Consultation Information for Students

You have come to a confidential half hour consultation session with a mental health professional trained in how to help students with a wide range of issues. During the session we will explore your concerns and at the end of the session we will make recommendations and, hopefully, come to a mutually agreed upon plan about what comes next.

We are asking you to complete a Client Intake Form, which asks many questions about your history. The information provided helps us to understand your current issues within the context of your life. You may skip any questions that you choose, but it is helpful for us to have as much information as possible to assist you most effectively.

If you decide that you would like to continue in counseling with us, you may be able to see the same person, or you may request or be assigned to another counselor. It is important that you feel understood and are comfortable with the person that you see.

We will do our best to make this a safe, comfortable and beneficial experience. We will ask you to complete a brief feedback form at the end of the consultation. You may also speak to your counselor or to the Director of Counseling, Dr. Robert Small if you have feedback or suggestions on how we can improve this process.

We look forward to working with you!