

Transfer Articulation Agreement for Baccalaureate Degree
between
Central Maine Community College
and
University of Southern Maine

Statement of Purpose

Central Maine Community College (CMCC) and the University of Southern Maine (USM) have entered into this transfer articulation agreement. The purpose of this agreement is to facilitate student academic transfer and provide a smooth transition from a two-year community college to a university. It is recognized that this agreement shall describe the required program of study at CMCC for admission eligibility to USM and the Baccalaureate Degree Program indicated.

Terms and Conditions of Academic Credit Transfer

To: Bachelor of Science in Health Sciences
(Name of USM Academic Program/Degree)

From: Associate of Applied Science, Physical Fitness Specialist
(Name of CMCC Academic Program/Degree)

The evaluation and transfer of earned college credits shall be in compliance with state and federal education policies and institutional and academic program accreditation standards pertaining to undergraduate academic transfer. Current students and graduates who have earned degrees from Central Maine Community College shall be eligible for credit evaluation under the terms of this agreement.

Transfer students will be accorded the same standards and criteria for admission to a major degree sequence as USM students. All applicants accepted to USM's Baccalaureate programs must fulfill the graduation requirements of the granting institution as identified in Appendices A, B & C.

- * Appendix A Contains Admission & Graduation Requirements of the Receiving Institution
- * Appendix B Contains Side By Side Course Equivalency Tables for the academic program listed above
- * Appendix C Contains a four semester map of remaining courses to be taken at USM

(Important Note: The information contained in Appendices A, B, & C is accurate for Catalog Year 2019-2020 and the current transfer equivalency listing. For up to date information please check the [UMS Transfer Guide](#) or [MaineStreet](#) for transfer equivalencies and <http://usm.maine.edu/catalogs> for the current course catalog year.

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APPENDIX A

This agreement includes specific requirements for admission into a program, outlines requirements, and indicates which degree or diploma can be used to meet program prerequisites as well as general education, major or program, and graduation requirements.

Admissions requirements: Successful completion of the **AAS Physical Fitness Specialist** degree, submission of a completed admission application, transcripts and other supporting materials. For coursework to transfer to USM, a student must earn a grade of C- or better.

For a list of application instructions and checklist: <http://usm.maine.edu/admit/application-instructions>

Requirements for the USM BS Health Sciences: Remaining required coursework is listed in Appendix C. Student must maintain a cumulative GPA of 2.5 to graduate.

USM Residency Requirement: At minimum, thirty (30) of the last forty-five (45) credits of a student's baccalaureate course load must be completed at USM.

Additional Institutional Contact Information:

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APPENDIX B

*Courses represented in italics are required and equivalencies reflect the required choice. If courses in italics in Appendix B are **not** taken at CMCC, the sequence represented in Appendix C cannot be observed.*

CMCC AAS Physical Fitness Specialist General Education Requirements			USM BS Health Sciences Equivalencies		
Course	Title	Credits	Course	Title	Credits
ENG 101 OR ENG 105	College Writing OR College Writing Seminar	3 or 4	ENG 100	College Writing	3 or 4
PSY 101	Introduction to Psychology	3	PSY 100	Introduction to Psychology	3
COM 100	Public Speaking	3	THE 170	Public Speaking (Creative Expression Core Requirement)	3
MAT 100 OR MAT 101	Intermediate Algebra OR Business Math	3	MAT 101 OR GEL 1XX	College Readiness Mathematics OR General Elective	3
BIO 101/102 OR <i>BIO 115/116</i>	Intro to General Biology/Lab OR <i>BIO 115 Anatomy and Physiology I/Lab</i>	4	BIO 101/102 OR <i>BIO 111/112</i>	Biological Foundations (Science Exploration Core Requirement) OR <i>Human Anatomy & Physiology I/Lab</i>	4
BIO 117/118	Anatomy and Physiology II/Lab	4	BIO 113/114	Human Anatomy & Physiology II/Lab	4
ENG 220 OR ENG 201	Business Communication OR Technical Writing	3	COR 2XX OR ITP 210	Core Elective OR Technical Writing	3
PHI 111	Introduction to Ethics	3	PHI 1XX	Philosophy Elective (Cultural Interpretation Core Requirement)	3
LER 100	First Year Seminar for PHF	1	GEL 1XX	General Elective	1
	<i>PSY or SOC Elective: PSY 111 Developmental Psychology</i>	3	HRD 200	Multicultural Human Development (Socio-Cultural Analysis Core Requirement)	3
Total credits		30 – 31	Total credits accepted		30 - 31

CMCC AAS Physical Fitness Specialist Major Requirements			USM Equivalencies		
Course	Title	Credits	Course	Title	Credits
BIO 121	Nutrition	3	CON 252	Human Nutrition	3
PHF 155	Introduction to Exercise Science	4	SPM 260	Essential of Personal Training	7
PHF 251	Methods of Teaching Group Exercise	3			
PHF 204	Nutrition to Improve Human Performance	3	SPM 219	Lifetime Physical Fitness & Wellness	7
PHF 208	Exercise Test and Prescription	4			
PHF 197	Field Experience	2			
PHF 299	Practicum	4	SPM 385	Practicum I (Engaged Learning Core Requirement)	6
PHF 122	Kinesiology	3			
PHF 150	Methods of Life Style Coaching	3	PHE 1XX	Physical Ed Elective	3
PHF 207	Introduction to Injury Prevention & Management	3	PHE 1XX	Physical Ed Elective	3
			PHE 2XX	Physical Ed Elective	3

Total Major Credits		32		32
Total CMCC credits		62 – 63		62 - 63

APPENDIX C

Remaining USM Degree Requirements

For students in CMCC AAS Physical Fitness Specialist transferring to USM BS in Health Sciences

[Assumes students complete recommended courses at CMCC as listed in Appendix B.]

Year Three Fall		Year Three Spring	
Course	Credit	Course	Credit
CHY 107 Chemistry for Health Sciences OR CHY 113 Principles of Chemistry	3	MAT 120 Introduction to Statistics (Quantitative Reasoning Core Requirement)	4
Ethical Inquiry Core Requirement	3	SPM 477 Health Research Methods	3
PSY 2XX Psychology Elective (200-level or higher)	3	Cluster Core Requirement (1 of 3)	3
SPM 100 Introduction to Exercise, Health and Sport Sciences	3	International Core Requirement	3
Elective	3	Elective	3
Semester Credits	15	Semester Credits	16

Year Four Fall		Year Four Spring	
Course	Credit	Course	Credit
SPM 230 Psychology of Physical Activity and Sport	3	SPM 350 Health Promotion Programs	3
Cluster Core Requirement (2 of 3)	3	Cluster Core Requirement (3 of 3)	3
PHY 101/102 Introduction to Physics/ Lab OR PHY 111/114 Elements of Physics I/Lab	4 - 5	Diversity Core Requirement	3
CON 356 Concepts of Community Health OR SCI/SBS 336 Introduction to Public Health	3	Elective	3
		Elective	3
Semester Credits	13 - 14	Semester Credits	15
Total USM credits: 59 - 60			
Total CMCC and USM credits: 121 - 123			