

## PEER CENTERS, RECOVERY CENTERS AND SOCIAL CLUBS BY COUNTY

### **Androscoggin County:**

100 Pine Street  
Wellness & Recovery  
Lewiston, Maine 04240A  
207-795-6719

MON-FRI 9:00 -5:00  
SAT-SUN-1-5  
HOLIDAYS 1-5

Fax: 795-6040      Tues: Breakfast @9:30    Thurs: Lunch 1:00    Saturday: 12:30 lunch  
E-mail: [bbanton@commonties.org](mailto:bbanton@commonties.org)

The 100 Pine Street Wellness and Recovery is an establishment for individuals with a mental health and or substance use history to gain support and try new coping strategies. The center offers a variety of educational, peer support, recreational and problem solving opportunities to individuals in their own community by being a safe, sober and welcoming environment.

Friends Together  
31 Park Street  
Livermore Falls, Maine 04254  
Phone: 897-1010

HOURS T-W-T-F  
12-4

Email: [friendstogether@verizon.net](mailto:friendstogether@verizon.net)

This is a social club which serves the Jay and Livermore area. The club is involved with the local community and has several different and unique craft projects they work on during the year. They welcome new members to join them.

### **Aroostook County:**

Harvest Inn Social Club  
43 Hatch Drive  
Caribou, Maine 04736  
207-498-2347  
[cdoroen@amhc.org](mailto:cdoroen@amhc.org)

MON-FRI 10-2

The Harvest Inn Social Club is a service of AMHC that assists members with a range of services such as Community Integration, Intentional Peer Support, and personal independence. Membership is open to the public with a self-diagnosed mental illness. The club provides field trips, social events and individual support to members. The Harvest Inn Social Club strives to be a safe, fun and supportive place for members.

Valley Social Club  
272 Main Street Suite 101  
Madawaska, Maine 04756  
207-728-4806  
[sgagnon@amhc.org](mailto:sgagnon@amhc.org)

Valley Social Club is a service of Aroostook Mental Health Center that assists members who have a self-diagnosed mental illness or substance abuse issues. The club provides field trips, social events and individual support to members.

**Cumberland County:**

Amistad

66 State Street 2<sup>nd</sup> floor

Portland, Maine 04104-0992

207-773-1956

Fax: 207-773-2087

E-mail [Amistad1@maine.rr.com](mailto:Amistad1@maine.rr.com)

Website: <http://www.amistadinc.com/>

*The mission of Amistad is to foster a community of people who are facing mental health and other life challenges, develop peer services, and advocate for changes to the mental health system which are based on a belief in recovery, and respect for meaningful consumer voice.*

Learning Resource Center

7 days 9am--7pm

174 Mere Point Road

Brunswick, Maine 04011

207-373-4273

Email: [ahargraves@sweetser.org](mailto:ahargraves@sweetser.org)

Fax: 373-4284

The LRC open 7 days a week. It is a place where peers can connect with other peers. Activities such as crafts, gardening, and disc golf are part of the weekly calendar of events. The center is always ready to welcome new members.

Portland Recovery Community Center

468 Forrest Avenue

Suite A

Portland, Maine

207-553-2575 Fax: 207-512-1202

Website: [www.portlandrecovery.org](http://www.portlandrecovery.org)

The Portland Recovery Community Center stands as a safe haven for people from every addiction recovery pathway and for recovery allies.

The Gathering Place

15 Depot Street

Bridgton, Maine

THURS 12-3

Peer Support Group

207-583-5235  
No fax or email  
Tricia Wakefield (President)

**Kennebec County:**

LINC WELLNESS & RECOVERY CLUB

MON-FRI 7-4:30

38 Memorial Drive  
Augusta, Maine 04330  
PHONE: 207-622-5736  
E-mail [thenderson@mocomaine.org](mailto:thenderson@mocomaine.org)  
Website: [mocomaine.com/linc](http://mocomaine.com/linc)

LINC is a Wellness Center that focuses on personal wholeness. It's for people with a Mental Health or Substance Use Diagnosis who want to be creative, make social connections, contribute to the community, and have a willingness to learn about improving, enhancing, and directing their lives...to get from where they are, to where they want to go.

Waterville Social Club

MON-THURS 8-6

32 Ticonic Street  
Waterville, Maine 04901  
PHONE: 207-873-1027  
FAX 207-873-1027  
E-MAIL [gstevens@mocomaine.com](mailto:gstevens@mocomaine.com)  
Website: [mocomaine.com/Waterville](http://mocomaine.com/Waterville)

FRIDAY 8-8  
Meals served at 4 daily

The Waterville Social Club was opened in 1984 to offer assistance and support to people who are recovering from a severe or chronic mental illness or in conjunction with substance abuse issues. We do not offer therapy, but offer support in a social environment. Members are also offered recreational, educational and rehabilitative activities. The program believes in addressing the immediate and long range needs of each person. Their goal is to give each person the tools to live a productive and fulfilling life.

**Oxford County:**

Beacon House

Open 7 days a week 10-5

3 Canal Street  
Rumford, Maine 04276  
Phone: 207-369-0868  
Fax: 364-2143  
E mail: [hmerchant@ocmh.org](mailto:hmerchant@ocmh.org)  
Website: [www.ocmhs.org](http://www.ocmhs.org)

Lunch: Tues @ noon

The center offers support and assistance for people who are recovering from mental illness or substance abuse issues. They offer recreational and educational activities and look forward to opening their doors to new members

**Penobscot County:**

Bangor Area Recovery Network

142 Center Street

Brewer, Maine

Phone: 207-561-9444

Website: [www.thebarnbangor.com](http://www.thebarnbangor.com)

While all recovery is supported by the Bangor Area Recovery Network, the primary focus is to support and sustain recovery from alcohol and drug addiction.

Together Place

150 Union Street

BANGOR, Maine 04401

207-941-2997

Fax: 941-2996

[angie@mmhc.us](mailto:angie@mmhc.us) (Angie Brown)

Admin Assistant & TPSC co-manager

MON-FRI 8-4 (Club)

Soup Kitchen 12-1:30 Mon thru Fri

Thrift Shop & Food Pantry Wed 9-1

Snack bar 8:30-2:00 Mon thru Friday

Food Pantry & Thrift Shop Wed 9-1

The program offers social, recreational and many educational programs for adults who face challenges in their lives.

**York County:**

Common Connections

32 Alfred St.

Biddeford, Maine 04005

207-282-5455

Fax: 286-2762

[S\\_simpson@csimaine.com](mailto:S_simpson@csimaine.com)

MON-FRI -8:30-4:30

SAT-SUN 10-4

TUES-WED-FRI (reopen) 5:30-8:30

Harmony Support Center

19 Washington Street

Sanford, Maine

207-490-5253

[s\\_simpson@csimaine.com](mailto:s_simpson@csimaine.com)

**Statewide Programs:**

**Advocacy Initiative Network of Maine**

Web site: <http://www.thenetwork123.com/>

PO Box 878

Bangor, ME 04402-0878

E-mail: [ainfrontdesk@adelphia.net](mailto:ainfrontdesk@adelphia.net)

Phone:(207) 951-7007

**Consumer Council of Maine**

Web site: <http://www.maineccsm.org/>

55 Middle Street, Suite 2

Augusta, Maine 04330

**Phone:** (207) 430-8300

**Toll Free:** (877) 207-5073

**Fax:** (207) 430-8301

**Email:** [info@mainecccsm.org](mailto:info@mainecccsm.org)

**Maine Alliance for Addiction Recovery (MAAR)**

Website: <http://www.masap.org/site/maar.asp>

295 Water Street

Suite 200

Augusta, ME 04330

Office: 207.621.4111

Cell: 207.458.4366

Email: [dripley@masap.org](mailto:dripley@masap.org)

**NAMI Maine**

1 Bangor Street

Augusta, ME 04330

Ph: (207)622-5767 or 1-800-464-5767

Website: <http://www.namimaine.org>

**Club Houses in Maine Accredited by Clubhouse International (<http://www.iccd.org/>)**

**Androscoggin County:**

**Looking Ahead Clubhouse**

Director: Kristine Berry

646 Main Street

Lewiston, Maine 04240

Hours: 8:30 – 4:30 M-F Thursday evenings open until 7pm.

Phone: 207-376-1711

Fax: 207-786-9630

The Clubhouses have an in-house prevocational program that focuses on members strengths – not their illnesses. The Clubhouses also offer educational resources to members and encourage them to further their education. Looking Ahead has some evening socials and weekend events on occasion. Some members might not be ready to work, but they are welcome to attend a Clubhouse to deal with any feelings of loneliness and isolation. Membership provides an opportunity for growth and increased self-esteem as well as a sense of empowerment. The Clubhouse is a place where members can meet others, feel accepted and where they are treated with dignity and respect.

**Kennebec County:**

**Capitol Clubhouse**

Director: Kathy Reardon  
37 Stone Street  
Augusta, Maine 04330  
Hours: 8:30 – 4:30  
207-629-9080  
kreardon@kbhmaine.org

The Clubhouse Model of Psychiatric Rehabilitation is used with success at the Capitol Clubhouse in Augusta, the High Hopes Clubhouse in Waterville and Looking Ahead Clubhouse in Lewiston. Their mission is to improve the quality of life for adults who experience mental illness by providing social, educational and employment opportunities. The Clubhouses are independent programs of Kennebec Behavioral Health.

**High Hopes Clubhouse**

Director: Lisa Soucie  
26 College Avenue  
Waterville, Maine 04901  
Hours: 8:00 – 4:00  
Phone: 207-877-0038  
Fax: 207-877-0322

The Clubhouses help to support members overcome barriers to employment by offering services such as job development, job placement, job and financial coaching and job support. A major component of Clubhouse is Transitional Employment. Transitional Employment offers members the chance to work at a paid part time job for 6-9 months. The Clubhouses have established partnerships with local businesses that provide these Transitional Employment opportunities. There is extensive support from both the Clubhouse and employer. High Hopes also has some weekend events and social gatherings planned on a monthly schedule.

**Penobscot County:**

**Unlimited Solutions Clubhouse**

Director: Carrie Lemos  
30 Summer Street  
Bangor, Maine 04401  
Hours: 8:00-4:00  
Phone: 207-404-8383  
Email: clemos@pchcbangor.com  
Web: [www.lpchc.com/clubhouse](http://www.lpchc.com/clubhouse)

Unlimited Solutions Clubhouse focuses on recovery from mental illness through the use of a therapeutic environment that includes responsibilities within the Clubhouse and outside the Clubhouse. The model features

work and membership as primary methods for providing individuals with opportunities in employment, housing, education, skill development, and social activities.