COURSE DESCRIPTIONS – Summer 2015
(rev 5-14)

BUS 342 Leadership
The purpose of this course is to help students be more effective exercising leadership. To do this, the course will first teach the distinction among leadership, authority, and management, and also among different leadership situations. The course will then provide experiential exercises and exposure to tools and techniques appropriate to the various challenges. Prerequisites: BUS 340 (C or higher) and junior standing. Limited offerings. Cr 3

CON 356 Concepts in Community Health
This course introduces the concepts and principles basic to the development and maintenance of the community's health. The epidemiological process guides the survey of current major health issues. The course focuses on the health issues of groups in the community at local, state, national, and global levels. Cr 3

CON 556 Concepts in Community Health
This course introduces the concepts and principles basic to the development and maintenance of the community's health. The epidemiological process guides the survey of current major health issues. The course focuses on the health issues of groups in the community at local, state, national, and global levels. Cr 3

COR 142J Baseball and American Society: A Journey
This course studies baseball as an American institution. It combines academic study with a journey: from Portland, Maine, through Cooperstown and the Hall of Fame, to Baltimore's Camden Yards. During the bus journey, participants will talk, study, see films, go to ball games at various levels of play, interview players from the past and executives of the present. Some of the topics will include the history and literature of baseball, the Negro Leagues, and the integration of major league baseball. Cr 3

HCE 605 Psychological Measurement & Evaluation
This course focuses on group tests and related measurement techniques. The course content includes a review of the history of testing, current issues, fundamental statistics for understanding, evaluating, and using tests, including selected aptitude, intelligence, achievement, interest, and personality tests. A variety of standardized and non-standardized evaluation measures will be reviewed. Cr 3

HCE 686 Internship: Counselor Education
This course provides an opportunity for students to integrate formal coursework with on-the-job experience in selected institutions. Prerequisite: HCE 690. Cr 1-15

HUM 105F Basic Photography
This course is an introduction to black and white photography, designed to help students gain understanding through “hands-on” photographic work. Lectures include classroom discussions concerning the history and aesthetics of photography, and techniques include camera and lens functions, exposure methods, basic black and white film processing, printmaking, print finishing, and presentation techniques. Cr 3

HUM 304 Writing Children’s Literature: How to Craft Compelling Stories
An exploration of how details, characters, and voices create compelling children’s stories. This course will include text readings, multiple online writing assignments, along with analyzing several children's books and critiquing and commenting on classmates' work. Students will also write their own children's picture book. This course has been approved by the State Department of Education for content area in secondary English. Cr 3

LAC269 Exploring Careers, Choosing Life Roles
In this mid-level course in the career development series, students relate self-knowledge to career and life roles, with an emphasis on gaining and managing career information; learning various career and life decision-making strategies; and communicating formative academic, co-curricular, and professional experiences in such formats as accomplishment statements and informal interviews. Offered fall, spring, summer. Cr 1.5

LAC413 Job Search Skills for the 21st Century
In this final course in the career development series, students assume active agency in career planning through learning how to market themselves to prospective employers. They learn to create and use the tools needed for career placement, such as cover letters, resumes, and interviews. Prerequisite: LAC 269. Offered fall, spring, summer. Cr 1.5

LAC 447 Internship
This online course provides students the opportunity to work in their chosen field to evaluate their interest and acquire basic skills needed to market themselves effectively. Students participate in an online seminar in which they learn about and reflect on workplace issues. Students wishing to take more than 3 credit hours must have permission from their faculty advisors. Prerequisite: LAC 413. Offered fall, spring, summer. Cr 3-6

LCC 150 Statistics for Informed Decision Making
This course introduces and applies quantitative analyses to address real world questions. It applies descriptive statistics, sampling and significance testing, correlation, and regression analysis to issues related to the four themes of the Core. The course provides the opportunity to interpret and analyze statistical decision making, and identifies data misconceptions and misuses. Cr 3

LCC 370 Toward a Global Ethics
This writing instruction course assists students in articulating and assessing their own values. It examines the range of ethical theories and positions and explores the influence of particular cultural ideologies on ethical beliefs. The course considers the ethical principles implied by democracy, sustainability, justice, and difference. It examines ethical issues and dilemmas faced by individuals, organizations, and nations while exploring personal and collective decision-making processes in a global context. Prerequisite: Core Area C. Cr 4

LCC 480 Senior Seminar
This course provides writing instruction experience for students from LAC's four degree programs. Students complete a major research and writing project addressing one of the four themes of the Common Core from an interdisciplinary approach. Prerequisite: ENG 100C or LCC 110C; LCC 200E or LCC 370E; HUM 300, and LOS 300 OR SBS 320. Cr 3.

LOS 300 Organizational Theory
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This is a foundational course that provides a solid overview of organizational theories in leadership. Current organizational issues are analyzed using structural, human resource, cultural, and political frameworks and the case method. Issues examined include leadership, organizational design, planning, change, decision making, communication, and control. This is an excellent course for students interested in how organizations work. Students in the LOS major must complete this required course with a grade of a B- or better as a condition of their degree. This course includes writing instruction. Prerequisite: familiarity with the Blackboard online learning community. Completion of College Writing with a C or better is required for LOS majors and preferred for all other students. Cr 3

LOS 329 Research Methods
This course is an introduction to quantitative and qualitative research methods which can be used in organizational planning and decision making and in the social and behavioral sciences. The course will cover topic areas related to the application of appropriate methods of inquiry and includes completion of an applied project. Strongly recommended for students going on to graduate school, careers in consulting, or human resource management. Cross-listed with SBS 329. Prerequisite: LCC 150D. Cross-listed with SBS 329. Cr 3

LOS 333 Portfolio Development
This Portfolio Development course is offered to the adult learner who is preparing a competency based, experiential, academic portfolio, documenting their college-level knowledge, competencies, and abilities. This course supports students in improving the skills and knowledge needed to document and communicate their prior learning in the area of leadership and organizational studies. At the end of the course, students submit a completed academic portfolio for assessment to USM’s Office of Prior Learning for possible additional credits. Prerequisites: College writing or the equivalent. Leadership LOS 350 either concurrently or completed, resume submission, and subsequent permission by instructor. Cross-listed with ARS 399 and SBS 399. Cr 3

LOS 336 Dealing with Difficult People and Behaviors
It has been stated that everyone is someone's difficult person. Almost daily, we come in contact with people we would characterize as difficult. They are the people we work with, sell to, depend on, and live with. There are intimidators, manipulators, analyzers, know-it-alls, overly friendly, accommodators, chronic complainers and whiners. Their actions consume time, energy and emotion at the expense of productivity and morale. This course provides fresh insights and immediately usable skills needed to quickly, confidently and assertively identify and deal with various types of people, difficult or not, in a variety of contexts while maintaining your own self-confidence. Cr 3.

LOS 350 Leadership
This foundational course for students of leadership will provide learners with a review of major leadership concepts and theories designed to incorporate research findings, practice, skill-building, and direct application to real world scenarios. Beyond leadership concepts and theories, the course will cover a variety of topics impacting today’s leaders as a foundation for learning including power and ethics, leadership development, politics and influence, decision making, and creativity and innovation. An experiential design is used along with traditional online techniques to help students reflect on their personal leadership styles and examine their approaches to leading others in diverse organizational settings. Students in the LOS major must complete this required course with a grade of a B- or better as a condition of their degree. Completion of College Writing with a C or better is required for LOS majors and preferred for all other students. Cr 3.

LOS 399 Special Topics: Leadership and Entrepreneurial Women
Topics offered will cover current special issues in organizations and/or the study of organizations through alternative methods. Cross-listed with SBS 399. Cr 3

LOS 440 Organizational Change and Development
This course explores the theory, research, and processes of leading, managing, and adapting to organizational change. Case studies and experiential learning are used to examine the effectiveness of change efforts and their impact on the group and individual. Prerequisite: LOS 300 or permission of instructor. LOS 329 or equivalent is also encouraged. Cr 3

LOS 470 Leadership Study Abroad (Instructor Perm Required)
The goal of this course is to familiarize students with key issues in intercultural leadership and to provide tools to be an effective leader in a globally aware environment. Through international travel, a variety of readings, and reflection exercises, students will examine a diversity of leadership situations and the cultural factors that influence the quality of a leader’s performance. In order to help apply theory to experience, students will be given a number of opportunities to articulate ideas about the concepts explored through presentation, group discussion, and writing. Prerequisite: instructor permission. Cr 6

LOS 599 Topics: Mindfulness-Based Stress Reduction
Mindfulness is about paying attention without judgment to what is being presented to us in our lives moment by moment right here, right now and then responding to this moment from a place of balance/center rather than reacting from old patterns. In this course we study Mindfulness using practices based on the Kabat-Zinn Mindfulness-based Stress Reduction Program and practices based on the work of Professor Nancy Hathaway. After learning these Mindfulness-based Stress Reduction practices, students will explore ways to integrate Mindfulness into work, family, health, and relationships, particularly into Teaching, Nursing, Social Work, Counseling, and the Healthcare Professions. Cross-listed with SBS 399. Cr 3

LOS 610 Methods of Inquiry
This course considers the concepts, principles, and methods that may be used in research for organizational and leadership studies. Quantitative and qualitative research methods that can be used in organizational planning and decision making and in the social and behavioral sciences will be considered. The course will cover topic areas related to the application of appropriate methods of inquiry. Cr 3

LOS 651 Technology in Society
Technology and society studies investigate the social implications of technology, the values expressed in uses of technology, and the policy decisions that affect and are affected by technological change. Students will analyze various arguments surrounding how technological change has affected the manner in which we live and how we as leaders should utilize technology in the future. Cr 3

LOS 699 Special Topics: Leadership and Entrepreneurial Women
Women start careers in business and other professions with the same level of intelligence, education, and commitment as men. Yet comparatively few reach the top echelons. This gap matters not only because the familiar glass ceiling is unfair, but also because the world has an increasingly urgent
need for more leaders. All men and women with the brains, the desire, and the perseverance to lead should be encouraged to fulfill their potential and leave their mark. With all this in mind, this course is designed to learn what drives and sustains successful female leaders. This is aimed at helping women navigate the paths to leadership and, at the same time, to learn how organizations could get the best out of this talented group. This new approach to leadership through centeredness, mindfulness, self-awareness, positive psychology, role-play, literature, pop culture and theatre can help women become more self-confident and effective business leaders. Cr 3

NUR 332 Nursing Care Older Adult Community
The focus of this course is the family-centered care of older individuals in the community. Emphasis is on nursing assessment, diagnosis, and therapeutic interventions with individuals and families coping with chronic illnesses. Health promotion/risk reduction strategies are applied. The roles of the nurse in interdisciplinary community settings are explored. Ethical issues unique to community settings are analyzed. Prerequisite: NUR 323 or concurrent. Cr 3

OTH 504 Applied Research I
This course introduces the student to the spectrum of investigative strategies that can be used to answer questions of concern to occupational therapists. Students will learn to examine critically current research and to master basic research skills. Students will practice basic research skills through targeted assignments, and the development of research questions, a literature review, and a research project.

OTH 510 Level I Fieldwork: Physical Dysfunction
Students are placed in clinical settings where they can begin to develop professional behaviors, communication skills, and skilled observation in a physical disabilities setting. The accompanying seminar allows students to share and process their experiences as a group. The combination of direct fieldwork experience plus an integrated seminar allows students to further integrate course material and provide a common link between the above mentioned classes. Prerequisites and corequisites: OTH 601, OTH 603, OTH 614. Cr 1

OTH 605 Leadership and Management
This course will introduce content and simulate skills needed for understanding organizations and leadership in occupational therapy. Exposure to leadership styles will be provided in an interactive and collaborative format. Legislation and policy of health care are discussed with emphasis on the importance of being involved. Students should complete the course with a thorough appreciation for the finesse needed in strong leadership, as well as specific working knowledge which will assist them in navigating the fluctuating health care arena. Cr 3

OTH 608 Reflections on Practice: Cognition and Perception
This course explores integration of brain function and its relationship to occupational performance across the life span. Emphasis is on how human beings learn and participate in their environments, with respect to the perceptual and cognitive functions of the brain that are most pertinent to occupational performance. Reflecting on their previous fieldwork experiences, the class examines the relationship of states of damage and dysfunction to engagement in occupations. Students will discuss the psycho-social, physical, and developmental practice domains of occupational therapy as they relate to brain functions. Students will understand assessments, and begin to design preparatory and occupation-based interventions for people, regarding perceptual and cognitive issues. Cr 3

OTH 616 Professional Presentations
This course provides students with the opportunity to disseminate their research results in a professional forum. Students will work with a faculty advisor to prepare their research projects for professional presentation to the community. Course sessions and assignments will be devoted to guiding students through the research dissemination process and transition to the role of a professional. Prerequisites: OTH 504 and OTH 605. Cr 1

OTH 618 Contextual Considerations in Practice
This course utilizes and builds on the fieldwork experiences of students as they gain knowledge and reflect on observed practice skills needed for basic management. An examination of the context of practice will incorporate readings, assignments, and class discussions of effective supervision, reimbursement mechanisms, accrediting agencies, and their impact on departmental operations. Regulation, politics, and changing policies of service provision will be studied, as well as the ethical considerations, program evaluation, and communications necessary for managing people. Students will be taught to consider alternatives, advocate for change, and influence policy decisions. Cr 2

PPM 602 Research Design
focuses on social research as it applies to policy and organizational analysis. Emphasis is on the employment of the scientific method. Basic dimensions of social science inquiry are covered: philosophy of science, research ethics, processes of theory construction, hypothesis testing, validity and reliability issues of measurement, and methods of data collection. Includes survey of applied social research techniques. Course materials are specifically designed to illustrate the particular research problem faced by policy analysts and public/nonprofit managers. Prerequisite: PPM 601. Cr 3

PPM 630 Public Service Innovation and Change
Examines how effective organizations set goals, structure themselves, measure performance, adapt to their environment and innovate, work with diverse constituencies, manage change and internal conflict, and make decisions. Emphasis is given to techniques of analysis that can be used to understand and manage these various organizational functions. Cr 3

PSY 102 General Psychology II
A continuation of Psychology 101J. It deals with complex psychological processes such as ability testing, personality, conflict, behavior disorders and therapy, and social and industrial behavior. Prerequisite: PSY 101J. Cr 3

SBS 300 Deviance & Social Control
The course examines the historical and relative notion of deviance and the nature and type(s) of social control. Cr 3

SBS 303 Abnormal Psychology
This course presents an introduction to the classification, diagnosis, and etiology of what is considered mental illness. Cultural aspects of abnormality will be emphasized, as will integrative models of the causes of mental disorders. This integrative approach considers the complex interplay between biological, psychological, interpersonal, and cultural factors as they contribute to the development and expression of psychological disorders. Cr 3

SBS 329 Research Methods
This course provides an introduction to quantitative and qualitative research methods which can be used in organizational planning and decision making and in the Social and Behavioral Sciences. The course will cover topic areas related to the application of appropriate methods of inquiry and includes completion of an applied project. Prerequisite: LCC 150. Cross-listed with LOS 329. Cr 3

**SBS 340 Language Acquisition & Literacy Development**
This course provides students with opportunities to apply knowledge of fundamental principles and means of investigation used in the study and explanation of language acquisition and literacy development. It plays a foundational role in fostering students’ understanding of literacy, which is key to their development as professionals charged with fostering children’s literacy development. Cr 3

**SBS 399 Special Topics: Leadership and Entrepreneurial Women**
Topics offered will cover special issues in organizations and/or the study of organizations through alternative methods. Cross-listed with LOS 399. Cr 3

**SBS 399 Special Topics in SBS: Mindfulness-Based Stress Reduction**
Mindfulness is about paying attention without judgment to what is being presented to us in our lives moment by moment right here, right now and then responding to this moment from a place of balance:center rather than reacting from old patterns. In this course we study Mindfulness using practices based on the Kabat-Zinn Mindfulness-based Stress Reduction Program and practices based on the work of Professor Nancy Hathaway. After learning these Mindfulness-based Stress Reduction practices, students will explore ways to integrate Mindfulness into work, family, health, and relationships, particularly into Teaching, Nursing, Social Work, Counseling, and the Healthcare Professions. Cross-listed with LOS 599. Cr 3

**SBS 470 Study Abroad**
The goal of this course is to provide an experiential learning opportunity for students to increase their global awareness. Through a variety of readings, overseas traveling, site experiences, and reflection exercise, students will examine a diversity of sociocultural issues in a foreign environment. Prerequisite: instructor permission. Cr 6

**SCI 170 Human Anatomy and Physiology I**
This is the first course in a two-semester sequence in human anatomy and physiology. It introduces basic principles of physiology and anatomy through chemistry, cellular structure and function, genetics, and embryology. This course discusses several physiologic systems including the muscular, skeletal, nervous and integumentary systems. Prerequisites: students should have an understanding of basic biology and chemistry from high school courses or GED. SCI 170 must be taken concurrently with SCI 171. Cr 3

**SCI 171 Human Anatomy & Physiology I Lab**
Laboratory experiences illustrating topics introduced in SCI 170K. Must be taken concurrently with SCI 170K. Cr 1.5

**SCI 252 Medical Microbiology with Lab**
This lecture and laboratory course introduces basic medical microbiology and focuses on the viruses, bacteria, protozoans, and multi-cellular organisms which cause human diseases. It also discusses epidemiology and the immune system. This course meets the requirements of nursing and allied health programs. Prerequisite: SCI 107 or SCI 270/271. Cr 4.

**SCI 270 Human Anatomy and Physiology II**
This is the second course in a two-semester sequence in human anatomy and physiology. Topics in this course will include the nervous system, special sense organs, blood and circulatory system, immune function, respiratory system, digestion and metabolism, endocrine function, renal function, and electrolyte balance. Prerequisites: SCI 170 and SCI 171. Must be taken concurrently with SCI 271. Cr 3.

**SCI 271 Human Anatomy and Physiology II Lab**
Laboratory experiences illustrating topics introduced in SCI 172. Must be taken concurrently with SCI 270. Cr 1.5

**SCI 355 Ecology with Lab**
This lecture and laboratory course examines the theoretical bases upon which ecological investigations are based. The laboratory portion of the course consists primarily of fieldwork during which students complete an ecological assessment of local habitat. Prerequisites: SCI 105/106 and LCC 230 or ESP 101. Cr 4.5

**SOC 100 Introduction to Sociology**
The fundamental concepts, principles, and methods of sociology; analyzes the influence of social and cultural factors upon human behavior; evaluates effect of group processes, social classes, stratification, and basic institutions on contemporary society. Cr 3