HCE 645 Diagnosis & Treatment Planning

This course focuses on diagnostic systems and their use in counseling. The development of treatment plans and the use of related services are reviewed. The role of assessment, intake interviews and reports are examined.

Prerequisite: HCE 621 or permission of the instructor.

Credit Hours: 3
Course Type: Variable
Ideal Class Size: 18

Relationship to CEHD Core Values
Democracy: Legal and ethical issues of diagnoses and treatment planning are explored.

Civility & Caring: The entire counseling profession is centered on caring and civility.

Equity & Diversity: The influence of gender, cultural, and racial bias are explored as important considerations of any diagnosis.

Social Justice: Counselors must insist on ethical applications that meet client needs.

Scholarship: The most current literature on psychopathology and treatment interventions are explored.

Professional Learning & Continuous Improvement: Required course in the Mental health Counseling concentration, and a popular elective for those in the School Counseling concentration.

Ethical Practice: Students sign a Code of Ethics Attestation statement upon entry into the Counselor Education program, and all students are responsible for abiding by the professional Code of Ethics in all course work and activities that represent program outcomes and standards.

Course Goal:
This course reviews the assessment and diagnosis of mental disorders using the DSM classification system and the common treatment approaches for each of the major mental disorders.

Course Outcomes
Students will be able to:
1. define the terms mental health, mental disorder, normal and abnormal behavior
2. understand the politics of diagnosis, to include the influence of gender, cultural, and racial bias
3. conduct a structured intake interview and mental status exam
4. identify normal, abnormal, deviant or psychopathological behavior
5. understand the relationship between ICD-9-CM and DSM IV
6. apply the basic principles of record keeping for the practice of mental health counseling
7. describe relevant behaviors, symptoms, and etiology of major mental disorders
8. formulate a diagnosis based on the Diagnostic and Statistical Manual of Mental Disorders IV categories
9. describe common counseling approaches used with clients with major mental disorders
10. identify the basic classifications, indications, and contraindications of commonly prescribed psychopharmacological medications
11. understand ethical issues related to diagnosis and treatment planning

11/07
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