

Adele Baruch

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Education

Syracuse University, Counseling and Human Services, Ph.D. August 2005. Dissertation title: An Examination of the Integration of Differing Traditions in Counseling Practice.
Syracuse University School of Social Work, Syracuse, NY. M.S.W., December 1990.
Lesley College, Cambridge, MA. M.A. in Expressive Arts Therapies, 1981.
William Smith College, Geneva, NY. B.A. cum laude in 1977. Major: Anthropology.

Teaching and Supervisory Experience

- *University of Southern Maine*, ME. Associate Professor of Counselor Education. Developed and taught courses in diagnosis and treatment planning, counseling skills, practicum, advanced group processes, and family systems theory. Worked with faculty to revise practicum field experience and core syllabus. Initiated pilot and follow-up projects of small groups for entry year students. Initiated collaborative project on Moral Courage Under Stress with the Lewiston/Auburn School District. Served on university-wide committee on student success, and CEHD Admission and Retention Committee, Diversity committee (co-chair), and Multicultural Learning Collaborative. Program Coordinator (Fall 2012-Spring 2014). Initiated design of 3/2 program with LAC. Helped to design Clinical Mental Health Portfolio requirements. Developed family systems area of expertise as well as Advanced Family Counseling course. Assisted in redesign of HRD 200. Developed collaborative group counseling and Internship experience with USM Upward Bound and Internship with Bowdoin's Upward Bound. Collaborated with Student Success to develop Practicum site. University of Maine, Graduate School. Served on dissertation committee for Melissa Rosenberg (Sept 2012 – August 2013). 2005-present.
- *Syracuse University*, Syracuse, NY. Full-time Instructor, Interim Coordinator of a CACREP-accredited Community Counseling Program. Developed and taught courses in Social and Cultural Dimensions of Counseling, Practicum in Counseling, Introduction to Group Work, Foundations of Mental Health Counseling, and Advanced Group Work (doctoral level). Academic advising for graduate students. Served as Clinical Coordinator for the Community Counseling Program, developing and maintaining field placement sites. Summer 2003–Summer 2005.
- *Syracuse University*, Syracuse, NY. Graduate Assistant in Counseling and Human Services. Supervising field experience of Master's level students for their practicum. Weekly supervisory meetings with reviews of counseling tapes and notes. Fall 2002–Spring 2003.
- *Broome Community College*, Binghamton, NY. Instructor, Introduction to Psychology. Teaching introductory course in psychological theory and its applications, a required course for students in Human Services and Psychology. Fall 1999–Spring 2000.
- *Cazenovia College*, Cazenovia, NY. Instructor, Counseling and Sociology, Dept. of Continuing Education. Taught course for college credit to Carrier employees, many of whom were returning to school after many years of working. Taught additional

introductory and seminar courses to continuing Cazenovia College students at Cazenovia College. Spring 1999–Spring 2001.

- *Binghamton University*, Binghamton, NY. Instructor of Chi Gong for university wellness program. Facilitated courses for students and faculty on the basic principles of Chi Gong techniques, with some examination of its historical roots in Traditional Chinese Medicine. Fall 1999–Fall 2000.
- *Complementary Medicine and Healing Arts, United Health Services*, Vestal, NY. Instructor.
Led workshops in Chi Gong and energy development for public and UHA employees. Helped organize women's talking circle. January 1999–Spring 1999.
- *Onondaga Pastoral Counseling Center*, Syracuse, NY. Clinical training consultant. Hired to develop training program for clinicians working with high-risk adolescents. Conducted two day-long workshops. Also helped to design group for adolescents at risk of violent behavior. January–April 1993.
- *Bridgewater State College*, Division of Continuing Education, Bridgewater, MA. Instructor: Creativity and Everyday Life. Using various exercises involving the creative arts, students were encouraged to expand their creative potential and to integrate this creativity into ways of dealing with everyday conflicts and problems. 1981.

USM and SEHD Service

- Chair, Counseling, Adult and Higher Education, January 2013 – January 2014. Worked with Dean and Department Chairs to investigate proposed school structure with fewer departments. Served on Provost's Leadership Council.
- Chair, Conference Committee for proposed conference on Building Community and Suicide Prevention. Collaborative effort with SMCC to develop a regional support network for suicide prevention across area high schools, colleges, and universities. (December 2012 – present).
- Chair, Libra Committee. USM (Spring 2011 – Present).
- USM Faculty Senate. (Fall 2011 – Spring 2013).
- Chair, Conference committee for two-day conference, Active caring: Life stories of helping in a challenging environment (Sept 2011 – April 2012).
- Initiated Joint Project with OLLIE to bring Stories of Active Caring, Dr. Leo Goldberg to speak to USM, OLLIE, and wider community (Spring 2009).
- Admission and Retention Committee, CEHD, 2007 – 2009.
- Student Success Committee, 2006 – 2008.

Counseling Experience

- *Fall Creek Counseling Services*, Ithaca, NY. Private Practice. Worked with individuals, couples, and families. Both therapeutic and educational groups offered. Training and consultation services for therapists, educators, and human service providers. October 1993–June 1998. Reopened January 2002–July 2004.
- *Onondaga Pastoral Counseling Center*, Syracuse, NY. Staff therapist. Worked predominantly with families, although some individual and group work also done. Initiated time-limited adolescent psychodrama group, winter–spring 1991. Continued work begun during prior internship on parenting grant, in conjunction with the Department of Family Medicine at SUNY Health Science Center. 1990–January 1993. Rejoined staff in the winter of 2000 to serve as a psychotherapist, to explore additional satellite potential in the Southern Tier, and to develop a grant for victims of domestic violence. Winter 2000–Winter 2001.

- *Susquehanna Wellness Center for Personal and Career Counseling*, Owego, NY. Counseling and educational center which approaches individual, family, and career development from a holistic perspective. Workshops by area practitioners on mind/body, workplace, and family health issues offered throughout the year. June 1999–November 2001.
- *Family and Children's Services*, Ithaca, NY. Adjunct therapist in Family Mental Health Program. Worked with adults and adolescents. Attended biweekly clinical team meetings. October 1993–Summer 1995.
- *Onondaga Pastoral Counseling Center*, Syracuse, NY. Student Intern. Worked with individual couples and families. Worked on grant to bring parenting education and networking to low income communities, 1988–89.
- *Meachem Elementary School*, Syracuse, NY. Student Intern. Worked with individuals and small groups around emotional and behavioral problems interfering with school work and/or effective social interaction. Also worked with families around assessment and ongoing intervention. Facilitated movement group and psychodrama group, 1987–88.
- *Brockton Multi-Service Center*, Adult Day Treatment Center, Brockton, MA. Expressive Therapist. Advocated for individual clients in day treatment center. Ran groups, including movement, goal group, psychodrama, and poetry. Facilitated community meetings. Wrote client progress and final reports. Designed in-service workshops for staff. Participated in ongoing, weekly psychiatric staffing for clients. Supervised expressive therapy student intern. 1981–83.
- *Brockton Multi-Service Center*, Adult Day Treatment Center. Intern in Expressive Therapies. Organized and led expressive therapy groups. Assisted at community meetings. Conducted individual dance therapy sessions. 1980–81.
- *Brookline Therapeutic Preschool*, Brookline, MA. Intern in Expressive Therapy. Worked in therapeutic classroom. Led movement groups and worked with individual children. Participated in once weekly, day long psychiatric staffing. 1980–81.

Publications

- Baruch, A., Atkinson, R. and Creek, D. (proposal accepted for e-publication). Inclusive helping: Stories of compassionate helping in the face of despair. Center for Interdisciplinary Study of Stories, St. Thomas University, St. Thomas, Ontario.
- Baruch, A. (2013). Collaboration encourages focus on compassion in action. *Portland Press Herald*. 4/15/13 pA7
- Baruch-Runyon, A., Champlin, D., Gorgas-Goulding, H., Harrison, W. (2010). *An entry level course: Explorations in creative and research activities*. *CUR Quarterly*. 30(2), p. 45.
- Baruch-Runyon, A. (2009). *The integration of diverse perspectives in counseling practice*. *Studies in Learning, Evaluation, Innovation, and Development*. 6(3), pp. 25-44.
- Baruch-Runyon, A. (2009). [Review of the book, *Musicalophilia*]. *The LLI Review* 3.
- Baruch-Runyon, A., VanZandt, Z., Campbell, S., Elliot, A. (2009). *Forging connections to new student engagement*. *NACADA Journal*. 29(1), pp. 31-42.
- Baruch-Runyon, A., Hong J. Y., Potaczala, C. (2008). *The Integrative Journal: Combining a dialogue approach with a structured conceptually based approach to journal assignments*. *Studies in Learning Evaluation, Innovation, and Development*. 5(4), pp. 42-51.
- Baruch-Runyon, A. (2008) [Review of the book *Living in the Shadow of the Freud Family*] *The LLI Review*, 2.
- Baruch-Runyon, A. (2005, Fall/Winter). *A collaborative program to meet the mental health needs of Spanish-speaking clients*. *NARACES News*, 25, 9-10.

Presentations

- Baruch, A. (2013). Authentic Expression through the Expressive Arts. North Atlantic Region Association for Counselor Education and Supervision. Regional Woman's Wellness Retreat.
- Baruch, A., Duffy, M. (2012). Moral Courage Project Presentation of Action Research related to project in the Auburn community. Brought stories of active care to high school students and community members. Worked with teacher and administrators to develop associated student projects. Conducted research interviewing students, teachers, and community members about their experiences with stories of active care. Students and teachers participated in conference presentations. Life stories of helping in a challenging environment.
- Baruch, A., Champlin, D., Gargas-Goulding, H. (2011). Explorations in Creative Research Activity. Lewiston-Auburn campus.
- Baruch-Runyon, A. (2010). *The application of expressive arts modalities in group counseling supervision: A new model for group leadership training*. Association for Specialists in Group Work Conference, New Orleans, LA.
- Baruch-Runyon, A. (2008). *The integration of differing traditions in counseling practice: Implications for counseling theory and education*. Presentation at the North Atlantic Association of Counselor Education and Supervision Conference, Portland ME.
- Baruch-Runyon, A., Champlin, D., Gargas-Goulding, H. (2008). *Introduction to creative and research activities: A dialogue on a developing course*. USM Pineland Conference, New Gloucester, ME.
- Austin, J., Baruch, A., Higgins, B. (2007). Rights and Responsibilities Across the University Community. Panel Presentation, USM Convocation.
- Baruch-Runyon, A. (2006). *Movement and psychodrama interventions in play therapy with school age children*. MEAPT Annual conference, Gorham, ME.
- Baruch-Runyon, A. & Wright, S.H. (2006). *The distance interview live: A demonstration of counseling using video conferencing using the internet*. ACES Annual conference, Pittsburg, PA.
- Baruch-Runyon, A. & Sweeney, L. (2004). *Depression intervention strategies*. Presentation at the Counseling Update 2004 Conference, Syracuse, NY.

Grants

- Baruch, A. (2011). Libra Grant, Spring 2011. Support for the Moral Courage Project, in Collaboration with Auburn Schools. Support for speakers, including student participants in Life Story conference.
- Baruch, A. Champlin, D., Kilroy, and Gargas-Goulding, H. (Sept 2012- May 2013). Curriculum Cluster Conversation Award for the curriculum project: The exploration and the Ethical Dimensions of Creative Research Activities.
- Baruch-Runyon, A. (2009). Faculty Senate Grant. Altruism *Under Duress*. Qualitative research on both the sustenance of altruism under duress and responses to hearing stories of altruism under duress. Linked to a collaborative teaching and writing project with the Lewiston/Auburn School District.
- Baruch-Runyon, A. (2009). Teaching Enhancement Grant. *Roundtable Dialogue on the Therapeutic and Educational Applications of Life Stories*. This grant will support a CEHD roundtable discussion of the therapeutic and educational applications of life stories, including presentations of work in progress. Colleagues from the University of Rochester

working on Life Story applications are collaborating in our discussion, and possible planning for a conference on life stories for the Spring of 2012.

- Baruch-Runyon, A. (2008). Teaching Enhancement Grant. Grant funded on opportunity for HRD faculty to share foundational thinking around a specific case study. It was an effort both build community and to share the epistemological underpinnings of our teaching and scholarship.
- Melmac grant recipient for project and research proposals focusing on small groups for entry year students. The project grant initiates small groups to develop and practice communication and coping strategies. The research component focuses on students' stories of their entry year experience (2007).
- College of Education and Human Development research grant. For support of a pilot project focusing on entry-year students in a living/learning community. The project was linked to research involving student and residential life staff interviews. (2007).

Professional Memberships

American Counseling Association
North Atlantic Regional Association of Counselor Educators
Maine Association for Specialists in Group Work
Association for Specialists in Group Work

Workshop and Training Experience

- *Integration of Complementary and Conventional Care in a Dental Health Retreat*, Ithaca, NY. Organized and cofacilitated a daylong retreat for dentists and their staff on the integration of complementary and conventional practices in their professional practice. Presented research on the integration of differing perspectives in counseling practice with implications for medical practitioners. September 2000.
- *Creative Arts with Children in Clinical and Educational Settings*, School of Social Work, Continuing Education, Syracuse University, Syracuse, NY. Full-day workshop for educators and clinicians on integrating experiential approaches in their work settings. Fall 1996.
- *Positive Parenting*, Tompkins County BOCES, Ithaca, NY. Six-session class emphasizing positive approaches to parenting problems using role play and group discussion. Spring and Fall 1995.
- *Nonviolent Parenting*, Mental Health Association of Tompkins County, Ithaca, NY. Workshop with an emphasis on maintaining parental authority without hurting children's self-esteem. Fall/Spring 1994.
- *Women and Body Image*. Time limited group for women focusing on body image and sense of self, using both verbal processes and expressive arts therapies. Spring 1993 and Summer 1992.
- *Psychodrama Training for Clinicians*. Daylong workshop for clinicians on the use of psychodramatic techniques within psychotherapeutic contexts. 1991 (Syracuse), 1992 and 1993 (Ithaca).
- *The Creative Partner: A Workshop for Couples*, The Humanistic Studies Center, Syracuse University, Syracuse, NY. Workshop using both verbal and Expressive Art Therapies techniques to enhance creativity and communication in couple relationships. Spring, 1990.
- *Expressive Therapies Workshop*, The School of Social Work, Syracuse, NY. Facilitated a one-day workshop for faculty and students in the Expressive Arts Therapies with

special emphasis on movement, psychodrama, poetry, and art. Explored ways in which the Expressive Arts can be introduced in various therapeutic settings. 1988.

- *Movement and Support Group for Women*, Syracuse, NY. Organized and co-facilitated time limited group, using movement and psychodrama to expand awareness, especially around issues of women and body image. Summer 1985, 1987.
- *Creativity and Everyday Life*, St. Camillus, Syracuse, NY. Staff enrichment. Using Expressive Arts to expand creativity for problem solving and stress reduction. 1988.
- *Movement in Early Childhood Education*, Syracuse University, Syracuse, NY. Workshop for student teachers on the integration of movement in work with young children. 1988.

Other Work Experience

- *Carolyn Adams Elementary School*, Whitney Point, NY. Worked part-time in Family Resource Center with students, teachers and parents. Initiated and helped to develop Creative Arts Summer Program in collaboration with Family and Children's Services and Rural Health Network. January 2001–August 2002.
- Eastlake Expressive Arts Camp, Ithaca, NY. Co director. Initiated, developed and co directed summer arts camp which combined traditional camp activities with opportunities to participate in integrated arts activities for children aged 5 to 10 years. Spring 1994–Fall 1996.
- *Evergreen Manor Home for Adults*, Jamesville, NY. Activities Director (part time). Organized and coordinated activities for residents, including life history group, movement, and gardening group. Coordinated resident's newsletter. Facilitated resident council meetings. 1987.
- *Retired Senior Volunteer Program*, Ithaca, NY. VISTA Organizer. Organized and coordinated the RSVP VISTA program in Tompkins County. Identified handicapped elderly in the community who might benefit from the RSVP volunteer program. Established volunteer groups and individual volunteer positions which would suit the particular needs of clients. Participated in training workshops on needs of handicapped elderly through statewide VISTA training office. 1978–79.
- *Economic Opportunity Corporation*, Ithaca, NY. School Nutrition Advocate. Organized a community advocacy group interested in expanding programs in nutrition education and food-related issues in elementary schools. Summer 1978.

Interests and Activities

- Served on the Site Based Committee at Newark Valley Middle School, 2000–2001. Initiated a community based service program for students.
- Participating member in the National Qigong Association.
- Served as Vice-President on the Board of Directors and as co-chair of the Education Committee for the Mental Health Association of Tompkins County.
- Participated in initiating the Syracuse Chapter of New Jewish Agenda.
- Organized the Bridgewater Area Group for Nuclear Disarmament, in Massachusetts.
- Participated in Child Study Workshops offered through the Prospect School in Vermont. Coordinating committee member of EcoJustice, Ithaca, NY.

Honors and Awards

Chi Sigma Iota 2005

Phi Beta Kappa 1977

Danforth Fellowship Honorable Mention 1977

Regents Scholarship 1972