

UNIVERSITY OF SOUTHERN MAINE

TECHNICAL STANDARDS FOR THE ATHLETIC TRAINING PROGRAM

The Athletic Training Program at The University of Southern Maine is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Program establish the essential elements necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). The following abilities and expectations must be met by all students admitted to the Athletic Training Program. Candidates for selection to the athletic training program will be required to verify they understand the standards and, with or without reasonable accommodations, can meet the standards. For information regarding the University's policy for accommodating students with disabilities contact the Disability Services Center at 780-4706.

Compliance with the programs technical standards does not guarantee a students' eligibility for the Board of Certification (BOC) certification exam.

To meet the program's Technical Standards, Athletic Training majors must demonstrate:

1. The ability to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
2. The ability to perform appropriate, effective and complete physical examinations and treatments, including the safe use of equipment and materials; this includes, but is not limited to, the ability to convey and set-up equipment for clinical or on-field use, to reach in a timely fashion injured patients who are down on athletic fields, to assess their condition where they lie, to perform appropriate emergency procedures, to fully participate in patient extrication and transport, to perform appropriate therapeutic and prophylactic procedures, and to demonstrate rehabilitative exercises. .
3. The ability to record the physical examination results and a treatment plan clearly and accurately.
4. The ability to maintain composure and continue to function well during periods of high stress.
5. The perseverance, diligence and commitment to complete the athletic training program as outlined and sequenced.
6. Flexibility and the ability to adjust to changing situations and uncertainty in clinical situations.
7. The ability to develop professional values, ethics, skills and appropriate demeanor and rapport that are essential for professional education and quality patient care.

A student who is admitted to the major but unable to fulfill these technical standards, with or without reasonable accommodation, may not be able to complete the major.

I certify that I have read and understand the technical standards for selection listed above, and I believe to the best of my knowledge that I can meet each of these standards, with or without reasonable accommodation. I understand that if I am unable to meet these standards I may not be able to complete the major.

Signature of Major

Date