Spring 2016
March 21 through May 13
If you are 50 or older, with a curious mind and an interest in learning just for the joy of it, you are invited to join more than 1,700 like-minded older learners who are members of the Osher Lifelong Learning Institute (OLLI) on the Portland campus of the University of Southern Maine. OLLI at USM is committed to providing its members with a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

As member of OLLI at USM, you’ll choose from an extensive array of peer-taught courses in the liberal arts and sciences. There are no entrance requirements, grades, or tests. Your experience and love of learning are what count. Some OLLI at USM classes involve homework — usually reading or honing skills taught in class. Homework is not mandatory, but it can enhance your learning experience; what you put in is what you’ll get out of the course.

OLLI at USM is one of 17 Senior Colleges throughout Maine and participates in the Maine Senior College Network (www.maineseniorcollege.org). The National Resource Center for all Osher Lifelong Learning Institutes (www.oshernet.org) is located at Northwestern University in Chicago. Currently, there are 119 OLLIs throughout the country.

**MEMBERSHIP**

OLLI at USM is a self-sustaining, self-governing organization supported through an annual membership fee of $25. The membership fee covers the fiscal year July 1 to June 30. Your annual membership allows you to participate in all OLLI at USM courses and Special Interest Groups at OLLI. You’ll also get Internet access and notification when the OLLI Newsletter is available online.

**SPECIAL ACCOMMODATIONS**

If you need special accommodations to participate in OLLI at USM because of a disability, please call the USM Office of Support for Students with Disabilities at 780-4706 as soon as you register but at least two weeks before classes begin. OLLI at USM has purchased a portable assistive-listening device that can be used in any Wishcamper classroom. Students using the device will be able to hear the instructor. Any OLLI at USM student with hearing difficulties may request the use of this system. Contact the OLLI at USM office at 780-4406 as soon as you register for class.

**SCHOLARSHIPS**

Full and partial scholarships are available through a simple, friendly, confidential process. Because of the overwhelming response, scholarships are limited to $50 per person per term, applicable to one course, the SAGE program, or workshops. Scholarships do not apply to OLLI at USM membership, trips, or special events. Scholarship applications are available in the OLLI at USM office. These must be completed, signed, and turned in with EACH of your course registrations.

**CLASS LOCATIONS**

All classes, except where noted, are held in the Wishcamper Center at 44 Bedford Street on the USM Portland campus. See map on page 6.

**NON-DISCRIMINATION NOTICE**

The University of Southern Maine does not discriminate on the grounds of race, color, religion, sex, sexual orientation, including transgender status and gender expression, national origin, citizenship status, age, disability, genetic information or veteran status in employment, education, and all other programs and activities. The following person has been designated to handle inquiries regarding non-discrimination policies: Director of Equity and Compliance, 209 Deering Avenue, Portland campus, 780-5510.

**CAMPUS SAFETY**

The Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act of 1998 requires universities to disclose three years of statistics regarding campus crime, including crime at off-campus buildings the University owns and on public property adjacent to campuses in Portland, Gorham, and Lewiston. The USM Safety and Security Information Report also includes policies concerning campus security, including alcohol and drug use, crime prevention, the reporting of crimes and sexual assaults, and other related matters. A copy may be obtained online at www.usm.maine.edu/police/safetyreport.htm or by calling the Office of Community Standards at 780-5242.

**TOBACCO POLICY**

The University of Southern Maine is a tobacco-free campus. This policy applies to faculty, staff, students, contractors, vendors, and visitors. The use of tobacco and all smoking products is not permitted on any university-owned property, which includes but is not limited to buildings, university grounds, parking areas, campus walkways, recreational and sporting facilities, and university- or personally-owned, rented, or leased vehicles. Tobacco use by definition includes the possession of any lighted tobacco products or the use of any type of smokeless tobacco, including but not limited to chew, snuff, snus, electronic cigarettes, and all other nicotine-delivery devices that are non-FDA approved as cessation products.
Online Registration at OLLI at USM

Easy online registration allows you to sign up for classes in real time. To begin the process, visit the OLLI website at: www.usm.maine.edu/olli

There you will find step-by-step instructions and a link to the registration website. Once you have perused the catalog and chosen which classes you wish to “purchase,” you are ready to go “shopping” on the registration website. You’ll be able to tell how many spaces are still available in your chosen class and can add your name to a wait list if a class is full. Once you pay for your classes, you’ll receive an e-mail confirmation of your registration within minutes. It’s fast, easy, and secure. Please note: Credit card is the only form of payment you can use for online registration. If you must use another payment form (check, cash, scholarship, gift certificate), you’ll need to mail or hand deliver your registration with payment attached.

If you’ve shopped online, you should find online OLLI registration a snap. But if you’re not comfortable doing your own online registration at home, the OLLI staff is standing by to help you. We’re offering onsite instruction in the Wishcamper Computer Lab (see timetable) and will have one computer in the OLLI office dedicated to online registration. Anyone may use this computer to register online, but you must use a credit card for payment.

OLLI SPRING REGISTRATION TIMELINE

Feb. 9 Online registration for OLLI spring courses begins at 10 a.m. Students with scholarships or gift certificates should get registrations into the OLLI office before this deadline to ensure they are processed in-house on Feb. 9.

Feb. 9-10 If you need help navigating the online process, onsite help setting up student accounts and registering for classes will be available in the Wishcamper Computer Lab (Room 128) from 10 a.m. to noon and 1 to 3 p.m.

Feb. 16 OLLI staff will start accepting mail-in, drop-off, and phone registrations.

OLLI STAFF
Susan Morrow, Assistant Director for Program: 228-8181; smorrow@maine.edu

Rob Hyssong, OLLI Program Coordinator: 228-8336; robert.hyssong@maine.edu

Linda Skinner, Administrative Assistant: 228-8225; linda.skinner@maine.edu

FOR MORE INFORMATION
Call: 780-4406 or 1-800-800-4876
E-mail: olliatusm@maine.edu
Visit: www.usm.maine.edu/olli for more information about OLLI at USM and to register for OLLI courses online

OLLI ADVISORY BOARD 2015-16
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9:30-11:30
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Richard Budd
BUDD_EASTFRONT

Putting Art into Your
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BYRNE_ARTPHOTO

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12:45-2:45
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SAGE Lecture Series

TUESDAY AFTERNOON
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Back to Flannery O’Connor
Janet Gunn
GUNN_OCONNOR

Drawing for Beginners
Steve Hrehovcik
HREHOVCIK_DRAW

Enjoying Poetry
Robert Libby
LIBBY_POETRY

The Mystical Jesus in the
Gospel of John
Tom McGovern
MCGOVERN_JESUS

The Short Story and You
Jean Sheridan
SHERIDAN_STORY&U

NOTE: THIS CLASS STARTS AT 12:30 PM.
The History of Jazz on Film
Carl Smith
SMITH_JAZZFILM

WEDNESDAY MORNING
9:30-11:30
see page 11
The Plot Thickens:
Six or Seven — or 10,000 —
Plot Ideas
Tim Baehr
BAEHR_PLOT_IDEAS

Psychology Looks at the
Movies, 8
Mike Berkowitz
BERKOWITZ_PSYMO8

Young Writers of North
America
Sarah Franklin, Betsy Wiley
FRANKLIN_FICTION

Improvisation
David LaGraffe
LAGRAFFE_IMPROV

Diego Rivera and Frida
Kahlo: A Story of Art,
Passion, and Intrigue
Nathaniel Larrabee
LARRABEE_MEXART

WEDNESDAY AFTERNOON
12:45-2:45
see pages 12-14
The Mind of Zen
Tim Baehr
BAEHR_ZENMIND

Popular Music of the 1960s
Terry Foster
FOSTER_60sMUSIC

Ukulele 101:
Finding Joy with Four
Strings on a Shoestring
Lynne and Rick Gammon
GAMMON_UKE

Huckleberry Finn and Mark
Twain, Two Missouri Boys
Who Changed the World
Matthew Goldfarb
GOLDFARB_HUCK

Reader’s Theater (RT)
Performance
Paula Johnson, Barbara Bardack
JOHNSON_RT

Light of the Soul: The Art and
Life of Fra Angelico
Nathaniel Larrabee
LARRABEE_ANGE

Social Justice
Themes in Films
Pat Davidson Reef
REEF_FILMJUSTICE

THURSDAY MORNING
9:30-11:30
see pages 15-16
Harmonizing Zen, Taoism,
and Native American
Traditions with Tai Chi
Fred Brancato
BRANCATO_HARMONY

The Life and Legacy of
Frances Perkins
Chris Cash, Facilitator
CASH_PERKINS

Honing the Art and Craft of
Writing, Continued
Ruth Story
STORY_HONE&WRITE

The Age of Napoleon
(c.1800-1850)
Fiorello Ventresco
VENTRESCO_NAP

Four Early 19th-Century
Russian Masterpieces
George Young
YOUNG_RUSSIAN

THURSDAY AFTERNOON
12:45-2:45
see pages 16-17
Keeping Memory Alive:
Family Memoir
Norm Abelson
ABELSON_MEMFAM

Explore Portland’s Historic
Neighborhoods – On Foot
Bruce Wood
WOOD_PTLD_ONFOOT

NEW WRITERS’ WORKSHOP
WEDNESDAY AFTERNOON
12:45-2:45
see page 14
Writers’ Workshop:
Moving Memory to Paper
Norm Abelson
ABELSON_WWMEMOIR
Spring Workshops

HALF DAY – $15  
APRIL 2  
9:30-11:30 a.m.  
see page 20 
Putting Meditation into Your 
Daily Life  
Karen DeNitto  
DENITTO_MEDITATE

Helpful Tips for Windows 7  
Rob Hyssong, Emily Brill  
HYSSONG_WINDOWS7

HALF DAY – $15  
APRIL 9  
9:30-11:30 a.m.  
see page 20-21
Managing Your Final Affair  
Chuck Lakin  
LAKIN_DEATHPREP

HALF DAY – $15  
APRIL 23  
9:30-11:30 a.m.  
see pages 17-18
NOTE: THIS CLASS STARTS AT 9 A.M. 
Irish Risings: From Subject to Citizen  
Robert Lyons  
LYONS_IRISHRISE

Ways to Manage Long-Term- 
Care Risks  
Gregory Rogovin  
ROGOVIN_LTCARE

HALF DAY – $15  
APRIL 23  
9:30-11:30 a.m.  
see pages 21-22
Yoga: Free Your Hips and 
Shoulders  
Jennifer Cooper  
COOPER_YOGAHIIPS

Mainers in the California 
Gold Rush 3: Telling Stories  
Jan Eakins  
EAKINS_MEGOLD3

HALF DAY – $15  
APRIL 9  
9:30-11:30 a.m.  
see page 22-23
Introduction to 
SoulCollage®  
Patricia Ellen, Linda Nerbak  
ELLEN_COLLAGE

What Curbs Are Needed on 
Corporate Power?  
Marianne Hill  
HILL_CORPCURBS

ALL DAY – $25  
APRIL 2  
9:30 a.m.-3:30 p.m.  
see page 22
Saving Your History: What to 
Keep, How to Donate to an 
Institution  
Susie Bock  
BOCK_DONATE

ALL DAY – $25  
APRIL 9  
9:30 a.m.-3:30 p.m.  
see page 22-23
Chinese Language and 
Culture  
Fangfang Song  
FANG_CHINESE

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Fangfang Song  
FANG_CHINESE

ALL DAY – $25  
APRIL 23  
9:30 a.m.-3:30 p.m.  
see page 23
Delight, the Self, and the 
Only Dance There Is: The 
Wisdom of Impermanence  
John McLaughlin  
MCLAUGHLIN_DANCE

ALL DAY – $25  
MAY 21  
9:30 a.m.-3:30 p.m.  
see page 23
Stalking the Spring 
Wildflowers  
Dianne Sinclair  
SINCLAIR_FLOWERS

ALL DAY – $25  
APRIL 2, 23 and 30  
9:30-11:30 a.m.  
see page 23
Chinese Painting: Technique 
and Symbolism  
Sabine de Canisy  
CANISY_CHINA_PNT

3 MORNINGS – $25  
APRIL 2, 23 and 30  
9:30-11:30 a.m.  
see page 23
Chinese Language and 
Culture  
Fangfang Song  
FANG_CHINESE

3 MORNINGS – $25  
APRIL 2, 23 and 30  
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see page 23
Chinese Painting: Technique 
and Symbolism  
Sabine de Canisy  
CANISY_CHINA_PNT

REGISTRATION FORM & INFORMATION 
FOR CLASSES AND WORKSHOPS  
see pages 24-25
The Osher Lifelong Learning Institute at USM is based in the Wishcamper Center at 44 Bedford St. on the Portland Campus.

- OLLI classrooms are on the 1st and 2nd floors
- The OLLI office is on the 2nd floor in Room 210
- The elevator is off the lobby

PARKING AT OLLI

Parking in surface lots on campus may earn you a parking ticket. OLLI pays for our students to park in the USM garage on Bedford St. Simply push the button at the entrance to gain access to the garage. The exit gates will open automatically as you leave.

To park in a handicapped space anywhere on campus, you must have a State of Maine handicapped placard or license plate. There are 20 handicapped spaces in the parking garage and eight in the parking lot directly behind the Wishcamper Center.
The Eastern Front
Richard Budd
BUDD_EASTFRONT

The conflict between Russia and Germany in World War II is the largest-scale conflict in human history. We will examine the events leading up to it and the progress of the conflict. The primary emphasis will be on the military progress of events and the development of armaments and the military tactics used by both sides. We will try to give the student a feeling of the continental scope of this major human catastrophe. This is a highly revised version of a course given in 2007. **Suggested book:** Lenin, Stalin, and Hitler: The Age of Social Catastrophe, Robert Gallately, ISBN 9781400032136, USM price $19.95.

Richard Budd is a retired Physicist who studied Physics at NYU and Harvard, leading to a doctorate. He designed automation systems in fields as diverse as electronics production, chemical analysis, pharmaceutical manufacture, communications satellites, and oceanography. He has taught science fiction, bridge, “Westerns as an Art Form,” “Great Ideas in Science,” and military history at OLLI.

Putting Art into Your Digital Photography
Tim Byrne
BYRNE_ARTPHOTO

Let’s explore the elements of design and composition, applying them to your photographs (and mine), discovering the different things that make a photograph “work.” Plan to create images each week and bring them to class for “show and tell.” Yes, there is homework, which you will enjoy and which will help boost creativity in your photography. Designed for students who are comfortable with the mechanics of their digital camera, this class is also open to newcomers. To maximize your learning, you should be able to create a digital photograph and bring it to class on a CD or some form of memory card. **Required book:** The Photographer’s Eye, Michael Freeman, ISBN 9780240809342, USM price $29.95. **This is a repeat course.**

Tim Byrne is an award-winning commercial photographer based in Scarborough. He exhibits his work frequently and has been published in numerous books and periodicals.

Domestic Policy Issues:
Social Security, Medicare, Defense, the Federal Debt
Bob Goettel
GOETTEL_DOMPOLSS

In this election year the two parties rarely agree even on how to define our domestic policy issues. Nevertheless, current and perhaps unsustainable obligations for Social Security, Medicare and Defense spending in the context of $18+ trillion of federal debt represent the major long-term fiscal challenges facing our nation. Unavoidable tough decisions must be made. Drawing on the expertise of guests from USM and our southern Maine community, we will explore plausible options and their political chances for addressing each issue area. Relevant articles/reports will be available for each class session. **View a detailed schedule, including guest speakers, at www.rigusmolli.com.**

Bob Goettel is a retired Muskie School faculty member and USM administrator who has coordinated this class at OLLI each spring and fall since 2008. He has led university-based and for-profit policy research organizations and directed numerous federal and state-level policy and evaluation studies.

American Mah Jongg:
Advanced Beginner
Sharon Ash Tancredi, Hiromi Dolliver
TANCREDI_MAHJONG

This six-week, repeat class is for everyone who has some experience with the fascinating tile game of American Mah Jongg. If you have taken one of the instructors’ classes but have not had time to play, or simply need to brush up on your skills, or feel you will benefit from supervised play, this class is for you. The lessons will focus on demystifying the 2016 card, defensive play, changing hands, and helping you become a more strategic and faster player. **Required:** A 2016 Mah Jongg card, available for purchase from the National Mah Jongg League www.nationalmahjonggleague.org or from Fae Silverman, fsilverman@mainejewish.org. Class will begin on Monday, April 4.

Sharon Ash Tancredi is a Social Worker who has a private practice in Portland. She has been enthusiastically playing Mah Jongg for many years.

Hiromi Dolliver is a retired paralegal and a talented Mah Jongg player.

More MONDAY MORNING courses on next page
Le Français Intermédiaire
Jacqueline Bucar
BUCAR_INTFRENCH

A continuation of French-language study, with emphasis on expanding vocabulary and listening and speaking ability. This course assumes only a basic knowledge of French but is conducted largely in French to encourage participation in simple discussions. In addition to the text we will continue reading and discussing short stories in the Nicolas et les Copains reader from last semester. Required books: Façon de Parler 2 Coursebook, Fifth Edition, Angela Aries and Dominique Debeny, ISBN 9781444181227, USM price $38.90; Le Petit Nicolas et les Copains, Goscinny Sempe and J. Sempe, ISBN 9782070612772, USM price $19.95. This class will run for 6 weeks.

Jackie Bucar taught high school French in Connecticut for 16 years before pursuing a career in law. She graduated from the University of Connecticut with a BS, from Wesleyan University with a Master’s of Liberal Studies, majoring in Literature and History, and from the University of Connecticut School of Law with a JD. Currently a retired immigration attorney, she is a true Francophile.

The Earth’s Climate
Jim Janak
JANAK_CLIMATE

The Farmer’s Almanac predicts still another severe winter for the Northeast, based on “secret formulas.” Climate models based on changes in the Arctic also predict something similar to, but less severe than, last winter. On the other hand, a strong El Niño has formed in the Pacific, and El Niños usually produce relatively warm and dry winters in the Northeastern US. But the Earth’s climate is far too complex to try to balance one one of these effects against the other and predict which will dominate. In this repeat class, we’ll look at what causes the Earth’s climate, what causes it to change, and how mankind might cope with those changes.

James F. Janak has a BS, MS, and ScD in Electrical Engineering from MIT. He was a Research Staff Member at IBM and an Adjunct Professor of Physics at Pace University. He is the author or coauthor of several books on electronic properties of solids, and of over 50 scientific papers on a wide range of topics.

Women and Aging: Old Age Isn’t for Sissies
Pat Taub
TAUB_AGINGWOMEN

To paraphrase Bette Davis’ immortal words, being an older woman in America’s youth-obsessed culture can feel like an act of fortitude. We face significant challenges, but we also have new advantages. On the one hand, we grapple with aging bodies and sketchy memories, the losses of close family members and friends, limited finances, and finding a sense of purpose in our lives. On the plus side, we have more freedom than our mothers and grandmothers to make choices and to pursue previously untapped talents and interests. This repeat course will center on readings and shared experiences while offering practical, psychological, and spiritual resources for positive aging.

Pat Taub has a BA from Dickinson College, a MSW from Catholic University and post-graduate works toward a PhD in Women’s Spirituality from The Institute of Integral Studies, San Francisco. She is the author of The Mother of My Invention.

The Bull, the Bear, and You
David Chute
CHUTE_BULL&BEAR

This repeat course will review stock, bond, mutual fund, and ETF selection for individual investment portfolios. Whether you purchase your own securities or hire an investment manager, ultimately you must review the security selections that are made to assure that they meet your asset-allocation and risk needs. Several different methods will be reviewed so that you can effectively evaluate portfolios’ suitability for your needs and goals. Each week the instructor will provide handouts on the subject being discussed for use in class work and for reference.

David Chute retired from Chittenden Corp. as Senior Vice President, Chief Investment Strategist. He received Certified Financial Planner designation in 1988 and taught at Northern New England Center for Financial Training for over 30 years. He was elected to the USM Bailey Hall Wall of Achievement in 2006.

True Lies and Real Fiction
Ruth Story
STORY_TRUELIES

Everyone has life stories to tell and family and friends who want to read them. Now all you have to do is write them. In this writer-supportive, repeat course, you will learn ways to rekindle memories of past events, begin the writing process, find your own voice, and give life to your experiences. In the process, you’ll get to know yourself and other people in your life better than you ever imaged. Best of all, you’ll be creating rich family history.

Ruth Townsend Story, editor, writer, and award-winning teacher, has written five books and scripted eight computer-assisted programs for teaching composition and literature. She edits and writes feature stories for two publications and educational materials for Scholastic Publishing. She is also a frequent presenter at professional conferences.
Tuesday Morning 9:30-11:30

Spring 2016

SAGE Lecture Series

Each fall and spring, SAGE provides eight Tuesday-morning lectures. Topics include history, culture, the arts, geography, and science. Drawing on community resources, SAGE offers attendees the opportunity to hear interesting speakers and to learn more about a wide array of interesting subjects. OLLI is excited to offer such an outstanding lecture program at the price of $50 for the entire series.

Further details on the SAGE lineup — along with a registration form — can be found in the SAGE brochure you’ll receive in February. The brochure will also be available on the OLLI website.

Tuesday Afternoon 12:45-2:45

The Alchemy of Thriving in Life
Espahbad Dodd
DODD_THRIVE

This course is about launching yourself fully into the stream of life — stretching and growing into your fullest human possibility. Do you have courage enough to do that? Discover the essence and meanings of true “thivership.” Health and optimal functioning are aggregates of physical, psychological, social, and spiritual well-being. Appraise your strengths and weaknesses vis-à-vis the eight attributes of thivership. Meet and enjoy interaction with others on the path to the “good life” in a structured format of group dynamics. Find new tools to rekindle your hope of self-realization and live life fully.

For over 25 years, Espahbad Dodd’s work and life have found inspiration in the notion of “thivership.” He has conducted phenomenological research to define the essence of thivership and developed protocols for stimulating one’s growth on the path of thivership. Espahbad holds a Master’s in Psychology and numerous specialized certifications.

Back to Flannery O’Connor
Janet Gunn
GUNN_OCONNOR


Janet Gunn received her doctorate from Duke University in 1979 after a Bachelor of Divinity and Master’s degree from the University of Chicago in the early ‘60s.

Drawing for Beginners
Steve Hrehovcik
HREHOVCIK_DRAW

Start or reenergize your art skill in this repeat class. Learn to use lines, shapes, shading, composition, and perspective to create figure drawings, scenic views, architectural structures, and still-life compositions. You’ll discover your personal artistic style and develop ways to draw “what you see, not what you think you see.” You’ll have fun drawing as you experiment with the rules of art and how and when to break them— imagine that! Required materials: Drawing pad (10 x 14 or bigger, spiral bound is best); pencils, soft and hard lead; “improvers” (aka erasers); ruler; your favorite drawing-instruction book.

Mostly self-taught, Steve Hrehovcik looks for creative ways to express the amusing, dramatic, and beautiful vistas he sees around him. In addition to cartooning and caricature drawing, his subjects include

Register Online at www.usm.maine.edu/olli

More TUESDAY AFTERNOON courses on next page
homes, buildings, portraits, equestrian art, pets, and scenic views. A major art influence is the Broadway caricatures of Al Hirschfeld. Website: www.KennebunkArtStudio.com

Enjoying Poetry
Robert Libby
LIBBY_POETRY

This course will present discussion on enjoying poetry with emphasis on reading and understanding all types of poems. Members of the group will select the poetry to be considered. Suggested book: The Circled Shore, Robert Libby, ISBN 9781631110306. Instructor will provide poetry sampler handouts.

Robert Libby has been reading, writing, learning, and teaching poetry for more than 50 years. Objects May Appear and Love Notes Etc. will be available in spring 2016.

The Mystical Jesus in the Gospel of John
Tom McGovern
MCGOVERN_JESUS

Three Synoptic Gospels (Mark, Matthew, Luke) tell the story of the historical Jesus through memories, parables, teachings, and healing relationships. John’s Gospel Jesus is a Jewish mystic who dialogues with memorable characters (e.g., Nicodemus, Samaritan woman at the well, Mary and Martha, Beloved Disciple). He uses mystery images (Word, Truth, Bread, Vine), literary and spiritual metaphors that evoke the larger meanings of Jesus’s life. Bring your head and heart to wend our way along a path filled with first-century CE questions, not 20th-century theological certainties. Required book: The Fourth Gospel: Tales of a Jewish Mystic, J.S. Spong, ISBN 9780062011312, USM price $15.99.

Tom McGovern has an AB in Theology from Fordham University and a PhD in Counseling Psychology. He was named a Carnegie Foundation Professor of the Year while on the faculty at Arizona State University and has taught interdisciplinary courses at OLLI for the past three years.

The Short Story and You
Jean Sheridan
SHERIDAN_STORY&U

During this repeat, six-week course, we will read six provocative short stories. In each class we will use elements of literary analysis to unpack them. After the break we will choose subject matter/themes that strike a chord and will write about them to share or to keep to ourselves. The instructor’s methods are designed to encourage self-reflection through reading, discussion, and writing. Required book: Best Short Stories of 2011, edited by Geraldine Brooks and Heidi Pitlor, ISBN 9780547242163, USM price $21.95.

After retiring in 1995 from the University of Rhode Island, where she was a librarian, Jean Sheridan moved to Portland and began teaching writing at USM and facilitating courses at OLLI.

The History of Jazz on Film
Carl Smith
SMITH_JAZZFILM

Using filmed performances starting in the 1920s, we will explore the history of jazz and its various periods and styles. Seeing performers on film provides valuable insight into the unique social settings in which jazz arose and flourished. Much of the music, such as Dixieland and “swing,” will be very accessible to jazz newcomers, but the course will also include musically challenging “modern” jazz. From the early days of Louis Armstrong and Duke Ellington to the “swing” era of Benny Goodman and Count Basie, the “bebop” era of Charlie Parker and Dizzy Gillespie, and the “post-bop” era led by Miles Davis, all the jazz greats will be presented. Class starts at 12:30 to provide an extra 15 minutes.

Carl Smith has published a book on the piano jazz of Bud Powell and collaborated with jazz great Sonny Rollins on the production of two CDs, one of which won Sonny a Grammy. His state-of-the-art audio/visual equipment simulates a live musical experience.

Membership in OLLI at USM entitles you to:

- Parking in the USM garage, courtesy of OLLI at USM
- Access to wireless Internet on the USM campus
- An OLLI-designated USM photo ID card (Visit the OLLI office to complete a request form.)
- Access to the USM library
- Special USM discounts throughout Greater Portland (details at usm.maine.edu/olli/olliusm-student-privileges)
The Plot Thickens: Six or Seven — or 10,000 — Plot Ideas
Tim Baehr

Truth may be stranger than fiction, but a fictional plot often delves deeper into truth than a straightforward, nonfiction account. Some scholars claim that there are only six or seven basic, universal stories. One has catalogued 10,000. We will use our own writing to discover the various (just six or seven!) plot types — how they can be used or combined to create compelling stories — and perhaps uncover some unanticipated truths. **This six-week course will begin April 6 in the third week of the term.** Our stories will be shared and workshoped in class.

Psychology Looks at the Movies, 8
Mike Berkowitz
Let’s focus on films. We’ll use concepts and experiments from psychology to shed light on cinema scenes. Mini-lectures and 12-minute video clips will provide a background for examining about 24 movies. We’ll discuss the issues in the films and their applications to society at large. While some of the standard psychology concepts will be reintroduced, all movies will be different from the ones in previous sections of Psychology Looks at the Movies. (Warning: Spoiler alerts throughout.)

Young Writers of North America
Sarah Franklin and Betsy Wiley
Do you love to read? Are you trying to make sense of the contemporary world? Join us as we continue to explore 21st-century novelists who have the fiction world abuzz. **Required books:** *The Sisters Brothers*, Patrick DeWitt, ISBN 9780062041289, USM price $14.99; *Special Topics in Calamity Physics*, Marisha Pessl, ISBN 97801431112129, USM price $16; *Welcome to Braggsville*, T. Geronimo Johnson, ISBN 9780062302137, USM price $25.99; *Station Eleven*, Emily St. John Mandel, ISBN 9780804172448, USM price $15.95. **For the first class, please read the first half of *The Sisters Brothers*.**

Sarah Franklin (BA, Bates; MAT, Harvard) taught high school English in public and private schools, here and abroad. She enjoys both giving and taking classes and is very grateful that OLLI invites us to do both.

In 1997, Betsy Wiley left teaching to get her PhD in American Studies from George Washington University. She continues to describe herself as a writer, although she reads more than she writes.

Improvisation
David LaGraffe
In this very active, **repeat course**, students explore improvisation as a fascinating pathway of personal discovery and interpersonal connection. Through dozens of exercises, observation, and scene work, students learn how easy it is to just open up and let things happen. They learn that improv is not about being clever, funny, or inventive. It’s about being open to discovery. And it’s fun, fun, fun!!!

David LaGraffe is an actor/educator who has taught acting and improvisation for over 25 years. As a stage actor, his favorite roles include Willie in *Death of a Salesman*, and Sweeney in *Sweeney Todd*. He is also artistic director of the improvisational Portland Playback Theatre Company.

Diego Rivera and Frida Kahlo: A Story of Art, Passion, and Intrigue
Nathaniel Larrabee
How many art courses combine searing romance, international conspiracy, and Modernist artwork? **This six-week, repeat course** will explore the times, work, and relationships of Frida Kahlo and Diego Rivera. We will view Mexican history through Rivera’s great frescos and consider his turbulent conflicts with both Communism and Capitalism. Included will be a review of the exile and death of Trotsky while he lived with these two artists. We will explore the Mexican Muralist Movement and consider the rise of Surrealism through Kahlo’s artwork. This “shared inquiry” class is both lecture and discussion; there are no prerequisites, and all are welcome. **Suggested book:** *The Lacuna*, Barbara Kingsolver, ISBN 9780060852580, USM price $16.99.

Nathaniel Larrabee is a retired Professor of Fine Arts at the Columbus College of Art and Design. He has also taught at Wellesley College, Boston University, and Northeastern University. Exhibited at the regional, national and international levels, he is represented in diverse public and private collections.
Wednesday Afternoon 12:45-2:45

**The Mind of Zen**  
Tim Baehr  
BAEHR_ZENMIND

Buddhism, neuroscience, and psychology ask similar questions about our perceptions, emotions, and sense of self — and perhaps even the nature of the universe. We will explore these questions with an introduction to Zen Buddhism and excerpts from David Eagleman's PBS series on the brain. We will also consider the current trends in “mindfulness” meditation and the value of learning some of its scientific and philosophical underpinnings. There will be a brief period of meditation in each class session. **This six-week course will begin April 6, in the third week of the term.**  

Tim Baehr has been studying and practicing Zen for a dozen years or so. He has taught courses on Zen for several years at OLLI.

**Popular Music of the 1960s**  
Terry Foster  
FOSTER_60SMUSIC

This fun course explores the music and culture of the 1960s. Popular music came from diverse genres and reflected the mood of the decade. You will encounter the songs and the performer(s) who popularized them. We will discuss everyday life and major events of the period, but music will be the central focus. Via videos, lecture, discussion, and live music, we will explore what made ‘60s music memorable. **Suggested book: The 1960s: American Popular Culture through History**, Edward J. Rilley, ISBN 9780313312618; (available cheaper online).

Terry Foster has had a long music career. In the 1960s, he played piano for a dance studio, keyboard in a rock band, and guitar in a folk group. A retired USM administrator, he is one of the founders of Senior College, OLLI’s predecessor. He holds two Master’s degrees and a doctorate.

**Ukulele 101: Finding Joy with Four Strings on a Shoestring**  
Lynne and Rick Gammon  
GAMMON_UKE

This **six-week, repeat course** is your opportunity to learn to play one of the easiest and happiest of instruments. In just a few short weeks, you will learn the chords and strumming technique needed to play hundreds of songs; no need to read music. We will start with the basics and add new chords each week. We will practice those new skills weekly by playing and singing old and new favorites. **Required supplies:** A soprano, concert, or tenor ukulele (no baritones, please); a ukulele tuner or tuner app on smart phone or other device; enthusiasm!

Lynne and Rick Gammon have been happily strumming the ukulele for a few years. They can’t believe the joy they’ve found singing and playing with friends.

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**IMPORTANT OLLI AT USM SPRING TERM DATES**

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| Feb. 9     | Online registration for OLLI spring courses **begins at 10 a.m.**  
**Registrations with scholarships and gift certificates will be processed in-house.** |
| Feb. 9-10  | Onsite help setting up online student accounts and registering for classes available in the Computer Lab at Wishcamper from 10 a.m. to noon and 1 to 3 p.m. |
| Feb. 15    | OLLI and USM closed for Presidents Day                                                          |
| Feb. 16    | OLLI staff will start accepting mail-in, drop-off, and phone registrations.                    |
| March 21   | OLLI spring term classes start                                                                   |
| March 28–April 1 | USM spring recess; no food available on campus                      |
| April 1    | Deadline to receive refund on dropped classes                                                    |
| April 18   | Patriot’s Day: OLLI and USM are open                                                             |
| May 13     | OLLI spring term ends                                                                            |
| May 16–20  | OLLI spring term makeup week                                                                     |

**CLASS CANCELLATIONS:**  
For weather closings, call the USM storm line at 780-4800. **If USM is closed, OLLI will be closed.**
Huckleberry Finn and Mark Twain, Two Missouri Boys Who Changed the World
Matthew Goldfarb
GOLDFARB_HUCK

The aim of this repeat course is to enjoy Huck's odyssey on the Mississippi River for the story itself. We look beneath the surface, focus on the vernacular (all dialects) and the literary devices, such as irony, humor, and satire, to criticize the staid, hypocritical mores and religious views of 19th-century America. Who was Mark Twain and how did he differ from Samuel Clemens? Was Huck's refusal to turn in Jim as a runaway slave the greatest act of moral courage in American literature? Who is truly noble? What has been Twain's effect upon American and world literature? Required book: The Adventures of Huckleberry Finn, edited by Thomas Cooley, ISBN 9780393966404, USM price $14.

Matthew Goldfarb, a retired attorney, holds degrees from Boston University, College of Liberal Arts and School of Law. He joined OLLI in 2012.

Reader’s Theater (RT) Performance
Paula Johnson and Barbara Bardack
JOHNSON_RT

RT Performance, an ongoing course, provides the opportunity to learn and practice basic acting techniques. While sharing constructive critiques, class members will be cast in various roles and rehearse short plays during the term, followed by a ninth-week performance. No memorization required. Due to the nature of the course and performance at the end, all actors must be present each week. Please commit to a total time frame of nine weeks and clear your calendars accordingly.

Paula Johnson holds a Master's in Business Management from Husson University, and her professional life spans 40 years. She has pursued theater in all aspects, touring with Portland Children's Theater in New England, acting in local theater groups, and working in many behind-the-scenes capacities.

Barbara Bardack, a retired public-school teacher, taught Reader’s Theater as an aid to reading instruction and appeared in school productions and Community Theater in New York, Ohio, and Freeport, Maine. Behind-the-scenes work includes a stint in Public Broadcasting and as props master with the Freeport Community Players.

Light of the Soul: The Art and Life of Fra Angelico
Nathaniel Larrabee
LARRABEE_ANGEL

The role of color in modern painting can be traced back to the roots of the Renaissance in the 15th century and Fra Angelico. This artist laid the foundation for the surprising color found in Raphael and Michelangelo. His artistic spirituality and mysticism have inspired artists from the High Renaissance to 20th-century masters like Matisse. We will review the work, life, and times of Fra Angelico, paying particular attention to his techniques of egg tempera and buon fresco, with the goal of unveiling the magic found in this master’s creations. There are no prerequisites, and all are welcome.

Nathaniel Larrabee is a retired Professor of Fine Arts at the Columbus College of Art and Design. He has also taught at Wellesley College, Boston University, and Northeastern University. Exhibited at the regional, national and international levels, he is represented in diverse public and private collections.

Social Justice Themes in Films
Pat Davidson Reef
REEF_FILMJUSTICE

We will explore social justice themes in these films: On the Waterfront, Marlin Brando, Eva Marie Saint; In the Heat of the Night, Sidney Poitier, Rod Steiger;

More WEDNESDAY AFTERNOON courses on next page
Acquiring books and materials is the student’s responsibility.

- Books and materials will be listed in each course description as **Required** (the class – i.e., a literature course – cannot function without the book) or **Suggested** (it would enhance the class but is not necessary).
- Book prices are listed only for required books and reflect USM Bookstore prices. If no books or materials are listed in a course description, none are needed.
- For your convenience, all required books and a limited number of copies of suggested books will be carried in a special OLLI-designated section at the USM Bookstore on the USM Portland campus. However, students also are welcome to procure books from other sources, including online vendors, local libraries, and friends.

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**NEW WRITERS’ WORKSHOP**

**Wednesday Afternoon 12:45-2:45**

**Writers’ Workshop: Moving Memory to Paper**

Norm Abelson

This new workshop is for students who are veterans of Abelson’s “Keeping Memory Alive” or similar courses and who are actively engaged in their memoir-writing process. A principal purpose is to guide writers through the agony/ecstasy of working toward completion of their memoirs. Members will present a piece at each session and have it appraised and edited by the leader and fellow writers. There may be writing exercises, reading assignments, or other adjustments, with opportunity for student input during the initial sessions. **This workshop meets on the first Wednesday of the month from April 2016 through November 2016.**

Norman Abelson readily admits to having memoir addiction. He has offered his “Keeping Memory Alive” course to hundreds of students in three states over more than two decades. He has nearly completed writing his fourth book of memoir.

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**Explore Portland’s Historic Neighborhoods – On Foot**

Bruce Wood

In this repeat course, starting March 30, enjoy six weekly, narrated walks — **rain or shine** — through Portland’s historic neighborhoods exploring the city’s history, architecture, and people since Europeans arrived. View historic structures, learn about famous architects and their works, and discuss immigrant populations. The longest walk will be two miles in two hours. The greatest elevation change will be from the Longfellow House to the waterfront and back. All walks will be on pavement, with side trips into two grassy cemeteries. **Suggested book:** *Portland, A Short History*, Allan Levinsky, ISBN 9781933212432, USM price $14.95. **Instructor will contact students about the meeting place prior to each class.**

Bruce Wood moved to Portland after retiring as a computer programmer for Amtrak. He fell in love with the city’s history and architecture and now serves on Portland’s Historic Preservation Board. He leads tours of the Old Port for the Maine Historical Society, the Victoria Mansion, and the Observatory.

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*Philadelphia,* Tom Hanks, Denzel Washington; *All the President's Men*, Robert Redford, Dustin Hoffman; *12 Angry Men*, Henry Fonda, Lee J. Cobb, E. G. Marshall; and *The Ugly American*, Marlon Brando. All these films have had a strong impact in changing attitudes and values in America. They reflect the struggles of their times, and many of these struggles are here today in different degrees. Films are a creative art form that is influential in educating the public and changing values.

Pat Davidson Reef has a Master’s in Education, taught many years at Catherine McAuley High School, has written two children’s books, Dahlov Ipcar, Artist (1987) and Bernard Langlais, Sculptor (1985), and is currently writing on the arts for the Lewiston Sun Journal. Pat has taught films at OLLI for 15 years.
Harmonizing Zen, Taoism, and Native American Traditions with Tai Chi
Fred Brancato
BRANCATO_HARMONY

During the first hour of class, we will explore the similar world views and ways of living found in Taoist, Zen Buddhist, and Native American traditions. This will be done through mini lectures, readings, and reflective discussions about their relevance. During the second hour of class, we will endeavor to experience the common ways of being found among these traditions through the meditative practices of Tai Chi movement and diverse body postures. Relaxed clothing is recommended. Suggested books: Black Elk Speaks, John Neihardt, ISBN 9780803261709, USM price $19.95; Ancient Wisdom and the Measure of Our Days, Fred Brancato, ISBN 9781606937020, USM price $12.95.

Fred Brancato has a PhD from New York University's Department of Culture and Communication and a MA in religious studies from Fordham University. He has studied the world's diverse spiritual traditions for 58 years and practiced Tai Chi for 28 years.

The Life and Legacy of Frances Perkins
Chris Cash, Facilitator
CASH_PERKINS

Frances Perkins, FDR's secretary of labor, was the first woman to serve in a presidential cabinet. Learn how this self-made woman, with roots in Maine, became America's leading advocate for industrial safety and worker's rights. This six-week course, presented by board and staff members of the Frances Perkins Center, will cover Frances Perkins and her life, Social Security and the New Deal, WPA and other New Deal programs, the Fair Labor Standards Act, and a visit to the Frances Perkins Homestead in Newcastle. Required book: The Woman Behind the New Deal, Kirstin Downey, ISBN 9781400078561, USM price $16.95. Suggested book: A Promise to All Generations, Stories and Essays about Social Security and Frances Perkins, Christopher Breiseth, ISBN 9780615417226.

The Age of Napoleon (c.1800-1850)
Fiorello Ventresco
VENTRESCO_NAP

The emergence of Napoleon was a product of the French Revolution, and his impact on Europe remained for the rest of the 19th century. In this course, repeated from 2010, we shall focus on the continuing revolutionary activities in various European states within the context of Romanticism and nationalism. In France the unrest led to the rise of another Bonaparte — who became Emperor Napoleon III (1851). Required books: Napoleon, Paul Johnson, ISBN 9780143037453, USM price $14; Napoleon & St. Helena, Johannes Willms, ISBN 9781906598877, USM price $11.95.

Fiorello Ventresco retired from the USM History Department, where he specialized in European history, especially modern Italy. He enjoyed teaching courses that dealt with broad issues and social change. His enjoyment of teaching led him to offer courses at OLLI for the past 17 years.

Four Early 19th-Century Russian Masterpieces
George Young
YOUNG RUSSIAN

These four classic novels offer insights often as relevant today as in the early 19th century of what is both unique and historically important. The novels are rich in detail and offer insights into Russian life and culture.
and universal in Russia and the Russians. **Required books:** 

### Thursday Afternoon 12:45-2:45

**Keeping Memory Alive: Family Memoir**

**Norm Abelson**

**ABELSON_MEMFAM**

This course, for writers of family memories, is aimed mainly at beginners or those early in the process. Instructor will lecture, offer writing tips, and lead discussions. Increasingly challenging writing exercises will be assigned, both for in classroom and for at home. Results will be gently critiqued, along with editing suggestions. The objective is for students to have a part of their project completed by the end of course, armed with enough knowledge and incentives to continue on their own. **Required book:** *Right Time, Right Place*, Norm Abelson, available from instructor for $16.95.

Norm Abelson has taught this course for some 20 years at a wide variety of venues, including OLLI, the New Hampshire Historical Society and Brandeis University, where he originated it. He is presently completing his fourth book of memoir.

**Dialogue: Socratic and Modern**

**Nancy Artz**

**ARTZ_DIALOGUE**

Each week we’ll thoughtfully discuss a group-selected topic — like Socrates Café, but with more emphasis on modern dialogue techniques than on existential questions. Rather than engage in debate or strive for consensus, we’ll collaboratively examine the issue from multiple perspectives. The goal is to clarify our own views while gaining insight into the views of others. Dialogue is a fun way to engage while strengthening our thinking and communication skills. Topics may range from current events (Should towns be able to ban panhandling?) to the philosophical (What is happiness?) to the serendipitous (Is it ok to keep exotic pets?)

Nancy Artz is a USM Professor Emerita (Business) and retired Honors Program Director. She has taught courses such as Honors Dialogue; Happiness and Humanity; Global Ethical Inquiry – 9 Billion People; 1 Damp Rock; Socially Responsible Business; and Consumer Behavior. She holds a PhD in Marketing from Northwestern University.

**The Golden Age of Broadway Musicals: From Showboat to Guys and Dolls**

**Lorraine Masure**

**MASURE_BWAYGOLD**

As the first true American organic “musical play,” *Show Boat* is widely considered one of the most influential works of the American musical theatre. Building on its innovations, *Oklahoma!, Carousel, Annie Get Your Gun, Brigadoon, South Pacific*, and *Guys and Dolls* followed, featuring songs and dances fully integrated into a well-made story with serious dramatic goals able to evoke genuine emotions. Whether you experience musicals on stage or via film, come, learn, review, and discuss. Also, enjoy briefly viewing musical highlights of each production in this repeat course.

Lorraine Dutile Masure is a former University of Maine System administrator. Now retired, this is her 11th semester leading Senior College courses, and she considers the journey delightful! Lorraine holds a BA in English and a MS in Adult Education.

**George Young** has a PhD in Slavic Languages and Literature from Yale and has taught Russian Literature and Humanities at Grinnell, Dartmouth, and the University of New England, and in previous terms at OLLI. Widely published, his most recent book is *The Russian Cosmists* (Oxford University Press, 2012).
Choral Song: 19th- and 20th-Century Masterpieces
Carolyn Paulin

We will listen to and discuss smaller-form choral works, often called “choral song,” composed in the 19th and 20th centuries. These are works for chorus that are performed with piano or small ensemble accompaniment or that are unaccompanied. Composers will include Beethoven, Schubert, Schumann, Mendelssohn, Brahms, Britten, and others. Extensive class notes, texts, and translations will be provided.

Carolyn Paulin earned her DMA in Choral Music from the University of Illinois at Urbana-Champaign. She had a 35-year career as a choral conductor and singer, as well as a 13-year career as a classical music radio producer for the WFMT Radio Network in Chicago, which continues in retirement.

The Art of Living Well: A Peace Education Program
Rita Rubin-Long, Stephen Farrell

Discover and explore your own inner resources for successful living. Each session in this repeat, nine-week course features insightful talks and meaningful interaction about inner resources such as: peace, appreciation, inner strength, self-awareness, understanding, dignity, choice, hope, and contentment. We will have time for reflecting, writing and discussion. This media-based peace education program was created by The Prem Rawat Foundation. Materials fee: $20, due to Instructors at first class for workbook and articles. Class starts March 17.

Rita Rubin-Long enjoyed the Woodstock Festival in 1969 and witnessed the violence at Kent State University in 1970. As a teacher, she worked in partnership with parents to create the Many Rivers Program in the Portland Public Schools. Now retired, she consults with schools on creating caring learning communities.

Stephen Farrell worked with troubled teens and their families in New York City and Maine and also worked for the Portland Public Health Department. He was the co-owner of The Choi Institute of Martial Arts and Science in Portland.

A History of Maine, Part 2
Rick Tomazin

This two-semester course covers Maine history from prehistoric times to the present. It will be presented by a collaboration of noted scholars of Maine history. Each semester is independent, but each class complements the other. Maine has played a significant role in the growth of this country, and we will see how that impacted its internal growth as well. From Katahdin to the seashore ... Kittery to Fort Kent, we will investigate the story of our beautiful state. Suggested book: Maine: The Pine Tree State from Prehistory to the Present, Richard W. Judd, Edwin A. Churchill, and Joel Eastman, ISBN 9780891010821.

Rick Tomazin organized this course and will facilitate both semesters. A Washington, Pa., native and a Mainer since June 1972, Rick has been a student at OLLI since 2006.

Friday Morning 9:30-11:30

Irish Risings: From Subject to Citizen
Robert Lyons

On the Centenary of the 1916 Easter Rising, we present the story of Ireland’s quest for independence in film and song. Films include The Bloody Irish (2015): Songs of the 1916 Rising; Mise Eire (1959): Events leading to the Rising and War of Independence; The Treaty (1922); Evelyn (1954): A father’s right to custody of children challenges the constitution; Love Divided (1957): The Fethard-on-Sea boycott exposes religious bigotry; Jimmy’s Hall (2014): “Leaving room for the Holy Ghost” in a 1933 dance hall. NOTE: Class will start at 9 a.m. and run for seven sessions. There is a $5 fee for material provided in class.

Over the past 18 years, Bob Lyons has led OLLI courses (Irish

Register Online at www.usm.maine.edu/oll}
Eichmann in Jerusalem
Ed Schwartz
SCHWARTZ_ARENDT

Hannah Arendt subtitled her controversial book The Banality of Evil. Through the lens of the trial of the Nazi Adolph Eichmann we will explore (and discuss) the actions of the Nazi perpetrators, the Jewish victims, the controversies surrounding the book, and just exactly what Arendt meant by “the banality of evil.” Required book: Eichmann in Jerusalem: A Report on the Banality of Evil, Hannah Arendt, ISBN 9780143039884, USM price $17.

Ed Schwartz is the author of Faithful Voices, Shakespeare Poemscripts, Bringers of the Light, The Jews That I Knew, and On Youtube, Fading into America. His texts have been used throughout the country.

Art Studio
Dona Sherburne
SHERBURNE_STUDIO

Escape from “busy” and give yourself a two-hour block of time to work on your art, at your own pace, in a relaxed environment. Fellow artists share ideas, encouragement, and support. Pack your materials and come paint! NOTE: if you are using oils, please plan to use water-based paints only.

Dona Sherburne has taught art, cooking, and theater classes over the years. Her artwork has been exhibited and sold in many venues.

Four Generations of the Adams Fam-i-ly ♪: 1735-1927
John Sutherland
SUTHERLAND_ADAMS

No, not that “Addams” family. For nearly 200 years, this family made incredibly diverse contributions to American life: two presidents and their remarkable first ladies, a secretary of state, a congressman, a very significant ambassador, a pioneer female photographer, two historians (including one of the 19th century’s greatest), and a novelist. We will examine in detail seven lives from this remarkable clan. Suggested book: Descent from Glory: Four Generations of the John Adams Family, Paul C. Nagel, ISBN 9780674198296.

John Sutherland graduated from the University of Maine and received his PhD from Temple University. He is Emeritus Professor of History at Manchester (Conn.) Community College, and he also taught at the University of Connecticut and Eastern and Central Connecticut State University.

Great Decisions
Mike Wygant
WYGANT_DECISIONS_S16_1

Great Decisions is a flagship program of the World Affairs Council of Maine, facilitated by members of the Council. This spring session will cover eight new topics for 2016: Middle East Alliances, the Rise of ISIS, the Future of Kurdistan, Migration, the Koreas, the United Nations, Climate Change, and Cuba and the U.S. Students will be mailed a class outline in advance and will be asked to purchase the Great Decisions booklet. Students are requested to read the relevant chapter before each class to facilitate active discussion. Required book: Great Decisions 2016 Edition, 9780871242501, USM price $25. This class is repeated in the afternoon.

Michael Wygant, course coordinator, is a retired U.S. Foreign Service officer with extensive overseas experience. He is ably complemented by well-experienced volunteers from the World Affairs Council of Maine, who will serve as discussion leaders for the various topics under review.
Friday Afternoon 12:45-2:45

The Lais of Marie de France; Sir Gawain and the Green Knight
Evy Newlyn
NEWLYN_GKLAIS

Marie’s medieval lais concern Arthurian knights, chivalric peasants, fairy mistresses, a good werewolf, etc. A Green Knight on a green horse challenges an Arthurian knight to “the beheading game,” one then, the other a year later. Striking first, Gawain is dismayed when the GK picks up his head, which reminds Gawain to appear in a year for the “return stroke.” Knowing his head will not talk afterword, Gawain finds his chivalry, and his chastity, severely tested. Required books: The Lais of Marie de France, Hanning and Ferrante ISBN 9780801020315, USM price $24; The Gawain Poet: Complete Works, Marie Borroff, ISBN 9780393912357, USM price $21.

Evy Newlyn is Professor Emerita of English from the State University of New York. After earning her PhD in English from Syracuse University, she taught at universities in Virginia, Maine, and New York. Her special interests are Classical literature, medieval literature, and cats.

Chinese Language and Culture
Fangfang Song
FANG_CHINESE

This repeat course aims at providing a basic foundation in the combined skills of listening, speaking, and writing Chinese characters as well as a general picture of Chinese culture. Learners will start with the Mandarin phonetic system (Pinyin), pronunciation, stroke order, and basic Chinese characters. Students will be able to conduct conversations based on daily topics. The instructor will provide some information about China’s history and geography, Chinese legends, Chinese philosophy, traditions and customs, Chinese tea, Chinese medicine, Chinese Kungfu, and other relevant topics.

After graduation from Qiqihar University in 2003, Fangfang Song taught English at English Daqing Vocational College. She is now a Chinese teacher with the Confucius Institute at the University of Southern Maine and also teaches Mandarin at Deering High School and Casco Bay High School.

Middle East and North Africa through Film, 4
Kathleen Sutherland
SUTHERLAND_FILM4

The Middle East has a richly developed film industry that delves into social and political issues from the early 20th century to the present. We will view films touching upon themes of social class, gender, and politics in diverse settings, from Morocco to Iran. Some are documentary and some are commercially made. Discussion will follow the showing of the films. This ongoing course may be taken without having taken Middle East on Film 1 (spring 2014), 2 (fall 2014), and 3 (spring 2015); There will be no repetition of films shown in previous courses.

Kathleen Howard Sutherland is Associate Professor Emerita of Political Science and Women's Studies at Bowling Green State University in Ohio, specializing in Middle East Studies. She was born and brought up in Egypt and had a research fellowship in Morocco. Kathleen has taught courses at OLLI since 2005.

Great Decisions
Mike Wygant
WYGANT_DECISIONS_S16_2

Great Decisions is a flagship program of the World Affairs Council of Maine, facilitated by members of the Council. This spring session will cover eight new topics for 2016: Middle East Alliances, the Rise of ISIS, the Future of Kurdistan, Migration, the Koreas, the United Nations, Climate Change, and Cuba and the U.S. Students will be mailed a class outline in advance and will be asked to purchase the Great Decisions booklet. Students are requested to read the relevant chapter before each class to facilitate active discussion. Required book: Great Decisions 2016 Edition, 9780871242501, USM price $25. This is a repeat of the morning session.

Michael Wygant, course coordinator, is a retired U.S. Foreign Service officer with extensive overseas experience. He is ably complemented by well-experienced volunteers from the World Affairs Council of Maine, who will serve as discussion leaders for the various topics under review.

REFUND POLICY

- You will receive a 100 percent refund if you cancel by the END OF YOUR SECOND WEEK OF CLASS. No refund after that point.
- No refunds are given for OLLI at USM annual membership fees.
- To transfer from one course to another, or to drop a course, call the OLLI office at 780-4406.
- If OLLI cancels a class due to low enrollment, you will be notified and offered the option of a refund or an alternate course.
SPRING WORKSHOPS

HALF DAY – $15
April 2
9:30-11:30 a.m.

Putting Meditation into Your Daily Life
Karen DeNitto
DENITTO_MEDITATE

Using the unique meditation technique of Sahaja yoga, this workshop will focus on ways to build meditation into your daily routine. The class will include an understanding of meditation, simple techniques, group discussion, a short film, and finding time in your life to deepen your yoga. No physical exercises necessary; this yoga focuses on effortless meditation. Try it! Handouts will be included so you can enjoy the actual experiences of the workshop and be able to practice at home.

Karen DeNitto has a background in anthropology and education. She has used Sahaja yoga for many years and has explored India and its spiritual resources extensively. She has found meditation very helpful in supporting physical health and exploring all the big questions.

HALF DAY – $15
April 2
9:30-11:30 a.m.

Helpful Tips for Windows 7
Rob Hyssong, Emily Brill
HYSSONG_WINDOWS7

Do you feel a little lost when trying to navigate on your Windows 7 computer? What do “left click,” “right click,” and “double-click” mean? Where the heck is the “Start Menu” everyone talks about? How do I use the task bar? If these questions sound familiar, we can help! After completing this workshop, you will know some useful mouse and keyboard functions, know how to maneuver easily between open windows, and be well-versed in file navigation and more. We will touch on features of Windows 8, 8.1, and 10 operating systems, but the primary focus will be Windows 7. The workshop will be a demonstration accompanied by hand-outs; it won’t be “hands-on.”

Rob Hyssong, Program Coordinator for OLLI, has worked with computers for over 25 years.

Emily Brill, a senior at USM, was born into the computer age and has been learning about computers since the age of five.

HALF DAY – $15
April 2
9:30-11:30 a.m.

Resources for Aging in America
Timothy Vogel
VOGEL_AGINGHELP

In this workshop, we will discuss the challenges and opportunities that face individuals and their loved ones as they experience aging in America today. The class will focus on a multi-generational approach that provides insight into aging issues and covers the types of resources available to assist our aging population and their families. The presenters are members of the Maine Senior Resource Alliance (www.maineseniors.org).

Timothy M. Vogel Esq., facilitator for the class, is a lawyer with 30 years’ experience in Elder Law. Presenters include John LeMieux, Financial Planning, Anton & LeMieux Financial Group; Ann Quinlan, Private Duty Case Management; Linda Wyman, residential loan banker; Sue Durst, Portland’s Choice Realty; Bonnie Davis, Anton & LeMieux Financial Group, Long-term care planning; Deb Richard, The Personal Financial Assistant; Mark Hutchins, A.T. Hutchins Funeral & Cremation Services; and Dick Emerson, Boothby Square Property Management.

HALF DAY – $15
April 9
9:30-11:30 a.m.

Managing Your Final Affair
Chuck Lakin
LAKIN_DEATHPREP

We’ll start by talking about the legal documents everyone should have in place, then cover planning ahead, writing things down, and having a conversation with the family about those plans. That will lead into a Q&A guided by your questions. We can talk about funeral options, home funerals, green cemeteries, alkaline hydrolysis, family burying grounds, scattering ashes, the paperwork, whatever you want to know. We’ll share stories. I’ll bet that you’ll even laugh sometimes. This is a repeat course.

Chuck Lakin is a woodworker and home funeral educator, whose interest in this topic came from his experience at his father’s death. He wanted to be part of what happened after the death, but didn’t know what to do, and missed out. Now he knows and wants to share that information.
**HALF DAY – $15**

**April 9**

9:30-11:30 a.m.

**Ways to Manage Long-Term-Care Risks**

Gregory Rogovin

ROGOVIN_LTCARE

Long-term-care planning is one of the most important, and too often overlooked, parts of one’s retirement and estate plans. This program will present the topic of long-term-care planning in a clear, compassionate and comprehensive manner. We will discuss various options that can help us manage our long-term-care risks and will compare and contrast these different solutions. Participants will leave with a clear understanding of the risks associated with long-term care and will be fluent with the terms and concepts they will need to confidently begin researching this subject on their own.

Gregory Rogovin is a Certified Long-Term-Care Advisor and has been helping people plan for their long-term care for the last eight years. He currently helps members of over 700 alumni and professional associations who look to him for counsel when they decide to examine ways to manage their long-term-care risks.

**HALF DAY – $15**

**April 23**

9:30-11:30 a.m.

**Mainers in the California Gold Rush, 3: Telling Stories**

Jan Eakins

EAKINS_MEGOLD3

In this interactive workshop you learn to locate, interpret, and weave facts into compelling stories — techniques that add accuracy and zest to any true narrative. Offered in response to students’ requests, the workshop draws on the instructor’s four-year search for Mainers in the California gold rush. We track the process of chronicling the fate of Joseph Griffin, whose adventure ended in disaster. We re-live 175 days aboard the brig Amelia out of Eastport and ponder the mystery and history of two Mainers’ diaries that recorded that perilous voyage. New students, former students, and non-historians welcome.

Jan Eakins is a writer, historian, and Maine Historical Society trustee (MA Historic Preservation, Goucher College; MA Mass Communication, University of Wisconsin-Madison). She led Monticello tours, launched the World Heritage nomination of Frank Lloyd Wright's architecture, and recently taught five years at SUNY Plattsburgh. She is writing a gold rush history.

**HALF DAY – $15**

**April 23**

9:30-11:30 a.m.

**Yoga: Free Your Hips and Shoulders**

Jennifer Cooper

COOPER_YOGAHIPS

Over time we develop patterns and habits of holding in our hips and shoulders. Often, as we age, these patterns start to feel “normal.” In this course, held at the Yoga Center, 449 Forest Ave. in Portland, we’ll explore gentle movement and yoga poses designed to unblock the restricted energy. Freeing up the hips and shoulders will contribute to more ease in walking, reaching, and moving as an integrated whole. Come rediscover the fluidity that is possible!

Jennifer Cooper began her journey with yoga in 1970. She has studied with many national teachers and traveled to India for meditation. Jennifer has been co-director of the Yoga Center in Portland for 35 years. She specializes in personalizing the yoga to fit the needs of the student.

**HALF DAY – $15**

**April 23**

9:30-11:30 a.m.

**Hidden Ireland: A Native’s Perspective**

Ann Quinlan

Quinlan_IRELAND

Irish roots or not, people from all over are drawn to this small (size of Indiana), lush, green island called Ireland. A stalwart example of survival through countless invasions, hunger, and loss of land, the Irish people’s interior way of life has sustained a deep cultural heritage and a deep connection to the land, seldom explored beyond its shores. Ireland’s famous hospitality is not a myth. Straddling her prehistoric past, recent financial challenges, and a prominent role within The European Community, the Irish engage with neighbors or strangers while putting on the tea kettle at a moment’s notice. WELCOME TO IRELAND!

Ann Quinlan was born and educated in Ireland. While raising her children she was frequently sought after for best ideas on traveling to her native land. Delighted to share the more hidden aspects of her homeland, in 1988 Ann founded Spiral Journeys Inc., an exclusive small company offering spring and autumn land journeys in Hidden Ireland.

Register Online at www.usm.maine.edu/olli

More WORKSHOPS on next page
HALF DAY – $15  
April 23  
9:30-11:30 a.m.  

Loving and Being Loved:  
Compassion and Forgiveness  
David C. Weiss  
WEISS_LOVING

Our ability to love and our openness to being loved are related to our capacity for self-compassion and self-forgiveness. Through the poetry of Mary Oliver, Derek Walcott, David Whyte, and others, quiet mindfulness, guided imagery, and writing, individuals will be invited to explore how loving and being loved are experienced in their lives. This is an experiential workshop where sharing is optional and confidential. **Required:** Please bring writing materials.  


David C. Weiss is the author of *A Heart on Fire, Poems from the Flames*. His poetry of kindness, forgiveness, and compassion reflects his experience teaching poetry to Tibetan Buddhist monks in South India. David earned a Master's degree in Theology and a PhD in Pastoral Psychology from Boston University.

ALL DAY – $25  
April 2  
9:30 a.m.-3:30 p.m.  

Saving Your History: What to Keep, How to Donate to an Institution  
Susie Bock  
BOCKDonate

History consists of the stories of people, and preserving those stories is important to the individual as well as to society. This course will accomplish three goals: Help people sort and evaluate material culture (papers, objects, photographs, audio-visual material) they have created or collected during their life; advise on storing and caring for the materials to ensure their preservation; advise on donating material to a cultural/historical institution.

Susie R. Bock, Coordinator of USM’s Special Collections and Director of the Sampson Center for Diversity in Maine, has almost 30 years’ experience managing primary materials. She has developed collections preserving the history of Maine’s African American, Jewish, and LGBT communities and managed the University’s manuscripts, rare books, and archives.

ALL DAY – $25  
April 9  
9:30 a.m.-3:30 p.m.  

Introduction to SoulCollage®  
Patricia Ellen, Linda Nerbak  
ELLEN_COLLAGE

“Images have a way of bypassing the chatter of our logical minds and nudging our deep soul wisdom where intuitive answers can be found and spoken.” – Seena Frost

A **repeat workshop**, SoulCollage® is a creative, fun tool for easy, artful self-expression. It was developed by Seena B. Frost, MDiv, MA. Using intuition and imagination, you create your own collage cards, where each card reflects a different aspect of who you are. You do not need to be an artist. If you can cut pictures out of magazines, use scissors and a glue stick, you can do this! **Required materials:** Bring scissors, journal, pen, glue stick. Instructors will provide images and other necessary materials. **There will be a $5 materials fee, paid to instructors at the time of the workshop.**

Patricia Ellen and Linda Nerbak are trained SoulCollage® facilitators who were excited to discover their own inner artists through SoulCollage®. They love sharing this process with others as a tool for self-discovery, having fun, and being creative in community. Together, they have over 50 years of experience teaching and facilitating groups.

ALL DAY – $25  
April 9  
9:30 a.m.-3:30 p.m.  

What Curbs Are Needed on Corporate Power?  
Marianne Hill  
HILL_CORPCURBS

Invited speakers include Rick Bennett, president of ValueEdge Advisors and chair of the State Republican Party, who has agreed to talk about his work in advancing corporate responsibility through corporate ratings systems. Other speakers will address alternative business forms, such as benefit corporations, and the potential for revolutionizing corporations through requiring the inclusion of stakeholders, such as employees and the community, in corporate decision-making. Discussion after each speaker will draw upon background provided in an article by the instructor, “Taming the Corporate Beast,” which will be sent to the class before the workshop (also available on Internet). **This is a repeat workshop.**

Marianne Hill (PhD Economics, Yale) recently published three articles on “Taming the Corporate Beast” (Dollars and Sense and
Register Online at www.usm.maine.edu/olli

Joanne Turnbull

Your Writing Matters

This repeat workshop introduces writers to the Amherst Writers & Artists Method (AWA), which has been used successfully worldwide to explore creativity through writing. Participants and the facilitator write together in response to carefully selected prompts in a safe, non-judgmental environment. No prior writing experience is necessary. Join us to discover your authentic, creative voice. Required materials: a notebook and pen.

Joanne Turnbull received her MFA from USM and MSW and PhD from the University of Michigan. She has worked as a family therapist, teacher, researcher, administrator, and Executive Director Emerita of the National Patient Safety Foundation. She created Your Write Mind to help people find their creative voice and tell their stories. She is a certified AWA facilitator, Life Legacies Facilitator, and licensed clinical social worker. Joanne serves on the board of the Maine Hospice Council and co-authored To Do No Harm (with Julie Morath) and The Grieving Heart (upcoming with Claire Willis).

Stalking the Spring Wildflowers

We will be learning about “spring ephemerals,” wildflowers that bloom in early spring before the trees leaf out. In the morning we will be in the classroom becoming familiar with these flowers through a PowerPoint presentation. We will also practice using a key to identify flowers and compare field guides. In the afternoon, we will carpool to a nearby location to seek out flowers. The walk may involve uneven ground. The morning session is rain or shine; the afternoon session will be one week later if it rains. A list of what to bring will be emailed the week before. This is a repeat class.

Dianne Sinclair has been stalking wildflowers in Maine since 1988.

Chinese Painting: Technique and Symbolism

Sabine de Canisy

The first session of this three-part workshop will be a review of material from the summer 2015 class, which introduced Precise Contour and Free Flowing Chinese painting styles, the principles of Yin and Yang, and select characters. The next two sessions will be devoted to new material, such as birds and other forms used in Chinese art. Required materials: Any type of drawing paper; black watercolor paint or Chinese ink; two or three brushes, both fine and broad; and three to four small cups for mixing. Instructor will provide rice paper.

Sabine de Canisy started drawing at age 6 and took up painting later. She studied Chinese painting while living in the Far East, first in Bangkok, then Manila, followed by seven years in Taipei. After coming to the U.S. she taught flower, bird, and seascape painting while living in Oregon. Since moving to Portland, she has continued to paint for herself and her friends.

Delight, the Self, and the Only Dance There Is: The Wisdom of Impermanence

John McLaughlin

These two consecutive Saturdays of reflection, discussion, journaling, and meditation, including music, freeform movement, humming, and direct chakra opening, will invite participants to come closer to embracing the constancy of change in life. The yoga of laughter will be at the core of our time together, as well as interpersonal sharing. The goal will be to become friendly with the multiplicity of our individual selves and of those present in the lives around us. Core precepts from Taoism, Buddhism and the Western religions will inform our explorations.

Educated at Oberlin College, Harvard, and the University of Amsterdam, John McLaughlin has long been on a path of spiritual awareness. A member of the Findhorn Foundation in the late ‘70s and mid ‘90s, he has also made repeated trips to India. He taught Practical Mysticism at USM in the ‘80s and at the College of Marin, 1999-2002.
Course Registration – Spring 2016

NOTE: OLLI courses cost $50, unless otherwise noted. Workshops are individually priced. You can now pay for OLLI courses and workshops together.

Name (one person per form) _____________________________________________________________________

☐ I need an OLLI name tag — Nickname for name tag _____________________________________________________________________

Mailing address ____________________________

City ____________________________ State __________ Zip __________

Telephone ____________________________ E-mail address __________

Date of Birth __________ Are any of these new? ☐ Address ☐ Phone ☐ E-mail

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TOTAL COST FOR ALL

________________________________________________________________________

Total course and workshop fees

Annual membership (FREE if you’re 90 or older! Check ☐)

$25, good from July 1, 2015, to June 30, 2016

Your Tax Deductible Contribution to OLLI is welcomed

Total amount (Please make check payable to OLLI)

Payment Method: ☐ Cash ☐ Check Credit Card: ☐ Visa ☐ MasterCard ☐ Discover

Credit Card No. ____________________________ Expiration Date ____________________________

3-digit code on back of card ________ Name on credit card ____________________________
Starting Feb. 9, you can register online at www.usm.maine.edu/olli

OLLI will still accept mail-in and walk-in registrations, but the immediacy of online registration clearly gives the advantage to students who sign up for classes on our website. Please consider giving online registration a try to ensure that you get into your chosen classes.  
(Need computer assistance? See p. 3 for our onsite-help schedule.)

Class availability is first come, first served; with online registration, there is no longer a lottery.

INSTRUCTIONS FOR MAIL-IN REGISTRATION

● Please use ONE FORM for each registrant.
● Fill out the top section of the registration form completely. Leaving sections blank can slow registration.
● Write the offering codes for your top selections for classes in the “1st Course,” “2nd Course,” “3rd Course,” and “4th Course” sections on the form.
● Class availability is first come, first served; with online registration, there is no longer a lottery.
● You may sign up for OLLI workshops on the same form. Write the code for your chosen workshop(s) in the space provided, along with the price of the workshop.
● Add up the fees for your courses and workshops (and membership, if applicable) and note that amount in the space marked “Total Cost for All.”
● As soon as your payment is processed and you are enrolled in your class and/or workshop, you will receive an e-mail confirmation. If you do not have an e-mail account, we will mail you a confirmation.

EXPENSES

Unless otherwise noted, OLLI at USM courses cost $50. Workshops are priced based on the length of each session.

You must be an OLLI member to take courses or workshops. Annual OLLI membership costs $25.

If you have any questions about registration or membership, call OLLI at 780-4406.

REFUNDS

Full refund for classes dropped by April 1. No refunds after that point. You will be refunded for any classes OLLI cancels.

Contact Information

OLLI at USM Office

● Phone: 780-4406
● Location: 210 Wishcamper Center
          USM Portland Campus
● Mailing Address: Osher Lifelong Learning Institute
          USM
          RO. Box 9300
          Portland, ME 04104
OLLI at USM offers many diverse activities beyond the classroom. To participate in any Special Interest Group, you must be a current OLLI member. NOTE: Special Interest Groups are not intended as instructional events.

**American Foreign Policy:** This group meets on the fourth Wednesday of every month from 3:15 to 4:45 p.m. to discuss issues selected by members. Discussions will be led on a rotational basis. All OLLI members with an interest in American foreign policy are invited to join, discuss, and learn. Contact Betsy Mayberry at betsy.c.mayberry@gmail.com for more information.

**Bicycle and Nosh:** If you like to bike, how about joining a group of OLLI members for a ride every couple of weeks, with a delicious treat along the way? Contact Shoshana Hoose at shoshanahoose@gmail.com for more information.

**Book Club:** Members meet the third Thursday of each month from 3:15 to 5:15 p.m. to discuss readings from a variety of genres, including contemporary novels, classics, biographies, memoirs, short stories, etc. Contact Elsa van Bergen at evanbergen@maine.rr.com for more information.

**Bridge Club:** Those who enjoy playing bridge for fun are welcome to join this group every Wednesday from 3:15 to 5:15 p.m. Contact Dottie Clark at dclark50@maine.rr.com for more information.

**Elders for Future Generations:** This is an ongoing, peer-facilitated exploration of the advocacy role seniors can play in shaping policy to promote the well-being of future generations. Contact Fred Brancato at opus3@twc.com for more information.

**History Book Club:** Members read and discuss one work of history on the second Wednesday of each month from 3:15 to 5:15 p.m. Works include social, political, economic and foreign-policy history as well as biography, autobiography, memoir, and historical fiction. Contact Sue Gesing at susangesing@gmail.com for more information.

**Mah Jongg:** Join players every Friday from 3:15 to 6 p.m. at Wishcamper. National Mah Jongg rules and cards are used. Contact Terry Garrett at terrya@maine.rr.com for more information.

**OLLI Night Out:** Come enjoy good food and good company with fellow OLLI gourmets who meet periodically at local restaurants. Watch the OLLI Newsletter for upcoming dates and locations.

**OLLI Singers:** This group, co-directed by experienced leaders and supported by a skilled accompanist, meets every Thursday at 3:15 p.m. to have fun with vocal music and prepare for several performances each year. All are welcome. Contact Chuck Hornberger at chhornberger@gmail.com for more information.

**Outdoor/Walking Club:** Outdoor enthusiasts gather twice a month for invigorating walks in interesting places. They meet at the Back Cove parking lot and carpool. Walking schedules for the year can be found in the OLLI office and in literature racks in Wishcamper. Contact Rae Garcelon at raegaln@aol.com for more information.

**Photography Club:** Shutterbugs at OLLI at USM meet and learn from each other while sharing their love of photography. Contact Sharon Hickey at sharonlh@gwi.net for more information.

**Recorder Ensemble:** In addition to having fun making music together, the Recorder Ensemble also may perform at OLLI at USM events and venues. Contact Barbara Doughty at Babsy1000@yahoo.com or Karen Luse at luse.karen@gmail.com for more information.

**Science Reading Club:** This group is for those interested in exploring science through readings based on members’ interests and recommendations. It meets at 3:15 on the third Tuesday of each month. Contact Elizabeth Housewright at ehousewright@gmail.com for more information.

**Senior Players:** Thespians perform staged readings twice a year at USM and off campus on several occasions. Senior Players is open to all OLLI at USM members. Contact Allan Mills at ajleevbr@gmail.com for more information.

**Ski Club:** A seasonal outlet for downhill skiing enthusiasts, the club welcomes new and returning members. Check the OLLI Newsletter in season for schedules. Contact Lois Winter at lwinter@maine.rr.com for more information.
Mission

OLLI at USM is committed to providing, for its members, a wide variety of stimulating courses, lectures, workshops, and complementary activities in a creative and inclusive learning community.

Vision

OLLI will be driven by the creative and innovative spirit of its founding mission, will maintain its strong sense of community and inclusiveness, expand its abundant opportunities for members to exchange ideas and experiences, and maintain a standard of excellence.

Core Organizational Values

These are the fundamental beliefs of OLLI at USM that guide our planning and decision-making. These core values support our vision, shape our culture, and reflect what we value.

Joy of Learning – We believe that continuing to grow and learn new things is a deeply fulfilling lifelong priority.

Community – We recognize the importance of interaction with other members to share knowledge and experiences, to expand our perspectives, and to make new friends in an atmosphere of inclusiveness, respect, and openness.

Accessibility – We strive to make classes, lectures, workshops, seminars, and activities affordable and accessible for all members.

Excellence – We strive for excellence by committing our intelligence, creativity, and energy to achieving quality in our curriculum, faculty, facilities, operations, and relationships within our community.

Volunteerism – We recognize the crucial importance of volunteers to the success of our programs.
Intellectual Fun for People over 50

www.usm.maine.edu/olli