





Projected Graduation Date: \_\_\_\_\_

Total Major Credits: **46**

Name: \_\_\_\_\_ ID: \_\_\_\_\_ Math Ready:  Yes  No

Professional Advisor: \_\_\_\_\_ Faculty Advisor: \_\_\_\_\_

Semester 1	Prerequisite(s)	Credits	Critical	Offered	Grade
CORE EYE		3		EVERY SEMESTER	
CORE CW		3		EVERY SEMESTER	
PSY 101		3		EVERY SEMESTER	
SOC 100 - CORE SCA		3		EVERY SEMESTER	
CORE CE	VARIES	3		EVERY SEMESTER	
Total Semester Credits: 15					

Semester 2	Prerequisite(s)	Credits	Critical	Offered	Grade
POS 101 - CORE SCA		3			
CORE INT	VARIES	3			
HRD 200	COLLEGE WRITING, EYE	3			
MATH READINESS		4			
CORE - CI	VARIES	3			
Total Semester Credits: 16					

Semester 3	Prerequisite(s)	Credits	Critical	Offered	Grade
SWO 150		1		FALL ONLY	
SWO 201		3		Fall/Spring	
STATISTICS (MAT 120/PSY 201/LAC 120) - QR	MATH READINESS	3	+	EVERY SEMESTER	
ECO 101 - SCA		3		EVERY SEMESTER	
CORE - SE	MATH READINESS	3			
CORE - SE LAB		1			
Total Semester Credits: 14					

Semester 4	Prerequisite(s)	Credits	Critical	Offered	Grade
SWO 250		3			
SWO 365 - DIV	Grade of C or higher in SWO 201	3			
SOCIAL SCI. 200+		3			
TC 1/MINOR		3			
TC 2/MINOR		3			
Total Semester Credits: 15					

Semester 5	Prerequisite(s)	Credits	Critical	Offered	Grade
SWO 333	Grade of C or higher in SWO 201, SWO 250, STATS	3		EVERY SEMESTER	
SWO 350	Grade of C or higher in ECO 101, POS 101, SWO 250	3		FALL/SPRING	
SWO 370	Grade of C or higher in SWO 201, SWO 250, HRD 200, PSY 101	3		FALL/SPRING	
SOCIAL SCI. 200+	VARIES	3			
CORE EISRC	VARIES	3			
Total Semester Credits: 15					

Semester 6	Prerequisite(s)	Credits	Critical	Offered	Grade
SWO 334	Grade of C or higher in SWO 333	3		EVERY SEMESTER	
SWO 393	See Note Below	3	✓	SPRING ONLY	
SWO 3XX ELECTIVE		3		EVERY SEMESTER	
SOCIAL SCI. 200+	VARIES	3			
TC 3/MINOR	VARIES	3			
Total Semester Credits: 15					

Semester 7	Prerequisite(s)	Credits	Critical	Offered	Grade
SWO 404	SWO 393; TAKEN CONCURRENTLY W/ SWO 411	3	✓	FALL ONLY	
SWO 411	SWO 393, TAKEN CONCURRENTLY W/ SWO 404	6	✓	FALL ONLY	
MINOR/ELECTIVE	VARIES	3			
MINOR/ELECTIVE	VARIES	3			
Total Semester Credits: 15					

Semester 8	Prerequisite(s)	Credits	Critical	Offered	Grade
SWO 403	SWO 393, and a C or higher	3	✓	SPRING ONLY	
SWO 412	SWO 411; TAKEN CONCURRENTLY W/ SWO 403	6	✓	SPRING ONLY	
MINOR/ELECTIVE	VARIES	3			
MINOR/ELECTIVE	VARIES	3			
Total Semester Credits: 15					

Total Degree Credits: <u>120</u>
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**Key to USM CORE Abbreviations & Overlapping Courses Between this Major and the CORE**

- EYE Entry Year Course.....
- CW College Writing..... ENG 100 or equivalent (Required)
- QR Quantitative Reasoning... STATISTICS can be taken as MATH 120/PSY 201/LAC 120 (Required)
- CI Cultural Interpretation....
- CE Creative Expression.....
- SCA Sociocultural Analysis..... ECO 101, POS 101, SOC 100, SWO 201 (Required)
- SE Science Exploration.....
- DIV Diversity..... SWO 365 (Required)
- INT International.....
- EISRC Ethical Inquiry, Social Responsibility & Citizenship
- TC Thematic Cluster .....
- CAP Capstone..... SWO 411/SWO 412 (Required)

*Click on a core abbreviation to see a list of courses that satisfy that area outside of the major.*

**Notes About Major**

SWO 393 is a spring only course and should be taken the year preceding your full year of field work. SWO 393 requires a grade of C or higher in SWO 201, 250, SOC 100, PSY 101, HRD 200, POS 101, ECO 101 and ENG 100, 60 earned credits at the time of preregistration, and a 2.5 cumulative GPA.

During the Field Work year, each student is placed in a community social service agency selected and approved by the Field Work Coordinators. Field work placements only begin in the fall and students continue into the second semester in the same agency. By the end of the second semester of field work (the student's last semester of school), each student will have accrued 480 hours in the assigned agency. Generally this breaks down to 16 hours a week during the semesters.

**Other Plans/Activities to Include**

**Minimum Requirements for Graduation  
from this Major**

Min. GPA: 2.5

All Social Work major and non-major requirements require a grade of C or higher

**Examples of Related Minors**

<https://usm.maine.edu/majors-minors-programs>

**Strengths:**

**Critical Courses** must be completed in order before moving forward in the major. Note that they may not be offered each semester. Plan Ahead!

**Note:** This is a suggested Academic Map. Course sequencing in your personal plan may vary depending upon course availability, full or part time status, transfer credits, or other details. It is recommended you review your Academic Map with your advisor(s) each semester.



**Bachelor's Degree in Social Work (BSW)**  
**Overview of all course prerequisites**

**FOUNDATION/REQUIRED MAJOR COURSES      46 CREDITS**

<b>COURSE NUMBER</b>	<b>COURSE NAME</b>	<b>CREDITS</b>	<b>PREREQUISITES</b>
SWO 150	Professional Writing Lab	1	None
SWO 201	Introduction to Social Work	3	None
SWO 250	Introduction to Social Welfare	3	None
SWO 333	Social Work Research I	3	Grade of C or higher in SWO 201, SWO 250 and introductory statistics course (MAT 120, PSY 201, LAC 120)
SWO 334	Social Work Research II	3	Grade of C or higher in SWO 333
SWO 350	Social Welfare Policy	3	Grade of C or higher in SWO 250, ECO 101, POS 101
SWO 365	Examining Oppression and Valuing Diversity	3	Grade of C or higher in SWO 201
SWO 370	Human Behavior in the Social Environment	3	Grade of C or higher in SWO 201, SWO 250, PSY 101, HRD 200
SWO 3XX	Choose one SWO elective course	3	Junior Standing (54+ credits earned)
SWO 393	Methods of Social Work Practice I  <i>SPRING SEMESTER ONLY</i>	3	Grade of C or higher in SWO 201, 250, SOC 100, PSY 101, HRD 200, POS 101, ECO 101 and ENG 100, 60 earned credits, and a 2.5 cumulative GPA
SWO 403	Methods of Social Work Practice II  <i>SPRING SEMESTER ONLY</i>	3	SWO 393, and a C or better in all required social work and foundation courses, and an overall 2.5 GPA. Taken concurrently with SWO 412.
SWO 404	Methods of Social Work Practice III  <i>FALL SEMESTER ONLY</i>	3	SWO 393 Taken concurrently with SWO 411.
SWO 411	Field Work I  <i>FALL SEMESTER ONLY</i>	6	SWO 201, SWO 393 and a C or better in all required social work and foundation courses, and an overall 2.5 GPA. Taken concurrently with SWO 404.
SWO 412	Field Work II  <i>SPRING SEMESTER ONLY</i>	6	SWO 393, SWO 403, SWO 411. Taken concurrently with SWO 403.

**NON MAJOR REQUIREMENTS: 30-31 Credits**

<b>COURSE NUMBER</b>	<b>COURSE NAME</b>	<b>CREDITS</b>	<b>PREREQUISITES</b>
ECO 101	Introduction to Macroeconomics	3	EYE course (or concurrent)
ENG 100	College Writing	3	None
HRD 200	Human Growth & Development	3	EYE course, College Writing
POS 101	Introduction to American Government	3	None
PSY 101	General Psychology	3	None
SOC 100	Introduction to Sociology	3	None
Statistics	MAT 120, PSY 201, LAC 120	3 or 4	Complete math readiness (MATH 9/MATH 101 or Appropriate Accuplacer scores)
Select 3 upper level (200+) Social Sciences (SWO, SOC, CRM, SBS, ANT, GEO, POL, ECO, WGS)			
Course 1		3	
Course 2		3	
Course 3		3	

*Please note all Social Work major and non-major requirements require a grade of C or higher*

**SELECT 1 MAJOR ELECTIVE (SWO 3XX):  3  CREDITS**

SWO 322	Community Services in Belize	3	SWO 201
SWO 344	Costa Rica Immersion: Social Work Perspectives on Culture, Language, and Service Learning	3	None
SWO 374	Sexual Harassment in Education and Work	3	Junior standing
SWO 375	Gender and Aging	3	Junior standing
SWO 378	Professional Practice with Older People	3	Junior standing
SWO 383	Social Work with Immigrants, Refugees, and Asylum Seekers	3	Junior standing
SWO 388	Alcohol and Other Drug Abuse Issues	3	Junior standing
SWO 391	Mind/Body/Spirit Connections in Social Work Practice	3	Junior standing
SWO 397	Development Projects	varies	
SWO 456	Issues in Social Welfare and Social Work	3	SWO major

**MAJOR COURSES OVERLAPPING IN THE CORE:**

CORE AREA	COURSE NUMBER	COURSE NAME	REQUIRED BY MAJOR?
CW	ENG 100	College Writing	Yes
QR	MAT 120/PSY 105/ LAC 120	Statistics	Yes
SCA	SWO 201	Introduction to Social Work	Yes
SCA	ECO 101	Introduction to Macroeconomics	Yes
SCA	HRD 200	Human Growth and Development	Yes
SCA	POS 101	Introduction to American Government	Yes
SCA	SOC 100	Introduction to Sociology	Yes
DIV	SWO 365	Examining Oppression and Valuing Diversity	Yes
INT	SWO 322	Community Services in Belize	No
INT	SWO 344	Costa Rica Immersion: Social Work Perspectives on Culture, Language, and Service Learning	No
CAP	SWO 411	Field Work I	Yes
CAP	SWO 412	Field Work II	Yes

**Core curriculum codes**

**EYE** – Entry Year Experience

**CW** – College Writing

**QR** – Quantitative Reasoning

**CE** – Creative Expression

**SCA** – Socio-cultural Analysis

**CI** – Cultural Interpretation

**SE** – Science Exploration

**EISRC** – Ethical Inquiry, Social Responsibility, & Citizenship

**DIV** – Diversity

**INT** – International

**CAP** - Capstone



### Text from the 2017 – 2018 Catalog:

The major in social work consists of 46 credits in required social work courses. In addition, 30 credits of foundation courses must be completed in other departments. Some of these foundation courses may also be used to satisfy the Core curriculum requirements as appropriate. Students shall not be eligible to repeat a class more than once without the written permission of the director of the School of Social Work.

To major in social work, all students must maintain a 2.5 over all cumulative grade point average, and a grade of C (2.0) or better in all major and foundation classes. In order to prepare for the field work component in the School of Social Work, students must take SWO 393 Methods of Social Work Practice I in the spring semester preceding their field work year.

To qualify for enrollment in SWO 393, students must: 1) have at least 60 credits at the time of preregistration and have successfully completed math readiness, EYE, English composition, statistics, SOC 100, PSY 101, POS 101, ECO 101, HRD/SBS 200, SWO 201 and SWO 250; and 2) continue with a 2.5 cumulative GPA overall. At the time of enrollment, transfer students may be approved by advisor and BSW coordinator but must, at minimum, have completed SWO 201 and SWO 250. Students are required to maintain the 2.5 GPA and achieve a grade of C or better in all social work and required foundation courses to complete the major. Please see the Student Handbook and Field Work manual on our website (<http://usm.maine.edu/swo>) for additional information about requirements of field work. All required courses with their pre-requisites can be viewed there.

The School of Social Work uses a web-based data collection platform called Tk20. Tk20 provides a system for portfolio development and assessment that enables the collection, monitoring, and analysis of student progress in class and in the field. The School of Social Work will use Tk20 to collect essential data for ongoing program evaluation that is required by the Council on Social Work Education (CSWE) for accreditation. Students use Tk20 to store course syllabi and other course work. The USM School of Social Work requires all social work students to purchase a Tk20 Assessment System account for a one-time subscription fee of \$103. that covers the expenses related to the administration and assessment of the program. The subscription allows students to access records for up to 10 years.

During the field work year which occurs in the student's last academic year, each student is placed in a community social service agency approved by the School of Social Work. Placements begin only in the fall semester and continue throughout the academic year. By the end of the spring semester, each student will have completed 480 hours of field work. All students should refer to School guidelines governing field work for more information and directions.

#### Required Social Work Courses

- SWO 150 Professional Writing Laboratory for Social Workers\
- SWO 201 Introduction to Social Work
- SWO 250 Introduction to Social Welfare
- SWO 333 Social Work Research I
- SWO 334 Social Work Research II
- SWO 350 Social Welfare Policy
- SWO 365 Examining Oppression and Valuing Diversity
- SWO 370 Human Behavior in the Social Environment
- SWO 393 Methods of Social Work Practice I
- SWO 403 Methods of Social Work Practice II
- SWO 404 Methods of Social Work Practice III
- SWO 411 Field Work I
- SWO 412 Field Work II
- \* 1 SWO Elective

#### Required Foundation Courses in Other Departments

- ENG 100 College Writing
- ECO 101 Introduction to Macroeconomics

POS 101 Introduction to American Government  
PSY 101 General Psychology I  
An introductory statistics course (MAT 120, PSY 105, or LCC 150)  
SOC 100 Introduction to Sociology  
HRD/SBS 200 Multicultural Human Development  
or PSY 220 Psychology of the Lifespan

Three intermediate-level (200-399) social science electives. These electives may be from sociology, psychology, criminology, SBS, anthropology, geography, political science, economics, or women's studies courses (and one of these may be a second SWO elective\*). These elective courses should be selected in consultation with the student's advisor. These may not all be in the same discipline, with the exception of either external transfer students or Lewiston-Auburn College students.