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# Table of Contents

Introduction .................................................................................................................. 1  
How to Register an Account .......................................................................................... 2  
How to Sign In to the Web Site .................................................................................... 4  
How to Retrieve a Forgotten Username or Password .................................................... 5  
How to Take the Clifton StrengthsFinder Assessment .................................................... 7  
How to Get Your Reports .............................................................................................. 9  

**StrengthsQuest Reports** ........................................................................................ 10  
  Signature Theme Report ............................................................................................ 11  
  Brief Theme Report .................................................................................................. 12  
  Strengths Insight and Action-Planning Guide ............................................................. 13  
  Strengths Insight Report ........................................................................................... 14  
  Top 5 Certificate ....................................................................................................... 15  
  Student Action Items ................................................................................................. 16  
  Teacher Action Items ................................................................................................. 17  
  Professional Action Items .......................................................................................... 18  

Language Availability ................................................................................................. 19
Introduction

StrengthsQuest is Gallup’s strengths development program for college-aged and college-bound students. It gives people the opportunity to develop strengths by building on their greatest talents — the way in which they most naturally think, feel, and behave as unique individuals.

By registering an account on the StrengthsQuest Web site, you will be able to take the Clifton StrengthsFinder assessment, view your strengths reports, and share your results with others. If you took the Clifton StrengthsFinder assessment in the past, you can choose to skip the assessment and instead use your past results to take advantage of all the features on the StrengthsQuest Web site.
How to Register an Account


2. On the upper-right corner of the main page, click **Register**.

3. On the Access Code page, type your access code and the verification code (that appears on the page) in the corresponding fields. Then click **Continue with Registration**.

**NOTE:** The verification code is not case-sensitive.
4. Provide the following information on the Account Information page:
   - Your first and last name
   - Your e-mail address
   - A username
   - A password
   - An answer to a security question (e.g., What is your mother’s maiden name?)

   Please also answer any additional questions that appear on the page.

   NOTE: Your username must be between 8 and 50 characters in length and contain no spaces.

   NOTE: Your password must be between 8 and 50 characters in length and meet two of
   the following criteria: contain uppercase letters, contain lowercase letters, contain
   numbers, or contain any of the following symbols: #, $, !, &.

5. After providing your information, click **Continue** at the bottom of the page.

6. After you successfully register a StrengthsQuest account, you will need to take the Clifton
   StrengthsFinder assessment. In the future, you can simply sign in to the site with your
   username and password you just created. See the “How to Sign In to the Web Site”
   section on page 4 for information on how to sign in.

   NOTE: If you do not want to take the Clifton StrengthsFinder assessment at this time,
   you can sign out and return later. The next time you sign in to the Web site, the
   assessment will resume where you left off.
How to Sign In to the Web Site


2. On the main page, click **Sign In** on the upper-right corner of the page.

3. On the **Sign In** page, type your username and password in the corresponding fields.

   NOTE: If you have forgotten your username or password, click the **Click for account assistance** link. See the “How to Retrieve a Forgotten Username or Password” section on page 5 for more information.
How to Retrieve a Forgotten Username or Password

The Account Assistance page of the StrengthsQuest Web site allows you to retrieve a forgotten username or password or to unlock your account. You just need to provide the e-mail address associated with your account.

1. On the lower-right corner of the StrengthsQuest Sign In page, click the **Click for account assistance** link.

![Sign In page](image1)

2. On the **Account Assistance** page, type your e-mail address in the corresponding field.

![Account Assistance page](image2)

3. You will receive an e-mail from sqhelp@gallup.com with information about any accounts associated with the e-mail address you provided. Follow the instructions in the e-mail.
message, and use the link provided in the e-mail to navigate to the Account Assistance Password page.

4. On the Account Assistance Password page, create a new password for your account.

NOTE: Your password must be between 8 and 50 characters in length and meet two of the following criteria: contain uppercase letters, contain lowercase letters, contain numbers, or contain any of the following symbols: #, $, !, &.

5. You can now sign in to the site with your username and new password.
How to Take the Clifton StrengthsFinder Assessment

1. The Clifton StrengthsFinder assessment will automatically begin after registering an account on the StrengthsQuest Web site. See the “How to Register an Account” section on page 2 for more information.

   NOTE: If you registered an account, but did not take the assessment, simply sign in to the Web site to resume taking the assessment. See the “How to Sign In to the Web Site” section on page 4 for more information.

2. Select your preferred language, and then click Continue. See the “Language Availability” section on page 19 for more information.

3. Select whether to take the Clifton StrengthsFinder assessment, or if you have previously taken the assessment via a Gallup strengths Web site (such as StrengthsFinder, StrengthsFinder 2.0, Gallup Online, etc.), you can choose to copy your existing results.

   - If you want to take the Clifton StrengthsFinder assessment, select Take the Clifton StrengthsFinder assessment. Then click Continue, and follow the on-screen instructions to take the assessment. You can skip the remaining steps of this procedure.

   - If you took the Clifton StrengthsFinder assessment in the past and want to use those results instead of taking the assessment now, select the second option on the page, and then click Continue.

4. Select one of the following methods for copying your results:

   - To copy your results using a username and password combination from a Gallup strengths Web site

     1. Select the option to use a username and password combination, and then click Continue.

     2. Enter your username and password combination from a Gallup strengths Web site, and then click Continue.
NOTE: After completing this step, continue to step 5 of this procedure.

To copy your results using an access code from a Gallup strengths book

1. Select the option to use an access code, and then click Continue.

2. Enter the access code in the available field, and then click Continue.

NOTE: After completing this step, continue to step 5 of this procedure.

5. Your Clifton StrengthsFinder results appear on the page. Click Continue to confirm you want to use these results.

After taking the Clifton StrengthsFinder assessment or copying your existing results, your assessment results and strengths reports are immediately available via your StrengthsQuest Web site account. See the “How to Get Your Reports” section on page 9 for more information.
How to Get Your Reports

1. Click My StrengthsQuest on the left side of the page.

   NOTE: If necessary, sign in to the Web site. See the “How to Sign In to the Web Site” section on page 4 for more information.

2. Your reports appear on the Strengths page. View a report by clicking its corresponding Download link. See the “StrengthsQuest Reports” section on page 10 for more information about each report.
StrengthsQuest Reports

The following reports are available on the StrengthsQuest Web site:

- Signature Theme Report
- Brief Theme Report
- Strengths Insight and Action-Planning Guide
- Strengths Insight Report
- Top 5 Certificate
- Student Action Items
- Teacher Action Items
- Professional Action Items

NOTE: To access the action items, click Apply on the Strengths page.
**Signature Theme Report**

The **Signature Theme Report** lists your Signature Theme names and their full descriptions.

Select a language from the drop-down list to view the report in that language. See the “Language Availability” section on page 19 for more information.
**Brief Theme Report**
The **Brief Theme Report** lists your Signature Theme names and their brief descriptions.

```
<table>
<thead>
<tr>
<th>Brief Theme Descriptions</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Strengths</strong></td>
</tr>
<tr>
<td><strong>Achiever</strong></td>
</tr>
<tr>
<td>People who are especially talented in the Achiever theme have a great deal of stamina and work hard. They take great satisfaction from being busy and productive.</td>
</tr>
<tr>
<td><strong>Activator</strong></td>
</tr>
<tr>
<td>People who are especially talented in the Activator theme can make things happen by turning thoughts into action. They are often impatient.</td>
</tr>
<tr>
<td><strong>Adaptability</strong></td>
</tr>
<tr>
<td>People who are especially talented in the Adaptability theme prefer to “go with the flow.” They tend to be “now” people who take things as they come and discover the future one day at a time.</td>
</tr>
<tr>
<td><strong>Analytical</strong></td>
</tr>
<tr>
<td>People who are especially talented in the Analytical theme search for reasons and causes. They have the ability to think about all the factors that might affect a situation.</td>
</tr>
<tr>
<td><strong>Arranger</strong></td>
</tr>
<tr>
<td>People who are especially talented in the Arranger theme can organize, but they also have a flexibility that complements this ability. They like to figure out how all of the pieces and resources can be arranged for maximum productivity.</td>
</tr>
<tr>
<td><strong>Belief</strong></td>
</tr>
<tr>
<td>People who are especially talented in the Belief theme have certain core values that are unchanging. Out of these values emerges a defined purpose for their life.</td>
</tr>
<tr>
<td><strong>Command</strong></td>
</tr>
<tr>
<td>People who are especially talented in the Command theme have presence. They can take control of a situation and make decisions.</td>
</tr>
</tbody>
</table>
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Strengths Insight and Action-Planning Guide

The Strengths Insight and Action-Planning Guide lists your Signature Themes and (for each theme) a brief shared theme description, personalized Strengths Insights, examples of what the theme “sounds like,” and 10 ideas for action. There are also questions to help you think about your talents and how to apply them for achievement. You can use this guide as a next-step developmental tool with staff, faculty, and students.
**Strengths Insight Report**

The **Strengths Insight Report** lists a brief shared theme description and personalized Strengths Insights for each of your Signature Themes.

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**Maximizer**

**Shared Theme Description**

People who are especially talented in the Maximizer theme focus on strengths in a way to stimulate personal and group excellence. They seek to transform something strong into something superb.

**Your Personalized Strengths Insights**

**What makes you stand out?**

Chances are good that you typically choose to partner with individuals who recognize what you do well and acknowledge areas in which you excel. You genuinely appreciate their willingness to provide you with opportunities to practice using your natural abilities. You accept the need to build upon your raw talents to create true strengths. Driven by your talents, you normally devote your energies to pinpointing what makes people special and unique. This knowledge probably permits you to inspire many individuals to do their finest work. Because of your strengths, you instinctively recognize that you grow and benefit when you emphasize your strong points. This explains why you routinely seek the company of people who value your unique gifts. By nature, you have dedicated yourself to acquiring knowledge and skills that make you an expert in various fields. Intentionally, you expand on your natural abilities. You avoid struggling to overcome your weaknesses. You wisely credit many of your past successes to doing what you know you do very well. Instinctively, you consciously invest time and energy in understanding how your talents, skills, and knowledge contribute to your overall success and well-being. You have discovered effective ways to remind yourself about the things you do best.
Top 5 Certificate
With the Certificate Creator, you can create a door hanger, postcard, or certificate of your Signature Themes.

NOTE: To access the Certificate Creator, click Share on the Strengths page.

![Certificate Creator](image1)

![Strengths page](image2)
**Student Action Items**

On the **Student Action Items** page, you can view, select, and print action items related to academics for each of your Signature Themes. For each of your top five themes, review the action items and select the check boxes next to the ones you want to appear on your report. Click **Print Preview** to view and print a version of your report.
Teacher Action Items

On the Teacher Action Items page, you can view, select, and print action items related to education for each of your Signature Themes. For each of your top five themes, review the action items and select the check boxes next to the ones you want to appear on your report. Click Print Preview to view and print a version of your report.
Professional Action Items

On the **Professional Action Items** page you can view, select, and print action items related to careers for each of your Signature Themes. For each of your top five themes, review the action items and select the check boxes next to the ones you want to appear on your report. Click **Print Preview** to view and print a version of your report.
Language Availability

The StrengthsQuest Web site and most reports are available in English only. The Signature Theme Report and Clifton StrengthsFinder assessment are available in the following languages:

- Arabic
- Bulgarian
- Chinese – Simplified (PRC)
- Chinese – Traditional (Taiwan)
- Dutch
- English (USA)
- French
- French (Canada)
- German
- Hebrew
- Hungarian
- Italian
- Japanese
- Korean
- Polish
- Portuguese (Brazil)
- Romanian
- Russian
- Spanish
- Spanish (Latin America)
- Swedish
- Thai