

Grouper Work Sheet for Adult Family Care Homes

Client Name: _____

Assessment Date: _____

Item	Description	Instruction	MDS-ALS Value (A)	Score (B)
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Instruction: Enter the coded values from the MDS-ALS assessment form into Column (A): MDS-ALS Value; Items that require a check (✓) code "1" for checked and "0" for not checked. Using the instructions for each item, enter the Score value in Column (B): Score.

Step 1: Calculate ALS Score

Modified Cognitive Skills		<i>If value B3>0 then Score=1, otherwise Score = 0</i>		
B3	Cognitive skills for daily decision-making			
Depression		<i>Count number of items in Section E1 that are >0. If count is 0,1 or 2 then Score=0. If count is greater than 2, then Score =1.</i>		
E1a	Resident made negative statements			
E1b	Repetitive questions			
E1c	Repetitive verbalizations			
E1d	Persistent anger with self or others			
E1e	Self deprecation			
E1f	Expressions of what appear to be unrealistic fears			
E1g	Recurrent statements that something terrible is about to happen			
E1h	Repetitive health complaints			
E1i	Repetitive anxious complaints/concerns			
E1j	Unpleasant mood in morning			
E1k	Insomnia/change in usual sleep pattern			
E1l	Sad, pained, worried facial expressions			
E1m	Crying, tearfulness			
E1n	Repetitive physical movements			
E1o	Withdrawal from activities of interest			
E1p	Reduced social interaction			
E1q	Inflated self-worth			
E1r	Excited behavior, motor excitation			
E1 count of items that are >0				
Resident requires assistance with phoning or arranging transportation		<i>If value of G5ac=1 or 2 or value of G5ag= 1 or 2, Score=1. Otherwise Score=0.</i>		
G5Ac	Transportation			
G5Ag	Used phone			
Use of Incontinence Supplies		<i>Value H4=0, Score=0; Value H4=1, Score=1; Value H4=2, Score=2; Value H4=3, Score =0;</i>		
H4	Use of incontinence supplies			
Resident did not administer own meds		<i>If checked (O5f=1), Score=0; Otherwise Score=1;</i>		
O5f	Over-the-counter meds			
Medication Administration		<i>Value O6=0, Score=1; Value O6=1, Score=2; Value O6=2, Score=1; Value O6=3, Score = 0;</i>		
O6	Medication preparation administration			
Physician Order Changes		<i>If value P10>0, Score = 1; Otherwise Score=0.</i>		
P10	Physicians orders			
Assisted Living Score		Sum of Step 1 grey-shaded boxes		

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Step 2: Calculate ADL and IADL Scores

Activities of Daily Living (ADL) Score				
		Value=0, Score=0; Value=1, Score=1; Value=2, Score=2; Value=3, Score=3; Value=4, Score=4; Value=8, Score=4		
G1Aa	Bed mobility - sp			
G1Ba	Transfer - sp			
G1Ca	Locomotion - sp			
G1Da	Dressing - sp			
G1Ea	Eating - sp			
G1Fa	Toilet use - sp			
G1Ga	Personal hygiene - sp			
ADL Score		Sum of grey-shaded boxes for ADLs		

Independent Activities of Daily Living with Bathing				
		Value=0, Score=0; Value=1, Score=1; Value=2, Score=2; Value G2 =3, Score=3; Value G2 =4, Score=4; Value=8, Score = 0		
G2	Bathing self-performance			
G5Aa	Arranged for shopping			
G5Ab	Shopping			
G5Ad	Managed finances			
G5Ae	Managed cash, allowance			
G5Af	Prepares snack			
G5Ah	Light housework			
G5Ai	Laundry			
IADLB Score		Sum of grey-shaded boxes for IADLs with bathing		

ALS Group:		
	<i>Using the scores and chart below identify group.</i>	

MaineCare ALS Groups		
Code	Description	Weight
AV2	ALS 7-9 and ADL 7-28	1.657
AV1	ALS 7-9 and ADL 0-6	1.21
AH2	ALS 5-6 and ADL 7-28	1.36
AH1	ALS 5-6 and ADL 0-6	1.027
AM2	ALS 2-4 and IADLB 12-18	0.924
AM1	ALS 2-4 and IADLB 10-11	0.804
AL1	ALS 2-4 and IADLB 0-9	0.551
BC1	Unclassified	0.551