IMPORTANT
Student Health Insurance Requirement

If a $690.00 health insurance premium charge appears on your Spring 2016 bill, please read the following:

*If you have already purchased the Student Health Insurance this does NOT apply to you, as you have already paid in full and will not be charged any additional cost.*

As of February 20, 2016, you will be automatically enrolled in the University of Maine System’s Student Health Insurance Plan (SHIP) if you meet the Eligibility Criteria listed below.

After the February 20, 2016 deadline, the premium charge of $690.00 for the coverage period of 01/01/2016 to 07/31/2016 remains charged to your student account and cannot be waived.

Eligibility Criteria:
- An undergraduate student taking 9 or more credit hours
- A graduate or law student taking 6 or more credit hours
- Enrolled in the School of Nursing or Athletic Training Program and doing clinical coursework
- Enrolled in the Occupational Therapy Program

Beginning November 30, 2015, if you already have health insurance coverage, you may opt out of SHIP but you *must* take the following steps to waive the enrollment by Feb 20, 2016:

1. Go to: https://studentcenter.uhcsr.com/usmmaine
2. Click on 2015-2016 USM Waiver Form.
3. Log-on using MaineStreet ID # and birthdate.
4. Complete the form and submit.
5. You will receive an email message letting you know if your waiver has been approved. If you do not receive a message of confirmation, your waiver was not successful. Contact Health & Counseling Services at 207-780-5411 for further assistance.

Uninsured students who meet the Eligibility Criteria and who wish to enroll in the SHIP *must* complete the following steps to confirm enrollment:

1. Go to: https://studentcenter.uhcsr.com/usmmaine
2. Click on Enrollment Form.
3. Log-on using MaineStreet ID # and birthdate.
4. Complete the form and submit.
5. You will receive an email message letting you know if your enrollment has been accepted. If you do not receive a message of confirmation, your enrollment was not successful. Contact Health & Counseling Services at 207-780-5411 for further assistance.

For more information about the SHIP, go to: http://www2.crossagency.com/2014-2015/usm.php

**** Note:
SHIP is not sufficient to meet insurance requirements for international students with F or J visas.
SHIP does not completely cover intercollegiate sports participation and a supplemental plan is required.

Questions? Call Health & Counseling Services at 207-780-5411