BANDI-RT Instructions

This assessment is designed to follow the MDS 3.0 and to help the practicing recreational therapist review all relevant areas of function and design a RT Care Plan. The minutes and days of RT should be documented in Section O. for eligible residents.

Step 1: Complete the Data Sheet by reviewing the resident medical record and by talking with members of the interdisciplinary team. Data Sheet information provides the recreational therapist with a medical and social overview of the resident and provides safety information. Please include the specific MDS information in the last section.

Step 2. Complete the Mental Status Summary page. The information for this section of the assessment should be taken from the MDS 3.0 Sections C and D. Summarize the findings at the bottom of the page.

Step 3. Complete the Leisure History and Interests interview by using the categories listed in the interview guide. You should say “I want to ask you about things you like to do during your free time. Are there any creative outlets that you enjoy? If the resident is not able to name any you may list a couple from the list, or if the resident is not able to answer ask a significant other about creative activities. Then clarify “do you want to do that now?” or did you do that earlier in your life?” Then move down to entertainment, games, home, nature/outdoors, physical, social/community, technology and new things to try using the categories as your guide. Summarize and prioritize the types of things the resident enjoys at the bottom of the page. This information should guide you in developing a motivating intervention that will lead to a lifestyle change.

Step 4. Complete the MDS Summary page by reviewing the major problem areas or concerns that impact on RT interventions in Sections B, C, D, E., F, G, H, and J. Note Active Diseases from Section I and Skin Condition from Section M. These areas may direct your objectives and methods for interventions.

Step 5. Complete Treatment Considerations page by circling all areas that apply to your resident. This page provides details on function, preferences, and background to help the RT individualize interventions. Included on this page are preferences from Section F and Other Considerations.

Step 6: Complete the Recreational Therapy Care Plan by listing Needs & Problems as well as Strengths. Consider recreational interests as you plan. Design a goal and behavioral objective(s) as step to achieving the goal. Obtain the MD or NP Order for recreational therapy. Review the plan with the resident and sign and date the assessment.

Use the Flow Sheet to record progress during each session. Document your RT minutes and days of treatment in Section O. of the MDS 3.0 even if you are providing co-treatment with another therapist.