HCE 690/691 Individual Counseling Practicum
Evaluation of Student Progress
Midterm/Final

This evaluation provides the opportunity for both students and supervisors to both rank and describe the progress of students through the semester. For each item, please rank yourself, then describe the reasons you ranked yourself that way.

1 = not progressing in an acceptable manner
2 = needs more time in this area
3 = average progress
4 = somewhat above average progress
5 = accomplished skills in this area

1. Starting
   ____ Success in setting up a site
   ____ Ability to establish relationship with site liaison
   ____ Organization of client sessions (taping, times, duration)
   ____ Disclosure statement readiness

2. Professional Behavior
   ____ Consistently behaves in a professional way with clients
   ____ Is consistently professional with practicum site personnel

3. Organization
   ____ Preparation for supervision
   ____ Timeliness and quality of paperwork
   ____ Has tapes prepared

4. Eliciting information from clients
   ____ Obtaining basic biographical data
   ____ Communication regarding client’s reason for being there
   ____ Can ascertain the attitudes and feelings of the client toward the process and the counselor
   ____ Can establish what the client expects from the counselor and the process
   ____ Identifies client’s community and family resources, as well as their utilization of these resources
5. Recognize and understand the content presented by the client
   ____ Can ascertain the details presented by the client (i.e., who, what, when, where, why)
   ____ Ability to integrate these facets into the counseling process

6. Recognize and understand client affect
   ____ Ability to recognize and understand changes in client affect
   ____ Ability to recognize and understand extremes in client affect
   ____ Ability to accurately reflect client affect

7. Distinguish the differences in the cognitive and affective messages of the client
   ____ Ability to recognize the difference between affect and content
   ____ Recognizes when client presents with discrepancies between affect and content
   ____ Ability to explore these with client in session

8. Transmit understanding of the affective and cognitive messages to the client
   ____ Shows knowledge of details regarding what client has said
   ____ Can paraphrase when appropriate what has been communicated
   ____ Verbally demonstrates understanding of client content and feeling

9. Awareness of the systems in which the client functions.
   ____ Demonstrates awareness of the client’s family systems.
   ____ Demonstrates a beginning understanding to the institutional systems in which the client exists (such as agency or school).

10. Establishing a safe and accepting environment for the client
    ____ Can recognize the extent of inhibitions of client in interaction with the counselor
    ____ Can assist the client in overcoming inhibitions
    ____ Can offer, when appropriate, sharing of one’s own strengths/limits with client
11. **Distinguish client’s needs from one’s own needs**
   - Demonstrates knowledge of one’s own inhibitions
   - Demonstrates knowledge of oneself, limits, and strengths
   - Shows a recognition of similarities and differences between oneself and client
   - Does not bring one’s own problems into the counseling session
   - Makes the clients problems the priority of sessions

12. **Ability to articulate client’s areas of concern/strengths**
    - Can identify client’s problem areas
    - Identifies client’s strengths
    - Can identify the personality dimensions related to the client’s problems
    - Can specify problems in order of priority of client’s needs
    - Determines what the client has done up to now to solve the problem
    - Determines the external and internal resources available to the client (including family/community strengths and limitations)
    - Determines if the problem is within range of the counselor’s training and experiences and if not, can define referral procedures

13. **Goal setting and treatment planning**
    - Ability to define and set goals
    - Ability to formulate and implement simple treatment plans to meet client goals
    - Demonstrates skills in using progress notes

14. **Ability to articulate understanding of counseling process**
    - Can identify the distinctions between process and content
    - Can analyze the stages of the counseling interview
15. Demonstration of core skills
   ___ Demonstrates empathy, positive regard, respect, genuineness
   ___ Can reflect thoughts, meaning, feelings
   ___ Is immediate with clients
   ___ Ability to confront client, dig deeper
   ___ Is appropriate regarding the developmental context of the client

16. Awareness of self
   ___ Ability to articulate one’s own current theoretical development of counseling
   ___ Understand how one’s own life processes impact and change the counseling process and vice versa
   ___ Show evidence of openness to feedback
   ___ Can implement this feedback onto one’s counseling style
   ___ Can evaluate own effectiveness in counseling
   ___ Demonstrates knowledge and skills as a supervisee

17. Use of self
   ___ Appropriate self disclosure
   ___ Uses humor appropriately
   ___ Shows awareness of transference issues

18. Ethical Awareness
   ___ Demonstrates understanding of how principles and ethics influence counselor decision-making process
   ___ Is aware of and responds accordingly to the use of technology and the related ethical implications
19. Diversity Awareness
   ____ Can identify and prevent cultural bias in counseling
   ____ Begin to understand the effects of prejudice and trauma on a client’s concerns and life development
   ____ Recognizes and responds to individual differences, as well as to qualities and characteristics of groups in a pluralistic society
   ____ Demonstrates an understanding and appreciation of the context in which the client lives (i.e., culture/family/community)

20. Termination
   ____ Processes termination dynamics with client
   ____ Effectively summarizes the counseling process in session
   ____ Offers referrals as necessary

21. What do you feel are your strengths?

22. What are your areas of further growth in which you are aware?

23. Other comments?

____________________________________________________________________  _____________________

Student            Date

____________________________________________________________________  _____________________

Supervisor          Date

1/08