HRD 626  Group Process & Procedures

The course focuses on basic principles of group development and on dynamics of group interaction. The improvement of facilitative skills will be emphasized.

Prerequisite: Open to matriculated graduate students only or permission of the instructor.

Credit Hours: 3
Course Type: Variable
Ideal Class Size: 20

Relationship to CEHD Core Values

Democracy: Students explore democratic, autocratic, and laissez-faire styles of group leadership.

Civility & Caring: These values are at the core of every counseling course. Civility in the communication process is emphasized.

Equity & Diversity: Pluralistic perspectives are explored as a part of understanding how to work in groups.

Social Justice: Not directly examined in this course.

Scholarship: All research papers are completed according to APA guidelines.

Ethical Practice: Students sign a Code of Ethics Attestation statement upon entry into the Counselor Education program, and all students are responsible for abiding by the professional Code of Ethics in all course work and activities that represent program outcomes and standards.

Course Goal

This course will prepare students to understand and apply group dynamics in a variety of settings, particularly counseling groups.

Course Outcomes

Students will be able to:

1. understand the relationship between task and relationship issues in groups.
2. identify and improve personal effectiveness in groups.
3. recognize leadership styles and their effects on a group.
4. develop skills in leading learning and counseling groups.
5. understand ethical issues as applied to group counseling.
6. recognize individual roles, needs, expectations and influence in a group.
7. demonstrate understanding of the theoretical concepts underlying the dynamics of groups and their applications to group counseling.
8. explore gender and cultural issues in group interaction.
9. apply knowledge of the stages of group process.
10. identify various types of groups and how helping professionals can influence their effectiveness.
11. recognize different processes and roles in group decision-making.

11/06
Revised 9/08