Expertise in Family Systems

For those persons interested in working in the area of family systems, the counselor education program offers coursework with a focus on counseling families, and in incorporating systemic perspectives even when counseling individuals. This area is available for masters and CAS student.

The following courses are required for this area of expertise:

HCE 650 Basic Concepts in Couple and Family Counseling

HCE 670 Application of Family Systems Theories

HCE 686 Internship in Counselor Education (3 credits, 300 hours focused on family counseling that is supervised by a supervisor trained in family systems approaches)
REHABILITATION COUNSELING

Course Requirements (54 credits)

Core Courses (27 credits)
EDU 600 Research Methods and Techniques
HCE 605 Psychological Measurement and Evaluation
HCE 620 Fundamentals of Counseling Theories
HCE 621 Fundamentals of Counseling Skills
HCE 626 Group Process and Procedure
HCE 627 Group Counseling Practicum
HRD 668 Human Development
HCE 690 Individual Counseling Practicum Seminar
HCE 691 Individual Counseling Practicum Laboratory

Required Specialty Courses (24 credits)
HCE 510 Introduction to Rehabilitation Counseling and Services
HCE 514 Principles of Psychosocial Rehabilitation
HCE 611 Medical and Psychological Aspects of Disability and Rehabilitation
HCE 612 Multicultural Counseling: Family and Disabilities Issues
HCE 615 Vocational Counseling and Placement in Rehabilitation
HCE 619 Myth, Madness, and Mental Illness
HCE 686 Internship in Counselor Education (6 credits – 600 hours)

Electives (3 credits)

Note: With additional coursework, rehabilitation counseling students may be eligible to become Licensed Clinical Professional Counselors (LCPC) in Maine.

SCHOOL COUNSELING

Course Requirements (60 credits)

Core Courses (36 credits)
HCE 500 Orientation to the Counseling Profession
EDU 600 Research Methods and Techniques
HCE 604 Career Development
HCE 605 Psychological Measurement and Evaluation
HCE 620 Fundamentals of Counseling Theories
HCE 621 Fundamentals of Counseling Skills
HCE 626 Group Process and Procedures
HCE 627 Group Counseling Practicum
HRD 664 Culture, Tradition, and Diversity
HRD 668 Human Development
HCE 690 Individual Counseling Practicum Seminar
HCE 691 Individual Counseling Practicum Laboratory

Required Specialty Courses (21 credits)
HCE 607 School Guidance Programs and Services
HCE 609 The Practice of School Counseling
HCE 622 Counseling Children and Adolescents
HCE 642 Perspectives in Chemical Dependency
HCE 644 Crisis Intervention
HCE 686 Internship in Counselor Education
(6 credits – 600 hours at a range of grade levels)
Electives (3 credits)

**CAS IN COUNSELING**

Course Requirements (30 credits)
Focus (30 credits)
Portfolio
Students develop a professional portfolio describing progress toward professional goals while in the C.A.S. program. Portfolios are used in final seminars as the basis of discussion, summary, and sharing among completing students.

**Focus Areas**

**Clinical Supervision**
HCE 681 Clinical Supervision
HCE 687 Internship in Clinical Supervision
HCE 694 Practicum in Clinical Supervision
Electives: 21 credits selected in consultation with the advisor.

**Holistic Counseling**
HCE 507 Spirituality & Religion in Counseling
HCE 619 Myth, Madness & Mental Illness
HCE 641 Mind-Body Techniques
HRD 558 Aging & Life Review
HRD 693 Life Stories: Personal Mythmaking, and Spiritual Development
Electives: 15 credits selected in consultation with the advisor.

**Play Therapy**
HCE 623 Theories & Applications of Play Therapy
Electives: 27 credits selected in consultation with an advisor.
At least two courses (6 credits) must be selected from the following list to qualify for national certification:
HCE 622 Counseling Children & Adolescents
HCE 624 Child-Centered Play Therapy
HCE 687 Internship in Clinical Supervision (play therapy placement)
HCE 694 Practicum in Individual Supervision (play therapy placement)
HCE 695 Practicum in Play Therapy
HCE 625 Adlerian Play Therapy

**Self-Designed**
With the assistance of the faculty advisor, students may design a program of study that fulfills their individual learning goals. This option may also be used to obtain state certification in psychosocial rehabilitation or school counseling, or state licensure as a substance abuse counselor or licensed clinical professional counselor (LCPC).

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