IMPORTANT
Student Health Insurance Requirement

If a $594.00 health insurance premium charge appears on your Spring 2015 bill please read the following:

As of February 20, 2015, you will be automatically enrolled in the University of Maine System’s Student Health Insurance Plan (SHIP) if you meet the Eligibility Criteria listed below.

After the February 20, 2015 deadline, the premium charge of $594.00 for the coverage period of 01/01/15 to 08/14/15 remains charged to your student account and cannot be waived.

Eligibility Criteria:
- An undergraduate student taking ≥ 9 credits
- A graduate or law student taking ≥ 6 credits
- Enrolled in the School of Nursing or Athletic Training Program and doing clinical coursework
- Enrolled in the Occupational Therapy Program at LAC

Beginning Dec 1, 2014, if you already have health insurance coverage, you may opt out of SHIP but you must take the following steps to waive the enrollment by Feb 20, 2015:

1. Go to: https://studentcenter.uhcsr.com/usmmaine
2. Click on 2014-2015 USM Waiver Form link.
3. Log-on using Mainestreet ID # and birthdate.
4. Complete the form and submit.
5. You will receive an email message letting you know if your waiver has been approved. If you do not receive a message of confirmation, your waiver was not successful. Contact Health & Counseling Services for further assistance.

Uninsured students who meet the Eligibility Criteria and who wish to enroll in the SHIP should complete the following steps to confirm enrollment:

1. Go to: https://studentcenter.uhcsr.com/usmmaine
2. Click on Enrollment Form link.
3. Log-on using Mainestreet ID # and birthdate.
4. Complete the form and submit.
5. You will receive an email message letting you know if your enrollment has been accepted. If you do not receive a message of confirmation, your enrollment was not successful. Contact Health & Counseling Services for further assistance.

• Note:
SHIP is not sufficient to meet insurance requirements for international students with F or J visas. SHIP does not cover intercollegiate sports participation. Supplemental plan required.

Questions? Call Health & Counseling Services at 207-780-5411