Program Objectives
The Social and Behavioral Sciences (SBS) degree program integrates perspectives from psychology, sociology, and anthropology as it prepares students for careers in social services, mental health, law and public policy, early childhood care, and education.

Designed to enhance students' understanding of the psychosocial and cultural influences shaping individual lives and social institutions, the curriculum interweaves interdisciplinary courses in liberal arts (the LAC Common Core curriculum) with foundational SBS courses and a variety of courses providing more specific tools of the trade.

Students expand upon this knowledge through choices made from an extensive array of elective courses.

Many students focus their choice of electives thematically, pursuing a Concentration in Counseling (with or without an MHRT/C subtrack), a Concentration or Minor in Public Health, or a Concentration or Minor in Early Childhood Studies.

Degrees & Concentrations Offered
Graduation Planner: usm.maine.edu/advising/degreeplanning
Degree Offered: Bachelors of Arts
Major Offered: Social and Behavioral Science
Concentrations Offered: Counseling, Early Childhood Studies, Public Health
Minors Offered: Early Childhood Studies, Public Health

SOCIAL AND BEHAVIORAL SCIENCE

Career Possibilities*
Academic/Career Counselor
Adolescent Counselor
Associate Director
Business Owner
Care Coordinator
Case Management/Team Leader
Case Manager
Child Protective Worker
Clinical Coordinator
Community Educator
Community Service and Service Learning
Consumer Services Associate
Court Advocate
Crisis Intervention Specialist
Developmental Therapist
Economic Developer
Education Coordinator
Family Support Specialist
Hospice Volunteer Coordinator
Human Services Caseworker
Licensed Social Worker
Occupational Therapist
Peer Counselor

* Additional education, training or experience may be required.

Acquired Transferable Skills
Active Listening
Critical Thinking
Effective Writing
Instructional Learning Strategies
Integrative/Systems Thinking
Presentation and Speaking Skills
Reading Comprehension
Social Perceptiveness
Team Skills

For more information on transferable skills go to: usm.maine.edu/community-engagement-career-development/career-tools

Social and Behavioral Science
Lewiston Auburn Campus
(207) 753-6500

Web Address: usm.maine.edu/sbs
Facebook: Social & Behavioral Sciences — University of Southern Maine
## What can I do with this major?*

<table>
<thead>
<tr>
<th>AREA</th>
<th>EMPLOYERS</th>
<th>INFORMATION/STRATEGIES</th>
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</thead>
<tbody>
<tr>
<td>Teacher</td>
<td>Head start programs</td>
<td>• Graduates must submit an application, fee and official transcripts to The Maine Department of Education (DOE), which will complete an evaluation and send back a letter (checklist) indicating requirements met (e.g., courses already approved toward the certification) and any remaining requirements to be met. Many Early Childhood --Studies courses are Maine Early Childhood Teacher Birth-5 (081) pre-certified. This is an additional and different certification than the K-3 (029) or K-8 (020) Endorsement.</td>
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<td>Preschools</td>
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<td>Day Cares</td>
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<td>K-12 via ETEP</td>
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<td>Counseling</td>
<td>Agencies</td>
<td>• At the Bachelor’s level, many Maine employers require the MHRT/C to be hired. Independent practice requires a graduate (MA or Ph.D.) degree and a License.</td>
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<td></td>
<td>Private owned</td>
<td>• There are many routes you can go in counseling: behavioral therapists, mental health counselors, school counselors, substance abuse counselors, and rehab counselors to name a few.</td>
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<td>Schools</td>
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<td>Hospitals</td>
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<td>Police Stations</td>
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<td></td>
<td>Government</td>
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<td>Social Work</td>
<td>Employment specialist/ program development</td>
<td>• To practice social work in Maine at the Bachelor’s level, SBS graduates can receive a Conditional Licensed Social Worker (referred to as LSX)1 license with which they can then go on to earn their LS (Licensed Social Worker) license. To practice clinical social work as an independent practitioner in Maine, an MSW (Masters in Social Work) and a Licensed Clinical Social Worker (LC) license are required.</td>
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<td>Head Start</td>
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<td>Hospice work</td>
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<td>Human services casework</td>
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<td>Law and legislative policy</td>
<td>Government</td>
<td>• In addition to serving as a strong foundation for admission into a range of graduate school programs, the SBS degree has prepared students and aided in career advancement in a wide variety of professions in human services, mental health, education and business. SBS graduates occupy positions throughout public and private sectors in Maine</td>
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<td>Town Halls</td>
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<td>Legislators</td>
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### Enrichment Opportunities

**Internships**

For more information contact Dept. of Social and Behavioral Science, usm.maine.edu/cecd

**Study Abroad**

For more information contact the USM Office of International Programs, usm.maine.edu/international/study-abroad

**Clubs & Organizations**

For a complete list of student organizations: webapp.usm.maine.edu/pathways/list

**USM Corporate Partners**

The USM Corporate Partners are over 350 business people, from nearly 100 companies, usm.maine.edu/corporatepartners

### Helpful Career Links

**USMCareerConnections:**

USM's career network for job and internship searches, usm.maine.edu/community-engagement-career-development/usmcareerconnections

**O*NET OnLine:**

Learn more about a career opportunity by researching it with O*NET, onetonline.org

**Occupational Outlook Handbook:**

Learn more about a career opportunity by researching it with OOH, bls.gov/ooh

**PROFESSIONAL ASSOCIATIONS** To name a few:

- American Public Health Association
- National Association for the Education of Young Children
- Professional Association for Childhood Education
- Association for Childhood Education International
- American Counseling Association
- American Mental Health Counseling Association
- American Psychological Association (APA)
- ASCA or American School Counselor Association