

**University of Southern Maine School of Nursing**  
**Nursing Major Sample 4-Year Plan of Study 2018-2019 Catalog Year\*\***

Semester I	
*BIO 111 – Anatomy & Physiology I	3
*BIO 112 – Anatomy & Physiology I Lab	1.5
MAT 120, PSY 201 or LAC 120 – Statistics course	3-4
*ENG 100 - College Writing	3
EYE - Honors Entry Experience Year Course	3
Total Credits	
	13.5-14.5

Semester II	
*NUR 100 – Intro. to Professional Nursing	3
*BIO 113 – Anatomy & Physiology II	3
*BIO 114 – Anatomy & Physiology II Lab	1.5
*CHY 107 – Chemistry for Health Sciences	3
CORE Creative Expression Course	3
*PSY 100 – Introduction to Psychology	3
Total Credits	
	16.5

Semester III	
*BIO 281 – Microbiology for Health Sciences	3
*BIO 282 – Microbiology for Health Sciences Lab	2
*SOC 100 – Intro. to Sociology	3
CORE Cultural Interpretation Course	3
CON 356 – Concepts in Community Health	3
Total Credits	
	14

Semester IV	
*CON 252 – Human Nutrition	3
*BIO 345 – Pathophysiology	3
*HRD 200 – Multicultural Growth & Develop.	3
CON 321 – Health Related Research	3
CORE Cluster, Minor or Elective Course	3
Total Credits	
	15

Semester V	
*NUR 300 – Health Assessment	2
*NUR 301 – Health Assessment Lab	1
*NUR 306 – Nursing Arts and Science	3
*NUR 307 – Fundamentals in Nursing Lab	2
*NUR 302 – Pharmacology	3
NUR 330 – Mental Health Nursing	3
NUR 331 – Mental Health Nursing Clinical	2
Total Credits	
	16

Semester VI	
NUR 313 – Adult Health Skills and Simulation	1
NUR 323 – Adult/Older Adult Health Nursing	3
NUR 325 – Adult/Older Adult Health Nursing Clinical	4
NUR 332 – Nursing Care of the Older Adult in the Community	2
NUR 339 – Community Nursing Partnerships I	2
CORE Cluster, Minor or Elective Course	3
Total Credits	
	15

Semester VII	
NUR 341 – Community Nursing Partnerships II	2
NUR 420 – Reproductive and Child Health Skills and Simulation	1
NUR 421 – Reproductive & Sexual Health Nursing	3
NUR 422 – Reproductive & Sexual Health Nursing Clinical	1.5
NUR 427 – Child Health Nursing	3
NUR 428 – Child Health Nursing Clinical	1.5
NUR 424 – Clinically-Applied Genetics	2
Total Credits	
	14

Semester VIII	
NUR 413 – Advanced Nursing Skills Lab	1
NUR 423 – Management of the Critically Ill Adult/Older Adult Nursing	3
NUR 425 – Management of the Critically Ill Adult/Older Adult Nursing Clinical	2
NUR 470 – Leadership, Management & Ethics	3
NUR 480 – Practicum/Care Management	3
NUR 490 – Nursing Capstone	1
CORE Cluster, Minor or Elective Course	2-3
Total Credits	
	15-16

Updated 3/16/2018 by NP & LCL & Subject to Revision

**\*Must be completed prior to NUR 323/325**

\*\*Note that students must be admitted to the Nursing Major to take NUR courses with the exception of NUR 100, NUR 200 and NUR 302 which may be taken by non-nursing majors.

**CORE:** The science exploration, ethical inquiry, international, diversity, and socio-cultural requirements are met through the Nursing curriculum.

**Note that at the Lewiston Campus** Semester V and VII courses are only offered in the Fall and Semester VI and VII courses are only offered in the Spring.