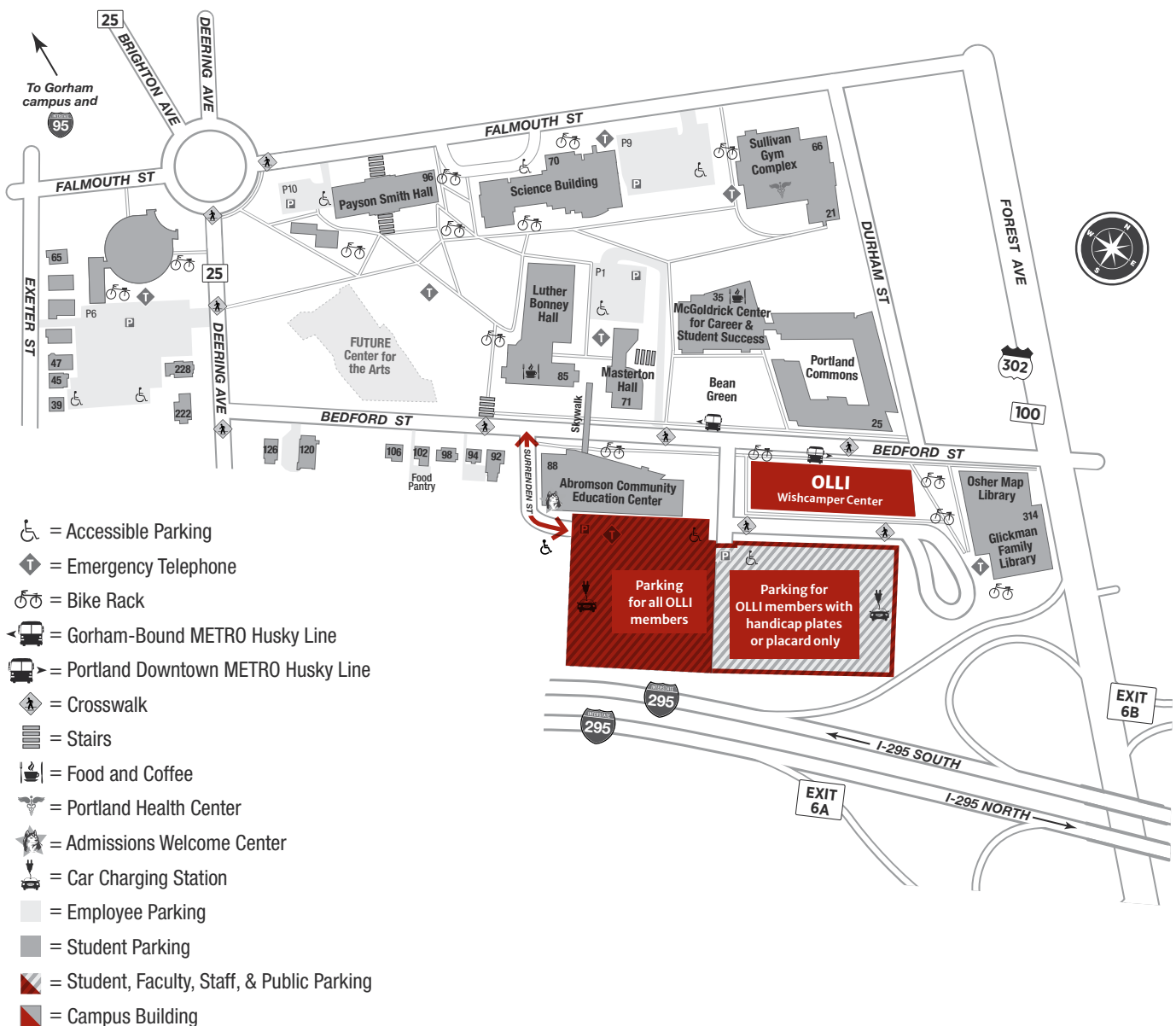
**There are 27 handicapped spaces available between the two parking garages.**

Parking in the USM garage will require a virtual parking permit. Visit [usm.maine.edu/osher-lifelong-learning-institute/location-parking/](http://usm.maine.edu/osher-lifelong-learning-institute/location-parking/) for more information.



Creating community and identifying safer places for students, staff, and faculty of diverse sexualities, romantic orientations, and genders since 1996.

[usm.maine.edu/safezone](http://usm.maine.edu/safezone)



# Important Dates

OLLI SUMMER 2025

The summer session will run from June 23 – August 1.  
Mark your calendar for these other important dates.

**MAY 28**

**Online registration for OLLI summer courses begins.**

The registration system will automatically turn on at 10:00 a.m. Students with scholarships, gift certificates, free memberships, or other waivers must contact us at [olliatusm@maine.edu](mailto:olliatusm@maine.edu) **before May 28**, so staff can process them promptly. We cannot guarantee your first-choice class, but you will be our top priority the morning after registration goes “live.” Scholarships, gift certificates, free memberships, or other waivers will be accepted **after May 28**, but some classes and workshops may be full, so please turn them in as soon as possible.

**JUN 2**

**OLLI staff begins processing mail-in, drop-off, and taking phone registrations.**

**JUN 9**

**Course and workshop offerings open to the Maine Senior College Network.**

Please contact us at [olliatusm@maine.edu](mailto:olliatusm@maine.edu) and leave your name and phone number plus the course you are interested in. We will contact you to enroll.

**JUN 23**

**OLLI summer session classes start**

**JUL 3**

**Deadline to receive a refund on dropped courses.**

**JUL 11, 18, 25**

**OLLI summer workshops**

**AUG 1**

**OLLI summer session ends**

**AUG 4–7**

**OLLI summer session make-up week**

**The OLLI Staff is on holiday June 19 and July 4.** The OLLI office and USM will be closed on these dates. If you have an in-person class scheduled in Wishcamper on these dates, your class will not meet. If you have a remote class scheduled on these dates, please get in touch with your instructor to see if they plan to observe the holiday.



**QUESTIONS?**

**We are here to help you!**

**Email us:**

**[olliatusm@maine.edu](mailto:olliatusm@maine.edu)**

**Call us:**

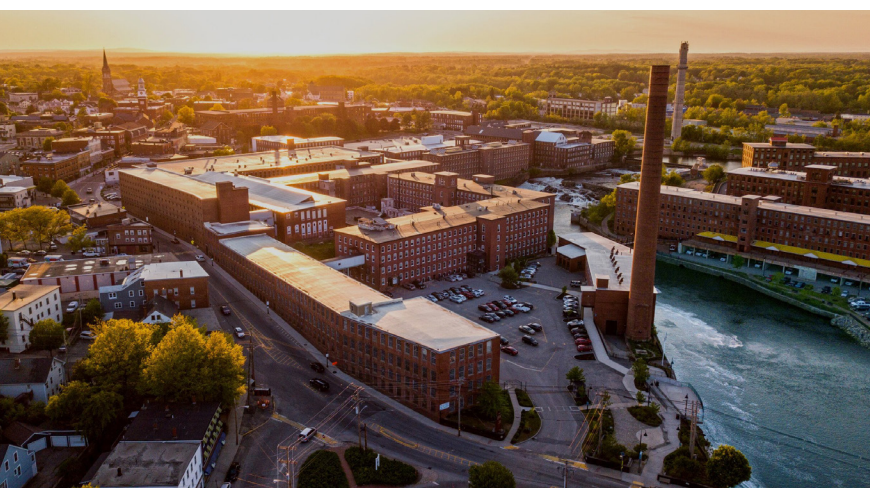
**207-780-4406**



**NEW!**

# Join OLLI for **SUMMER STAYCATION 2025**

The Community Committee has organized six special day events in the Greater Portland area. You might have gone to some of these places with visitors, but like many “locals,” you might never have enjoyed these treasures at our doorstep.



## **ABOUT THE PROGRAM**

The Staycation program will allow you to register as many of these trips as you'd like — one or all six!

Most activities will take place on Wednesday mornings. We will meet at the site. All ticket purchases are included in the registration fee.

*Please note: Staycation registrations are non-refundable. Meeting times and other information are available in the OLLI registration site's Trips and Travel section.*

**JUNE 25**

### **Casco Bay Islands**

Enjoy a morning on the Casco Bay Lines Mail Boat and visit Casco Bay islands. *Meet at the Portland Ferry Terminal.* • \$33

**JULY 2**

### **Portland Observatory**

Take a tour of the historic Portland Observatory, enjoying a unique slice of Portland's maritime history. *Meet at 138 Congress Street, Portland.* • \$13

**JULY 9**

### **Biddeford Mills Museum**

Experience a slice of Maine's textile industry at the Biddeford Mills Museum. *Meet at 2 Main Street, Biddeford.* • \$30

**JULY 16**

### **Portland Fire Engine Tour**

Tour Portland from atop an antique fire truck with Portland Fire Engine Tours. *Meet at 180 Commercial Street, Portland.* • \$35

**JULY 24**

### **Portland's Lighthouses**

Stand at the edge of the sea and learn about the long history of Portland's key lighthouses at Bug Light / Portland Headlight. **Please note: this activity takes place on a Thursday.** *Meeting place and cost details to come.*

**JULY 30**

### **Wildlife at Wolfe's Neck**





Look up and embrace the magic of Maine wildlife at Wolfe's Neck Woods State Park with a ranger tour of nesting birds of prey. *Meet at Wolfe's Neck State Park, Freeport.* • \$10

# Courses by schedule

Courses run once a week, Monday – Thursday, starting June 23 unless otherwise stated. Full course descriptions, costs, and materials can be found on the page listed next to each course title.

## 4 PATHWAYS TO LEARNING

Refer to these icons to find the right program style for you:

-  **IN-PERSON**
-  **REMOTE (ZOOM)**
-  **HYBRID**  
(BOTH IN-PERSON & REMOTE CONCURRENTLY)
-  **BLENDED**  
(SOME CLASSES IN-PERSON, SOME CLASSES REMOTE)

Want to search for programs by topic?  
See [page 16](#) for our full index.

Want to find a program by instructor?  
See [page 14](#) for our instructor index.



### QUESTIONS?

We are here to help you!

Email us:



[olliatusm@maine.edu](mailto:olliatusm@maine.edu)

Call us:



207-780-4406

## MONDAYS

**MORNINGS • 9:30 A.M. – 11:30 A.M.**


-  **Exploring Short Stories** (p. 20)  
ANNE CASS
-  **The Wisdom of the Enneagram: Understanding Your Personality Type** (p. 24)  
MICHAEL NAYLOR

**AFTERNOONS • 12:45 – 2:45 P.M.**

-  **Reading & Writing the Personal Essay** (p. 26)  
RICHARD CASS
-  **Universal Studio's Horrors 1931-33** (p. 18)  
ALAN ROBITAILLE

## TUESDAYS

**AFTERNOONS • 12:45 – 2:45 P.M.**

-  **A Glimpse into Quantum Mechanics Through the Double Slit** (p. 24)  
HAL SCHEINTAUB

## WEDNESDAYS

**MORNINGS • 9:00 A.M. – 12:00 P.M.**


-  **Paint the Town** (p. 16)  
VICKI FOX

**MORNINGS • 9:30 – 11:30 A.M.**




-  **Evolution of Cooperation** (p. 22)  
STEPHEN KERCEL & STEVEN PIKER

-  **Can We Save (small d) Democracy?** (p. 21)  
ROBERT LIBBY

**AFTERNOONS • 12:30 – 3:30 P.M.**

-  **In Celebration of Black Filmmakers** (p. 18)  
GAIL WORSTER

**AFTERNOONS • 12:45 – 2:45 P.M.**




-  **Thinking about Dying** (p. 23)  
BILL JOSE
-  **Supreme Court Effects on U.S.** (p. 21)  
ROBERT LIBBY
-  **Social Ballroom Dancing for Everyone** (p. 17)  
LARRY RICCI

## THURSDAYS

**MORNINGS • 9:30 – 11:30 A.M.**

-  **Explore Portland's Historic Neighborhoods — On Foot** (p. 19)  
BRUCE WOOD

**AFTERNOONS • 12:45 – 2:45 P.M.**





-  **Popular Music & Culture of "The Roaring Twenties"** (p. 20)  
TERRY FOSTER
-  **From Surviving to Thriving: Poems That Thrill You** (p. 20)  
WILLIAM NATHAN
-  **Mostly-Credible Spy Movies** (p. 19)  
EDWARD SOLANO

# Workshops by schedule

Workshops mostly run on Fridays as noted throughout the summer session. Full workshop descriptions, costs, and materials can be found on the page listed next to each course title.

## 4 PATHWAYS TO LEARNING

Refer to these icons to find the right program style for you:

-  IN-PERSON
-  REMOTE (ZOOM)
-  HYBRID  
(BOTH IN-PERSON & REMOTE CONCURRENTLY)
-  BLENDED  
(SOME CLASSES IN-PERSON, SOME CLASSES REMOTE)

Want to search for programs by topic?  
See [page 16](#) for our full index.

Want to find a program by instructor?  
See [page 14](#) for our instructor index.


## TUESDAY

**1 SESSION:**  
6/24 • 6:30 – 8:30 P.M.


-  **Discover Voice-Over:  
Learn How to Make Money  
Using Your Voice!** (p. 16)  
JUSTINE REISS

## FRIDAYS

**1 SESSION:**  
7/11 • 9:30 – 11:30 A.M.

-  **Book Exchange – In Person!**  
(p. 19)  
ANNE CASS

-  **Living on Earth as if We Want  
to Stay** (p. 21)  
MIKE NICKERSON

-  **Sherlock Holmes: The Adventure  
of the Copper Beeches** (p. 18)  
DeWAYN MARZAGALLI

-  **Social Security Planning** (p. 25)  
DEREK THARP

**2 SESSIONS:**  
7/11 & 7/18 • 9:30 – 11:30 A.M.

-  **The Power of Active Listening**  
(p. 24)  
LUCILLE MELTZ


**3 SESSIONS:**  
7/11, 7/18, & 7/25 • 9:30 – 11:30 A.M.

-  **What is it Like to be a Bat?** (p. 23)  
STEPHEN KERCEL

**2 SESSIONS:**  
7/18 & 7/25 • 9:00 A.M. – 1:00 P.M.

-  **Intro to iPhone Photography**  
(p. 25)  
WILLIAM CARITO

**1 SESSION:**  
7/18 • 9:00 A.M. – 3:00 P.M.


-  **A Mid Summer Spoken  
Poetry Fest** (p. 26)  
ROBERT LIBBY

**1 SESSION:**  
7/18 • 9:30 – 11:30 A.M.

-  **Tax Planning in Retirement**  
(p. 25)  
DEREK THARP


-  **Exploring the Stroudwater  
Burying Ground** (p. 19)  
ALESSA WYLIE

**1 SESSION:**  
7/18 • 9:30 A.M. – 12:30 P.M.


-  **A Special Presentation:  
Mr. Holmes** (p. 18)  
DeWAYN MARZAGALLI


-  **Mind of a Killer** (p. 22)  
JOHN OLSZEWSKI

**2 SESSIONS:**  
7/18 & 7/25 • 9:30 – 11:30 A.M.


-  **Geology of the Four Corners  
Region of the U.S. & Selected  
National Parks** (p. 23)  
IRWIN NOVAK

**1 SESSION:**  
7/25 • 9:30 – 11:30 A.M.

-  **Finding Balance: Yoga,  
Breathwork, & Meditation** (p. 17)  
HEATHER EDGERLY

-  **Retirement Income Planning**  
(p. 25)  
DEREK THARP



A scenic landscape featuring a large, dark red circular overlay in the center. The background shows a vast expanse of green forest, a winding blue river or lake, and distant mountains under a clear blue sky. The foreground consists of a rocky, light-colored cliff face with some sparse vegetation. The text is centered within the red circle.

You don't  
UNDERSTAND  
anything until you  
LEARN IT  
more than one way.

MARVIN MINSKY



# Courses & workshops by instructor

Instructors are listed here in alphabetical order for both courses and workshops. For full descriptions and presentation style (in-person, remote, or hybrid), please go to the page listed next to the course or workshop title.

Want to search for programs by topic?

See [page 16](#) for our full index.

Looking to fill a specific day or time?

See [page 12](#) for our schedule-at-a-glance.

## A B C

### ANNE CASS

Exploring Short Stories ..... 20

Book Exchange — In Person!.....19

### RICHARD CASS

Reading & Writing the Personal Essay ..... 26

### WILLIAM CARITO

Intro to iPhone Photography..... 25

## D E F

### HEATHER EDGERLY

Finding Balance: Yoga, Breathwork, & Meditation ..... 17

### TERRY FOSTER

Popular Music & Culture of “The Roaring Twenties” .... 20

### VICKI FOX

Paint the Town..... 16

## J K L

### BILL JOSE

Thinking About Dying..... 23

### STEPHEN KERCEL

What is it Like to be a Bat? ..... 23

Evolution of Cooperation ..... 22

### ROBERT LIBBY

Can We Save (small d) democracy? ..... 21

The Supreme Court Effects on the U.S..... 21

A Mid-Summer Spoken Poetry Fest ..... 26





**M N O****DEWAYN MARZAGALLI**

- Sherlock Holmes: *The Adventure of the Copper Beeches* ..... 18
- A Special Presentation: *Mr. Holmes* ..... 18

**LUCILLE MELTZ**

- The Power of Active Listening ..... 24

**WILLIAM NATHAN**

- From Surviving to Thriving: Poems That Thrill You ..... 20

**MICHAEL NAYLOR**

- The Wisdom of the Enneagram:  
Understanding Your Personality Type ..... 24

**MICHAEL NICKERSON**

- Living on Earth as if We Want to Stay ..... 21

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- Geology of the Four Corners Region  
of the U.S. and Selected National Parks ..... 23

**JOHN OLSZEWSKI**

- Mind of a Killer ..... 22

**P Q R S****STEVEN PIKER**

- Evolution of Cooperation ..... 22

**JUSTINE REISS**

- Discover Voice-Over:  
Learn How To Make Money Using Your Voice! ..... 16

**LARRY RICCI**

- Social Ballroom Dancing for Everyone ..... 17

**ALAN ROBITAILLE**

- Universal Studios' Horrors 1931-1933 ..... 18

**HAL SCHEINTAUB**

- A Glimpse into Quantum Mechanics  
Through the Double Slit ..... 24

**EDWARD SOLANO**

- Mostly-Credible Spy Movies ..... 19

**T U V****DEREK THARP**

- Social Security Planning ..... 25
- Retirement Income Planning ..... 25
- Tax Planning in Retirement ..... 25

**W X Y Z****BRUCE WOOD**

- Explore Portland's Historic Neighborhoods –  
On Foot ..... 19

**GAIL WORSTER**

- In Celebration of Black Filmmakers ..... 18

**ALESSA WYLIE**

- Exploring the Stroudwater Burying Ground ..... 19

**QUESTIONS?**

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# Full listing of courses & workshops

Courses and workshops are listed by subject. Details including books and materials are listed here.

## 4 PATHWAYS TO LEARNING

Refer to these icons to find the right program style for you:



IN-PERSON



REMOTE (ZOOM)



HYBRID



BLENDED

## PROGRAM TOPICS

- 16 Acting, art, & art history
- 17 Dance & movement
- 18 Entertainment & film
- 19 History & culture
- 19 Literature
- 20 Music
- 21 Politics & current events
- 22 Psychology
- 23 Religion & philosophy
- 23 Science & natural history
- 24 Self-knowledge & enrichment
- 25 Special Offering
- 26 Writing

Want to find a program by instructor?

See [page 14](#) for our instructor index.

Looking to fill a specific day or time?

See [page 12](#) for our schedule-at-a-glance.

## ACTING, ART, & ART HISTORY

### Paint the Town

VICKI FOX



**COURSE** WED, 6/25 – 7/30 • 9:00 A.M. – 12:00 P.M. • \$60

We will gather and pick a spot in the Portland environs to sit and paint. It might be the Old Port, a glorious old cemetery, or a townhouse. We will work *in situ* for most of the allotted time, stopping at the end to review our work as a group. I will show examples of other artists who have worked this way like Maurice Utrillo and Vincent van Gogh to try and discover what made their visions sing. **New in-person course.** Format includes hands on learning.

**SUGGESTED MATERIALS:** Drawing paper 12 x 16 inches up to 16 x 20 inches, water colors, water color pencils, drawing pencils 2H–5B, kneaded eraser. Would suggest Artists & Craftsman Supply for supplies.

*Vicki Fox has been drawing since she was three. She graduated from Philadelphia College of Art with a degree in Illustration and since has illustrated several books, all detailed with interiors. She worked professionally as an Interior Designer in conjunction with her Landscape Design work. She has taught art courses at OLLI for several years.*

### Discover Voice-Over: Learn How to Make Money Using Your Voice!

JUSTINE REISS



**WORKSHOP** TUE, 6/24 • 6:30 – 8:30 P.M. • \$20

In what could be the most enlightening webinar you've ever taken, our instructor and professional voice coach will show you how you can actually begin using your speaking voice for commercials, films, videos, and more. Most people go about it the wrong way. In this introductory class, you will learn about a unique, outside the box way to break into this creative, fulfilling, and potentially lucrative industry. Voice-overs can be managed on your own terms, on your own turf, in your own time, and with minimal overhead! **Repeat remote workshop.** Format includes lecture and discussion.

*Justine Reiss' voice can be heard in numerous commercials: Starbucks, Toshiba, and Mitsubishi and most recently on the Walgreens' Red Nose Day special. She has worked as a voice-over casting director for more than 20 years.*

## DANCE &amp; MOVEMENT

## Finding Balance: Yoga, Breathwork, & Meditation

HEATHER EDGERLY

**WORKSHOP** FRI, 7/25 • 9:30 – 11:30 A.M. • \$20

Discover how to cultivate awareness, calm stress, and support your body's natural healing through meditation, breathwork, and yoga. In this immersive two-hour workshop, you'll explore the physical and psychological benefits of these practices while learning practical mindfulness and breathwork techniques you can use anytime — at home, at work, or whenever you need more peace. You'll also participate in a gentle, healing yoga session designed to highlight how mindful movement can support both your mind and body. Whether you're new to these practices or looking to deepen your understanding, this workshop will provide valuable tools to bring more balance into your daily life. **Repeat in-person workshop.** *Format includes movement.*

**REQUIRED MATERIALS:** Yoga mat; please wear loose, comfortable clothing and bring an extra layer for warmth.

**OPTIONAL MATERIALS:** Yoga blocks

*Heather Edgerly has a master's degree in Buddhist Studies and is a certified Integrative Health Coach and Fluid Yoga, Yoga4Cancer, and Yoga for Healing instructor. She teaches oncology and mindful yoga classes, as well as meditation and breathwork workshops. Heather is passionate about wellness and the ways that movement and meditation shape both the mind and body.*



### QUESTIONS?

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Call us:

207-780-4406



## Social Ballroom Dancing for Everyone

LARRY RICCI

**COURSE** WED, 6/25 – 7/30 • 12:45 – 2:45 P.M. • \$60


This class is for beginner and experienced dancers as well. We will learn figures in foxtrot, swing, rumba, waltz, cha cha, and maybe hustle. Other dances can be added if there is interest. We will cover all the beginner ballroom figures I have already taught at OLLI and add some new figures for those who have taken previous classes with me. Those new to ballroom dancing are welcome! The pace will be easy and casual with lots of time for review. Whether you want to dance at a ballroom or just socially this class will make you comfortable wherever you choose to dance. **Repeat in-person course.** *Format includes dance and movement.*

*Larry Ricci has taught ballroom at OLLI twice and looks forward to another session. He has danced ballroom for almost 30 years first as a student, then as a competitor, then as an instructor. He has taught all the ballroom dances at all levels for students throughout New England. He is excited to again bring the joy of ballroom dancing to OLLI students.*

## ENTERTAINMENT &amp; FILM

## Universal Studio's Horrors 1931–33

ALAN ROBITAILLE


 **COURSE** MON, 6/23 – 7/28 • 12:45 – 2:45 P.M. • \$60

*Dracula*, *Bride of Frankenstein*, *The Mummy*, and *The Invisible Man* were just the beginning for a studio with numerous accolades for its silent films as they transitioned into the “talkie” era. Embark on a journey as we explore six films during this period that gave us the conventions, characteristics, and atmospheres that were used in many thrillers for decades to come. Discussion will explore the history, production values, performers, directors, and impact that these films had on what followed. **New in-person course.** Format includes film and discussion.

*Alan Robitaille is a retired program administrator with the Department of Health and Human Services. He received his B.A. in History from USM in 1983 and that subject has been a focus of his life throughout. Whether it is the exploring of social mores in the age of antiquity, the American Revolution, or popular culture like comic books or monster movies, he has always asked, “How did we get here?”*

## In Celebration of Black Filmmakers

GAIL WORSTER


 **COURSE** WED, 6/25 – 7/30 • 12:30 – 3:30 P.M. • \$60

The 8-year period from 2016 to 2024 saw an amazing output of exceptional films produced and directed by black filmmakers. These filmmakers blend the lines of genre and share a talent for telling stories with a modern and provocative sensibility. The films received a multitude of award nominations and wins — and are rich in content, performance, and production elements. All that being said, film is ultimately a subjective experience. You may not like all the films, but you will find they are ripe for discussion and reflection. Film examples: *Moonlight* and *Farewell Amor*. Note: This is a 3-hour class. **New in-person course.** Format includes film and discussion.

*Gail Worster is a retired video producer and writer who worked for L.L.Bean for over 30 years. She also produced and directed the 1999 documentary Giant Horses which aired on Maine PBS — and was co-host of WMPG’s Cinema Hits & Misses for 20 yrs. She currently serves on OLLI’s SAGE Committee.*

Sherlock Holmes:  
The Adventure of the Copper Beaches

DEWAYN MARZAGALLI

 **WORKSHOP** FRI, 7/11 • 9:30 – 11:30 A.M. • \$20


We will watch a one-hour version of this short story, starring Jeremy Brett, which will be followed by a discussion of the film and other Holmesian material.

**New remote workshop.** Format includes film and discussion.

*DeWayn Marzagalli has been an OLLI instructor since 2011 and really enjoys discussing many different genres of movies. Born and raised in New York City, he served in the U.S. Navy and is a retired federal agent. He lives in Gorham with his wife of 58 years.*

## A Special Presentation: Mr. Holmes

DEWAYN MARZAGALLI

 **WORKSHOP** FRI, 7/18 • 9:30 A.M. – 12:30 P.M. • \$20

*Mr. Holmes* is a 2015 movie, directed by Bill Condon, and starring Ian McKellen as Sherlock Holmes and Laura Linney as his caretaker. Holmes is retired and living in Sussex where he occupies himself as a beekeeper. At this point of his life, he is on the onset of dementia and is haunted by a past memory which he is unable to remember clearly. It is a bitter-sweet movie which takes place just after World War II. The movie runs about two hours and will be followed by discussion about the film and all things Sherlockian. **New remote workshop.** Format includes lecture, discussion, and film.

*DeWayn Marzagalli has been an OLLI instructor since 2011 and really enjoys discussing many different genres of movies. Born and raised in New York City, he served in the U.S. Navy and is a retired federal agent. He lives in Gorham with his wife of 58 years.*




## DID YOU KNOW?

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## Most-Credible Spy Movies

EDWARD SOLANO

 **COURSE** THU, 6/26 – 7/31 • 12:45 – 2:45 P.M. • \$60


Was “Tinker, Tailor” too slow? Was Burton in “Spy ... from Cold” too robotic? Were the “Bourne’s” and “Mission: Impossible’s” too beyond Superman? How about we watch six of the following at home (we’ll choose together after you sign up) while perusing the questions/issues I send, and freely comment in Zoom class on some more agreeable and believable cloak-and-dagger-related movies (with IMDb ratings): *Spy Among Friends* [7.7]; *Skyfall* [7.8]; *The Conversation* [7.7]; *Imitation Game* [8.0]; *Bridge of Spies* [7.6]; *Notorious* [7.9]; *Casino Royale* [8.0]; *Hunt for Red October* [7.5]; *Munich* [7.5]; *No Way Out* [7.1]. (Disclaimer: Preparation for a future American Stasi is not implied.) **New remote course.** Format includes lecture, discussion, and film.

*Ed Solano is a former reporter, editor, marketer, and high school teacher of History, English, and (college) Journalism who believes movies teach life lessons, if we allow them to.*

## HISTORY & CULTURE

### Explore Portland’s Historic Neighborhoods – On Foot

BRUCE WOOD

 **COURSE** THU, 6/26 – 7/31 • 9:30 – 11:30 A.M. • \$60


Enjoy six narrated walks through Portland’s historic neighborhoods exploring the city’s history, architecture, and people since Europeans arrived. Discuss historic structures, immigrant populations, and locally and regionally famous architects and view their works. The longest walk will be two miles in two hours. The greatest elevation change will be between Congress Street and the waterfront. All walks will be on pavement, with side trips into two grassy cemeteries. Wheelchair accessible. Rain or Shine. Instructor will contact students about the meeting place prior to each class. **Repeat in-person course.** Format includes lecture and movement.

**SUGGESTED BOOKS:** *Portland, A Short History*, Allan Levinsky, ISBN 9781933212432; *Portland Maine: Connections Across Time*, Paul J. Ledman, ISBN 97809728587

*Bruce Wood moved to Portland after retiring as a computer programmer for Amtrak. He fell in love with the city’s history and architecture and served on Portland’s Historic Preservation Board. He has led tours for the Maine Historical Society, at the Observatory, and at the Victoria Mansion.*

## Exploring the Stroudwater Burying Ground

ALESSA WYLIE

 **WORKSHOP** FRI, 7/18 • 9:30 – 11:30 A.M. • \$20


Every cemetery is filled with stories. Come discover the tales, true and perhaps fabricated, of some of the people in the Stroudwater Burying Ground. A mast agent, a doctor, a Civil War nurse, and a social reformer are just a few of the stories waiting to be heard. **New in-person workshop.** Format includes lecture and movement.

*Alessa Wylie has worked in the history field for the past 25 plus years both here in Maine and in her home state of New York. A confirmed taphophile, she can often be found exploring old cemeteries with her husband.*

## LITERATURE

### Book Exchange — In Person!

ANNE CASS

 **WORKSHOP** FRI, 7/11 • 9:30 – 11:30 A.M. • \$20

The Virtual Book Exchange SIG at OLLI meets on Zoom. This workshop is an in-person version. Come to the workshop with actual books or your experience of books that you’ve enjoyed. Each participant will share something about the book, and others may chime in with opinions. The facilitator will take notes and create a book list to send to participants after the workshop. Book chatter, casual chatter, and camaraderie! **New in-person workshop.** Format includes discussion.

*Anne Cass facilitates the Virtual Book Exchange, and enjoys sharing good (and not so good) book experiences with colleagues.*

Find these icons to find the right style for you:


 **IN-PERSON**  **REMOTE (ZOOM)**  
 **HYBRID**  **BLENDED**



## LITERATURE • continued from previous page

## Exploring Short Stories

ANNE CASS

 **COURSE** MON, 6/23 – 7/28 • 9:30 – 11:30 A.M. • \$60


Short stories provide readers with a one-sitting (usually) read; we'll explore two stories each week (except for week 1) and discuss them to our hearts' content. The multiplicity of views brought to discussion by participants is always invigorating. Join an enthusiastic group of readers to share ideas and enjoy each other's company. Summer term book: *The Best Short Stories 2024: The O. Henry Prize Winners*, Edited by Amor Towles. (Don't be fooled by the O. Henry Prize — these will not necessarily provide us with twists at the end, and they are, according to the *Atlantic Monthly*, "Widely regarded as the nation's most prestigious awards for short fiction.") **Repeat in-person course with new content.** Format includes discussion.

**REQUIRED BOOK:** *The Best Short Stories 2024*, edited by Amor Towles, ISBN 9780593470619

*Anne Cass has been offering this course for several years, and continues to delight in meeting new people and exploring new worlds.*

From Surviving to Thriving:  
Poems That Thrill You

WILLIAM NATHAN

 **COURSE** THU, 6/26 – 7/31 • 12:45 – 2:45 P.M. • \$60


You probably have a favorite poem or two or twelve that have stayed with you like a loyal friend over the years. Would you like to share these with like-minded classmates? Read them out loud? Discuss what they meant and still mean to you? Hear what others have for favorite poems and what they mean to them? We will loosely divide our favorites into subgroups such as: poems that entrance, poems that teach, poems that protest, poems that intoxicate, poems that soothe broken hearts, poems that delight. No one's a poetry expert! We're just sharing what we love. **New in-person course.** Format includes discussion.

*Bill Nathan recently moved to Portland from New Jersey. He's a lifelong collector of favorite poems which have guided him on his path towards deeper wisdom and compassion. He often annoys his family and friends quoting his favorite lines.*

## MUSIC

Popular Music & Culture of  
"The Roaring Twenties"

TERRY FOSTER

 **COURSE** THU, 6/26 – 7/31 • 12:45 – 2:45 P.M. • \$60

None of us OLLI folk are old enough to remember the 1920s, but our parents likely could have told us a lot. Do you remember these names — Ethel Waters, Fannie Brice, Al Jolson, Bessie Smith, Rudy Vallee and Mae West? If not, you'll hear about them and others in class. We'll explore the music, movies and culture of that "roaring" decade. By way of lecture, discussion, lots of videos and live music we'll discover what it was like to have lived back then. We might even do the Charleston. **Repeat in-person course.** Format includes lecture, discussion, and watching film.

*Terry Foster learned 1920s music from his Mom, a teenager in the 1920s. She sang the songs to him as a kid. After childhood piano lessons he began playing in bands and accompanying singers at age sixteen. He holds a masters and doctorate in education and co-founded "Senior College," OLLI's predecessor.*



## DID YOU KNOW?

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## POLITICS &amp; CURRENT EVENTS

**Can We Save (small d) democracy?**

ROBERT LIBBY

**COURSE** WED, 6/25 – 7/30 • 9:30 – 11:30 A.M. • \$60

This course examines the issues confronting participatory democracy. How have the problems developed and what can be done to save our democracy. **Repeat in-person course with new content.** *Format includes lecture and discussion.*

**Robert Libby** has been creating educational materials and teaching civic education for more than fifty years.

**The Supreme Court Effects on the U.S.**

ROBERT LIBBY

**COURSE** WED, 6/25 – 7/30 • 12:45 – 2:45 P.M. • \$60

This course will examine the profound effects of the Supreme Court of the United States on the lives of all people. It will examine the workings of the court by examining representative cases. We will discuss efforts to reform the court and the chances for improvement.

**Repeat in-person course with new content.** *Format includes lecture and discussion.*

**Robert Libby** has been teaching constitutional law history and principles for more than fifty years.

**Living on Earth as if We Want to Stay**

MIKE NICKERSON

**WORKSHOP** FRI, 7/11 • 9:30 – 11:30 A.M. • \$20

Mike Nickerson co-founded the Institute for the Study of Cultural Evolution in 1971. He coordinated activity on the Canada Well-Being Measurement Act, drawing attention to the advantages of a Genuine Progress Index (GPI). Along with the *Guideposts for a Sustainable Future* video, numerous articles, pamphlets, and speaking engagements, he has written three books on sustainability. He says anyone can help by aspiring to more fun, less stuff. **Repeat remote workshop.** *Format includes lecture and discussion.*

**Mike Nickerson** co-founded the Institute for the Study of Cultural Evolution in 1971. Along with numerous articles, pamphlets, and speaking engagements, he has written three books on the topic. The most inclusive being *Life, Money and Illusion*; *Living on Earth as if We Want to Stay*. [sustainwellbeing.net](http://sustainwellbeing.net)



Find these icons to find the right style for you:



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## PSYCHOLOGY

### Mind of a Killer

JOHN OLSZEWSKI

**WORKSHOP** FRI, 7/18 • 9:30 A.M. – 12:30 P.M. • \$20

Have you ever wanted to know what it is like to talk to a serial killer or a mass murderer? Do you find yourself wondering how someone can take a life? Join us as we analyze the instructor's personal collection of artwork and correspondences from over one hundred infamous killers from around the world. The author of two books on serial killers, the instructor will answer the questions of what goes through a crazed killer's mind and what in their background and childhood could be a mitigating factor that may have led them to murder. **New in-person workshop.** *Format includes lecture.*

*John Olszewski was born and raised in the historic city of Salem, MA. From a young age he became fascinated with true crime. This led to a lifelong mission to learn everything he could on serial killers and other infamous killers. Along the way John received degrees in Criminal Justice, Behavioral Science, and Counseling Psychology. He worked in academic institutions, jails, prisons, and treatment centers, as well as appeared on the lecture circuit.*

### Evolution of Cooperation

STEPHEN KERCEL & STEVEN PIKER

**COURSE** WED, 6/25 – 7/30 • 9:30 – 11:30 A.M. • \$60

Is humanity cursed, as Thomas Hobbes lamented, to an anarchic “state of nature” that is “solitary, poor, nasty, brutish, and short?” Perhaps our prospective doom is not as likely as is widely supposed. Robert Axelrod, in his newly updated classic, *The Evolution of Cooperation*, begins with the provocative question: “Under what conditions will cooperation emerge in a world of egoists without central authority?” Such conditions do exist. Axelrod’s description of them is straightforward, optimistic, and amazing in practice. Is this hopeful claim an exaggeration? Join us for this class and see for yourself. **New remote course.** *Format includes lecture and discussion.*

**SUGGESTED BOOK:** *The Evolution of Cooperation*, Robert Axelrod, ISBN 9781541606845. Recommended book (paperback) will be released May 6, 2025. Amazon is taking pre-orders for shipping on the release date.


**Steve Kercel, Ph.D., P.E.,** is a researcher in both biological and artificial intelligence. He has taught classes on the nature of consciousness in USM-OLLI for the past five years, including a recently concluded series on “Jung’s Answer to Job.”

**Steve Piker** is an anthropologist with field work in Thailand and the U.S. He taught for 44 years at Swarthmore College, and has offered over 30 courses at 4 senior colleges in Maine. He has a career-long interest in healing.

## RELIGION &amp; PHILOSOPHY

## Thinking About Dying

BILL JOSE


 **COURSE** WED, 6/25 – 7/30 • 12:45 – 2:45 P.M. • \$60

This course offers us the opportunity to reflect on the end of our lives and how we might have the best death we can for ourselves, our family and loved ones. We will read one article each week and discuss these topics: Going to meet death is there a duty to die? Dying at the right time? What about the family? Spiritual issues at the end of life? What about dementia? Readings will be distributed electronically. You may read online or print out for more intensive study. **New in-person course.** *Format includes discussion.*

**Bill Jose** earned a Ph.D. in Social Psychology from Stanford University and a B.F.A. in Sculpture from the Massachusetts College of Art. He completed a Certificate in Clinical Ethics at the Center for Practical Bioethics and has volunteered at Maine Medical Center and the Hospice of Southern Maine. He has taught about end-of-life planning and decision making for over 10 years.

## What is it Like to be a Bat?

STEPHEN KERCEL

 **WORKSHOP** FRI, 7/11, 7/18, & 7/25 • 9:30 – 11:30 A.M. • \$30


Thomas Nagels' paper of this title is one on the most influential philosophical papers ever written on the nature of consciousness. His distinguishing feature of a conscious process is the internal feeling of "what is it like to be me?" Depending on who you ask, the paper is both loved and hated in philosophical circles. **Repeat remote workshop.** *Format will include lecture and discussion.*

**Steve Kercel** has taught many OLLI courses over the past five years on the topic of cognition. He has a Ph.D. in artificial intelligence, and is a Maine Registered Professional Engineer.

## SCIENCE &amp; NATURAL HISTORY

## Geology of the Four Corners Region of the U.S. &amp; Selected National Parks

IRWIN NOVAK

 **WORKSHOP** FRI, 7/18 & 7/25 • 9:30 A.M. – 12:30 P.M. • \$30

We will begin with an introduction to the principles of geology, including plate tectonics, the processes of formation (and different types) of rocks, and the impact of erosion and deposition on landscape formation — basically Geology 101. The geology of the American Southwest is characterized by a diverse array of rock formations spanning billions of years, primarily shaped by ancient seabeds, tectonic shifts, and erosion from wind and water, resulting in iconic landscapes there. We'll take a closer look at the geology of Mesa Verde, Monument Valley, the Grand Canyon, and Zion National Park. The region is a "geologist's dream" with well-exposed rock layers showcasing various geological processes throughout Earth's history. **New in-person workshop.** *Format includes lecture.*

**Irwin Novak** is Professor Emeritus of Geology at the University of Southern Maine. His teaching focused on Oceanography, Geomorphology, and Glacial Geology. He was at one time the Associate Dean of the College of Arts and Sciences. His research focused on the geology of Maine and of Greece as viewed from space using satellite imagery. He earned his Ph.D. from Cornell University, the M.S. from the University of Florida and his B.A. from Hunter College of the City University of New York. He taught summer courses for many years at Cornell's Shoals Marine Laboratory on Appledore Island, Maine as well as a variety of courses offered by USM on Lesbos Island, Greece.

Find these icons to find the right style for you:



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SCIENCE &amp; NATURAL HISTORY • continued from previous page

## A Glimpse Into Quantum Mechanics Through the Double Slit

HAL SCHEINTAUB

**COURSE** TUE, 6/24 – 7/29 • 12:45 – 2:45 P.M. • \$60

*I shine a light through two slits and you see bands of light and dark on the screen. You are viewing the results of an experiment that lies at the heart of quantum mechanics.*

In this class you will get the experience and the framework you will need to appreciate what is revealed by the simple pattern you see. And you will become comfortable knowing that “In reality the experiment contains only mystery. You cannot make the mystery go away.” You will be OK with this because you will know some of the peculiarities of quantum mechanics. **New in-person course.** Format includes lecture and discussion.

**SUGGESTED BOOK:** *Six Easy Pieces*, Richard Feynman, ISBN 9780465025275

**Hal Scheintaub** believes that good classes inform, empower and connect. He leverages his experience teaching science at all levels to create classes that bring meaningful science experiences to OLLI students of every background. If you wonder about the mysteries of modern physics, this is the class for you.



## SELF KNOWLEDGE & ENRICHMENT

### The Power of Active Listening

LUCILLE MELTZ

**WORKSHOP** FRI, 7/11 & 7/18 • 9:30 – 11:30 A.M. • \$30

Are you having difficulty communicating with adult children, other family members, or certain friends? Would you like to be a more helpful support to others? Active Listening is an effective communication tool used by trained coaches and therapists to enhance positive interaction, build trust, connection, and improve relationships. You can learn to use it in your own life in this highly interactive workshop by practicing four essentials of Active Listening: Being Present and Attentive, Appropriate Questioning, Reflection, and Neutrality. As you begin to listen more fully and mindfully, you will discover greater value in all your relationships. **New remote workshop.** Format will include lecture and hands on learning.

**Lucille Meltz, MA, MSED** is owner of Touch the Soul Coaching and Hand Reading, author, and decades long spiritual/ personal growth teacher in multiple settings and states. She has taught active listening skills to social workers, coaching clients, and uses active listening daily in all her areas of her life. [lucilleannmeltz.com](http://lucilleannmeltz.com)

### The Wisdom of the Enneagram: Understanding Your Personality Type

MICHAEL NAYLOR

**COURSE** MON, 6/23 – 7/28 • 9:30 – 11:30 A.M. • \$60

The Enneagram describes the nine fundamental types of personality, their strength, their weaknesses, and what inhibits them from expressing their deepest love, creativity, and capacity to connect and bond with others. This class will describe and offer insight into transforming your personality patterns. **New remote course.** Format includes lecture and discussion.

**Michael Naylor** is the CEO of The Enneagram Center for Well Being. He was trained by Don Riso and Russ Hudson and taught at the Enneagram Institute. He teaches and coaches in the U.S. and Internationally. He is a licensed addiction counselor and has published a book: *The Alchemy of the Enneagram in Transforming Addiction*. You can find him at [enneagrammaine.com](http://enneagrammaine.com), or visit his YouTube Channel: *Enneagram Interviews*.

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## SPECIAL OFFERING

## Intro to iPhone Photography

WILLIAM CARITO

 **WORKSHOP** FRI, 7/18 & 7/25 • 9:00 A.M. – 1:00 P.M. • \$30

“The best camera is the one that’s with you.” — Chase Jarvis. For many of us, that camera is the iPhone we carry in our pocket every day. This course will cover setting up your iPhone for shooting better photos, focusing and composition techniques, editing on your iPhone (or iPad if you have fat fingers like me), and how to find your way to shooting in black and white on the streets of Maine. Join the international iPhone photography community.


**Repeat in-person workshop.** Format includes lecture, discussion, and hands-on learning.

**REQUIRED MATERIALS:** You will need a relatively up-to-date iPhone and the Snapseed app (free in the app store).

*William Carito started taking iPhone photos in 2015 after a one-day workshop. Since then he absorbed as much as he can from additional workshops and online classes. His work has been selected for juried shows and achieved multiple honorable mentions in international photography contests. ([billcaritophotography.com](http://billcaritophotography.com), Instagram: @billcarito)*

## Retirement Income Planning

DEREK THARP


 **WORKSHOP** FRI, 7/25 • 9:30 – 11:30 A.M. • \$20

This workshop will examine how individuals and couples can plan for a sustainable income in retirement. We will examine how households can coordinate income from different sources, including pensions, Social Security, and retirement savings to develop a plan for navigating retirement. We’ll look at academic concepts in a practical manner and work through a case study that ties it all together. **Repeat remote workshop.** Format includes lecture.

*Derek Tharp, Ph.D., C.F.P., C.L.U., R.I.C.P. is a finance professor at USM. Derek has 13 years of experience as a financial advisor. He blogs at the Wall Street Journal’s Experts Blog and he has been quoted in publications such as The New York Times, Wall Street Journal, and Washington Post.*

## Social Security Planning

DEREK THARP


 **WORKSHOP** FRI, 7/11 • 9:30 – 11:30 A.M. • \$20

This workshop will cover key considerations for how to get the most from your Social Security benefit. We will cover topics such as the long-term health of the Social Security program, how to figure out how much you can expect to receive in retirement, when you should apply for Social Security benefits, how to coordinate claiming strategies with a spouse, ways to minimize taxes on Social Security benefits, and other important considerations for maximizing your Social Security benefit. **Repeat remote workshop.** Format includes lecture.

*Derek Tharp, Ph.D., C.F.P., C.L.U., R.I.C.P. is a finance professor at USM. Derek has 13 years of experience as a financial advisor. He blogs at the Wall Street Journal’s Experts Blog and he has been quoted in publications such as The New York Times, Wall Street Journal, and Washington Post.*

## Tax Planning in Retirement

DEREK THARP

 **WORKSHOP** FRI, 7/18 • 9:30 – 11:30 A.M. • \$20

This workshop will cover key considerations for planning for taxes in retirement. We will cover topics such as how various types of income are taxed in retirement, how to avoid Social Security and Medicare tax traps, how to take distributions from retirement accounts in a tax-efficient manner, and charitable giving in retirement. We will consider tax planning strategies from the perspectives of both those who are already in retirement and those who are still working toward retirement. **Repeat remote workshop.** Format includes lecture.

*Derek Tharp, Ph.D., C.F.P., C.L.U., R.I.C.P. is a finance professor at USM. Derek has 13 years of experience as a financial advisor. He blogs at the Wall Street Journal’s Experts Blog and he has been quoted in publications such as The New York Times, Wall Street Journal, and Washington Post.*



## QUESTIONS?

We are here to help you!

Email us:

[olliatusm@maine.edu](mailto:olliatusm@maine.edu)

Call us:

207-780-4406

Find these icons to find the right style for you:



IN-PERSON



REMOTE (ZOOM)



HYBRID




BLENDED

## WRITING

## Reading &amp; Writing the Personal Essay

RICHARD CASS

 **COURSE** MON, 6/23 – 7/28 • 12:45 – 2:45 P.M. • \$60


Montaigne invented the essay form, a personal approach to reflection and self-exploration. Composing essays invites the writer to question, doubt, and think. Join this group for a practice of reading and engaging with examples of the personal essay as a writer might, to mine techniques and ideas for an essay or essays of your own. We'll explore such writers as Barry Lopez, Joan Didion, E.B. White and others. Each class meeting will include time reading and discussing an example essay and writing exercises designed to generate material and draft essays of our own.

**New in-person course.** Format includes discussion and hands on learning.

**Richard Cass** is a lifelong writer who often doesn't know what he wants to say until he writes it. He takes great pleasure in helping other people who don't know what they want to say write it out, too.

## A Mid-Summer Spoken Poetry Fest

ROBERT LIBBY

 **WORKSHOP** FRI, 7/18 • 9:00 A.M. – 3:00 P.M. • \$30

We will celebrate Maine's great tradition of orally presented poetry with a learning workshop followed by a Galactic Slam. Great Maine poets presenting their work.

**Repeat in-person workshop.** Format includes lecture, discussion, writing, and performance.

**Robert Libby** has been writing and orally presenting poems for more than sixty years.



Find these icons  
to find the right  
style for you:



IN-PERSON



REMOTE (ZOOM)



HYBRID



BLENDED



## QUESTIONS?

We are here to help you!

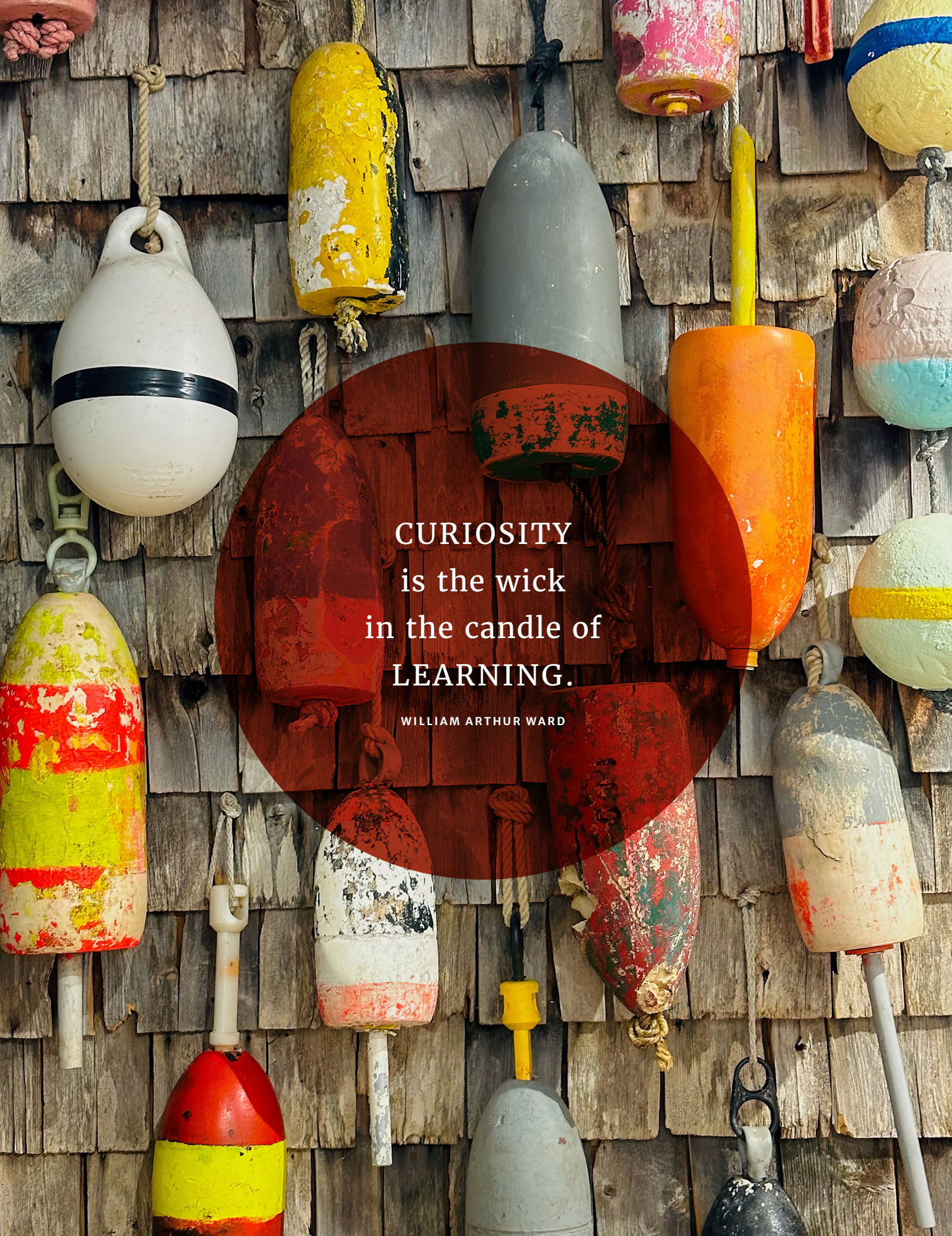
Email us:

[olliatusm@maine.edu](mailto:olliatusm@maine.edu)

Call us:

207-780-4406





CURIOSITY  
is the wick  
in the candle of  
LEARNING.

WILLIAM ARTHUR WARD



# Special Interest Groups

OLLI at USM offers many diverse activities beyond the classroom. Open exclusively to current OLLI members, our Special Interest Groups provide great opportunities to connect socially with people with similar interests.

*To participate in any Special Interest Group, you must be a current OLLI member and register online (See page 30). Special Interest Groups are not intended as instructional events. Some groups meet in-person, some via Zoom, and some blended. Many programs run year-round, except for July and August.*

## BICYCLE & NOSH

We enjoy bicycling together (utilizing both 'acoustic' and e-bikes), usually 10–30 miles per outing, on roads and trails. We usually stop during the ride for a light lunch or snack. *This group does not meet in the winter months.*

**FMI:** Contact Mark Love at [mlove196@maine.rr.com](mailto:mlove196@maine.rr.com)

## BOOK CLUB

Members meet monthly to discuss readings from various genres, including contemporary novels, classics, biographies, memoirs, short stories, etc.

**FMI:** Contact Karen Winslow at [kpwinslow@yahoo.com](mailto:kpwinslow@yahoo.com), or Anna Messmer at [aemessmer@maine.rr.com](mailto:aemessmer@maine.rr.com)

## BRIDGE CLUB

Those who enjoy playing bridge for fun are welcome to join this group, which meets weekly.

**FMI:** Contact Barbara Freeman at [bhfreewoman@gmail.com](mailto:bhfreewoman@gmail.com)

## CIVIL WAR ROUNDTABLE

This group is intended for participants who are interested in hearing about and discussing the period 1861–65 during the time of the American Civil War. For some meetings, there will be speakers, and/or discussion and/or films. The meetings will be planned through suggestions by the round table members. There is possibility of field trips to various historic locations related to the American Civil War.

**FMI:** Contact Dee Dee Wacksman at [dswacks@hotmail.com](mailto:dswacks@hotmail.com)

## ECLECTIC DIALOGUE JUNCTION: A TAPESTRY OF CONVERSATIONS

Embark on a stimulating journey of diverse discussions with our special interest group. Join us for engaging conversations sparked by thought-provoking articles, intriguing podcasts, or captivating topics that resonate with the curious mind. Each month will be a different topic: attend those that interest you.

**FMI:** Contact Elizabeth Housewright at [ehousewright@gmail.com](mailto:ehousewright@gmail.com), or Star Pelsue at [srpelsue@gmail.com](mailto:srpelsue@gmail.com)

## HISTORY BOOK CLUB

We will read and discuss one work of history each month, September – June. Topics include social, political, economic, and foreign policy as well as biography.

**FMI:** Contact Dawn Leland at [lelanddm@gmail.com](mailto:lelanddm@gmail.com) or Karen Day at [kday0718@gmail.com](mailto:kday0718@gmail.com)

## LET'S KNIT!

Are you a knitter in search of a knitting group? Here's an opportunity to meet and chat with fellow knitting enthusiasts every week in the Wishcamper Center during the USM OLLI Fall, Winter, and Spring terms. This is not an instructional group; a basic level of knitting skill is desirable.

**FMI:** Contact Linda Cuning at [cunninglk@gmail.com](mailto:cunninglk@gmail.com)

## MINDFULNESS MEDITATION

We meet for guided and/or silent meditation, some learning and discussion. All levels of experience are welcome.

**FMI:** Contact Cheryl Anderson at [pastor.cheryl0319@gmail.com](mailto:pastor.cheryl0319@gmail.com) or Richard Welsh at [rewelsh@verizon.net](mailto:rewelsh@verizon.net)

Find these icons to find the right style for you:

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 HYBRID  +  BLENDED

*"The Trail Steppers get outdoors for exercise and good conversation all year long. I love walking trails I've been on many times, as well as exploring those I've never walked before with this great group of people!"*

LIBBY DEMILLE, OLLI MEMBER SINCE 2018

### **OLLI SINGERS**

This group, directed by an experienced leader and supported by a skilled accompanist, meets weekly to have fun with vocal music and prepare for several performances each year. All are welcome.

**FMI: Contact Vicki Swerdlow at**  
[vicki@maine.rr.com](mailto:vicki@maine.rr.com)

### **OUTDOOR/WALKING CLUB**

Outdoor enthusiasts gather twice a month for invigorating walks in interesting places.

**FMI: Contact Rae Garcelon at**  
[raegarcelon@gmail.com](mailto:raegarcelon@gmail.com)

### **PHOTOGRAPHY CLUB**

We get together to share our knowledge of photography and our work. We meet monthly either in person or on Zoom. From time to time we go on group photo shoots or other field trips of interest to the group.

**FMI: Contact Sharon Roberts at**  
[sharonlh@gwi.net](mailto:sharonlh@gwi.net)

### **PICTIONARY GAME NIGHT**

Come join the fun! Stick figures are our specialty and sometimes they look like the word we are trying to draw. No art ability required. Meets twice monthly on Thursday afternoons via the easy-to-use Zoom whiteboard.

**FMI: Contact Steve Dorneman at**  
[stephendorneman@gmail.com](mailto:stephendorneman@gmail.com)

### **SCIENCE READING CLUB**

Every month, we will meet via Zoom to discuss *Scientific American*, a source covering a vast range of science topics. I will send some questions to think about before the meeting. Please read whatever appeals to you, so we can discuss things that might have puzzled, excited, or interested you.

**FMI: Contact Elizabeth Housewright at**  
[ehousewright@gmail.com](mailto:ehousewright@gmail.com) or visit  
[olliusmsciencediscussion.wordpress.com](http://olliusmsciencediscussion.wordpress.com)

### **TRAIL STEPPERS**

Weekly, we walk the paths and trails in and around Portland. We aim to choose beginner-friendly paths and trails, and we walk about 2–3 miles at a moderate pace for one to two hours. Occasionally we enlist experts to talk about natural or historical matters relating to particular locations. Carpooling is encouraged.

**FMI: Contact David von Seggern at**  
[vonseg1@sbcglobal.net](mailto:vonseg1@sbcglobal.net)

### **TRIVIA GAME NIGHT**

Use those fun facts you have stored in your gray matter. Join us for some laughs and interesting questions. You provide your own snacks and beverages. We provide the questions! All sessions will be on Monday evenings at 7:00 p.m. when announced.

**FMI: Contact Elizabeth Housewright at**  
[ehousewright@gmail.com](mailto:ehousewright@gmail.com), or  
Star Pelsue at  
[srpelsue@gmail.com](mailto:srpelsue@gmail.com)

### **VIRTUAL BOOK EXCHANGE**

Join us on Zoom on the fourth Wednesday of each month from 7:00 – 8:00 p.m. Bring a book (or books) you've read to share what you liked (or didn't) about the book(s). You'll get a list of titles and authors after the meeting, so you needn't take any notes.

**FMI: Contact Anne Cass at**  
[annebcass@gmail.com](mailto:annebcass@gmail.com)

### **NEW!**

#### **WRITING FOR HUNGRY SPIRITS**

Are you hungry for more than food? Are you hungry for spiritual nourishment? Are you ready to write your way to a deeper connection with your spiritual self? Come write and grow with us as we explore creative writing techniques and prompts in a positive and supportive environment.

**FMI: Contact Lynne Mentzer at**  
[revlynne1@gmail.com](mailto:revlynne1@gmail.com)



#### **QUESTIONS?**

**We are here to help you!**

**Email us:**

[olliatusm@maine.edu](mailto:olliatusm@maine.edu)

**Call us:**

**207-780-4406**



# How to register

So you've decided to register for a course (or two!) at OLLI — great!  
Now what? This section will walk you through the steps to register.

## Online registration

Online registration is a fast, convenient way to sign up for OLLI courses. We encourage all members to give it a try!

### BENEFITS

Online registration allows you to sign up for classes in real time, which increases the likelihood you will secure your first choice! You can tell how many spaces are available in your chosen class and add your name to a waitlist if a course is full. After you pay for your classes, you will receive an email confirmation of your registration. It is fast and secure.

### PAYMENT OPTIONS

**As of Spring 2025, OLLI is no longer accepting cash or checks as a form of payment.** Please contact the office to use scholarships, course certificates, or if you are a member at another Maine Senior College at [olliatusm@maine.edu](mailto:olliatusm@maine.edu).

*Please note: We cannot guarantee your class will be available when we register you after online registration opens. Manual registrations will be processed in the order in which they are received.*

### VISUAL INSTRUCTIONS

Would you rather have visual step-by-step instructions? Visual instruction guides are available at [usm.maine.edu/osher-lifelong-learning-institute/registration/](https://usm.maine.edu/osher-lifelong-learning-institute/registration/). Simply click on the Guidesheet links, shown below:

Visual Guides for our new online registration system

Guidesheet 1: [Visual guide to Step 1 & 2 Creating a new account & purchasing membership](#)

Guidesheet 2: [Visual guide to registration for current OLLI members](#)

Guidesheet 3: [How to Register and Pay for OLLI Courses & Workshops](#)

Guidesheet 4: [How to find your OLLI class online \(for registration\)](#)

## Tips for making online registration in the new system a breeze

Here are some tips to keep in mind to help your online registration be a successful, positive experience:

- **Log in early to test it out.**

We strongly recommend that everyone create their account and verify information *prior* to class registration day. We will share directions and be available for questions. If you run into a problem, email the OLLI Office at [olliatusm@maine.edu](mailto:olliatusm@maine.edu).

- **Sign in first, then browse.**

When you are ready to register (at 10:00 a.m. Wednesday morning), sign in first, then look for classes.

- **Make sure you're a member before you start.**

**IMPORTANT: Membership for 2024–2025 elapses on June 30th 2025, so you will need to renew your membership for 2025–2026.**

Memberships may be purchased at any time. See [page 5](#) for more information about membership.

### Want more helpful tips?

Visit OLLI Online Registration Assistance online at: [usm.maine.edu/osher-lifelong-learning-institute/registration](https://usm.maine.edu/osher-lifelong-learning-institute/registration).

### Still need assistance?

Call the OLLI office at 207-780-4406, Monday – Friday, 8:30 a.m. – 4:30 p.m.

## HOW TO REGISTER ONLINE

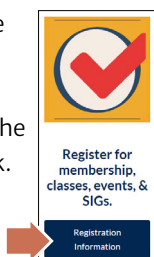
### OLLI is using a new registration system as of August 2024!

You may need to create a brand new account even if you were a previous OLLI member. See the steps, below.

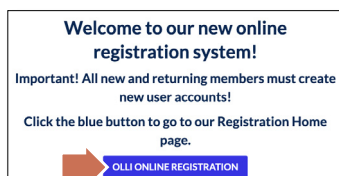
Visual instruction guides for all steps are available at [usm.maine.edu/osher-lifelong-learning-institute/registration](https://usm.maine.edu/osher-lifelong-learning-institute/registration). Still need assistance? Call the OLLI office at 207-780-4406!

#### 1 START REGISTRATION Go to the OLLI website at [usm.maine.edu/olli](https://usm.maine.edu/olli), then follow the three steps shown below:

First, select the **Registration Information** button below the red check mark.



Then, click the blue **OLLI Online Registration** button.



Finally, proceed to the **Sign In or Create Account** button.



#### 2 SIGN IN (2a) OR CREATE YOUR ACCOUNT (2b)

**2a. If you've enrolled in a class or workshop since Fall 2024,** sign in and proceed to **STEP 4**

**2b. If you haven't enrolled since Fall 2024,** complete the **Create New Account** section.

**TIP!** We strongly recommend that everyone create their account and verify information **prior to registration day**.

#### 3 IMPORTANT! ADD ANNUAL MEMBERSHIP TO YOUR CART before registering for classes. Membership for 2024–2025 elapses on June 30th 2025, so you will need to renew your membership for 2025–2026. Once the annual membership is in your shopping cart, you can continue to the registration homepage or check out.

#### 4 BROWSE OLLI OFFERINGS in the **Courses & Workshops** area organized by topic/subject areas, day of the week/ time of day, and instructor.



#### 5 SELECT DESIRED OFFERING(S) by clicking the **Add to Cart** button.

**Don't see an Add to Cart button when browsing the catalog?** This could mean registration is not open yet, you are not signed in, or you need to renew or add your annual membership to your shopping cart.

#### 6 COMPLETE ORDER by selecting the **Check Out** button.

- **Verify or add required information** in required fields as indicated by an asterisk (\*), and select **Next**.
- **Verify billing information** then select **Next**.
- **Continue at check out** by selecting **Purchase**.
- **Provide payment** via **Touchnet**, USM's secure payment site. Select **Credit Card**, then **Continue**. Fill in credit card information carefully (no phone numbers). Click **Continue**.

#### 7 THAT'S IT! A **Thank You** message means your order has been completed! Look in your email for a registration receipt.

## Manual registration

We recommend that all students complete registration online. Online registrations are processed first, in the order in which they are received, and manual registrations are delayed. However, we also offer a traditional form that can be filled out and submitted via email, regular mail, or in-person drop off.

### HOW TO REGISTER MANUALLY

#### 1 LOCATE THE REGISTRATION FORM.

- **To use the form in this book (printed)**, tear out the page and/or make a copy of it.
- **To use the form in this book (digital PDF)**, print out just [page 33](#).
- **To find the form online**, go to [usm.maine.edu/olli/olli-courses-and-lectures](https://usm.maine.edu/olli/olli-courses-and-lectures). Click on **Print Registration Form**. The form will open in a new window. To download, click the down arrow icon in the top right corner. To print, click the printer icon in the top right corner.

#### 2 FILL OUT FORM by hand or digitally.

- **To fill out by hand**, print clearly using a printed sheet.
- **To fill out digitally**, open a fresh downloaded form in Adobe Acrobat Reader. Save as a new file, type into the highlighted fields, and re-save. (Don't have Adobe Reader? Download at [get.adobe.com/reader](https://get.adobe.com/reader))

#### 3 SUBMIT COMPLETED FORM WITH PAYMENT INFORMATION by email (preferred) or via mail.

**Please note: OLLI is no longer accepting cash or checks as a form of payment.**

- **To email a hand-written form**, take a photo of the form with your phone or scan it, then email it to [olliatusm@maine.edu](mailto:olliatusm@maine.edu).
- **To email a digital form**, re-save the file with your full name in the file name, then email it to [olliatusm@maine.edu](mailto:olliatusm@maine.edu).
- **To drop off form in-person**, bring your printed form to the OLLI office and a staff member or office volunteer can take your registration or help you sign-up. OLLI is housed in 210 Wishcamper Center on the Portland Campus of USM. The GPS address is 44 Bedford Street, Portland, Maine, 04101.

#### 4 THAT'S IT! We will be in touch with you the week after registration opens if we have any questions.

## Tips for a smooth manual registration

Here are some tips to keep in mind to assure your form is processed without delay:

#### • Please use only ONE form per registrant.

For example, if you and your partner are both registering, each of you will need to complete your own form, even if you are registering for the same class(es).

#### • Fill out the top section of the form completely.

Leaving sections blank can slow registration.

#### • Rank courses by importance to you.

Write the course name for your first choice selection in the *1st Course* column, your second choice in the *2nd Course* column, and so on.

#### • Provide alternative choices.

We highly recommend adding alternative courses in case your top choices fill before we can register you. These should be written in the *Alternative 1st Course*, *Alternative 2nd Course*, etc. columns next to your primary choices.

#### • Record prices accurately.

Record itemized fees in the *Cost* column next to each entry, then add up the total fees for all courses and workshops (and membership, if applicable). Note the amount in the space marked *Total Registration Cost*.

#### • Double check payment info.

Provide credit card information in full to avoid possible delays. **Cash and checks are no longer accepted as forms of payment.**

#### Want more helpful tips?

Email the OLLI staff at [olliatusm@maine.edu](mailto:olliatusm@maine.edu) or call 207-780-4406.





# Course Registration 2025

SESSION: ☐ WINTER ☐ SPRING ☐ SUMMER ☐ FALL ☐ OTHER \_\_\_\_\_

MEMBERSHIP: ☐ CURRENT ☐ NEW ☐ RENEWING  
RECEIVED: DATE \_\_\_\_\_ INITIALS \_\_\_\_\_

OFFICE USE

## ABOUT YOU (Only one person per form, please)

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Mailing Address: Street \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Date of Birth: (MM/DD/YYYY) \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Is any information above new? ☐ Address ☐ Phone ☐ Email

☐ I'd like an OLLI nametag with this name: \_\_\_\_\_

I grant photo permission. OLLI may reproduce my image for ☐ Yes  
educational/promotional purposes if I appear in photos of programs. ☐ No

## EMERGENCY CONTACT

Name \_\_\_\_\_

Phone \_\_\_\_\_

## YOUR PAYMENT INFORMATION

Card Type: ☐ Visa ☐ MasterCard ☐ Discover

Card No: \_\_\_\_\_

Exp. Date: (MM/YY) \_\_\_\_\_ / \_\_\_\_\_ Code: (on back of card) \_\_\_\_\_

Name on Card: \_\_\_\_\_

Questions? Please email [olliatism@maine.edu](mailto:olliatism@maine.edu) or call 207-780-4406.

## YOUR PROGRAM SELECTIONS

### COURSE / WORKSHOP TITLE

### COST

**1** 1st Choice: \_\_\_\_\_

\$

Alt. Choice: \_\_\_\_\_

**2** 1st Choice: \_\_\_\_\_

\$

Alt. Choice: \_\_\_\_\_

**3** 1st Choice: \_\_\_\_\_

\$

Alt. Choice: \_\_\_\_\_

**4** 1st Choice: \_\_\_\_\_

\$

Alt. Choice: \_\_\_\_\_

**5** 1st Choice: \_\_\_\_\_

\$

Alt. Choice: \_\_\_\_\_

Your Total Course / Workshop Cost \$

☐ Check box if you're over 90 — it's free!

Annual Membership, if applicable

+\$

Your tax deductible contribution to OLLI (Optional)

+\$

YOUR TOTAL REGISTRATION COST

\$

OFFICE USE

CAMPUS CE \_\_\_\_\_

DATE PROCESSED \_\_\_\_\_

MISC \_\_\_\_\_

CC: LAST 4 DIGITS \_\_\_\_\_

## NOTES

[illegible]

## LAND ACKNOWLEDGMENT

We wish to acknowledge the land and water that the University of Southern Maine (USM) campuses occupy, as well as the ancestral and contemporary peoples indigenous to these places in the Dawnland.

Our campus lands were the ancestral fishing, hunting, and agricultural grounds inhabited by the Abenaki and Wabanaki people for thousands of years.

We recognize that we are on indigenous land. In addition to the Abenaki, the broader place we now call Maine is home to the sovereign people of the Wabanaki Confederacy: the Penobscot, Passamaquoddy, Maliseet, and Mi'kmaq peoples. We exist on their unceded homelands.

We also acknowledge the uncomfortable truths of settler colonialism, among them that the peoples indigenous to this place were often forcibly removed from it. Harm from the physical and cultural genocide of Native people here and throughout the land we now call Maine continues and is felt by members of the Wabanaki Confederacy who live here today, including our own Wabanaki students, staff, and faculty.



## QUESTIONS?

**We are here to help you!**

**Email us:**

olliatusm@maine.edu

**Call us:**

207-780-4406

# Important Dates

OLLI SUMMER 2025

The summer session will run from June 23 – August 1.  
Mark your calendar for these other important dates.

**MAY 28**

**Online registration for OLLI summer courses begins.**

The registration system will automatically turn on at 10:00 a.m. Students with scholarships, gift certificates, free memberships, or other waivers must contact us at [olliatusm@maine.edu](mailto:olliatusm@maine.edu) **before May 28**, so staff can process them promptly. We cannot guarantee your first-choice class, but you will be our top priority the morning after registration goes “live.” Scholarships, gift certificates, free memberships, or other waivers will be accepted **after May 28**, but some classes and workshops may be full, so please turn them in as soon as possible.

**JUN 2**

**OLLI staff begins processing mail-in, drop-off, and taking phone registrations.**

**JUN 9**

**Course and workshop offerings open to the Maine Senior College Network.**

Please contact us at [olliatusm@maine.edu](mailto:olliatusm@maine.edu) and leave your name and phone number plus the course you are interested in. We will contact you to enroll.

**JUN 23**

**OLLI summer session classes start**

**JUL 3**

**Deadline to receive a refund on dropped courses.**

**JUL 11, 18, 25**

**OLLI summer workshops**

**AUG 1**

**OLLI summer session ends**

**AUG 4–7**

**OLLI summer session make-up week**

**The OLLI Staff is on holiday June 19 and July 4.** The OLLI office and USM will be closed on these dates. If you have an in-person class scheduled in Wishcamper on these dates, your class will not meet. If you have a remote class scheduled on these dates, please get in touch with your instructor to see if they plan to observe the holiday.



**QUESTIONS?**

**We are here to help you!**

**Email us:**

**[olliatusm@maine.edu](mailto:olliatusm@maine.edu)**

**Call us:**

**207-780-4406**



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