

TRANSFER MAP

for Southern Maine Community College students completing the Associate in Science in Nutrition and Dietetics and transferring to the University of Southern Maine's Bachelor of Science in Health Sciences

SMCC AS in Nutrition and Dietetics

*Subjects represented in italics are required. If subjects in italics are **not** taken at SMCC, the sequence represented in the Remaining USM Degree Requirements cannot be observed. For coursework to transfer, a grade of C- or better is required.*

SMCC Associate in Science in Nutrition and Dietetics General Education Requirements			University of Southern Maine Equivalencies		
Course	Title	Credits	Course	Title	Credits
ENGL 100	English Composition	3	ENG 100	College Writing (WRI 1 Core Requirement)	3
ENGL 115	Introduction to Literature	3	ENG 140	Reading Literature (Cultural Interpretation Core Requirement)	3
MATH 140 OR MATH 155	College Algebra OR Statistics	3	MAT 108 OR MAT 120	College Algebra OR Introduction to Statistics (Quantitative Reasoning Core Requirement)	3
ENGL 110	Oral Communications	3	THE 170	Public Speaking (Creative Expression Core Requirement)	3
PHIL 105	Ethical Dilemmas	3	PHI 1XX	Philosophy Elective	3
PSYC 100	Introduction to Psychology	3	PSY 100	Introduction to Psychology	3
	Science Elective with Lab: <i>BIOL 138 Anatomy and Physiology II with Lab</i>	4	BIO 113/114	Anatomy & Physiology II/Lab	4
	History or Political Science Elective	3			3
Total credits		25	Total credits accepted		25

SMCC Major Requirements			USM Equivalencies		
Course	Title	Credits	Course	Title	Credits
NUTR 100	Introduction to Nutrition and Health Promotion	3	GEL 1XX	General Elective	3
NUTR 110	Normal Nutrition with Lab	4	NUR 252 and COR 2XX	Human Nutrition and Nutrition Elective	4
NUTR 140	Nutrition and Weight Loss	3	GEL 1XX	General Elective	3
NUTR 150	Principles of Food Preparation with Lab	4	GEL 1XX	General Elective	4
NUTR 190	Fundamentals of Personal Training OR Liberal Students Elective	3	GEL 1XX	General Elective	3
NUTR 210	Nutrition in Disease Management and Prevention	4	GEL 2XX	General Elective	4
NUTR 220	Health Care Delivery Systems	3	GEL 2XX	General Elective	3
NUTR 250	Nutrition Education and Counseling	3	GEL 2XX	General Elective	3

NUTR 275 OR HLTH 140	Community Field Experience OR <i>Lifetime Physical Fitness and Wellness</i>	3	GEL 2XX OR SPM 219	General Elective OR Lifetime Physical Fitness & Wellness	3
BIOL 124 OR BIOL 132	Biology I with Lab OR <i>Anatomy and Physiology I with Lab</i>	4	BIO 105/106 OR BIO 111/112	Biological Principles/Lab OR Anatomy & Physiology II/Lab (Science Exploration Core Requirement)	4
	Liberal Studies Elective	3		Direct equivalent or elective	3
Total Major Credits		37			
Total SMCC Credits		62	Total Credits accepted		

Remaining University of Southern Maine Degree Requirements

For students who have **completed** the SMCC Associate in Science in Nutrition and Dietetics transferring to University of Southern Maine Bachelor of Science in Health Sciences

Year Three Fall		Year Three Spring	
Course	Credit	Course	Credit
WRI 2 Core Requirement	3	SPM 230 Psychology of Physical Activity and Sport	3
HRD 200 Multicultural Human Development (Socio-Cultural Analysis Core Requirement)	3	PHY 101/102 Introduction to Physics/Lab	4
CHY 107 Chemistry for Health Sciences (or CHY 113)	3	Culture, Power, and Equity Core Requirement	3
International Core Requirement	3	BPH 201/SCI 336/SBS 336 Fundamentals of Public Health	3
Elective	3		
Semester Credits	15	Semester Credits	13

Year Four Fall		Year Four Spring	
Course	Credit	Course	Credit
SPM 350 Health Promotion Programs (Engaged Learning Core Requirement)	3	SPM 477 Health Research Methods (WRI 3 Core Requirement)	3
Ethical Inquiry, Social Responsibility, and Citizenship Core Requirement	3	Culture, Power, and Equity Core Requirement	3
200+ level PSY course	3	Elective	3
Elective	3	Elective	3
Elective	3	Elective	3
Semester Credits	15	Semester Credits	15
Total University of Southern Maine credits: 58			
Total SMCC and University of Southern Maine credits: 120			

Requirements

Successful completion of the SMCC Associate in Science Nutrition and Dietetics, submission of a completed admission application (if necessary), transcripts, and other supporting materials. For coursework to transfer to University of Southern Maine, a student must earn a grade of C- or better. Student must maintain a cumulative GPA of 2.5 to graduate from the University of Southern Maine BS in Health Sciences. For all baccalaureate degrees at the University, a minimum of 30 credit hours, including at least 9 credit hours in the major field at the 200-level or above, must be completed at the University of Southern Maine.