HRD 642 Perspectives in Chemical Dependency

This course will focus on the overall dynamics of chemical dependency and will serve as an introduction to understanding the various stages, processes and effects of such addictions. Specific topics will include social and psychological dynamics of chemical dependency involving family, peers and co-workers. The roles which professional educators, human service workers, and other helping professionals play in prevention, early intervention, and the various approaches to recovery and aftercare will be considered in depth.

Prerequisite: None
Credit Hours: 3
Course Type: Variable
Ideal Class Size: 25

Relationship to CEHD Core Values
Democracy: The counseling profession honors the concepts of client rights and promotes personal decision-making.
Civility & Caring: The entire counseling profession is centered on caring and civility.
Equity & Diversity: Multicultural perspectives are considered as part of the course content.
Social Justice: Addictions counselors advocate for client resources and services.
Scholarship: Research about effective programming for people with addictions is explored.
Professional Learning & Continuous Improvement: This course is part of the LSAC certificate program.
Ethical Practice: Students sign a Code of Ethics Attestation statement upon entry into the Counselor Education program, and all students are responsible for abiding by the professional Code of Ethics in all course work and activities that represent program outcomes and standards.

Goal

To educate students about the nature of chemical dependency and related psychological and social issues, and to provide a framework for the understanding of the various approaches to prevention and treatment.

Objectives

Students will be able to:

1. understand the nature of chemical dependency including a description of effects, stages, and likely outcomes.
2. understand the characteristics of a chemically dependent person.
3. understand the dynamics of the dependent family systems.
4. become aware of a variety of treatment models and their theoretical bases.
5. become cognizant of possible treatment modes: institutional settings, self-help, and counseling.
6. become familiar with literature and research on chemical dependency.
7. understand ways of using various techniques in the prevention of chemical dependency (e.g., peer helper programs; project graduation, training of school/community teams)
8. understand the relationship of special population groups to chemical dependency problems (e.g., adolescents, older persons, women, ethnic groups, handicapped persons).
9. understand the role of the helper in a therapeutic setting, including issues of stress and personal involvement.
10. discuss the role of professional ethics when treating persons with chemical dependency.

1/95
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