

RESOURCES & SUPPORT

Free and Confidential Services

Sexual Assault

mecasa.org | 1-800-871-7741

24-hour confidential crisis and support line

Domestic/Dating & Relationship Abuse

familycrisis.org | 1-800-537-6066

24-hour confidential crisis and support line

USM Health and Counseling Services

usm.maine.edu/uhcs | 207-780-4050

Individual and group counseling & support sessions, connections with other services

USM Religious & Spiritual Life Council

usm.maine.edu/sul/usm-religious-spiritual-life

Space for reflection & support with ordained chaplains from diverse religious and spiritual traditions

ADDITIONAL CAMPUS SUPPORT

USM Wellness Center

Portland: 207-780-4996

Gorham: 207-780-5375

Center for Sexualities & Gender Diversity

207-780-5767

USM Residential Life

207-780-5240

TO MAKE A REPORT

EMERGENCY:

USM Public Safety: 207-780-5211

USM Public Safety is available 24 hours a day to ensure student and community safety, connect with advocates, and work with local law enforcement.

NON-EMERGENCY:

Deputy Title IX Coordinator, Sarah Holmes, 207-780-5767

The Coordinator will ensure that the rights of the student are protected, assistance is provided, and appropriate measures are taken to protect both the student and the USM community.

USM CAMPUS SAFETY PROJECT OFFERS:

- Prevention & Response Training for students and employees
- Programming for all incoming students
- Coordination of campus- and community-based services
- Active Bystander education to improve campus climate
- Review and Revision of related USM policies and protocols
- “Don’t Cancel That Class!” and other presentations



Rights and Resources:

Sexual Assault, Sexual Harassment, Stalking, Domestic/Dating Violence, Retaliation and Relationship Abuse

Visit: usm.maine.edu/campussafetyproject

Information for USM Employees

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DEFINITIONS

Consent: Consent must be informed, freely and actively given, and consist of a mutually agreeable and understandable exchange of words or actions. Consent is active, not passive, and can be withdrawn at any time. Silence, in and of itself, cannot be interpreted as consent.

Sexual Harassment: Unwelcome sexual advances, requests for sexual favors, other verbal/physical conduct of a sexual nature, including sexual assault, made with explicit/implicit condition that submission or rejection of such will affect an individual's employment, education, living environment, or participation in a University program or activity.

Domestic/Dating Violence: Intentionally, knowingly or recklessly causing bodily injury or offensive physical contact to a family or household member (current or former), or by an individual who is/has been in a relationship of a romantic/intimate nature with another person.

Relationship Abuse: A pattern of abusive and coercive behaviors used to maintain power and control over a former or current intimate partner. Abuse can be emotional, financial, sexual, or physical.

Stalking: A course of conduct that would cause a reasonable person to suffer serious inconvenience or emotional distress, to fear bodily injury or death to self or close relative, to fear damage or destruction to/tampering with property, or to fear injury or death of an animal owned or possessed by that person.

Sexual Assault: Subjecting another person to sexual contact to which that person has not consented, or has only submitted to due to compulsion, or to which that person cannot legally consent due to age or physical or mental incapacity.

SERVICES FOR STUDENTS

Emergency:
USM Public Safety 207-780-5211

Non-Emergency:
Assistant Dean of Students, Deputy Title IX Coordinator 207-780-5767

1st Response:
Immediate action plan for safety, connect student to advocates, local police and university services.

Safety Planning:
No contact and no trespass orders, and other tools to enhance student safety on/off campus.

Housing Assistance:
Room adjustment and emergency housing.

Academic Course Adjustments:
Working with faculty to adjust course work and class schedules.

Student Conduct:
Hearing process in which charges are brought for alleged violations of the Student Conduct Code.

RESPOND. REFER. REPORT.

All USM employees (except for clinicians in Health and Counseling, and ordained Chaplains) are mandated reporters for students disclosing sexual harassment, sexual assault, stalking, domestic/dating violence, or dating abuse. If a student confides in a USM employee the following procedures must be followed:

RESPOND:

Listen to the student without judgment. Reassure them that you will connect them to support and services.

REFER:

Connect the student to campus confidential support, University Health and Counseling Services, or an ordained Chaplain from the USM Religious and Spiritual Life Council, and offer to call an off-campus sexual assault or domestic violence advocate or hotline with them.

REPORT:

Tell the student you must report the facts of their situation to the Title IX Coordinator to ensure that the student has received all possible resources and that there is no threat to the USM Community

