HCE 691  Individual Counseling Practicum Laboratory

This laboratory is an intensive experience in the direct application of counseling skills and techniques to individual clients within the context of counseling sessions. Audio and video tapes will be reviewed individually with a faculty supervisor. This course must be taken concurrently with HCE 690.

Prerequisite: HCE 620, HCE 621, HCE 622 (school counseling specialty ONLY), and HCE 626.

Credit Hours: 3
Course Type: Practicum/Field Experience
Ideal Class Size: 5

Relationship to CEHD Core Values

Democracy: The counseling profession honors the concepts of client rights and promotes personal decision-making.

Civility & Caring: The entire counseling profession is centered on caring and civility.

Equity & Diversity: Multicultural competence is an ethical obligation of the counseling profession and must be in evidence in the practicum experience.

Social Justice: Client/student advocacy is an ethical obligation for all counselors and counseling students.

Scholarship: Student work must reflect current national models of excellence and an identified theoretical framework that guides the counseling process.

Professional Learning & Continuous Improvement: Disclosure statements are required at all practicum sites. Review of audio- and videotaped counseling sessions focus on professional strengths and areas needing improvement.

Ethical Practice: Students sign a Code of Ethics Attestation statement upon entry into the Counselor Education program, and all students are responsible for abiding by the professional Code of Ethics in all course work and activities that represent program outcomes and standards.

Course Goal
The aim of this course is to enhance the development and application of counseling skills to the process of therapeutic counseling.

Course Outcomes
Students will be able to:

1. establish a safe and accepting environment for the client.
2. develop skills in performing intake procedures with a client.
3. elicit information from the client.
4. develop skill in conducting assessments with clients.
5. analyze the stages of the counseling interview.
6. develop a personal theory and style of counseling.
7. formulate and implement simple treatment plans.
8. identify the process of helping clients to change.
9. distinguish the client's needs from one's own needs.
10. acquire skill in using progress notes and taking case histories.
11. develop skills in evaluating counselor effectiveness.
12. identify and prevent cultural bias in counseling.
13. apply skills in the use of technology to case report writing and understand the related ethical implications.

11/06
Revised, 9/08