HCE 690  Individual Counseling Practicum Seminar

Through lecture, discussion and group supervision students learn to apply professional knowledge and skills to the practice of counseling with individuals. Role playing, video and audio tapes, and demonstrations are used in helping students develop an integrated counseling style. This course is taken concurrently with HCE 691.

Prerequisite: HCE 620, HCE 621 and HCE 626. Students planning to work with children and adolescents in a school or agency setting must taken HCE 622 prior to, or concurrently (with instructor permission), with practicum.

Credit Hours: 3
Course Type: Practicum
Ideal Class Size: 10

Relationship to CEHD Core Values
Democracy: The counseling profession honors the concepts of client rights and promotes personal decision-making.
Civility & Caring: The entire counseling profession is centered on caring and civility.
Equity & Diversity: Multicultural competence is an ethical obligation of the counseling profession and must be in evidence in the practicum experience.
Social Justice: Client/student advocacy is an ethical obligation for all counselors and counseling students.
Scholarship: Student work must reflect current national models of excellence and an identified theoretical framework that guides the counseling process.

Professional Learning & Continuous Improvement: Disclosure statements are required at all practicum sites. Review of audio- and videotaped counseling sessions focus on professional strengths and areas needing improvement.
Ethical Practice: Students sign a Code of Ethics Attestation statement upon entry into the Counselor Education program, and all students are responsible for abiding by the professional Code of Ethics in all course work and activities that represent program outcomes and standards.

Course Goal
The aim of this course is to improve counseling skills and add to a repertoire of therapeutic approaches.

Course Outcomes
Students will be able to:
1. learn how to conduct a counseling intake.
2. develop procedures for meeting with clients.
3. develop skills in performing intake procedures with a client.
4. elicit information from clients.
5. learn the essential aspects of a dangerousness assessment.
6. analyze the stages of the counseling interview.
7. identify the process of helping clients to change.
8. understand how the principles of counseling and ethics influence the counselor’s decision making process.
9. develop a personal theory and style of counseling.
10. develop knowledge and skills as a supervisee in individual and peer supervision.
11. utilize a peer supervision structure in processing client/counseling issues.
12. develop a greater self-knowledge
13. develop skills in evaluating counselor effectiveness.
14. recognize and respond to individual differences, as well as to qualities and characteristics of groups in a pluralistic society.

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