

University of Southern Maine School of Nursing
Nursing Major Sample 4-Year Plan of Study 2019-2020 Catalog Year**

Semester I	
*BIO 111 – Anatomy & Physiology I	3
*BIO 112 – Anatomy & Physiology I Lab	1.5
MAT 120 – Statistics course	4
*ENG 100 – College Writing	3
EYE – Entry Experience Year Course	3
Total Credits	14.5

Semester II	
*NUR 100 – Intro. to Professional Nursing	3
*BIO 113 – Anatomy & Physiology II	3
*BIO 114 – Anatomy & Physiology II Lab	1.5
*CHY 107 – Chemistry for Health Sciences	3
CORE Creative Expression Course	3
*PSY 100 – Introduction to Psychology	3
Total Credits	16.5

Semester III	
*BIO 281 – Microbiology for Health Sciences	3
*BIO 282 – Microbiology for Health Sciences Lab	2
*SOC 100 – Intro. to Sociology	3
CORE Cultural Interpretation Course	3
CON 356 – Concepts in Community Health	3
Total Credits	14

Semester IV	
*CON 252 – Human Nutrition	3
*BIO 345 – Pathophysiology	3
*HRD 200 – Multicultural Growth & Develop.	3
NUR 321 – Health-Related Research (was CON 321)	3
Minor or Elective Course	3
Total Credits	15

Semester V	
NUR 300 – Health Assessment	2
NUR 301 – Health Assessment Lab	1
NUR 306 – Nursing Arts and Science	3
NUR 307 – Fundamentals in Nursing Lab	2
NUR 302 – Pharmacology	3
NUR 330 – Mental Health Nursing	3
NUR 331 – Mental Health Nursing Clinical	2
Total Credits	16

Semester VI	
NUR 313 – Intermediate Nursing Skills Lab	1
NUR 323 – Adult/Older Adult Health Nursing	3
NUR 325 – Adult/Older Adult Health Nursing Clinical	4
NUR 332 – Nursing Care of the Older Adult in the Community	2
NUR 339 – Community Nursing Partnerships I	2
Minor or Elective Course	3
Total Credits	15

Semester VII	
NUR 341 – Community Nursing Partnerships II	2
NUR 420 – Reproductive and Pediatric Nursing Lab	1
NUR 421 – Reproductive & Sexual Health Nursing	3
NUR 422 – Reproductive & Sexual Health Nursing Clinical	1.5
NUR 424 – Clinically-Applied Genetics	2
NUR 427 – Child Health Nursing	3
NUR 428 – Child Health Nursing Clinical	1.5
Total Credits	14

Semester VIII	
NUR 413 – Advanced Nursing Skills Lab	1
NUR 423 – Management of the Critically Ill Adult/Older Adult Nursing	3
NUR 425 – Management of the Critically Ill Adult/Older Adult Nursing Clinical	2
NUR 470 – Leadership, Management & Ethics	3
NUR 480 – Practicum/Care Management	3
NUR 490 – Nursing Capstone	1
Minor or Elective Course	2-3
Total Credits	15-16

***Must be completed prior to NUR 300/301/306/307/330/331**

**Students must be admitted to the BS in Nursing major to take NUR courses with the exception of NUR 100, and NUR 302 which may be taken by non-nursing majors.

An Honors Minor + Nursing Major sample plan of study is also available on the Honors Minor website.

CORE: The science exploration, engaged learning, ethical inquiry, international, diversity, and socio-cultural requirements are met through the Nursing curriculum.

Note that at the Lewiston Campus Honors courses may not be available.

Updated 3/21/2019 by NP & LL. Subject to Revision