

COUNSELOR EDUCATION ANNUAL NEWSLETTER

2019-2020 Academic Year

STUDENT PROFILE: AUBREY HASKELL

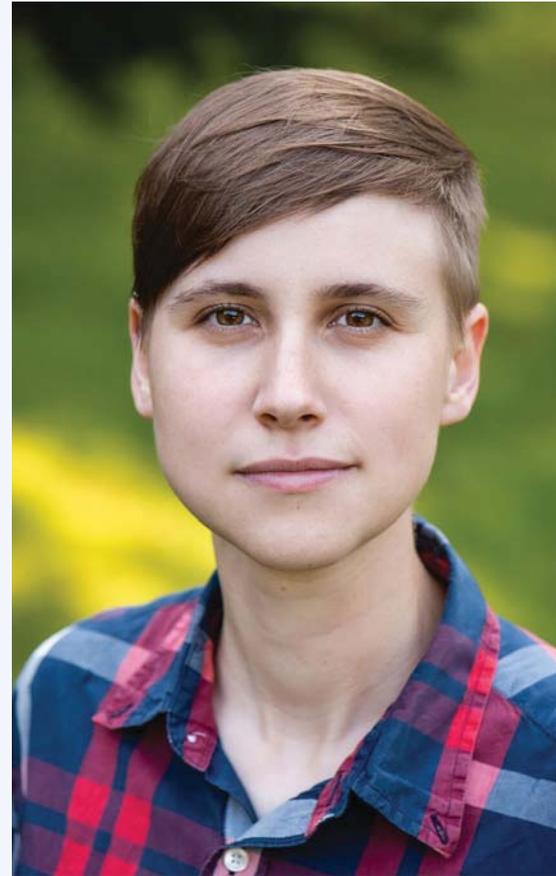
What brings someone to the Counselor Education Program? Students have a plethora of reasons for applying for and then enrolling in one of 3 tracks that USM offers in Counselor Education. For Aubrey Haskell there really was no question that they would attend USM's program, but only after asking some hard questions of themselves and the people around them.

After graduating from Clark University in Worcester, MA Aubrey found themselves working at The Shalom House where their favorite activity was sitting and talking with residents. After a while Aubrey found themselves working at Spring Harbor Hospital where they were afforded the opportunity to dig into the difference between Social Work and Counseling. Finding themselves more drawn to a Counseling program, Aubrey sought out programs that would afford them the opportunity to learn about working with families, a specialization that University of Southern Maine offers.

As they get ready to graduate, Aubrey says that the best part of being a student in the Counselor Education program are the professors, who offer themselves so freely and inspire students to stretch themselves in creative ways. When asked about who their favorite professor is, Aubrey wasted no time in responding with one name: Charlie Kennedy. Dr. Kennedy, who as an adjunct teaches Counseling Skills, exemplifies this freedom and inspiration by sharing stories about his work with veterans in New York State, before moving to Maine.

When asked about gaps that Aubrey feels they have experienced in USM's curriculum, they thoughtfully shared that further training on subjects such as Human Sexuality and Trauma, as well as more chances to explore multiculturalism would all be helpful.

We are proud of Aubrey and all of the other students who have worked hard and are now moving on!



**TAKE A LOOK AT THIS
YEAR'S ISSUE:**

Student Profile - 1

***Faculty News -
2&3***

***Celebrating Graduating
Students - 3***

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USM Adds New Faculty: Dr. Nikki Correa



Nikki Correa, M.Ed., PhD

Professor Publishes Book:

When they are not busy teaching a class or serving on a committee, the Counselor Education faculty is engaged in research that serves to benefit the USM community and our society. This year that research has led to the publication of a book by Adele Baruch, Associate Professor of Counselor Education and Counselor Education Department Chairperson. The book is preceded by a decade of research on altruism and moral courage that included two different school districts.

The book, co-edited with Robert Atkinson and Holly Kheil, *Listening to Stories of Courage and Moral Choice: Creating Conversations About Inclusive Care in Our Schools and Communities*, details Dr. Baruch's research and explores stories of moral choice and their impact on people after hearing them.

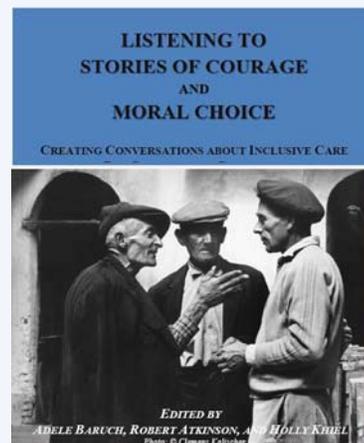
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The Fall of 2019 brought a new faculty person to the Counselor Education Department. Dr. Nikki Correa has brought her unique experiences to the classroom at University of Southern Maine. Nikki, while finishing up her dissertation, embarked on a new adventure when she moved from Las Vegas, NV to Maine to work at the University of Southern Maine, stepping out of K-12 schools and into academia, picking up the task of shaping and forming School Counselors.

Dr. Correa was first drawn to the University of Southern Maine because of the fantastic access to the outdoors it provides and has found a home among the faculty and students because of the warm, welcoming nature of the students and faculty.

Most striking, Dr. Correa pointed out is how unique and diverse the students of the Counselor Education program are, which has piqued her interest as she has gotten to know her students. Dr. Correa is the first generation in her family to graduate from a college or university and this has impacted the way she relates to students that she works with, whether they are in a K-12 setting or are learning how to support students in a K-12 setting.

When she's not hard a work preparing for classes or engaging in research, Dr. Correa enjoys spending time outdoors and exploring her new home state. Make sure to offer her a friendly welcome, if you haven't had a chance to, yet.



Cover of Baruch's book

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(continued from page 2)

It is interesting to note that one of the contributors to the book is USM Counselor Education Instructor Alexander Katopis. Katopis, in his essay, tells the story of his grandfather and the moral choices he was asked to make during the German Occupation of Greece during World War II.

Just before the publication of the book, Baruch organized this academic year's Libra Symposium. The keynote speaker for the 3 day event was Dr. Ervin Staub, the leading theorist on altruism, whose seminal work, *The Psychology of Good and Evil*, has greatly inspired and influenced Dr. Baruch's work. To add to the celebration of Dr. Baruch's publication is the fact that *Narrative Works*, an open access online journal published by the University of New Brunswick has recently published it as a Special

Issue. It can be accessed here:

<https://journals.lib.unb.ca/index.php/NW>



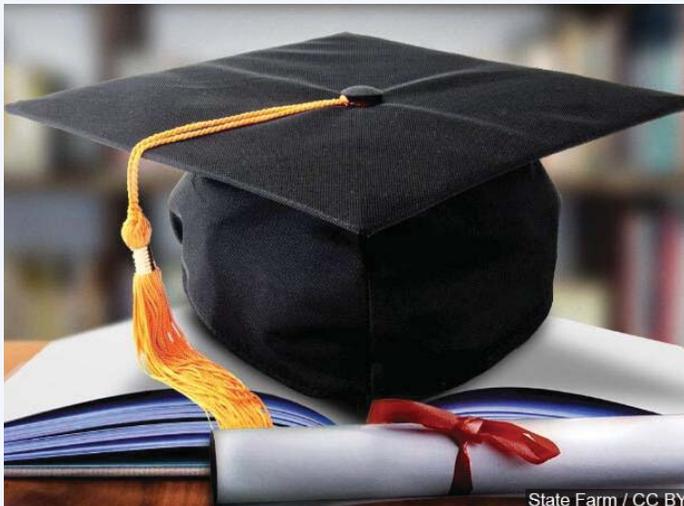
Adele Baruch, Ph.D., MSW, LCPC with colleague E. Michael Brady, M.Div., MSW, PhD working to collect stories of moral courage

Graduation Celebration & Celebration of Resiliency

Join the Counselor Education Faculty and Staff, and other students in celebrating everyone graduating in 2020 on Friday, May 8, 2020 from 9:30am-10:30am in a first of it's kind virtual Celebration of Resiliency.

The celebration is open to all students who are graduating between now and December of 2020, and significant people in their lives, like family and/or close friends.

Congratulations Class of 2020!



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