Thank you, Barbara, for being a great role model.

When we consider all you have taught and reflect on the kind of person you are,

We may want to be like you—

smart, interesting and engaging, positive, confident, yet unpretentious.

We may want to be like you—

well-informed and easy to understand, thinking with your heart as well as your head, always willing to help us to do our best, with sensitivity and insight.

We may want to be like you—

giving your time, energy and talent to ensure the brightest possible future.

Thank you, Barbara for having the foresight to help establish Senior College at USM LAC for each of us.

Adapted from a poem by Joanna Fuchs
Welcome!

Greetings from the Chair

On behalf of myself and the Board of Directors, I would like to welcome you to start of the spring 2016 Senior College semester. As the Chair I want to encourage you to become a part of this “our” organization.

The Curriculum Committee has been hard at work for many months recruiting old and new instructors and subjects to pique our interest. Wait until you see what they have for you this semester!

We hold classes at the USM L-A campus, Schooner Estates in Auburn, SeniorsPlus in Lewiston and this spring we are collaborating with the Lewiston Public Library to hold a dance class in the Callahan room.

Our clubs: Monthly Dine Around; Night at the Theater; Outdoor Adventure and Cross Country Skiing have been very popular since their inceptions. If you have any special interest and would like to get together with others to share this interest, let us know and we can see if others have that same interest too.

In advance I want to thank all of the Senior College Board members, volunteers and our USM liaison. Without them we could never make this happen. I look forward to meeting many of you during this next semester.

Lucy A. Bisson
Chair, USM LAC Senior College

Greetings from the Dean

It is my pleasure to welcome new and continuing students to Senior College for the spring 2016 session. Our community of faculty, staff, students, alumni and community partners are pleased to have you join our community in pursuit of intellectual enrichment and growth. Our campus is unique in the University of Maine System because it represents a region that we serve through its only interdisciplinary college, its unusual feature as a college and a campus with its own resident community partners (including you!), our Art Atrium, and our Franco-American Collection.

We are pleased to offer you services that include our LA Café, Information Commons, exhibitions in our Atrium Gallery, and all other public events at USM. We have a strong history of collaborating with the Executive Board of Senior College to support our students, offering mutual support to the faculty and staff, and serving each other in a variety of ways.

Thank you for choosing our LA area Senior College. Enjoy yourselves and drop in to visit when you can: I am located in the Dean’s Office, first floor, suite 132.

Sincerely,

Joyce T. Gibson, Ph.D.
Dean
You’re Invited to Join Senior College!

Our mission is to provide a curriculum of intellectually stimulating learning opportunities and special events for persons 50 years of age or older. Senior College is an affiliate of the Elderhostel Institute Network and is one of 17 Senior Colleges throughout Maine. If you are 50 years of age or older, with a curious mind and a keen interest in learning - just for the love of it - you are invited to join with like-minded older learners who are members of the University of Southern Maine Senior College at Lewiston-Auburn College. The classes are taught by peers, with no entrance requirements, grades or tests. Your experience and love of learning are what count.

USM provides us access to classrooms, a library, office space and communications, which enables us to maintain low course and membership fees. In return, many members provide volunteer support to Senior College and our course fees contribute to a scholarship fund for undergraduate students and/or other College needs.

Membership
Senior College is self-sustaining, administered by its own Board of Directors, and supported through an annual membership fee of $25. This fee covers the academic year September 1 through August 31. Your annual membership allows you to receive Senior College mailings, the use of the campus Information Commons (Library), and participate in all Senior College courses and Special Interest Senior College Groups.

**IMPORTANT:** Members will be permitted to sign up for our FREE one day Winter Senior College classes. Members who attend a Senior College course will be permitted to use the USM LAC’s Computer lab.

General Information
Course Fees: Course fees, which include the cost of most books and materials, are set at $25 each for the first two courses and $10 for each additional course.

Tuition Waivers: A limited number of tuition waiver applications are available upon request and are reviewed by the Chairs of the Board of Directors. Please call the Senior College office at 753-6610 to have an application sent to you or visit our web site at [usm.maine.edu/seniorcollege](http://usm.maine.edu/seniorcollege) to download an application.

Schooner Estates Scholarship Fund: This scholarship provides money for any senior in the community interested in joining Senior College and taking courses. Seniors interested in courses but feel they cannot afford membership or the cost of the courses can apply for this scholarship from Schooner Estates when they make application to Senior College. Please call the Senior College office at 753-6610 to have an application sent to you or visit our web site at [usm.maine.edu/seniorcollege](http://usm.maine.edu/seniorcollege) to download an application.

Registration: REGISTRATION IS BY MAIL ONLY at USM Senior College, 51 Westminster Street, Lewiston, Maine 04240. Make checks and money orders payable to USM Senior College. Registration form is on page 12. In the interest of fairness and simplification of operations, there will be:

- **NO PHONE REGISTRATIONS**
- **NO WALK-IN REGISTRATIONS**
- **NO MAILED CONFIRMATIONS**

The final date for acceptance of registration of all courses will be the close of the business day on **FRIDAY, March 11, 2016**. A lottery for oversubscribed courses will be held the week of March 14, 2016.

Scholarship and Program Assistance:
Senior College will allocate up to $4000 each year to be used for USM LAC undergraduate Scholarships and/or other College needs approved by the Board of Directors on a yearly basis.
When and how should I register?

LOTTERY FOR OVERBOOKED COURSES
Registration will be accepted by MAIL ONLY. All classes have a maximum number of people who can be enrolled—limited by the size of the rooms at USM LAC and by the instructors. TO ENSURE ALL COURSE REQUESTS ARE HANDLED EQUALLY, ANY ADMISSIONS TO OVERBOOKED COURSES WILL BE DETERMINED BY A LOTTERY DRAWING. All registrations and payments must be in by close of the business day Friday March 11, 2016. The Lottery for all oversubscribed classes will be the week of March 14, 2016; people not selected for the class will be called and can get a refund for the class or select another class.

How can you pay for a course and membership?
Payments must be made by personal check or money order.

How will I know where my classroom is located?
There will be a course schedule posted at all 3 entrances on the 1st day of classes and will remain there throughout the semester. Please look for the “goldenrod” colored paper. Classroom locations will be posted on the web site.

What if I decide I don't want to take a course after I have attended the first one?
A student has the first two weeks of the semester to drop a course, return all books and materials.
- Choose another course for the remainder of the semester OR
- Receive 100% refund for each dropped class. Annual membership fee WILL NOT be refunded.
Please leave a message with your choice of one of the above options at the Senior College office using this number only 753-6610. Your call will be returned. After the first two weeks, no refund will be made.

Inclement Weather
In the event of inclement weather, classes will be held as scheduled if Lewiston-Auburn College is open. If you are unsure, call our storm line at 780-4800 or visit usm.maine.edu/lac for updates.

Parking at USM/City Bus Service
The USM LAC campus has safe and well-lit parking for students, members of Senior College and guests. Senior College members do not have to pay a parking fee. In addition, USM LAC is served by the city bus. It has regular stops on campus throughout the day which make attending Senior College classes easy and convenient! The bus stop is located by the corner of the building near the Senior College office. Riders may wait inside where it is warm, safe and dry! Visit purplebus.org for L/A bus schedule.

USM ID Cards/Lost and Found: To receive a USM ID Card, go to the Student Success Center. The ID card allows access to the computers for Senior College students attending a Senior College course, borrowing books from the Information Commons and adding money to use at the Café without paying sales tax. If you realize your classmate has left an item behind after class, please bring it to the Student Success Center across from the Information Commons.

Maine Association of Retirees (MAR) Member Benefits: MAR members’ benefits include reimbursement for registration costs to attend Maine’s Senior College. MAR members receive reimbursement up to $15 of the membership registration cost when signing up to attend courses through Maine’s Senior College. Please provide your MAR member number (found on your MAR newsletter address label or by calling MAR at 582-1960) on the registration form for reimbursement. Arrangements have been made with MAR as follows: Senior College will fax reimbursement information to MAR when registration closes. Senior College will NOT mail out reimbursement receipts to members for submission to MAR.
Senior College Community Collaborations

Senior College has entered into agreements with four local organizations:

Schooner Estates in Auburn is a retirement community located at 200 Stetson Rd. that provides free transportation for the residents to Senior College classes. They also provide for the Schooner Estates Scholarship Fund, which helps any senior who wishes to take a Senior College class, but needs help in paying for the class. (see page 2 for details). At least one class will be conducted each semester at Schooner Estates.

Senior College will offer free one-day events, at Auburn Public Library and Lewiston Public Library. Library space will be provided free of cost.

Senior College will offer at least one class each semester at SeniorsPlus located at 8 Falcon Road, Lewiston. Space will be provided free of cost. These collaborations will provide more people in the community an opportunity to experience programs provided by USM - LA Senior College.

Other Interests on Campus

Atrium Art Gallery: The Atrium Art Gallery, centrally located in the expansive center of USM LAC, presents a year-round schedule of exhibitions. For more details, please visit the web site located at usm.maine.edu/atriumgallery

Melita Westerlund Retrospective
January 19, 2016 - May 27, 2016
The Atrium Art Gallery will present a retrospective of internationally acclaimed sculptor Melita Westerlund. Reception will be on Friday, April 1, 2016, 5:00 p.m. to 7:00 p.m.
Hours: Monday-Thursday, 8 a.m.-8 p.m.; Friday, 8 a.m.-4:30 p.m.; Saturday, 9 a.m.-3 p.m.; closed holidays.
Free and open to the public.

Café L-A: Visit the Café L-A for freshly baked goods, salads, sandwiches and daily specials, The cafe is open Monday-Thursday 7:45-3:00 p.m. and Friday 7:45-1:30 p.m. For more information, visit the web site at www.usmdining.com

Franco-American Collection: The College houses one of the largest repositories of Franco-American archival material in the State of Maine. It consists of documents, photographs, artifacts, and audio/visual materials and covers local history, government, religion, language, education, industry, sports and the arts. The Collection focuses on Lewiston-Auburn and other areas of Maine, with additional regional materials providing a link to the wider contexts of French North America. In keeping with its educational, research, and community service mission, the College acquired this collection to develop and promote interest in Franco-American culture and history on the part of the academic community and the community at large. The Collection is located in Room 171, and is generally open Monday-Thursday, from 10am-4pm, but is occasionally closed to accommodate the Coordinator’s schedule. Call (207-753-6545) or e-mail (janet.roberts@maine.edu) if you wish to make an appointment or to confirm that it will be open for your visit. FMI: http://usm.maine.edu/franco
Special Memberships at USM LAC Senior College

Senior College at USM LAC - Offers a variety of activities beyond the classroom. Four Senior College Clubs for members have been approved by the Board of Directors. The number and types of clubs are based on member interest and volunteer leaders. For additional details go to usm.maine.edu/seniorcollege and click Clubs on the right side of the screen.

Cross Country Skiing - Members gather at the Auburn Nordic Ski Club Training Center for 2-3 hours of x-country skiing on their groomed trails. Fees are $2.50 per person per week or $70 for the season for the group. Rentals are available at Lost Valley, Auburn. Beginner and experienced skiers are welcome. If you can walk, you can x-country ski! Contact: Paul & Sally Belisle- spasabel@yahoo.com

Monthly Dine Around - Members eat out at least once a month, generally in the evening. The meeting schedule is decided by the membership. Contact John Hodgkins - jahodg@twc.com

Night at the Theater - Members meet to visit theater productions in the south-central part of Maine. The visit schedule is decided by the membership. Contact: David Marshall- drmicm@roadrunner.com

Outdoor Adventure - Activities may include canoeing, kayaking, snowshoeing, skating, zip lining, etc. Activities, locations and frequency are determined by the membership. Contact: Pat Vampatella & Cindy Boyd- ppvamp@maine.rr.com

Instructors Wanted - If you have a job or hobby you enjoy perhaps it is time to volunteer to teach a course to share your skills and knowledge with others at Senior College. We are always looking for different and interesting courses that meet for a few hours a day or for several weeks. There are no tests or papers to grade and you will meet some terrific people who have a curious mind and an interest in learning just for the fun of it. For more details, contact the Curriculum Committee by calling David Bernier at 207-784-0890 or e-mail him at dbernier@midmaine.com. You may also contact our USM LAC Liaison, Sandi Croft at 207-753-6610

2016 Clubs

Other Volunteers Wanted!

Senior College is a volunteer run organization and USM LAC is very generous in donating space as well as Sandi Croft as staff liaison. However, much work is required to achieve our goals and “many hands make light work.” Members of Senior College are encouraged to volunteer and provide valuable assistance with our activities.

Please circle the kind of activity that interests you, then mail in with your Registration.

Committee work: Catalog, Curriculum, Finance, Nominations, Policy/By-laws, Public Relations, Excursions, Special Events, Bulletin Board, Food for Thought.

Registration Committee: Data entry-computer skills needed.

Volunteer Committee: Photographer, photocopying, mailing, greeters, answering phones, etc.

Member: Board of Directors.

NAME ___________________________________________

ADDRESS _________________________________________

E-MAIL ___________________________________ PHONE _______________________

Mail in with your registration form to:
USM LAC Senior College, 51 Westminster Street, Lewiston, ME 04240
# Course Schedule At-a-Glance

<table>
<thead>
<tr>
<th>TIME</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
<tr>
<td>Morning</td>
<td></td>
<td>Special Destinations</td>
<td>Intermediate French</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9:00 to 2:00</td>
<td>Food and Culture</td>
<td></td>
<td>Creating Paper Art!</td>
<td></td>
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<tr>
<td>9:30 to 11:30</td>
<td></td>
<td>Introduction to Study of Religion (Schooner Estates)</td>
<td>Exploring Spirituality</td>
<td></td>
<td>Spanish, Step 2</td>
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<td></td>
<td></td>
<td>History of Futures and Commodities Trading</td>
<td>Spirituality</td>
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<td>Humanity</td>
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<tr>
<td>Afternoon</td>
<td>Drama</td>
<td>Badly Behaved Women</td>
<td>Great Decisions</td>
<td>Lake Auburn</td>
<td>Maine Trees</td>
</tr>
<tr>
<td>1:00 to 3:00</td>
<td>Modern Vietnamese Fiction and Film (SeniorsPlus)</td>
<td>Jubilados: Paticando y Practicando</td>
<td>Capitol Hill</td>
<td>American Indians</td>
<td>Genealogy</td>
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<tr>
<td>3:00 to 5:00</td>
<td>New England Folk Dance (Lewiston P.L.)</td>
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See course descriptions and schedule details on pages that follow

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**Excursion Trips**

This year’s Excursion Trip Leaders are Cindy Boyd and Claire Bilodeau. Joyce Berg has moved back to Massachusetts and we wish her the best. In 2015 we took a ride around Lake Winnipesaukee on the M/S Mount Washington and enjoyed the musical “The Million Dollar Quartet” at the Ogunquit Playhouse. We are researching places to visit in 2016. The Excursion Trips give members the opportunity to experience different adventures and spend time together.

Watch for the Flier and E-mails!
**Monday Classes**

**Food and Culture**
Food is essential to our survival, yet it seems too ordinary to be a vigorous academic subject. Nonetheless, food connects us to many different aspects of human existence. The concept of food encompasses our experience of our bodies – beauty and ugliness, cultural traditions, social identity and relationships, power and politics, and global economy. In this course, we will use “food” as a lens to examine some of the most significant issues facing humans today. We will focus on health, culture, communal spirit, social justice, and sustainability.

**Instructor:** Mark Silber, Ph.D
Mark has been teaching Anthropology at USM LAC since 1998. He received his B.A. from Harvard and a Ph.D in Medical Anthropology from Boston University.

6 Mondays 9:30-11:30 a.m.
March 28
April 4, 11, 18, 25
May 2
Class Limit: 20

**New England Folk Dance: The French Connection**
This course will introduce students to the evolution and basics of traditional New England contra dancing (similar to square dancing) as well as a variety of French Canadian social dances. The dancing will be augmented by selected readings and group discussion. No dance experience is required for this class. Please call or e-mail Cindy at 782-0386 or cindylarock@gmail.com for more information.

**Instructor:** Cindy Larock
Cindy is a “Franco-Yankee” Lewiston native who has been long immersed in Maine’s traditional dance scene. She has taught both folk and ballroom dance at Bates College. She holds a BA degree in theater from Bates and an MA in theater education from Adelphi University.

6 Mondays 3:00-5:00 p.m. (Callahan Hall, Lewiston PL)
March 28
April 4, 11, 25 (No Class on April 18th, Patriot’s Day)
May 2, 9
Class Limit: 50

**Drama, Its History Through Participation**
Student activities in class will be examples of the history of Drama.

**Instructor:** Hugh Keene
Hugh received a B.A. at UMF, a M.A. at UMO, and an advanced degree in physics at Wesleyan University. He chaired the science department at Edward Little H.S. for 28 years and was the drama coach, producing over 65 plays and musicals.

6 Mondays 1:00-3:00 p.m.
March 28
April 4, 11, 18, 25
May 2
Class Limit: 30

**Modern Vietnamese Fiction and Film**
With five back-to-back wars in Vietnam between 1935 and 1985, and with virtually no one in charge of Vietnam in those years much interested in freedom of expression, little in the way of fiction or film was published. But starting in about 1985, the Vietnamese government, albeit with great nervousness, began to allow some fiction and film as part of the program of openness which kept political power but reprivatized land and businesses.

**Instructor:** Bill Hiss
Bill Hiss is a retired Dean of Admissions, VP and faculty member in Asian Studies at Bates. He taught a First Year Seminar class in modern Asian and Somali fiction and film, societies that had experienced cataclysms. He and his wife, Colleen Quint, have an adopted daughter from Hanoi. They have been to Vietnam twice as the country was opening to the West after the lifting of the blockade on Vietnamese products.

6 Mondays 1:00-3:00 p.m. (SeniorsPlus, Lewiston)
March 28
April 4, 11, 18, 25
May 2
Class Limit: 30

**Tuesday Classes**

**Special Destinations**
This group travel course provides an opportunity to visit places of interest in our region. The class will travel to historical sites, places of business, and museums. Participants meet at the college to discuss the plan for the day each Tuesday at 9:00 a.m. Entrance fees will be covered by enrollment cost but travel and lunch will be each person’s responsibility. So, “Let’s get outta town” (or maybe stay nearby) and see what’s happening. The group will gather at the rear entrance of USM LAC for travel directions.

**Instructor:** Dorothy Rupert
Dot is a retired elementary teacher and has guided numerous trips for Senior College. She is a past member of the Senior College Board of Directors.

6 Tuesdays 9:00 a.m.–2:00 p.m.
March 29
April 5, 12, 19, 26
May 3
Class Limit: 22

**Intermediate French**
This course is for those who already have some skills in French or want to acquire more knowledge.

**Instructor:** Ann Anctil
Ann received degrees from St. Joseph’s College and an M.A. in French from the University of Maine. She was a French interpreter in France and the U.S. for 20 years. Ann is bilingual in Canadian French and standard French.

8 Tuesdays 9:30-11:30 a.m.
March 29
April 5, 12, 19, 26
May 3, 10, 17
Class Limit: 25
Tuesday Classes

An Introduction to the Study of Religion
This course will examine the academic disciplines of religious studies and the many ways scholars, philosophers, and scientists have studied observable manifestations of religion. Also to be examined are the disciplines and theories of the social sciences which include sociology, psychology, anthropology and phenomenology.

Instructor: Charles W. Plummer, Ph.D
Dr. Plummer has taught many courses for Senior College at USM-LA and MidCoast Senior College. In addition to his doctorate in Religious Studies he holds degrees in Education and Metaphysics.

8 Tuesdays 9:30-11:30 a.m. (Schooner Estates)
March 29
April 5, 12, 19, 26
May 3, 10, 17
Class Limit: 25

Badly Behaved Women
If “well-behaved women seldom make history” (Laurel Ulrich), guess which women do! This course is repeated from Fall 2015 and will examine European women’s history by considering the lives of some women you may have heard of (Eleanor of Aquitaine, Florence Nightingale) and others you probably haven’t (Alexandra Kollontai, Margaret Fell).

Instructor: Christine Holden
Dr. Holden has a Ph.D in European History and has taught at Bates College and USM. She originated courses in European and U.S. Women’s History at USM, and researches the history of Ravensbruck, the concentration camp for women in Nazi Germany.

6 Tuesdays 1:00-3:00 p.m.
March 22, 29 (NOTE START DATE)
April 5, 12, 19, 26
Class Limit: 25

History of Futures and Commodities Trading
The history of Chicago’s commodities exchanges, ranging from grain and cattle to currencies and carbon, will provide the instructor’s latest course in the understanding of investments. The text, “The Futures”, by Emily Lambert, will be the class reference guide.

Instructor: Andrew M. Saucier
Andrew is a financial advisor with Edward Jones Investments, registered with FINRA, NYSE, NASDAG and is a certified investment advisor representative in all 50 states. He received a B.A. in Political Science with a minor in Economics from USM in 2008.

6 Tuesdays 9:30-11:30 a.m.
April 12, 19, 26
May 3, 10, 17
Class Limit: 30

Jubilados: Practicando y Plicando
This is an advanced course that will increase vocabulary and refine grammatical skills by listening, speaking, and exploring the nuances of Spanish. Students should know basic Spanish grammar and many verbs in commonly used tenses and moods.

Instructor: Barbara Oliver
Barbara has earned a B.A. in Music Education from the College of William and Mary and a M.A. in French from Middlebury College. She has studied in Madrid and has taught Foreign Language Methodology.

8 Tuesdays 1:00-3:00 p.m.
March 22, 29 (NOTE START DATE)
April 5, 12, 19, 26
May 3, 17, (No May 10 class)
Class Limit: 10
Creating Paper Art!
Learn the joys of paper sculpture! In this course we will explore creating with paper. This is not origami. We will hand cut and layer paper to make delightful original pieces. No experience needed. Patterns and templates will be provided or you can follow your imagination.
Instructor: Karen Brooks
Karen is an artist who creates and exhibits paper sculpture. Her work can be seen at www.karenbrooksartwork.com She is a member of the Paper Artist Collective, which showcases and exhibits the work of paper artists worldwide.
6 Wednesdays 9:30-11:30 a.m.
March 30
April 6, 13, 20, 27
May 4
Class Limit: 12

Exploring Spirituality
Every life stage has its own-age appropriate learnings, challenges and questions. These can be categorized as physical, emotional, intellectual and /or spiritual. Gerontologists have become increasingly aware of the importance of spirituality for the well-being of seniors. Seniors themselves reveal that with more time to focus on being rather than doing, the issues of spirituality often take center stage. This course will explore the everyday sacred with a special emphasis on Sanctuary—that place that grounds us, restores us and nourishes us.
Instructor: Marguerite Stapleton
Marguerite has a B.A. from Immaculata College and a M.S. from the University of Illinois. She has more than 35 years helping women and men uncover the depth of their spirituality. She has created and led retreats, workshops and conferences throughout the United States and Canada.
6 Wednesdays 9:30-11:30 a.m.
March 30
April 6, 13, 20, 27
May 4
Class Limit: 30

Humanity: A Search for Meaning and Identity
In the book “Lord of the Flies” by William Golding, a plane crashes with a group of pre-pubescent boys who then become stranded on a deserted island, with no adult supervision. The author closely studies their attempts at creating a new/better civilization.
Instructor: George R. Blouin
George retired in 1999 after an extensive career teaching English, speech and drama at high schools in New York state. He has a B.A. from the University of Maine-Orono and a M.A. from the University of New York at Stonybrook. An organist and choir director, his cantata was sung at the inauguration of Lewiston’s Basilica of Saints Peter and Paul.
6 Wednesdays 9:30-11:30 a.m.
March 30
April 6, 13, 20, 27
May 4
Class Limit: 30

Great Decisions Discussions 2016
Great Decisions Discussions is a name shared by a program and a publication of the Foreign Policy Association. This program is designed to encourage debate and discussion of some of the most important global issues of our time. Participants will be provided materials that help them reach informed opinions on the issues. Topics to be discussed this semester are: The Future of Kurdistan, Migration, The Koreas, The United Nations, Climate Change, Cuba and the United States.
Instructors:
Patricia Vampatella, R.N., Ed.D. and Marty Gagnon
Pat is a retired Nurse Clinician/Educator, and Higher Education Administrator with degrees from Molloy College, Boston University, and the University of Maine at Orono. She is a member of the LA Senior College Board of Directors.
Marty is a graduate of La Salle University. He is the Adult Services Manager at the Auburn Public Library where he supervises the Reference Department and plans all adult programming.
6 Wednesdays 1:00-3:00 p.m.
March 30
April 6, 13, 20, 27
May 4
Class Limit: 15

Capitol Hill
This course will be an overview of the Legislative branch of the Federal Government. How was it set up to work in Article I of the Constitution? Why does it seem to not be working now? What is the “art” of compromise? Who are the major players in Washington, DC?
Instructor: Crystal Ward
Crystal earned a B.S. in History and Political Science at UMPI and a M.S. in Secondary Education/History from UMO. She has 34 years teaching experience with 20+ in American Government at Lewiston High School.
6 Wednesdays 1:00-3:00 p.m.
March 30
April 6, 13, 20, 27
May 4
Class Limit: 28
Advanced Conversational French
This course is for students already well versed in French who want better language and speaking skills.
Instructor: Ann Anctil
Ann received a degree in History from St. Joseph’s College and a M.A. in French from the University of Maine. She was a French interpreter for over 20 years in France and the U.S. Ann is bilingual in Canadian French and standard French.
8 Thursdays 9:30-11:30 a.m.
March 31
April 7, 14, 21, 28
May 5, 12, 19
Class Limit: 25

Greek and Roman Mythology
What made Hercules so special? Why was Hera always upset? Was Pygmalion an early Victor Frankenstein? And what was wrong with Achilles heel? Yep, the Romans stole from the Greeks. Join veteran Senior College instructor Alan Elze for a tongue in cheek look at Greek and Roman mythology.
Instructor: Alan Elze
Alan has taught over 24 courses over a wide range of subjects at Senior College. He and his wife Roberta have crisscrossed the U.S. several times, and have presented programs on many of the amazing sights.
8 Thursdays 9:30-11:30 a.m.
March 31
April 7, 14, 21, 28
May 5, 12, 19
Class Limit: 32

Maine Artists You May Not Know
There are many superlative artists from Maine that have not achieved the attention they deserve. This course will introduce and review many of them for their backgrounds, their styles and their place in the Maine artist scene.
Instructor: Kirsten Larsson-Turley
Kirsten is a graduate of the University of Maine with a B.A. degree. Her background includes graduate work, 15 years as a docent at the Portland Museum of Art and a retired Docent Emerita, and has served as a docent at several other museums.
6 Thursdays 9:30-11:30 a.m. (Schooner Estates)
March 31
April 7, 14, 21, 28
May 5
Class limit: 20

Lake Auburn - Androscoggin County’s Natural Treasure
This course will familiarize students with Lake Auburn and its watershed, from historic usage to present day management and the protections for future generations. Classes will explore the history of the lake from 1600 to the present, the science of water, a natural history overview of the Lake Auburn area, and a field trip to the Spring Road.
Instructors: Paula Curtis-Everett and Lynne Richard
Paula is a recent graduate of the Maine Master Naturalist program and is a Master Gardener. Lynne is the Education and Outreach Manager for the Lake Auburn Watershed Protection Commission.
4 Thursdays 1:00-3:00 p.m.
April 7, 14, 28 (No class April 21)
May 5 (Field Trip)
Class limit: 15

American Indians: Catastrophe and Endurance
For American Indians, the advent of Europeans heralded catastrophe. Yet, Indian peoples endured and strove to reconstruct their lives, often with considerable eventual success. Class readings, comprising real life case materials describing these processes, are intended to evoke the depth of the catastrophe and the destruction of Indian lives and communities. As well, they evoke an epic human endeavor, viz., the cultivation of lifeways and identities viable in the new circumstances following the personal and cultural catastrophe inflicted by the white settler society.
Instructor: Steven Piker, Ph.D
Dr. Piker is an anthropologist who retired from Swarthmore College after a long teaching career. He has researched Theravada Buddhism in Thailand and religious conversion in the U.S. Steve has provided courses for Senior College in Portland and at L-A Senior College.
8 Thursdays 1:00-3:00 p.m.
March 31
April 7, 14, 21, 28
May 5, 12, 19
Class limit: 25
Spanish, Step 2
Students will learn to describe a house, clothes, and give and understand directions in a city, and ordering foods in restaurants. Focus will be on speaking and listening.
Instructor: Jean Roy
Jean received a B.A. degree in French & Spanish from Bates College and earned a Masters degree in Secondary Education from the University of Maine in Orono. She also taught both languages at Lewiston High School and at Mt. Blue High School in Farmington.
6 Fridays 9:30-11:30 a.m.  
April 8, 15, 22, 29, (No Class on April 1)  
May 13, 20 (No Class on May 6)  
Class Limit: 25

Maine Trees, Top to Bottom
Trees cover about 85% of Maine’s landscape, but have you ever wondered what kinds of trees are out there? As we learn to identify trees by their features (leaves, bark, twigs, and fruit) we will also discuss their associations with plants and other animals, their role within a natural community, and their value to humans.
Instructor: Pam Davis Green
Pam is a Maine Master Naturalist with interests in botany, landscapes, and natural communities. She is a Maine native with a B.A. in Environmental Science from the University of Maine at Farmington.
6 Fridays 1:00-3:00 p.m.  
April 1, 8, 15, 22, 29  
May 6  
Class Limit: 15

Genealogy Online (and Off)
Strategies, standards and resources for online genealogical research: getting started, record types, locations, organizing what you find, breaking through brick walls, and what to do when it isn’t online. Students should be comfortable using a computer.
Instructor: Ethelind “Lin” Wright
Lin is a self-taught genealogist with more than three decades of experience. She has a Masters degree in American and New England Studies and volunteers as a church historian and DAR registrar.
8 Fridays 1:00-3:00 p.m.  
April 1, 8, 15, 22, 29  
May 6, 13, 20  
Class Limit: 20

Senior College Mission Statement
To provide a curriculum of intellectually stimulating learning opportunities and special events for persons 50 years of age or older.
Course Fees
Course fees, which include the cost of most books and materials, are set at $25 each for the first two courses and $10.00 for each additional course. A limited number of scholarships are available. See page 2 for details.

NO REGISTRATIONS ACCEPTED AFTER FRIDAY, MARCH 11, 2016

<table>
<thead>
<tr>
<th>CRN#</th>
<th>Course Title</th>
<th>Instructor</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>73018</td>
<td>Food and Culture</td>
<td>M. Silber</td>
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</tr>
<tr>
<td>73019</td>
<td>Drama, Its History Through Culture</td>
<td>H. Keene</td>
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</tr>
<tr>
<td>73020</td>
<td>Modern Vietnamese Fiction and Film</td>
<td>B. Hiss</td>
<td></td>
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<tr>
<td>73021</td>
<td>New England Folk Dance: The French Connection</td>
<td>C. Larock</td>
<td></td>
</tr>
<tr>
<td>73022</td>
<td>Special Destinations</td>
<td>D. Rupert</td>
<td></td>
</tr>
<tr>
<td>73023</td>
<td>Intermediate French</td>
<td>A. Anctil</td>
<td></td>
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<tr>
<td>73024</td>
<td>An Introduction to the Study of Religion</td>
<td>C. Plummer</td>
<td></td>
</tr>
<tr>
<td>73025</td>
<td>History of Futures and Commodities Trading</td>
<td>A. Saucier</td>
<td></td>
</tr>
<tr>
<td>73026</td>
<td>Badly Behaved Women</td>
<td>C. Holden</td>
<td></td>
</tr>
<tr>
<td>73027</td>
<td>Jubilados: Practicando y Platicando</td>
<td>B. Oliver</td>
<td></td>
</tr>
<tr>
<td>73028</td>
<td>Creating Paper Art!</td>
<td>K. Brooks</td>
<td></td>
</tr>
<tr>
<td>73029</td>
<td>Exploring Spirituality</td>
<td>M. Stapleton</td>
<td></td>
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<tr>
<td>73030</td>
<td>Humanity: A Search for Meaning and Identity</td>
<td>G. Blouin</td>
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<tr>
<td>73031</td>
<td>Great Decisions Discussions 2016</td>
<td>P. Vampatella</td>
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</tr>
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<td></td>
<td></td>
<td>M. Gagnon</td>
<td></td>
</tr>
<tr>
<td>73032</td>
<td>Capitol Hill</td>
<td>C. Ward</td>
<td></td>
</tr>
<tr>
<td>73033</td>
<td>Advanced Conversational French</td>
<td>A. Anctil</td>
<td></td>
</tr>
<tr>
<td>73034</td>
<td>Greek and Roman Mythology</td>
<td>A. Elze</td>
<td></td>
</tr>
<tr>
<td>73035</td>
<td>Maine Artists You May Not Know</td>
<td>K. Larsson-Turley</td>
<td></td>
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<tr>
<td>73036</td>
<td>Lake Auburn: Androscoggin County’s Natural Treasure</td>
<td>P. Everett</td>
<td></td>
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<td></td>
<td></td>
<td>L. Richard</td>
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<tr>
<td>73037</td>
<td>American Indians: Catastrophe and Endurance</td>
<td>S. Piker</td>
<td></td>
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<tr>
<td>73039</td>
<td>Spanish, Step 2</td>
<td>J. Roy</td>
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<tr>
<td>73040</td>
<td>Maine Trees, Top to Bottom</td>
<td>P. Davis Green</td>
<td></td>
</tr>
<tr>
<td>73041</td>
<td>Genealogy Online (and Off)</td>
<td>L. Wright</td>
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</tbody>
</table>

Please make checks payable to: USM LAC Senior College.
Mail check and completed form to: USM LAC Senior College
51 Westminster St.
Lewiston, ME 04240

Membership Fee
$25 per Academic Year
Sept. 1, 2015 to Aug. 31, 2016

Sub total

Membership Fee (see box to the left)

Membership Fee or NOT? See inside back cover.

Total amount of check submitted
Senior College Board of Directors

Front row: David Bernier, Cynthia Peters, Lucy Bisson, Cindy Boyd, Joanne Sabourin
Back row: Anita Poulin, Richard Lee, Crystal Ward, Paul Robinson, Pat Vampatella, Claire Small,
Rachel Morin, Claire Bilodeau, Sharon McGilvery, Don Favreau

Important Member Information

We Need Permission to Use Your Photograph!!
The University of Southern Maine Senior College at Lewiston Auburn College is required to get permission from members to USE or
NOT USE photographs taken during any Senior College class or activity during the 2015-16 academic year. This would include
photographs taken for the Senior College web site and any publications such as newspapers and catalogs.
It is understood that members have the right to revoke this authorization at any time. To revoke this permission the member must
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or published prior to Senior College’s receipt of the written revocation, but will apply only to future photographs.
Please check off “Yes” or “No” on the registration form on page 12 of this catalog. If a member has not
checked “Yes” or “No” Senior College will assume that it has permission to use the photo until advised
otherwise by the member.

Membership Fee or NOT?
Not sure if you’ve paid your membership for this academic year? Just look at your mailing label. If it reads Fall 2015 under your
name, your membership is current and you DO NOT need to pay membership fee this Spring, only your class fees. If Fall 2015 is not
listed under your name, you DO pay the $25.00 membership fee as well as your class fees.

We will not contact you unless you cannot get in a course you selected.
CANCELING A CLASS? PLEASE call 753-6610 so we may reassign your seat.
Books/materials must be returned immediately!!

Fill out this handy form with the information about the classes you have elected to take.
Then clip the form and keep it in your wallet or purse for a quick easy reference

<table>
<thead>
<tr>
<th>Course #</th>
<th>Date</th>
<th>Time</th>
<th>Place</th>
<th>Course Description</th>
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<tr>
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</tbody>
</table>
## Celebrating 18 Years

### Contents

<table>
<thead>
<tr>
<th>Contents</th>
<th>PG</th>
<th>Course Title</th>
<th>PG</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dedication (see inside front cover)</td>
<td>1</td>
<td>Course Schedule at a Glance/Excursions</td>
<td>6</td>
</tr>
<tr>
<td>Welcome</td>
<td>2</td>
<td>Monday - Friday Courses</td>
<td>7-11</td>
</tr>
<tr>
<td>You Are Invited</td>
<td>3</td>
<td>Food For Thought</td>
<td>11</td>
</tr>
<tr>
<td>Tips, Hints, Reminders</td>
<td>4</td>
<td>Registration Form</td>
<td>12</td>
</tr>
<tr>
<td>Collaborations/Other Interests</td>
<td>5</td>
<td>Board of Directors, Important Information, Membership Fee Detail, and Course Log (see inside back cover)</td>
<td></td>
</tr>
<tr>
<td>Special Memberships Volunteer Form/Clubs</td>
<td></td>
<td></td>
<td></td>
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</tbody>
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