If you are 50 or older, with a curious mind and an interest in learning just for the joy of it, you are invited to join more than 1,700 like-minded older learners who are members of the Osher Lifelong Learning Institute (OLLI) on the Portland campus of the University of Southern Maine. OLLI at USM is committed to providing its members with a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

As member of OLLI at USM, you’ll choose from an extensive array of peer-taught courses in the liberal arts and sciences. There are no entrance requirements, grades, or tests. Your experience and love of learning are what count. Some OLLI at USM classes involve homework — usually reading or honing skills taught in class. Homework is not mandatory, but it can enhance your learning experience; what you put in is what you’ll get out of the course.

OLLI at USM is one of 17 Senior Colleges throughout Maine and participates in the Maine Senior College Network (www.maine.seniorcollege.org). The National Resource Center for all Osher Lifelong Learning Institutes (www.osher.net) is located at Northwestern University in Chicago. Currently, there are more than 118 OLLIs throughout the country.

MEMBERSHIP
OLLI at USM is a self-sustaining, self-governing organization supported through an annual membership fee of $25. The membership fee covers the fiscal year July 1 to June 30. Your annual membership allows you to participate in all OLLI at USM courses and Special Interest Groups.You’ll also get Internet access and notification when the OLLI Newsletter is available online.

SPECIAL ACCOMMODATIONS
If you need special accommodations to participate in OLLI at USM because of a disability, please call the USM Office of Support for Students with Disabilities at 780-4706 as soon as you register but at least two weeks before classes begin. OLLI at USM has purchased a portable assistive-listening device that can be used in any Wishcamper classroom. Students using the device will be able to hear the instructor. Any OLLI at USM student with hearing difficulties may request the use of this system. Contact the OLLI at USM office at 780-4406 as soon as you register for class.

SCHOLARSHIPS
Full and partial scholarships are available through a simple, friendly, confidential process. Because of the overwhelming response, scholarships are limited to $50 per person per term, applicable to one course, the SAGE program, or workshops. Scholarships do not apply to OLLI at USM membership, trips, or special events. Scholarship applications are available in the OLLI at USM office. These must be completed, signed, and turned in with each of your course registrations. Call 780-4406 for more information.

CLASS LOCATIONS
All classes, except where noted, are held in the Wishcamper Center at 44 Bedford Street on the USM Portland campus.

NON-DISCRIMINATION NOTICE
The University of Southern Maine does not discriminate on the grounds of race, color, religion, sex, sexual orientation, including transgender status and gender expression, national origin, citizenship status, age, disability, genetic information or veterans status in employment, education, and all other programs and activities. The following person has been designated to handle inquiries regarding non-discrimination policies: Director of Equity and Compliance, 209 Deering Avenue, Portland campus, 780-5510.

CAMPUS SAFETY
The Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act of 1998 requires universities to disclose three years of statistics regarding campus crime, including crime at off-campus buildings the University owns and on public property adjacent to campuses in Portland, Gorham, and Lewiston. The USM Safety and Security Information Report also includes policies concerning campus security, including alcohol and drug use, crime prevention, the reporting of crimes and sexual assaults, and other related matters. A copy may be obtained online at www.usm.maine.edu/police/safetyreport.htm or by calling the Office of Community Standards at 780-5242.

TOBACCO POLICY
The University of Southern Maine is a tobacco-free campus. This policy applies to faculty, staff, students, contractors, vendors, and visitors. The use of tobacco and all smoking products is not permitted on any university-owned property, which includes but is not limited to buildings, university grounds, parking areas, campus walkways, recreational and sporting facilities, and university- or personally-owned, rented, or leased vehicles. Tobacco use by definition includes the possession of any lighted tobacco products or the use of any type of smokeless tobacco, including but not limited to chew, snuff, snus, electronic cigarettes, and all other nicotine-delivery devices that are non-FDA approved as cessation products.
Easy online registration allows you to sign up for classes in real time. To begin the process, visit the OLLI website at: www.usm.maine.edu/olli

There you will find step-by-step instructions and a link to the registration website. Once you have perused the catalog and chosen which classes you wish to “purchase,” you are ready to go “shopping” on the registration website. You’ll be able to tell how many spaces are still available in your chosen class and can add your name to a wait list if a class is full. You’ll pay for your classes with a credit card and receive an e-mail confirmation of your registration within minutes. It’s fast, easy, and secure.

If you’ve shopped online, you should find online OLLI registration a snap. But if you’re not comfortable doing your own online registration at home, the OLLI staff is standing by to help you. We’re offering onsite instruction in the Wishcamper Computer Lab (see timetable) and will have one computer in the OLLI office dedicated to online registration. Anyone may use this computer to register online, but you must use a credit card for payment.

OLLISPRING REGISTRATION TIMELINE

Feb. 10  Online registration for OLLI spring courses begins at 10 am
Feb. 10-11  Onsite help setting up online student accounts and registering for classes available in the Computer Lab at Wishcamper from 10 am to noon and 1 to 3 pm
Feb. 17  OLLI staff will begin processing mail-in registrations and accepting phone registrations

To ensure a smooth transition to online registration, OLLI staff will be occupied assisting students who register on our website during the first week. Starting Feb. 17, mail-in, drop-off, and phone registration will be processed Monday through Friday from 9 am to noon.

OLLISTAFF
Susan Morrow, Assistant Director for Program:
228-8181; smorrow@usm.maine.edu

Rob Hyssong, OLLI Program Coordinator:
228-8336; rhyssong@usm.maine.edu

Linda Skinner, Administrative Assistant:
228-8225; lskinner@usm.maine.edu

FOR MORE INFORMATION
Call: 780-4406 or 1-800-800-4876
E-mail: olli@usm.maine.edu
Visit: www.usm.maine.edu/olli to register for OLLI courses online

OLLIAVISORY BOARD 2014-15
Sue Gesing, Chair
Jack Lynch, Vice Chair
Lynne Gammon, Secretary
John Sutherland, Education Chair
Janet Stebbins, Communications Chair
Bob Bahm, SAGE Chair
Paula Johnson, Community Committee Chair
Jim Thorne, Resource Development Chair
Joy Larrabee, Nominating Chair
Dick Sturgeon, Past Chair
Tim Baehr
Tim Byrne
Judith Harris
Dick Leslie
Rich Machlin
Lois Winter
The Osher Lifelong Learning Institute at USM is based in the Wishcamper Center at 44 Bedford St. on the Portland Campus.

- OLLI classrooms are on the 1st and 2nd floors
- The OLLI office is on the 2nd floor in Room 210
- The elevator is off the lobby

**PARKING AT OLLI**

Parking in surface lots on campus may **earn you a parking ticket**. OLLI pays for our students to park in the USM garage on Bedford St. Simply push the button at the entrance to gain access to the garage. The exit gates will open automatically as you leave.

To park in a handicapped space anywhere on campus, you must have a State of Maine handicapped placard or license plate. There are 20 handicapped spaces in the parking garage and eight in the parking lot directly behind the Wishcamper Center.
Special Interest Groups at OLLI

**Book Club:** Members meet the third Thursday of each month from 3:15 to 5:15 p.m. to discuss readings from a variety of genres, including contemporary novels, classics, biographies, memoirs, short stories, etc. Contact Elsa van Bergen at evanbergen@maine.rr.com for more information.

**Bridge Club:** Those who enjoy playing bridge for fun are welcome to join this group every Wednesday from 3:15 to 5:15 p.m. Contact Dottie Clark at dclark50@maine.rr.com for more information.

**Elders for Future Generations:** This is an ongoing, peer-facilitated exploration of the advocacy role seniors can play in shaping policy to promote the well-being of future generations. Contact Fred Brancato at opus2@maine.rr.com for more information.

**History Book Club:** Members read and discuss one work of history on the second Wednesday of each month from 3:15 to 5:15 p.m. Works include social, political, economic and foreign-policy history as well as biography, autobiography, memoir, and historical fiction. Contact Sue Gesing at susangesing@gmail.com for more information.

**Mah Jongg:** Join players every Monday and Friday from 3:15 to 6 p.m. in Room 103 at Wishcamper. National Mah Jongg rules and cards are used. Contact Domenica Cipollone at domenica@maine.rr.com for more information.

**OLLI Night Out:** Come enjoy good food and good company with fellow OLLI gourmands who meet periodically at local restaurants. Watch the OLLI Newsletter for upcoming dates and locations.

**OLLI Singers:** This group, co-directed by experienced leaders and supported by a skilled accompanist, meets every Thursday at 3:15 p.m. to have fun with vocal music and prepare for several performances each year. All are welcome. Contact Henry Warren at hewarren3@outlook.com for more information.

**Outdoor/Walking Club:** Outdoor enthusiasts gather twice a month for invigorating walks in interesting places. They meet at the Back Cove parking lot and carpool. Walking schedules for the year can be found in the OLLI office and in literature racks in Wishcamper. Contact Rae Garcelon at raeallan@aol.com for more information.

**Photography Club:** Shutterbugs at OLLI at USM meet and learn from each other while sharing their love of photography. Contact Sharon Hickey at sharonlh@gwi.net for more information.

**Recorder Ensemble:** In addition to having fun making music together, the Recorder Ensemble also may perform at OLLI at USM events and venues. Contact Domenica Cipollone at domenica@maine.rr.com for more information.

**Science Reading Club:** This group is for those interested in exploring science through readings based on members’ interests and recommendations. It meets at 3:15 on the third Tuesday of each month. Contact Elizabeth Housewright at ehousewright@gmail.com for more information.

**Senior Players:** Thespians perform staged readings twice a year at USM and off campus on several occasions. Senior Players is open to all OLLI at USM members. Contact Allan Mills at aljeevbr@gmail.com for more information.

**Ski Club:** A seasonal outlet for downhill and cross-country skiing enthusiasts, the club welcomes new and returning members. Check the OLLI Newsletter in season for schedules. For downhill skiing, contact Pris Nelson at pris.nelson47@gmail.com or Lois Winter at lwinter@maine.rr.com for more information. For cross-country, call Deb Blair (799-5043), Valerie Wisch (650-2061), or Susanne Maarten (650-8433, texts preferred).
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<thead>
<tr>
<th>MONDAY MORNING</th>
<th>9:30-11:30</th>
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<tbody>
<tr>
<td>Joan of Arc: A Miracle in History, Art, and Literature</td>
<td>Jim Bucar</td>
<td>Code: BUCAR_JOANOFARC</td>
</tr>
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<td>Immigrant Voices: 21st Century Stories</td>
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<td>Bob Goettel</td>
<td>Code: GOETTEL_DOMPOLED</td>
</tr>
<tr>
<td>Singer-Songwriters, 1950 to Present</td>
<td>Alan Mills</td>
<td>Code: MILLS_SINGSONG</td>
</tr>
<tr>
<td>Beginner American Mah Jongg</td>
<td>Sharon Tancredi, Hiromi Dolliver</td>
<td>Code: TANCREDI_MAHJONG</td>
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<tr>
<th>MONDAY AFTERNOON</th>
<th>12:45-2:45</th>
<th>see pages 9-10</th>
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<tr>
<td>French: Advanced Beginner</td>
<td>Jacqueline Bucar</td>
<td>Code: BUCAR_ADVFRANCE</td>
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<tr>
<td>Perception and Creativity: Understanding Art through the Lens of Neuroscience</td>
<td>Elizabeth Chapman</td>
<td>Code: CHAPMAN_NEUROART</td>
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<tr>
<td>Roots of Anti-Semitism: Early Christianity to the European Expulsion</td>
<td>Alicia Harding</td>
<td>Code: HARDING_ANTISEM</td>
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<tr>
<td>Re-imagining the Urban University</td>
<td>Jack Lynch, Stephen Schiffman</td>
<td>Code: LYNCH_URBANU</td>
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<th>TUESDAY MORNING</th>
<th>9:30-11:30</th>
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<tr>
<td>TUESDAY AFTERNOON</td>
<td>12:45-2:45</td>
<td>see pages 11-13</td>
</tr>
<tr>
<td>Tai Chi Practice and Related Philosophies</td>
<td>Fred Brancato</td>
<td>Code: BRANCATO_TAICHI</td>
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<tr>
<td>Bleeding Edge by Thomas Pynchon</td>
<td>Sandra Compher</td>
<td>Code: COMPHER_PYNCHON</td>
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<tr>
<td>Fierce with Reality: The Diary of Alice James</td>
<td>Janet Gunn</td>
<td>Code: GUNN_JAMESDIARY</td>
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<tr>
<td>Reader's Theater (RT) Performance</td>
<td>Paula Johnson, Barbara Bardack</td>
<td>Code: JOHNSON_RT</td>
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<tr>
<td>The Spiritual Genius of Jesus's Parables</td>
<td>Tom McGovern</td>
<td>Code: MCGOVERN_PARABLE</td>
</tr>
<tr>
<td>Retirement Recap: Money, Fun, and Planning</td>
<td>Kerry Peabody</td>
<td>Code: PEABODY_RETIRE</td>
</tr>
<tr>
<td>Explore Portland's Historic Neighborhoods – On Foot</td>
<td>Bruce Wood</td>
<td>Code: WOOD_PTLD_ONFOOT</td>
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<tr>
<th>TUESDAY AFTERNOON</th>
<th>1:30-3:30</th>
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<tbody>
<tr>
<td>Exploring Portland's Ethnic and Racial Tapestry: Stories Told</td>
<td>Matthew Goldfarb, Kathleen Sutherland</td>
<td>Code: GOLDFARB_ETHNIC</td>
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<tr>
<td>Mindfulness, Meditation, and the Perennial Philosophy</td>
<td>John McLaughlin</td>
<td>Code: MCLAUGHLIN_MIND</td>
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<tr>
<td>Can the Seven Principles of Unitarian Universalism Save the World?</td>
<td>Christina Sillari</td>
<td>Code: SILLARI_UNITUNIV</td>
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<tr>
<td>Introduction to Classical Music</td>
<td>Carl Smith</td>
<td>Code: SMITH_CLASSICAL1</td>
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<tr>
<td>Honing the Art and Craft of Writing, Continued</td>
<td>Ruth Story</td>
<td>Code: STORY_HONE&amp;WRITE</td>
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<td>Matthew Goldfarb, Kathleen Sutherland</td>
<td>Code: GOLDFARB_ETHNIC</td>
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<tr>
<td>Bebop and Beyond: The Heyday of Modern Jazz, 1940s-60s</td>
<td>Martin Margulis</td>
<td>Code: MARGULIS_BEBOP</td>
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<tr>
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<th>WEDNESDAY AFTERNOON</th>
<th>12:45-2:45</th>
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<tbody>
<tr>
<td>Speaking and Acting</td>
<td>David Baker</td>
<td>Code: BAKER.ACTING</td>
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<tr>
<td>The U.S. Economy and the Federal Reserve, for Non-Economists</td>
<td>John Bay</td>
<td>Code: BAY_US_ECONOMY</td>
</tr>
<tr>
<td>The Bible, the Koran, the Gita, and Other Fun Reads</td>
<td>David Morton</td>
<td>Code: MORTON_SCRIPTURE</td>
</tr>
<tr>
<td>Mike Nichols: The Films That Changed Us</td>
<td>Pat Davidson Reef</td>
<td>Code: REEF_NICHOLSFILM</td>
</tr>
<tr>
<td>Classical Music for Experienced Classical Music Lovers</td>
<td>Carl Smith</td>
<td>Code: SMITH_CLASSICAL2</td>
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<tr>
<th>THURSDAY MORNING</th>
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<th>see pages 17-18</th>
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<tbody>
<tr>
<td>Befriending Life, Loss, and Love in Later Years</td>
<td>Fred Brancato</td>
<td>Code: BRANCATO_LIFE</td>
</tr>
<tr>
<td>The Settlement of Europe</td>
<td>Richard Budd</td>
<td>Code: BUDD_EUROSETTLE</td>
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<tr>
<td>Women Sing the Blues</td>
<td>Terry Foster</td>
<td>Code: FOSTER_FEMBLUES</td>
</tr>
<tr>
<td>Influencing Others: How to Get Those Butterflies Flying in Formation</td>
<td>Paul Kiley</td>
<td>Code: KILEY_SPEAKING</td>
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</tbody>
</table>
FRIDAY MORNING
9:30-11:30
see pages 20-21
Psychology Looks at Local Cultural Events
Mike Berkowitz
Code: BERKOWITZ_PSYCUL
Estate Planning
Jim Houle
Code: HOULE_PLAN
Brother against Brother: Part II
Draper Hunt
Code: HUNT_BRO_VS_BRO
Kafka
Ed Schwartz
Code: SCHWARTZ_KAFKA
Art Studio
Dona Sherburne
Code: SHERBURREN студия
Great Decisions 2015
Mike Wygant
Code: WYGANT_DECISIONS_SP15_1

FRIDAY AFTERNOON
12:45-2:45
see pages 21-22
The Bull, the Bear, and You
David Chute
Code: CHUTE_BULL&BEAR
How Things Work
Jim Janak
Code: JANAK_THINGSWORK
Boccaccio: An Introduction and Samples
Evy Newlyn
Code: NEWLYN_BOCCACCIO
Human Evolution
Steven Piker
Code: PIKER_EVOLVE
The Great War of 1914: One Hundred Years Later
Fiorrello Venreresco
Code: VENTRESCO_WWI
Great Decisions 2015
Mike Wygant
Code: WYGANT_DECISIONS_SP15_2

SATURDAY, HALF DAY, $15
APRIL 11
9:30-11:30 AM
Yoga for Boomers and Beyond: The Body-Mind Connection
Jennifer Cooper
Code: COOPER_YOGA

APRIL 18
9:30-11:30 AM
Unsafe Sex and the Single Senior: Action Alert
Paul Kiley
Code: KILEY_SEXALERT
Managing Your Final Affair
Chuck Lakin
Code: LAKIN_DEATHPREP

APRIL 25
9:30-11:30 AM
Understanding Songbird Migration from Biologists and Bird Banders
Patrick Keenan
Code: KEENAN_SONGBIRDS

APRIL 25
9:30-11:30 AM
Death Cafe: Join the Conversation!
Jane Mullen
Code: MULLEN_IDIED

SATURDAY, ALL DAY, $25
APRIL 25
9:30 AM-3:30 PM
Forgotten History: Mainers in the California Gold Rush
Jan Eakins
Code: EAKINS_MEGOLD

MAY 2
9:30 AM-3:30 PM
Sampling the Technology Buffet: A Guide to This Complex Landscape
Rob Hyssong, David Morton, Rae Garcelon
Code: HYSSONG_TECHHELP

MAY 28
9:30 AM-3:30 PM
Stalking Spring Wildflowers
Dianne Sinclair
Code: SINCLAIR_FLOWERS

SATURDAY, TWO SESSIONS, $25
APRIL 18 & 25
9:30 AM-NOON
Backyard Astronomy: Exploring the Wonders of the Night Sky
Scott Nagley
Code: NEGLEY_ASTRON

SATURDAY, THREE SESSIONS, $25
APRIL 18 & 25, MAY 2
9:30-11:30 AM
Painting from the Inside Out
Dianne Sinclair
Code: SINCLAIR_PAINT

REGISTRATION FORM & INFO
see pages 26-27

See Workshops on pages 23-25

Ireland’s Legacy of Learning:
Flowering of Literacy, Music, Art
Robert Lyons
Code: LYONS_IARELANDLEG

King Lear: What can Shakespeare’s Oldest King Teach Maine’s Lifelong Learners?
Chris Queally
Code: QUEALLY_LEAR

Recent Decisions of the United States Supreme Court
Martin Rogoff
Code: ROGOFF_SUPCOURT

Stealing History
Sherrie Chapman
Code: CHAPMAN_STEALHIS

Line Dancing: A Cross-Cultural Perspective
Jack Lynch
Code: LYNCH_LINEDANCE

Broadway Musicals: The Intriguing Decade of the ‘60s
Lorraine Masure
Code: MASURE_BWAY60S

Narrative by Design: Use of Literary Models
Carl Senna
Code: SENNA_NARRATIVE

Bread, Faith, and Sacrament
Donald Smith
Code: SMITH_FAITH

Middle East through Film III
Kathleen Sutherland
Code: SUTHERLAND_FILM3

Tools for Successful Aging: Law, Money, Home, Community, and Wellbeing
Timothy Vogel
Code: VOGEL_AGING/LAW

Tolstoy’s War and Peace
George Young
Code: YOUNG_WAR&PEACE
Monday Morning 9:30-11:30

Joan of Arc: A Miracle in History, Art, and Literature
Jim Bucar
Course Code: BUCAR_JOANOFARC

Mark Twain, that perpetual skeptic, anointed Jeanne d’Arc as “the most extraordinary person the human race has ever produced.” He further declared that any artist who wishes to penetrate her mystery must “paint her spirit.” We will attempt to observe his principle — in a sampling of literature, visual and musical arts; in Joan’s own words; and in the transcripts from her trials — to see if we can find in them that remarkable young woman Twain called “the Wonder of the Ages.” We will start with Twain’s Personal Recollections of Joan of Arc. Required book: Joan of Arc, Mark Twain, ISBN 97808998702682, USM price $17.95.

Retired in 2009 after teaching high school for 44 years, Jim Bucar misses the classroom experience of sharing great literature. He firmly believes that learning happens only through the interaction of minds and ideas, so questioning and probing in class are paramount.

Immigrant Voices: 21st Century Stories
Mary Collins
Course Code: COLLINS_IMMVOICE

This is a Great Books discussion class using a contemporary anthology of short stories written by immigrants to the United States. We will discuss 18 stories that speak to the experiences, concerns, and aspirations of those who leave their homeland for a new country. As this is a peer-led discussion course, participants will be expected to read the material carefully and come to class prepared to participate at their own comfort level. Participants who are willing may volunteer to lead a discussion of the selection(s) of their choice. Required book: Immigrant Voices: 21st Century Stories, Achy Obejas and Megan Bayles, Editors, Great Books Foundation, ISBN 9781933147659, USM price $19.95.

Mary Collins retired in 2003 from USM, where she was an Adjunct Associate Professor, teaching in the Adult Ed Master’s Program. She’s been an active member of OLLI since retirement and has taught several Great Books discussion classes.

Happy Families(?)
Sarah Franklin and Betsy Wiley
Course Code: FRANKLIN_FAMILY

In this course we’ll consider Tolstoy’s statement that “every unhappy family is unhappy in its own way” through four widely varied 21st century novels. Required books: This is Where I Leave You, Jonathan Tropper, ISBN 9780452296367, USM price $16; The Round House, Louise Erlich, ISBN 9780062065254, USM price $15.99; We Are All Completely Beside Ourselves, Karen Joy Fowler, ISBN 9780142180822, USM price $16; Remember Me Like This, Bret Anthony Johnston, ISBN 9780812971880, USM price $16. Read the first half of Tropper’s novel for the first class.

Sarah Franklin (BA, Bates; MAT, Harvard) taught high school English in both public and private schools, here and abroad. Currently exploring work as a docent for MHS, she dabbles in research, writing, and taking courses.

In 1997, Betsy Wiley left teaching to get her PhD in American Studies from George Washington University. She continues to describe herself as a writer, although she reads more than she writes.

Domestic Policy Issues: Education Reform in the 21st Century, Pre-K to College
Bob Goettel
Course Code: GOETTEL_DOMPOLED

Education is the most turbulent domestic policy area (along with health care) challenging our local, state, and national governments. While learning occurs through individual student/teacher interactions, government policies affect those experiences in both positive and negative ways. Value and empirical conflicts pervade decisions about issues such as international and state comparisons, workforce preparedness, teacher and administrator quality, common core, testing, costs and quality, charter schools, Internet learning, student debt, and still, unfortunately, equal educational opportunity. Guest speakers, including USM faculty, will join us for several class sessions. Background information for each class session will be distributed electronically.

Bob Goettel is a retired Muskie School faculty member and administrator at USM who has coordinated this class at OLLI each spring and fall since 2008. He has led numerous national and state-level policy and evaluation studies and managed policy-research organizations.

Singer-Songwriters, 1950 to Present
Alan Mills
Course Code: MILLS_SINGSONG

We will explore the works of singer songwriters from America, England, Wales, and Canada from the 1950s to the present. Class members will present reports on artists of their choice. The reports will tell about the singer-songwriter, their songs, and the influence they’ve had on the music scene. The presentations can be multi-media, singing, or whatever might enhance the presentation.

Alan Mills, MEd, is a former French teacher and social worker. He enjoys singing and has been doing so all his life. He witnessed the power of songs during the ‘60s while participating in the Civil Rights movement and the anti-war protests.

Register Online at www.usm.maine.edu/olli
**Beginner American Mah Jongg**  
Sharon Tancredi and Hiromi Dolliver  
Course Code: TANCREDI_MAHJONG

Introduced in the USA in 1920, American mah jongg has gained popularity in Southern Maine. Mah jongg is played with tiles, racks, and a special card that changes every year. In 1937 a group of people met to standardize the mah jongg rules. In this class you will learn how to play the American version of mah jongg, the result of that 1937 meeting. **Required material:** The 2015 Mah Jongg Card, available from the National Mah Jongg League (www.nationalmahjonggleague.org) or the Jewish Community Alliance (fsilverman@mainejewish.org). This class is intended for the beginner mah jongg player and anyone who wishes to brush up on their skills. This **six-week repeat class** begins on **Monday, March 23**.

Sharon Ash Tancredi is a Social Worker who has a private practice in Portland. She has been enthusiastically playing mah jongg for many years.

Hiromi Dolliver is a retired paralegal and an exceptionally talented mah jongg player.

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**French: Advanced Beginner**  
Jacqueline Bucar  
Course Code: BUCAR_ADVFRENCH

Students will read and discuss contemporary short stories and build vocabulary skills by using various exercises and dialogues. While this course is not for beginners, it assumes **only a very basic knowledge of French**. The course will be conducted as much as possible in French, with the aim of encouraging all — no matter what level of French — to participate in simple discussions. **Required books:** *Le Petit Nicolas et les Copains* (Folio Junior), Goscinny Sempe and J. Sempe, 9782070612772, USM price $12.95; *Practice Makes Perfect French Conversation*, Elaine Kurbegov, ISBN 978071770873, USM price $14. **This repeat class** will run for six weeks.

Jacqueline Bucar taught high school French in Connecticut schools for 16 years before pursuing a career in law. She graduated from the University of Connecticut with a BS, from Wesleyan University with a Master’s of Liberal Studies, majoring in Literature and History, and from the University of Connecticut School of Law with a JD. Currently an immigration attorney in New Haven, Conn., she is a true Francophile and spends as much time as possible in her adopted country of France.

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**Perception and Creativity: Understanding Art through the Lens of Neuroscience**  
Elizabeth Chapman  
Course Code: CHAPMAN_NEUROART

Does Singer Sargent or Grant Wood move you? Are you at a loss in front of a painting by Mark Rothko or Brice Marden? Does Rembrandt seem like poetry and Jackson Pollock feel like dance? Each of us combines ancient neurological elements of the brain with uniquely weighted processes of perception to create our experience of visual meaning. **This repeat course** uses lectures, readings, discussions, and slides to explore the neurological underpinnings of human creative perception. Hands-on exercises help explore our unique perceptual systems. **Required books (on e-reserve; access instructions will be handed out in class):** *A Brief Tour of Human Consciousness*, V.S. Ramachandran, Chapter 4 — “Purple Numbers and Sharp Cheese”; *The Body Has a Mind of Its Own*, Sandra Blakeslee, Chapter 1 — “The Body Mandala”; *The Grove Dictionary of Art*, entry on perception.

Elizabeth Chapman has a MArch from MIT and BArch from Cornell. She has taught Perception, Creativity, and Neuroscience at OLLI for six years. She is a practicing architect, and painter.

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**Roots of Anti-Semitism: Early Christianity to the European Expulsion**  
Alicia Harding  
Course Code: HARDING_ANTISEM

Anti-Semitism is on the rise worldwide. To understand this phenomenon, it is important to go back to the beginning and trace the attitudes toward Jews in the early Christian writings and in the medieval Catholic church. We will be reading and discussing the writings of the first Christians, from Paul to Augustus. As we trace the course of anti-Semitism, we will continue into the Middle Ages, the Talmud on Trial, the Barcelona Disputation, the accusations of blood libel, depictions of Jews in Christian art, and the eventual expulsion of all Jews from Europe. **Required book:** Copy of a Christian Bible (any version).

Alicia Harding has degrees in European History from California State University at Fullerton and taught at the high school level until retirement. Since retiring she has taught courses in World and American History, Archaeology, and Human Geography at SMCC. Recently she participated in a National Endowment for the Humanities seminar in Oxford, England.

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More Monday Afternoon courses on next page
Re-imagining the Urban University
Jack Lynch and Stephen Schiffman
Course Code: LYNCH_URBANU

What is the meaning of “urban university”? How might synergies best be fostered between a community of learners and knowledge creators and a vibrant small city? By examining the opportunities and challenges of urban universities across the country we will better understand alternative models of higher education. We can then imagine possibilities for a city such as Portland, Maine, considering factors such as changing demographics, cultural needs, political realities, entrepreneurial opportunities and the intellectual interests of its citizens. This lecture/discussion class will include visits by guests who have experience in university administration or represent key stakeholders in an urban community.

Jack Lynch, BS from MIT and PhD from Stanford University, has been a systems analyst and ombudsman at MIT Lincoln Laboratory, Director of Tutored Video Instruction at MIT, and on the Boston University faculty.

While Dean of the Undergraduate Program at Babson College, Steve Schiffman joined the founding faculty of Olin College to help create that engineering school. He later served Olin as Interim Vice President for Academic Affairs.

The Mark Twain You May Not Have Read
John Sutton
Course Code: SUTTON_TWAIN

In this course we will explore some of Twain’s lesser-known works. Some of them, especially the non-fiction works, are long, so we will read only parts of them. Required books, all by Mark Twain: The Tragedy of Pudd’nhead Wilson, ISBN 9781420925340, USM price $4.95; The Man That Corrupted Hadleyburg, ISBN 9780976140795, USM price $10; The Mysterious Stranger, ISBN 9781573920391, USM price $11.99; The Innocents Abroad, ISBN 9780451530493, USM price $7.95; Roughing It, ISBN 9780451531100, USM price $6.95; Life on the Mississippi, ISBN 9780486414263, USM price $5. Suggested book: The Bible According to Mark Twain, Baetzhold & McCullough, editors, ISBN 9780684824390.

The instructor will send out a complete reading list prior to the beginning of the course. Participants should read Pudd’nhead Wilson before the first class.

John Sutton majored in English at Yale, taught in the Darien, Conn., school system for 35 years, and facilitated 30 courses at a Lifelong Learning Institute in Connecticut affiliated with the Norwalk Community College. This will be his sixth OLLI course.

Tuesday Morning 9:30-11:30

Spring 2015
SAGE Lecture Series

Each fall and spring, SAGE provides eight Tuesday morning lectures. Topics include history, culture, the arts, geography, and science. Drawing on community resources, SAGE offers attendees the opportunity to hear interesting speakers and to learn more about a wide array of interesting subjects. OLLI is excited to offer such an outstanding lecture series. Here is a preview of this spring’s SAGE lineup:

March 17 Kate Braestrup: Chaplain, Maine Warden Service
March 24 Mark Vogelzang: Maine Public Broadcasting
March 31 Regina Phillips: Immigrants, Asylum Seekers, and Refugees
April 7 Linda Robinson: A Midwife’s Experience with Women and War in the Congo
April 14 Earle Shettleworth Jr: Victorian Portland in Vintage Photographs
April 21 Jon Levy: Chief Justice Louis Brandeis
April 28 Mary Allen Lindemann: From Bean to Brew — A Story of Coffee
May 5 Lois Lowry: Children’s Books Today

Further details and pricing information can be found in the SAGE brochure you’ll receive in February. Online registration for SAGE will start Feb. 24.
Tai Chi Practice and Related Philosophies
Fred Brancato
Course Code: BRANCATO_TAICHI

This repeat class will consist of 40 minutes of soft Chinese exercises (called Qigong) to promote inner energy and health of mind and body, followed by 40 minutes of readings, mini lectures, and discussions about the ways of living suggested by sages of diverse spiritual traditions. Classes will conclude with 40 minutes of Tai Chi, an ancient practice of movement, breath, and posture that strengthens the body and supports the immune system. It has been described as meditation in motion. Loose, comfortable clothing is suggested. Suggested book: Ancient Wisdom and the Measure of Our Days: The Spiritual Dimensions of Retirement, Aging and Loss, Fred Brancato, ISBN 9781606937020.

Fred Brancato has a Master's in Religious Studies from Fordham University and a PhD from New York University's Department of Culture and Communication. He has been practicing Tai Chi for 25 years, teaching it for 10, and studying the world's diverse spiritual traditions for more than 50 years.

Fierce with Reality: The Diary of Alice James
Janet Gunn
Course Code: GUNN_JAMESDIARY

The sister of Henry and William James, Alice James kept a journal during the last four years of her life that illumines her role both in the context of her famous family and in 19-century culture. Alice's diary reveals a vigorously opinionated, intellectually curious, extremely gifted writer renegotiating her position within the discourses of her time — a tall order with a father like Henry Sr. and brothers like William and Henry! Required books: The Diary of Alice James, Leon Edel and Linda Simon, ISBN 9781555533977, USM price $29.95; Alice James: A Biography, Jean Strouse and Colm Toibin, ISBN 9781590174531, USM price $17.95; Death and Letters of Alice James, Alice James and Ruth Yeazell, ISBN 9781878972200, USM price $15.95.

Janet Gunn wrote about Alice James on her way to Proust and her doctoral dissertation on autobiography theory. Having returned to Proust with OLLI friends, she returns to Alice James with the vigor and appreciation Alice rightly deserves. She and Marcel would have been good pen pals!

More Tuesday Afternoon courses on next page

Bleeding Edge
by Thomas Pynchon
Sandra Compher
Course Code: COMPHER_PYNCHON

Pynchon’s newest novel is written in his zany style, with crazy characters making their way in New York in lives of corruption, crime, and dead bodies. New York City is a main character in this mystery. A fictional commentary on the American psyche and condition from September 11 to the present, this is Pynchon’s special gift to American literature and well worth reading. Required book: Bleeding Edge, Thomas Pynchon, ISBN 9780143125754, USM price $17.

Sandra Compher has a MA in Social Work from Catholic University and was a psychotherapist in private practice for 16 years. She has a MA and BA in American Literature and American Studies from American University and for 10 years taught Literature in a prep school in Washington, D.C.
Reader’s Theater (RT) Performance
Paula Johnson and Barbara Bardack
Course Code: JOHNSON_RT

RT Performance is an opportunity to learn and practice basic acting techniques. While sharing constructive critiques, class members will be cast in various roles and will rehearse multiple short plays under the direction of the instructors during the term, followed by a performance. No memorization required. Instructors will provide scripts. Due to limited rehearsal time and a final performance, it is important that all actors are onboard each week. Please commit to the full nine weeks and clear your calendars accordingly.

Paula Johnson holds a Master’s in Business Management from Husson University, and her professional life spans 40 years. She also has pursued theater in all aspects, touring with Children’s Theater in Maine and Massachusetts, acting in local theater groups, and working in many behind-the-scenes capacities.

Barbara Bardack is a retired public-school teacher. She taught Reader’s Theater as an aid to reading instruction and appeared in school productions and community theater in New York, Ohio, and Freeport, Maine. Behind-the-scenes work includes a stint in Public Broadcasting and as props master with the Freeport Community Players.

The Spiritual Genius of Jesus’s Parables
Tom McGovern
Course Code: MCGOVERN_PARABLE

Good Samaritan. Prodigal Son. Jesus’s parables tap into our memories and values. They resurrect cultural beliefs and religious traditions from another time and place. They are unsettling. Interpretations rattle around in our heads. Characters capture our hearts. This course explores Jesus’s parables as a) a spiritual genius’s teaching method; b) an invitation by a Jewish storyteller to clarify our commitments; and c) an opportunity to reflect on deeper, personal meanings embedded in ordinary, daily life. Required book: Short stories by Jesus: The Enigmatic Parables of a Controversial Rabbi, Amy-Jill Levine, ISBN 9780061561016, USM price $25.99.

This is Tom McGovern’s third offering for OLLI at USM, after “Augustine’s Confessions” (2013) and “Jesus: A Gospel and Historical Biography” (2014). He taught interdisciplinary literature, religion, ethics, ethnic studies, and psychology at four urban universities, blending an AB in Theology from Fordham with a PhD in Counseling Psychology.

BOOKS AND CLASS MATERIALS

- Acquiring books and materials is the student’s responsibility.
- Books and materials will be listed at the end of each course description as Required (the class – i.e., a literature course – cannot function without the book) or Suggested (it would enhance the class but is not necessary).
- Book prices are listed only for required books and reflect USM Bookstore prices. If no books or materials are listed in a course description, none are needed.
- For your convenience, all required books and a limited number of copies of suggested books will be carried in a special OLLI-designated section at the USM Bookstore on the USM Portland campus. However, students also are welcome to procure books from other sources, including online vendors, local libraries, and friends.

Retirement Recap: Money, Fun, and Planning
Kerry Peabody
Course Code: PEABODY_RETIRE

This repeat course will provide a comprehensive introduction to (or review of) retirement legal issues and financial- and risk-planning tools. For fun, we’ll have a session on some intriguing alternative travel and recreational opportunities, and perhaps a surprise or two, if time permits. We’ll cover everything from advanced directives to couch surfing to Medicaid and long-term care!

Our seasoned speakers include an elder-law and estate-planning attorney, a certified financial planner, an insurance professional, and others. You will get good answers to important questions and have a little fun in the process.

Kerry Peabody has over 20 years’ experience in the insurance industry and works with a network of legal and financial professionals. He specializes in working with clients 55 and older. He lives in Scarborough with his wife, Carrie, and his son, Brimwin.

Discovering Your Inner Resources: Exploring Peace
Rita Rubin-Long and Stephen Farrell
Course Code: RUBIN-LONG_PEACE

Discover and explore your own inner resources — innate tools for living and the possibility of personal peace. What are inner resources? Peace, appreciation, inner strength, self-awareness, understanding, dignity, choice, hope, and contentment. In each session we will view short educational addresses by Prem Rawat, an international speaker on the topic of personal peace. We will have time for reflecting, writing, and expressions. This nine-week, media-based, peace-education program was created by The Prem Rawat Foundation. Materials fee (workbook and articles): $20, due to instructors at first class.

Rita Rubin-Long taught in the Portland Public Schools for 30 years. She is an educational consultant for The Fiddlehead School for Arts and Sciences in Gray.

Now retired, Stephen Farrell worked with troubled teens and their families in NYC and Maine. He also worked for The Portland Public Health Department.
**Explore Portland’s Historic Neighborhoods – On Foot**

Bruce Wood  
Course Code: WOOD_PTLD_ONFOOT

Enjoy six weekly, narrated walks through Portland's historic neighborhoods exploring the city’s history, architecture, and people since Europeans arrived. View historic structures, learn about famous architects and their works, and discuss immigrant populations. The longest walk will be 2 ¼ miles in two hours. The greatest elevation change will be from the Longfellow House to the waterfront and back. All walks will be on pavement, with side trips into two grassy cemeteries. **Rain or Shine. Suggested book**: Portland, A Short History by Allan Levinsky, ISBN 9781933212432. **Instructor will contact students about the meeting place prior to each class. No class March 25 or April 7.**

Bruce Wood moved to Portland after retiring as a computer programmer for Amtrak. He fell in love with the city’s history and architecture and now serves on Portland’s Historic Preservation Board. He leads tours of the Old Port for the Maine Historical Society, the Victoria Mansion, and the Observatory.

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**Tuesday Afternoon 1:30-3:30**

**Chinese Language and Culture**  
“Herb” Zhibo He  
Course Code: ZHIBO_CHINESE

This repeat course aims at providing a basic foundation in the combined skills of listening, speaking, and writing Chinese characters as well as a general picture of Chinese culture. Learners will start with the Mandarin phonetic system (Pinyin), pronunciation, stroke orders, and basic Chinese characters. Students will be able to conduct conversations based on daily topics. As for Chinese culture, the instructor will provide some information about China’s history and geography, Chinese legend, Chinese philosophy, traditions, and customs, Chinese tea, Chinese medicine, Chinese Kongfu, and other relevant topics.

Zhibo He, a Chinese instructor at the Confucius Institute at USM and an associate professor at Dongbei University of Finance and Economics, graduated in 1998 with a BA and in 2004 with a MA, majoring in Linguistics. The focus of his research field is language teaching and cross-culture studies.

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**Wednesday Morning 9:30-11:30**

**Exploring Portland’s Ethnic and Racial Tapestry: Stories Told**  
Matthew Goldfarb and Kathleen Sutherland  
Course Code: GOLDFARB_ETHNIC

The overwhelmingly white population of the state of Maine masks the rich diversity and contributions of ethnic and racial groups who have made up the population of its largest city, Portland, particularly during the last 20 years. We hope to provide a further understanding of this diversity in a series of eight presentations by members from the various key ethnic, religious, and racial communities who have built up Portland: Irish, French, Jews, African-Americans, Somalis, Hispanics, East Europeans, and Asians.

Kathleen Howard Sutherland is Associate Professor Emerita of Political Science and Women’s Studies from Bowling Green State University in Ohio, specializing in Middle East Studies. Kathleen has taught courses at OLLI, including on refugees, since 2005. She is on the World Affairs Council of Maine Board.

Matthew Goldfarb is a retired attorney who has enjoyed three years of taking classes at OLLI. He is dedicated to peer teaching and learning from his students as they explore academic subjects together.

**Diego Rivera and Frida Kahlo: A Story of Art, Passion, and Intrigue**  
Nathaniel Larrabee  
Course Code: LARRABEE_MEXART

How many art courses combine searing romance, international conspiracy, and Modernist artwork? This course will explore the times, work, and relationships of Frida Kahlo and Diego Rivera. We will view Mexican history through Rivera’s great frescos and consider his turbulent conflicts with Communism and Capitalism. Included will be a review of the exile and death of Trotsky while living with these two artists. We will explore the Mexican Muralist Movement and consider the rise of Surrealism through Kahlo’s artwork. This “shared inquiry” class is both lecture and discussion; there are no prerequisites. **Suggested book**: The Lacuna, Barbara Kingsolver, ISBN 9780060852580. Class runs six weeks, April 1-May 6.

Nathaniel Larrabee is a retired Professor of Fine Arts at the Columbus College of Art and Design. He has also taught at Wellesley College, Boston University, and Northeastern University. He has exhibited at the regional, national, and international levels and is represented in diverse public and private collections.

Register Online at www.usm.maine.edu/olli

More Wednesday Morning courses on next page
Introduction to Classical Music
Carl Smith
Course Code: SMITH_CLASSICAL1

This course is intended for both those who are not yet familiar with classical music and those who already have some experience with classical music but do not know as much about the basic classical music repertoire as they would like. The musical selections, mostly videos of live performances, will emphasize classical works that have proven themselves over time to be popular with both newcomers and experienced listeners. More experienced classical music fans are welcome to take the course but they may prefer the afternoon session, which will feature more challenging musical selections. Students of all experience levels are welcome to take either the morning or afternoon session — or both.

Carl Smith has been teaching music appreciation courses since the 1970s and at OLLI for the past eight years. His passion for classical music, opera, and jazz, together with an equal passion for high-quality video and sound reproduction, results in something approaching a live music experience in the classroom.

Honing the Art and Craft of Writing, Continued
Ruth Story
Course Code: STORY_HONE&WRITE

William Zinsser says that writing is “...mostly matters of craft: selection, organization, unity, voice, and tone. But also matters of attitude: enjoyment, curiosity, integrity, courage, and grace.” This writer-friendly, interactive course is designed for writers with some experience who want to hone their skills to become better writers. In the process we will explore ways to set a tone, engage the reader, create believable characters, master the convention of language, eliminate clutter, and other essential skills of the writing craft. Newcomers to the group welcome.

Ruth Townsend Story, editor, writer, and award-winning teacher, has written five books and scripted eight computer-assisted programs for teaching composition and literature. She edits and writes feature stories for two publications as well as educational materials for Scholastic Publishing. She is also a frequent presenter at professional conferences.

Register Online at www.usm.maine.edu/olli
Wednesday Afternoon 12:45-2:45

Keeping Memory Alive: Enlivening Memoir
Norman Abelson
Course Code: ABELSON_MEMALIVE

In addition to general memoir instruction, this course will concentrate on bringing life to composition through writing exercises, class reading and discussion, peer review, and instructor critique. A flat memory recitation, devoid of accompanying feelings, can feel bland and incomplete. Was that first love awesome? Bring that sense of awe into writing about it. Moments from the past had feelings, sensations: joy, sadness, fear, excitement. The more they can be brought forward along with the memory, the more dimensional, compelling, and true the memoir itself will be. Required book: Right Time, Right Place, Norm Abelson; instructor will supply.

Norman Abelson is putting the finishing touches on his third book of memoir, Times Gone By, and second poetry book, Who Knew? For some 20 years he has been leading courses in Keeping Memory Alive, which he originated at Brandeis University's Lifelong Learning Institute.

Restorative Justice: A Better Way of Dealing with Wrongdoing
Cushman Anthony and Pamela Anderson
Course Code: ANTHONY_JUSTICE

Restorative Justice, an approach sometimes utilized in Maine, focuses not just on the offender, but also on the needs of the victim and the community at large to determine how to repair the harm. It is applied most frequently to criminal or juvenile offenses, but is also used increasingly in other settings. Classes will include films, guest speakers, a short book, and discussion of the ideas presented and their potential application in Maine. Required book: The Little Book of Restorative Justice, Howard Zehr, ISBN 9781561483761, USM price. $4.95.

Cushman Anthony, a retired lawyer, worked for seven years as Director of Advocacy at Portland's Community Counseling Center. He was Chair of the Maine Indian Tribal-State Commission for six years and chaired the Judicial Branch's Alternative Dispute Resolution Planning and Implementation Committee from 1993 to 1998. He has used his mediation skills in a wide range of settings, including Rwanda and Burundi.

Pam Anderson, a retired attorney and USM law professor, teaches Restorative Practices to Maine educators. She has participated in developing and implementing the Juvenile Community Review Board, a restorative justice option for young offenders in York County.

Speak and Acting
David Baker
Course Code: BAKER_ACTING

This basic course is about acting and speaking, focusing on how to deliver a line — overcoming nerves, developing confidence, making characters believable, generating a new reality, and bringing the lines to life in comedy, farce, tragedy, romance, or thriller. Includes tryouts, casting, scripts, rehearsals. For the beginner who has little or no acting experience, for anyone interested in improving self-expression or refreshing acting fundamentals. No lectures, but a fun experience. An experienced stage director will guide you, help develop confidence as you match the words with the behaviors and emotions required for your character. Instructor will provide scripts.

David Baker has been a cathedral chorister, a bandstand singer, radio anchor, actor, director. His many roles are as diversified as Ali Hakim, Sarastro, Falke, Manningham, Fagin. He has stage-managed more than 10 plays and musicals and directed even more, including "Twelve Angry Men."

The U.S. Economy and the Federal Reserve, for Non-Economists
John Bay
Course Code: BAY_US_ECONOMY

A recent poll by AP-GfK found that 70 percent of respondents thought that Federal Reserve policy on interest rates was hard to understand. Another recent Pew poll found that only 24 percent of respondents knew Janet Yellen was the Fed chairwoman. Would you like to know more about the Federal Reserve's role in the economy? How it is structured and operates? How it compares with the European Central Bank? In this repeat course, we will briefly review U.S. economic performance since 1960 and then take an in-depth examination of the recent financial crisis, Great Recession, and current expansion. We will look at the euro and European debt crisis.

John Bay retired from USM after 38 years as an administrator and faculty member. He taught a money and banking course for more than 50 years. He has made presentations on the U.S. economy and the Federal Reserve to a variety of audiences.

The Bible, the Koran, the Gita, and Other Fun Reads
David Morton
Course Code: MORTON_SCRIPTURE

Each of the world's great religions has a text informing it. Believers call these holy scriptures. Atheists declare them
childish or even evil nonsense. Rational moderates try to interpret hidden metaphors. But behind the hype from all sides, do these ancient texts sometimes have important or even helpful things to say about the way life is? This class will be a survey of high points in some of these religious writings to see if there is, indeed, wisdom that can be drawn from them. We will also look cursorily at the structure of the writings to see what purposes they filled. **Suggested book:** *How the Bible Was Built*, Charles Merrill Smith and James W. Bennett, ISBN 9780802829436.

David Morton is endlessly curious about the many sources of human wisdom and insight. This is another off-the-cuff exploration.

**Mike Nichols: The Films That Changed Us**
Pat Davidson Reef
Course Code: REEF_NICHOLSFILM

Films unite us and entertain us, but most of all they reveal our values and reflect the age in which we live. The following films directed by the late Mike Nichols, a gifted director, actor, screen writer, and comedian, explore the major issues in our century with creativity and insight: “The Graduate,” “Who's Afraid of Virginia Woolf?,” “Working Girl,” “Silkwood,” and “Catch 22.” We’ll discuss the issues and characters in these films, portrayed by some of the most gifted actors and actresses of our time, including Dustin Hoffman, Ann Bancroft, Elizabeth Taylor, Richard Burton, Melanie Griffith, Harrison Ford, and Meryl Streep.

Pat Davidson Reef has taught film for 15 years at OLLI. She has a Master's Degree in Education, is a retired English and Humanities teacher from McAuley High School, and writes on the arts for the Lewiston Sun Journal. She has two daughters, six grandchildren and one cat, Winslow.

**Nature Walks: Explore Maine’s Natural World in Early Spring**
Davida Sky and Kiya Smith
Course Code: SKY_NATWALKS

The focus of this class is to enhance your enjoyment and knowledge of nature. Each week we will focus on a topic: e.g., birds, trees, wildflowers, seaweeds, vernal pools, estuaries, Casco Bay geology, nature journaling. Naturalists will lead the walks, bringing their knowledge of different aspects of nature to exploring a variety of trails in greater Portland. Be prepared to walk up to 1 mile outdoors on uneven terrains in fields, woods, and beach. Classes will be postponed for inclement weather.

Davida Sky and Kiya Smith are both Maine Master Naturalists who enjoy sharing their knowledge and excitement of the outdoors. Both have extensively explored Maine's wild places by foot, kayak, and snowshoe.

**Classical Music for Experienced Classical Music Lovers**
Carl Smith
Course Code: SMITH_CLASSICAL2

This course is intended for experienced classical music lovers and will feature more challenging works than the morning session described above. The musical selections, mostly in the form of videos of live performances, will be from all eras of classical music, but there will be more emphasis on 20th century music than in the introductory morning class. Newcomers to classical music are welcome to take the more advanced afternoon course with the understanding that not much time will be spent on the fundamentals of classical music, which will be covered in the morning session described above.

Carl Smith has been teaching music appreciation courses since the 1970s and at OLLI for the past eight years. His passion for classical music, opera, and jazz, together with an equal passion for high-quality video and sound reproduction, results in something approaching a live music experience in the classroom.

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**REFUND POLICY**

You will receive a **100 percent refund if you cancel by the END OF YOUR SECOND WEEK OF CLASS.** No refund after that point. No refunds are given for OLLI at USM annual membership fees. To transfer from one course to another, or to drop a course, call the OLLI office at 780-4406.
**Befriending Life, Loss, and Love in Later Years**  
Fred Brancato  
**Course Code: BRANCATO_LIFE**

With aid from the wisdom of sages and mystics of diverse spiritual traditions, we will explore the special significance for us (as we age) of loss, loneliness, fear, death, creativity, story, contemplation, and love. This will be done through reflection on selected readings, mini lectures, and class discussion. **Suggested books:** *Ancient Wisdom and the Measure of Our Days: the Spiritual Dimensions of Retirement, Aging and Loss*, Fred Brancato, ISBN 978806937020; *Anam Cara: A Book of Celtic Wisdom*, John O’Donohue, ISBN 9780060929435.

Fred Brancato has a Master's Degree in Religious Studies from Fordham University and a PhD from New York University's Department of Culture and Communication. Over the years, he has conducted a variety of courses at OLLI related to the world's diverse spiritual traditions and Tai Chi.

**The Settlement of Europe**  
Richard Budd  
**Course Code: BUDD_EUROSETTLE**

Recent archeological evidence has radically altered the ideas of the chronology and details of humanity's move from Africa into Europe. We will examine this history and the culture, technology, art, and social and religious practices of these early occupants. We will examine the impact of the Ice Ages on settlement of lifestyle. The interaction between Neanderthals and modern humans will be discussed. Recent evidence for the widespread common flood legends among widely dispersed peoples will be discussed.

Dick Budd is a retired physicist who studied Physics at NYU and Harvard, leading to a doctorate. He spent most of his career developing special-purpose scientific computer systems. He teaches at OLLI on a wide variety of subjects, including bridge, development of the physical sciences, movies, science fiction, and history.

**Women Sing the Blues**  
Terry Foster  
**Course Code: FOSTER_FEMBLUES**

The blues as a musical genre rose primarily within African-American culture. After emancipation, African-Americans focused on their problems by composing and singing songs about their woes. African-American women began recording the blues in the 1920s. Their work made the blues widely popular. **This repeat course** will trace the evolution of this musical genre until today, when so many revel in this exciting musical tradition. This course extensively utilizes CDs, videos, singing, and the piano. **Required book:** *Black Pearls: Blues Queens of the 1920s*, Daphne Duval Harrison, ISBN 9780813512808, USM price $27.95. Supplemental material will be provided.

Terry Foster, one of the founders of OLLI's predecessor, Senior College, has taught throughout OLLI's history. He is a lifelong musician, having started playing piano at age five. He has played professionally in dance bands and as a cocktail pianist. His doctorate is in college administration. He loves the blues.

**Influencing Others: How to Get Those Butterflies Flying in Formation**  
Paul Kiley  
**Course Code: KILEY_SPEAKING**

If you enjoy conversation with two or more people at the same time but get butterflies expressing new ideas or meeting new people, this course is for you. It is about expanding and enlarging your conversation strengths while facing your fears of the unknown. It explores the fundamental concepts and practical skills helpful to delivering a natural, effective, and personally rewarding presentation to anyone. It is designed to identify, enhance, and improve your natural speaking strengths. Maybe you will only need to do it once, and this course can help prepare you for that time. Class participation is required, and supplemental readings are encouraged. **Required book:** *The Natural Speaker*, Randy Fujishin, 7th edition, ISBN 9780205753680, available from amazon.com.

Paul Kiley is a seasoned and savvy presenter with more than 25 years of experience. He has taught oral communication courses at area colleges in Los Angeles and Minneapolis for the past 12 years.

**Ireland’s Legacy of Learning: Flowering of Literacy, Music, Art**  
Robert Lyons  
**Course Code: LYONS_IRELANDLEG**

Topics covered in this class include: “Decoding Ireland’s Lost Past” (RTÉ TV): Ireland’s first people, beginning of Irish Christianity; the flowering of Irish learning and literacy (6th to 12th centuries); How Irish invented silent reading and how Irish music saved civilization; “Irish OrphanTrains” (PBS), largest mass migration of children in American history; “The Vertical Man: Seán Ó Riada”: Traditional Irish music rediscovered [PBS-Irish Screen docudrama]; two early 1900s short Irish films; “The Rising of the Moon”: Irish film anthology of three short stories, directed by John Ford. Class members are invited to present their reflections of Ireland.

Over the past 17 years, Bob Lyons has led OLLI courses (Irish Short Stores, Irish Film Classics, Irish Readers Theatre) at USM and Thursday Morning courses on next page
Tufts University, as well as at Dartmouth's ILEAD and, while living periodically in Ireland, at University College Cork and the Briery Gap Arts Centre, Macroom.

**King Lear: What can Shakespeare's Oldest King Teach Maine's Lifelong Learners?**

Chris Queally  
Course Code: QUEALLY_LEARN

What happens when an old king gives up his crown, his lands, his authority? We will examine King Lear’s relationships: with his two eldest daughters and their husbands, with his youngest daughter, with his nobles, with nature, with the gods and, most importantly, with his all-licensed fool. What's to be learned from Lear’s folly? What does Shakespeare suggest about the necessity for lifelong learning? The subplot in King Lear contains perhaps the cruelest scene in any Shakespeare play. How do the two plots intertwine and come together. And what pleasure should we derive from such tragic business? **Required book:** King Lear, William Shakespeare, ISBN 9780486280585 (or any text), USM price $2.50.

Chris Queally, retired Chair of the English Department at Thornton Academy, has a Master's Degree in Shakespeare Studies from the Shakespeare Institute in Stratford-upon-Avon. Chris has taught Shakespeare for many years and has mounted numerous student productions.

**Recent Decisions of the United States Supreme Court**

Martin Rogoff  
Course Code: ROGOFF_SUPCOURT

After considering the question of judicial review in general, we will read and discuss recent decisions of the United State Supreme Court dealing with the following matters: federalism, voting rights, campaign financing, freedom of speech, affirmative action, gun control, religion and the state, sentencing and the death penalty, business vs. the consumer, and business vs. labor. Consideration of these cases will allow us to discuss the role of the Supreme Court as well as the specific issues involved in these cases. Materials for the course will include cases edited by the instructor. **Required book:** U.S. Constitution, ISBN 9780880801447, USM price $1.

Martin Rogoff is Professor of Law at the University of Maine School of Law. He teaches and writes in the areas of constitutional law, international law, comparative law, and legal history. He holds degrees from Cornell University, the University of California at Berkeley, and the Yale Law School.

**Stealing History**

Sherrie Chapman  
Course Code: CHAPMAN_STEALHIS

Museums appear to be tranquil places, but behind the scenes there are wars being waged to define the ownership of objects of cultural heritage. With readings, illustrated lectures, and discussions, this class will examine the battles of museums, collectors, and grave robbers to determine who owns the past. **Required book:** The Ethics of Collecting Cultural Property, Phyllis Mauch Messenger, ISBN: 9780826321251, USM price $29.95.

Sherrie Chapman has a Master's degree in history from the University of New Hampshire and three years of post-graduate study in history and museum studies at the University of Delaware. She has worked in museums in New Hampshire, Vermont, and Virginia, and at the Smithsonian Institution.

**Line Dancing:**

**A Cross-Cultural Perspective**

Jack Lynch  
Course Code: LYNCH_LINEDANCE

This participatory dance class draws from line dances from a variety of cultures, including a vernacular, meaning homegrown, Harlem jazz dance from the 1930s called the Shim Sham, Greek line dancing, Brazilian Samba line dancing, and classic country-western line dancing. Prior dance experience is not necessary, but the ability to comfortably walk two miles at a decent pace is strongly recommended. New dances will be taught and previously taught dances reviewed at each class. This class includes a mix of new dances as well as dances taught in previous classes.

Jack Lynch has danced socially for 30 years. He has extensive experience in various forms of swing dance, ballroom dance, English Country dancing, contra dancing, clogging, Cajun, Zydeco, solo jazz, and ethnic line dancing. He taught swing dance once a week for six years at a bar in Massachusetts.

**Broadway Musicals:**

**The Intriguing Decade of the ‘60s**

Lorraine Masure  
Course Code: MASURE_BWAY60S

The musicals of the ‘60s provide an intriguing diversity of settings and themes: from “Camelot” to “Fiddler on the Roof” to “Cabaret” — all the way to “Jesus Christ Superstar”! Whether you experience musicals on stage or via the movies, come and learn about or review and discuss the musicals of that glorious era. Topics will include storyline, composer(s), and music against the backdrop of
time. Class time will also briefly include viewing musical highlights of each production in order to burnish those cherished memories that are such an integral part of the Broadway adventure!

Lorraine Masure is a former University of Maine System administrator. Now retired, this is her ninth semester leading Senior College courses, and she considers the journey delightful! Lorraine holds a BA in English and a MS in Adult Education.

**Narrative by Design: Use of Literary Models**

*Carl Senna*

**Course Code: SENNA_NARRATIVE**

This repeat course in narrative writing examines a selection of the ways artists and writers have used literary models to produce some notable literature. Ever since Aristotle’s observation that “Art imitates life” and Leonardo da Vinci’s discovery that “All fantastic creatures are composed of the parts of real animals,” writers have expressed personal experience, in guided drafts and revisions, to inspire, edify, move, or impress. We will demonstrate rhetorical strategies and use as reference rhetorical models including Thucydides, religious texts, speeches (Churchill, Lincoln, etc.), essays and fiction (Dickens, Faulkner, Joyce, Baldwin, Borges, Marquez, Woolf, etc.), and drama (Shakespeare, Williams, etc.). The instructor will provide a suggested reading list in class.

Carl Senna, author, editor, and journalist, spent 40 years as writing instructor at Harvard, Tufts, the University of Massachusetts, and Providence College. His most recent publication, “The Lives of Emma Edmonds,” appeared in The New York Times April 22, 2014.

**Bread, Faith, and Sacrament**

*Donald Smith*

**Course Code: SMITH_FAITH**

What does our secular or common life (bread) look like apart from our religious or spiritual life? Do we grasp faith or does faith grasp us? If the Bible is a sacred book, why does it speak of people who cheat, lie, murder, and fornicate? How does religion create holy places, holy people, and holy moments? We will consider questions like these as we discuss the **Required book**: *Take This Bread*, Sara Miles, IBSN 9780345495792, USM price $16.

Rev. Donald Smith, BS, MS, and MDiv, took the very first course offered at Senior College by Rabbi Harry Sky and has been taking course and teaching ever since. Before that he was a schoolteacher and later a pastor in Buxton, Maine. He lives in South Portland.

**Middle East through Film: Part III**

*Kathleen Sutherland*

**Course Code: SUTHERLAND_FILM3**

The Middle East has a richly developed film industry that delves into social and political issues from the early 20th century to the present. We will view films touching upon themes of social class, gender, and politics in diverse settings from Morocco to Iran. Some are documentary and some are commercially made. Discussion will follow the showing of the films. This course may be taken without having taken Middle East on Film 1 (spring 2014) and 2 (fall 2014); there will be no repetition of the films in previous courses.

Kathleen Howard Sutherland is Associate Professor Emerita of Political Science and Women’s Studies from Bowling Green State University in Ohio, specializing in Middle East Studies. Kathleen has taught courses at OLLI, including on refugees, since 2005. She is on the World Affairs Council of Maine Board.

**Tools for Successful Aging:**

*Law, Money, Home, Community, and Wellbeing*

*Timothy Vogel*

**Course Code: VOGEL_AGING/LAW**

Successful aging is possible for you, your spouse or partner, parent, or other loved one. Much depends on how you view the changing stages and issues of aging. Critical is how you use the planning and crisis-management tools available to you from elder-dedicated professionals. This course will feature facilitated discussions on Law, Money, Home, Community, and Wellbeing with a panel comprised of members of the Maine Senior Resource Alliance (www.maineseniors.org). This practical information will help you visualize successful aging. The presentations will be supplemented by handouts, and answers to your questions.

Timothy M. Vogel, facilitator for the panel discussions, is a lawyer with 30 years’ experience in Elder Law. Panel members will include Ann Quinlan, Private Duty Case Management; Linda Wyman, residential loan broker; Sue Durst, Portland’s Choice Realty; Bonnie Davis, long-term-care planning and financing; Deb Richard, The Personal Financial Assistant; Mark Hutchison, A.T. Hutchins Funeral Care Services; and Dick Emerson, Senior Property Management.

**Tolstoy’s War and Peace**

*George Young*

**YOUNG_WAR&PEACE**

Always wanted to read “War and Peace” but never got beyond page 42? This course will offer a leisurely, guided immersion into one of the great masterworks of world literature. Any translation will do, though the references in class will be to the Maude translation, Oxford University Press. In addition to reading, we will view scenes from the great 1968 Russian film version of the novel. **Required book**: *War and Peace* (Maude translation), Leo Tolstoy, ISBN 9780199232765, USM price $13.95.

George Young has a BA in English from Duke, a PhD in Slavic Languages and Literature from Yale. Besides teaching Russian and general Humanities at Grinnell, Dartmouth, and UNE, he, with his wife Pat, ran a fine arts auction business for many years. His recent book is *The Russian Cosmists: The Esoteric Futurism of Nikolai Fedorov and his Followers*, Oxford University Press, 2012.
**Psychology Looks at Local Cultural Events**  
Mike Berkowitz  
Course Code: BERKOWITZ_PSYCUL

Lectures and theater and films! Oh my! Psychology mini-lectures will provide perspectives for the local happenings, which we will then talk about in the following class. Events include: UNE/Portland lecture (rhetoric in politics), March 30; SAGE lecture on Brandeis and privacy rights, April 21 (Note: Sign up for SAGE ASAP!); three plays (The Other Place at St. Lawrence Arts, March 20-26; The Boys Next Door, Portland Players, April 3-9; Papermaker, Portland Stage, May 1-7); and three movies, to be announced. (While each play has a longer run, these dates would work out best.) Let’s get together and discuss these local events.

Mike Berkowitz taught at various levels (day care, fifth grade, and undergraduates) before finding his niche. He loves providing his current “mature” students with psychology perspectives from which stimulating discussions emerge.

**Estate Planning**  
Jim Houle  
Course Code: HOULE_PLAN

This course is an overview of what estate planning is all about and how it applies to you. We’ll discuss family and tax issues that should be considered in formulating your estate plan to meet your objectives, including wills, trusts, powers of attorney, and “living wills.” We’ll discuss how to organize your financial and personal records to facilitate working with your advisor and minimize your cost. Reading materials will be provided. While primarily a lecture, there will be significant class discussion. This is a repeat course.

James Houle, Esq., is a partner at the law firm of Bernstein, Shur. A graduate of the University of Maine School of Law, he received a post-doctoral degree in Tax Law at Boston University Law School. Jim is active in charity work and is on the board of directors of several community organizations.

**Kafka**  
Ed Schwartz  
Course Code: SCHWARTZ_KAFKA

We will look at Franz Kafka as Jewish man, a literary innovator, and as perhaps the most representative voice of the 20th century, a voice that can no longer depend on the old certainties of Time, Place, and Reason. Kafka writes about our world … and we will have much to discuss. Required book: The Castle, Franz Kafka, ISBN 9780805210392, USM price $11.96.

Ed Schwartz is an author who has taught OLLI courses on Victor Frankel; Winesburg, Ohio; Our Town; and The Book of Genesis. His latest book is The Jews That I Knew (Voices from the Invisible Ghetto).

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**CLASSES / TUITION**

- Spring classes are held once a week from Monday through Friday and run for eight weeks, from March 16 through May 8.
- Morning classes run from 9:30 to 11:30; afternoon classes run from 12:45 to 2:45; evening classes run from 6:45 to 8:45. Any exceptions to usual times are noted. There also are Saturday workshops (see pages 23-25).
- Tuition is $50 per course for regular OLLI at USM classes. Workshops typically cost $15 for single sessions and $25 for two or three sessions or a full day. Exceptions to the usual pricing structure are clearly noted.
- You must be an OLLI at USM member to enroll in classes and workshops. Membership costs $25 per fiscal year, July 1 to June 30.
- In addition to classes, OLLI offers several Special Interest Groups. You must be an OLLI member to participate in these. See page 5 for a list. For updates on OLLI activities, read your OLLI at USM Newsletter, check the OLLI at USM website (www.usm.maine.edu/olli) and check the literature racks in the main lobby and at the top of the stairs for news and updates.
Art Studio
Dona Sherburne
Course Code: SHERBURNE_STUDIO

Escape from “busy” and give yourself a two-hour block of time to work on your art, at your own pace, in a relaxed environment. Fellow artists share ideas, encouragement, and support. Pack your materials and come paint! NOTE: if you are using oils, please plan to use water-based paints only.

Dona Sherburne has taught art, cooking, and theater classes over the years. Her artwork has been exhibited and sold in many venues.

Great Decisions 2015
Mike Wygant
Course Code: WYGANT_DECISIONS_SP15_1

Great Decisions is a flagship program of the World Affairs Council of Maine, facilitated by members of the Council.

Friday Afternoon 12:45-2:45

The Bull, the Bear, and You
David Chute
Course Code: CHUTE_BULL&BEAR

This repeat course will review stock, bond, mutual fund, and ETF selection for individual investment portfolios. Whether you purchase your own securities or hire an investment manager, ultimately you must review the security selections that are made to assure that they meet your asset-allocation and risk needs. Several different methods will be reviewed so that you can effectively evaluate portfolios’ suitability for your needs and goals. Each week the instructor will provide handouts on the subject being discussed for use in class work and for reference.

David Chute retired from Chittenden Corp. as Senior Vice President, Chief Investment Strategist. He received Certified Financial Planner designation in 1988 and taught at Northern New England Center for Financial Training for over 30 years. He was elected to the USM Bailey Hall Wall of Achievement in 2006.

How Things Work
Jim Janak
Course Code: JANAK_THINGSWORK

The 20th century represented a revolution in just about all branches of technology, and things changed so radically that most of us were unable to keep up. This repeat course attempts to rectify that with a non-technical overview of the developments, principles, and mechanisms behind modern devices, ranging from medical imaging tools to computers to entertainment, including power generation and energy, transportation, buildings, appliances, tools, and some methods of manufacturing. Students can select subjects they would like to explore in depth.

James Janak has a BS, MS, and ScD in Electrical Engineering from MIT. He was a Research Staff Member at IBM and an Adjunct Professor of Physics at Pace University. He is the author or coauthor of several books on electronic properties of solids, and of over 50 scientific papers on topics ranging from properties of solids, molecular dynamics, and computer modeling of ecological systems, to algorithms for parallel computing.

Boccaccio: An Introduction and Samples
Evy Newlyn
Course Code: NEWLYN_BOCCACCIO

Giovanni Boccaccio (1330-75) is best known for The Decameron, with its stories ranging from myth to history, from serious to comic, and from pious to bawdy. We will read in translation and discuss a number of these (you may find you already know some!), as well as selections from his book Famous Women and from his Genealogy of the Pagan Gods. As time permits we will enhance our study and discussion with relevant art. Required books: Giovanni Boccaccio: The Decameron, translated by G.H. McWilliam, ISBN 9780140449303, USM price $15; Famous Women, Giovanni Boccaccio, translated by Virginia Brown, ISBN 9780674011304, USM price $18.

Evy Newlyn is Professor Emerita of English from the State University of New York. After earning her PhD in English from Syracuse University, she taught at universities in Virginia, Maine, and New York. Her special interests are Classical literature, medieval literature, and cats.
Human Evolution
Steven Piker
Course Code: PIKER_EVOLVE


Steve Piker is a retired anthropologist, most of whose career was spent at Swarthmore College (Pa.), where he regularly taught human evolution. He has done field work in Thailand and, more recently, worked with religious conversion in the U.S. He has taught seven OLLI courses.

The Great War of 1914: One Hundred Years Later
Fiorello Ventresco
Course Code: VENTRESCO_WWI

The 100th anniversary of The Great War (i.e., World War I) compels us to re-examine the causes and consequences of one of the most tragic conflicts in modern history. The prolonged span of time and the incredible loss of lives produced a culture of total war aimed at civilian loyalty. At the same time the persistent sentiment of peace continued, along with anti-war activities. By 1919 a fractured Europe came face to face with a fragile peace. Some took solace in the promise that this, after all, had been the war to end all wars. Required books: To End All Wars, Adam Hochschild, ISBN 9780547750316, USM price $15.95; All Quiet on The Western Front, Eric Maria Remarque, ISBN 9780449213940, USM price $6.99.

Fiorello B. Ventresco retired from the USM History Department, where he specialized in European history. He especially enjoyed teaching courses that dealt with broad issues and social change.

Great Decisions 2015
Mike Wygant
Course Code: WYGANT_DECISIONS_SP15_2

Great Decisions is a flagship program of the World Affairs Council of Maine, facilitated by members of the Council. This spring session will cover eight new topics for 2015: Russia and the Near Abroad, Privacy in the Digital Age, Sectarianism in the Middle East, India Changes Course, U.S. Policy in Africa, Syria's Refugee Crisis, Human Trafficking in the 21st Century, and Brazil's Metamorphosis. Students will be mailed a class outline in advance and will be asked to purchase the Great Decisions booklet. Students are requested to read the relevant chapter before each class to facilitate active discussion. Required book: Great Decisions 2015 Edition, ISBN 9780871242471, USM price $20.10. This is a repeat of the morning class.

Michael Wygant, course coordinator, is a retired U.S. Foreign Service officer with extensive overseas experience. He is ably complemented by well-experienced volunteers from the World Affairs Council of Maine, who will serve as discussion leaders for the various topics under review.

Membership in OLLI at USM entitles you to:

- Parking in the USM garage, courtesy of OLLI at USM
- An OLLI-designated USM photo ID card via Card Services in Payson Smith
- Access to the USM library and Bookstore
- Access to wireless Internet on the USM campus
- Special USM discounts throughout Greater Portland (details at usm.maine.edu/olli/olliusm-student-privileges)
Spring WORKSHOP SCHEDULE

SATURDAY, HALF DAY, $15
April 11, 9:30-11:30 am

Yoga for Boomers and Beyond: The Body-Mind Connection
Jennifer Cooper
Workshop Code: COOPER_YOGA

The body and mind are not separate, and both work best when well integrated. For thousands of years Indian sages have studied this symbiotic relationship and have passed down valuable knowledge through yoga. In this course, held at the Yoga Center, 449 Forest Ave. in Portland, we will explore the body-mind connection with asana (poses), breathing, meditation, and some philosophy. Experience the joy of being fully present in your body and mind. Open to all levels and physical abilities.

Jennifer Cooper began her journey with yoga in 1970. She has studied with many national teachers and has traveled to India for meditation. Jennifer has been co-director and senior teacher at The Yoga Center in Portland for over 30 years. She specializes in adapting yoga to fit the person.

April 18, 9:30-11:30 am

Unsafe Sex and the Single Senior: Action Alert
Paul Kiley
Workshop Code: KILEY_SEXALERT

Facts: The 2.2 million Medicare enrollees who had STD (sexually transmitted disease) screening tests is about the same number as those receiving screenings for colon cancer in 2012. Moreover, the CDC reports rapid increases in rates (34%-52%) of STD infections for Americans 65-plus from 2007-11. Finally, a 2010 national report of behavioral health finds condom use in only 6 percent of sexual encounters among adults 61-plus years of age. This workshop will examine the four main factors contributing to this alarming situation and hopefully raise awareness among attendees to educate themselves and others about what can be done to protect their health. A panel of healthcare experts will provide perspective.

Paul Kiley has served as consultant to a University of Minnesota’s health behavior change initiative for two years. He also led a statewide health communication campaign in concert with the CA Medical Society and Kaiser Permanente. Paul has taught two OLLI courses on regular basis.

April 18, 9:30-11:30 am

Managing Your Final Affair
Chuck Lakin
Workshop Code: LAKIN_DEATHPREP

We’ll start by talking about the end-of-life legal documents everyone should have in place, then cover planning ahead, writing things down, and having a conversation with the family about those plans. That will lead into a Q&A guided by your questions. We can talk about funeral options, home funerals, green cemeteries, alkaline hydrolysis, family burying grounds, scattering ashes, the paperwork — whatever you want to know. We’ll share stories. I'll bet that you’ll even laugh sometimes. This is a repeat workshop.

Chuck Lakin is a woodworker and home funeral educator whose interest in this topic came from his experience at his father’s death. He wanted to be part of what happened after the death but didn’t know what to do and missed out. Now he knows and wants to share that information.

April 18, 9:30-11:30 am

Dreams: The Personal Perspective
Catherine Langevin
Workshop Code: LANGEVIN_DREAMS

Every person, place, or situation in a dream is a symbol with personal meaning. For example, one person might dream of a bear and think of childhood Saturday mornings watching cartoons. Another might think of a charging grizzly from last night’s movie. They’re both bears, but what is sparked in the imagination differs from person to person. In this workshop, we’ll use group discussions to play with this concept and, hopefully, find a new approach to relating to our dreams. Tips for remembering your dreams and keeping a dream journal will also be covered.

Catherine Langevin, LCSW, has a Master’s in Social Work from the University of New England and has been a psychotherapist in private practice in South Portland since 1997.

More Saturday Workshops on next page
April 25, 9:30-11:30 am

**Understanding Songbird Migration from Biologists and Bird Banders**

Patrick Keenan

Workshop Code: KEENAN_SONGBIRDS

This repeat workshop held at the River Point Conservation Area in West Falmouth. Students will observe research in action and join the Bird Banding team during our morning mist-net surveys, where we capture, band, and release songbirds. We’ll focus on how songbirds are identified in hand and in the field. Following a 15-minute break, we’ll discuss how songbirds are used as sentinels of environmental contamination and change. We’ll conclude with workshop participants writing a journal entry and responding to a short survey. **Suggested book:** Please bring your most familiar field guide to birds of North America/Eastern North America. Directions will be e-mailed prior to the workshop.

Patrick Keenan is Outreach Director, Wildlife Biologist, and Educator. He has conducted bird research across the U.S. for nearly 15 years. A graduate of Colby College, Patrick earned a Master’s degree from the University of Wyoming in 2007 and has worked with the Biodiversity Research Institute since 2008.

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April 25, 9:30-11:30 am

**Death Café: Join the Conversation!**

Jane Mullen

Workshop Code: MULLEN_DEATHCAFE

Death Cafés are part of a movement encouraging open discussion of death and related topics. They aim to be thought-provoking, engaging, meaningful, and fun events, offered in relaxed settings. Death Cafés are neither grief support groups nor counseling sessions. Through small-group conversations, participants may gain insight about themselves, about death, and, in turn, about life. Just as you would expect at your favorite Café, coffee, tea, and delicious treats will be provided.

Jane Mullen has a long-held interest in death and dying and was co-creator of the Portland area’s earliest Death Cafes. Professionally, Jane creates and presents a range of community education programs on behalf of funeral homes in Maine, New Hampshire, and Vermont.

David C. Weiss is a poet and author of A Heart on Fire, Poems from the Flames. He is a presenter, workshop leader, and consultant in the areas of spiritual growth and group development. He has a Master’s in Theology and a doctorate in Pastoral Psychology from Boston University.

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May 2, 9:30-11:30 am


Jane Mullen and David Floryan

Workshop Code: MULLEN_IDIED

Take advantage of this opportunity to discuss, consider, and direct what happens to your remains after your death. Both commonly available and emerging options will be discussed. Topics will include body/organ/tissue donation, earth burial, cremation, green funerals and burials, family-directed and professional resources available for the care of the dead in Maine, and more. Bring your curiosity; we will have ample time for discussion, questions, and answers. Students will receive informative take-home materials and encouragement to consider, and plan for, the care of their own remains.

Jane Mullen creates and presents a range of community education programs on behalf of funeral homes in Maine, New Hampshire, and Vermont.

David Floryan is a licensed Funeral Director with 40-plus years of professional experience. Together they help individuals and families navigate practical and emotional aspects of end-of-life planning and decision-making.

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April 25, 9:30 am-3:30 pm

**Forgotten History: Mainers in the California Gold Rush**

Jan Eakins

Workshop Code: EAKINS_MEGOLD

During three years of intensive research, Jan Eakins identified 4,000-plus Mainers who left for California in 1849 and 1850. In this course we consider: Who left? Why did they go? How did they travel? What was the journey like? Why has such a big
slice of Maine history gone virtually unnoticed? We also explore the lives of those who stayed behind. And we discuss how the instructor uncovered Gold Rush accounts written by almost 300 Mainers. If you have a family Gold Rush story, bring it to add to our discussion! Please pack a brown bag lunch.

Jan Eakins’ long-time study of Mainers in the West brought her to Portland. She was project historian for the National Park Service’s in-depth documentation of the Port Gamble National Historic Landmark, a sawmill town four Mainers founded near Seattle in 1853. She is writing a book on Gold Rush Mainers.

May 2, 9:30 am-3:30 pm
Sampling the Technology Buffet: A Guide to This Complex Landscape
Rob Hyssong, David Morton, and Rae Garcelon
Workshop Code: HYSSONG_TECHHELP

Are you tired of seeing your grandkids handle the latest expensive tech device with no problem while you struggle to operate it? This workshop will present an informative overview in language you can understand of four devices: the laptop, the tablet, the E-reader, and the smartphone, in both Microsoft, Apple and other popular systems. It will compare their purchase price, from the basic to the most sophisticated; capabilities; and operating costs. It will help you determine the potential of each device and whether something new might benefit you. Note: You must own and know how to use one of the four devices in order to attend. This workshop is not designed for non-users. Bring one of your own devices for the afternoon session to receive hands-on help from tech wizards.

Rob Hyssong, OLLI Program Coordinator and resident tech guru, will give the overview, aided by David Morton, longtime OLLI instructor with a BS from the University of Pennsylvania Wharton School.

Rae Garcelon, a member of the OLLI Education Committee, organized this workshop.

May 28, 9:30 am-3:30 pm
Stalking Spring Wildflowers
Dianne Sinclair
Workshop Code: SINCLAIR_FLOWERS

Spring ephemerals are wildflowers that bloom very briefly before the trees leaf out. At the morning session, we will become familiar with the flowers through a PowerPoint presentation. We will also practice using a key to identify unknown flowers and compare field guides. In the afternoon, we will carpool to a nearby location to seek out the flowers. The walk may involve uneven ground. The morning session will be held rain or shine. The afternoon walk will be rescheduled for one week later if it rains. Bring field guides and a hand lens if you have them, bug dope, and good walking shoes.

Dianne Sinclair has been stalkling wildflowers in Maine since 1988.
Course Registration Spring 2015

Read instructions on facing page before completing your registration.

NOTE: OLLI courses cost $50, unless otherwise noted. Workshops are individually priced. You can now pay for OLLI courses and workshops together.

Name (one person per form) ____________________________________________

☐ I need an OLLI name tag — Nickname for name tag ______________________

Mailing address ______________________________________________________

City ___________________________ State ____________ Zip _______________

Telephone ______________________ E-mail address ________________________

Date of Birth __________ Are any of these new? ☐ Address ☐ Phone ☐ Email

☐ Check here if you do NOT want your name to be publicly listed as a student of OLLI at USM.

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____ Annual membership (FREE if you’re 90 years old! Check here ☐)

$25/year: July 1, 2014-June 30, 2015

____ Your Tax Deductible Contribution to OLLI is welcomed

____ Total amount (Please make check payable to OLLI)

Payment Method: ☐ Cash ☐ Check Credit Card: ☐ Visa ☐ MasterCard ☐ Discover

Credit Card No. ________________________________ Expiration Date __________________

3-digit code on back of card________ Name on credit card __________________________
Starting Feb. 10, you can register online at www.usm.maine.edu/olli

OLLI will still accept mail-in and walk-in registrations, but the immediacy of online registration clearly gives the advantage to students who sign up for classes on our website. Please consider giving online registration a try to ensure that you get into your chosen classes.

Class availability is first come, first served; with online registration, there is no longer a lottery.

INSTRUCTIONS FOR MAIL-IN REGISTRATION

- Please use ONE FORM for each registrant.
- Fill out the top section of the registration form completely. Leaving sections blank can slow registration.
- Write the offering codes for your top selections for classes in the “1st Course,” “2nd Course,” “3rd Course,” and “4th Course” sections on the registration form. Note the price of each course in the “Cost” column.
- If you are concerned that your top choices will be filled, you may want to add alternate choices. Please write offering codes for your alternate choices in the “Alternate 1st Course,” “Alternate 2nd Course,” “Alternate 3rd Course,” and “Alternate 4th Course” sections on the form.
- You may sign up for OLLI workshops on the same form. Write the code for your chosen workshop(s) the space provided, along with the price of the workshop.
- Add up the fees for your courses and workshops and note that amount in the space marked “Total Cost for All.”
- As soon as your payment is processed and you are enrolled in your class and/or workshop, you will receive an e-mail confirmation. If you do not have an e-mail account, we will mail you a confirmation.

EXPENSES

Unless otherwise noted, OLLI at USM courses cost $50. Workshops are priced based on the length of each session. You must be an OLLI member to take courses or workshops. Annual OLLI membership costs $25. If you have any questions about registration or membership, call OLLI at 780-4406.

REFUNDS

Full refund for classes dropped by March 27. No refunds after that point.

Contact Information

OLLI at USM Office

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USM
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www.usm.maine.edu/olli