If you are 50 or older, with a curious mind and an interest in learning just for the joy of it, you are invited to join more than 1,700 like-minded older learners who are members of the Osher Lifelong Learning Institute (OLLI) on the Portland campus of the University of Southern Maine. OLLI at USM is committed to providing its members with a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

As a member of OLLI at USM, you’ll choose from an extensive array of peer-taught courses in the liberal arts and sciences. There are no entrance requirements, grades, or tests. Your experience and love of learning are what count. Some OLLI at USM classes involve homework — usually reading or honing skills taught in class. Homework is not mandatory, but it can enhance your learning experience; what you put in is what you’ll get out of the course.

OLLI at USM is one of 17 Senior Colleges throughout Maine and participates in the Maine Senior College Network (www.maineSeniorCollege.org). The National Resource Center for all Osher Lifelong Learning Institutes (www.osher.net) is located at Northwestern University in Chicago. Currently, there are 119 OLLIs throughout the country.

MEMBERSHIP
OLLI at USM is a self-sustaining, self-governing organization supported through an annual membership fee of $25. The membership fee covers the fiscal year July 1 to June 30. Your annual membership allows you to participate in all OLLI at USM courses and Special Interest Groups at OLLI. You’ll also get Internet access and notification when the OLLI Newsletter is available online.

SPECIAL ACCOMMODATIONS
If you need special accommodations to participate in OLLI at USM because of a disability, please call the USM Office of Support for Students with Disabilities at 780-4706 as soon as you register but at least two weeks before classes begin. OLLI at USM has purchased a portable assistive-listening device that can be used in any Wishcamper classroom. Students using the device will be able to hear the instructor. Any OLLI at USM student with hearing difficulties may request the use of this system. Contact the OLLI at USM office at 780-4406 as soon as you register for class.

SCHOLARSHIPS
Full and partial scholarships are available through a simple, friendly, confidential process. Because of the overwhelming response, scholarships are limited to $50 per person per term, applicable to one course, the SAGE program, or workshops. Scholarships do not apply to OLLI at USM membership, trips, or special events. Scholarship applications are available in the OLLI at USM office. These must be completed, signed, and turned in with each of your course registrations.

NOTE: It is not possible to register for courses online with a scholarship. Please mail or bring your registration form and scholarship to the OLLI office BEFORE registration day to ensure timely enrollment in your class.

Call 780-4406 for more information.

CLASS LOCATIONS
All classes, except where noted, are held in the Wishcamper Center at 44 Bedford Street on the USM Portland campus. See map on page 6.
Online Registration allows you to sign up for classes in real time. To begin the process, visit the OLLI website at: www.usm.maine.edu/olli.

There you will find step-by-step instructions and a link to the registration website. Once you have perused the catalog and chosen which classes you wish to “purchase,” you are ready to go “shopping” on the registration website. You’ll be able to tell how many spaces are still available in your chosen class and can add your name to a wait list if a class is full. Once you pay for your classes, you’ll receive an e-mail confirmation of your registration within minutes. It’s fast, easy, and secure. Please note: Credit card is the only form of payment you can use for online registration. If you must use another payment form (check, cash, scholarship, gift certificate), you’ll need to mail or hand deliver your registration with payment attached.

If you’ve shopped online, you should find online OLLI registration a snap. But if you’re not comfortable doing your own online registration at home, the OLLI staff is standing by to help you. We’re offering onsite instruction in the Wishcamper Computer Lab (see timeline below) and will have one computer in the OLLI office dedicated to online registration. Anyone may use this computer to register online, but you must use a credit card for payment.

**IMPORTANT OLLI AT USM FALL TERM DATES**

**FALL REGISTRATION TIMELINE**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Aug. 2</td>
<td>Online registration for OLLI fall courses begins at 10 a.m. Students with scholarships or gift certificates should get registrations into the OLLI office before this deadline to ensure they are processed in-house on this day.</td>
</tr>
<tr>
<td>Aug. 2-3</td>
<td>If you need help navigating the online process, onsite help setting up student accounts and registering for classes will be available in the Wishcamper Computer Lab (Room 128) from 10 a.m. to noon and from 1 to 3 p.m.</td>
</tr>
<tr>
<td>Aug. 9</td>
<td>OLLI staff will start accepting mail-in, drop-off, and phone registrations.</td>
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<tr>
<td>Sept. 5</td>
<td>OLLI and USM closed for Labor Day.</td>
</tr>
<tr>
<td>Sept. 12</td>
<td>OLLI fall term classes start.</td>
</tr>
<tr>
<td>Sept. 23</td>
<td>Deadline to receive refund on dropped classes.</td>
</tr>
<tr>
<td>Oct. 10</td>
<td>OLLI and USM closed for Columbus Day.</td>
</tr>
<tr>
<td>Nov. 4</td>
<td>OLLI fall term ends.</td>
</tr>
<tr>
<td>Nov. 11</td>
<td>OLLI and USM closed for Veterans Day.</td>
</tr>
<tr>
<td>Nov. 14-18</td>
<td>OLLI fall term makeup week.</td>
</tr>
<tr>
<td>Nov. 24-25</td>
<td>OLLI and USM closed for Thanksgiving.</td>
</tr>
</tbody>
</table>

**CLASS CANCELLATIONS:**

For weather closings, call the USM storm line at 780-4800. If USM is closed, OLLI will be closed.
Schedule-at-a-Glance

Fall 2016

Monday Morning
9:30-11:30
See pages 8-9

Putting Art into Your Digital Photography
Tim Byrne
BYRNE_ARTPHOTO

Current Economic Events
David Chute
CHUTE_ECONOMY

Domestic Policy Issues: Poverty Policy and the American Dream
Bob Goettel
GOETTEL_POVERTY

The Great Directors Series: Clint Eastwood
DeWayn Marzagalli
MARZ_EASTWOOD

The White Knight of Oxford: The Eccentric Genius of Lewis Carroll
John and Linda Perkins
PERKINS_CARROLL

Allen Ginsberg: A Life on the Edge
Ed Schwartz
SCHWARTZ_GINS

Monday Afternoon
12:45-2:45
See pages 9-11

Adventuring Solo with Confidence
Paul Kiley
KLEY_SOLO

The Alchemy of Thriving in Life
Espodd Dodd
DOOD_THRIVE

Exploring Our Kinship with Kentucky Sages
Wendell Berry and Thomas Merton
Paul Doherty, Joan Aldrich
DOHERTY_KYSAGES

Back to Flannery O’Connor, Part 2
Janet Gunn
GUNN_OCONNOR2

Emotional Intelligence for Seniors: Discovering and Living Our Passions
Waite Maclin, Clay Atkinson
MACLIN_EQ

Homer’s Odyssey: Old AND Fresh
Steve Urkowitz
URKOWITZ_ODYSSEY

Eyes on the Prizes, Part 2
Betsy Wiley, Sarah Franklin
WILEY_PRIZE2

Tuesday Morning
9:30-11:30
See page 11

SAGE Lecture Series

Tuesday Afternoon
12:45-2:45
See pages 11-13

Baseball: The Great Teams
Richard Budd
BUDD_BASEBALL

Learnings from Cascading Disasters: Earthquake, Tsunami, Nuclear Meltdown, Radiation, and Stroke
Walt and Ellie Christie
CHRISTIE_STROKE

A Trip Around the World: Eight Movies, Eight Countries: Part 3
Stephen Gleit
GLEIT_8x8x3

Perception and Creativity through the Lens of Sensory Neuroscience
Elizabeth Chapman
CHAPMAN_NEUROART

Popular Music of the 1970s
Terry Foster
FOSTER_70sMUSIC

Reader’s Theater (RT) Performance
Paula Johnson, Barbara Bardack
JOHNSON_RT

Planning for a Good Death
Bill Jose
JOSE_DEATH

Wednesday Afternoon
12:30-2:45
See page 15

Twentieth-Century Classical Music
Carl Smith
SMITH_20CLASSIC

Wednesday Afternoon
12:45-2:45
See pages 15-16

Psychology Looks at Elections
Mike Berkowitz
BERKOWITZ_ELEC

A Trip Around the World: Eight Movies, Eight Countries: Part 3
Stephen Gleit
GLEIT_8x8x3

Africa Since Independence: Coup d’états, Corruption, Challenges, and Courage
Mike Lynch
LYNCH_AFRICA

Wednesday Afternoon
12:45-2:45
See page 15

Perception and Creativity through the Lens of Sensory Neuroscience
Elizabeth Chapman
CHAPMAN_NEUROART
Competing Visions of Democracy in a Diverse Country: The 2016 Presidential Election
Richard Barron Parker, Susan Gesing
PARKER_DEMOCRACY

Explore Portland’s Historic Neighborhoods—On Foot
Bruce Wood
WOOD_PTLD_ONFOOT

Harrison Ford Retrospective
Pat Davidson Reef
REEF_FORDRETRO

Thursday Morning
9:30-11:30
See pages 18-19

Broadway Musicals of the 1970s
Brian Allen
ALLEN_BWAY70s

Tai Chi and the Gifts of Aging
Fred Brancato
BRANCATO_WISDOM

Meet the 19th Century Portlanders Who Made Our City Great
Carol Jenkins
JENKINS_EVERGRN

Zika and Zombies: Epidemics and Their Social Impact
Joel Kallich
KALLICH_EPIDEMIC

Shakespeare’s Richard III: A Continued Exploration of the History Plays
Chris Queally
QUEALLY_RICHARD3

The Peoples of America: Topics in American History I, 1492 – 1865
John Sutherland
SUTHER_AMHIST1

Masterpieces by Tolstoy: Anna Karenina and Childhood, Boyhood, Youth
George Young
YOUNG_TOLSTOY

Thursday Afternoon
12:30-3
See page 19

Considering the Complexities in Human Nature: A Film/Discussion Course
Joan Aldrich
ALDRICH_COMPLEX

Keeping Memory Alive: Family Memoir
Norman Abelson
ABELSON_MEMFAM

Dissecting the Murder Mystery
Sherrie Chapman
CHAPMAN_MURDER

Line Dancing: A Cross-cultural Perspective
Jennifer Frick, Jack Lynch
FRICK_LINEDANCE

From The King And I to Gypsy: Golden Age of Broadway Musicals 2
Lorraine Dutile Masure
MASURE_BWAYGOLD2

Live on Video: Great Classical Music with Great Conductors
Carolyn Paulin
PAULIN_LIVEVIDEO

Honing the Art and Craft of Writing, Continued
Ruth Story
STORY_HONE&WRITE

Shakespeare: A Retrospective
John Sutton
SUTTON_SHAKESPEARE

History of Maine: Prehistory to Present Day, Part 1
Rick Tomazin
TOMAZIN_MAINEHIS1

Friday Morning
9:30-11:30
See pages 21-22

Conundrums in Cognition: Exploring How the Mind Works
Jack Lynch
LYNCH_COGNITION

The Eastern Vision of the Sayings of Jesus
John McLaughlin
MCLAUGHLIN_JESUS

Art Studio
Dona Sherburne
SHERBURN_STUDIO

Great Decisions
Mike Wygant
WYG_DECISIONS16_1

Friday Afternoon
12:45-2:45
See pages 22-23

Exploring Watercolor Techniques
Lorraine Christensen
CHRISTENSEN_WCT

How Things Work
Jim Janak
JANAK_THINGSWORK

Exploring War and Peace
Mark Lawrence
LAWR_WAR&PEACE

Milton’s Paradise Lost: An Epic in English
Evy Newlyn
NEWLYN_MILTON

Great Decisions
Mike Wygant
WYG_DECISIONS16_2

Friday Afternoon
1:30-3:30
See page 23

Conversational Chinese
Fangfang Song
SONG_CHINESE
Saturday, Oct. 15
See pages 24-25
9:30-11:30 a.m. $15
Managing Your Final Affair
Chuck Lakin
LAKIN_DEATHPREP

Ways to Manage Long-Term-Care Risks
Gregory Rogovin
ROGOVIN_LTCARE

9:30-11:30 a.m. $15
Awakening the Sage Within
Anne Murray and Joanne Turnbull
MURRAY_SAGE-ING

9:30 a.m.-3:30 p.m. $25
FDR and Key Women in His Life
Jean Santora
SANTORA_FDRGALS

9:30 a.m.-3:30 p.m. $25
Community American Mah Jongg
Sharon Ash Tancredi and Hiromi Dolliver
TANCREDI_JONGG

Saturday, Oct. 22
See pages 25-26
9:30 a.m.-3:30 p.m. $15
Saving Your History: What to Keep, How to Donate to an Institution
Susie Bock
BOCKDonate

Safe Mobility at Every Age: Transportation Networks, Driverless Cars, and You
Katherine Freund
FREUND_MOBILE

9:30 a.m.-noon $15
Public Enemies: The Life and Times of John Dillinger
DeWayn Marzagalli
MARZ_DILLINGER

9:30-11:30 a.m. $15
Restorative Yoga
Jennifer Cooper
COOPER_RESTYOGA

9:30-11:30 a.m. $15
Hidden Ireland: A Native’s Perspective
Ann Quinlan
QUINLAN_IRELAND

Registration Form & Information for classes and workshops.
See pages 28-29

Saturday, Oct. 29
See pages 26-27
9:30-11:30 a.m. $15
Never a Dull Moment: Knives and Knife Sharpening
Tim Baehr
BAEHR_SHARPKNIFE

The Roaring Twenties
Mike Berkowitz
BERKOWITZ_20s

9:30-11:30 a.m. $15
The Promise and Practice of Restorative Justice – An Introduction
Fred Van Liew
VANLIEW_JUSTICE

Saturday, Oct. 15, 22 & 29
See page 27
9:30-11:30 a.m. $25
Rumor or Fact: Getting Beyond Genealogy
Eleanor Phillips Brackbill
BRACKBILL_FAMILY

9:30-11:30 a.m. $25
Chinese Painting: Technique and Symbolism
Sabine de Canisy
CANISY_CHINA_PNT

Saturday, Oct. 15, 22, 29; Nov. 5
See page 27
9:30-11:30 a.m. $25
Chinese Painting: Technique and Symbolism
Sabine de Canisy
CANISY_CHINA_PNT
The Osher Lifelong Learning Institute at USM is based in the Wishcamper Center at 44 Bedford St. on the Portland Campus.

- OLLI classrooms are on the 1st and 2nd floors
- The OLLI office is on the 2nd floor in Room 210
- The elevator is off the lobby

PARKING AT OLLI

Parking in surface lots on campus may earn you a parking ticket. OLLI pays for our students to park in the USM garage on Bedford St. Simply push the button at the entrance to gain access to the garage. The exit gates will open automatically as you leave.

To park in a handicapped space anywhere on campus, you must have a State of Maine handicapped placard or license plate. There are 20 handicapped spaces in the parking garage and eight in the parking lot directly behind the Wishcamper Center.
Monday Morning 9:30-11:30

Putting Art into Your Digital Photography
Tim Byrne
BYRNE_ARTPHOTO

Let’s explore the elements of design and composition, applying them to your photographs (and mine), discovering the different things that make a photograph “work.” Plan to create images each week and bring them to class for “show and tell.” Yes, there is homework, which you will enjoy and which will help boost creativity in your photography. Designed for students who are comfortable with the mechanics of their digital camera, this repeat class is also open to newcomers. To maximize your learning, you should be able to create a digital photograph and bring it to class on a CD or some form of memory card. Required book: The Photographer’s Eye, Michael Freeman, ISBN 9780240809342, USM price $29.95. No class Oct. 10.

Tim Byrne is an award-winning commercial photographer based in Scarborough. He exhibits his work frequently and has been published in numerous books and periodicals.

Current Economic Events
David Chute
CHUTE_ECONOMY

This repeat course will review major U.S. and world current economic events. Students can determine how each topic will affect them and their family. Topics will include lingering effects of recession and future world economic growth. How do we make effective reforms to the U.S. budget, taxes, medical care, Social Security, and education? There is no textbook assigned. Handouts for each class will be the basis for discussing each topic. Students will have input into which topics will be reviewed. No class Oct. 10.

David Chute retired from Chittenden Corporation, where he was Senior Vice President, Chief Investment Strategist. He has a BS in Math and Science from the University of Maine. David received Certified Financial Planner designation in 1988 and was elected to the University of Southern Maine Bailey Hall Wall of Achievement in 2006. He taught courses at Northern New England Center for Financial Training for over 30 years.

Domestic Policy Issues: Poverty Policy and the American Dream
Bob Goettel
GOETTEL_POVERTY

Fifteen percent of Americans and 21 percent of our children live in poverty; inequality of both income/wealth and opportunity is increasing; and upward mobility is declining. For over 50 years, federal and state policies have sought to at least reduce poverty, with modest success. Why is it so hard and, realistically, what might be done to more fully realize the American dream? A preliminary schedule, including guest speakers, can be viewed at www.rjgusmolli.com. Required books: So Rich, So Poor: Why It’s So Hard To End Poverty In America, Peter B. Edelman, ISBN 9781595589361, USM price $17.95; Our Kids: The American Dream in Crisis, Robert D. Putnam, ISBN 9781476769905, USM price $17. No class Oct. 10.

Bob Goettel is a retired Muskie School faculty member and USM administrator who has coordinated this class at OLLI each spring and fall since 2008. He has led university-based and for-profit policy-research organizations and directed numerous federal and state-level policy and evaluation studies.

The Great Directors Series:
Clint Eastwood
DeWayn Marzagalli
MARZ_EASTWOOD

From the iconic “No Name” hero of Sergio Leone’s Western Trilogy to Academy Award director, Clint Eastwood has established himself as a superb actor, composer, producer, and director over 60 years of filmmaking. He has starred in or directed almost every genre of film and left a legacy of memorable movies. We will highlight some of his best films and discuss his film techniques. Suggested book: Clint Eastwood: A Biography, Richard Schickel, ISBN 9780679749912. The instructor will provide a syllabus and other film and biographical material. No class Oct. 10.

Born in New York City, DeWayn and his wife have lived in Maine since 1975. Since retiring from Federal Law Enforcement, DeWayn spends much of his time doing volunteer work for his church and enjoying the opportunity to teach and take courses at OLLI.
**The White Knight of Oxford:**
**The Eccentric Genius of Lewis Carroll**
*John and Linda Perkins*

In addition to being the author of the immortal *Alice* books, Charles Lutwidge Dodgson, a.k.a. Lewis Carroll, was an Oxford Don, a mathematician, a deacon in the Church of England, a poet, a humorist, an inventor, and perhaps the foremost amateur photographer of his time. **This repeat course** will investigate his life and times and will study in depth the two books for which he is so famously known. We will see parts of several film adaptations as well. **Required books (any editions):** *Alice in Wonderland*, Lewis Carroll, ISBN 9780486275437, USM price $3.50; *Through the Looking Glass*, Lewis Carroll, ISBN 9780486408781, USM price $3. A bibliography of other pertinent books and websites will be provided. **No class Oct. 10.**

Linda and John Perkins are graduates of Colby College (Bachelors) and the University of New Hampshire (Masters). They spent 40 years teaching at Kent School, a Connecticut private coed boarding school.

**Allen Ginsberg:**
**A Life on the Edge**
*Ed Schwartz*

Allen Ginsberg, poet and chronicler of the Beat Generation, was the ultimate bohemian, the ultimate outsider. He lived on the edge of art, politics, religion, and our cultural ideas of “decency.” His heroes were Whitman, Blake, Gandhi, Kerouac, and the Buddha. And he is one of the great American poets. This will definitely be a discussion class! **Required reading:** Ginsberg’s poems “Howl” and “Kaddish,” which can be found online. **Suggested reading:** Any writings on the Beat Generation. **No class Oct. 10.**

*Ed Schwartz is the author of Faithful Voices, Shakespeare Poems, Bringers of the Light, and Stories from the World. His texts have been used throughout the country. His most recent OLLI classes have been on Jack Kerouac, Franz Kafka, Sherwood Anderson, and American Jewish life.*

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**Monday Afternoon 12:45-2:45**

**Le Français Intermédiaire**
*Jacqueline Bucar*

*A continuation of French-language study, with emphasis on expanding vocabulary and listening and speaking ability, this course assumes only a basic knowledge of French but is conducted largely in French to encourage participation in simple discussions. In addition to the text we will continue to read and discuss short stories in the *Petit Nicolas* series. **Required books:** *Façon de Parler 2 Coursebook*, Fifth Edition, Angela Aries and Dominique Debney, ISBN 9781444181227, USM price $29.95; *Le Petit Nicolas*, Sempé-Goscinny, ISBN 9782070364237, USM price $22.95. **This class runs six weeks. No class Oct. 10. The first three sessions will be taught by a substitute.**

Jacqueline Bucar taught high school French in Connecticut for 16 years before pursuing a career in law. She graduated from the University of Connecticut with a BS, from Wesleyan University with a Master’s of Liberal Studies, majoring in Literature and History, and from the University of Connecticut School of Law with a JD. She is a retired immigration attorney.

**Understanding Place: The Cultural Landscapes of New England**
*John Johnson*

This course will present the diverse landscapes of New England’s coast, farms, industries, forests, and mountains, as well as villages, towns, and cities. This place-based, regional approach will consider the contact points between cultural and natural resources that have created the present environment. We will time travel near and far, from Peterborough, N.H., and the White Mountains to Downeast Maine and Cape Cod. Our readings will promote insights into these landscapes that inform our understanding and appreciation of places. **Required book:** *A Landscape History of New England*, edited by Blake Harrison and Richard W. Judd, ISBN 9780262016407, USM price $35. **No class Oct. 10.**

John P. Johnson has a career in cultural resource management and a Master’s degree in American History and writes about places in New England. He is a winter resident of Portland and a summer resident of Brooksville, Maine. He led this course in 2013 and 2014 at Osher@Dartmouth.

*more MONDAY AFTERNOON courses on next page*
Adventuring Solo with Confidence
Paul Kiley
KILEY_SOLO

It may be a book, a poem, a photo, a film, a traveler’s tale, or memory savored which sparks the desire of adventuring on your own. This repeat course can help you overcome the obstacles and prepare you for the new delights and fresh discoveries of traveling solo. Sights and sounds, food and drink, rich and rewarding peopled experiences await; why not just do it? Adventures to share in class are welcome. Suggested books: Wild: From Lost to Found on the Pacific Crest Trail, Cheryl Strayed, ISBN 9780307476074; The Old Ways, Robert Macfarlane, ISBN 9780147509796; Blue Highways, William Least Heat Moon, ISBN 9780316353298; The Last Supper, Rachel Cusk, ISBN 9780312429652. No class Oct. 10.

Paul Kiley, an Irish citizen, has enjoyed adventuring solo for 20 years in Malaysia, Indonesia, New Zealand, Ireland, Britain, Italy, France, Spain, Netherlands, Canada, and the USA. He has taught Communication Studies courses at area colleges in Los Angeles and Minneapolis.

How Stephen Sondheim Revolutionized the American Musical
Richard Pollak
POLLAK_SONDHEIM

In 1958, at age 26, Stephen Sondheim wrote the lyrics for West Side Story. In the following decades, he repeatedly broke the mold of the American musical to become one of the most original creative artists of the 20th century, as a composer as well as a lyricist. He has won eight Tonys, eight Grammys, an Oscar, a Pulitzer Prize, and many other awards. This repeat course will explore Sondheim’s genius by watching and discussing, among other works, Follies, Sunday in the Park with George, Into the Woods, Pacific Overtures, and Sweeney Todd, performed in opera houses worldwide. No class Oct. 10.

Richard Pollak has written several books, was a former literary editor and executive editor at The Nation, a former associate editor at Newsweek, and taught at Yale and New York universities. More at www.richardpollak.com.

Fabric and Fiber Jewelry and More
Barbara Rich
RICH_FABRIC

We will begin this course by viewing samples of fabric and fiber necklaces, earrings, and bracelets, bags, and no-knit scarves. Then, as a group, we will vote on the ones we will make during this course, using fabric, yarn, leather, driftwood, beads, hardware, shells, embroidery thread, buttons, old costume jewelry, and found objects. You will be able to finish these in time for holiday gift giving. Our choices will determine the cost of supplies, some of which the instructor can provide. Some comfort with crafting or sewing will be useful. No class Oct. 10.

Barbara Rich was a tenured faculty member in the School of Social Work at USM for 40 years and is currently a Faculty Emeritus. She is an avid crafter, has taught a workshop on Fabric Jewelry Making, and is a member of the Arts and Crafts Special Interest Group.

The Art of Living Well: A Peace Education Program
Rita Rubin-Long, Stephen Farrell
RUBIN_LIVEWELL

Discover and explore your own inner resources for successful living. Each session in this nine-week, repeat course features insightful talks and meaningful interaction about inner resources such as peace, appreciation, inner strength, self-awareness, understanding, dignity, choice, hope, and contentment. We will have time for reflecting, writing, and discussion. This media-based peace education program was created by The Prem Rawat Foundation. Materials fee: $20, due to instructors at first class for workbook and articles. No class Oct. 10.
Rita Rubin-Long enjoyed the Woodstock Festival in 1969 and witnessed the violence at Kent State University in 1970. As a teacher, she worked in partnership with parents to create the Many Rivers Program in the Portland Public Schools. Now retired, she consults with schools on creating caring learning communities.

International Auteur Cinema 14
Juris Ubans
UBANS_AUTEUR14

This course will examine the important works of recognized international film directors from an aesthetic point of view. We will try to cover them both geographically and chronologically, starting with the silent film and coming close to the present. The primary focus will be on the films, with some lecture and discussion of related material. An optional, extended time period, from 2:45 to 3:20 p.m., will be set aside for discussion for interested participants. Suggested book: A Short History of the Movies, Gerald Mast, ISBN 9780205755578 (a copy available in the OLLI library). This course will run seven weeks, ending Oct. 31. No class on Oct. 10.

Professor Emeritus Juris Ubans is a recent retiree from the USM Art Department. He is a lifelong practitioner of Studio Art as disciplinary immersion and has also been an influential voice in elevating film and photography to the status of Fine Art.

Tuesday Morning 9:30-11:30

Fall 2016 SAGE Lecture Series

Each fall and spring, SAGE provides eight Tuesday-morning lectures. Topics include history, culture, the arts, geography, and science. Drawing on community resources, SAGE offers attendees the opportunity to hear interesting speakers and to learn more about a wide array of interesting subjects. OLLI is excited to offer such an outstanding lecture program at the price of $50 for the entire series.

Further details on the SAGE lineup — along with a registration form — can be found in the SAGE brochure you’ll receive in August. The brochure will also be available on the OLLI website.

Tuesday Afternoon 12:45-2:45

Baseball: The Great Teams
Richard Budd
BUDD_BASEBALL

Throughout baseball history, there have been occasional teams that not only won but dominated over a period of years. We will examine some of these and why they were dominant. We will highlight the outstanding players and their careers, as well as such information as the ballparks they played in. We will also look at a few teams that won but did not dominate their opponents and why they were not able to quite achieve greatness.

Dick Budd is a retired physicist who studied Physics at NYU and Harvard, leading to a doctorate. He spent most of his career developing special-purpose scientific computer systems. He teaches at OLLI on a wide variety of subjects, including bridge, development of the physical sciences, movies, science fiction, and history.

Learnings from Cascading Disasters: Earthquake, Tsunami, Nuclear Meltdown, Radiation, and Stroke
Walt and Ellie Christie
CHRISTIE_STROKE

Through reading aloud chapters of Walt’s book, Rising Above the Wave, the class will learn about strokes, coping with extreme circumstances, the nature of earthquake, tsunami, and nuclear meltdown, facing cultural differences, and how storytelling aids the healing process. Participants will deepen their understanding of resilience and rehabilitation and learn how disaster shaped Walt and Ellie’s global worldview. Suggested book: Rising Above the Wave: Surviving Tsunami and Stroke in Japan 2011, Walter Christie, ISBN 9781633810617.

Walt and Ellie Christie met when he was giving a lecture on the evolution of consciousness. Walt was a psychiatrist at the Maine Medical Center, where Ellie was teaching mind-body medicine to family practice residents. In 1988 Ellie journeyed to Tibet, and later she and Walt attended the Dalai Lama’s medical school.

Register Online at www.usm.maine.edu/olli
The Alchemy of Thriving in Life
Espahbad Dodd
DODD_THRIVE

This repeat course is about launching yourself fully into the stream of life — stretching and growing into your fullest human possibility. Do you have courage enough to do that? Discover the essence and meanings of true “thrivership.” Health and optimal functioning are aggregates of physical, psychological, social, and spiritual well-being. Appraise your strengths and weaknesses vis-à-vis the eight attributes of thrivership. Meet and enjoy interaction with others on the path to the “good life” in a structured format of group dynamics. Find new tools to rekindle your hope of self-realization and live life fully.

For over 25 years, Espahbad Dodd’s work and life have found inspiration in the notion of “thrivership.” He has conducted phenomenological research to define the essence of thrivership and developed protocols for stimulating one’s growth on the path of thrivership. Espahbad holds a Master’s in Psychology and numerous specialized certifications.

Exploring Our Kinship with Kentucky Sages
Wendell Berry and Thomas Merton
Paul Doherty and Joan Aldrich
DOHERTY_KYSAGES

Dynamic contemporary debate swirls around environmental concerns, social/economic injustices, and freedom of religious expression. Focusing on the writings of compassionate, insightful thinkers Wendell Berry (b. 1934) and Thomas Merton (1915-1968), with occasional reference to Pope Francis, the instructors provide opportunity in this discussion-based course to read aloud and consider their teachings. Pope Francis articulates the urgency of acknowledging our shared humanity and cultivating greater reverence for “Mother Earth,” our common home, noting that “nothing in this world is indifferent to us.” “We do not exist for ourselves alone, and it is only when we are fully convinced of this fact that we begin to love ourselves properly and thus also love others,” (Merton). No class Oct. 11; makeup class Nov. 8.

Joan and Paul both have MDiv degrees and have engaged in thoughtful theological discourse and engagement for many years. Quieter participants will not be pressured to speak. All spiritual persuasions welcomed in an atmosphere of respectful listening/dialogue.

Back to Flannery O’Connor, Part 2
Janet Gunn
GUNN_OCONNOR2

In spring 2016, Janet Gunn launched a two-part course devoted to O’Connor’s essays as well as a wider selection of short stories than those introduced in 2011. During this second part of the course, we will add O’Connor’s letters from the collection The Habit of Being, “a self-portrait in words,” as editor and friend Sally Fitzgerald calls it. Brad Gooch’s acclaimed biography will bring this course to a close. Required books: The Complete Stories, Flannery O’Connor, ISBN 9780374515362, USM price $17; Mystery and Manners, Flannery O’Connor, ISBN 9780374508043, USM price $17; The Habit of Being: Letters of Flannery O’Connor, ISBN 9780374521042, USM price $24; Flannery: A Life of Flannery O’Connor, Brad Gooch, ISBN 9780316018999, USM price $18.

Janet Gunn received her doctorate from Duke University in 1979 after a Bachelor of Divinity and Master’s from the University of Chicago in the early 1960s. In Palestine she taught a course in 2010 called “Reading Flannery O’Connor under Occupation.”

Shedding Light on the Dark Ages
Alicia Harding
HARDING_DARKAGES

The Medieval period is often thought of as a time in European history when not much happened. This is an erroneous assumption. The Middle Ages saw a lot of action: plague, war, pestilence, and crusades as well as the beginnings of

BOOKS AND CLASS MATERIALS

- Acquiring books and materials is the student’s responsibility.
- Books and materials will be listed in each course description as Required (the class — i.e., a literature course — cannot function without the book) or Suggested (it would enhance the class but is not necessary).
- Book prices are listed only for required books and reflect USM Bookstore prices. If no books or materials are listed in a course description, none are needed.
- For your convenience, all required books and a limited number of copies of suggested books will be carried in a special OLLI-designated section at the USM Bookstore on the USM Portland campus. However, students also are welcome to procure books from other sources, including online vendors, local libraries, and friends.
universities, the creation of beautiful art and architecture, and the formation of the nation-state system that we know today. **Suggested book:** Oxford History of Medieval History, George Holmes, ISBN 9780192801333.

Alicia Harding retired from Deering High School in 2000 and is currently an instructor in World History and Historical Archaeology at Southern Maine Community College. Alicia has a Master’s degree in European Intellectual History, has attended workshops at the Metropolitan Museum of Art, and received a National Endowment of the Arts grant to study in England.

**Designing the Life You Want: Navigating Your Third Age**
William Sadler
SADLER_3RDAGE

This repeat course provides a new view of the Third Age (from 50 to 80), based on 25 years of Sadler’s research about people who are creatively redesigning their lives and redefining retirement. We shall explore principles for personal growth that can support a successful transition into a Third Age of fulfillment. Classes encourage participant interaction. In addition to reading and discussion, practical Third-Age life-planning exercises help students tap their creative potential to address the challenges and possibilities of this new stage in life. **Required book:** Changing Course: Navigating Life after 50, William Sadler and James Krefft, ISBN 9780979351051 (available from instructor for $20).

Bill Sadler (PhD, Harvard) has been a college teacher and administrator and is author of six books. A Professor of Sociology and Business at Holy Names University in Oakland, Calif, he also lives in Bristol, Maine, with his wife. His last three books have focused on Third Age growth and renewal.

**Introduction to Islam**
Kathleen Howard Sutherland
SUTHERLAND_ISLAM

Islam is one of the world’s three monotheistic religions. We will address Islam’s origins, its spread across the world, the growth of its diversity in understanding and practice, the evolution of the major schools of law, the response to contact with the West, and its major contemporary “faces.” Visiting speakers and visual material will provide a deeper, sensitive understanding of this major contributor to the world’s civilization. The role of gender, the meeting or clash of Islam with other religions, and the challenges within Islam over interpretation and action will be explored. **Suggested book:** No God but God: the Origins, Evolution, and Future of Islam, Reza Aslan, ISBN 9780812982442.

Kathleen Sutherland is Associate Professor Emeritus of Political Science and Women’s Studies at BGSU in Ohio. Her PhD from Indiana University is in Middle East Studies and Political Science. She lived for a long period in Egypt. Kathleen has published on the roles of Egyptian, Moroccan, and Afghan refugee women.

**Wednesday Morning 9:30-11:30**

**Psychology Looks at Elections**
Mike Berkowitz
BERKOWITZ_ELECT

As November approaches, we will examine the various factors that weigh upon elections. Each class meeting will focus on one of those factors: the voters, the candidates, campaigning, persuasion, political parties, democracy, government, and the media. Psychology concepts, theories, and experiments can provide thought-provoking perspectives on elections. Mini-lectures will precede open discussions, as we look at issues relating to elections in general and to this fall’s in particular.

Mike Berkowitz received a BA from Brown and a MA from the University of Massachusetts. He taught preschoolers, fifth-graders, and undergraduates before finding his niche at OLLI. He loves to use psychology to examine human interactions, to explore personal growth, and to critique society.

**A Trip Around the World: Eight Movies, Eight Countries: Part 3**
Stephen Gleit
GLEIT_8x8x3

This is not a repeat course! Eight new movies, eight new countries. Take a visual trip around the world through the prism of eight international movies made by native filmmakers in their own language. These contemporary movies all share a compelling story with outstanding cinematography. Your magic carpet awaits. All movies have subtitles. **Mature content advisory:** Some movies contain themes of a sexual nature and/or nudity (rated PG-13 or R).

Steve Gleit is a retired attorney now enjoying the good life in Portland with his wife, Dana, and Dash the cat. His exposure to an immigrant clientele fueled a passion for foreign cultures. He finds movies a pleasing way to escape and explore from the comfort of the classroom.

more WEDNESDAY MORNING courses on next page
Africa Since Independence: Coup d’États, Corruption, Challenges, and Courage

Mike Lynch
LYNCH_AFRICA

This class will view Sub-Saharan Africa since the first Colony gained independence in 1957, focusing on Ghana, South Africa, and the DRC. We will analyze trends and discuss how the past 65 years impact the continent today. Despite this tumultuous and brutal period, we will learn about nation-building concepts, different cultures, and the strengths of human beings. Classes will include some reading, interspersed with video clips, lecture, and discussion. A weekly cultural exercise will help explain Western and African perspectives.

Mike Lynch spent his professional career working in hi-tech. He shares five product design patents and has a MBA from UNH. He first retired in May 2009 when he and his wife, Lynn, became Peace Corps Volunteers, working in Bulgaria with the Roma Gypsies for 28 months. He then spent three years as a Peace Corps Director managing Ghana PC operations. He has traveled extensively in Africa and “winters” in Cape Town South Africa.

Emotional Intelligence for Seniors: Discovering and Living Our Passions

Waite Maclin and Clay Atkinson
MACLIN_EQ

Emotional intelligence (EQ): The capacity for recognizing our own feelings and those of others, for motivating ourselves, for managing our emotions well in ourselves and in relationships. Benefits include improved, warm relationships in our personal lives; better definition of and commitment to our “passion”; improved emotional well-being and happiness; greater appreciation of goodness, beauty, and authenticity; ability to find meaning in suffering; and better management of our own actions.

Waite Maclin, a psychotherapist and organizational consultant, was the training officer for the Peace Corps in the Philippines. His consulting focuses on teambuilding, conflict resolution, goal setting, and leadership training. He is certified to administer the Emotional Intelligence Instrument.

Clay Atkinson, a senior corporate manager and long-time consultant, has provided streetwise strategies to over 150 profit and non-profit clients in 30 industries. He’s learned the attributes, attitudes, beliefs and behaviors of clients and customers. Experience includes: MBA adjunct professor, board member, mentor, co-founder of elder’s and men’s Groups.

Homer’s Odyssey: Old AND Fresh

Steve Urkowitz
URKOWITZ_ODYSSEY

We will read, talk about, and write reactions to Homer’s wonderful and wise adventure story, The Odyssey. It is my favorite book, a poetic, epic tale of love, trouble, feuds, nasty villains, great friends, heroes, and regular folks. The great translation into English is by Robert Fitzgerald, crisp and sensual. (No other translations should be used.) Required book: The Odyssey, Homer, translated by Robert Fitzgerald, ISBN 9780374525743, USM price $14. This course will start a week late, on Sept. 21, and run for seven weeks.

Steve Urkowitz is a passionate teacher, retired from the English and Theater Departments at the City College of New York. He is an active Shakespeare scholar, acting coach, stage director, cook, and bicycle rider.

Eyes on the Prizes, Part 2

Betsy Wiley and Sarah Franklin
WILEY_PRIZE2


Betsy Wiley, PhD, George Washington University, takes great joy in reading, matched only by her delight in discussing books with OLLI readers.

Sarah Franklin, BA, Bates; MAT Harvard, taught high school English in public and private schools, here and abroad. She enjoys both giving and taking classes at OLLI.
**Wednesday Afternoon 12:30-2:45**

**Twentieth-Century Classical Music**

Carl Smith

SMITH_20CLASSIC

The first hour of each session will be devoted to a chapter from the excellent video presentation of the history and development of 20th century classical music by the conductor Simon Rattle, followed by class discussion. The second hour of each class will feature videos of a wide range of 20th century classical music, from the lush romanticism of Rachmaninoff and the irresistible melodies of Prokofiev, Ravel, and Gershwin to the folk-music-inspired works of Bartok, challenging atonal works by Schoenberg and Berg, and many other composers from the entire range of styles of contemporary classical music.

Carl Smith has been teaching music appreciation courses at OLLI for 9 years in classical music, opera and jazz. This is his first course devoted entirely to 20th century classical music. His equal passion for both music and music reproduction results in an audio/video experience that approaches a live performance in the classroom.

**Wednesday Afternoon 12:45-2:45**

**Perception and Creativity through the Lens of Sensory Neuroscience**

Elizabeth Chapman

CHAPMAN_NEUROART

Great artists have discovered the neurological antecedents of our perception, each in a manner unique to their method. J.S. Sargent's work seems to have great sensuality. Ellsworth Kelly's work is simple and intellectual. Grant Wood creates a meticulous sense of depth, while Rothko's huge paintings evoke ethereal, universal space. Rembrandt's portraits evoke psychological experience. Jackson Pollock makes physical sensation tangible in paint. How does art cause us to have these experiences? This repeat course combines lectures, slides, readings, and discussions about ancient neurology to explore its role in creativity. Hands-on exercises will help us explore our own unique pathways and preferences of perception. **Required book:** *A Brief Tour of Human Consciousness*, V.S. Ramachandran, ISBN 9780131872783, USM price $16. Additional short readings provided in class. Class will start on Sept. 21 and run seven weeks.

**Reader’s Theater (RT) Performance**

Paula Johnson and Barbara Bardack

JOHNSON_RT

This ongoing, nine-week course provides an opportunity to learn and practice basic acting techniques using voice and facial expressions. The class will include pantomime and improvisation skills applicable to RT. While sharing constructive critiques, class members will be cast in various roles and will rehearse multiple short plays, followed by a performance. No memorization required. **It is important that all actors are onboard weekly for the full term.**

Paula Johnson holds a Master's in Business Management from Husson, and her professional life spans 40 years. She has pursued theater in all aspects, touring with Portland Children's Theater in New England, acting in local theater groups, and working in many behind-the-scenes capacities.

Barbara Bardack, a retired public-school teacher, taught Reader's Theater as an aid to reading instruction and appeared in school productions and Community Theater in New York, Ohio, and Freeport, Maine. Behind-the-scenes work includes a stint in Public Broadcasting and as props master with the Freeport Community Players.

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**Popular Music of the 1970s**

Terry Foster

FOSTER_70sMUSIC

Think “boogie shoes” and “disco,” along with solo music from Streisand, Ronstadt, and Manilow, and you’ll get a glimpse of what we’ll cover. The BeeGees, Led Zeppelin, K. C. and the Sunshine Band, and The Eagles represent groups we’ll hear. Disco stars like Donna Summer, Gloria Gaynor, and Michael Jackson will entertain. We’ll also pay homage to blues man B. B. King. Via videos, discussion, live piano music, and CDs, we’ll explore the hits and performers that made it to the top of the charts. We’ll cover the top news of the decade, too. No text is required. Can you dig it?

Terry Foster was classically trained but loves to play popular music. He’s played in a dance band and a rock band, accompanied singers, taught music, and performed solo. A retired USM administrator, he co-founded Senior College, OLLI’s predecessor. He holds two Master’s degrees, plus a doctorate in Higher Education Administration.

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Register Online at www.usm.maine.edu/olli
Planning for a Good Death
Bill Jose

This repeat course is about coming to terms with death. Your death. A good death. We’ll push buttons and comfort zones as we discuss the end of life and how to deal with it. We’ll strive to imagine what a “good death” might mean and how to have one. Discussion will be based on readings and videos. Required book: Hard Choices for Loving People, Hank Dunn, 9781928560067, USM price $6. Also available through amazon.com and www.hardchoices.com.

Bill Jose holds a PhD in Social Psychology from Stanford University and a post-retirement BFA from the Massachusetts College of Art. He has a Certificate in Clinical Ethics, is a certified Advance-Care Planner, and has volunteered at Maine Medical Center and the Hospice of Southern Maine.

Competing Visions of Democracy in a Diverse Country: The 2016 Presidential Election
Richard Barron Parker and Susan Gesing

We will consider the domestic and foreign policy issues animating the 2016 presidential election. We will discuss the election process itself and the conceptions of citizenship and democracy that underlie different opinions on those policy issues. The emphasis will be on discovering the roots of our own opinions. Required books: American Nations: A History of the Eleven Rival Regional Cultures of North America, Colin Woodard, ISBN 9780143122029, USM price $17; any edition of the United States Constitution. Class will not meet on Oct. 19; makeup class on Nov. 9.

Richard Barron Parker, Professor Emeritus from Hiroshima Shudo University, taught American law and politics in Japan for 21 years. He has a PhD in Philosophy from the University of Chicago and a JD from Harvard Law School.

Susan Gesing has a BA from Smith College and a MEd from Cambridge College. Always intrigued by political campaigns, she looks forward to co-teaching this course.

Explore Portland’s Historic Neighborhoods — On Foot
Bruce Wood

In this repeat course, enjoy six weekly, narrated walks through Portland’s historic neighborhoods exploring the city’s history, architecture, and people since Europeans arrived. View historic structures, learn about famous architects and their works, and discuss immigrant populations. The longest walk will be two miles in two hours. The greatest elevation change will be from the Longfellow House to the waterfront and back. All walks will be on pavement, with side trips into two grassy cemeteries. Rain or shine. Suggested book: Portland, A Short History, Allan Levinsky, ISBN 9781933212432. Instructor will contact students about the meeting place prior to each class.

Bruce Wood moved to Portland after retiring as a computer programmer for Amtrak. He fell in love with the city’s history and architecture and now serves on Portland’s Historic Preservation Board. He leads tours of the Old Port for the Maine Historical Society, the Victoria Mansion, and the Observatory.

Harrison Ford Retrospective
Pat Davidson Reef

Adventure, excitement, and action-filled drama can be seen in the films of Harrison Ford. Film lovers looking for excellent acting, powerful scripts, outstanding direction, and artistic photography will enjoy this course. Films include: Witness (1988), Presumed Innocent (1990), Clear and Present Danger (1994), Airforce One (1997), and K-19: The Widow Maker (2002). These films are modern classics because they have timeless themes, universal emotions, and believable characters, and they have stood the test of time, appealing to more than one generation. Come enjoy Harrison Ford starring in high-quality films created by the American film industry.

Pat Davidson Reef has a Master’s in Education, taught many years at Catherine McAuley High School, has written two children’s books, Dahlov Ipcar, Artist, (1987) and Bernard Langlais, Sculptor (1985), and is currently writing on the arts for the Lewiston Sun Journal. Pat has taught films at OLLI for 15 years.

REFUND POLICY

- You will receive a 100 percent refund if you cancel by the END OF YOUR SECOND WEEK OF CLASS. No refund after that point. No refunds are given for OLLI at USM annual membership fees. To transfer from one course to another, or to drop a course, call the OLLI office at 780-4406.
- If OLLI cancels a class due to low enrollment, you will be notified and offered the option of a refund or an alternate course.
Writers’ Workshops

Wednesday Afternoon

Writers’ Workshop:
The Shiny Day Poets
Muriel Allen and Magdalene Came
SHINY_WWPOETRY
12:45-3 p.m.

This ongoing poetry-writing workshop is limited to 12 members. Participants may be asked to prepare a short poetic presentation, referred to as a “Golden Nugget,” and to design a prompt for a poem for the next session. Everyone brings 12 hard copies of their drafts for the others, which are taken home, read, and returned with detailed suggestions given for the poet’s use. We participate in outside readings, go to lectures, and sometimes enter contests. In May, we’ll join the OLLI Writers Showcase. This workshop meets the first Wednesday of the month from October 2016 through May 2017.

Muriel Allen has worked in bookselling for over 30 years, the last 15 years at Nonesuch Books. She has been in the Poetry Workshop for three years and has been a poetry appreciator – reader, memorizer, writer – since childhood.

Magdalene Came has been a member of the Shiny Day Poets for seven years. Her work has been published in OLLI’s Reflections magazine and the group’s Chap Book Pieces of Eight. She is a lifelong lover of reading and writing poetry.

Writers’ Workshop: Memoir
Ruth Story
STORY_WWMEMOIR
12:45-2:45 p.m.

This ongoing workshop is not a class but a supportive group of memoir writers who share and respond constructively to each other’s work. New members are welcome, to a limit of 12. The workshop meets on the second Wednesday of each month from October 2016 through June 2017.

Ruth Townsend Story, editor, writer, and award-winning teacher, has written five books and scripted eight computer-assisted programs for teaching composition and literature. Currently she edits and writes feature stories for two publications and educational materials for Scholastic Publishing. She also is a frequent presenter at professional conferences.

Writers’ Workshop: Fiction
Nancy Bills and Joan Kotz
BILLS_WWFICTIO
12:45-3 p.m.

This ongoing workshop is a supportive peer group of 10 fiction writers working to improve their short-story writing skills. Each month, members send their work to one another in advance of the meeting. Each is responsible for constructive feedback of the work to be shared and discussed at the next session. The workshop will evolve in response to the interests of its members. New members are welcome. This workshop meets on the third Wednesday of each month from September 2016 through April 2017.

Nancy Freund Bills, MS, MSW, loves words; she loves reading and writing them. Her stories have been published in Reflections, the OLLI Review, the Goose River Anthology, The Maine Review, and in the 2014/83rd Annual Writers’ Digest Competition Collection.

Joan Kotz has taken numerous writing courses at OLLI and is a member of two writing workshops. Her work has appeared in Reflections, The Maine Review, and the Goose River Anthology.

OLLI/USM Student Privileges

Membership in OLLI at USM entitles you to:

- Parking in the USM garage, courtesy of OLLI at USM
- Access to wireless Internet on the USM campus
- An OLLI-designated USM photo ID card (fill out a simple request form in the OLLI office)
- Access to the USM library
- Special USM discounts throughout Greater Portland (details at usm.maine.edu/olli/olliusm-student-privileges)

Register Online at www.usm.maine.edu/olli
Thursday Morning 9:30-11:30

Broadway Musicals of the 1970s
Brian Allen
ALLEN_BWAY70s

We’ll look at the musicals that opened on Broadway during the 1970s. The class will also focus on creators of musicals (Stephen Sondheim, Harold Prince, Michael Bennett, Cy Coleman, Charles Strouse, Thomas Meehan, Richard Maltby, etc.) and Broadway stars (Lauren Bacall, John Cullum, Nell Carter, Dorothy Loudon, Donna McKechnie) of the ’70s. This decade saw a shift in style, from less traditional book musicals to what is referred to as the concept musical. Broadway began a major revitalization during this decade, which will also be explored in lecture, discussion, and film. **Class will start a week late, on Sept. 22, and end Nov. 10.**

Brian Allen is Executive and Artistic Director of Good Theater, a professional theater company at the St. Lawrence Arts Center that he co-founded in 2002 with Steve Underwood. During 14 seasons, Allen has directed more than 50 productions and events at Good Theater and worked at numerous other theaters throughout Maine.

Tai Chi and the Gifts of Aging
Fred Brancato
BRANCATO_WISDOM

Centuries old, Tai Chi and Qigong are slow moving and breathing exercises developed in China. They promote physical and mental wellbeing and are described as meditation in motion. We will combine these ancient Taoist exercises with mini lectures, readings, and discussions about how the wisdom of the world’s spiritual traditions can help us age gracefully. Particular focus will be placed on the sacred texts of Hinduism and Taoism. Most of the class will be devoted to Tai Chi and Qigong practice. Loose, comfortable clothing is recommended. **Suggested book:** *Ancient Wisdom and the Measure of Our Days: The Spiritual Dimensions of Retirement, Aging and Loss*, Fred Brancato, ISBN 9781606937020.

Fred Brancato has practiced Tai Chi and Qigong for 29 years and taught them for 14. A student of the world’s diverse spiritual traditions for 60 years, he has a PhD from New York University’s Department of Culture and Communication and a MA in Religious Education from Fordham University.

Meet the 19th Century Portlanders Who Made Our City Great
Carol Jenkins
JENKINS_EVERGRN

Evergreen Cemetery is a jewel in the heart of the city. Many prominent Portlanders have been interred there. Walking through with a knowledgeable docent is a walk through our history. **We will meet at Evergreen in the Wilde Chapel weekly,** and we will learn about a different aspect of our past, as we have a lecture and a guided tour with a different trained docent each week. Friends of Evergreen docents give guided tours every spring through fall and love to investigate, research, and share knowledge about the lives of those who rest there.

Carol Jenkins, BS, MA, is a retired teacher and has been a docent at Evergreen Cemetery for five years.

Zika and Zombies: Epidemics and Their Social Impact
Joel Kallich
KALLICH_EPIDEMIC

Epidemics and pandemics have transformed global history, culture, and politics and continue to shape our evolution as a species. With global climate change, intensified worldwide travel, and direct human impact on the earth’s ecosystem, how we respond to the many new contagious disease outbreaks will affect our future in many ways. Yet responsibility for public health is underfunded and local. Through lecture and discussion, we explore social, political, and historical impacts of epidemics of the past, those of today, and the potential ones of tomorrow. **Required book:** *Viruses, Plagues, and History: Past, Present and Future*, Michael Oldstone, ISBN 9780195327311, USM price $18.75.

Joel Kallich has a PhD in Medical Sociology from Boston University and has taught at UCLA, Northeastern, and Boston universities. He has worked at the RAND Corporation; Office of the Inspector General of DHHS, Massachusetts Department of Public Health; and Amgen, a global biotechnology company. He now provides consulting services.

Shakespeare’s Richard III: A Continued Exploration of the History Plays
Chris Queally
QUEALLY_RICHARD3

One of Shakespeare’s (and history’s) great villains, Richard III follows Henry VI parts 2 and 3 in a sequence that establishes Shakespeare as a true genius of English historical drama and brings to a close the epic story that began 85 years earlier with Richard II. This play closes out the Wars of the Roses and brings the Tudors and political (if not religious) stability to England for the next 100 years. **Required book:** *Richard III*, William Shakespeare, ISBN 9780486287487, USM price $3. (Any text will do, but the RSC or the Signet edition both present good texts, generous scholarly material, and are fairly inexpensive.)
Chris Queally is a retired English teacher and director of numerous student productions of Shakespeare. He has a MA in Text and Performance from The Shakespeare Institute in Stratford-upon-Avon and has taught a number of Shakespeare plays at OLLI.

The Peoples of America: Topics in American History I, 1492 – 1865

John Sutherland
SUTHHER_AMHIST1

Is your knowledge from that high school or college U.S. History course fading into the misty recesses of time? Feel the need for a refresher? Did you know that in many ways we are writing and teaching history differently than 40 to 50 years ago? **This two-term, repeat course** will survey major topics in America's social, political, and economic history. Members may take one or both courses, in any order. **Suggested book:** A Short History of the United States, Robert Remini, ISBN 9780060831455.

John Sutherland graduated from the University of Maine and received his PhD from Temple University. He is Emeritus Professor of History at Manchester (Conn.) Community College and also taught at the University of Connecticut and Eastern and Central State universities.

Masterpieces by Tolstoy:
Anna Karenina and Childhood, Boyhood, Youth

George Young
YOUNG_TOLSTOY

Through discussion, lecture and film, this class will focus on Tolstoy's supreme stories of happy and unhappy families: the early autobiographical Childhood, Boyhood, Youth and the later masterpiece, Anna Karenina. **Required books:** Anna Karenina, Leo Tolstoy, tr. Pevear and Volokhonsky, ISBN 9780143035008, USM price $19; Childhood, Boyhood, Youth, Leo Tolstoy, tr. Rosengrant, ISBN 9780140449921, USM price $17.

George Young has a BA in English from Duke and a PhD in Slavic Languages and Literatures from Yale. He has taught Russian literature at Grinnell, Dartmouth, UNE, and in previous OLLI courses. His recent book is The Russian Cosmists (Oxford, 2012).

Thursday Afternoon 12:30-3

Considering the Complexities in Human Nature: A Film/Discussion Course

Joan Aldrich
ALDRICH_COMPLEX

How does fullness of character emerge? Isn’t it, in large part, through relatedness to others and our experiences with them? How is it that unexpected aspects of our nature find their way to expression? **This seven-week class, starting Sept. 15,** explores themes of redemption, release, forbearance, renewal, and vengeance. Can vengeance ever contribute to redemption? We’ll often discover empathetic resonance with “the bad guys” in these films, as “bad-acting” characters come across as lovable. Can we see any part of ourselves in them? In their life circumstances, might we have acted similarly? We’ll also discuss how “good” people sometimes become corrupt. Captivating soundtracks and/or gorgeous settings help mitigate mild violence in Midnight in the Garden of Good and Evil; Jackie Brown; In the Bedroom; A Bronx Tale; The Weight of Water; The Shawshank Redemption; Unforgiven.

Joan Aldrich, MDiv, provides extensive background information/resources and facilitates sensitive, thoughtful discussions.

Thursday Afternoon 12:45-2:45

Keeping Memory Alive: Family Memoir

Norman Abelson
ABELSON_MEMFAM

Calling up memories. Writing them down. Editing them. Discussing with classmates. **In this repeat course,** there will be writing assignments, both in class and as homework. The instructor will work with students toward a well-written and meaningful result. **Required book:** Right Time, Right Place, Norm Abelson (instructor will provide; $16.95).

Originated at Brandeis University some two decades ago, this course has been attended by hundreds of folks wishing to keep their stories alive and pass them down. Norm Abelson is working to complete his third book of memoir and second volume of poetry.
Dissecting the Murder Mystery
Sherrie Chapman
CHAPMAN_MURDER

This course is for mystery readers who want to explore the various aspects of the genre. Each of the assigned books, including novels with graphic violence, represents a popular series of mysteries set in Maine. Class participants will be asked to share their favorite crime series during class discussions analyzing the mystery genre, archetype characters, and plot development.


Sherrie Chapman has Master’s degrees in American History and Public Administration but spent far too much of her time reading murder mysteries instead of studying.

Line Dancing:
A Cross-cultural Perspective
Jennifer Frick and Jack Lynch
FRICK_LINEDANCE

This participatory dance class draws from line dances from many cultures. We use traditional country-and-western line dances and some contemporary music, but we sometimes include a jazz line dance from Harlem called the Shim Sham, a Greek line dance, and a Brazilian samba line dance. Prior dance experience is not necessary, but ability to comfortably walk two miles at a decent pace is strongly recommended. New dances will be taught and previously taught dances reviewed at each class.

Jennifer Frick has danced informally her whole life and has been a student and a co-teacher in the line dance class for two sessions.

Jack Lynch has danced socially for 30 years. He taught swing dance once a week for six years at a bar in Massachusetts.

From The King and I to Gypsy:
Golden Age of Broadway Musicals II
Lorraine Dutile Masure
MASURE_BWAYGOLD2

This is the second semester of the Golden Age of Broadway Musicals (1952 to 1959). Building on the innovations of the first semester’s classics, we will review the influential musicals of The King and I, Damn Yankees, My Fair Lady, West Side Story, The Music Man, The Sound of Music, and Gypsy. All of these feature music and choreography fully integrated into a well-made story with serious dramatic goals able to evoke genuine emotions. Whether you experience musicals on stage or via film, come, learn, review and discuss. Also enjoy briefly viewing some musical highlights of each production.

Lorraine Dutile Masure is a former University of Maine System administrator. Now retired, this is her 12th semester leading Senior College courses, and she considers the journey pure delight! She holds a Bachelor’s degree in English and a Master’s in Adult Education.

Live on Video: Great Classical Music with Great Conductors
Carolyn Paulin
PAULIN_LIVEVIDEO

This class will present eight landmarks of classical music, recorded live, in concert, in some of Europe’s most beautiful churches and concert halls. Conductors include Claudio Abbado, Leonard Bernstein, Nikolaus Harnoncourt, Christopher Hogwood, and Carlos Kleiber. We’ll view choral works, including Handel’s “Messiah,” Mozart’s “Mass in C Minor,” Brahms’s “German Requiem,” and Bach’s “St. John Passion,” as well as his “Magnificat in D” and several cantatas. Also included are three works by Beethoven -- his Fourth and Fifth Piano Concertos, with pianist Krystian Zimerman, and Symphony No. 9 “Choral.” We’ll end with music by the Strauss family -- the 1992 New Year’s Concert by the Vienna Philharmonic.

Carolyn Paulin earned her DMA in Choral Music from the University of Illinois at Urbana-Champaign. She was a choral conductor and singer for 35 years and a classical music radio producer for the WFMT Radio Network in Chicago for 13 years. Both professions continue in retirement.

Honing the Art and Craft of Writing, Continued
Ruth Story
STORY_HONE&WRITE

A student asked a well-known writer, “Do you think I could be a writer?” “Well,” the writer said, “I don’t know … Do you like words?” Not a bad answer, because words are the basic tools of the writing craft. This ongoing, writer-friendly course is designed for writers with some experience who want to hone their word skills to become better writers. In the process we will explore ways to set a tone, engage the reader, create believable characters, master the conventions of language usage, eliminate clutter, and hone other essential skills of the writing craft.

Ruth Townsend Story, editor, writer, and award-winning teacher, has written five books and scripted eight computer-assisted programs for teaching composition and literature. She edits and writes feature stories for two publications and educational materials for Scholastic Publishing. She is also a frequent presenter at professional conferences.
Register Online at www.usm.maine.edu/olli

Friday Morning 9:15-11:15

William Shakespeare died in 1616, 400 years ago. To commemorate this anniversary, we will review the Bard’s life and career and read, discuss, and watch videos of four of his plays: a tragedy, a comedy, a history, and a romance. **Required Shakespeare plays** (many editions are available): *Macbeth* ISBN 9780486278025, USM price $3; *As You Like It*, ISBN 9780486404325, USM price $3; *Henry the Fifth*, ISBN 9780486428871, USM price $3; and *The Tempest*, ISBN 9780486406589, USM price $2.50. Please read Acts 1 and 2 of *Macbeth* before the first class. **Class will start Sept. 22 and run till Nov. 10.**

John Sutton majored in English at Yale and taught in the public schools of Darien, Conn., for 35 years. He then taught 30 courses in the Lifelong Learning Institute at Norwalk, Conn., Community College and, after moving to Maine in 2012, has led courses at OLLI.

**Shakespeare: A Retrospective**
John Sutton
SUTTON_SHAKESPEARE

Friday Morning 9:30-11:30

**Conundrums in Cognition: Exploring How the Mind Works**
Jack Lynch
LYNCH_COGNITION

Have you ever made a bad decision and wondered, “What was I thinking?” What is thinking, anyway? Is the brain a computation-like device, as some scientists believe, or is it something else? Do you think in words? Do you have subconscious thoughts? How do you recognize them? How did our species acquire language? How is the English language different from chimp chattering? Are you curious about how some animals solve problems creatively? Come join a conversation on topics such as these, with time for mini-lectures, video clips, and in-class exercises to ground our discussions.

Jack Lynch is an electrical engineer with a BS from MIT and a PhD from Stanford University. Since retiring from MIT Lincoln Laboratory in 1996, he has independently studied cognitive science and self-published three books on the subject. Jack is keenly interested in natural language, mind, cognitive science, and what makes humans special.

**More FRIDAY MORNING courses on next page**
**The Eastern Vision of the Sayings of Jesus**
John McLaughlin
MCLAUGHLIN_JESUS

Allowing ourselves to be guided by the discourses of Osho on Jesus as well as our own inner experience, we begin to truly touch the heart of the mystic core of what we know as Christianity. Attention will also be given to some of the religious figures of the Middle Ages. Deconditioning our believing and resistances is core to opening our hearts; the mind can never “know.” Visualization, contemplation, and meditation will all be practiced.

Educated at Oberlin College, Harvard, and the University of Amsterdam, John McLaughlin has long been on a path of spiritual awareness. A member of the Findhorn Foundation in the late '70s and mid '90s, he has also made repeated trips to India. He taught Practical Mysticism at USM in the '80s and at the College of Marin, 1999-2002.

**Art Studio**
Dona Sherburne
SHERBURNE_STUDIO

Escape from “busy” and give yourself a two-hour block of time to work on your art, at your own pace, in a relaxed environment. Fellow artists share ideas, encouragement, and support. Pack your materials and come paint! **NOTE:** if you are using oils, please plan to use water-based paints only.

Dona Sherburne has taught art, cooking, and theater classes over the years. Her artwork has been exhibited and sold in many venues.

**Great Decisions**
Mike Wygant
WYG_DECISIONS16_1

Great Decisions is a flagship program of the World Affairs Council of Maine, facilitated by members of the Council. **This session will repeat the eight topics covered in spring 2016:** Middle East Alliances, The Rise of ISIS, The Future of Kurdistan, Migration, The Koreas, The United Nations, Climate Change, and Cuba and the U.S. Students will be mailed a class outline in advance and will be asked to purchase the Great Decisions booklet. Students are requested to read the relevant chapter before each class to facilitate active discussion. **Required book:** Great Decisions 2016 Edition, ISBN 9780871242501, USM price $25. **This class is repeated in the afternoon.**

Michael Wygant, course coordinator, is a retired U.S. Foreign Service officer with extensive overseas experience. He is ably complemented by well-experienced volunteers from the World Affairs Council of Maine, who will serve as discussion leaders for the various topics under review.

**Exploring Watercolor Techniques**
Lorraine Christensen
CHRISTENSEN_WCT

**This repeat course** takes a studio approach to basic painting techniques using watercolors. It includes instruction on basic materials and techniques; encourages the freedom to explore, removing judgment and fear from the creative process. **Required materials:** Brushes — #12 round, 1” flat, #4, #8, #10; eight sheets 9x12 paper, 140-lb. cold press; small, white, plastic pallet; paints — cadmium red, alizarin crimson, cadmium yellow, yellow ocher, raw umber, phthalo blue, ultramarine, viridian. Instructor will provide copies of paintings studied in class for a fee, TBA.

Lorraine Christensen, MS Ed, has taught Basic Art and Art Therapy in Adult Ed for 30 years, though not formally trained in art. She believes we all have a creative side that may become more vibrant when we make a conscious effort to provide nurturing. She studied at Kripalu with artist Ann Lindsay: Watercolor: A Holistic Approach.

**How Things Work**
Jim Janak
JANAK_THINGSWORK

The 20th century represented a revolution in just about all branches of technology, and things changed so radically that most of us were unable to keep up. **In this repeat course,** we give a non-technical overview of the developments, principles and mechanisms behind modern devices. Topics might include medical imaging, computers, entertainment, power generation and energy, environmental electromagnetic radiation, transportation, buildings and construction — including heating and wiring, appliances, tools, and some methods of manufacturing. Emphasis will be on those subjects the class wants to explore in depth.

James Janak has a BS, MS, and ScD in Electrical Engineering from MIT. He was a Research Staff Member at IBM and an Adjunct Professor of Physics at Pace University.
Exploring War and Peace
Mark Lawrence
LAWR_WAR&PEACE

Some people are intimidated by Tolstoy's War and Peace. It's so long and has all those Russian names! In fact, once you know the plot and the characters, War and Peace is easy, a joy and profoundly satisfying. To learn plot and characters well, students should watch the 12-hour 1972 BBC video series, free on YouTube, before the course starts. It stars a young Anthony Hopkins and is very close to the book's structure. Required book: War and Peace, Leo Tolstoy, translated by Pevear and Volokhonsky, ISBN 9781400079988, USM price $20. Please read the first 150 pages for week one.

Mark Lawrence was a librarian and library director for many years. He has read War and Peace four times, three on Boston subways. He has been in love with Tolstoy's premier characters for 40 years and once had the deluded idea of learning Russian to read them in the original.

Milton’s Paradise Lost: An Epic in English
Evy Newlyn
NEWLYN_MILTON

John Milton wrote a Classical-style epic for the Judeo-Christian tradition. An epic has a hero, but is it Adam or Lucifer? How does Milton feel about Eve? What does Satan's kingdom look like? What is the relationship of the First Couple? Who are Death’s parents? What happened in the Temptation and Fall? What do angels eat? We will discuss such interesting matters as presented by Milton.

Evy Newlyn is Professor Emerita of English from the State University of New York. After earning her Ph.D. in English from Syracuse University, she taught at universities in Virginia, Maine, and New York. Her special interests are Classical literature, medieval literature, and cats.

Great Decisions
Mike Wygant
WYG_DECISIONS16_2

Great Decisions is a flagship program of the World Affairs Council of Maine, facilitated by members of the Council. This session will repeat the eight topics covered in spring 2016: Middle East Alliances, The Rise of ISIS, The Future of Kurdistan, Migration, The Koreas, The United Nations, Climate Change, and Cuba and the U.S. Students will be mailed a class outline in advance and will be asked to purchase the Great Decisions booklet. Students are requested to read the relevant chapter before each class to facilitate active discussion. Required book: Great Decisions 2016 Edition, ISBN 9780871242501, USM price $25. This is a repeat of the morning session.

Michael Wygant, course coordinator, is a retired U.S. Foreign Service officer with extensive overseas experience. He is ably complemented by well-experienced volunteers from the World Affairs Council of Maine, who will serve as discussion leaders for the various topics under review.

Friday Afternoon 1:30-3:30
Conversational Chinese
Fangfang Song
SONG_CHINESE

This repeat course aims at providing a basic foundation in the combined skills of listening, speaking, and writing Chinese characters as well as cultural aspects related to communication. Learners will learn the Mandarin phonetic system (Pinyin), pronunciation, stroke order, and basic Chinese characters. Basic grammar and sentence structures will also be included. Students will be able to conduct conversations based on daily topics, in a manner that aligns with Chinese cultural norms and social etiquette.

Fangfang Song graduated from Qiqihar University in 2003. After graduation, she taught English at Daqing Vocational College. She now teaches Chinese at the Confucius Institute at the University of Southern Maine and also teaches Mandarin at Deering High School and Casco Bay High School.
FALL WORKSHOPS

Saturday, Oct. 15  9:30-11:30  $15
Managing Your Final Affair  
Chuck Lakin  
LAKIN_DEATHPREP  
We'll start by talking about the legal documents everyone should have in place, then cover planning ahead, writing things down, and having a conversation with the family about those plans. That will lead into a Q&A guided by your questions. We can talk about funeral options, home funerals, green cemeteries, alkaline hydrolysis, family burying grounds, scattering ashes, the paperwork, whatever you want to know. We'll share stories. I'll bet that you'll even laugh sometimes. This is a repeat workshop.

Chuck Lakin is a woodworker and home funeral educator, whose interest in this topic came from his experience at his father's death. He wanted to be part of what happened after the death, but didn't know what to do, and missed out. Now he knows and wants to share that information.

Saturday, Oct. 15  9:30-11:30  $15
Ways to Manage Long-Term-Care Risks  
Gregory Rogovin  
ROGOVIN_LTCARE  
Long-term-care planning is one of the most important, and too often overlooked, parts of one’s retirement and estate plans. This repeat workshop will present the topic of long-term-care planning in a clear, compassionate, and comprehensive manner. We will discuss the various options which can help us manage our long-term-care risks and will compare and contrast these different solutions. Those who attend will leave with a clear understanding of the risks associated with long-term care and will be fluent with the terms and concepts they will need in order to confidently begin researching this subject on their own. Copies of relevant articles, a Long-Term-Care Shopper’s Guide, and a list of online resources will be provided.

Gregory Rogovin is a Certified Long-Term-Care Advisor and has been helping people plan for their long-term care for the last eight years. He currently helps members of over 700 alumni and professional associations who look to him for counsel when they decide to examine ways to manage their long-term-care risks.

Saturday, Oct. 15  9 a.m.-4 p.m.  $25
Awakening the Sage Within  
Anne Murray and Joanne Turnbull  
MURRAY_SAGE-ING  
A Sage is someone who is reclaiming the role of the Honored Elder, a role buried under Western society's obsession with work and youth but now resurfacing through such movements as Sage-ing. This interactive, repeat workshop introduces the basic components of the journey to Sage: Sage-ing versus Age-ing, Life Review and Life Repair, Forgiveness, Facing Mortality, and Creating Intentional Legacy. We will begin to develop a personal plan to live with purpose and meaning. Required materials: Journal or notebook; pen. Suggested book: From Age-ing to Sage-ing: A Revolutionary Approach to Growing Older, Zalman Schachter-Shalomi and Ronald S. Miller, ISBN 9781455530601. We will allow 45 minutes for a brown-bag lunch onsite.

Anne Murray, MS, CLS has worked and played with elders for 30+ years. She is a Certified Sage-ing Leader and Circle Facilitator Joanne Turnbull is a certified Life Legacies Facilitator, a licensed clinical social worker, and a Certified Sage-ing Leader.

Saturday, Oct. 15  9:30 a.m.-3:30 p.m.  $25
FDR and Key Women in His Life  
Jean Santora  
SANTORA_FDRGALS  
In this election year, where women have been praised and denigrated, this workshop will examine the impact of five key women on President Franklin Delano Roosevelt. Throughout his life, FDR was greatly influenced by his mother, Sara; wife, Eleanor; cousin, Daisy Suckley; soulmate, Lucy Rutherford, and Secretary of Labor Frances Perkins. FDR’s New Deal broke new ground and impacted the lives of women in unimaginable ways by employing them in the WPA and in the upper echelons of his administration. Stories of these women, including FDR’s influence on them and American women in general, will be highlighted. There will be a short break for lunch.

Born in the Hudson River Valley, Jean Santora has been reading and learning about FDR for 40-plus years as an avocation. Having made countless trips to FDR's estate, Springwood, to Eleanor's cottage, Val-Kill, and to their summer cottage, Campobello, Jean is delighted to share the impact of these women on FDR's life.

Register Online at www.usm.maine.edu/olli
Saturday, Oct. 15  9:30 a.m.-3:30 p.m.  $25

Community American Mah Jongg
Sharon Ash Tancredi and Hiromi Dolliver
TANCREDI_JONGG

This all-day workshop is for anyone who is familiar with American Mah Jongg or has taken one of the instructors’ previous classes and wants to continue to advance their skill at this fun game. We will review game rules and game strategy and then provide plenty of opportunity for supervised play. Following a break for lunch, we will teach you how to play Siamese Mah Jongg — American Mah Jongg for two players. Siamese Mah Jongg has only been around for a year but is growing rapidly in popularity, especially with people who want to play regularly but don’t have four players. Required: 2016 National Mah Jongg card (available at www.nationalmahjonggleague.org or amazon.com) and a brown bag lunch.

Sharon Ash Tancredi is a Clinical Social Worker in private practice in Portland. She loves sharing the game of Mah Jongg.

Hiromi Dolliver, a retired paralegal, has been playing American Mah Jongg for many decades.

Saturday, Oct. 22  9:30 a.m.-3:30 P.M.  $15

Safe Mobility at Every Age: Transportation Networks, Driverless Cars, and You
Katherine Freund
FREUND_MOBILE

The information revolution is changing everything, and transportation is no exception. When automobiles were invented 130 years ago, we called them horseless carriages. Now we speak of driverless cars because we still don’t have a name for what is coming. But it is definitely coming. This workshop will look at transportation of the future and show how computers and the Internet are helping to create shared mobility though efficient use of privately owned automobiles. Whether you prefer to be the driver or the passenger, there are good times ahead.

Katherine Freund attended the Muskie School of Public Service, where her Capstone Project was the Independent Transportation Network (ITN). She founded the first national, non-profit transportation network for seniors, ITNAmerica. The Wall Street Journal named her one of 12 people who are changing aging in America.

Saturday, Oct. 22  9:30 a.m.-11:30 p.m.  $15

Saving Your History: What to Keep, How to Donate to an Institution
Susie Bock
BOCKDonate

History consists of the stories of people, and preserving those stories is important to the individual as well as to society. This repeat workshop will accomplish three goals: Help people sort and evaluate material culture (papers, objects, photographs, audio-visual material) they have created or collected during their life; advise on storing and caring for the materials to ensure their preservation; advise on donating material to a cultural/historical institution.

Susie R. Bock, Coordinator of USM’s Special Collections and Director of the Sampson Center for Diversity in Maine, has almost 30 years’ experience managing primary materials. She has developed collections preserving the history of Maine’s African American, Jewish, and LGBT communities and managed the University’s manuscripts, rare books, and archives.

Saturday, Oct. 22  9:30 a.m.-noon  $15

Public Enemies: The Life and Times of John Dillinger
DeWayn Marzagalli
MARZ_DILLINGER

1933-34 was the period of America’s greatest crime wave. Following the downfall of Al Capone, the vacuum was filled by Bonnie and Clyde, Pretty Boy Floyd, Baby Face Nelson, the Karpis-Barker gang, and John Dillinger, going on a two-year wave of crime throughout the Midwest and Southwest until finally stopped by the Federal Bureau of Investigation. This workshop will feature a slideshow presentation and documentary with discussion. Suggested book: Public Enemies, Bryan Burrough, ISBN 9780143035374.

Born in New York City, DeWayn Marzagalli and his wife have lived in Maine since 1975. Since retiring from Federal Law Enforcement, DeWayn spends much of his time doing volunteer work for his church and enjoying the opportunity to teach and take courses at OLLI.

More WORKSHOPS on next page
Resources for Aging in America
Timothy M. Vogel
VOGEL_AGINGHELP

This repeat workshop discusses the challenges and opportunities that face individuals and their loved ones as they experience aging in America today. The workshop will focus on a multi-generational approach that provides insight into aging issues and discusses the types of resources available to assist our aging population and their families. The presenters are members of the Maine Senior Resource Alliance (www.maineseniors.org).

Timothy M. Vogel, facilitator for the class, is a lawyer with 30 years’ experience in Elder Law. Presenters include John LeMieux, Financial Planning, Anton & LeMieux Financial Group; Ann Quinlan, Private Duty Case Management; Linda Wyman, residential loan banker; Sue Durst, Portland’s Choice Realty; Bonnie Davis, Anton & LeMieux Financial Group, Long-term care planning; Deb Richard, The Personal Financial Assistant; Mark Hutchins, A.T. Hutchins Funeral & Cremation Services; and Dick Emerson, Boothby Square Property Management.

Never a Dull Moment: Knives and Knife Sharpening
Tim Baehr
BAEHR_SHARPKNIFE

Just in time for the holidays! In this repeat workshop, we’ll talk about knives, knife safety, knife cleaning and storage, and knife skills. There will also be a knife-sharpening demo and instructions! Bring up to three knives, and the instructor will sharpen them. Plain-edge knives are better than serrated ones for sharpening. If you have a favorite knife sharpener, bring it along. Wrap your knives carefully. By the way, USM does not consider these kinds of knives to be weapons, so you won’t be stopped! Art students, for example, carry X-Acto knives and sculpture blades all the time. Your artwork will just be a turkey.

Tim Baehr learned how to sharpen knives in Boy Scouts in 1957 and has never stopped. When the kitchen knives get dull, his wife calls out, “Got a toad stabber here!” and he gets to work.

The Roaring Twenties
Mike Berkowitz
Berkowitz_20s

We will look at some of the major issues of the 1920s: violence and the media, the cultural contributions of African-Americans, and economics and ethics. Psychology mini-lectures will give us a background on the issues, and movie clips will help them come to life. Discussion will focus on connections to today. (This is an expansion of the 2014 Wrinkle in Time presentation.)

Mike Berkowitz received a BA from Brown and a MA from the University of Massachusetts. He taught preschoolers, fifth-graders, and undergraduates before finding his niche at OLLI.

Restorative Yoga
Jennifer Cooper
COOPER_RESTYOGA

Restorative Yoga utilizes props such as bolsters, blankets, and blocks to create the opening and gentle stretch of a pose. Because they are gentle and completely supported, the poses are held for longer periods of time, allowing a slow, deep release for the body and quieting for the mind. The props can be arranged to fit the person’s physical structure, making it appropriate for all levels and physical abilities. The workshop will be held at The Yoga Center, 449 Forest Ave Plaza, in Portland, due to the need for the props. The center will provide all necessary equipment; just wear comfortable clothing.

Jennifer Cooper began her journey with Yoga in 1970. She has studied with many national teachers and traveled to India for meditation. Jennifer has been co-director in Portland for 35 years. She specializes in tailoring the yoga to fit the needs of the student for enjoyment and optimum benefit.

Hidden Ireland: A Native’s Perspective
Ann Quinlan
QUINLAN_IRELAND

Irish roots or not, people from all over are drawn to this small (size of Indiana), lush, green island called Ireland. A stalwart example of survival through countless invasions, hunger, and loss of land, the Irish people’s interior way of life has sustained a deep cultural heritage and a deep connection to the land. Ireland’s famous hospitality is
not a myth. Ireland straddles a prehistoric past, recent financial challenges, and a prominent role within The European Community, and the Irish engage with neighbors or strangers while putting on the tea kettle at a moment’s notice. This is a repeat workshop.

Ann Quinlan was born and educated in Ireland. While raising her children she was frequently sought after for best ideas on traveling to her native land. Delighted to share the more hidden aspects of her homeland, in 1988 Ann founded Spiral Journeys Inc., an exclusive small company offering spring and autumn land journeys in Hidden Ireland.

Saturday, Oct. 29 9:30 a.m.-3:30 p.m. $25

**The Promise and Practice of Restorative Justice – An Introduction**
Fred Van Liew

Participants will engage in an exploration of the differences between our traditional criminal justice system and the responses to wrongdoing offered by restorative justice. They will be introduced to the basic principles and practices of restorative justice and will consider how a restorative approach to justice can better meet the needs of victims, offenders, and the community.


Fred Van Liew, JD, is a retired prosecuting attorney. He is presently the Restorative Practices Coordinator for the Portland Center for Restorative Justice and is engaged in private practice with Van Liew Mediation and Consulting.

Saturday, Oct. 15, 22 & 29 9:30-11:30 a.m. $25

**Rumor or Fact: Getting Beyond Genealogy**
Eleanor Phillips Brackbill

We will discuss ways to confirm or refute our family stories, taking them a step beyond genealogy and the ubiquitous, though meager, names, places, and dates. Participants are asked to bring one unverified family tale to the first session to share with the group in five to ten minutes. Brainstorming and discussion of fact-finding methods will follow. We will also consider Brackbill’s new biography of a legendary Klondike Gold Rush pioneer, her great-grandmother. **Suggested book:** *The Queen of Heartbreak Trail: The Life and Times of Harriet Smith Pullen, Pioneering Woman*, Eleanor Phillips Brackbill, ISBN 9781493019137.

Former Director of Education at the Neuberger Museum of Art, Eleanor Phillips Brackbill earned a MA from Boston University, completed a curatorial fellowship at the Whitney Museum of American Art, and studied in the Art History doctoral program at City University of New York. A decade ago, she embarked on a second career writing about history.

Saturday, Oct. 15, 22 & 29; Nov. 5 9:30-11:30 a.m. $25

**Chinese Painting: Technique and Symbolism**
Sabine de Canisy

In the world of Chinese painting, two styles are often combined: Precise Contour and Free Flowing. Learn to recognize both styles and their essential features: vertical perspective, open space, cut branches and the principles of Yin and Yang. Select characters will be demonstrated for practice and fun. Beginners welcome, but experience with watercolor is helpful.

**Required materials:** drawing paper, pencil, and eraser; fine, medium, and broad brushes; three to four small plastic or ceramic bowls; lamp-black watercolor paint or Chinese ink stone. **Suggested:** Rice paper.

Painting has been a part of life for Sabine de Canisy from the age of 6. She studied Chinese painting while living in the Far East, first in Bangkok, then four years in Manila, followed by seven years in Taipei. Since coming to the U.S. she has taught seascape painting in Oregon while continuing to paint for herself and her friends.
Course Registration – FALL 2016

NOTE: OLLI courses cost $50, unless otherwise noted. Workshops are individually priced. You can now pay for OLLI courses and workshops together.

Name (one person per form) ________________________________________________________

☐ I need an OLLI name tag — Nickname for name tag __________________________________

Mailing address ___________________________________________________________________

City __________________________ State ________________ Zip __________

Telephone ______________________ E-mail address __________________________________

Date of Birth _______________ Are any of these new? ☐ Address ☐ Phone ☐ E-mail

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TOTAL COST FOR ALL

OFFICE USE ONLY

Check #: __________________
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__________ Total course and workshop fees

__________ Annual membership *(FREE if you’re 90 or older! Check ☑)*

$25, good from July 1, 2016, to June 30, 2017

__________ Your Tax Deductible Contribution to OLLI is welcomed

__________ Total amount (Please make check payable to OLLI)

Payment Method: ☑ Cash ☑ Check Credit Card: ☑ Visa ☑ MasterCard ☑ Discover

Credit Card No. ____________________________________________ Expiration Date __________

3-digit code on back of card ______ Name on credit card __________________________________
OLLI Registration Information

Starting Aug. 2 at 10 a.m., you can register online at www.usm.maine.edu/olli

OLLI will still accept mail-in and walk-in registrations, but the immediacy of online registration clearly gives the advantage to students who sign up for classes on our website. Please consider giving online registration a try to ensure that you get into your chosen classes.  
(Need computer assistance? See p. 3 for our onsite-help schedule.)

Class availability is first come, first served; 
with online registration, there is no longer a lottery.

INSTRUCTIONS FOR MAIL-IN REGISTRATION

● Please use ONE FORM for each registrant.
● Fill out the top section of the registration form completely. Leaving sections blank can slow registration.
● Write the offering codes for your top selections for classes in the “1st Course,” “2nd Course,” “3rd Course,” and “4th Course” sections on the registration form. Note the price of each course in the “Cost” column.
● If you are concerned that your top choices will be filled, you may want to add alternate choices. Please write offering codes for your alternate choices in the “Alternate 1st Course,” “Alternate 2nd Course,” “Alternate 3rd Course,” and “Alternate 4th Course” sections on the form.
● You may sign up for OLLI workshops on the same form. Write the code for your chosen workshop(s) in the space provided, along with the price of the workshop.
● Add up the fees for your courses and workshops (and membership, if applicable) and note that amount in the space marked “Total Cost for All.”
● As soon as your payment is processed and you are enrolled in your class and/or workshop, you will receive an e-mail confirmation. If you do not have an e-mail account, we will mail you a confirmation.

EXPENSES

Unless otherwise noted, OLLI at USM courses cost $50. Workshops are priced based on the length of each session.

You must be an OLLI member to take courses or workshops. Annual OLLI membership costs $25.

If you have any questions about registration or membership, call OLLI at 780-4406.

REFUNDS

Full refund for classes dropped by Sept. 23. No refunds after that point. You will be refunded for any classes OLLI cancels.

Contact Information  OLLI at USM Office

● Phone: 780-4406
● Location:  
  44 Bedford St.  
  210 Wishcamper Center  
  USM Portland Campus
● Mailing Address:  
  Osher Lifelong Learning Institute  
  USM  
  P.O. Box 9300  
  Portland, ME 04104
**Special Interest Groups at OLLI**

**From September through June, OLLI at USM offers many diverse activities beyond the classroom. To participate in any Special Interest Group, you must be a current OLLI member.** **NOTE: Special Interest Groups are not intended as instructional events.**

- **Arts and Crafts:** Try your hand at a new skill on the first Thursday of each month at 3:15 p.m. A member of the group will demonstrate and lead an activity (fabric and paper crafts, jewelry making, book arts, knitting, crocheting, mixed-media collage, etc.). Contact Sue Jennings at jensusa10@gmail.com for more information.

- **American Foreign Policy:** This group meets on the fourth Wednesday of every month from 3:15 to 4:45 p.m. to discuss issues selected by members. Discussions will be led on a rotational basis. All OLLI members with an interest in American foreign policy are invited to join, discuss, and learn. Contact Betsy Mayberry at betsy.c.mayberry@gmail.com for more information.

- **Bicycle and Nosh:** If you like to bike, how about joining a group of OLLI members for a ride every couple of weeks, with a delicious treat along the way? Contact Shoshana Hoose at shoshanahoose@gmail.com for more information.

- **Book Club:** Members meet the third Thursday of each month from 3:15 to 5:15 p.m. to discuss readings from a variety of genres, including contemporary novels, classics, biographies, memoirs, short stories, etc. Contact Elsa van Bergen at evanbergen@maine.rr.com for more information.

- **Bridge Club:** Those who enjoy playing bridge for fun are welcome to join this group every Wednesday from 3:15 to 5:15 p.m. Contact Dottie Clark at delClarkSO@maine.rr.com for more information. After that date, contact Barbara Freeman at bbfreewoman@gmail.com.

- **Elders for Future Generations:** This is an ongoing, peer-facilitated exploration of the advocacy role seniors can play in shaping policy to promote the well-being of future generations. Contact Fred Brancato at opus3@twc.com for more information.

- **History Book Club:** Members read and discuss one work of history on the second Wednesday of each month from 3:15 to 5:15 p.m. Works include social, political, economic and foreign-policy history as well as biography, autobiography, memoir, and historical fiction. Contact Sue Gseng at susangesing@gmail.com or Dawn Leland at lelanddm@gmail.com for more information.

- **Mah Jong:** Join players every Friday from 3:15 to 6 p.m. in Room 103 at Wishcamper. National Mah Jongg rules and cards are used. Contact Terry Garrett at terrya@maine.rr.com for more information.

- **OLLI Night Out:** Come enjoy good food and good company with fellow OLLI gourmands who meet periodically at local restaurants. Watch the OLLI Newsletter for upcoming dates and locations.

- **OLLI Singers:** This group, co-directed by experienced leaders and supported by a skilled accompanist, meets every Thursday at 3:15 p.m. to have fun with vocal music and prepare for several performances each year. All are welcome. Contact Chuck Hornberger at ckhornberger@gmail.com for more information.

- **OLLI Ukes:** meets on Mondays from 3:15 to 5:15 p.m. to share and have fun playing a wide variety of ukulele music. All levels welcome. Contact Cheryl Eling at cfeeling@gmail.com for more information.

- **Outdoor/Walking Club:** Outdoor enthusiasts gather twice a month for invigorating walks in interesting places. They meet at the Back Cove parking lot and carpool. Walking schedules for the year can be found in the OLLI office and in literature racks in Wishcamper. Contact Rae Garcelon at raegarcelon@gmail.com for more information.

- **Photography Club:** Shutterbugs at OLLI at USM meet and learn from each other while sharing their love of photography. Contact Sharon Roberts at sharonlh@gwi.net for more information.

- **Recorder Ensemble:** In addition to having fun making music together, the Recorder Ensemble also may perform at OLLI at USM events and venues. Contact Barbara Doughty at Babsyl1000@yahoo.com or Karen Luse at luse.karen@gmail.com for more information.

- **Science Reading Club:** This group is for those interested in exploring science through readings based on members’ interests and recommendations. It meets at 3:15 on the third Tuesday of each month. Contact Elizabeth Housewright at ehousewright@gmail.com for more information.

- **Senior Players:** Thespians perform staged readings twice a year at USM and off campus on several occasions. Senior Players is open to all OLLI at USM members. Contact Allan Mills at aljeevbr@gmail.com for more information.

- **Ski Club:** A seasonal outlet for downhill skiing enthusiasts, the club welcomes new and returning members. Check the OLLI Newsletter in season for schedules. Contact Lois Winter at lwinter@maine.rr.com for more information.

- **Wine-Tasting Club:** An OLLI wine enthusiast helps educate your palate during featured wine-and-appetizer pairings at a local restaurant. The group meets at 5:30 p.m. every month or so. The group welcomes novices and wine enthusiasts. Contact Jack Lynch at JLYnnch001@maine.rr.com if you’d like to join an e-mail list for advance notice of date, price and venue.
Mission

OLLI at USM is committed to providing, for its members, a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

Vision

OLLI will be driven by the creative and innovative spirit of its founding mission, will maintain its strong sense of community and inclusiveness, expand its abundant opportunities for members to exchange ideas and experiences, and maintain a standard of excellence.

Core Organizational Values

These are the fundamental beliefs of OLLI at USM that guide our planning and decision-making. These core values support our vision, shape our culture, and reflect what we value.

Joy of Learning - We believe that continuing to grow and learn new things is a deeply fulfilling lifelong priority.

Community - We recognize the importance of interaction with other members to share knowledge and experiences, to expand our perspectives, and to make new friends in an atmosphere of inclusiveness, respect, and openness.

Accessibility - We strive to make classes, lectures, workshops, seminars, and activities affordable and accessible for all members.

Excellence - We strive for excellence by committing our intelligence, creativity, and energy to achieving quality in our curriculum, faculty, facilities, operations, and relationships within our community.

Volunteerism - We recognize the crucial importance of volunteers to the success of our programs.
Intellectual Fun
for People
over 50

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