

TRANSFER MAP

for Southern Maine Community College students completing the Associate in Science in Health Science and transferring to the University of Southern Maine's Bachelor of Science in Health Sciences, Wellness Track

SMCC AS in Health Science

*Subjects represented in italics are required. If subjects in italics are **not** taken at SMCC, the sequence represented in the Remaining USM Degree Requirements cannot be observed. For coursework to transfer, a grade of C- or better is required.*

SMCC Associate in Science in Health Science General Education Requirements			University of Southern Maine Equivalencies		
Course	Title	Credits	Course	Title	Credits
ENGL 100	English Composition	3	ENG 100	College Writing (WRI 1 Core Requirement)	3
ENGL 115	Introduction to Literature	3	ENG 140	Reading Literature (Cultural Interpretation Core Requirement)	3
FIGS 100	Student Success	1	GEL 1XX	General Elective	1
PSYC 100	Introduction to Psychology	3	PSY 100	Introduction to Psychology	3
	Mathematics Elective (100-level or higher): <i>MATH 155 Statistics</i>	3	MAT 120	Introduction to Statistics (Quantitative Reasoning Core Requirement)	3
	Science Elective with Lab: <i>BIOL 132 Anatomy & Physiology I/Lab</i>	4	BIO 111/112	Human Anatomy & Physiology I/Lab (Science Exploration Core Requirement)	4
	Science Elective with Lab: <i>BIOL 138 Anatomy & Physiology II/Lab</i>	4	BIO 113/114	Human Anatomy & Physiology II/Lab	4
	Mathematics or Science Elective: <i>CHEM 120 General Chemistry I/Lab</i>	4	CHY 113/114	Principles of Chemistry I/Lab	4
	Fine Arts or Humanities Elective: <i>any course that fulfills USM International Core Requirement; see list</i>	3		Direct equivalent or elective credit	3
	English Communication Elective: <i>ENGL 110 Oral Communications</i>	3	THE 170	Public Speaking (Creative Expression Core Requirement)	3
	Social Science Elective: <i>PSYC 220 Lifespan Development</i>	3	HRD 200	Multicultural Human Development (Socio-Cultural Analysis Core Requirement)	3
Total credits		34	Total credits accepted		34

SMCC AS Health Science Major Requirements			USM Equivalencies		
Course	Title	Credits	Course	Title	Credits
HLTH 100	Introduction to Healthcare	3	GEL 1XX	General Elective	3
HLTH 105	Medical Terminology	3	SCI 140	Medical Terminology	
HLTH 120	Medical Ethics and Law	3	GEL 1XX	General Elective	3
	Healthcare Track Electives%	6		Direct equivalents or elective credits	9
	<i>NUTR 110 Normal Nutrition/Lab</i>	4	NUR 252 and COR 2XX	Human Nutrition and Nutrition Elective	4
	<i>HLTH 140 Lifetime Physical Fitness and Wellness</i>	3	SPM 219	Lifetime Physical Fitness and Wellness	3

	<i>HLTH 200 Foundations of Community and Public Health</i>	3	BPH 201	Fundamentals of Public Health	3
	<i>PSYC 230 Sport Psychology</i>	3	SPM 230	Psychology of Physical Activity and Sport	3
Total Major Credits		28			
Total SMCC Credits		62	Total Credits accepted		62

% Below are SMCC courses that fulfill USM BS Health Sciences Wellness Track Electives. Be aware that you will still have to complete 120 total credits to earn a baccalaureate degree.

PSYC 215 Social Psychology
 PSYC 240 Theories of Personality

Both of these courses qualify as Healthcare Pre-Professional Track Electives and Healthcare Administration Track Electives at SMCC. PSYC 240 qualifies as a Healthcare Education Track Elective.

Remaining University of Southern Maine Degree Requirements

For students who have **completed** the SMCC Associate in Science in Health Science transferring to University of Southern Maine Bachelor of Science in Health Sciences, Wellness Track

Note that this map reflects a full 30 credits of Wellness Track electives; some may have been completed at SMCC.

Year Three Fall		Year Three Spring	
Course	Credit	Course	Credit
PHY 101/102 Introduction to Physics/Lab	4	Culture, Power, and Equity Core Requirement	3
WRI 2 Core Requirement	3	Ethical Inquiry, Social Responsibility, and Citizenship Core Requirement	3
Wellness Track Elective	3	Wellness Track Elective	3
Wellness Track Elective	3	Wellness Track Elective	3
General Elective	3	General Elective	3
Semester Credits	16	Semester Credits	15

Year Four Fall		Year Four Spring	
Course	Credit	Course	Credit
SPM 350 Health Promotion Programs (Engaged Learning Core Requirement)	3	SPM 477 Health Research Methods (WRI 3 Core Requirement)	3
Wellness Track Elective	3	Wellness Track Elective	3
Wellness Track Elective	3	Wellness Track Elective	3
Wellness Track Elective	3	Wellness Track Elective	3
General Elective*	3		
Semester Credits	15	Semester Credits	12
Total University of Southern Maine credits: 58			
Total SMCC and University of Southern Maine credits: 120			

***You may not need to take 58 credits at USM if you have taken more than 62 at SMCC or are transferring credits from another institution other than SMCC. Work with your advisor to anticipate federal aid needs and semester course loads.**

Requirements

Successful completion of the SMCC Associate in Science in Health Science, submission of a completed admission application (if necessary), transcripts, and other supporting materials. For coursework to transfer to University of Southern Maine, a student must earn a grade of C- or better. Student must maintain a cumulative GPA of 2.5 to graduate from the University of Southern Maine. For all baccalaureate degrees at the University, a minimum of 30 credit hours, including at least 9 credit hours in the major field at the 200-level or above, must be completed at the University of Southern Maine.