

# OLLI NEWSLETTER

January 2021

[www.usm.maine.edu/olli](http://www.usm.maine.edu/olli)

## Reflections—It's Here!

...and Open for 2021 Submissions

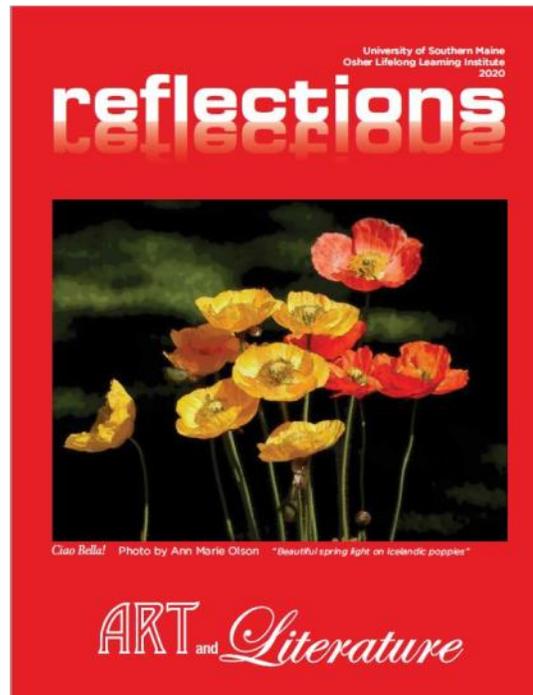
By the time you read this, the 2020 edition of *Reflections* should have been sent to OLLI members. This was our 20th *Reflections*, and we celebrated with a two-page retrospective and six extra color pages.

In past years, we have distributed *Reflections* in person—at a celebration in the Wiscamper Center in October, and in classrooms. As with nearly all aspects of our lives, this year was different. Since we could not greet you in person, we mailed copies for the first time.

For the first time, *Reflections* will also be posted to the OLLI website, if it hasn't been posted already.

Every year, *Reflections* has offered a representative selection of the wide range of creative works our members have submitted to share with everyone. The selection process takes place without the committee's knowing who submitted each work.

*Reflections* doesn't—and can't—capture all there is to know about our OLLI and its members. However, it does provide a small window into who and what we are.



**And now, on to 2021!**

We've simplified the submission directions over the years, and they appear on page 2. We'll also post the directions on the OLLI website and notify OLLI members by e-mail and in the Newsletter when they are posted.

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## Submitting Your Work to *Reflections* 2021

**Deadline: April 1**

Current OLLI members are invited to submit their creative works to the 2021 edition of *Reflections: A Journal of Art and Literature*.

Please follow the guidelines below. The submissions manager can usually fix anything that's missing, or get in touch with you with any questions. (But do your best to follow the rules.)

Create your written or visual work (or find it on your computer). You may submit up to **two** items in each of the four categories (see Step 4). Your work must be entirely yours, original, and not previously published.

1. If you haven't done so already, save your work on your computer as a document or image file.
2. Do not put your name anywhere on your work. If it's on your artwork, cover it up.
3. Start an e-mail. **Put Reflections in the subject line (very important).**
4. Type the following in the body of the e-mail:
  - Your name as you wish to see it in the credits
  - The name of the work as you wish to see it in the Table of Contents
  - The category of what you're submitting: **Art, Photo, Poetry, Prose**
  - Your phone and e-mail address
  - A short (35 words max.) bio starting with your name (e.g., "Mary Jones....")
  - For all artwork, photos, etc., add a brief (20 words maximum) statement of what inspired your creation. Include the medium—photo, oil, watercolor, pastels, ink, pencil, sculpture, etc.
  - For artwork, including sculpture, take a digital photo and send that in. The PhotoScan app from Google Photos is very useful and is available for both Android and iPhone devices.
5. Attach the electronic version of your work to the e-mail.
6. Send the e-mail to Tim Baehr, the Submissions Manager, at [tim.baehr@gmail.com](mailto:tim.baehr@gmail.com).

**NOTE: This is a new e-mail address and is not the same e-mail address as in prior years.**

Here is a template you can copy and paste into your e-mail:

Name:

Title of work:

Category (Art Photo, Poetry, Prose):

Phone and e-mail address:

Bio:

Artist statement and medium (for Art ) and Photo:

Repeat this process in a new e-mail for each item you send. If you send three items, you'll send three separate e-mails.

Submissions will be acknowledged starting sometime in March.

**ADVISORY BOARD**

Sue Jennings, Chair  
 Steve Schiffman, Vice-Chair  
 TBA: Co-Chairs, Teaching and Learning Committee  
 Peter Curry, Secretary  
 Anne Cass & Karen Day, Co-Chairs, Membership and Administration Committee  
 Gael McKibben & Elizabeth Housewright, Co-Chairs, Social Relations Committee  
 Paul Doherty, Chair, SAGE Committee  
 Star Pelsue, Chair, External Relations Committee  
 Matt Goldfarb Georgia Koch  
 Steven Piker Penny Davis Dublin  
 Bob Greene David Morton

**OLLI members are invited to attend Advisory Board meetings. Check with the Chair for time and place, or if you wish to address the Board.**

**WEB SITES**

Maine Senior College Network  
[www.maineseniorcollege.org](http://www.maineseniorcollege.org)  
 OLLI National Resource Center  
[www.osher.net](http://www.osher.net)  
 OLLI at USM  
[www.usm.maine.edu/olli](http://www.usm.maine.edu/olli)

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 Megan Saul, Administrative Assistant

**OLLI NEWSLETTER**

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 Tim Baehr, Editor  
 Don King, Editor Emeritus  
 Mogens Ravn, Layout Editor  
 Please send newsletter material to the OLLI Office, via our e-mail.

**Deadline for the February issue is January 15.**

**Advisory Board  
 Happy New Year!**

As we start 2021, we are striving as an organization not only to survive but also to thrive as we figure out new and interesting ways to cope with our current pandemic situation and at the same time begin exploring new and interesting opportunities. We are especially interested in exploring opportunities with other organizations providing educational and social interest activities, especially those working with seniors. OLLI has established a new committee, the External Relations Committee, chaired by Star Pelsue, to take the lead in this effort.

One of our efforts over the last year has been to take a more active part in the Maine Senior College Network (MSCN). OLLI (then known as USM Senior College) was the first of Maine’s senior colleges. The MSCN was founded at USM in 1996 and has since grown to 17 senior colleges throughout the state with an estimated membership of 6,500 (pre-COVID). Maine is the only state in the nation with its own senior college network. Most of the senior colleges are volunteer-driven and volunteer-led. Some are hosted on University of Maine campuses, while a few are 501(c) (3) organizations not affiliated with a campus. Anne Cardale is the Program Coordinator of the MSCN. Her office is housed (or at least it was pre-COVID) at the Wishcamper Campus Center.

For the last several months members of the OLLI Advisory Board have taken an active part in the weekly meetings of representatives from all the state senior colleges. It has been a great opportunity to learn about how other programs function. We are part of a group now meeting to consider how we can enhance our various educational programs and to share resources. Thanks to distance learning, OLLI members can now take classes or participate in programs remotely at some of the other colleges.

If you want to learn more about the MSCN, go to its website ([www.maineseniorcollege.org](http://www.maineseniorcollege.org)) to find information about the organization, read recent newsletters, or investigate resource links and Zoom tip sheets for both participants and instructors. You can also find listings of classes available for senior college members offered by other Maine senior colleges.

—Sue Jennings, Board Chair, [jensusa10@gmail.com](mailto:jensusa10@gmail.com)

**Do You Know?**

OLLI has a FACEBOOK PAGE! Enjoy a déjà vu moment from a video from our first “OLLI Follies” show plus other notes of interest!

This link takes you there: <https://tinyurl.com/OLLI-USM-FB>

—Social Relations Committee

## Special Interest Group Roundup

### The Science Discussion Group

*[Note: From time to time the Social Relations Committee will ask SIG coordinator(s) to provide a brief introduction to their Special Interest Group, typically with a description of the group's purpose and background, along with a general idea of the group's activities.]*

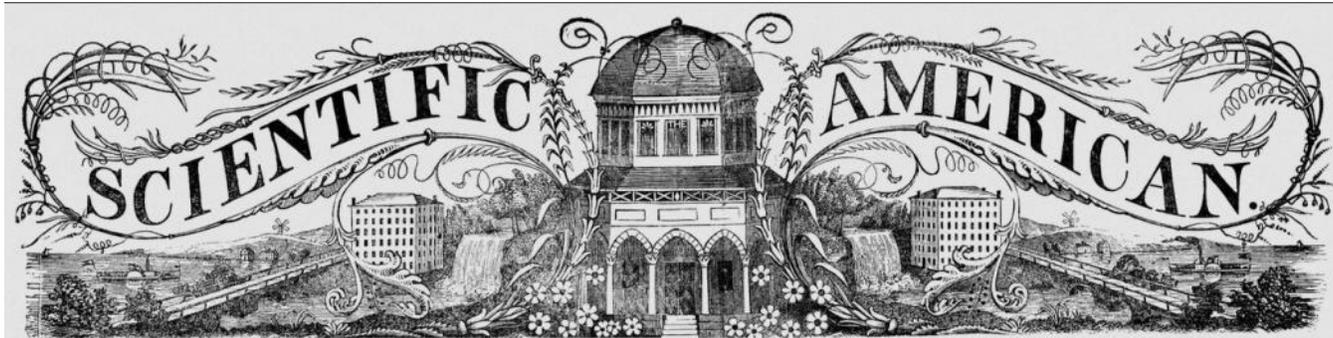
The Science Discussion Group wants to keep up as much as possible with advances and discoveries in science. Our group meets monthly to discuss the latest issue of *Scientific American*.

Participants come from many backgrounds, ranging from those with advanced degrees in various scientific fields to those with little science coursework but a general interest in keeping up to date with these topics. Most members have a subscription, either in paper or online or both, but others may purchase individual issues or find them in a library (well, that used to be possible and surely will be again!).

Discussions are lively, topics are varied, and in general participants find much to be optimistic about. For example, the latest issue contained articles about the birth and death of stars, engineering advances that are likely to be ready in three to five years, viruses that co-exist with and may benefit humans, the "attention economy," reconnecting hands to amputees, and nuclear fusion. Quite the range of ideas!

For more information about the group, including monthly questions and instructions for how to participate, please check the website at <https://olliussciencediscussion.wordpress.com>.

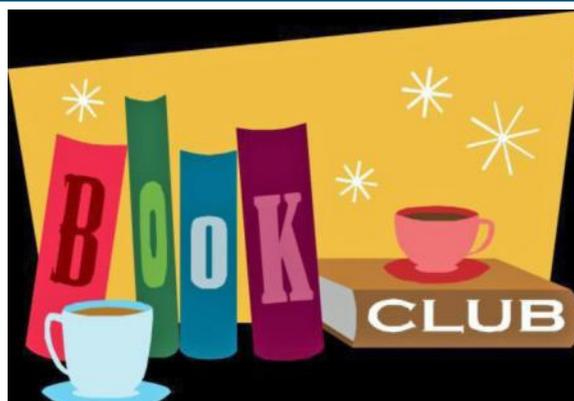
—Elizabeth Housewright, [ehousewright@gmail.com](mailto:ehousewright@gmail.com)



### OLLI Book Club Has a New Coordinator

Susan Powell has taken over for Karen Day and Karen Wilcock as coordinator and contact person of the OLLI Book Club SIG.

—Susan M. Powell  
[smpowell181@gmail.com](mailto:smpowell181@gmail.com)  
 609-577-6838



## OLLI Wine Club

### JANUARY 2021 Tasting Event

### Portuguese Wine and Cheese

- EVENT DATE:** Wednesday, January 20, 2021
- TIME:** 5:00–6:00 p.m.
- PLACE:** Zoom: <https://us02web.zoom.us/j/2770547039>; Meeting ID: 277 054 7039
- COST:** \$58. Delivery is extra.
- ORDER DEADLINE:** January 15, 2021
- WHAT:** 2 bottles of Portuguese wine from Grippy Tannins, and a cheese-and-crackers kit for two from The Cheese Shop of Portland.
- HOW TO ORDER:** Order and pay for the wine and cheese kit for either pickup or delivery by calling Lindsey Murray at Grippy Tannins (207-747-4524) and order the OLLI Tasting Kit.
- OR** Go to CARHOP (<https://www.carhopme.com/>) and access Grippy Tannins Curated Kits.

Notify Joel via e-mail that you will be attending ([joelkallich@gmail.com](mailto:joelkallich@gmail.com)) He can also answer any questions you may have.

Either pick up or have the package delivered to your residence prior to the event date & time.



**Welcome 2021 and celebrate inauguration day by joining us and Lindsey Murray from Grippy Tannins who will be leading a Portuguese Wine Tasting with a cheese and crackers pairing from Mary & Will Sissle of The Cheese Shop of Portland.**

You need to be a member of OLLI for 2020–2021 to participate (either join online by clicking here [Enroll/ Register](#) or call the OLLI office 780-4406 with your credit card).

The Portuguese Wine and Cheese Tasting Event will be hosted by Joel and Jack of the OLLI Wine Club and feature Lindsey Murray of Grippy Tannins who will be

- Discussing the history and evolution of wine styles from the Dão and Douro;
- Identifying the major grape varieties grown in the Dão and Douro;
- Characterizing the various structural components of each wine to understand how environmental influences (i.e., climate and soil) and production process impact the style of a wine; and
- Leading the evaluation of these wines for distinguishable aromatic and flavor characteristics.

*(Continued on page 6)*

**OLLI Wine Club** *(Continued from page 5)*



**About Grippy Tannins:** Grippy Tannins is a wine shop and tasting lounge in Portland’s East End neighborhood whose mission is to make wine more approachable by creating a casual space to learn about and taste small production wines from across the globe. Owner, Lindsey Murray, is a Diploma Candidate with the Wine and Spirits Education Trust and is eager to share her knowledge and passion for wine with fellow wine enthusiasts.

16 Middle Street Portland, ME 04101

**About The Cheese Shop of Portland:** Owned by a husband and wife team, Mary and Will Sissle have curated a one-of-a-kind cheese shopping experience offering cured meats, pastas, and accoutrements, as well as the chance to get expert advice and guidance on finding the best styles and groupings of cheese.

107 Washington Ave #1, Portland, ME 04101



**More Newsletters!**

Our OLLI is a member of two umbrella organizations: The Maine Senior College Network (MSCN) and the Osher Lifelong Learning Institutes. Each has its own website and its own newsletter.

MSCN website: <https://www.maineseniorcollege.org/>

MSCN Newsletter: <https://www.maineseniorcollege.org/mscn-newsletter>

The OLLI National Resource Center (NRC): <https://sps.northwestern.edu/oshernrc/index.php>

The NRC Newsletter: <https://sps.northwestern.edu/oshernrc/news/osher-nrc-newsletter.php>

The newsletters are valuable resources for learning what is going on at other Senior Colleges in Maine and at other OLLIs nationwide.

**Maine Senior College Network** news & updates



## Walking Club

### Walking (or Snowshoeing) in a Winter Wonderland

Starting in January we will begin our winter outings of snowshoeing or walking on trails, depending on snow conditions. Before each outing I will send out more information and directions as usual, but use your own judgment whether you want to walk or bring your snowshoes.

On Wednesday, January 13, we will return to Skyline Farm in North Yarmouth for our first outing. It's an area with interesting trails we have visited before, and they are kind enough to let us use their restroom and to visit their carriage museum if you haven't seen it before. They have a new exhibit for Maine's 200th you might enjoy. On the Web: <http://www.skylinefarm.org/>

On Monday, the 25th, we will try a new area, the Shaw Cherry Hill Farm in Gorham. It has wide open areas and trails through the woods developed by the Shaw brothers and should be ideal for snowshoes or cross-country skis if there is good snow. On the Web: <https://www.gorhamtimes.com/winter-at-shaw-cherry-hill-farm/>

For both outings I will send directions; we should be at the areas by 10:15 a.m. to begin our activities by 10:30. Please remember to dress warmly and wear your masks or face warmers. Hand warmers are desirable too. Bring your poles. We won't be eating lunch, but bring some water or warm beverage and perhaps an energy bar or other snack.

I look forward to seeing you now that the holidays are over. Let's hope for a safer, more peaceful 2021.

If you have questions, don't hesitate to contact me by phone at 846-3304 or e-mail at [raegarcelon@gmail.com](mailto:raegarcelon@gmail.com).

—Rae Garcelon



P.S. Here are two photos of previous years' outings to get you in the mood.



2019 at Pisgah Hill in New  
Gloucester



Pratt's Brook in Yarmouth

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