Ripe With Choices...
at Osher Lifelong Learning Institute

Summer 2013
Class Schedule
June 25 - August 1
If you are 50 or older, with a curious mind and an interest in learning just for the joy of it, you are invited to join more than 1,400 like-minded older learners who are members of the Osher Lifelong Learning Institute (OLLI) on the Portland campus of the University of Southern Maine. OLLI at USM is committed to providing its members with a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

As member of OLLI at USM, you’ll choose from an extensive array of peer-taught courses in the liberal arts and sciences. There are no entrance requirements, grades, or tests. Your experience and love of learning are what count. Some OLLI at USM classes involve homework — usually reading or honing skills taught in class. Homework is not mandatory, but it can enhance your learning experience; what you put in is what you’ll get out of the course.

OLLI at USM is one of 17 Senior Colleges throughout Maine and participates in the Maine Senior College Network (www.maineseniorcollege.org). The National Resource Center for all Osher Lifelong Learning Institutes (www.osher.net) is located at USM. Currently, there are more than 117 OLLIs throughout the country.

Membership
OLLI at USM is a self-sustaining, self-governing organization supported through an annual membership fee of $25. The membership fee covers the fiscal year July 1 to June 30. Your annual membership allows you entry to all OLLI at USM courses and Special Interest Groups. You’ll also get the OLLI at USM Newsletter and Internet access.

Special Accommodations
If you need special accommodations to participate in OLLI at USM because of a disability, please call the USM Office of Support for Students with Disabilities at 780-4706 as soon as you register but at least two weeks before classes begin. OLLI at USM has purchased a portable assistive-listening device that can be used in any Wishcamper classroom. Students using the device will be able to hear the instructor. Any OLLI at USM student with hearing difficulties may request the use of this system. Contact the OLLI at USM office at 780-4406 as soon as you register for class.

Scholarships
Full and partial scholarships are available through a simple, friendly, confidential process. Because of the overwhelming response, scholarships are limited to $50 per person per term, applicable to one course, the SAGE program, or workshops. Scholarships do not apply to OLLI at USM membership, trips, or special events. Scholarship applications are available in the OLLI at USM office. These must be completed, signed, and turned in with your course registration. Call 780-4406 for more information.

Class Locations
All classes, except where noted, are held in the Wishcamper Center at 44 Bedford Street on the USM Portland campus.

Non-Discrimination Notice
The University of Southern Maine does not discriminate on the grounds of race, color, religion, sex, sexual orientation, including transgender status and gender expression, national origin, citizenship status, age, disability, genetic information, or veterans status in employment, education, and all other programs and activities. The following person has been designated to handle inquiries regarding non-discrimination policies: Director of Equity and Compliance, 209 Deering Avenue, Portland campus, 780-5510.

Campus Safety
The Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act of 1998 requires universities to disclose three years of statistics regarding campus crime, including crime at off-campus buildings the University owns and on public property adjacent to campuses in Portland, Gorham, and Lewiston. The USM Safety and Security Information Report also includes policies concerning campus security, including alcohol and drug use, crime prevention, the reporting of crimes and sexual assaults, and other related matters. A copy may be obtained online at www.usm.maine.edu/police/safetyreport.htm or by calling the Office of Community Standards at 780-5242.

Tobacco Policy
The University of Southern Maine is a tobacco-free campus. This policy applies to faculty, staff, students, contractors, vendors, and visitors. The use of tobacco and all smoking products is not permitted on any university-owned property, which includes but is not limited to buildings, university grounds, parking areas, campus walkways, recreational and sporting facilities, and university- or personally-owned, rented, or leased vehicles. Tobacco use by definition includes the possession of any lighted tobacco products or the use of any type of smokeless tobacco, including but not limited to chew, snuff, snus, electronic cigarettes, and all other nicotine-delivery devices that are non-FDA approved as cessation products.
Happy Anniversary, OLLI!

Fall of 2012 marked the 15th year of classes for seniors on the University of Southern Maine’s Portland campus. The evolution from Senior College in Payson Smith to Osher Lifelong Learning Institute in the state-of-the-art Wishcamper Center has been one of remarkable growth, as illustrated in the timeline below.

A Brief History of OLLI at USM...

- **1997**
  - After almost two years of planning, six fall classes were introduced at Senior College at USM. Classes were held on Fridays only.

- **2000**
  - Bernard Osher contacted President Richard Pattenaude to discuss funding for a Lifelong Learning Institute. A major endowment made USM Senior College at USM the first Osher Lifelong Learning Institute.

- **2007**
  - During the spring term, membership in OLLI at USM hit 1,000 for the first time.

- **2008**
  - OLLI moved into its new home in the Wishcamper Center at USM that summer, allowing the program to expand to five days a week.

- **2010**
  - OLLI began offering evening and weekend classes and workshops to accommodate members who were still working.

- **2011-2012**
  - OLLI offered a total of 163 courses and workshops, 18 SAGE lectures, a three-day seminar, three ongoing writers’ workshops, eight special interest groups, two class performance days, an art show/collectors’ day, a variety show, and several excursions.

For more information
Call: 780-4406 or 1-800-800-4876 • E-mail: olli@usm.maine.edu
Visit: www.usm.maine.edu/olli

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**OLLI Staff**

Susan Morrow, Assistant Director for Program:
228-8181; smorrow@usm.maine.edu

Rob Hyssong, OLLI Program Coordinator:
228-8336; rhyssong@usm.maine.edu

Linda Skinner, Administrative Assistant:
228-8225; lskinner@usm.maine.edu

**OLLI Advisory Board 2012-13**

Dick Sturgeon, Chair
Pat Muzzy, Vice Chair
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Summer 2013 Schedule-at-a-Glance
June 25 - August 1

Tuesday Afternoon 12:45-2:45
Indian Summer Film Festival
Joan Aldrich 5651
The History of Jazz: Films and Recordings of Jazz Performances
Carl Smith 5653
Americans' Favorite Poems
John Sutton 5654

Wednesday Afternoon 12:45-2:45
Riddle: What Do We Lose at the End of Each Day but Find Every Morning?
David N. Morton 5659
The History of Portland Told through Six Narrated Walks
John Serrage 5660

Wednesday Morning 9:30-11:30
Keeping Memory Alive: Family Memoir
Norman Abelson 5655
Practical Zen
Tim Baehr 5657

Thursday Morning 9:30-11:30
Psychology Looks at U.S. History
Mike Berkowitz 5664
Summer Film Festival: Sleepers
Richard Budd 5665
Poetry: An Appreciation Fest
Sarah Franklin 5666
Knitting for Damned Hard Sledding
Martha Marques 5667
The Gods and Us: Religion and the Human Career
Steven Piker 5668

Thursday Afternoon 12:45-2:45
Dissecting the Murder Mystery
Sherrie Chapman 5669
Perfection: The Best of Fred and Ginger
DeWayn Marzagalli 5670
Ireland: Cultural Revival and the Abbey Theatre
Bob McCue 5671

Important OLLI at USM Summer Term Dates

- May 13 – Deadline for mailing or dropping off class registration forms to the OLLI at USM office to participate in the class lottery. No phone registry until after the lottery!
- May 15 – OLLI members’ summer class lottery
- May 20 – Open registration for OLLI summer courses begins by phone, mail, and drop-in
- May 27 – OLLI and USM closed for Memorial Day
- June 25 – OLLI summer term classes start
- July 4 – OLLI and USM closed for Independence Day
- Aug. 1 – OLLI summer term classes end
- Aug. 6-8 – OLLI summer term makeup week

CLASS CANCELLATIONS: For weather closings, call the USM storm line at 780-4800. If USM is closed, OLLI will be closed.
OLLI Lottery for Class Placement

- Membership in the OLLI at USM program ($25 annual fee) is required for placement in any classes.

- To ensure all class requests are handled equally, class placement is determined by a lottery drawing rather than on a first-come, first-served basis. If your first-choice course is full, you will be enrolled in your alternate choice.

- For you to be included in the May 15 lottery, OLLI at USM must receive your completed registration form and payment — by mail or dropped off — by May 13.

  **NO PHONE REGISTRATIONS WILL BE TAKEN FOR THE LOTTERY!**

- Starting May 20, after OLLI at USM members have had their chance to participate in the placement lottery, registration will be open to the public by phone, mail, and/or drop in.
Tuesday Afternoon 12:45-2:45

Indian Summer Film Festival
Joan Aldrich  
Course Number: 5651

This course will feature five films depicting ethnic, religious, and cultural conflict; assimilation; and the struggle for identity within culturally defined norms and expectations. We will watch one film each week, beginning with the “Elements Trilogy,” directed by Deepa Mehta (“Earth,” 1999, 110 minutes; “Fire,” 2000, 80 minutes; “Water,” 2006, 117 minutes), followed by “The Namesake” (2007, 123 minutes) and “Mississippi Masala” (2003, 118 minutes), directed by Mira Nair. Each class session will run 15 minutes over (12:45 to 3 p.m.). We will focus on the characters’ responses to rapidly changing times and the balance which they are required to find between the demands of their inner yearnings and those of the outer world (their families, their culture, and the historical periods which influence their search for meaning and integrity).

Joan Aldrich has a MA in History of Religion (Comparative Religion) from the University of Virginia.

The History of Jazz: Films and Recordings of Jazz Performances
Carl Smith  
Course Number: 5653

Through video and audio recordings played on high-quality equipment that simulates live performances, we will explore the history of jazz, from Dixieland through the Swing and Big Band eras to the many different styles of modern and contemporary jazz. This repeat course is designed for both beginners and longtime jazz fans. Discussion and questions are encouraged. The music of such major jazz musicians as Louis Armstrong, Duke Ellington, Benny Goodman, Charlie Parker, Miles Davis, Dave Brubeck, and many more will be covered. 


Carl Smith has taught OLLI courses in jazz and classical music for five years. His live recording of jazz great Sonny Rollins in 2001 resulted in a Grammy for Rollins, and he collaborated with Rollins on a 2008 CD of performances from his collection of live recordings. He published a book about the recordings of jazz pianist Bud Powell.

Americans’ Favorite Poems
John Sutton  
Course Number: 5654

This course is based on the book of the same title resulting from Robert Pinsky’s Favorite Poem Project, which he conducted while he was Poet Laureate of the United States. We will read and discuss some of the 200 poems in the text, as well as the comments on the poems provided by the Americans who chose them. Members of the class will also be encouraged to share their own favorite poems. The goal of the course is to explore and enjoy the wide variety of verse produced by poets throughout the ages. 


John Sutton earned Bachelor’s and Master’s degrees from Yale University, where he majored in English and teaching. He taught English for 35 years in the Darien, Conn., public schools. After retirement, he facilitated more than 30 courses, mostly on literary topics, for the OLLI at Norwalk, Conn., Community College.

Why the Lottery?

Each term, a handful of OLLI courses fill up early, due to limited class size and/or high demand. Additionally, we send out OLLI course catalogs via bulk mail, resulting in staggered distribution to OLLI members. Consequently, those who receive their catalog early or can access it online have an unfair advantage over others. OLLI devised the lottery system to give everyone an equal shot at registering for classes. Prior to the lottery date, we accept only hand-delivered or mailed registrations. For the few courses that are overbooked by that date, seats in the class are lotteried rather than filled on a first-come, first-served basis.
Wednesday Morning 9:30-11:30

Keeping Memory Alive: Family Memoir
Norman Abelson  Course Number: 5655

This repeat course is for writers of family memories, in whatever form. Beginners will be prompted with exercises; more advanced folks may work solely on their memoirs. All students are expected to bring self-edited work from home and write in class. Students will be gently critiqued by the instructor and fellow writers. Stronger critiques upon request. Required book: Right Time, Right Place, Norman Abelson, $16.95. (Instructor will provide; if hardship, speak to him.)

Author of three volumes of memoir, Abelson has taught this course at various venues, including OLLI, N.H. Historical Society, and Brandeis University, where it originated. He has been an Associated Press writer/editor, editorial page opinion columnist, U.S. Senate press secretary, speech writer, and public-radio commentator.

Practical Zen
Tim Baehr  Course Number: 5657

In Zen Buddhism, meditation practice is fundamental and is part of a lifelong search for the answer to the question, “Who am I?” Although Zen students are instructed to “just sit,” it helps to have some knowledge of the foundations of Buddhism and Zen. This repeat course covers the basics: the Four Noble Truths, the Eightfold path, time, dualism, reality, awakening, and more. We’ll also cover some of the teachings of Dogen, who brought Zen to Japan. In this course, students can begin, continue, or revive their practice. There will be lecture, discussion, and meditation in each class session. Suggested book: Hardcore Zen, Brad Warner, ISBN 9780861713806.

Tim Baehr has practiced Zen for over a decade and has conducted several Zen courses and workshops at OLLI.

The History of Portland Told through Six Narrated Walks
John Serrage  Course Number: 5660

We will meet for six one-and-a-half- to two-hour leisurely walks to historic sites of Portland — rain or shine. Walks proceed from east to west across the peninsula, tracing the history of Portland as it developed westward. Please meet at the following locations: the first walk at India and Commercial streets, the second at the base of the Observatory on Munjoy Hill, the third at the Longfellow House on Congress Street, the fourth in front of the Art Museum, and the fifth at the corner of Vaughan and Danforth streets in the West End. A sixth and last walk is in Stroudwater, starting at the Tate House. Suggested book: Portland, A Short History, Allan Levinsky, ISBN 9781933212432. This is a repeat course.

A retired pediatrician, John Serrage now divides his time among his four important loves: volunteering at Greater Portland Landmarks and PORTopera and as a church organist, and sharing his other three loves with OLLI people.

Enrollment

- All OLLI at USM classes must have a minimum of eight registered students.
- Enrollments are determined two weeks prior to the first class. Under-enrolled classes will be cancelled. If classes are cancelled, all students will be notified of the cancellation and be given the opportunity to register for an alternate class.
- Register early to ensure adequate enrollment in your favorite class!
Literary Limbo: How Low Can You Go?
A Fiction-Writing Practicum
Tim Baehr  
Course Number: 5661
Can we get character, setting, and plot—a complete story—into 1,000 words? How about 500? How about 50? How about six? Through a series of brief lectures, discussion, in-class writing, homework, and workshopping, we’ll explore the basics of fiction writing and apply them to our works of various lengths. We’ll create characters and settings, brainstorm plots and story ideas, and learn to make every word count. Sometimes what we don’t say is more revealing and powerful than what we do say! We’ll also discuss journals and contests that accept short works.

Tim Baehr has been writing professionally since 1968. His first job was creating 200-word abstracts of books and professional journal articles. Some of his short fiction has appeared in Reflections and in online and print journals. He has taught writing at Harvard Extension, Babson University, and OLLI.

Medieval Drama: The Wakefield/Towneley Mystery Plays
Evy Newlyn  
Course Number: 5662
Among the most popular forms of entertainment in England in the Middle Ages were the “cycle plays,” so-called because they presented, in a series, individual dramas focusing on various stories in the Judeo-Christian tradition, beginning with the Biblical “Creation” and continuing through “The Last Judgment.” While meant to educate and convey moral principles, the plays also contain comedy, spectacle, satire, and sometimes music. We will read (in modern translation) and discuss a number of the plays performed in the town of Wakefield, and will also, when possible, view related medieval art. Required book: The Wakefield Mystery Plays, edited by Martial Rose, ISBN 9780393004830, USM price $14.95.

Evy Newlyn is Professor Emerita of English from the State University of New York. After earning her PhD in English from Syracuse University, she taught at universities in Virginia, Maine, and New York. Her special interests are Classical literature, medieval literature, and cats.

Transforming Paper: Art for Everyone
Dianne Sinclair  
Course Number: 5663
Have fun creating with others in a relaxed, cooperative, and non-judgmental atmosphere. We will use purchased decorative papers as well as maps, old calendar pages, and other found papers to cover journals and make envelopes, portfolios, and Japanese gift boxes. Required supplies will be hands-on, collaborative, and sometimes messy. Required supplies: Kneaded eraser, metal ruler (15”, cork-backed is best), bone folder, mechanical pencil, sharp scissors, and apron or other coverall. A sharp X-acto knife and cutting mat would be helpful. Instructor will provide commercial decorated papers, newsprint, glue, glue brushes, patterns, and small blank journals (estimated cost $8 per student).

Dianne Sinclair loves to create using all kinds of paper, from empty tea bags to specialty papers. An untrained artist, her motto is, “Never apologize for your art.” Dianne especially welcomes people in her classes who can’t draw a straight line.

Classes / Tuition
- Summer classes are held once a week on Tuesday, Wednesday, or Thursday and run for six weeks, from June 25 through Aug. 1.
- Morning classes run from 9:30 to 11:30; afternoon classes run from 12:45 to 2:45. This summer OLLI at USM is offering Friday workshops. See page 11 for details.
- Tuition is $50 per course for regular OLLI at USM classes. Workshops typically cost $15 or $25, depending on duration. You must be an OLLI at USM member to enroll in classes and workshops. Membership costs $25 per fiscal year, July 1 to June 30. Everyone must pay membership to take a summer class.
- In addition to classes, OLLI offers several Special Interest Groups. You must be an OLLI at USM member to participate in these. See page 15 for a list. Read your OLLI at USM Newsletter, check the OLLI at USM website (www.usm.maine.edu/olli) and check the literature racks in the main lobby and at the top of the stairs for news and updates.
Psychology Looks at U.S. History  
Mike Berkowitz  
Course Number: 5664

What made us the United States? We'll use theories, concepts, and experiments from psychology to examine our history. Each psychology mini-lecture will be followed by brief descriptions of several relevant events and themes from our past. Then there will be an open discussion of other connections to America's history. Using various psychology perspectives, we will come to a better understanding of how we have become who we are.

Mike Berkowitz received a BA from Brown and a MA from the University of Massachusetts. He has taught Psychology at Lyndon State College, Unity College, and UNE. He sees psychology as a fertile arena for examining human interactions, exploring personal growth, and critiquing society.

Summer Film Festival: Sleepers  
Richard Budd  
Course Number: 5665

I recently got a list of the 100 best films of all time and noticed that some of my favorites weren't on the list. We will see some of these, an eclectic group with a tendency toward humor. The films are: “Sleeper,” a political satire by Woody Allen; “Second Hand Lions,” a great story that defies description, with Michael Caine and Robert De Niro as brothers; “Sleuth,” a detective spoof with Laurence Olivier; and Hitchcock’s classic, “The Trouble with Harry.”

Dick Budd is a retired physicist who spent most of his career developing special-purpose scientific computer systems. He frequently teaches at OLLI on a wide variety of subjects reflecting his interests, including bridge, development of the physical sciences, movies, science fiction, and history.

Knitting for Damned Hard Sledding  
Martha Marques  
Course Number: 5667

Maine has nine months of winter and three months of “damned hard sledding.” This is knitting for those summer months, knowing that winter will be coming — mittens, hats, socks, and a chance to learn to use those complicated-looking double-pointed needles. Instructor will provide patterns, yarns, and needles (bring your own as well), needles that belonged to her great-great grandmother Adeline, and a pattern for the half mitts and mittens she made as a contract knitter in the early 1900s. She will cover technique and history — the how and the why to knit. Required materials: Double-pointed needles, yarn (yarn available for purchase from the instructor).

Martha Marques learned to knit when she was 4. Since she came from a large Maine family with an outdoor lifestyle, she started right off with mittens. She is now 58, so that's 54 years of knitting experience. She's made every possible mistake and can fix anything.

The Gods and Us: Religion and the Human Career  
Steven Piker  
Course Number: 5668

Religion is universal to human cultures. It has been and is a vital part of the human career. But what is it? We will try to answer this question by looking at case materials depicting religion as lived by individuals and communities. Specifically, we will take up a social-historical study of religion and social change, a religious biography, and a study of human/animal relationships among American Indians. Our lived experiences will be a resource for class discussion. Suggested book: The Animals Came Dancing, Howard Harrod, ISBN 0816520267.

Steven Piker is an anthropologist who has done field research on popular Buddhism and child rearing in Thailand and religious conversion in the U.S. He taught for 40 four years at Swarthmore College and for 17 directed the college’s Foreign Study Program.

Poetry: An Appreciation Fest  
Sarah Franklin  
Course Number: 5666

We will read, analyze, and ooh and ah over poems from Pinsky’s anthology and other sources. We will watch videos of interviews and readings. We will practice reading aloud. Shouldn’t we be able to wow our grandchildren? Take-away skills: We will aim to memorize and recite three poems. Coaching and much applause will be offered. Required book: Essential Pleasures: A New Anthology of Poems to Read Aloud, Robert Pinsky, ISBN 9780393066081, USM price $29.99.

Sarah Franklin has a BA from Bates and a MAT from Harvard. She spent this incarnation as a high school English teacher, has coached speech and debate teams, and loves poetry. She developed an all-school poetry-recitation program for the International School of Prague.

Refund Policy

- You will receive a 100 percent refund if you cancel by the end of your second week of class. NO REFUND AFTER THAT POINT. No refunds are given for OLLI at USM annual membership fees. To transfer from one course to another, or to drop a course, contact the OLLI at USM office to complete an add/drop form.
Poetry from Three Corners of the World
Joan Aldrich  Course Number: 5656

This discussion course will address attributes of African and Japanese poetry, relating to themes of mortality, life purpose, and our relationship to the natural world, to duty, and to one another. Conditions in these diverse locales would seem to foster opposite cultural contexts, yet traditional poetry reflects the predominant importance of the “harmony of the group” for both. We will read poems aloud and discuss them; the poets' backgrounds will be briefly recounted and visuals used: a brief cultural odyssey to see how people from other continents have addressed the same issues which impact all human beings everywhere. During the final two weeks, we will consider the hauntingly beautiful poetry of Rainer Maria Rilke (born in Prague, written in German language, and relating to the same themes).

Joan Aldrich, MDiv, MA, invites you to leave the hubbub of the busy world and spend quiet time in reflection with others.

Dissecting the Murder Mystery
Sherrie Chapman  Course Number: 5669

This repeat course from fall 2010 is for the mystery reader who wants to explore the various aspects of the genre. Each of the assigned books, including a graphic forensic novel, represents the first in a popular series of mysteries. Class participants will be asked to share their favorite crime series during class discussions analyzing the mystery genre, archetype characters, and plot development. At the conclusion of the course, a bibliography of class favorites will be compiled so everyone will have a new reading list.


Sherrie Chapman has Master's degrees in History and Public Administration but spent far too much time reading mysteries instead of studying.

Perfection: The Best of Fred and Ginger
DeWayn Marzagalli  Course Number: 5670

During the Great Depression, Fred Astaire and Ginger Rogers lifted the nation’s spirits and created cinematic magic with their phenomenal dancing and musical arrangements. Furthermore, they were blessed to have the greatest American composers write songs for their movies, thus creating the perfect artistic blend of song and dance. We will watch every dance and listen to them sing the great songs of Irving Berlin, George and Ira Gershwin, Cole Porter, Jerome Kern, and others.

Born in New York City, DeWayn and his wife have lived in Maine since 1975. Since retiring from Federal Law Enforcement, DeWayn spends much of his time doing volunteer work for his church and enjoying the opportunity to teach and take courses at OLLI.

Ireland: Cultural Revival and the Abbey Theatre
Bob McCue  Course Number: 5671


Bob McCue is a graduate engineer, with a Master's degree in business, and was a 2001-03 auditor at Wesleyan University’s Graduate Studies in the Liberal Arts program. He has been lecturing on Irish history and literature for the last eight years, both in Maine and in Arizona.

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**Books / Class Materials**

- Acquiring books and materials is the student's responsibility.

- Books and materials will be listed at the end of each course description as Required (the class – i.e., a literature course – cannot function without the book) or Suggested (it would enhance the class but is not necessary).

- Book prices are listed only for required books and reflect USM Bookstore prices. If no books or materials are listed in a course description, none are needed.

- For your convenience, all required books and a limited number of copies of suggested books will be carried in the USM Bookstore on the USM Portland campus. However, students are welcome to procure books from other sources, including online vendors, local libraries, and friends.
Walk for Life Part I

Gretchen Langner  Workshop Number: 1WSU13

This 24-hour experiential workshop will include walking in nature with the use of walking poles, as well as an indoor Movement Laboratory of simple, yet sophisticated strategies to improve the quality of walking. We will meet for two hours, on two consecutive days, for a total of four hours a week. For some sessions, we will meet at Crescent Beach/Kettle Cove. People 65 or over with proof of Maine residency get into the park for free. There is an admission fee for those under 65. **Required:** You will need a floor mat/towel/blanket for both locations and walking poles (these can be purchased new for between $25 and $90; available from instructor for $50). Pole height should create an approximate 90° angle in the arms when taking a step forward. Participants must be able to walk half a mile without stopping to rest. **NOTE:** Due to the July 4 holiday, that week the class will meet Tuesday, July 2, and Wednesday, July 3.

Gretchen Langner is a certified Feldenkrais® Practitioner and Bones for Life Trainer, as well as the Bones for Life US Organizer since 2001.

Six Feet Under: Funeral Choices
Chuck Lakin  Workshop Number: 3WSU13

This repeat workshop will combine lecture and discussion to examine home funerals, green cemeteries, natural burial, advance directives, scattering ashes, pre-planning and prepaying, the “Funeral Rule” (a federal law), different coffin styles (including plans for building your own), the dreaded paperwork, alkaline hydrolysis, family burying grounds, and anything else that comes up in the conversation.

Chuck Lakin is a woodworker and home funeral educator whose interest in this topic came from his experience at his father’s death. He wanted to be part of what happened after the death but didn’t know what to do and missed out. Now he knows and wants to share that information.

Postscript on Palestinian Narratives
Kathleen Sutherland, Janet Gunn, and Norman Olsen  Workshop Number: 2WSU13

This workshop focuses on the future of the Palestinians following the 2012 U.S. election and the Israeli election of January 2013. There are the reelected U.S. President Obama and a new secretary of state on the one hand and, on the other, an Israeli election with new faces in political leadership but the same prime minister. What do these elections mean for the Palestinians’ quest for their own state? The Palestinian Narratives team of 2012 will lead two full workshop days exploring the possible impact of these results for the Palestinians.

Kathleen Sutherland is Associate Professor Emerita of Political Science and Women’s Studies from Bowling Green State University in Ohio, specializing in Middle East Studies.

Janet Gunn is former Chair of Religious Studies at the University of North Carolina, Greensboro, and author of Second Life: A West Bank Memoir.

Norman Olsen monitored USAID projects in the Gaza Strip from 1991-95 and reported on economic, security, and political issues. From 2002-07 he was Chief of the Political Section at Embassy Tel Aviv, and then Senior Advisor to the U.S. Ambassador to Israel.

Geologic History of Maine
John Tewhey  Workshop Number: 5WSU13

This workshop will cover the chronological history over a span of 600 million years of the area of Earth presently occupied by Maine. Earth processes, the evolution of life, and the step-by-step development of the land that is now Maine will be presented by means of lecture and illustration. Geologic samples of Maine rocks will be available to examine. This workshop is a three-hour version of a former eight-week OLLI course.

John Tewhey is a practicing geologist and geochemist. He holds technical degrees from Colby College and Brown University.
**Course Registration Form for Summer 2013**

*Please read instructions on facing page before completing your registration form.*

Name (one person per form) __________________________________________________________

☐ I need an OLLI name tag — Nickname for name tag __________________________________

Street address_____________________________________________________________________

City__________________________ State__________ Zip________________

Telephone _________________________ E-mail address ____________________________

Date of Birth ____________ Are any of these are new? ☐ Address ☐ Phone ☐ E-mail

☐ Check here if you do NOT want your name to be publicly listed as a student of OLLI at USM

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</tbody>
</table>

Number of course you are taking: ☐ One – $50 ☐ Two – $100 ☐ Three – $150 ☐ More

_____ Total course fees

**$25** Annual membership *(FREE if you're 90 years old! Check here ☐)*

$25/year (July 1, 2013-June 30, 2014)

_____ Your **Tax Deductible Contribution to OLLI** is welcomed

*Want more information????*

_____ Total amount (Please make check payable to OLLI)

**OFFICE USE ONLY**

Check # ________________

CC (last 4 #s):___________

Misc:____________________

Date:____________________

Register for WORKSHOPS on p. 14

Payment Method: ☐ Cash ☐ Check Credit Card: ☐ Visa ☐ MasterCard ☐ Discover

Credit Card No. ___________________________________________________ Expiration Date________________

3-digit code on back of card _____ Name on credit card ___________________________________________
Course Registration Information

IMPORTANT ~ PLEASE USE ONE FORM FOR EACH REGISTRANT.

- Please fill out the top section of the registration form completely. Leaving sections blank can slow the registration process.

- Your top selections for classes should be written in the “1st course,” “2nd course,” and “3rd course” sections on the form. These are the non-shaded areas.

- If you are concerned that your top choices will be filled, you may want to add alternate choices. Please write your alternate choices in the “alternate 1st choice,” “alternate 2nd choice,” and “alternate 3rd choice” sections on the form. These are the shaded areas.

- After you have listed the courses in which you hope to enroll, please check the appropriate box below the grid to indicate the total number of courses you plan to take each week (one course, $50; two courses, $100; etc.).

- Prior to the start of classes, you will receive confirmation of your course assignment(s) and other important details about procedures and policies at OLLI at USM.

- Expenses: All OLLI at USM courses cost $50. You must be an OLLI member to take courses. Annual OLLI membership costs $25; it does not span the calendar year but coincides with USM’s fiscal year of July 1 to June 30. If you have any questions about registration or membership, call 780-4406.

LOTTERY REMINDER: Mail or hand deliver your registration by May 13 if you want to make the summer lottery! It’s a good idea to put down a second choice as a backup course. See page 5 for lottery details.

Your contribution will be devoted to OLLI at USM Program Support, including, but not limited to, replacement of classroom computers to improve the audio/visual experience for teachers and students, and to scholarships. Need more information? Call the OLLI at USM office (780-4406).

Contact Information

- OLLI at USM office phone: 780-4406
- OLLI at USM office location: 210 Wishcamper Center, USM Portland Campus
- OLLI at USM mailing address: Osher Lifelong Learning Institute (OLLI), USM P.O. Box 9300 Portland, ME 04104
NOTE: You must be a current OLLI member to take workshops.

Name ____________________________
Street Address ______________________
City _____________________________ State _______ Zip _____________
Home Phone ______________________ E-mail ______________________

Please check the workshop(s) you wish to take in the appropriate column below:

<table>
<thead>
<tr>
<th>WORKSHOP NUMBER AND TITLE</th>
<th>DATES</th>
<th>COST</th>
<th>X</th>
</tr>
</thead>
<tbody>
<tr>
<td>1WSU13 Walk for Life, Part 1</td>
<td>2 x week; June 26-Aug. 1</td>
<td>$100</td>
<td></td>
</tr>
<tr>
<td>2WSU13: Palestinian Narrative Postcript</td>
<td>July 12 &amp; 19</td>
<td>$50</td>
<td></td>
</tr>
<tr>
<td>3WSU13: Six Feet Under</td>
<td>June 28</td>
<td>$15</td>
<td></td>
</tr>
<tr>
<td>4WSU13: Art Studio — Dry Pastels</td>
<td>June 28</td>
<td>$15</td>
<td></td>
</tr>
<tr>
<td>5WSU13: Geologic History of Maine</td>
<td>July 19</td>
<td>$15</td>
<td></td>
</tr>
</tbody>
</table>

Total Workshop Fees _______

Payment Method: □ Cash □ Check (payable to OLLI)
Credit Card: □ Visa □ Master Card □ Discover

NOTE: Please pay for workshops and courses separately.

Credit Card Number ____________________________ Expiration Date _______
Security code ______ Name on Card (print ______________________

Please note that there are two separate registration forms in this catalog. One is for regular OLLI courses, and the other is for the workshop program. You must be a current OLLI member to enroll in the workshops. You can renew your membership in the space provided on the form for regular OLLI courses.

The workshop titles, dates, and cost are all noted on the workshop registration form. Put a check in the box in the far right-hand column for each course you wish to take.

Many of these workshops feature hands-on or individualized instruction, which limits the number of students. Available spaces in these workshops will be filled on a first-come, first-served basis.

There is no lottery for workshops, but only mail or drop-in registrations will be accepted through May 15. After that date, phone registrations also will be taken.

You will receive a confirmation letter prior to the start of workshops.

If you have any questions about workshop registration or membership, call 780-4406.
Special Interest Groups at OLLI

OLLI at USM offers many diverse activities beyond the classroom. To participate in any Special Interest Group, you must be a current OLLI member.

- **Book Club:** Members meet the third Thursday of each month from 3 to 5 p.m. to discuss readings from a variety of genres, including contemporary novels, classics, biographies, memoirs, short stories, etc. Contact Elsa van Bergen at evanbergen@maine.rr.com for more information.

- **Elders for Future Generations:** This is an ongoing, peer-facilitated exploration of the advocacy role seniors can play in shaping policy to promote the well-being of future generations. Contact Fred Brancato at opus2@maine.rr.com for more information.

- **History Book Club:** Members read and discuss one work of history on the second Wednesday of each month from 3 to 5 p.m. Works include social, political, economic and foreign-policy history as well as biography, autobiography, memoir, and historical fiction. Contact John Sutherland at jfern2003@yahoo.com for more information.

- **Mah Jongg:** Join players every Monday and Friday from 3 to 6 p.m. in Room 103 at Wishcamper. National Mah Jongg rules and cards are used. Novices are welcome. Contact Domenica Cipollone at domenica@maine.rr.com for more information.

- **Outdoor/Walking Club:** Outdoor enthusiasts gather twice a month for invigorating walks in interesting places. They meet at the Back Cove parking lot and carpool. Walking schedules for the year can be found in the OLLI office and in literature racks in Wishcamper. Contact Rae Garcelon at raeallan@aol.com for more information.

- **Photography Club:** Shutterbugs at OLLI at USM meet and learn from each other while sharing their love of photography. Contact Sharon Hickey at sharonlh@gwi.net for more information.

- **Recorder Ensemble:** In addition to having fun making music together, the Recorder Ensemble also may perform at OLLI at USM events and venues. Contact Domenica Cipollone at domenica@maine.rr.com for more information.

- **Senior Players:** Thespians perform staged readings twice a year at USM and off campus on several occasions. Senior Players is open to all OLLI at USM members. Contact Cheryl Squiers at nenegirl@myfairpoint.net for more information.
Osher Lifelong Learning Institute

Intellectual Fun for People over 50

www.usm.maine.edu/olli