

SMCC AA Liberal Studies to USM BS Psychology

The following Transfer Map highlights the Pathway that leads a student from an Associates in Liberal Studies at SMCC to a Bachelors of Science in Psychology at USM. The information is pulled from the Maine System’s transfer tool and the 2023-2024 academic course catalogs at SMCC and USM. The map will be updated each academic year if any changes are made to the course equivalencies listed here. Students following this map should monitor for updates.

The key directions:

- SMCC students should follow their Liberal Studies degree audit sheet.
- Every course on the audit sheet that is completed with a C- or better earns the same number of credits at USM—the equivalent USM courses and credits will later appear on your USM transcript.
- The SMCC Liberal Studies degree has 62 credits. Another 58 credits will be required at USM to earn the USM Psychology degree. The 58 USM credits will be a combination of Psychology major requirements and general electives.
- An SMCC student can begin satisfying USM Psychology requirements by taking the Psychology classes identified in **STEP 2** below as electives within the SMCC Liberal Studies major.
- An SMCC Liberal Studies degree waives the student’s academic Core requirements at USM.

STEP 1–The SMCC Coursework

Course at SMCC	SMCC Code	Course at USM	USM Code	Credits	
English Composition	ENGL 100	College Writing	ENG 100	3	
Introduction to Literature	ENGL 115	Reading Literature	ENG 140	3	
Student Success	FIGS 100	General Elective	GEL 1XX	1	
Math Elective		Every class and credit on the Liberal Studies audit sheet will transfer to USM as a USM class and credit—either as a required class for the Psychology major or as a general elective that helps achieve the required 120 credits total. These will be posted after acceptance at USM.		3	
Science Elective				4	
Art or Music Elective				3	
Psychology/Sociology Elective				3	
Economics/Political Science Elective				3	
Humanities Elective				3	
English Communications Elective				3	
Diversity Elective				3	
Ethical Reasoning Elective				3	
Fine Arts or Humanities Elective				3	
History Elective				3	
Liberal Studies Electives				12	
Free Electives				9	
A student following this sequence would earn an Associates in Arts in Liberal Studies from SMCC and would have 62 transferable credits to USM.				62	

STEP 2–The USM Coursework

The following chart details the Psychology and General Elective requirements that would remain at USM for a student who has completed an SMCC Liberal Studies degree.

USM CLASS	Credits	SMCC CLASS	Credits
PSY 100 - Introduction to Psychology	3	PSYC 100- Introduction to Psychology	3
PSY 201 - Statistics in Psychology	3	NA	
PSY 205 - Experimental Methodology	3	NA	
PSY 206 - Methodology Lab	3	NA	
PSY 220 - Psychology of the Lifespan	3	PSYC 220- Developmental Psychology	3
PSY 230 - Social Psychology	3	PSYC 215- Social Psychology	3
PSY 233 - Abnormal Psychology	3	PSYC 200- Abnormal Psychology	3
PSY 338 - Theories of Personality	3	NA	
PSY 350 - Psychology of Learning	3	NA	
PSY 360 - Cognitive Processes	3	NA	
PSY 365 - Physiological Psychology		NA	
Four 300-400 Level Psychology Classes	12		
PSY 316- Psychology of Gender	3	PSYC 235- Psychology of Gender	3
PSY 338-Theories of Personality	3	PSYC 240- Theories of Personality	3
Total Psychology Credits Required by USM	45	USM Psychology Credits Possible at SMCC	18
Psychology Credits to be Earned at USM			27-45
General Elective Credits to be Earned at USM			13-31
Total Credits Required for the USM Psychology Degree			120

A student that completes at least 30 credits at SMCC, but did not earn an SMCC degree, may do a **Reverse Transfer** by sending credits earned at USM “back” to SMCC.